

### CONSTIPATION RELIEVED

**PRICE 25 Cts.**

Mailed postpaid on receipt of price

You can't have a beautiful complexion if your blood is impure or if you suffer with indigestion or any stomach or liver ailment.

Munyon's Paw-Paw Pills regulate the bowels, correct indigestion, constipation, biliousness, torpid livers, jaundice, sallow and dull complexions. They purify the blood and clear the skin of pimples, sores and most eruptions.

One pill is a gentle laxative; two pills a thorough physic. They do not gripe, they do not weaken. Price 25c.

MUNYON'S REMEDY CO.,  
53rd and Jefferson Sts., Phila., Pa.

### BLINDNESS NO HANDICAP.

Sightless Explorer Goes Around the World Without Assistance

The recent refusal of a railway booking clerk to issue a ticket to a blind man who was unaccompanied by a guide would have sounded rather ridiculous to James Holman, the famous "blind traveler."

Although absolutely sightless, this remarkable man visited, very early in the last century, almost every place of note in the world, and throughout his wanderings he was quite unattended. Yet he never met with any serious mishap, says Pearson's Weekly.

His energy and adaptability were marvelous. He scaled lofty mountains, forded broad and rapid streams and crossed in safety sandy deserts that taxed to the utmost the powers of normally constituted individuals.

Naturally he met with many adventures, some of which he incorporated in a most interesting volume, now long out of print and very rare. At one time he was traveling in the wilds of Eastern Siberia, driving his own sleigh, which he picked out each morning from a number of others and harnessed himself. This was reported to the Russian governor, who ordered him to be arrested and deported as a spy, believing his blindness to be assumed.

He was probably the only male European who has ever been conducted over an Oriental seraglio, an experience which befell him not once only, but on three occasions. This was done to gratify the curiosity of the dusky beauties of the harem, who were glad to be able to see and converse with an educated white man without losing caste by being seen in their turn.

Many other blind travelers have since made similar extended tours, and one of them, Dr. Louis Sheppard, has recently beaten all records by going twice around the world, covering, in the course of sightless wanderings, over 100,000 miles. But then of course traveling is not now the difficult and dangerous business it was in Holman's times.

### SHORT METER SERMONS.

Center of All Things.

Jesus Christ is both the condemnation of what we are and the promise of what we can be. He is the center of all things, and the final interpretation of the universe.—Rev. R. M. Little, Presbyterian, Pittsburg.

Art of Living.

The greatest thing in living is in knowing how to get along with other people. The highest state of happiness can only come from the most perfect companionship.—Rev. W. B. Hurd, Boston.

Personal Success.

Our personal success in work for God depends much upon our methods for we have to deal with men as we find them and not as we should desire them to be.—Rev. George Adams, Methodist, Brooklyn.

Need of To-day.

The need of to-day is a creed with a God in it big enough to worship with all your heart and soul and strength. The main postulate of our creed must be, "I believe in God, the Father Almighty."—Rev. Murdoch McLeod, Presbyterian, Tacoma.

Dumb Need.

Need is never so desperate as when it is dumb. It is never so apparent to His pity as when shut up in the soul of some speechless man.—Rev. James M. Barkley, Presbyterian, Denver.

Christianity's Failure.

If Christianity fails as a world power it will fail because the individual fails as a Christian to incarnate in his life the spirit and life of his Lord—which means that he fails to be a Christ man.—Rev. L. O. Rotenbach, Presbyterian, Brooklyn.

Humility.

To serve is not mean. It is Christ like. It is not to cringe. No gentle man in Rome in the old days ever thought humility a virtue. Humility was left for slaves to cultivate.—Rev. Statom, Presbyterian, Coeur D'Alene, Idaho.

Knowledge of God.

That knowledge of God which is yours and mine if, with all our hearts we seek it; if we will only give His spirit fair play with our spirit with open heart and conscience to receive His guidance and teaching.—Rev. George A. Smith, Presbyterian, Glasgow.

Loyalty.

The noblest word in the catalogue of social virtues is "Loyalty." That in involves obedience, and Christian obedience means doing the common necessary tasks of life in the spirit of Christ, which is the spirit of love and sacrifice.—Rev. Harris G. Hale, Congregationalist, Brookline, Mass.

Singing About.

The best time and place to hear a melody of national airs is sailing day on the pier of a steamship bound for some European port that is a distributing center for the entire continent. Many persons seem to think that persons going to Europe or returning therefrom should be sped on their way or welcomed home by an outburst of song. Accordingly, when the musically inclined hear of friends who are about to embark they repair to the pier in large numbers and among their adieux. The international concert is frequently amusing as well as confusing. Here a band blares out the German national anthem, there representatives of a singing society shout some other tune of the fatherland, while in a dozen other different places a dozen other groups of stay-at-homes sing or play a dozen other airs of other countries. It is all very inspiring, very cosmopolitan, and makes the bustle on the piers of the ordinary conservative steamship lines seem like mere Sunday school quiet.

The Safe Course.

This clerk may have been impudent, but no doubt the customer smiled in spite of herself. The story is told by a writer in the Christian Guardian.

"How do you tell bad eggs?" asked the young housewife.

"I never told any," replied the grocery clerk, "but if I did have anything to tell a bad egg, I'd break it gently."

A boy hates to have visiting women kiss him; it makes him ashamed, and the other boys hear about it, and laugh at him.

What most churches need is ministers who are able to waken men.

### A CRUMB OF BREAD.

Its Effect on the Tip of a Vivacious Woman's Nose

"Isn't it terrible," said the society woman, "what a tiny thing can prove a tragedy to poor, self vaunting mankind! A speck almost invisible in the eye of an athlete may disempower him utterly and render him as helpless as a baby. And a lost hairpin or the breaking of a buckle may transform the most smartly groomed woman into an object of amusement to all observers."

"At a dinner I attended not long ago a lady sitting opposite me lodged in some inexplicable manner a large crumb of bread directly on the end of her nose without being conscious of the fact, and there it remained. The ludicrous effort was beyond the power of words to describe or of human risibles to resist. She is an extremely vivacious woman, generous with smiles and little bows and motions of her head, and as she chatted gayly with those about her it was impossible for us to restrain our unseemly mirth. Naturally she thought this was caused by her remarks, and she continued to toss off jests with a lightsome air. We were all in agony, but no one summoned courage to tell her, each of us preferring to leave that kindly act to another. After a time she addressed a remark to her husband, who sat next to her and had been devoting himself to the lady at his other side. He turned to look at his wife, and in an instant a clever touch of his napkin removed the disgusting fragment, but I can never forget it as long as I live."—New York Press.

### ARM AND GARDEN.

remedy is to keep all dropped apples picked up and destroyed. If possible, make a sheep pasture of your orchard.

The fly likes shade, and for that reason raspberry or currant bushes under your trees will encourage its work. Spraying will do little or no good, for we can not reach the fly at its work, nor the egg that is thrust through the skin.

Potato Cultivation.

Most farmers do not cultivate their potatoes the most profitable number of times. It must be remembered that the potato crop suffers from drought, and that frequent cultivation is practically the only means by which moisture can be conserved. Frequent cultivation also sets free much plant food that would otherwise remain locked up in the soil. Potatoes should be cultivated once a week from the time the rows can be followed until the cultivator wheels injure the plants. An ordinary shovel or cultivator is probably the most practical. More and smaller shovels would be better in a clean, mellow soil. The wheels must be set close together for corn, so that they will not run on the rows until the plants become quite general. Level culture should be the general aim, or the slight riding for its aid in controlling the weeds in the row. The first cultivation may be deep and fairly close if there is plenty of moisture in the soil. It cuts off some of the roots, but at this stage does more good than harm by loosening the soil up deeply, and thus leaving it in better condition for the future growth of the tubers and the roots.

After the first cultivation the shovels should always be run shallow, about two or three inches deep, never deeper. Sometimes it is observed after the farmer has cultivated the last time and filled up or "laid by" the crop.—Journal of Agriculture.

An Everlasting Cement Tank.

A cement tank may be built in any desired form—round, square or oblong—and of any size to suit the purpose for which it is intended. Dig a trench in the soil to eight inches deep or down to solid earth, making it about twelve inches wide. Fill this with concrete, using a yard of gravel to a barrel of cement. Thoroughly mix the two while dry. When put in place, moisten and tamp down solid.

For the bottom of the tank make a floor six inches thick, and of the same material as laid on well settled, solid earth. Then build the walls of the tank, making them ten inches thick at the bottom and six inches at the top. Wooden forms will have to be used for this purpose. Each layer of concrete should be well tamped down to insure making the walls solid. Just before the concrete hardens, put a coat of cement—one part of cement to two of sifted sand—on the walls, both inside and outside and on the floor.

While building the walls re-enforce them with No. 4 wire placed from eight to fourteen inches apart, according to the distance from the bottom and height of the tank. Old fence wire will answer the same purpose if more strands are used. A pipe provided with a valve should be placed in the floor of the tank and connected with the drain underground to provide for cleaning. An overflow pipe should also be placed near the top and be connected with the drain tile leading from the bottom.—Kansas Farmer.

Corn Cultivation.

In many sections this summer the weather has been so wet that the cornfields are beginning to look weedy, and it will require active work to keep the weeds from choking out the corn. The Chicago Trier Ocean.

When corn is small and the soil dry young weeds are easily killed with the harrow and harrowing is one of the best ways of cultivating young corn when the soil is red dry and likely to stay dry for some time. So long as the soil remains dry keep the harrow going just as long as it can be used without tearing out the corn. However, when the soil becomes filled with water and packed by heavy rains the shovel cultivator is the best tool to use for young corn, as it will cover up more weeds and loosen up the soil for the air to reach the roots of the growing plants.

There corn is planted one way and no cross cultivation can be done weeds can be taken out between the hills of corn by making the team walk slow and moving the handles of the cultivator in and out between the hills. With a little practice at manipulating the shovel by means of the handles a good man can literally hoe the corn and do it better than by hand, since the cultivator tears the weeds out with the roots, while the hoe only cuts them off, to quickly sprout up again.

When there are no weeds to kill in the corn we aim to let the shovels run only two or three inches deep and let the team walk as fast as it will. The fenders down so that the wheels are not thrown on the corn plants, but only the finest soil reaches them. As the corn grows larger at subsequent cultivations the fenders are gradually raised and more dirt put to the corn.

Many men in cultivating corn, either with the cultivator or harrow, are extremely afraid that all of the corn will either be pulled up or covered up. Get this worry out of your mind. Small corn covered up, if not with too big a clod, will almost invariably push its way out and grow without harm. In harrowing corn we never pay any attention as to whether it is piled up or covered up. Two days after harrowing the field will look just as thick with plants as it did before the harrowing. It is similarly true where the two-horse cultivator is used.

### Value Painted On.

Well painted in value added whether the house be built for one thousand dollars or ten thousand. Well painted means higher selling value, and higher occupying value—for there's an additional pleasure in living in the house that is well dressed.

National Lead Company have made it possible for every building owner to be absolutely sure of pure white lead paint before applying. They do this by putting upon every package of their white lead their Dutch Boy Painter trademark. That trademark is a complete guarantee.

National Lead Company assist in making the right use of the right paint by sending free upon request to all who ask for it, their "Houseowners' Painting Outfit No. 49." This outfit includes a book of color schemes for either exterior or interior painting, a book of specifications and an instrument for detecting adulteration in paint materials. Address National Lead Company, 1992 Trinity Building, New York City, and the outfit will be promptly sent to you.

The use of wind motors as generators of electric power is greatly on the increase in Denmark.

### MAKING AMERICANA.

Outside the big public school 147, on Henry and Gouverneur streets, the other day, several thousand alien mothers stormed the gates and scolded the police and shrieked for their children. It was an hour of hysteria.

Inside the building the children were marshaled to their classrooms, where the habit of order asserted itself. Sixty boys, constituting the police force of No. 147, took the situation in hand, some of them guarding the yard from intrusion, while others sallied through the gates to reassure the hysterical women. Within ten minutes the disorder was over. Eventually such mothers as insisted that the others had gone away were taken to various rooms to see their children at work.

Nowhere else in the United States is an event possible just like this at No. 147. The shrieking mothers outside the school, the quiet children in the classrooms, the steady-voiced monitors at their appointed work of restoring peace and order—these went in their several ways to form the most striking spectacle possible these days of a new American in the making.—New York World.

### BABY HORRIBLY BURNED.

By Boiling Grease—Skin All Came Off One Side of Face and Head

—Thought He Disfigured for Life

—Used Cuticura—No Scar Left

"My baby was sitting beside the fender and we were preparing the breakfast when the frying-pan full of boiling grease was upset and it went all over one side of her face and head. Some one wiped the scald with a towel, pulling the entire skin off. We took her to a doctor. He tended her a week and gave me some stuff to put on. But it all festered and I thought the baby was disfigured for life. I used about three boxes of Cuticura Ointment and it was wonderful how it healed. In about five weeks it was better and there wasn't a mark to tell where the scald had been. Her skin is just like velvet. Mrs. Hare, 1 Henry St., South Shields, Durham, Eng. March 22, 1908."

Putter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston.

In Paris there are thirty-two miles of underground railways, which carry 35,000 passengers a day. Twenty-five miles more road are under consideration.

### CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Watson*

English Dialect to Pronounce.

The difficulty of English for strangers does not lie in its orthography, but in its pronunciation. Abroad, people will constantly say that they can read and write English readily while unable to utter a word or to understand a word of the spoken language; as, of course, vice versa, a great many English and Americans can read and write French long before they can understand, or make themselves understood; the other languages are just as difficult for them to pronounce as English is for others. The only difference is that English stands alone with its system or lack of system, of pronunciation. When a Frenchman knows how to write German, he is at the same time able to speak the language, if not beautifully, at least so as to be understood; the same holds for a German speaking French.—Prof. Albert Schinz, in the North American Review.

Choose Your Words.

A lady who was very plain-looking called on a friend.

"This friend's little girl came into the room and her mother introduced her.

"But, mamma, isn't she awfully homely," said the "young hopeful."

"Why, Laura, you mustn't say such things; it isn't polite."

"I meant it only as a joke."

"But, dear, how much more of a joke it would have been if you had said 'how pretty she is.'—Success Magazine.

### FREE TO YOU—MY SISTER

Free to You and Every Sister Suffering from Woman's Ailments.

I am a woman. I know woman's sufferings. I will mail, free of any charge, my home treatment with full instructions to any sufferer from woman's ailments. I want to tell all women about this cure—your reader, for yourself, your husband, your mother, or your sister. I want to tell you how to cure yourself from the backache, the headache, the neuralgia, the indigestion, the constipation, the nervousness, the depression, the weakness, the loss of sleep, the loss of appetite, the loss of strength, the loss of color, the loss of vitality, the loss of beauty, the loss of health, the loss of happiness, the loss of peace, the loss of joy, the loss of life.

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