

St. Helens Mist

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THE MIST PUBLISHING COMPANY

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and Manager.
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COUNTY OFFICIAL PAPER



"I pledge allegiance to my Flag,
and to the Republic for which it
stands, one Nation indivisible, with
Liberty and Justice for All."

HOW TO HELP THE KAISER

One can help the kaiser very much
in little ways—
Accept these few suggestions to aid
his troubled days.
Eat a hearty breakfast, the sort you
always do.
Take three lumps of sugar instead of
merely two;
Glance through the morning papers,
ignoring those appeals
That follow, earnest mendicants, on
one another's heels,
Why should one spoil a pleasant day
with things that touch the heart
Since every penny one withholds
helps William do his part?
But read instead the pleasant bits,
advertisements that shine
With laces, furs and pretty things—
and choose your place to dine;
Put in an easy afternoon upon the
avenue,
A matinee, a cup of tea—these help,
they really do;
And when the lights of evening burn
and you have wined and dined
Go hear a German opera that ele-
vates the mind;
And once at home sit down in peace
before your glowing log
And knit a cunning sweater for your
darling little dog.

So do your bit for Germany in these
unfriendly days—
One can help the kaiser very much
in little ways.—Ex.

OUR BIRTHDAY

This issue of the Mist is No. 1,
Volume 37, which in newspaper cir-
cles means we have passed our thirty-
sixth year and entered the thirty-
seventh. The paper, therefore, has
existed more than a third of a cen-
tury. During this period it has made
many friends and some enemies.

A newspaper is a public servant
in the sense that it makes its living
from the public, but yet it is a private
concern because it is conceived
and maintained to disseminate news.

We realize that the Mist is not
what is considered a great newspa-
per; there is room for much im-
provement, an improvement that we
will steadily try to make. Its capac-
ity to do good, its ability to
gather news and to make a good,
clean, newsy paper is dependent upon
the amount of legitimate business
brought or secured to give it finan-
cial strength, or what we may call
public support, and in return for this
public support a paper gives back
to the community ten fold.

The field in which the Mist cir-
culates is growing; the community
life is improving and it will be the
steadfast purpose of the Mist to grow
as rapidly as does the community.

So in the words of Robert Louis
Stevenson let us say: "Little do we
know our own blessedness, for to
travel hopefully is a better thing
than to arrive."

In closing, we wish to thank our
many friends for their loyal support
during the past year; their kind as-
sistance in many ways, and especial-
ly do we thank our correspondents
for the news from their communities
which have added much to the news
columns of this paper. We wish all
a Merry Christmas and a Prosperous
New Year and respectfully hand to
our subscribers this little Christmas
edition, which in addition to cele-
brating the glad day of the year,
marks the beginning of Vol. 37.

THOUGHTFUL PATRIOTISM

There's a certain large hotel in
Portland and it is owned by a big
man, not big in stature but big in
all that is for the public good and
big because his heart is for Ameri-
canism. At this hotel, a man wear-
ing the uniform of a soldier of the
United States, no matter whether he
be colonel or private, is accorded a
hearty welcome. Should he engage
a room or patronize the dining room,
the standing order in this hotel is
that he shall receive a reduction of
one-third in the amount of his hotel
or grill bill. This fact is not gen-
erally known, except to the soldiers
and hotel employees. No publicity has
been given, but the little man with
the big heart made the order and
sees to it that his employes carry out
such order. The name of the hotel
is the Benson, and the man who
gives one-third off to every soldier
is S. Benson. If for no other reason,
he should rightfully be called "Ore-
gon's First Citizen."

**GYMNASIUMS AND WORKSHOPS
INCLUDED IN PLANS FOR CARE
OF INJURED SOLDIERS.**

Plans for caring for members of
the expeditionary forces who may be
returned from Europe unfit for fur-
ther service include, beside the nec-
essary surgical and medical atten-
tion, instruction in the use of in-
jured and artificial limbs, and voca-
tional training. The experience of
Canada and European allies in this
work has been of great value to the
United States government in arrang-
ing its plans.

Equipment for heat treatments
and electric and hydro therapy will
be provided; gymnasiums will fur-
nish opportunity for special exercise
for reeducation in the use of joints,
muscles, and nerves which have been
affected in service; in curative work
shops the man will perform useful
work which at the same time will
bring these parts into activity.

The aim will be to return every
man into civil life able to be self-
supporting and useful, and not de-
pendent merely upon the pension he
will receive from the government.

POST ROAD FUNDS

It would be a good idea for the
commercial club or, if they can't
wake up, for a group of energetic
citizens of St. Helens and all those
interested in the St. Helens-Pitts-
burg road, to suggest to Benson
Adams and Thompson, state highway
commissioners, that a portion of the
\$70,000 post road money which will
be spent in western Oregon be ap-
portioned to the above mentioned
road. Even should they give only
\$5,000, it would be just that much
towards the ultimate completion of
the road which all realize is not only
an important connecting link, but
an absolute necessity. It won't do
any harm to ask, and it is a lead

**The Wonderful House
Where Santa Claus
Dwells**

*WOULDN'T you like to
see the wonderful
land
Where Santa Claus makes
his home,
The magic shops and buildings
grand
Filled with toys from cellar
to dome;*

*Where busy thousands work
day and night
Making the pretty things
Santa Claus gives,
Wearing into each gift their
joy and delight,
In the beautiful home where
Santa Claus lives!*

*Over fields of ice, over hills of
snow,
In the wonderful home where
Santa Claus dwells;
Where love brightens life with
its eternal glow
And the blessed song of
Christmas bells.
—A. Bart Horton in Clatsop
Commercial Tribune.*

pipe cinch that you won't get any-
thing if you don't ask. In this case
it is certainly worth asking for and
going after.

Council of National Defense has ar-
ranged to furnish a badge to every
woman who registers to work in co-
operation with the committee.

Able assisted by shippers, the Ore-
gon-Washington Railroad & Naviga-
tion Company is successfully com-
bating car shortage by heavier car-
loading. During the month of Octo-
ber, President J. D. Farrell reports,
the company increased its car load-
ings over the corresponding month
last year as follows: Wool, 20 per
cent; coal, 20 per cent; ore, 11 per
cent; lumber, 8 per cent; miscel-
laneous products, 19 per cent.

Profanity never did any man the
least good. No man is the richer, the
happier, or wiser for it. It commends
no one to any society. It is disgust-
ing to the refined; abominable to the
good; insulting to those with whom
we associate; degrading to the mind;
unprofitable, needless and injurious
in society.—Exchange.

**WEEKLY WAR
NEWS DIGEST**

War's Demand for Men With Scien-
tific Training Will Increase.

Secretary of War Baker urges men
in the scientific institutions to con-
tinue their training.

"The government service will de-
mand more and more scientifically
trained men," said he, "and I hope
those who are in charge of scientific
institutions will impress upon the
young men the importance of con-
tinuing their studies, except to the
extent that they are necessarily in-
terrupted by a mandatory call under
the provisions of the selective serv-
ice law."

Every effort will be made to use
each student's special training in
connection with specialized occupa-
tions in the army, to afford technical
students liable to call as great an
opportunity through the national
army as if they had enlisted.

**United States Now Imports Argenti-
na Cheese.**

In August of this year exactly 99
pounds of European cheese were im-
ported by the United States, coming
from Italy. During 1914, before the
war, 36,900 tons were bought in Eu-
rope.

Argentina has turned to cheese
making on a large scale, and is now
placing large quantities in the United
States, although more cheese is
now being exported than imported.
In September 1,000 tons were sold
abroad, being distributed to fifty
countries.

**Some Answers by Draft Registrants
Not Open to Public.**

Answers of registrants on the se-
lective draft questionnaires relating
to health and answers under the head
"dependency," with the exception of
the names and addresses of persons
claimed to be dependent, will not be
open to inspection by the public with-
out the consent of the registrants.

Imprisonment for not to exceed
one year will be the penalty imposed
on anyone connected with the ad-
ministration of the selective draft
law who shall make this information
public.

**20,000 Graduate Nurses Will Be Re-
quired in Army Hospitals.**

With a continuance of the war, in
the next year at least 20,000 nurses
will be needed in army hospitals at
home and abroad. Of the 80,000
graduate nurses of the country only
3,500 have so far been assigned to

duty in army service, and of this
number 1,500 are in France.

An army nurse must be a gradu-
ate of a training school for nurses
and must have served for two years
in a hospital. They are assigned to
duty in the United States or abroad,
and preferences are granted when
conditions permit. Nurses who pre-
fer not to have service abroad will
have their preferences respected.

Among the speakers to be heard
in the war conferences, which are to
be held in every state in the Union
during the next few months, are Sec-
retary McAdoo, Secretary Baker,
Vice President Marshall, Henry J.
Allen, Rabbi Stephen S. Wise, Bishop
Charles D. Williams and Lieut. Paul
Perigord of the French army.

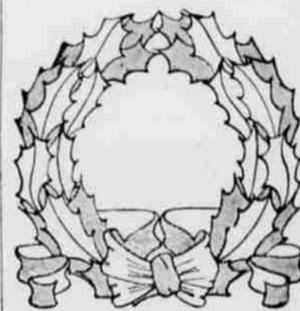
Chamberlain's Tablets.

Chamberlain's Tablets are intend-
ed especially for stomach troubles,
biliousness and constipation, and
have met with much success in the
treatment of those diseases. People
who have suffered for years with
stomach trouble and have been un-
able to obtain any permanent relief,
have been completely cured by the
use of these tablets. Chamberlain's
Tablets are also of great value for
biliousness. Chronic constipation
may be permanently cured by taking
Chamberlain's Tablets and observ-
ing the plain printed directions with
each bottle.

**THE ELECTRIC SHOP, OPPOSITE
POSTOFFICE**

wishes to announce that having se-
cured an allotment of Universal
Household Devices of the famous
Lenders, Frary & Clark manufac-
ture we will sell them at the same prices
as are nationally advertised. The
most useful and practical gifts for
any member in the family are in-
cluded in the line. Also other elec-
trical supplies and gift suggestions
to fit any purse.

See the window.



You will find

**Useful
Christmas
Presents
Here**

Articles from 5c
to \$50

Do your shopping now and avoid
the rush.

- SHAVING SETS
- SAFETY RAZORS
- PURSES
- CLOCKS
- CHECKER OUTFITS
- FOUNTAIN PENS
- DIARIES
- IVORY NOVELTIES
- JEWEL BOXES
- VANITY CASES
- MANICURE SETS
- KODAKS
- BOOKS
- PERFUME
- TOILET WATER
- THERMOS BOTTLES
- LUNCH KITS
- CARD CASES
- WALLETS
- PURSES
- KNIVES
- MUSIC ROLLS
- PAINT OUTFITS
- PAINTING BOOKS
- GAMES

**NARCISSUS BULBS IN HOLIDAY
BOXES FOR CHRISTMAS**

25 and 50 cents

BOX STATIONERY

BOOKS FOR THE WHOLE FAMILY

XMAS SEALS AND TAGS

TREE ORNAMENTS

FRAMED PICTURES OF OIL
PAINTINGS, 35c

FOOTBALLS

**FANCY DECORATED BALLS FOR
THE LITTLE ONES**

Popular Cut Glass

40c to 85c

and other articles too numerous to
mention.

**Deming's Drug
Store**

**XMAS
CANDY**

Our line of Candy for the holiday trade was never
better, therefore if you want the very best grade
at most reasonable prices buy at Mason's.

Fancy Mixed 40c lb.

Fancy Boxes 25c to \$2.50

Cigars

A box of Cigars—GOOD CIGARS—is a welcome
gift to most men. We have a splendid line to
select from at reasonable prices.

DON'T FORGET WE SERVE LUNCH

Chicken Tamale Oyster Cocktails
Ice Cream

And lunches of all kinds quickly served in an
appetizing manner.

MASON'S Rutherford Bldg
Near Postoffice

A MERRY CHRISTMAS



Our Bakery Will Have a
Splendid Line of

**Pastry and
Cake**

for Christmas Dinners.

Our Pumpkin Pies
Are Delicious

St. Helens Bakery

J. E. Ramsey Phone 95

Mrs. Baseel's Store West St. Helens

Dry Goods and Notions

Boots and Shoes

Groceries

Boys' and Girls' Rain Coats reduced in price
Boys' and Girls' School Shoes—best quality—at most
reasonable prices.

Men's Logger Shoes, \$8.75, reduced from \$9.00.

CHRISTMAS GOODS AND NOVELTIES

We have a number of Thermometers and Calendars
which we are giving away to customers at our store.

DO YOUR SHOPPING EARLY

R. CONSTANTIN

PLUMBING, STEAM HEATING
and SHEET METAL WORKS

Stationary Wash Tubs and Bath Room supplies.

St. Helens,

Oregon

The Electric Shop

OPPOSITE POSTOFFICE

wishes to announce that having secured an allotment of Universal
Household Devices of the famous Lenders, Frary & Clark manu-
facture, we will sell them at the same prices as are nationally
advertised. The most useful and practical gifts for any member
in the family are included in the line. Also other Electrical Sup-
plies and Gift Suggestions to fit any purse.

SEE THE WINDOW

MERRY CHRISTMAS
And May Your New Year
Also Be a Happy
One

Harold P. Ross

**Insurance
Farm and City Loans
Real Estate**

Room 11 Bank Bldg. St. Helens, Ore.