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we must lend our practical aid that these hopes may be realized. Statistics tell us, that from 80 to 90 per cent of all the crimes committed is on account of Intemperance. St. Chrysostom has well described the effects of Intemperance; "Paleness, weakness, laziness, folly." Pale, hanging cheeks, red ulcered eyes, trembling hands, furious dreams, restless, distracted sleep: like murderers and persons of an affrighted conscience, so broken, so sick, so disorderly are the slumbers of the drunkard, who wakes to misery. Show me a temperate man and I will show you a prudent man;—likewise a virtuous man; a prosperous man; show me a temperate man and I will show you a being who is an honor to his country and an ornament to society in general—I will show you a wise man. For intemperance is the root of folly; the seed of madness; the poison spring of unbelief; the stream where each virtue drowns herself; intemperance is the cloud of fleshy vapor, which rises over and darkens all the soul. The heat of drunkenness is the stumbling block of the soul, lessening strength and causing wounds. "Look not thou;" says the wise man, "on the liquor when it is yellow, when it sparkleth in the glass: it goeth in pleasantly, but in the end it will bite like a snake, and spread abroad poison like a basilisk." From these words of wisdom learn to see that danger lies even in the idea abroad, that strong drink strenghtens. Never was there a more fatal error. Hence we must prevent, as much as possible, by advice and example, its terrible influence. If care were taken to instill the principles of temperance into the minds of our youth, either by their parents at home or by their teachers at school, our young men would never drink to excess. But if we sow corruption, says St. Paul, we shall reap corruption. The conviction, formed and nurtured in childhood, that rum poisons more than Pestilence, slaves more than Famine and slaughters more than War, this conviction would grow stronger as years roll by, until the aversion to the use of rum would become an instinct, a second nature. Yes, we must begin with the children, we must instruct our youth by word and example as to the fatal consequences of their yielding to the allurements of the poisonous