

WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

Wash the poisons and toxins from system before putting more food into stomach.

Says inside-bathing makes anyone look and feel clean, sweet and refreshed.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important because the skin pores do not absorb impurities into the blood, causing illness, while the bowel pores do.

For every ounce of food and drink taken into the stomach, nearly an ounce of waste material must be carried out of the body. If this waste material is not eliminated day by day it quickly ferments and generates poisons, gases and toxins which are absorbed or sucked into the blood stream, through the lymph ducts which should suck only nourishment to sustain the body.

A splendid health measure is to drink, before breakfast each day, a glass of real hot water with a teaspoonful of limestone phosphate in it, which is a harmless way to wash these poisons, gases and toxins from the stomach, liver, kidneys and bowels; thus cleansing, sweetening and firming the entire alimentary canal before putting more food into the stomach.

A quarter pound of limestone phosphate costs but very little at the drug store but is sufficient to make anyone an enthusiast on inside-bathing. Men and women who are accustomed to wake up with a dull, aching head or have furred tongue, bad taste, nasty breath, sallow complexion, others who have bilious attacks, acid stomach or constipation are assured of pronounced improvement in both health and appearance shortly.

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Up Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more hacking, snuffing, mucous discharge, headache, dryness—no struggling for breath at night, your cold or catarrh is gone.

Don't stay stued up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking. It's just splendid!

EVERYONE KNOWS HIS COAL SLOAN

If It's Good Meat You Want The Sanitary Market is What You're Looking For.

Here, you'll find the very best of fresh meats at all times, but particularly so at this season. We have some of the best beef, pork, veal and sausage we have ever sold. We are also selling lots of fresh oysters and fish. Let us have your orders this month. You'll enjoy the chance.

Phone 755 Sanitary Meat Market FRANK DOBINS, Prop.

TIDE OF IMMIGRATION LOWEST EBB IN YEARS

Figures in the Annual Report of the Department of Labor.

Washington, Dec. 16.—The tide of immigration to the United States ebbed to its lowest point in more than twenty years during the past fiscal year, according to figures made public today in the annual report of Secretary Wilson, of the department of labor.

The total number of immigrant aliens, the report shows, fell from 1,218,489 in the previous year in the period ending June 30 last. All admitted arrivals of aliens, immigrant and non-immigrant, were only 434,244 as compared with 1,403,801 the year before.

Departures of aliens, emigrant and non-emigrant, likewise show a notable decrease. For the fiscal year of 1914, departures were 633,800; for 1915, 384,174. The fiscal year of 1915 covers the period of sailing home of reservists from the beginning of the European war till June 30, last.

During that time the emigrant aliens, presumably including the number sailing to join the colors in Europe were 204,074, compared with 303,338 the previous twelve months. The non-emigrant aliens, departing totaled 180,100 for 1915 and 330,467 for 1914, showing a net decrease for all alien departures of 249,631.

Excess of arrivals over departures, aliens alone being considered, was only 50,070 in 1915. In 1914, the excess was 769,276.

Of the 326,700 immigrant aliens admitted to the United States in the 1915 fiscal year, 52,982 were under fourteen years of age; 224,472 were from 14 to 44 years old and 29,246 were 45 or over. Those over fourteen who could neither read nor write numbered 35,057, those able to read but not write were 392, making the total number of illiterates over fourteen, 35,449, or thirteen per cent.

Disoriented aliens numbered 23,675. This included 24,111 excluded at ports and sent back to their country of origin and 2,564 arrested and expelled from the country. Of those excluded, 2,722 were denied admission because they were contract laborers.

Immigrants admitted to the country showed to customs officials money in their possession aggregating \$19,568,000, an average of \$60 each. Each of 95,711 immigrants had more than \$50; while 133,744 had less than \$50 each. One hundred and ninety thousand claimed to have paid their own passage across the Atlantic; 128,135 said that their passage had been paid by relatives and 7,697 that it had been paid by persons other than relatives. With reference to exclusions, the report asserts:

"Conditions during the past year were so abnormal that accurate comparisons with previous years are difficult. Exclusions in 1913 amounted to 1.38 per cent of the number applying; in 1914 this was increased to 2.3 per cent and in the past year the increase has been so great as to reach 5.3 per cent."

Making America Presentable. The national parks committee of the American Civic Federation has raised the cry, "Get America ready to be seen." It refers particularly to the country's public beauty places, urging that all the parks be made more readily accessible and provided with better equipment for taking care of tourists. But the slogan might have a far wider application.

There is a large part of America that isn't "ready to be seen." It's accessible and visible enough; in fact, it's too much in evidence to the traveling public. The trouble is just plain ugliness.

The criticism applies especially to the parts of cities that the tourist sees from his train. The landscape from the car window is almost never such as the city would care to be judged by.

Says an honest Columbus, O., newspaper, "It would be a good thing for this community if people could say when passing or entering here, 'What a beautiful place Columbus is!' We fear they would not have that opportunity now."

The ordinary city things it has done enough when it gets the railroad to build a fine station.

One of these times some enterprising city will make a hit by cleaning up the corners of property along the railroad tracks, planting grass, flowers and trees; getting business men and residents nearby to make their property presentable and erecting some really attractive buildings where they can be seen by the passing world.

Could there be any better advertisement for a city? Even the travelers who don't stop there would wish they could, and would carry away pleasant memory of it.—Augusta Chronicle.

A LINE O' DOPE

Weather Forecast—Local rains Friday; Saturday fair and colder.

The Paramount feature "The Yankee Girl," with Blanche Ring in the title role, will be repeated today at The Anderson theatre. This picture was shown yesterday, and Manager Trowbridge received so many requests for a return showing of the picture that he seized an unexpected opportunity to get it for Friday.

The picture is a beauty, so declare those who have seen it, and it is probable that large audiences will see it today.

There will be a very interesting entertainment this evening, beginning at 7:30, at the Concord school house. There are to be given two plays, presented by the pupils of this school, "Mrs. Stubbin's Book Agent" and "Uncle Dick's Mistake."

The pupils have devoted considerable time and preparation to this entertainment, and those who attend tonight will doubtless be well repaid for their time and attention. There will be no admission charge, but there is to be a "Parcel Post" party immediately after the performance, at which the different parcels will be sold. The proceeds will go to the school improvement association.

Mr. R. W. Tribble has a window trimmer this fall who is "some window trimmer." For the holiday season, he has arranged a couple of windows that are well worth seeing, especially the one filed with Christmas neckwear, hosiery, etc. in holiday boxes.

Mr. Clyde Smith, the efficient and popular court stenographer, has accepted a temporary position as floor walker with Lyon, the Cash Jeweler, during the holidays. He will be glad to greet his many friends and acquaintances at the above named store, where he will endeavor to show them the greatest assortment of quality jewelry ever shown under one roof in the Piedmont.

Former Governor Cole. L. Blease will arrive in Anderson Saturday morning and will deliver two addresses in the city Saturday. At 3 o'clock Saturday afternoon he will deliver an address to a mass meeting in the Anderson court house and on Saturday night at the Red Men's hall at Orr Mill he will make his second speech. Large crowds are expected out to hear the two addresses.

Invitations have been received in Anderson by many friends of Mr. D. H. Mims, formerly employed as assistant secretary of the local Y. M. C. A. to his wedding which will be held in Greenville, at the home of his bride, Miss Virginia Mae Springfield, Saturday, December 26th.

The announcement of the engagement of Mr. Jos. A. McCullough of Greenville to Mrs. Emma V. Clark of Baltimore is received with interest over the state. Mr. McCullough was a Greenville representative in the house of representatives during the three years preceding 1900, and is now a member of the house. He has taken an active part in state politics, and has been a strong advocate of woman suffrage.

A peculiar fire, originating in a barn which has not been opened since summer destroyed a considerable quantity of feed stuffs in Konea Path. The barn was on the farm of Mr. M. L. Latimer and was used by Ludd Kay. Mr. Kay had a quantity of winter feed stored away in the barn and as it was unsecured, the loss falls on him heavily.

Chief Jackson has asked that the public cooperate with him in regard to shooting fireworks this Christmas and try and prevent any fires. Christmas is a time of hard work to the firemen as everything is in favor of a fire and they are on duty practically all of the time. A little discretion on the part of the "revellers" will save a lot of trouble. If you have any cotton in your yard, it will be a mighty good idea to get it under shelter before folks start shooting fireworks into it.

Townsend's automobile truck caught fire Wednesday afternoon while going down South McDuffie street and for a while it looked like there was going to be a serious fire. The truck was loaded with lumber and when the machine back-fired the truck was in a mass of flames for a moment or two. The dampness of the lumber kept the

wood from catching fire very readily, and with the aid of the chemicals from the fire truck, the flames were quickly extinguished.

Another big day has been recorded at the Southern Express office. There were 265 money orders mailed yesterday representing \$975 in cash. On the floor of the office yesterday afternoon, there were 490 gallons of whiskey and after seeing this so close, but yet so far, the Line O' Dope man became discouraged with life and went home to supper.

MARKETS

Local cotton 11 3-4 cents.

New York Cotton. New York, Dec. 15.—Cotton opened 3 to 11 points down on relatively easy cables but good demand at the decline and rally, carried prices slightly over last night's closing. The market sagged however, after Liverpool closed on scattered liquidation and Wall Street selling and prices slipped back to about opening figures.

Table with columns: Open, High, Low, Close. Rows for Jan, March, May, July, Oct.

Table with columns: Open, Close. Rows for Jan-Feb, Mar-Apr, May-June.

Spots 12.20.

Bear This in Mind. "I consider Chamberlain's Cough Remedy by far the best medicine in the market for colds and croup," says Mrs. Albert Blosser, Lima, Ohio. Many others are of the same opinion. For sale by all dealers.

The Wonderful Little Motor Wheel at J. L. E. Jones Bicycle Shop is the topic of the day, only \$60.00. You can attach it to your old bicycle. It is sure a hill climber.

I also have a fine lot of Iver Johnson and Gordon Bicycles on hand \$20.00 and up. Come and see before you buy some cheap stuff that is covered up with pretty paint. J. L. E. Jones, 103 S. McDuffie St., Anderson, S. C.

GOODWIN DATE AT THEATRE CANCELLED

Advance Agent Announced That Famous Actor Was Taken Ill Yesterday.

Nat Goodwin and his fifth wife did not make their appearance in Anderson last night, the show being cancelled at the last moment on account of the illness of Mr. Goodwin.

Mr. Trowbridge stated that he was very much disappointed, especially so on account of the fact that many seats had been sold in advance. Of course, any seats already bought and paid for, are redeemable for their value at the theatre.

Following is the wire from Charles Hunt, Mr. Goodwin's manager, who was in Greenville:

On account of illness unable to fulfill the date of December 16. Will book later on with you. If there is any mail for the company, please send care of Mrs. Hunt, Hotel Normandie, Broadway and 38th street New York City, accompanied with cancellation bill.

Chas. Hunt, Mgr. Nat C. Goodwin. Many theatre goers are disappointed in not being able to see Nat Goodwin in Anderson. Some here have seen him act before and were expecting a real treat.

The nature of Mr. Goodwin's illness was not divulged in the wire to Mr. Trowbridge, but according to information received last night, the show was to close in Wilmington, N. C., on Saturday night, and the closing is only advanced a day or so by Mr. Goodwin's illness. It seems that many people wanted to see Mr. Goodwin more out of curiosity than anything else they wanted to see what a man looks like who has the nerve to be married as many times as Mr. Goodwin has been.

The next show for the Anderson is "Everywoman," Mr. W. H. Wright, the advance man for the show was in the city yesterday making arrangements for the coming of the show which is to be here December 29.

Owes Her Good Health to Chamberlain's Tablets.

"I owe my good health to Chamberlain's Tablets," writes Mrs. R. G. Nef, Crookston, Ohio. "Two years ago I was an invalid due to stomach trouble. I took three bottles of these Tablets and have since been in the best of health." For sale by all dealers.

Anderson Theatre TODAY 5-Reel Paramount Feature "THE YANKEE GIRL" Featuring BLANCHE RING This Picture Was Shown Thursday Saturday CHARLY CHAPLIN In "THE BANK"

Palmetto Theatre TODAY Linton De Wolfe Musical Comedy Co. PRESENTS "A DAY OUT" MOVIES FOR TODAY "THE WORLDS CHAMPIONS" "BASEBALL SERIES" Two Reels. "ANITA'S BUTTERFLY" Beauty.

BIJOU THEATRE TODAY "THE ROUND-UP" 4 Reel Western. "ALMOST A PAPA" Comedy.

CHRISTMAS OFFERINGS SHOP EARLY OPEN EVENINGS UNTIL XMAS Any member of the family or loved one will appreciate ten fold a useful gift such as the ones we are offering. Our stock is complete with hundreds of articles we can't mention for lack of space that are desirable for gifts. Make this your Christmas Store. For Saturday and Monday 25c Curtain Goods 15c yd. For Saturday and Monday \$1.25 pr. Linen Towels 75c For Saturday and Monday \$3.50 Scolloped Bed Spreads \$2.50 Ladies' \$2.50 Crepe de Chine Waist in Black or White \$1.95 Ladies' Middy Blouses and Waist in Holiday Boxes \$1.00 Ladies' \$2.50 Silk Underskirts in all colors \$1.95 Ladies' \$2.50 Bath Robes \$1.95 Children's \$1.25 Bath Robes 98c Ladies' \$2.50 Sweaters in all colors \$1.95 \$2.00 11-4 Blankets \$1.48 Men's \$1.00 Dress Shirts 69c One lot of Children's Coats worth up to \$2.50 your choice 98c Ladies' \$7.50 Dress Skirts in this season's newest styles and materials \$5.50 Reduction on all lines in our store until Xmas. Do your buying here and economize. One lot of Children Dresses worth up to \$1.00 special 48c Ladies' \$25 Suits in this season's newest materials \$12.95 Ladies' \$15 Coats in this season's materials special \$7.95 \$25.00 9x12 Art Squares \$18.50 Ladies' \$16.50 and \$18.50 Suits \$9.95 Men's Pure Linen Handkerchiefs 6 for 50c 15c extra large Huck Towel 1 doz for \$1.25 Ladies' \$7.50 Coats \$3.95 Men's \$16.50 all-wool Suits in Blue Serge and Fancy Worsteds, this season's make \$10.00 One lot of Ladies' Patent Leather Cloth Top Shoes, Lace or Button worth \$3 special \$1.98 B. Fleishman & Bros. OSBORNE & PEARSON'S OLD STAND 20 to 40 per Cent Saved on All Purchases Public Square Anderson, S. C. Boys' \$5.00 all-wool Suits in Blue Serge and Fancy Worsteds, Plain or Norfolk make \$3.45