

JOSEPH A. YORK, well-known business man of Portland, Me., who says he feels twenty years younger and has gained sixteen pounds on four bottles of Tanlac. Declares he can now eat three square meals a day.



"I am now able to eat three square meals a day for the first time in two years," was the emphatic statement made recently by Joseph A. York, well-known business man and highly respected citizen of Portland, Maine.

"I am now sixty-nine years of age, and in all my life I have never run across a medicine that I consider in a class with Tanlac. I have just finished my fourth bottle and this medicine has benefited me even beyond my greatest hopes. Besides gaining sixteen pounds in weight, I have been built up and strengthened until I feel all of twenty years younger.

"For the past two years I have been in a miserably run-down condition, and was compelled a short time ago to give up all idea of business as I was too weak to look after anything. I was nervous, worn-out, had no appetite, and suffered most all the time with indigestion. Some days I would eat scarcely anything; in fact I was afraid to eat because I knew I would suffer afterward. Sometimes I had such severe cramping pains after eating that I would almost die. My nerves were all unstrung and the least thing would worry me and I never could get a good night's sound sleep. In fact I just lost interest in everything, and was greatly discouraged over my condition.

"The ordinary treatment failed to do me any good, and as I had read so many statements from people I know here in Portland who had been benefited by Tanlac, I decided to give it a trial. And now I know for myself what it will do, for I have simply taken a new lease on life. I am now able to look after my work as usual, and never feel better in my life. I am able to eat three hearty meals a day and everything agrees with me perfectly. I eat anything I want and never feel a touch of indigestion. I never thought there was a medicine that could do me so much good, and I am only too glad to have the facts about my case given to the public."

Tanlac is sold by leading druggists everywhere.—Adv.

Jud Tunkins.

Jud Tunkins says he can't understand why some people think it's any kind of a comfort to explain to a man that his troubles are his own fault.

CREAM FOR CATARRH OPENS UP NOSTRILS

Tells How to Get Quick Relief from Head-Colds. It's Splendid!

In one minute your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more hawking, sniffling, blowing, headache, dryness. No "struggling for breath at night; your cold or catarrh will be gone.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh.—Relief comes so quickly.—Adv.

Sure Sign.

If a man can operate a cash register with sore fingers and never feel the pain he is the proprietor of the place.—Toledo Blade.

The Cuticura Toilet Trio.

Having cleared your skin keep it clear by making Cuticura your every-day toilet preparations. The soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and perfume. No toilet table is complete without them. 25c everywhere.—Adv.

Very Seldom.

Elder McTavish—"Weel, Donald, an' hoo's the world trenting you?" Donald—"Verra seldom, Mr. McTavish."

Many a man thinks he is choosing a wife when the privilege is all hers.

MURINE Night and Morning. Have Strong, Healthy Eyes. If they Tingle, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. **Murine Eye Remedy Co., Chicago**

NEBRASKA IN BRIEF

Timely News Culled From All Parts of the State, Reduced for the Busy.

SCORES OF EVENTS COVERED

Prairie hay is selling at Callaway for \$5 a ton.

Several deaths from scarlet fever have been reported at Grand Island.

A unit of the Gage county farm bureau has been organized at Clatonia.

The Buffalo county fair will be held at Kearney August 30 to September 2.

The State Bowlers' Association will meet at Lincoln, March 26th to April 1st.

The district convention of the state Kiwanis clubs will be held in Omaha April 14.

Levels are being taken for Arapahoe's first paving project and a sewage system.

The Ord schools are arranging an extensive exhibit of school and industrial work.

Miss Helen Tracy of Pawnee City is dead of blood poisoning caused by a carbuncle on the lip.

Drs. J. Jones and R. G. Cressman have been appointed members of the pension board at Hastings.

Rev. W. C. Kelley of the M. E. church at Geneva has accepted a call to the pastorate at Cambridge.

The \$90,000 school bonds recently voted by the Morrill school district are to be offered for sale shortly.

A. V. Pease, for 42 years in business in Beatrice, has sold out and will devote some time to travel and rest.

Rev. W. P. Hieronymus, A. B. Columbus, O., has accepted the call to the presidency of Hebron academy.

Mrs. Mollie Mead, wife of Ed Mead, chief of the Hastings fire department, committed suicide by taking poison.

Albert Roberts, a 15 year old Wymore lad, had his right leg broken, when he was thrown from his horse.

An auto line will soon be established between Plattsmouth and Omaha, making regular trips at frequent intervals.

Driven by overstudy to a mental stage bordering on insanity, Irvin Adams, of Morrill, is in restraint at Hastings hospital.

Citizens of the Hastings neighborhood have organized the Adams county agricultural society, and will have a fair the coming fall.

Fruit growers around Auburn say that there never was better prospects for all kinds of fruit, including peaches than there is at present.

The Ainsley city council will not grant a license to an open pool hall, consequently there are several such places in town run as clubs.

L. A. Morris of Aurora burned his hand severely when a can of roof cement he was opening caught on fire from spontaneous combustion.

The 50th anniversary of the founding of the First Congregational church at Crete was celebrated last week by a banquet in the church basement.

A broken knee cap was sustained by Henry Dickman of Plymouth, when his horse ran away and kicked him through the dash board of his buggy.

Harrison is making preparations to open up oil industries in a short time on an extensive scale. Some of the drilling machinery is already in place.

The Nebraska grand lodge, A. O. U. W., through John Stevens, grand master workman, has offered to buy the recently issued school bonds of Oxford.

Maurice Wilson, Pawnee City high school student, was badly burned on the hands and about the face when the gasoline tank in his automobile exploded.

The first test boring made on the site of the proposed new capital at Lincoln, to determine soil conditions and the depth necessary to go in order that the building rest on solid rock, has been completed without finding rock.

Secretary of State D. M. Ainsberry, who suffered a slight stroke of paralysis a few weeks ago, is fast gaining strength, but his physicians have recommended that he remain quiet and leave his duties alone for a while.

The new Orpheum theater at Scottsbluff, ground for which was broken last week, will not only be the finest in Nebraska in many respects, but will also have few superiors among theaters of similar size in the country. It will cost in the neighborhood of \$150,000.

Oscoda is taking under consideration the advisability of installing a municipal electric light and ice plant.

Two hundred fires in Nebraska during December and January cost two lives and did nearly \$250,000 worth of damage, according to the March bulletin of State Fire Marshal C. E. Hartford.

While tending a power driven sausage machine in his butcher shop at Ravenna, Joe Smerda slipped, and in trying to right himself struck his right hand into the blades which lacerated and maimed the fingers so that it was necessary to amputate them.

Fifteen automobiles were wholly or partially destroyed in a fire at Omaha, originating in a clothes closet.

Ten head of horses, four cows and several hogs and a large quantity of hay and grain were lost when the barn on the Craighead farm near Albia burned down from some unknown cause.

Early steps will be taken to have work commenced on the extensive improvement of the municipal water-works system in Redfield, in accordance with the result of a special election a few days ago, when bonds of \$125,000 were voted for the purpose.

The golden wedding anniversary of Mr. and Mrs. G. S. Wallace was celebrated at their home in Exeter last week.

Several acres of spring grain have already been planted in the vicinity of Callaway, and the ground is said to be in excellent shape.

A mother and daughter banquet was held at the Methodist church at Fairbury one evening last week, plates being laid for over 300.

Quick work on the part of the local fire department saved the Burlington depot of Morrill when fire broke out under the floor of the freight room.

More cattle were received at the South Omaha market last Monday than at any other of the western markets. There were 230 cars—about 6,000 head.

Yegmen broke into five business houses at Edison, but their efforts did not yield much reward. These were the second events of the kind inside a week.

Ozallala will hold her annual round-up and mid-west shows July 4 to 6. It is aimed to make the events the most stupendous in the history of that community.

Capt. A. M. Trimble, 82, died suddenly at his home in Lincoln. Captain Trimble at one time was department commander of the G. A. R. in Nebraska.

Henry Koenig dropped dead at the farm of his brother near Columbus. He had just left the house to do the milking when overcome by an attack of apoplexy.

A slipping tackle, hoisting stone cornice on the new Gering court house, let a block of stone fall, and Herman Sorereseri, a workman, had his right hand badly crushed.

The Wheat Growers' Association of America will soon begin a campaign to get farmers to contract to sell their wheat through the association for five years in Phelps county.

To Saline county went the honor of topping all other counties in the United States in the "Better Sires, Better Live Stock" campaign for the quarter ending January 1, 1921.

Dr. C. C. Cone has recently stocked his farm on the Republican river in the north part of Furnas county with pheasants, which were received from the state game warden.

Preparations are being made to care for about 4,000 teachers who are expected to attend the meeting of the state association, which will be held in Omaha, March 31 to April 2.

Fire of undetermined origin totally destroyed the Catholic church at Emerson. But few of the furnishings were saved. It is thought that a short circuit or defective flue caused the blaze.

"Beer is dead, and can never come back in Nebraska," said United States District Attorney T. C. Allen, when questioned as to the legality of brewing beer under the recent Palmer decision.

The large statue of Abraham Lincoln presented to the Nebraska City high school by the class of 1920, has arrived and will soon be placed in position. The statue is seven feet and two inches in height.

Mrs. Wallace Pitt, residing near Harrison, recently gave birth to her eighteenth child. This was the first girl, the remainder being boys. Eleven are living. Mrs. Pitt holds the record family in western Nebraska.

Dr. B. L. Paine, a resident of Lincoln for forty-two years and at one time candidate for governor of Nebraska on the prohibition ticket, died Sunday in his rooms in a Lincoln hotel following a stroke of paralysis suffered last week.

The seventh annual state high school judging contest will be held at the College of Agriculture at Lincoln April 2. The contest is staged jointly by the College and State Department of Vocational Education and is open to all high schools.

If the plan of the government to publish the names of slackers who dodged the draft is carried out, the names of 176 on the Gage county black list will be given to the public, according to Deputy County Clerk J. C. Emery, who served as executive head of the exemption board.

In order to encourage poultry raising and the marketing of a better quality of products, several of the large produce companies of the state have agreed to pay a premium for high-grade eggs. Eggs that measure up to the quality outlined by the State College of Agriculture as Nebraska Extra Firsts will command a price within 5 cents of the New York price for Fresh Gathered Extra Firsts, on the day of delivery at Grand Island, Crete, Omaha, Lincoln and other central points.

John Berg, a farmer living near Florence, was shot and instantly killed when he walked into a gun trap which he had set in his hen coop.

From the funds of the Ravenna Red Cross and Canteen Workers that place will be presented with a large bronze tablet, with the names of all world war men who enlisted from there.

The Grand Island chamber of commerce has made appropriation for the purchase of a loving cup to be given to the American Legion basketball team winning the state championship in the state contest to be held in that city March 21 and 22.

According to O. M. Swanson, who brought two cars of cattle to South Omaha from Frontier county for market, the number of cattle raised in that section of the state has been decreasing steadily for the past two or three seasons, and at present quite a shortage exists.

A two-car shipment of 1,205-pound steers which Pete Clausen of Bloomfield shipped to South Omaha last week, sold at \$9.00, top for the day on full loads. The cattle were bought as calves a year and a half ago, and had been on feed five and a half months.



CORN-AIDS DAIRY COW FEED

Producers Ignore Its Cheap and Nutritious Food—Produces Heat, Energy and Fat.

(Prepared by the United States Department of Agriculture.)

With well-fitted corn cribs on many farms, and relatively low prices prevailing this year, it is time, says a feeding specialist from the dairy division, United States Department of Agriculture, that correction should be made of the impression found in certain localities that corn is not good feed for dairy cows. Certain recent inquiries on this subject indicate that the use of corn in the dairy ration is not understood by all dairymen; and it is hoped that a correction of this impression may lead to a greater utilization of the large 1920 crop for dairy-cattle feeding.

"When it is fed for a definite purpose, with a complete knowledge of its limitations, as well as its true worth, corn is one of the best and cheapest grains we have that can be used for the economical production of milk," says the feeding specialist. "Some dairymen avoid feeding it altogether, on account of the mistaken idea that it is not suited to a cow producing milk. This is because it is so generally used for fattening both hogs and cattle, and because it has not been successful when used alone for dairy cow feeding."

The function of corn in the ration is to furnish the animal with material for producing heat, energy, and fat; but is rather low in protein and deficient in ash. When fed alone, it does not supply largely the nutrients which

make bone, muscle, hair, and the casein in milk. Consequently, in compounding the grain ration it is necessary to add to corn some feed which is high in this substance, such as bran, linseed meal, or cottonseed meal. Bran is useful because it not only lightens the ration, but helps to balance it. Corn-and-cob meal is largely used in feeding dairy cows, and it has one advantage over corn meal in that it is more bulky, although not so palatable. Usually, when corn forms a large portion of the grain ration, protein also should be supplied by feeding some leguminous hay, such as alfalfa or clover, for the roughage in the ration.

Since corn can be grown on most dairy farms, supplies energy in a cheap form, and is palatable; and since, when it is made into silage, it provides the cheapest and most efficient form of succulence, every dairymen should have the information that will enable him to make corn the basis of a successful ration for economical milk production.

BACTERIA CAUSE SOUR MILK

Most of Tiny Organisms Are Not Only Harmless, but Positively Beneficial to Milk.

Milk, as it leaves the cow's udder, contains bacteria. If the cow is dirty and there is loose hay around, dust from the cow's body and the hay settles in the milk-pail, and this dust is swarming with bacteria. As soon as they reach the warm milk they commence to multiply, and in a few hours they may have increased until there are millions to the teaspoonful of milk. It is these bacteria that cause milk to sour, but most of them are not only harmless, but positively beneficial.

EXCELLENT AS FORAGE CROP

Cowpea Will Thrive on All Types of Arable Soil and Requires Very Little Attention.

For feed the cowpea is especially valuable, specialists of the United States Department of Agriculture say, because it will grow on all types of arable soil, requiring little attention and producing most excellent forage. In addition, it is of great value as a green-manure crop to increase the humus and the nitrogen content of the soils upon which it is grown.



Corn and Soybeans Grown for Silage—A Good Mixture for Dairy Cattle.

RUB RHEUMATIC PAIN FROM ACHING JOINTS

Rub Pain right out with small trial bottle of old "St. Jacobs Oil."

Stop "dosing" Rheumatism. It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacobs Oil" right on the "tender spot," and by the time you say Jack Robinson—out comes the rheumatic pain and distress.

"St. Jacobs Oil" is a harmless rheumatism liniment which never disappoints and doesn't burn the skin. It takes pain, soreness and stiffness from aching joints, muscles and bones; stops sciatica, lumbago, backache and neuralgia.

Lambs up! Get a small trial bottle of old-time, honest "St. Jacobs Oil" from any drug store, and in a moment, you'll be free from pains, aches and stiffness. Don't suffer! Rub rheumatism away.—Adv.

Saving Up.

Friend—"Is your husband saving up for a rainy day?" Wife—"He's a perfect Noah! He's saving up for the flood."

Garfield Tea stimulates the liver, corrects constipation, cleanses the system and rids the blood of impurities. All druggists.—Adv.

The holdup man is in the imperative mood when he requests you to "stand and deliver."

Impossible. "Does your husband give you all the money you ask for?" "Oh, no, he's not rich enough."

Kill That Cold With HILL'S CASCARA QUININE BROMIDE AND La Grippe

FOR Colds, Coughs AND La Grippe

Neglected Colds are Dangerous

Take no chances. Keep this standard remedy handy for the first sneeze. Breaks up a cold in 24 hours—Relieves Grippe in 3 days—Excellent for Headache

Quinine in this form does not affect the head—Cascara is best Tonic Laxative—No Opium in Hill's.

ALL DRUGGISTS SELL IT

Eruptions of the Skin Cause Torturous Itching

If you are afflicted with any form of skin disorder, you are well acquainted with the flaming, burning itching that these diseases produce.

Skin diseases are caused by an impurity or disorder in the blood, and there is no real and genuine relief within your reach until such impurities are removed.

S.S.S. has given great satisfaction in the treatment of these disorders, because it is such a thoroughly satisfactory blood purifier. It cleanses the blood of all impurities, and thus counteracts the effects of the germs that attack the skin.

Begin taking S.S.S. today, and if you will write a complete history of your case, our medical adviser will give you expert advice without charge. Address Chief Medical Adviser, 158 Swift Laboratory, Atlanta, Ga.

What to Do for SICK HEADACHE

Take a good dose of Carter's Little Liver Pills—then take 2 or 3 for a few nights after. A few doses restore your organs to their proper functions and the Headache and the causes of it pass away. In the same manner they regulate the Bowels and prevent Constipation. Genuine bear signature—Bentley. Small Pill; Small Dose; Small Price

Nebraska Directory

DR. TODD DENTIST
4th Fl. Barker Bldg., 15th and Farnam Sts., Omaha, Neb.

PLEATING
Omaha's reliable firm of hemstitching, pleatings of all kinds, braiding, hand embroidery, button making, edging—free catalog. Out of town orders given prompt attention.
See across from Pleating and Bates Co., 410 Farnam Block Omaha, Neb.

Poultry Supplies
Chick waterers, hoppers, boxes, incubators, thermometers, egg boxes, baskets, shipping supplies, etc. Western Box & Basket Co., 340 Cummings St., Omaha, Neb.

6% Dividends Payable Quarterly
For information and circulars write, OCCIDENTAL BLDG. & LOAN ASSN., 322 S. 18th Street, Omaha, Neb.

Drugs By Mail

At the Long-Established Sherman & McConnell Drug Co. Mail Order Department 19th and Farnam Sts., Omaha, Neb.

44 Acres Five Miles North of Omaha, Neb.
High rolling land; seven acres orchard; one acre in blackberries; balance in corn this year. Improvements: A square two-story modern style house with bathroom, extra good barn, granary, corn crib, wagon sheds, fine cave, well, windmill and water system from reservoir on hill. Price \$100 per acre; \$2,500 cash down, balance we would try to arrange to suit purchaser. Would take \$1,500 Omaha home as part pay. O'KEEFE REAL ESTATE CO., Realtors, 1018 Omaha National Bank Building, Douglas 2715.

CHIROPRACTIC
LEE W. EDWARDS M. D., D. C.
New Location: Southwest Cor. 24th and Farnam
OMAHA'S PIONEER

BE A NURSE

Exceptional opportunity at the present time for young women over sixteen years of age who have had at least two years in high school to take Nurses' Training in general hospital. Our graduates are in great demand. Address Supt. of Nurses, Lincoln Sanitarium Lincoln, Nebraska

DR. G. D. SHIPERD and Associate Dentists
who have been with him for years now located
Sixth Floor Security Building
16th and Farnam Sts., Omaha

Demand Petersen & Pegau's TIP TOP BREAD

MADE IN OMAHA

This famous bread is the leading seller in 458 cities and towns throughout Nebraska, Iowa, Missouri, South Dakota, Kansas, Colorado and Wyoming. Shipped fresh daily from our great sunlight bakery at Omaha.

Demand It From Your Dealer — Dealers Demand It for Your Trade
PETERSEN & PEGAU BAKING CO., OMAHA, NEBRASKA