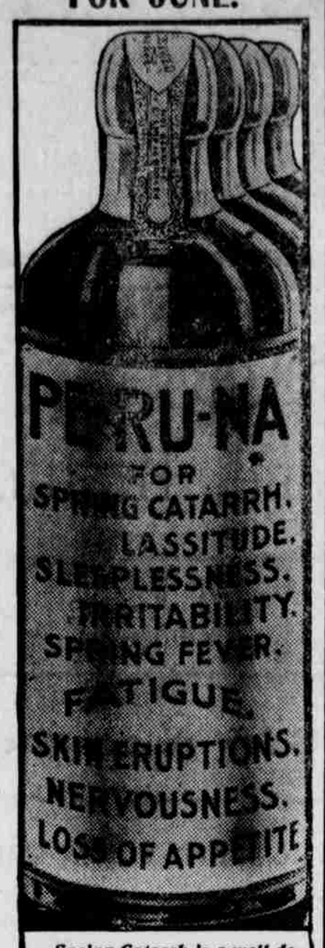
HEALTH NOTES FOR JUNE.



Spring Catarrh is a well defined Spring disease. The usual symptoms are given above. A bottle of Pe-ru-na taken in time will promptly arrest the course of the disease known as Spring Catarrh.

Facts as to Accidents.

One of the most important tables ever compiled by the Interstate Commerce Commission has been supplied by Secretary Moseley to Senator Tillman, who procured its printing as a public document. It is a list of collisions and derailments where the employes had been on duty an excessive number of hours and a list of personal injuries to employes due to having been at work excessively long.

These are railroad reports and not the results of investigations by the commission, and they do not include personal injuries that had no obvious connection with the condition of the employe. The facts disclosed by this tabulation are startling.

Eight railroad men were killed and thirteen injured as the result of accidents caused by overwork. In one case a man who had been on duty thirty two hours was sent out flagging and went to sleep on the track. In nine other cases in this list of personal injuries men had been at work continuously for twenty hours or more.

In collisions and derailments due to lack of sleep or exceptional fatigue thirty-five persons were killed and 141 injured. In one case the man had been at work forty-eight hours. In nine cases men had been at work twenty-four hours or more—one was forty-seven and a half hours at work and another was thirty-eight—and in several other instances men had been at work more than twenty hours.—Philadelphia Record.

Judicial Flattery.

"On what ground, sir," sternly asked the judge, "do you seek to evade your duty as a citizen?"

"On the ground, your honor," responded the man who had been summoned as a juror, "that I am 65 years old and no longer legally liable to jury service."

"You don't look it by twenty years, sir," said the judge, "but your excuse is sufficient, and, of course, I shall not——"

"Still, your honor," interrupted the caller, "inasmuch as your honor puts it before me in the light of my duty as a citizen, I am willing to waive my claim to exemption and will serve with pleasure."

Do You Think For Yourself?

Or, do you open your mouth like a young bird and gulp down whatever food or medicine may be offered you?

When an intelligent thinking woman, in need of relief from weakness, nervousness, pain and suffering, then it means much to you that there is one tried and true honest medicine of known composition, sold by druggists for the cure of woman's ills.

The makers of Dr. Pierce's Favorite Prescription, for the cure of weak, nervous, run-down, over-worked, debilitated, pain-racked women, knowing this medicine to be made up of ingredients, every one of which has the strongest possible indorsement of the leading and standard authorities of the several schools of practice, are perfectly willing, and in fact, are only too glad to print, as they do, the formula, or list of ingredients, of which it is composed, *in plain English*, on every bottle-wrapper.

The formula of Dr. Pierce's Favorite Prescription will bear the most critical examination of medical experts, for it contains no alcohol, narcotics, harmful, or habit-forming drugs, and no agent enters into it that is not highly recommended by the most advanced and leading medical teachers and authorities of their several schools of practice. These authorities recommend the ingredients of Dr. Pierce's Favorite Prescription for the cure of exactly the same ailments for which this world-famed medicine is advised.

No other medicine for woman's ills has any such professional endorsement as Dr. Pierce's Favorite Prescription has received, in the unqualified recommendation of each of its several ingredients by scores of leading medical men of all the schools of practice. Is such an endorsement not worthy of your consideration?

A booklet of ingredients, with numerous authoritive profesional endorsements by the leading medical authorities of this country, will be mailed *free* to any one sending name and address with request for same. Address Dr. R. V. Pierce, Buffalo, N. Y.

Marvelous, Quaint and Curious.

There is a waterfall in Chamouni which no traveler should omit going to see, called the Cascade des Pelerines. It is one of the most curious and beautiful scenes in Switzerland. A torrent issues from the Glacier des Pelerines, high up the mountain, above the Galcier du Bossons, and descends, by a succession of leaps, in a deep gorge, from precipice to precipice, almost in one continual cataract; but it is all the while merely gathering force, and preparing for its last magnificent deep plunge and recoil of beauty. Springing in one round condensed column out of the gorge, over a perpendicular cliff, it strikes, at its fall, with its whole body of water, into a sort of vertical rock basin, which one would suppose its prodigious velocity and weight would split into a thousand pieces; but the whole cataract, thus arrested, at once suddenly rebounds in a parabolic arch, at least sixty feet into the air; and then, having made this splendid airy curvature, falls with great noise and beauty into the natural channel below. It is beyond measure beautiful. It is like the fall of divine grace into chosen hearts, that send it forth again for the world's refreshment, in something like such a shower and spray of loveliness, to go winding its life-giving course afterwards, as still waters in green pastures. The force of the recoil from the plunge of so large a body of water, at such a height, is so great, that large stones, thrown into the stream above the fall, may be heard amidst the din striking into the basin, and then are instantly careering in the arch of flashing waters. The same is

WATERFALL IN CHAMOUNI.

the case with bushes and pieces of wood, which the boys are always active in throwing in, for the curiosity of visitors, who stand below, and see each object invariably carried aloft with the cataract, in its rebounding atmospheric gambols. When the sun is in the right position, the rainbows play about the fall like the glancing of supernatural wings, as if angels were taking a shower bath. If you have "the head and the legs of a chamois," you may climb entirely above this manificent scene, and look out over the cliff right down into the point where the cataract shoots like the lightning, to be again shot back in ten thousand branching jets of diamonds.

BETTER DONE IN ENGLAND.

Briton Tells of Superiority of Criminal Procedure in His Country.

"I have no criticism to make of your mode of conducting criminal trials, but we manage them very differently in England," said Robert Harding, a London barrister, to a Washington Herald man.

"This Thaw trial, that consumed weeks in its hearing, would have been concluded in less than a week before our tribunals. Honestly, I think our procedure the best. In trying to uphold the rights of accused men your American system goes to extremes and serves no good end. Before an English court much that was allowed in the Thaw case would not have been tolerated.

"The greatest difference, however, in the two systems of jurisprudence is that in England, when a verdict of guilty in a criminal case is reached, that settles the matter permanently. There is no appealing the case to a higher tribunal. The only possible way to secure relief, then, is by getting the home secretary to intervene, which is about as easy as the camel going through the needle's eye. For all that, there is no more danger of an innocent man being convicted in England than in the United States, but it is infinitely more difficult for a guilty person to escape punishment in Great Britain than in America. Neither wealth, nor position, nor the influence of powerful friends will get a malefactor out of the toils in our country, and the son of the greatest nobleman will be sent to jail just as certainly as the son of a peasant, should his guilt be proved."

Lucknow's Great Hall.

Connected with the Mohammedan mosque at Lucknow, India, is the largest room in the world without columns, being 162 feet long, 54 feet wide and 53 feet high. It was built during the great famine in 1784 to supply work for a starving people. It is a solid mass of concrete of simple form and still simpler construction. In its erection a mold or framework of timber and brick several feet in thickness was first made, which was then filled with concrete. The concrete was allowed about a year to set and dry, when the mold was removed. Although the building has been standing so long, it is said to show no signs of decay or deterioration.

Suggesting a Cheaper Vision.

Wife—Karl, when I go to the Riviera I will dream of you every night.

Husband—I would rather you stayed here and dreamed of the Riviera.—Meggendorfer Blaetter.

Find out the secret hope of any man past middle age, and it is that he may be allowed at the last to go quickly.

FARM AND GARDEN

How to Repair Trees.

It is the part of wisdom to be able to administer first aid to the injured tree, as well as the more permanent aids. One of the most common of these is the splitting down of a limb, as suggested in accompanying illustration, Fig. 1.

If the limb is not broken wholly off—if there is still left a connecting link of sound wood and of sound bark—the limb can with care be saved. This will

BROKEN LIMB SAVED.
(Fig. 1, split limb; Fig. 2, in position.)

often save the beauty of the tree. With as little delay as possible shorten all the small branches of the limb to make their weight as little as possible, then carefully lift the broken limb back into position and lash it firmly with ropes or straps.

Now with a bit or auger bore a hole through the limb and tree trunk as suggested by the dotted line in Fig. 2. Through this insert a bolt of iron having a head on one end and a nut on the other. Turn the nut on the end, with a big washer beneath it, until the crack in the break has been made as small as possible, then cover the crack neatly over with grafting wax. Many a tree has such a gaping wound as that shown in A, Fig. 2. It is caused by sawing off a big limb and neglecting to protect the wound until nature could extend a new growth of bark over it. The new bark has begun to grow about the edges, but the wood has decayed within, and nature can carry growth of bark no further.

Cut out all the decayed wood and fill the cavity completely with portland cement mixed with water. Do not add

GAPING WOUND REPAIRED.

sand. Fill the cavity and press the cement close to the new bark (B, Fig. 3) that there may be left no little opening for air and water to enter. The life of a tree can be prolonged for many years by such aid as this.—Orange Judd Farmer.

Clover Hay.

It is claimed that clover hay may be baled in the field, but experiments made are not sufficient to show the benefits derived, compared with storing clover in the mow. The clover is cut in the morning, after it is free from dew or rain, and when well wilted the hay tedder is used, so as to give it every chance to cure. In the afternoon the hay is baled and hauled to the barn. If this method is practiced, care must be exercised in having the hay properly cured and in just the proper condition for baling, as baled clover is more liable to heat than timothy or other kinds.

Growing Strawberries.

When growing strawberries for market the solidity of the berry is an important desideratum, as a market berry should possess good shipping qualities. Then should follow size, brilliancy of color and flavor. For family use the keeping qualities are not important, the flavor deserving more notice. It is not difficult to find a superior berry, possessing size and flavor, for home use. The attention of growers is devoted mostly to securing varieties that are firm in texture and of large size so as to stand shipment well and show attractively in market.

Millet.

Millet is easily grown and thrives well on all kinds of soils, giving excellent results on sandy land if manure is used. It crowds weeds out and soon takes possession of the land. One point in connection with millet is not to cut it too late. The best time is when the seed-heads are forming. The seed should not be allowed to mature, as they are liable to injure horses. Cows will thrive well on millet hay, and horses prefer it to some kinds. There is no surer crop than millet if the land is in good condition.

Substitute for Paris Green.

As is well known, Paris green does not dissolve, but is held in suspension in water, hence the water must be constantly agitated to properly apply it. The Ohio experiment station recommends a much cheaper mixture, which is soluble in water. It is made by dissolving two pounds of commercial white arsenic and four pounds of carbonate (washing) of soda in two gallons of water. Use one and a half pints of this mixture to each barrel of Bordeaux mixture when spraying for blight, scab, etc.

Tomatoes.

The tomato produces fruit throughout the season until frost destroys the vine. It will have blossoms, green fruit and ripe fruit at the same time, and is consequently a continuous bearer. To do this profusely, however, it should have a liberal application of fertilizer applied broadcast over considerable ground around the plant, and the soil should be kept clean, while the vines should be benefited by having supports.

Times Are Different.

Not long ago a farmer in Iowa went to a harness dealer to buy a team of harness. He found one that suited him and the price was $45. The farmer happened to remember that about a dozen years ago he had bought a harness just like it from the same dealer for $35, and he mentioned the fact. The dealer went to his book and found this to be true. "But," said the dealer, "my books show that you did not pay cash for it because you did not have the money. You hauled in 300 bushels of corn and gave it to me for the $35 harness. Now, I'll tell you what I'll do. If you will bring me 300 bushels of corn I will give you the $45 harness, also a double buggy harness worth $35, a single buggy harness worth $15, a $7 plush robe, a boy's riding saddle worth $5, one whip and riding bridle worth $1.50, two leather halters worth $2.50, brush and currycomb worth $1 and a rawhide buggy whip worth $1."—Mound City Enterprise.

Growing Radishes.

No vegetable grows quicker than the radish, and a few rows only are necessary to supply quite a large family. Radishes are unfit, unless grown quickly and pulled at the proper time. As they are ordinarily grown the family is kept supplied from the same bed until the radishes are hard and woody. Instead of so doing sow only part of a row at a time. The way to have them as they should be, until late in the season, is to procure quite a number of packages, putting in the seed from a package every week until too late to sow them. By pursuing this method they may be had in a crisp, tender state long after the usual first crop is hard or gone to seed.

Growing Celery.

Transplant celery to permanent beds in May or June, placing a large quantity of manure in the trench. This crop is one that cannot be surfeited by too much manure, as it is one of the grossest feeders known. The plants should be frequently watered, soapsuds being better for such purpose than anything else, and the beds should be kept as clean and nice as possible. It requires care to have celery that is large, crisp and white, but it is a valuable crop when grown and pays well for the attention bestowed. If you neglect to sow the seed you can procure the plants from seedsmen and should not fail to have a supply.

Ways of the Green Bug.

Those who have been watching the green bugs say that they fly only on winds blowing from the south, and the minute the wind changes from the south and gets in the north the bugs alight. This was demonstrated one evening last week, according to a Lawrence (Kan.) paper. After eight hours of nagging, blustery south wind the air was filled with these bugs. At 7 o'clock in the same evening the wind switched to the north and the bugs disappeared. The bugs have been coming from Texas for two months, and on every south wind they move northward.—Platte City Landmark.

Weeds and Grass.

The earth is seemingly able to produce weeds or grass, whether fertile or poor, and they always appear at the same time, when the crops need the most care. Weeds are beneficial to a certain extent, although injurious, for the gardener is often compelled to eradicate them when he would otherwise give the garden his attention. By so doing he keeps the soil in a fine, friable condition for the desired crop. Weeds, however, should be removed as soon as they appear; by so doing the work can be more easily done, and the stirring of the soil will then be required only to a moderate depth.

Surface Preparation.

The new settler in an irrigated district seldom appreciates the importance of preparing the surface of fields so that they may be cheaply, easily and properly watered. Crops in an arid climate are, as a rule, good or bad, according as they have received the proper amount of water at the right time, and when the ground is left so rough and uneven that water cannot be evenly applied the effect is shown in the reduced yield. The preparation of the land is a first cost, and if done thoroughly during the first or second year little expense need be incurred afterward.—S. Fostier.

Oats as Green Feed

Oats can be made to provide an abundance of food by being grown and cut while the heads are in a milky stage. The straw is then in palatable condition, containing portions of the nutrition which have been arrested on their way to fill out the heads. When cut in this green condition the straw and heads are cured like hay, can be bundled and then stacked on the ground for winter use. The proper way to feed oats cured in that manner is to pass them through a fodder cutter, and they will be eaten readily by horses, cattle and sheep.

They Live to Eat.

Agricultural laborers in Lucerne, Switzerland, eat eight meals a day—the first at 4 o'clock in the morning, re-enforced by further refreshment at 6, 8, 10, 12, 3, 5 and 7. Some of these meals are but luncheons of cider and bread, but the daily bill of fare includes a substantial breakfast, dinner and supper.

Working Cabbages.

It is an old saying that cabbages can not be worked too frequently. They seem to take a fresh start every time they are cultivated and given a good hoeing between the plants. This is particularly the case with late cabbages, which have portions of the dry season to contend with.

Points in Fertilizing.

If fertilizer is broadcasted over the field and well harrowed in, it will not be necessary to apply anything to the hills of corn. Keep the grass and weeds down and the corn roots will not be long in finding the plant food.

The Revolver.

The revolver is of dubious service in war. Its only function there is as a cavalry weapon. Indeed, it is an evolution of the mediæval purpose to provide horse soldiers with a firearm. In the cavalry the weapon is effective only up to fifty yards. It has no value for hunting. The average man can do more execution on birds and beasts with a slingshot. The only purpose which the revolver serves is to kill another man, and even for that purpose its usefulness is overestimated.—New York Mail.

SUFFERED TORTURES.

Racked with Pain, Day and Night, for Years.

Wm. H. Walter, engineer of Chatsworth, Ill., writes: "Kidney disease was lurking in my system for years. I had torturing pain in the side and back and the urine was dark and full of sediment. I was racked with pain day and night, could not sleep or eat well, and finally became crippled and bent over with rheumatism. Doan's Kidney Pills brought quick relief, and in time cured me. Though I lost 40 pounds, I now weigh 200, more than ever before."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Unexpected Rebuff.

Caller—Polly want a cracker?

Boston Parrot—That question, sir, is one of the unnecessary noises to which I am compelled to listen whenever a barbarian enters this apartment. Oblige me by not repeating it.

To Ladies Only.—The wish to be beautiful is predominant in every woman, and none can say she does not care whether she is beautiful or not. *Dr. T. Felix Gouraud's Oriental Cream, or Magical Beautifier* elicits a clear, transparent complexion, free from Tan, Freckles, or Moth Patches, and so closely imitating nature as to defy detection. It has the highest medical testimony as well as professional celebrities, and on its own merits it has become one of the largest and a popular specialty in the trade. Ferd. T. Hopkins, Sole Proprietor, 37 Great Jones Street, New York. For sale by all Druggists and Fancy Goods Dealers throughout the United States, Canadas, and Europe.

Annie Rosen, 8 years old, of Jersey City Heights, is said to be one of the mathematical marvels of the day.

Ask Your Dealer for Allen's Foot-Ease

A powder to shake into your shoes. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all Druggists and Shoe Stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Change.

Gunner—Cogger used to have such an exasperating horse laugh.

Gayer—It has all changed since he bought an automobile.

Gunner—H'm! Now, I suppose, he has the "horseless laugh."

BLACK, ITCHING SPOTS ON FACE.

Physician Called It Eczema in Worst Form—Patient Despaired of Cure—Cuticura Remedies Cured Her.

"About four years ago I was afflicted with black splotches all over my face and a few covering my body, which produced a severe itching irritation, and which caused me a great deal of suffering, to such an extent that I was forced to call in two of the leading physicians of ——. After a thorough examination of the dreaded complaint they announced it to be skin eczema in the worst form. Their treatment did me no good. Finally I became despondent and decided to discontinue their services. My husband purchased a single set of the Cuticura Remedies, which entirely stopped the breaking out. I continued the use of the Cuticura Remedies for six months, and after that every splotch was entirely gone. I have not felt a symptom of the eczema since, which was three years ago. Mrs. Lizzie E. Sledge, 540 Jones avenue, Selma, Ala., Oct. 28, 1906."

Selfish.

"Old Scriggs is the worst tightwad I know."

"How so?"

"He always makes his family go up and down stairs two at a time, so they'll only wear out half as much carpet."—Princeton Tiger.

Mrs. Winslow's Soothing Syrup for Children teething; softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

In Finland reindeer are worth only about $7.50 a head. A reindeer can travel about 130 miles a day.

WORKING WOMEN, WHAT THEY SHOULD KNOW

MRS. SADIE ABBOTT — MRS. PREE McKITRICK

Women for the most part spend their lives at home, and it is these women who are willing and ambitious that their homes shall be kept neat and pretty, their children well dressed and tidy, who do their own cooking, sweeping, dusting and often washing, ironing and sewing for the entire family, who call for our sympathy.

Truly the work of such a woman is "never done" and is it any wonder that she breaks down at the end of a few years, the back begins to ache, there is a displacement, inflammation or ulceration of the abdominal organs, a female weakness is brought on, and the struggle of that wife and mother to continue her duties is pitiful.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, is the exact medicine a woman needs whose strength is overtaxed. It keeps the feminine organs in a strong and healthy condition. In preparing for childbirth and recuperating therefrom it is most efficient. It carries a woman safely through the change of life and in making her strong and well assists her to be a good wife and mother.

Mrs. Sadie Abbott, of Jeannette, Pa., writes:

Dear Mrs. Pinkham—

"I suffered severely with pain every month and also a pain in my left side. My doctor prescribed for me but did me no good; a friend advised Lydia E. Pinkham's Vegetable Compound and I wrote you in regard to my condition. I followed your advice and am a perfectly well woman. The pains have all disappeared and I cannot recommend your medicine too highly."

Mrs. Pree McKitrick, of La Farge, Wis., writes:

Dear Mrs. Pinkham:

"For six years I suffered from female weakness. I was so irregular that I would go from three weeks to six months, so I thought I would give Lydia E. Pinkham's Vegetable Compound a trial.

"Now I am once more well and can do my work without a pain. Any one who wishes, can write to me and I will answer all letters gladly."

Women should remember that Lydia E. Pinkham's Vegetable Compound holds the record for the greatest number of actual cures of female ills. Every suffering woman in the United States is asked to accept the following invitation. It is free, will bring you health and may save your life.

Mrs. Pinkham's Invitation to Women.

Women suffering from any form of female weakness are invited to promptly communicate with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

GRAND TRUNK RAILWAY SYSTEM

Double Track

SPECIAL EXCURSION FARES 1907

FROM CHICAGO

Boston and return - - - - $21.00
Going dates—July 9, 13, 22, 23, 25, 26, 27, 28, August 6, 10, 20, 24, September 10, 14, 24, and 28, 1907.

Jamestown Exposition, Norfolk, Va., and return — Season tickets via New York one way, $36.80; 60 days " " " " " $36.70
Other routes and fares. Going dates daily until Nov. 30, 1907.

Philadelphia, Pa., and return - - - - $20.00
Only through sleeping car route via Niagara Falls. Going dates—July 12, 13, 14, 15 and 16, 1907

Saratoga Springs, N. Y., and return - - - - $18.75
Going dates—July 3, 4, 5, 6 and 7, 1907; also in September for Grand Army meeting (going dates and fares to be named later).

Various New England Resorts, one fare plus $2.00 for round trip,
Based on one way fares in effect January 1, 1907.
Going dates—July 9, 13, 22, 23, August 6, 10, 20, 24, September 10, 14, 24, and 28, 1907.

Various Canadian Resorts, one fare plus $2.00 for round trip,
Based on one way fares in effect January 1, 1907.
Going dates daily June 1 to September 30, 1907.

Attractive optional trips by Lake and River, including St. Lawrence River and Rapids in some cases without additional charge, are also offered in connection with the above. Liberal stopover privileges.

Full particulars can be obtained by writing

GEO. W. VAUX, Assistant General Passenger and Ticket Agent
135 ADAMS STREET, CHICAGO

When writing to advertisers please say you saw the advertisement in this paper.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN,
A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroys Worms. They Break up Colds in 24 hours. At all Druggists. Sample mailed FREE. Address A. S. OLMSTED, Le Roy, N. Y.

If afflicted with sore Eyes, use **Thompson's Eye Water**

FREE To convince any woman that Paxtine Antiseptic will improve her health and do all we claim for it, we will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

PAXTINE cleanses and heals mucous membranes, such as nasal catarrh, pelvic catarrh and inflammation caused by feminine ills; sore eyes, sore throat and mouth, by direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT. THE R. PAXTON CO., Boston, Mass.

Six Shots for 10c

A Friend in Need—

THAT thin, little, 10-cent Box of Cascarets.

When carried constantly in your Vest Pocket, or in "my Lady's" Purse it will ward off ninety per cent of Life's ordinary Ills.

Eat one of the six candy tablets contained in that "Vest Pocket Box" whenever you suspect you need one.

It can't hurt you, and is sure Insurance against serious sickness.

When you have Heartburn, Colic, Coated Tongue, Suspected Breath, Acid-rising-in-throat, Gas-belching, or an incipient Cold, take a Cascaret.

Remember, all these are not merely Discomforts, but indications of a serious Cause.

Nip them in the bud—eat a Candy Cascaret. Cascarets don't purge, nor punish the stomach like "Bile-driving" Cathartics.

They act like Exercise on the Bowel-Muscles that propel Food, and that squeeze the natural Digestive Juices of the body into Food.

Cascarets ward off, or cure, the following diseases.

Constipation	*Catarrh*	*Hives*	*Worms*
Biliousness	*Colic*	*Jaundice*	*Piles*
Indigestion	*Bad Breath*	*Nausea*	*Ulcers*
Dyspepsia	*Diabetes*	*Vertigo*	*Pimples*
Torpid Liver	*Headache*	*Scrofula*	*Blotches*
Appendicitis	*Diarrhoea*	*Womanly*	*Eczema*
Rheumatism	*Flatulence*	*Troubles*	*Dysentery*

The Vest Pocket box carried constantly with you, like your Watch, or Lead Pencil, will insure you against sickness.

But, don't forget that "a Cascaret in time is worth nine."

At all Druggists. 10 Cents a box.