Back Lame and Achy?

Housework is too hard for a woman who is half sick, nervous and always tired. But it keeps piling up, and gives weak kidneys no time to recover. If your back is lame and achy and your kidneys irregular; if you have "blue spells," sick headaches, nervousness, dizziness and rheumatic pains, use *Doan's Kidney Pills*. They have done wonders for thousands of worn out women.

A Nebraska Case

Mrs. G. E. Gardner, 805 S. 6th St., Beatrice, Neb., says: "My back was weak for a long time. It ached and pained and when I bent over it was hard for me to straighten up again. I was weak and had headaches. It was only a short time after I began using Doan's Kidney Pills before the trouble was removed and I have not been bothered since. My cure has lasted a long time."

Get Doan's at Any Store, 60c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Stock Raising in

WESTERN CANADA

is as profitable as grain growing. Successes as wonderful as those from growing wheat, oats, barley, and flax have been made in **raising Horses, Cattle, Sheep and Hogs.** Bright, sunny climate, nutritious grasses, good water, enormous fodder crops—these spell success to the farmer and stock raiser. And remember, you can buy on easy terms

Farm Land at $15 to $30 an Acre

—land equal to that which through many years has yielded from **20 to 45 bushels of wheat to the acre**—grazing land convenient to good grain farms at proportionately low prices. These lands have every rural convenience; good schools, churches, roads, telephones, etc., close to live towns and good markets.

If you want to get back to the farm, or to farm on a larger scale than is possible under your present conditions, **investigate what Western Canada has to offer you.**

For illustrated literature with maps and particulars regarding reduced railway rates, location of land, etc., apply to Dept. of Immigration, Ottawa, Can., or

G. A. COOK, Drawer 197, Watertown, South Dak.; R. A. GARRETT, 311 Jackson Street, St. Paul, Minn.

Canadian Government Agents.

SLOW DEATH

Aches, pains, nervousness, difficulty in urinating, often mean serious disorders. The world's standard remedy for kidney, liver, bladder and uric acid troubles—

GOLD MEDAL HAARLEM OIL CAPSULES

bring quick relief and often ward off deadly diseases. Known as the national remedy of Holland for more than 200 years. All druggists, in three sizes.

Look for the name Gold Medal on every box and accept no imitation

Cuticura Soap AND OINTMENT **Clear the Skin**

Soap 25c, Ointment 25 and 50c, Talcum 25c.

Quick Relief Rheumatism---Catarrh

Don't send a penny. Just name and address. Rheumatism, Catarrh and other blood ailments yield quickly to Dr. Stuart's Specific Drops. A 50-year-old remedy proved by thousands. Write today. Send no money. Pay in 30 days if benefited. The Stuart Co., 404 Sun Bldg., Detroit, Mich.

Raise Hogs, Cows, Chickens

There is money in it. 320 acres of land near Arcadia, South Florida, the aviation training camp, $15 acre. John Hickey, Tampa, Fla.

WE SELL BUSINESSES

We can locate you in any line anywhere. A postcard gets our Bulletin. Interstate Business Exchange, Sioux City, Iowa.

The Law of Averages.

"That friend of ours was only allowed half a vote in the convention."

"Things average up," replied Senator Sorghum. "I know of several elections in the dim past when he thought nothing of casting six or eight votes all by himself."

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*

In Use for Over 30 Years.

Children Cry for Fletcher's Castoria

How He Knew.

Meeks—The man who tries to change a woman's views is a fool.

Weeks—How do you know?

Meeks—My wife told me so.—Stray Stories.

Sure Relief

6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

W. N. U., SIOUX CITY, NO. 33--1920.

PROBLEMS FACING STRICKEN WORLD

Shall Chaos or Reconstruction in Europe Follow the Great World War?

WHY BOLSHEVISM IS MENACE

Governments and Men in High Place Have Erred From the Beginning in Their Methods of Fighting Its Propaganda.

Article XXX.

By FRANK COMERFORD.

The bolshevik government launched a great propaganda drive to bring about disorder. It was, and is, a criminal conspiracy to destroy the peace of the world. It is an appeal to the discontented, an effort to mobilize the unrest of the world under the red flag of violence. In cunning and completeness bolshevik propaganda is in a class by itself. It is poisoned publicity. The bolsheviks carefully kept their methods out of their propaganda. They emphasized the poverty of the world. They pictured conditions, always charging these conditions to the inequality of distributing and laying the blame at the door of the capitalist system. They invented fine-sounding phrases, in which they concealed the seeds of hate. They quickened the prejudices of the people; they pretended to sympathize with the poor. They urged men to unite and strike for freedom. Had the governments of the wrold met this propaganda with the truth and common sense, they would have used every available agency to tear the mask from the bolshevik government and show the working people of the world the true character of that government and the methods by which it sustains itself. The allied governments contented themselves with telling the people that bolshevism was a bad, dangerous thing, a pitfall. Instead, they should have thrown searchlight on it and let the people see its rottenness and its danger. Instead of fighting propaganda with propaganda, falsehood with abuse, fire with fire, they should have fought fire with water, propaganda with truth, cunning with frankness, and an enlightened and educated populace would have turned a deaf ear to bolshevik propaganda. The "Red" peril in the world would not be the dangerous menace it is today.

Working People Took Alarm.

The working people noticed that a portion of the press previously allied with the "interests" and against the right of the people, thundered most bitterly against the bolshevik government. This class of papers denounced bolshevism, called it names, but gave little space to the calm, cool, plain statement of the truth about bolshevism. They were as "red" in their conservatism as the Reds were false in their propaganda. The newspapers of this class have not the confidence of the general public; they have long been under suspicion. The bolshevik propagandists were in a better position to get results than the conservative press, and for three reasons; first, the bolsheviks had the sympathy of the workers of the world because of their connection with the liberation of Russia; second, the bolsheviks appeared as the under-dog in the fight; third, the conservative press suffered from its past reputation as the mouthpiece of those who stood in the way of better living conditions for the great majority. Many leading business men, captains of industry, followed the example of the conservative press and denounced bolshevism instead of exposing it. These men were under suspicion and their attitude confirmed the belief growing in the minds of the workers that bolshevism would benefit them. These same men denounced the workers in their own countries when they sought better conditions. Working people remember that most of the reforms that has come has been wrung from the same conservative class; seldom, if ever, has a right been conceded to the working class. They have had to fight, strike for it, and even in this hour some of the leading figures of the employing minority call men bolsheviks who are not communists, who are not bolsheviks. On the contrary, they are good citizens, seeking, as they have a right to seek, a larger share, a fairer measure of the things they produce. These methods, these attitudes, have reacted in the minds of men who toil, and I have heard many of them accept the challenge and proudly boast that they were bolsheviks, although in truth they were not.

Investigators Unfairly Treated.

Someone drew a curtain of silence around soviet Russia. At least so it seemed to the people. Men who came out of Russia and brought with them reports which displeased their governments were abused, their reports suppressed. Bullit, Robins and Steffens are examples in America. The public at once came to the conclusion that these man had found conditions in Russia good; that bolshevism was a safe, sane plan of government; that it was succeeding. Of course, this is not the real story these men brought out of Russia, but the abuse, heaped on these men, the silencing of these men, spoke louder and more eloquently than any report could have done.

An English paper went so far as to charge the prohibition movement of the United States with being in league with the bolsheviks, saying that its object was to make restless the workers by denying them alcohol, hoping that out of this restlessness would come revolution.

Another appeal to prejudice permitted by the allied governments, was that the bolshevik movement was a Jewish movement; that Lenine and Trotzky were Jews and that the soviet machine was Jewish from beginning to end. What difference could it make to freeminded people whether the leaders of the bolshevik movement were Jews or not? While the mass of the people are thought not to be educated, they have the common sense to see in such propaganda an effort to make them hostile to bolshevism by inciting race prejudice.

A great crack was made in the curtain of silence drawn around Russia. Through it came the startling news that the bolshevik government planned the nationalization of women. No fact about Russia was given greater prominence and publicity. I have talked to many men who were bitterly opposed to bolshevism, and in the last analysis I found the only tangible basis for their oppositionu was that the program included national prohibition. One insurance company in America used the "Nationalization of Women" lie in its nationwide advertising. Of course, it is obvious to thinking people that the plan of nationalization of women was a falsehood, and the workers concluded it was designed to poison the public against bolshevism. Anyone who thinks for a minute will realize, first, that the nationalization of women is not a necessary part of any economic program, second, that one could not get a hundred men or women in any country of the world, who are not degenerates, to subscribe to a program which contemplated the registration and promiscuous violation of their mothers, wives, daughters, and sweethearts. The Russians are human beings; their women are their mothers, wives, daughters, and sweethearts.

Foundation for Silly Story.

This evil and unnecessary lie about the bolsheviks grew out of the fact that in a little city, Ufa, a drunken man made the proposal that they should adopt such a plan. A group in the town of Saratov, calling themselves anarchists, issued a decree in April, 1918, containing among other provisions the following:

"From March 1, the right to possess women having reached the ages of seventeen to thirty-two is abolished.

"The husbands may retain the right to use their wives without awaiting their turn.

"In case of resistance, the husband shall forfeit his rights.

"All women according to this decree, are exempt from private ownership and are proclaimed to be the property of the whole nation."

It was unfair to charge this to the soviet government. It was never put in practice, and it is only fair to say that with the exception of the two cases cited above, it was never even contemplated by anyone. This libel of the bolsheviks strengthened their cause in the allied world. Months after it was exposed the world was swept with another evil, unnecessary and false bit of propaganda. It was complained that this second piece of news was intended to corroborate and confirm the nationalization of women; its open object was to create hostility for the bolsheviks. It achieved exactly the opposite result. It was that the bolsheviks had decided to abolish Christian names, that henceforth children would be named by number. To illustrate, the first born would be Smith No. 1, the second child in the Smith family would be Smith No. 2, and so on. This was given first-page space in the press of the world. It was printed as serious news, as truth. It fell of its own weight.

Summing up unrest in Europe and in America, I have found that this general course of conduct has caused the people to increase their suspicion of the political governments, of the press, of the leaders of business and industry. These posed lies have molded a judgment in the general thought of the world, and that is that bolshevism is being cried down, libeled and slandered, starved, assaulted, and fought, because its success meant the death of special privilege and the birth of the "New Order." This judgment has come to pass because we have not used our resources to bring the real facts to the public mind; because we have injured our credibility by unnecessary, evil and false charges against the bolshevik regime.

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The Invitation.

Two recruits in a Scottish regiment were visiting an English church for the first time. They had not been seated long before the organist began to play a very lively voluntary. This was something new to them, and they listened in astonishment, not being used to music of that sort in church. On of them was then aroused from a reverie by a tap on the shoulder. Turning around, he saw a lady, the owner of the pew, who smiled at him, wishing to pass to her seat. He did not take in the situation. "No, no, mum!" he said. "Take my mate here—you'll find he can dance much better than me!"

Movies in New Zealand.

About 95 per cent of the motion pictures shown in New Zealand are American productions.

Herrings Popular.

There are more herrings eaten than any other kind of fish.

HOME TOWN HELPS

TOWN LEADER IN GOOD WORK

Sherburne, in New York, Praised for Its Inception of Systematic Tree Planting.

The state of New York passed a law in 1912 making it possible for counties, towns and villages to acquire, by purchase, lease, gift, or condemnation, lands having tree growth or forests thereon, or lands which are suitable for the growth of trees.

The advantages to be obtained are numerous, besides the income to be derived from the sale of forest products there are the benefits of regulation of stream-flow, protection of the watershed, shelter from winds and storms, protection to birds and game, and a healthful resort for the people of the town and community.

Sherburne, a village in Chenango county, New York, has been planting trees systematically since 1912, and the work was begun without the knowledge that state laws were being enacted which might make tree-planting something of an inducement. It therefore deserves all the more credit for its interest in forestry. To Dr. Homer G. Newton, for many years a resident of that village, is due the honor of having initiated the policy of tree-planting and watershed protection. The development of this project should be followed with much interest by towns or villages that contemplate similar plantations or forests.—Bulletin of the American Forestry Association.

OUTDOOR ADVERTISING TO GO

Cities Generally Are Taking Concerted Action to Do Away With the Unsightly Billboards.

Our most progressive towns have nearly all demanded safety and sanitation in billboard construction, and a number of places limit the signs to business districts, or else require the written consent of a majority of the property owners before a sign can be inflicted on a residential block.

The billboard companies have fought reform strenuously. In some states, civic associations claim that they have defeated legislation; in others, it was said that they tried to have ordinances put into effect which would not restrict use of boards to any extent, but which would make it appear that the town had settled the question.

Now that the courts are deserting them, some of the bill-posting magnates seem to be falling into line with community improvements and agreeing to the restrictions imposed. They still claim, however, that outdoor advertising is a legitimate and highly efficient method of business promotion. They point to the undeniably artistic signs painted by Maxfield Parrish as a sample of what a thing of beauty the billboard can be. They ignore the fact that Mr. Parrish has painted only a few ads of thousands displayed.

Advantages of a Garden.

A garden is a great thing to possess in more ways than one. If you do the work yourself it rewards you with health and an appetite and adds years to your life. It gives you something to do when loafing around the house has grown wearisome.

But aside from that it has one other large advantage. It is an excellent thing to have when you want to let your temper cool off. You can go out into the garden, when things have gone wrong inside the house, and say anything you want to the roses and hollyhocks and the phlox and the cosmos and the weeds and they never talk back. The man who owns a garden and knows enough to get into it when he should, has few regrets, for he leaves bitter thoughts unsaid.

Horse Coming Back.

Saddlers and others interested in the horse profess to believe the day of the equine is about to dawn again. They point to the fact that saddle horses are frequently seen in Central park and that more horse-drawn vehicles are to be observed on the city streets. Every now and then a landau, barouche or plain, plebeian buggy can be seen in Fifth avenue, while in the outlying districts the horse appears to be again asserting his right to live and be. It is regarded as significant that the bridal party of the recent Vanderbilt-Littleton wedding, the largest wedding noted here in a decade, arrived at the church in a horse-drawn conveyance.—New York Times.

Lawn Means Much to Home.

A well-kept and well-planted lawn is essential for every home. Most anyone can erect a shelter of boards or cement, but some thought must be put into making that shelter a home. Comfort, convenience, and beauty ought to be found there. They are all needed if young people are going to stay long in the home.

Beautifying Home Grounds.

The home needs the help of all the family and should be [illegible] beautiful and convenient. Trees and flowers will [illegible] joy in making the world a [illegible] place to live in. Let the good work go on in the right direction.

Welcome Relief From the Tortures of Rheumatism

Can Come Only From the Proper Treatment.

Many forms of rheumatism are caused by millions of tiny germs that infest the blood, and until the blood is absolutely freed of these germs, there is no real relief in sight.

The most satisfactory remedy for rheumatism is S. S. S. because it is one of the most thorough blood purifiers known to medical science. This fine old remedy cleanses the blood of impurities, and acts as an antidote to the germ of rheumatism.

S. S. S. is sold by druggists everywhere. For valuable literature and advice address Chief Medical Adviser, 107 Swift Laboratory, Atlanta, Ga.

A pickpocket's work is done in a moment of abstraction.

BIG CROPS ASSURED IN WESTERN CANADA

Need of Farm Labor Urgently Required for Harvest.

Rains of the past week which have been general throughout all portions of Western Canada, covering MANITOBA, SASKATCHEWAN, and ALBERTA, have placed beyond all manner of doubt the certainty of vast grain crops throughout the entire district.

Reports from all points indicate marvelous and rapid growth. The conditions of a week or so back, which were decidedly less promising and led many to think that there might be a partial failure, have disappeared altogether and now there is a wave of optimism circulating throughout the entire country.

In 1915 there were enormous yields reported from all parts, and it would appear now as if in many places the yields of 1915 would be equaled if not beaten.

What might appear to be a drawback, is the apparent shortage of farm help. The Province of Manitoba through its Employment Bureau in Winnipeg, is asking for 10,000 harvest hands and over, offering from $5 to $6 per day. The Province of Saskatchewan is asking for 15,000 extra hands to take care of the immense harvest that is certain to be reaped in that Province. In Alberta the crop area is somewhat less, the labor conditions somewhat better, and is making a request for 5,000 extra farm hands.

Interviewing the officials of the different Governments, they are inclined to the opinion that as the crops in Kansas, Nebraska, South Dakota, Illinois and other Central States are harvested there will be a movement northward that will materially help to take care of the labor situation. With the low railroad rates that may be secured on application to the Employment Offices at Winnipeg and at boundary points, or which may be secured through the Canadian Government Offices at Chicago, Ill.; Detroit, Mich.; Milwaukee, Wis.; Kansas City, Mo.; Omaha, Neb.; Des Moines, Ia.; Watertown, S. D.; St. Paul, Minn., and Grand Forks, N. D., will give to those seeking employment the opportunity to reach the harvest fields at a low cost.—Advertisement.

KNEW WHERE HE WAS GOING

Owner Had His Ideas of Further Usefulness of Horse Which Had Seen Better Days.

The most conspicuous part of the horse was his prominent ribs. It was certainly an odd-looking animal. Judging by the usual standard of horses, it was not the pride of any one's stables. But the gipsy who led it evidently had hopes of its doing something, for he appeared anxious to make it move.

"Say, guv'nor," shouted an interested spectator, "you're taking the horse the wrong way. The dog kennels lie in the other direction."

"I know my business best," was the retort, "so don't you talk to me. I'm right for the steam laundry, aren't I?"

"Yes, guv'nor."

"Well, I'm taking 'im there, where he'll prove useful as a scrubbing board."

Fooled Him That Time.

"How did you come to put this poem on the back of a Liberty bond?" asked the editor.

"I was tired of hearing you say my poetry wasn't worth the paper it was written on."—Boston Transcript.

The woman who is a good talker is apt to be a good auditor.

Quickly Corrected.

She (sharply)—I trust you're coming home tonight promptly at 9 o'clock.

He (hesitatingly)—I had thought about 10—

She (interrupting very sharply)—What did you say?

He (quickly)—About ten minutes to nine.

Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview on the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

He Didn't Have to Lie.

Dick had been spending the day with a little playmate, and when his mother called for him he hopped in the machine and settled himself comfortably, saying: "Thank heavens, that's once I didn't have to tell a lie."

His mother asked what he meant, and he said: "Well, you see Mike's mother wasn't home, so I didn't have to say I had a good time, cause I didn't."

Shave With Cuticura Soap

And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses—shaving, bathing and shampooing.—Adv.

MUST STRIVE FOR IDEALS

Highest Type of Citizen Is He Who Is Always Able to See Better Things Ahead.

No citizen will ever come fully into his own until he strives to reach a high ideal. The boy who is satisfied to pamper himself in the hope of reaching the top by magic is doomed to failure. The exceptional happens sometimes. Usually the man who rises is the fellow who dares work and wait and strive against odds. He must not be satisfied with attainment, however complimentary it may be. There are always better things ahead if he is willing to strive for them. He will rise as he adds intelligence to vision, sympathy to character and selfmastery to both. Then he will crown the ideals with faith in God and its resultant faith in his fellow men. He will believe in himself enough to dare the limit and try a dozen times to redeem former failures. He is a citizen who looks upon failure as opportunity and makes them stepping stones to power. The biggest business in the world today is the making of citizens. And the nation with the best citizens will rule the world.

The Real Thing.

"Pa, what is scientific salesmanship?"

"Selling a dress suit to a man who came into the shop to buy a celluloid collar."

A man can't run a 40-horsepower automobile very far on a five-horsepower income.

Cut Down the Sugar Bill

by eating a cereal that contains its own sugar self-developed from grain in making—

Grape-Nuts

As a breakfast or luncheon cereal with cream or milk; or sprinkled over fresh fruit or berries, Grape-Nuts adds to the meal's pleasure—and is economical.

Buy from your grocer.