

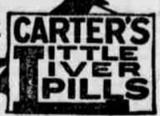
### PAINS NEARLY DOUBLED ME UP

Nothing Helped Me Until I Took Lydia E. Pinkham's Vegetable Compound.

Wyandotte, Mich.—"For the last four years I have doctored off and on without help. I have had pains every month so bad that I would nearly double up. Sometimes I could not sweep a room without stopping to rest, and everything I ate upset my stomach. Three years ago I lost a child and suffered so badly that I was out of my head at times. My bowels did not move for days and I could not eat without suffering. The doctor could not help me and one day I told my husband that I could not stand the pain any longer and sent him to the drug store to get me a bottle of Lydia E. Pinkham's Vegetable Compound and threw the doctor's medicine away. After taking three bottles of Vegetable Compound and using two bottles of Lydia E. Pinkham's Sanative Wash I could do my own housework. If it had not been for your medicine I don't know where I would be today and I am never without a bottle of it in the house. You may publish this if you like that it may help some other woman."—Mrs. MARY STENDER, 120 Orange St., Wyandotte, Mich.

### Clogged-Up Liver Causes Headache

It's foolish to suffer from constipation, sick headache, biliousness, dizziness, indigestion, and kindred ailments when Carter's Little Liver Pills will end all misery in a few hours. Purely vegetable. Act gently on liver and bowels. Small Pill—Small Dose—Small Price.



### SAYS PILES ALL GONE AND NO MORE ECZEMA

"I had eczema for many years on my head and could not get anything to stop the agony. I saw your ad and got one box of Peterson's Ointment and I owe you many thanks for the good it has done me. There isn't a blotch on my head now and I couldn't help but thank Peterson for the cure is great." Miss Mary Hill, 420 Third Avenue, Pittsburgh, Pa.

### VICTIMS RESCUED

Kidney, liver, bladder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking

### GOLD MEDAL HAARLEM OIL CAPSULES

The world's standard remedy for these disorders, will often ward off these diseases and strengthen the body against further attacks. Three sizes, all druggists. Look for the name Gold Medal on every box and accept no imitation.

### Awful Sick With Gas

### Eatonie Brings Relief

"I have been awful sick with gas," writes Mrs. W. H. Person, "and Eatonie is all I can get to give me relief."

Acidity and gas on the stomach quickly taken up and carried out by Eatonie, then appetite and strength come back. And many other bodily miseries disappear when the stomach is right. Don't let sourness, belching, bloating, indigestion and other stomach ills go on. Take Eatonie tablets after you eat—see how much better you feel. Big box costs only a trifle with your druggist's guarantee.

I'll Make Your Old Hats Equal to New with my electrical vacuum system. Write for particulars direct to factory. Bowden, The Hatter, 549 E. 141st St., Bronx, New York.

MAKE UP PROFITS selling Lever Self-Filling Fountain Pens. Special sample 49c. Geo. E. B. 375 E. 9th, Mattoon, Illinois.

### Persistent Coughs

are dangerous. Get prompt relief from PISO'S. Stops irritation; soothing. Effective and safe for young and old. No opiates in

### PISO'S

Use MURINE Night Morning Keep Your Eyes Clean—Clear and Healthy

Write For Free Eye Care Book Murine Co., Chicago, U.S.A. W. N. U., SIOUX CITY, NO. 47-1920.

## Metered Mail Is Next Novelty

New Electric Device Will Permit Business Concerns to Cancel Their Own Output.

### VALUABLE TO LARGE MAILERS

Will Save Several Hours in the Handling of Mail and Will Protect Firms From Loss of Stamps Through Thefts.

Washington.—"Metered mail" is to be the next novelty in the rapidly developing postal system of the country, remarks the Washington Herald. It has received the indorsement of congress and the postoffice department and is scheduled to make its appearance within the next two months.

Metered mail will be sealed, stamped and canceled by the individual owner of a meter. The mail then will be taken to the postoffice and placed immediately upon an outgoing train without necessity of remaining in the postoffice until handled in routine fashion.

Metered mail is provided for in a rider on an agricultural bill passed at the last session of congress. This rider grants to first class mail matter the registered permit privileges now enjoyed by second class mail. Instead of being required to stamp each letter a firm now will have the privilege of obtaining a mailing permit, thus expediting its mail.

Under the postoffice plan, which soon will be in effect, firms will be able to lease postal meters that have been authorized for use by the postal authorities. The local postoffice authorities will register the meter and will issue a permit number to the firm.

Meter Operated by Electricity. The meter will be a rather heavy metallic box, about the size of a lunch box. It will have two small doors which will be locked by the postal authorities and securely sealed. A firm will take the meter to the postoffice and buy a desired amount of postage. The postal authorities will adjust the meter so that it will stamp and cancel just so many letters and no more. The number of letters for which advance postage has been paid will be automatically registered on the lower of the two doors and the postal authorities will keep a record of the amount of postage sold to each meter owner, so that an absolute check may be kept.

The firm will keep the meter at its offices except when it is necessary to buy more postage. The meter will be operated by a small electric motor. The letters will be fed into the meter in batches and will be sealed, stamped and canceled at the rate of 250 a minute. As the letters are handled the meter will automatically record the number of canceled letters on the upper door. The user will adjust the

mechanism of the meter so that the time stamped on the letters will be one hour in advance of the time of delivery of the letters at the postoffice. Help Large Mailers.

The meter, it is expected, will prove of great value to large mailers. In addition to saving time and labor the meter will enable large firms to expedite their mail by at least several hours. The meters will protect firms from loss of stamps through thefts or carelessness and will also give a mark of distinction to the firm's mail, all of which will bear a private permit number, a mark of big business. The metering of the mail also will lighten the work of postoffices and will lessen the number of postage stamps needed, thereby making it possible to reduce government forces and expenses considerably.

Metered mail will not bear regular postage stamps, but merely a permit number.

### TO SEIZE DUKE'S IDLE LANDS

Spanish Peasants Say Luna's Ancestors Stole 25,000 Acres of Fertile Soil.

Huesca, Spain.—The provincial governor has been informed by a delegation representing local peasants that they intend to seize the lands now held by the duke of Luna, contending

## Lot of Balkan Poor Unhappy

Peasants Work From Dawn to Dark and Have Little to Eat Except Corn Bread.

### HALF OF CHILDREN SURVIVE

Homes Are Made Attractive on the Outside, Although They Are Bare of Comforts—Peasants Are Simple and Honest.

Belgrade, Serbia.—To the American visitor accustomed to the ordinary comforts of life it is a constant source of wonder how the peasants and poor of the Balkans can live on the meager food they have. Poor cornbread, supplemented by goat's cheese or ordinary leek or onions, forms the diet of a large part of the village population. This slender regime produces robust bodies, strong muscles and rosy cheeks. The adage that bread is the staff of life finds its best proof here. On the whole, the poor of the Bal-

kan countries have an unusually hard lot in life. Their poverty is practically permanent. Their plight seems to excite little sympathy from those who are well off. There is a calloused indifference to the sufferings of the poor which strikes an American as almost heartless. In few if any of the Balkan states does the government make any provision for care of the poor. This work in the past has been left largely to foreign relief agencies and private charitable organizations.

Eight-Hour Day Unknown. The eight-hour working day so common in the United States is unknown in the Balkan rural districts. The peasant works from sunrise until after dark. He is so bent and weather-beaten that he looks twice his age after thirty. In some cases he belongs to one of the nomadic tribes and leads an existence unknown in the country districts of America. At night one often passes whole wagon loads of them on the road going from town to town. Every man is asleep on his load, and is not disturbed by thoughts of burglars or highwaymen. The peasant removes his hat to everyone better dressed than himself and gets his ox-cart off the road for every automobile. He is a simple, honest, home-loving person with much homely virtue. The peasant women have enormous families of children, only about half of whom survive the rigors of child-life in the extreme conditions that prevail in the Balkans.

Cottages Are Crude. The peasants' cottages are crude structures with thatched roofs and mud walls. But they contrive to adorn them with attractive exteriors and take great pains to produce the utmost decorative effect. This embellishment frequently takes the form of a porch with a small background bearing a border design whose contrasting colors and composition suggest the patterns used by the Navajos of the American Southwest in blankets and carpets.

But while the exterior of the home is attractive, a peep into the interior shows the economic stress under which these people live. There is seldom any kind of food except coarse cornmeal. The cooking utensils are limited to a few home-made pewter pots. The furniture consists of a table and a few rudely constructed benches. The beds usually are upon the floor or upon rough-hewn boards.

Triplets Lived. Wellsboro, Pa.—Tioga county has produced at least one set of triplets that have lived to be more than ten years old. On January 12, 1904, two daughters and a son were born here to the wife of Dennis W. Navie. They were named Dorris, Dorothy and Dennis, and always lived in this community until a few weeks ago, when they became residents of Towanda.

Dennis is an athlete and his sisters are strong, robust, normal girls.

Where Are the Cutters of Yesterday? Greensburg, Ind.—Although corn cutters can average between \$9 and \$10 a day, farmers say they are unable to get labor and the oldtime "cutters" can't be tempted out of retirement.

Twins Marry at Corydon. Corydon, Ind.—A double wedding in which sisters became brides of twins took place here. Elmer O. Schweinhart and Josephine Hall and Emery T. Schweinhart and Elizabeth C. Hall were married.

### Scotch Herring Girls at Work



Scotch herring girls at Scarborough, England, rolling the herring barrels from the deck of a steamer. The herring girls, who understand the curing and packing of the fish, follow the herrings when they migrate south.

### Woman With Rolling Pin Knocks Out a Burglar

New York.—When Mrs. Sophie Petrowsky returned to her home at 108 Bedford avenue after shopping, she discovered a man ransacking her home. Seeing her he rushed out with a bag of loot and she followed, first arming herself with a rolling pin. In the street in front of the house she caught up with him and knocked him senseless with the rolling pin. At the Bedford avenue station the man said he was James Duane, 22, of 108 Bedford avenue, Brooklyn. The police say he has been out of Sing Sing only two months after serving a four-year term for burglary.

The "baby tanks" of the French army have been generally adapted for agricultural purposes.

### Jap Governor for 700 Isles

South Sea Group to Have Executive and Thorough System of Administration.

Tokyo.—The 700 islands of varying size in the South Sea group for which Japan obtained mandatory rights at the peace conference will have a Japanese governor and a thorough system of administration.

The governor at present will remain under the direction of the navy, which has been in control of the islands since their acquisition five years ago. It is possible that later all connections between the navy and the islands will be severed.

The League of Nations council in November is expected to work out a detailed scheme for the application of the principle of trusteeship by which Japan retains her control.

The idea involved in enlarging the scope of civil administration is to establish three distinct administrative

sections of domestic affairs, colonial affairs and police affairs.

### DUTCH STUDY YANK METHODS

Send Officer Observers to Watch Work of United States Army on the Rhine.

The Hague.—The Dutch war department has decided to study American army methods, and with the permission of the United States government has sent a commission of officer observers to the American army on the Rhine.

### Chimes Play a Hymn of Death.

Port Wayne, Ind.—Few understood why the program was changed when Edward F. Yarnelle gave a recital on the new chimes erected in the Presbyterian church tower, but a telephone message from the bedside of a dying woman asked for "The Going Home to Die No More."

Another Royal Suggestion

## Griddle Cakes and Waffles

From the NEW ROYAL COOK BOOK

THERE is an art in making flapjack pancakes, griddle cakes or waffles, call them what you will. But it is an art very easily and quickly acquired if you follow the right recipes. The secret, of course, is Royal Baking Powder.

**Griddle Cakes**

1 1/2 cups flour  
1/2 teaspoon salt  
3 teaspoons Royal Baking Powder  
2 eggs  
1 1/2 cups milk  
1 tablespoon shortening

Mix and sift dry ingredients; add beaten eggs, milk and melted shortening; mix well. Bake immediately on hot griddle.

**Waffles**

2 cups flour  
4 teaspoons Royal Baking Powder  
1/2 teaspoon salt  
1 1/2 cups milk  
2 eggs  
1 tablespoon melted shortening

Sift flour, baking powder and salt together; add milk to yolks of eggs; mix thoroughly and add to dry ingredients; add melted shortening and mix in beaten whites of eggs. Bake in well-greased hot waffle iron until brown. Serve hot with maple syrup. It should take about 1 1/2 minutes to bake each waffle.

**ROYAL BAKING POWDER**

Absolutely Pure

Made from Cream of Tartar, derived from grapes.

**FREE**

New Royal Cook Book containing these and scores of other delightful recipes. Write for it today.

ROYAL BAKING POWDER CO., 114 Fulton Street, New York City.

A man's idea of a silly woman is one who laughs at some other fellow's jokes.

### WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased. Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

### USE "DIAMOND DYES"

Dye right! Don't risk your material in a poor dye. Each package of "Diamond Dyes" contains directions so simple that any woman can diamond-dye a new, rich, fadeless color into old garments, draperies, coverings, everything, whether wool, silk, linen, cotton or mixed goods.

Buy "Diamond Dyes"—no other kind—then perfect results are guaranteed. Druggist has "Diamond Dyes Color Card"—16 rich colors. Adv.

A confidence man has very little confidence in other men.

The upper dog is willing to take the bone and let the under dog have the sympathy.

### ASPIRIN

Name "Bayer" on Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting genuine Aspirin prescribed by physicians for twenty-one years and proved safe by millions. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid.—Adv.

Some men prefer war rather than old bachelorship.

Cuticura for Sore Hands. Soak hands on retiring in the hot sud of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Adv.

In trying to win a girl's heart a man often loses his head.

### Eruptions of the Skin Cause Torturous Itching

If you are afflicted with any form of skin disorder, you are well acquainted with the flaming, burning, itching that these diseases produce.

Skin diseases are caused by an impurity or disorder in the blood, and there is no real and genuine relief within your reach until such impurities are removed.

S.S.S. has given great satisfaction in the treatment of these dis-

orders, because it is such a thoroughly satisfactory blood purifier. It cleanses the blood of all impurities, and thus counteracts the effects of the germs that attack the skin.

Begin taking S.S.S. today, and if you will write a complete history of your case, our medical adviser will give you expert advice without charge. Address Chief Medical Adviser, 158 Swift Laboratory, Atlanta, Ga.

### Many School Children are Sickly

and take cold easily, are feverish and constipated, have headaches, stomach or bowel trouble.



### MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

Used by Mothers for over 30 years

Are pleasant to take and a certain relief. They tend to break up a cold in 24 hours, act on the Stomach, Liver and Bowels and tend to correct intestinal disorders and destroy worms. 10,000 testimonials like the following from mothers and friends of children telling of relief. Originals are on file in our offices:

"I think MOTHER GRAY'S SWEET POWDERS FOR CHILDREN are great. They were recommended to my sister by a doctor. I am giving them to my little three year old girl who was very puny, and she is picking up wonderfully."

"We have used MOTHER GRAY'S SWEET POWDERS FOR CHILDREN at different times for past nine years, and always found them a perfect children's medicine and very satisfactory in every case."

Get a package from your druggist for use when needed. Do Not Accept Any Substitute for MOTHER GRAY'S SWEET POWDERS.