GIRL COULD NOT WORK

How She Was Relieved from Pain by Lydia E. Pinkham's Vegetable Compound.

Taunton, Mass.—"I had pains in both sides and when my periods came I had to stay at home from work and suffer a long time. One day a woman came to our house and asked my mother why I was suffering. Mother told her that I suffered every month and she said, 'Why don't you buy a bottle of Lydia E. Pinkham's Vegetable Compound?' My mother bought it and the next month I was so well that I worked all the month without staying at home a day. I am in good health now and have told lots of girls about it."—Miss CLARICE MORIN, 22 Russell Street, Taunton, Mass.

Thousands of girls suffer in silence every month rather than consult a physician. If girls who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion would take Lydia E. Pinkham's Vegetable Compound, a safe and pure remedy made from roots and herbs, much suffering might be avoided.

Write to Lydia E. Pinkham Medicine Co., Lynn, Mass. (confidential) for free advice which will prove helpful.

How to get rid of eczema with

Resinol

Resinol Ointment, with Resinol Soap, usually stops itching *instantly*. It quickly and easily heals distressing cases of eczema, rash or other tormenting skin or scalp eruption, and clears away pimples, redness, roughness and dandruff, even when other treatments have been useless.

Physicians have prescribed the Resinol treatment for over 20 years, for most forms of skin troubles, and for irritations, wounds, chafings, etc. Every druggist sells Resinol Ointment and Resinol Soap.

It is easier for the modern girl to knit her browns than darn her hose.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

Many a man is honest because a good opportunity to be otherwise never knocked at his door.

Didn't Make Good.

"I hear De Hamm has left vaudeville."

"Yep—to its fate."

LADIES CAN WEAR SHOES
One size smaller after using Allen's Foot-Ease, the antiseptic powder for the feet. Shaken into shoes and used in foot-bath, Allen's Foot-Ease makes tight shoes feel easy, and gives instant relief to corns and bunions. Try it today. Sold everywhere, 25c. For FREE trial package, Address, Allen S. Olmsted, Le Roy, N. Y. Adv.

Trying Position.

"How does your congressman stand on preparedness?"

"He doesn't stand at all."

"No?"

"In fact, the conflicting views of his constituents keep him so busy sidestepping that he hasn't had time to formulate an opinion of his own."

It Never Came Back

Backache Sufferer! Thousands will tell you what wonderful relief they have had from Doan's Kidney Pills. Not only relief, but lasting cures. If you are lame in the morning, have headache, dizzy spells and irregular kidney action, don't wait. Use Doan's Kidney Pills, the best recommended special kidney remedy.

A South Dakota Case

Mrs. Blanche Dodson, Sturgis, S. D., says: "I suffered from heavy pain and soreness through my loins with a stinging pain in the small of my back. I didn't have much energy or ambition. Doan's Kidney Pills were said to be good for backache and other kidney ailments and I used them. They were just what I needed and two boxes rid me of kidney trouble. I have never been bothered since."

Get Doan's at Any Store, 50c a Box

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Your Liver Is Clogged Up

That's Why You're Tired—Out of Sorts—Have No Appetite.

CARTER'S LITTLE LIVER PILLS will put you right in a few days. They do their duty. Cure Constipation, Biliousness, Indigestion and Sick Headache

SMALL PILL, SMALL DOSE, SMALL PRICE

Genuine must bear Signature

Brent Good

W. N. U., SIOUX CITY, NO. 15-1916.

HANDICRAFT FOR BOYS AND GIRLS

By A. NEELY HALL and DOROTHY PERKINS

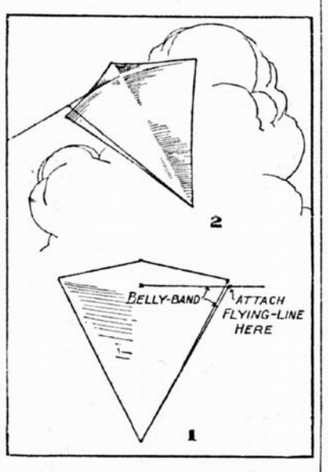
(Copyright, by A. Neely Hall.)

A MALAY OR TAILLESS KITE.

The Malay is probably the most practical boys' kite ever invented.

Figure 1 shows the completed Malay, Fig. 2 the kite in flight, Fig. 3 its completed framework, and Figs. 4, 5 and 6 the details for preparing the frame sticks.

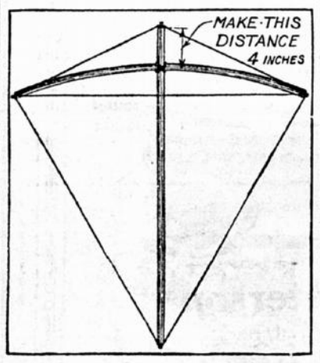
The kite has a vertical stick and a bow-stick, each of which should be 40 inches in length, about three-quarters inch wide and three-eighths of an inch thick, for a medium-sized kite.



In the cutting of the sticks lays half the secret of making a kite that will fly successfully. If you live anywhere near a mill it will cost but a few cents to have sticks cut to the sizes wanted

Drive a small nail or large tack into each end of the two sticks, to fasten the framing-string to (Figs. 4 and 5), and notch the side edges of the bow-stick near each end for the attachment of the bow-string (Fig. 6).

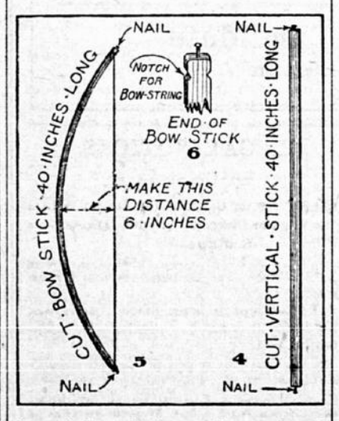
The amount to bend the bow-stick is important. For a kite with a bow 40 inches long the distance between the string and stick should be 6 inches (Fig. 5). Use a strong twine for the bow-string, and tie it securely to the notched ends.



Fasten the bow-stick at its exact center to the vertical stick, placing it exactly 4 inches down from the top of the vertical stick, as indicated in Fig. 3. Drive a couple of brads through the two sticks, to hold them together, and then reinforce the connection by wrapping the joint with strong linen thread, crossing it in the manner shown.

With the two sticks properly joined, connect their ends with the framing string, stretching it tightly between the sticks and tying to the end nails.

The strong light-weight brown paper now so generally used for wrapping paper makes an excellent covering. A few sheets can be purchased for the purpose at a near-by store. You will likely have to paste together two or more sheets to make one large enough for your kite framework. The paper should be placed on the outer face of the bow-stick, and should be allowed a little fullness, instead of stretching it tight as on the hexagonal form of kite.



Attach a belly-band at the intersection of the bow-stick and vertical stick (Fig. 1), and make it of the right length so when held to one side it will reach to the end of the bow, as indicated in Fig. 1. Tie the flying line securely at this point, and the kite will be ready for its maiden flight.

Vox Populi.

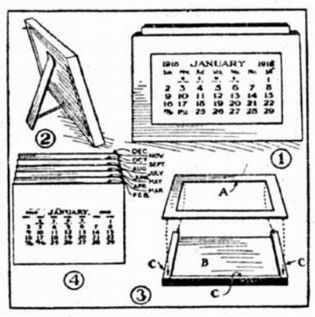
The moral standard of the people, acting somehow, is always there, whether it be high or low. At its highest, however, it does not approach the noblest motives of the individual, for it is a communal conscience, not an individual conscience. It is never more than the highest common denominator of goodness.

Uncle Eben.

"Mebbe de man dat never has to fight," said Uncle Eben, "ain' as peaceable as he is lucky."

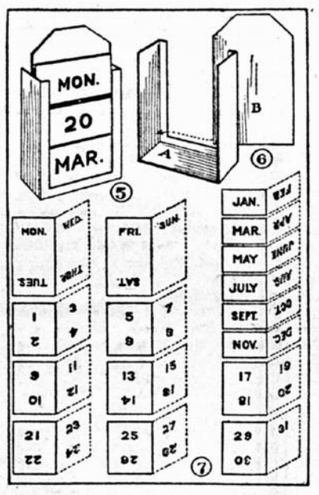
HOMEMADE CALENDARS.

The little desk calendar in Figs. 1 and 2 has a cardboard case (Fig. 3), and six calendar cards (Fig. 4). First make the cards, then the case. The size of your calendar pad will determine the size of the cards. Fig. 4 will give you an idea of the relative size. The card tops must extend above the case as shown. Use a light weight cardboard or heavy letter paper for the cards. You will see by Fig. 4 that one month of the calendar is pasted upon each side of each card. Cut the front of the case from cardboard, with the opening of the right size so there will be a margin of about one-quarter inch around the calendar, and make the margin around the opening about one-half inch wide. Mark out back B with front A as a marker, and glue enough of the strips C along the side and bottom to make a thickness a trifle greater than that of the six calendar cards.

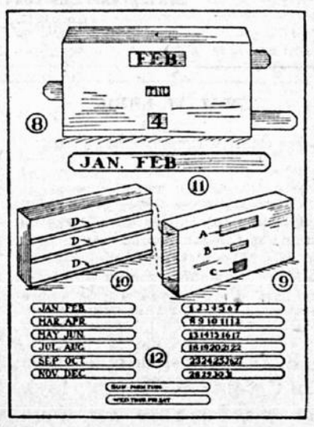


To assemble the case, bind together A and B with paper lapped over and glued to their edges. Paste a piece of tinted paper on the front to conceal the binding strip. Fig. 2 shows how to fasten a cardboard strip to the back of the case to support the calendar.

Perhaps you would prefer a perpetual calendar to the kind just described. The calendar in Fig. 5 requires a small cardboard box for a case (A, Fig. 6). Remove one end of the box, then cut away the bottom, with the exception of a margin of one-quarter inch along the sides and remaining end. Back B (Fig. 6) fits between the box sides, and extends an inch above them. Glue its edges to the sides of the box.



There are sixteen calendar cards (Fig. 7), two for the "days," eight for the "dates," and six for the "months." Cut the "date" cards two-thirds of the length of the "day" cards, and the "month" cards one-half of the length of the "date" cards. The calendar pad from which you cut the "days," "dates," and "months" should be in heavy clear type. Arrange and paste the printing in the manner shown in Fig. 7.



The perpetual calendar in Fig. 8 is made of a cardboard box of the kind that slides into a sleeve cover (Figs. 9 and 10). Cut the openings A, B and C (Fig. 9) through the sleeve cover, and paste the three strips D (Fig. 10) upon the box bottom for the "month," "day" and "date" strips to slide upon. Fig. 11 shows the relative length and width of the slide strips, and Fig. 12 the arrangement of the calendar letters and numbers.

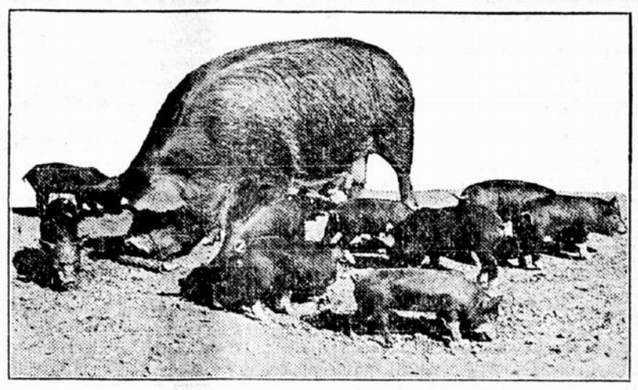
The Child Critics.

Parents are living daily before the most critical audience in the world—their child. The small deceit, the loss of temper—all such things are seen by the small critic, and they all color, in later years, his feeling for his parents.—From the Delineator.

True Happiness.

Happy the man who, remote from busy life, is content, like the primitive race of mortals, to plow his paternal lands with his own oxen, freed from all borrowing and lending.—Horace.

PIG IS KNOWN AS A "MORTGAGE-LIFTER"



A Good-Sized Profitable Litter.

(Prepared by the United States Department of Agriculture.)

The pig's place on the farm cannot be filled by any other animal. He is not only profitable when grown as a crop in himself, but some very important places filled by him come from his ability to make use of feeds that would otherwise be lost. Thus he saves waste and utilizes materials around the farm which only he can use and converts these into a marketable product and cash. The pig is known as the "mortgage-lifter," and this appellation is certainly well deserved.

Because of the pig's ability to utilize the grain droppings from steers, the pig often makes steer-feeding operations profitable that would not prove so without his aid. Mumford reports in a summary of ten different experiments that the gains made by pigs fed following steers paid from 0.94 per cent to 16.67 per cent of the feed given the steers. These pigs were thrifty shotes and did not receive additional feed.

Considering the relative economy of the different kinds of live stock, the pig takes a place among the most economical. For the whole fattening period the ox requires 1,109 pounds of dry feed to produce 100 pounds gain; the sheep, 912 pounds, and the pig, 420 pounds.

Among the classes of farm animals the pig ranks second as a producer of human food from a given amount of digestible matter consumed. The milch cow leads in her power to convert crops of the field into human food, with the pig second, poultry following, and the steer and sheep coming lowest.

Feeding pigs on the farm has another value, and that is in relation to soil fertility. The man who feeds his grain to pigs sells a very small amount of fertilizing elements off of the farm as compared with the one who sells grain. Furthermore, in using forage or pasture crops the value of the manure scattered over the field is considerable.

Hogging Down Corn.

Swine farming, like other branches of live-stock farming, gives employment to labor during the entire year, and enables the farmer to keep hired labor throughout the year and does not congest it at harvest time. The hog is the only farm animal that can safely harvest the corn crop, and this practice is gaining ground from year to year among the most progressive farmers, resulting in no little saving of labor to the breeder who grows his own corn.

Keep Garden Soil Busy.

Even the smallest backyard may be made to yield a supply of fresh vegetables for the family table at but slight expense if two or three crops are successively grown to keep the area occupied all the time. People who would discharge a clerk if he did not work the year round will often cultivate a garden at no little trouble and expense and then allow the soil to lie idle from the time the first crop matures until the end of the season. Where a two or three crop system is used in connection with vegetables adapted to small areas, a space no larger than 25 by 70 feet will produce enough fresh vegetables for a small family. Corn, melons, cucumbers and potatoes and other crops which require a large area should not be grown in a garden of this size. Half an acre properly cultivated with a careful crop rotation may easily produce $100 worth of various garden crops in a year.

When to Work Soil.

If the garden was not broken in the fall it should be plowed in the spring as soon as the frost is out of the ground. Small areas may be worked with a spade, pushing the blade in to its full depth and turning the soil to break up the clods. Heavy soils should never be worked when wet. Overzealous gardeners, ready to seize the first warm spell as a favorable opportunity to go out and work the heavy clay soil before it is dry, are not only wasting their energy, but are doing a damage to the soil from which it will take years for it to recover. To determine when heavy soils are ready for plowing a handful of earth should be collected from the surface and the fingers tightly closed on it. If the ball of compacted earth is dry enough for cultivation it will fall apart when the hand is opened.

How to Fertilize.

The soil in the average backyard is not only lacking in plant food, but also has been packed until it is hard and unyielding. To loosen up such soil and make it suitable for garden produce requires that careful attention be given to its preparation. After spading the inclosure thoroughly, the upper three inches should be made fine with the use of hoe and rake. Stones and rubbish should be removed and clods of dirt broken. The surface should be marked off for planting in conformity with the general plan of the garden.

Barnyard or stable manure is the best fertilizer because it furnishes both plant food and humus. An application at the rate of from 20 to 30 tons to the acre of well rotted manure is very satisfactory. This should be applied after plowing or worked with a spade, and distributed evenly over the surface and later worked in with a hoe or rake. On many soils it is advisable to apply commercial fertilizer, especially phosphate, in addition to the manure. An application of 300 to 600 pounds of acid phosphate to the acre is usually sufficient. If additional potash is needed, which is often the case with sandy soils, this may be economically supplied in the form of wood ashes. If the wood ashes are unleached they should be distributed over the garden, using 1,000 pounds to the acre. If they have been wet, or leached, 2,000 pounds should be used. An application of 100 pounds to the acre of nitrate of soda may be used in the spring to start the plants before nitrogen in the manure has become available. It should be borne in mind that commercial fertilizers will not yield good results unless the soil is well supplied with humus. Sod or other vegetation which has overgrown a garden spot may be used to advantage. It should be turned under with a plow or a spade and will aid in lightening the soil and providing humus.

CONSTRUCTION OF NEST BOX

In Cold Climates It Must Be Tight and Warm Enough to Keep Laying Hens Comfortable.

Where poultry houses are too small to accommodate all the fixtures comfortably, some poultrymen practice the plan of having the nest boxes outside of the partition wall. The nest box is made 15 inches wide and the same in height and as long as desired. Partitions are placed to allow 12 to 15 inches for each nest, according to the size of the breed kept. The nest box is attached to the outside of the house with strong hooks and screw eyes. The cover is hinged, and fitted with a pitch sufficient to shed water, and is covered with roofing paper.

In cold climates the entire construction of the nest box must be tight and warm enough to keep the laying hens comfortably when on the nest. In hot weather the nest box cover can be slightly elevated to afford a ventilation. In some cases this plan of nest box is quite a convenience as well as a saving of room, as the eggs can be gathered outside the poultry house.

Test Show Money-Makers.

The testing of cows shows the money-makers. It affords an opportunity to spot the loafers and eliminate them from the herd. No merchant who is successful will handle a line of goods on which he loses money; therefore no progressive dairyman will milk a cow on which he does not make a profit.

SEEDING AND PLANTING TIME

Farmer Who Starts Just Little Behind Is Almost Sure to Remain So During Entire Season.

It is quite an item to get all the work done in good season on the farm. Especially is this true of seeding and planting.

Of course, there is danger of being too early and the getting of the seed in the ground while it is cold and wet; at the same time, in a great many cases, the farmer who starts in the spring a little behind will nearly always be just a little behind all through the season, and this means, no matter how hard he may work, a failure to secure the best results in the end.

Put on the think-cap at the beginning of the season and wear it right through the year.

Good Cow Feed.

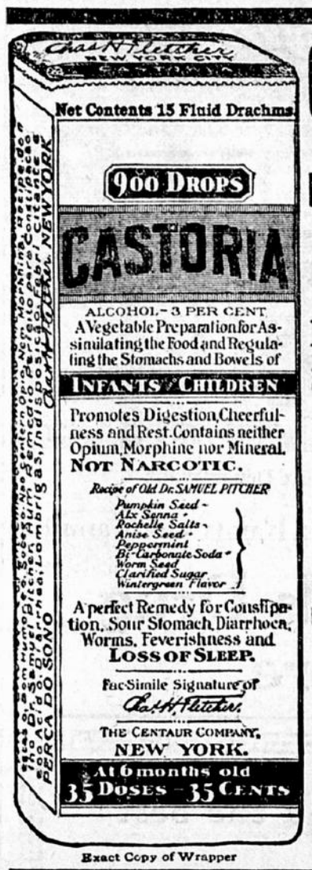
Turnips, rutabagas and carrots make good juicy feed for cows and can be fed without injuring the taste of the milk, provided they are fed immediately after milking.

Economy in Feed.

Improvement in breed means economy in feed; not less feed but better returns in proportion to the amount of food consumed.

Pasturing Injures Alfalfa.

Alfalfa is injured and its life shortened by much pasturing and trampling of heavy stock.



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CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of *Chas. H. Fletcher.*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Force of Habit.

Lady (calling up for matinee seats)—Please save three in the G row left. And be sure they're fresh!—Judge.

SAVED MINISTER'S LIFE.

Rev. W. H. Warner, Route 2, Myersville, Md., writes: My trouble was sciatica. My back was affected and took the form of lumbago. I also had neuralgia, cramps in my muscles, pressure or sharp pain on the top of my head, and nervous dizzy spells. I had other symptoms showing my kidneys were at fault, so I took Dodd's Kidney Pills. They were the means of saving my life. On Feb. 16th, 1916, I write to say that undoubtedly your medicine restored me to perfect health.

Rev. W. H. Warner

Dodd's Kidney Pills, 50c per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Dodd's Dyspepsia Tablets for indigestion have been proved. 50c per box.—Adv.

Admirable Combination.

First Patriot—What this country needs more red blood!

Second Patriot—Yes, and more gray matter.

TENDER SKINNED BABIES

With Rashes and Irritations Find Comfort in Cuticura. Trial Free.

Baby's tender skin requires mild, soothing properties such as are found in the Cuticura Soap and Ointment. Cuticura Soap is so sweet, pure and cleansing and Cuticura Ointment so soothing and healing, especially when baby's skin is irritated and rashy.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

The Unvarnished Truth.

Mrs. A—Laughter aids digestion.

Mr. A—But your cooking is nothing to laugh at.

Few men can convince themselves they are having a good time in trying to be good.

Frightful Cold Today Good As Ever Tomorrow

HILL'S CASCARA QUININE BROMIDE

The old standard remedy—In tablet form—No unpleasant after effects—No opiates—Cures colds in 24 hours—La Grippe in 3 days—Money back if it fails—Insist on genuine—Box with red top—Mr. Hill's picture on it. 25 Cents.

At Any Drug Store—25c

W. H. Hill Company Detroit

CANCER

Tumors and Lupus successfully treated without knife or pain. All work guaranteed. *Come, or write for Free Illustrated Book*

Dr. WILLIAMS SANATORIUM
2906 University Av., Minneapolis, Minn.

As Explained.

Biggs—I understand you said I was a miserable cur.

Diggs—Not guilty, old man. I merely said you were a sad dog.

Biggs—Oh, that's different. Come, let's have a drink.

For a really fine coffee at a moderate price, drink Denison's Seminole Brand, 35c the lb., in sealed cans.

Only one merchant in each town sells Seminole. If your grocer isn't the one, write the Denison Coffee Co., Chicago, for a souvenir and the name of your Seminole dealer.

Buy the 3 lb. Canister Can for $1.00.—Adv.

Heard at the Palace.

"How long have you been learning to skate?"

"Oh, about a dozen sittings."—Pennsylvania Punch Bowl.

If the phoenix of common sense rises from the ashes of a fool's money the conflagration has not been in vain.

A man's credit is above par when he wants to borrow trouble.

New Strength for Lame Backs and Worn-out Conditions

Dear Mr. Editor:

I suffered from lame back and a tired, worn-out feeling. Was unable to stand erect and scarcely able to get around. It would usually come on at first with crick in small of my back. I took Anuric Tablets and my back commenced to get better. I did not have to walk doubled over as I did before using the "Anuric." It is the best remedy I have ever taken for what it is intended to relieve.

A. G. DRAKE.

NOTE:—When your kidneys get sluggish and clog, you suffer from backache, sick-headache, dizzy spells, or the twinges and pains of lumbago, rheumatism and gout. "Anuric" is the most powerful agent in dissolving uric acid, as hot water melts sugar.

Ask the druggist for "Anuric," put up by Dr. Pierce, in 50-cent packages.

FROM GIRLHOOD TO OLD AGE WOMEN ARE HELPED

At the first symptoms of any derangement of the feminine organism at any period of life the one safe, really helpful remedy is Dr. Pierce's Favorite Prescription for every conceivable ailment and disease of a womanly nature. It is a woman's temperance medicine and its ingredients are published on wrapper.

Dr. Pierce's Favorite Prescription is a true friend to women in times of trial and at times of pain when the organs are not performing their functions. For headache, backache, hot flashes, catarrhal conditions, bearing down sensations, mental depression, dizziness, fainting spells, women should never fail to take this tried and true women's medicine.

Wanted 50,000 Farm Hands

of experience at once on the farms of

Western Canada

To replace the young farmers who have enlisted for the war. Good wages and full season's work assured.

There is no danger or possibility of Conscription in Canada.

References required from all applicants. For special railway rates and other information apply to J. M. MacLachlan, Drawer 197, Watertown, S. D., R. A. Garrett, 311 Jackson St., St. Paul, Minn.

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