Cannot Praise this Remedy too Highly

THE WAY ONE LADY FEELS AFTER SUFFERING TWO YEARS

Judging from her letter, the misery and wretchedness endured by Mrs. Charlie Taylor, R. F. D. No. 1, Box 144, Dillon, S. C., must have been terrible. No one, after reading her letter, can continue to doubt the great healing power of PE-RU-NA for troubles due to catarrh or catarrhal conditions in any part of the body. Her letter is an inspiration to every sick and suffering man or woman anywhere. Here it is: "I suffered two years with catarrh of the head, stomach and bowels. Tried two of the best doctors, who gave me up. I then took PE-RU-NA and can truthfully say I am well. When I began to use PE-RU-NA, I weighed one hundred pounds. My weight now is one hundred and fifty. I cannot praise PE-RU-NA too highly, for it was a Godsend to me. I got relief from the first half bottle and twelve bottles cured me. I advise all sufferers to take PE-RU-NA."

As an emergency remedy in the home, there is nothing quite the equal of this reliable, time-tried medicine, PE-RU-NA. Thousands place their sole dependence on it for coughs, colds, stomach and bowel trouble, constipation, rheumatism, pains in the back, side and loins and to prevent the grip and Spanish Flu. To keep the blood pure and maintain bodily strength and robustness, take PE-RU-NA.

You can buy PE-RU-NA anywhere in either tablet or liquid form.

TOO LATE

Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avoid painful consequences by taking

GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles—the National Remedy of Holland since 1696. Guaranteed. Three sizes, all druggists.

Look for the name Gold Medal on every box and accept no imitation

Several Choice Tracts Land in famous Red River Valley, near Grand Forks, priced right by owner. Buy direct, save commission. Write Getts Piano House, Grand Forks, N. D.

Ma Was a Widow.

"Would your mother get mad if I stole a kiss?" "From her or from me?" asked the girl.

Children's handkerchiefs often look hopeless when they come to the laundry. Wash with good soap, rinse in water blued with Red Cross Ball Blue.

To Mend Broken China.

A cheap and easily prepared cement for broken china is lime mixed with the white of an egg. Only take sufficient white of an egg to mend one article at a time, and mix thoroughly with a small quantity of lime. Apply the mixture to the place where the article is broken, and in a short time the cement will set and become quite hard.

Tired and Worn?

Does summer find you tired, weak—all worn out? Do you have constant backache; feel lame and stiff, and without life or ambition? There's a reason why you feel so badly. Likely your kidneys have weakened and are causing you to feel so miserable. Get back your health and keep it! Help the weakened kidneys with *Doan's Kidney Pills*. Doan's have helped thousands and should help you. *Ask your neighbor!*

A South Dakota Case

J. B. Stark, farmer, R. F. D. No. 4, Salem, S. D., says: "I was in bad condition with my back and other kidney trouble. My back ached constantly and after I had been sitting down awhile, I could hardly get up. When I bent over I had sharp catches of pain in my back that were awful. My kidneys didn't act right. I used several boxes of Doan's Kidney Pills and was cured."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Peril of Growing Pains.

Little John had put in a very hard day of playing and that night he said, "Mother, oh, how my knee aches!"

"That is just a growing pain and will be all right in the morning," replied his mother.

At that John exclaimed: "But the pain is in just one knee, and is one of my legs going to be longer than the other?"

Sure Relief

6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

W. N. U., SIOUX CITY, NO. 28--1920

Fads And Fancies Of Fashion

THIN FROCKS FILL THE STREETS.

THE shop windows and the streets are furnishing a panorama of enticing things for midsummer wear, with dresses of sheer cotton fabrics the outstanding item in the display. Women have returned to fine and practical fabrics and are using the simpler methods for decorating them, as tucks, frills, ribbon borders and narrow lingerie lace. For the street, voile is in the lead, either plain or figured, embroidered or printed. Chiffon taffeta is its closest rival and is often made up with georgette crepe. Georgette also redeems satin and makes it midsummerish by supplying satin frocks with sleeves, tunic or other details in their composition that make them look cool.

For dressier frocks organdy and voile are both used and St. Gall swisses with embroidered dots are reappearing at prices that are somewhat lower than they were earlier in the season. Wide tucks are in great favor in voile and on organdy dresses, while frills seem the natural order of things for both swiss and organdy. The latter material is much used for collars, cuffs, bands, sashes, fichus and frills on dresses of other materials.

In the picture above there is a dress of white organdy at the left and one of China blue voile at the right. The organdy dress, worn by Irene Castle will help to uphold that talented lady's enviable taste in the selection of clothes. Frills of lace make the medallions and other trimming in the skirt and rows of the same lace form the deep cuff. The long sleeves and collar high at the back are late innovations in summer styles. A wide tuck headed by a frill of lace calls attention to the distended hip line and even the crushed girdle is of organdy with a little frill of lace running along the center of it. The slender type will do well to study this dress

The pretty dress of plain voile at the right has a skirt covered by tiers of narrow, scant flounces and a plain short sleeved bodice, ending in two ruffles at the natural waist line. What makes this simple affair so chic is the ribbon that borders all edges. It is cleverly managed, showing the borders of the flounces finished with loops and ends, on alternating flounces, at both sides, small bows on the sleeves and in the back at the end of the shirring about the waist line. It suits its youthful wearer and is calculated to make her toy sailor boy leave his happy nursery and break his wooden heart when she discards him.

THE SUMMER HOSTESS

SUMMER vacations bring visits and return courtesies to the members of nearly every family, with their responsibilities resting on "the lady of the house." In these servantless days the problem of entertaining without being overburdened is going to test the abilities of many a hostess whose strength hardly matches her hospitality and her ambition to make guests have a good time. There are hardly any rules that can be laid down which will insure so desirable a result, but one thing is certain: the thought that a hostess is overtaxed and worried will spoil the visit of any intelligent guest. Therefore in the circumstances it is best to plan things that will keep one's visitors in the open and allow them to amuse themselves as much as possible.

Week-end house parties are about the pleasantest events that our summers record on memories that like to dwell upon them. They are recommended to the mother who wants to entertain for her young people. One can fill two or three days with happy times for youths and maidens, especially if there s a river, lake or the sea within easy reaching distance. Water sports, fishing, beach parties, picnics an hikes take care of the days. Camp fires, story telling, dancing and tableaux are recommended for evenings. Both the girls and boys are just as happy when they are required to make themselves useful about the house in the morning as when they have no tasks. The hostess, entertaining a house party of young folks, should provide them with a substantial breakfast and if she has no help, let them assist with straightening up the house. A picnic lunch for the middle of the day is the best way of disposing of lunch, and a hearty dinner, rather early in the evening, makes way for three or four hours for pastime afterward.

A wide porch and a graphophone are the best of aids to entertaining. Youthful guests will stand a good bit of letting alone, for like children they are easily amused for a short time. Costume dances and parties provide a lot of fun and of these the Japanese and Indian parties require little in the way of preparation. Expeditions into the woods for flowers entice town and city-bred guests and everyone enjoys boating, singing and dancing.

Julia Bottomley

Stripes Supersede Plaids

Just at present there is a decided leaning to striped fabrics as against plaids; but fashion changes are so frequent that no one can say from day to day what the major demand will be. Striped skirts are now active rivals of the big gay plaids that have held the center of the stage for so long, and both hair-line and the wider and more conspicuous stripes are featured. Knife plaiting is also being accorded a great deal of favor, as against the accordion plaiting, because only an expert can replait the accordion plaited models once they are out of shape, and the process is an expensive one.

Take Care of Your Shoes.

By the exercise of a little care, says the Thrift Magazine, the life of leather shoes may be considerably prolonged. It is a well-known fact that if a wet shoe is placed too close to a fire, the interior of the sole is sometimes utterly ruined before the surface of the leather shows appreciable signs of injury. Wet shoes should be dried slowly and shoe trees inserted to prevent their losing shape and becoming uncomfortable. It is economy to keep at least two pairs of shoes, wearing them in rotation. Some shoe manufacturers claim that two pairs of shoes worn alternately will outwear three pairs of shoes worn consecutively.

SAY "DIAMOND DYES"

Don't streak or ruin your material in a poor dye. Insist on "Diamond Dyes." Easy directions in package.

"CORNS"

Lift Right Off Without Pain

Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

His Business in Post Office.

The commercial traveler met Sandy, the canny one, emerging from the post office.

"Ah, Sandy!" cried the commercial, "it is good to see as prosperous a farmer as yourself—not forgetful of his country! You have been in the post office to purchase war bonds?"

"Nay," said Sandy easily.

"Oh! Then perhaps you have put a little money in the savings banks, that it may help the country?"

"Nay."

"Well," said the traveler as a last resort, "I suppose that you have bought a postal order to send to some poor acquaintance?"

"Nay; I've been in to fill my fountain pen."—London Ideas.

Temporary Truce.

Grace—I hear that Charles and Helen have made up their quarrel.

Gussie—Only temporarily. They are going to be married soon.—Edinburgh Scotsman.

NEW BEAR TIRE CHAINS.

First real improvement in tire chain in 17 years. No jack, no tools needed. Go on and off as easy as a glove. They do the business where others don't. A Bear in your tool box sent free. Write Bear Manufacturing Co., Rock Island, Ill.—Adv.

Surely a Mean Employer.

"'Enery," observed Bill 'Awkins, "I 'ear as yer got a job."

"Yes," answered the sad 'Enery, "I 'ave got a job."

"Yer don't appear very 'appy about it, do yer?" asked Bill. "Ain't yer foreman a decent cove, then?"

"Oh! 'E's a mean, low-minded feller!" cried the outraged 'Enery. "'E's a dirty dorg, 'e is. Got 'Un-like notions as 'ow gents like me should be treated. F'r instance, would yer believe it, 'e actually took the legs off the wheelbarrers so as a cove can't sit down an' rest? Oh, 'e's a mean dorg!"—London Ideas.

SAVE SHOES AND STOCKINGS

They will last twice as long if you **Shake Into Your Shoes** ALLEN'S FOOT-EASE, the Antiseptic, Healing powder for the feet. It takes away the sting of Corns, Bunions, Callouses, sore, aching, swollen, tender feet. Allen's Foot-Ease stops the friction which causes the wear on shoes and stockings, saves expense and makes walking a delight. Shake it into your shoes. Sprinkle it in the foot-bath. Sold everywhere.—Adv.

The Eternal Query.

Two fellow members of a club were having an indignation meeting and were comparing notes.

Both had domestic strife.

"Aren't women the limit?" growled the first. "We husbands don't know anything at all, and our wives know everything!"

"Well," grumbled his companion in misery, "there's one thing my wife admits she doesn't know."

"What on earth is that?"

"Why she married me!"

Equality causes no war.—Solon.

WOMEN OF MIDDLE AGE

May Pass the Critical Period Safely and Comfortably by Taking Lydia E. Pinkham's Vegetable Compound.

Summit, N. J.—"I have taken Lydia E. Pinkham's Vegetable Compound during Change of Life and I think it is a good remedy in such a condition. I could not digest my food and had much pain and burning in my stomach after meals. I could not sleep, had backache, and worst of all were the hot flashes. I saw in the papers about Vegetable Compound so I tried it. Now I feel all right and can work better. You have my permission to publish this letter."—VICTORIA KOPPL, 21 Oak Ridge Ave., Summit, N. J.

If you have warning symptoms such as a sense of suffocation, hot flashes, headaches, backache, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness, get a bottle of Lydia E. Pinkham's Vegetable Compound and begin taking the medicine at once. We know it will help you as it did Mrs. Koppl.

Comfort Your Skin With Cuticura Soap and Fragrant Talcum

Soap 25c, Ointment 25 and 50c, Talcum 25c.

FRECKLES POSITIVELY REMOVED by Dr. Berry's Freckle Ointment—Your druggist or by mail, 65c. Free book. Dr. C. H. Berry Co., 2978 Michigan Avenue, Chicago.

WHAT'S THE USE OF MAKING MONEY unless you protect your bank account? Absolute safety at trifling cost. Dime (postage, etc.) brings details. Box 46, Blacksburg, Va.

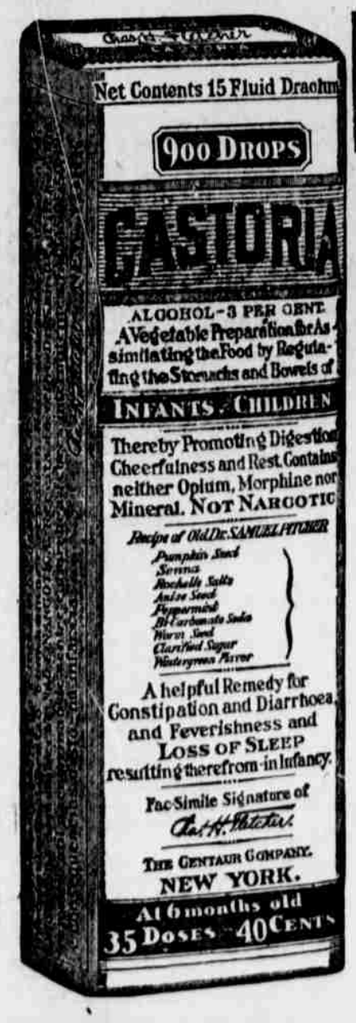
False Claims.

WE hope there is no Mother who thinks she can treat her sick baby without calling in a Physician, or with remedies that she uses for herself.

Most Mothers know that Baby requires remedies especially prepared for babies, yet there are some who think that what is good enough for them is good enough for Baby, and it is to these Mothers we appeal to give nothing to their babies that is not specially prepared for babies or recommended by their Physician.

False claims may kill, but false claims can never restore your child.

For over thirty years Fletcher's Castoria has been aiding in the reduction of the deaths among infants as Mothers have become more and more acquainted with it. Always keep it in the house.



Exact Copy of Wrapper.

Children Cry For Fletcher's CASTORIA

Mothers Must Use Care.

Why do we so often call your attention to imitations of Fletcher's Castoria? Because it is a baby's medicine and imitations are always dangerous, particularly imitations of a remedy for infants.

Your druggist may not keep an imitation but they are to be found on drug-store shelves. Reliable druggists think only of the welfare of their customers. The other kind only of the greater profit to be made on imitations.

Your own judgment tells you that Fletcher's Castoria having for over thirty years at great expense held up its reputation, must jealously guard it. Then, it follows that this company must use the very best of material. Must employ experts in the selection of the herbs. Must retain skilled chemists in its manufacture.

Your same good judgment must tell you that these irresponsible imitators are trading on your credulity and the reputation built up by Mr. Fletcher, during all these years, for his Castoria.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK CITY.

As It Seems to Be.

"What does the critic say about the show?"

"He says it's a good, clean, wholesome little play and ought to be supported."

"Oh, dear, let's go somewhere else."

Use MURINE Night and Morning and Keep Your Eyes Clean—Clear and Healthy

Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

Malice.

"College professors," said President K. C. M. Sills of Bowdoin, "can be very malicious at times. Two professors were talking the other day over their luncheon.

"'I see that Erudite of Yalevard has written a novel,' said the first professor. 'Is it any good?'

"'It ought to be,' said the second professor. 'It cost him $50 to get it published.'"

Our idea of a true heroine is a married woman who doesn't say that she wishes she had remained single.

Kill All Flies! THEY SPREAD DISEASE

Placed anywhere, DAISY FLY KILLER attracts and kills all flies. Neat, clean, ornamental, convenient and cheap. Lasts all season. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed.

DAISY FLY KILLER at your dealer or 5 by EXPRESS, prepaid, $1.25. HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

PARKER'S HAIR BALSAM

Removes Dandruff-Stops Hair Falling. Restores Color and Beauty to Gray and Faded Hair. 50c. and $1.00 at druggists. Hiscox Chem. Wks, Patchogue, N.Y.

HINDERCORNS Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c. by mail or at Druggists. Hiscox Chemical Works, Patchogue, N. Y.