

Saint Mary's Beacon
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Saint Mary's Beacon

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Saint Mary's Beacon.
 Job Printing, such as
 Handbills, Circulars,
 Blanks, Bill Heads, executed with
 neatness and despatch.
 Parties having Real or Personal
 Property for sale can obtain des-
 criptive handbills neatly executed
 and at city prices

LUMBER OF ALL KINDS.

Complete depot of Supplies for Lumber and Millwork for Suburban Cottage Buildings and general Work. When others quote you high prices on lumber, make no mistake; do not buy hastily, but consult first the firm of

FRANK LIBBEY & CO., Washington, D. C.
 4 inch Shingles, No. 1, \$4.50. North Carolina Flooring, \$2.25
 White Pine Doors, 1-1-3 inches thick, five panels. \$1.25

We can load cars in one day with lumber and mill work sufficient to complete your house. You suffer no delay; you get your bill all at one time with no annoying dis-appointments. When you write us you always get courteous replies by return mail. On Lumber always consult us.

FRANK LIBBEY & CO.
 6th & New York Ave., N. W. Washington, D. C.

Established 1869. **The Test of Time.** A clean record for 35 years.

LIVE AND DRESSED POULTRY.

Shippers who want a large and absolutely reliable house to handle their Baltimore accounts should get in touch with

I. COOKE & SONS, 7 W. Pratt St.

We have the outlet and can please you. We handle
 Poultry, Eggs, Calves, Lambs, Wool, Fur, Grain, Dressed Pork, Fruits and Vegetables.
 Returns Made Daily. Sept 22-y

Ship your Poultry, Eggs, Grain, Wool and Lambs

—TO—

C. M. LEWIS,
 14 E. CAMDEN ST., Baltimore, Md.,
 MEMBER OF THE CHAMBER OF COMMERCE.

EDELEN BROS., COMMISSION MERCHANTS,
 FOR THE SALE OF
TOBACCO, GRAIN AND PRODUCE.
 Special attention given to
The Inspection of Tobacco.
 125 S. SOUTH CHARLES STREET, BALTIMORE, MD.
 ALSO DEALERS IN
 Edelen Bros., Special Tobacco Guano, Edelen Bros. Wheat and Grain Mixture, Pure Ground Bone, Pure Dissolved S. C. Bone.
 Our 'Special Tobacco Guano' and Wheat and Grain Mixture HAVE BEEN MANUFACTURED. SPECIAL ORDERS SOLICITED.

Real Household Economy

Begins in the kitchen and should start with the introduction of

"SENATOR" FLOUR.

Besides being the best and purest flour in the market SENATOR Flour is the most economical—most reasonably priced good flour you can buy. Another thing, SENATOR Flour always yields light, white, nutritious bread and rolls and delicious cake and pastry. SENATOR Flour always gives satisfaction. Give it a right trial.

CHAS. KING & SON, Wholesale Senator Flour, Alex. Va.

HOTEL TENNISON,
 117 W. Lombard St., Baltimore.
 Open to Guests. European Plan.
 Restaurant for Merchants. Up-to-date services.
 Moderate Prices. Meals at all hours.
W. B. TENNISON, Prop.

The President's Message.

What the President Recommends
 That the national Government assert its sovereignty over private corporations by the regulation of industrial activities.

That a Government commission be given the power to decide whether a railroad rate is just, to prescribe a maximum and minimum rate, this rate to be effective within a reasonable time, subject to review by the courts; any kind of commission or rebate (unless for service rendered) to be prohibited; that the accounts of railroads be subject to examination as are the accounts of national banks. The President says he opposes Government ownership of railroads.

That Congress consider limiting the hours of labor required of railroad employes and the compulsory use of the block system and other safety devices.

That insurance be under the supervision and regulation of the Federal Government.

That Congress consider the question of fixing maximum and minimum tariff rates to be applied to countries which favor or discriminate against the United States.

That unnecessary offices be abolished and more business-like methods introduced in the executive departments.

That the publication of campaign contributions be required by law; that all contributions by corporations for political purposes be prohibited by law.

That the Santo Domingo arrangement be confirmed by treaty in order to prevent chaos in that republic.

That promotions in the army hereafter be by selection and not by seniority.

That the units of the navy be not increased in number, but that one battleship be built each year to replace some vessel of out-of-date type.

That a bureau of naturalization be established and measures taken to restrict immigrants; that efforts be made to prevent the congestion of immigrants in the Eastern cities and more of them sent to the Southern States.

That the entire code of United States criminal laws and land laws be revised.

That a pension system be instituted in the life-saving service.

That the nation care for the graves of the Confederate dead.

That the Pure-Food laws and Copyright law be completely changed and made much stronger.

That the Philippines be granted limited free trade with the United States.

That Hawaii be fortified and American citizenship conferred on the people of Porto Rico.

That Indian Territory and Oklahoma be jointly admitted as one State and Arizona and New Mexico as another.

That Alaska be granted a regular delegate in Congress.

That sufficient money be at once appropriated to continue the work on the Panama canal.

That the consular system be changed, all consuls put on a fee basis, and a corps of inspectors of consulates created.

Striking Sentences in the Message

"This Government stands for manhood first, and for business only as an adjunct of manhood."

"In such a republic as ours the one thing that we can not afford to neglect is the problem of turning out decent citizens."

"This Government is not and never shall be government by a plutocracy. This Government is not and never shall be government by a mob. It shall continue to be in the future what it has been in the past—a Government based on the theory that each man, rich or poor, is to be treated simply and solely on his worth as a man; that all his personal and property rights are to be safeguarded, and that he is neither to wrong others nor suffer wrong from others."

"The introduction of women into industry is working change and disturbance in the domestic and social life of the nation. The decrease in marriage and in the birth rate has been coincident with it."

"The noblest of all forms of government is self-government; but it is also the most difficult."

"There are demagogues of peace just as there are of war."

As the world is now, only that nation is equipped for peace that knows how to fight and that will not shrink from fighting if ever the conditions become such that war is demanded

In the name of the highest morality.

"We do not intend to permit the Monroe doctrine to be used by any nation on this continent as a shield to protect it from the consequences of its own misdeeds against foreign nations."

"In both the army and navy there should be some principle of selection; that is, of promotion for merit, and there should be a resolute effort to eliminate the aged officers of reputable character who possess no special efficiency."

"Centuries ago it was especially needful to throw every safeguard around the accused. The danger then was that they should be wronged by the state. The danger is now exactly the reverse. Our laws and customs tell immensely in favor of the criminal and against the interests of the public he has wronged."

"So far as in my power lies, each and every such wrongdoer (in the public service) shall be relentlessly hunted down; in no instance in the past has he been spared; in no instance in the future shall he be spared. His crime is a crime against every honest man in the nation."

The Domestic Fireside.

The fireside circle, of all others, should be made the place of mutual attraction. Here should we repose our hearts' best affections, and here should we delight to dwell. There is nothing more pleasant and delightful than cheerful and happy group of the inmates of one's own household. How would the joys and happiness of earth be heightened, if each member of the family circle would strive to make each other happy. This earth would indeed be a "paradise below" did families live and dwell together in unity and brotherly love. The toils of life would be sweetened, household bands kept together, and the journey of life, instead of being wearisome and painful, would be one of happiness. Though jarring and contention are going on without, nothing but peace and good will should reign in our midst. The family circle should be made the home of our affections. Brothers and sisters should here mingle their voices in unison, unobscured their thoughts to each other with cheerfulness, and live in obedience to the wishes of their parents.

In Praise of Chamberlain's Cough Remedy.

There is no other medicine manufactured that has received so much praise and so many expressions of gratitude as Chamberlain's Cough Remedy. It is effective, and prompt relief follows its use. Grateful parents everywhere do not hesitate to testify to its merits for the benefit of others. It is certain cure for croup and will prevent the attack if given at the first appearance of the disease. It is especially adapted to children as it is pleasant to take and contains nothing injurious. Mr. E. A. Humphreys, a well known resident and clerk in the store of Mr. E. Lock, of Alice, Cape Colony, South Africa, says: "I have used Chamberlain's Cough Remedy to ward off croup and colds in my family. I found it to be very satisfactory and it gives me pleasure to recommend it." For sale by Tippet, Johnson & Foxwell.

To-Morrow.

To-morrow may never come to us. We do not live in to-morrow. We cannot find it in any title deeds. The man who owns whole blocks of real estate and great ships on the sea does not own a single minute of to-morrow. To-morrow! It is a mysterious possibility not yet born. It lies under the seal of midnight, behind the veil of glittering constellations.

Enjoy the present, whatever it may be, and be not solicitous for the future; for if you take your foot from the present standing and thrust it forward to to-morrow's event, you are in a restless condition. It is like refusing to quench your present thirst by fearing you will want to drink the next day. If to-morrow you should want, your sorrow would come time enough though you do not hasten it. Let your trouble tarry till its own day comes. Enjoy blessings this day, if God sends them, and the evils of it bear patiently and sweetly, for this day is ours. We are dead to yesterday and not yet born to to-morrow.—Jeremy Taylor.

"You don't agree, then, that 'seeing is believing'?"

"Not much! I see some people every day that I never could believe."

Comfort Versus Colds.

BY MARY ANNABLE FANTON.

With our American nervous whimsical climate, it is difficult matter to wholly avoid an occasional cold. The weather bureau seems to have lost all sense of responsibility, and at the time when one season is slipping into another, one would need to be a lightning change artist to keep comfortably and appropriately dressed throughout one day.

It is literally true, that you can never know what a day will bring forth, in a matter of climate. It may be a bleak freezing morning with gray clouds and puffs of snow drifting by, with a melting Indian summer noon, that opens windows—and a sunset in high winds well down to freezing and pneumonia lurking at blustering corners.

If you have the same weight of garments all the time you take cold, and if you don't you do, which sounds Irish, but is really a tragic fact.

The only secret I know of being comfortable in the Fall though an American, is to take care of the body and cease to try to adjust your clothing to the mad vagaries of the weather, as it is handed out these days.

If your circulation is perfect, you simply cannot under any ordinary conditions of exposure take cold. And if your circulation is even moderately good, you lessen the chance of bronchitis, pneumonia and head cold, about 50 per cent.

The two surest ways to increase the circulation and lessen early winter colds are vigorous physical culture, if you have time for it, but in any case plenty of outdoor walking in fresh cold air.

To make walking a healthful exercise, it must be done systematically and intelligently. If it is done for your circulation's sake, you must walk with chest high, so that the lungs can fill to their utmost, with spine straight, so that there is no strain, with abdomen held in to avoid quick exhaustion, and with shoulders drooping, not held high and straight. Then walk briskly and breathe slowly and you will find the blood moving generously and healthfully throughout the body.

But the first essential daily aid to the circulation is the morning cold bath. Take it as cold as water will run from the pump or faucet, but in warm room. If you sleep in a cold room, where there is no radiator or stove, have ready to light an oil stove which will heat a moderately large place in a few minutes.

Make sure above all things that the water in the tub is soft. Hard water chaps the skin; is difficult to entirely absorb with a Turkish towel and so leaves the body sensitive to any change of temperature.

If the water is the usual city or village supply, make a point of softening it with borax powder. For half a tub of water use a teaspoonful of borax; for a pail, just a couple of pinches. This use of borax in a morning bath is worth considering for it not only renders the water mellow and cleansing, but actually of its own properties, is stimulating to the skin and is excellent for any superficial eruption condition.

This cold bath must be taken quickly, three minutes perhaps; never more than five, and followed by a brisk rub with a coarse towel. After which alcohol should be patied over the chest, and stomach, and a bit of cold cream rubbed lightly where ever the body is chapped from cold or dirt.

Ten minutes will do it all and send you down to breakfast rosy and afterwards to work or play with abounding spirits, only to be had from perfect circulation.

Furious Fighting.

"For seven years," writes Geo. W. Hoffman, of Harper, Wash., "I had a bitter battle, with chronic stomach and liver trouble, but at last I won, and cured my disease, by the use of Electric Bitters. I unhesitatingly recommend them to all, and don't intend in the future to be without them in the house. They are certainly a wonderful medicine, to have cured such a bad case as mine." Sold, under guarantee to do the same for you, by Loker & deWaal, druggist, at 50c a bottle. Try them today.

Were we to take as much pains to be what we ought to be as we do to disguise what we really are, we might appear like ourselves, without being at the trouble of any disguise at all.

Women Must Kneel to Men.

Men in Africa, and especially in east central Africa, believe that their women are their inferiors, and many centuries ago, says the Chicago Tribune, they made a law that has worn itself into a custom that women must acknowledge this by always kneeling when they meet a man.

Duff Macdonald, who spent many years as a missionary in that country, say that African women hold a most degraded position and are looked upon pretty generally as beasts of burden capable of doing all the hard work. When a woman meets a man, be it her husband or a stranger, a home or on the road, she is expected to "tsidwala"—that is, to kneel and clap her hands to the lord of creation as he passes. Although a woman may have slaves of her own, she observes this custom whenever she meets a man on the highway.

Macdonald adds: "Whenever we saw a woman go out of her way with the intention of kneeling before us, though she carried a hundred weight on her head, knowing that she would have to get up with it, we shouted, 'You are losing your way; this is the path' and she took it, glad that she might dispense with this custom."

Certain it is that if the African woman kneels before a stranger or slave she prostrates herself most humbly before her husband, her lord and master. He is her father, and she is his child; he commands, and she obeys; he may inflict punishment, and she accepts it.

The title of "father" is giving to all old people. A man of thirty will say "I am only a child; ask the old man."

The woman must submit, of course. She is her husband's chattel; he has bought her for two skins of bucks, and this is a fair price for one wife. He often gets them in payment for debts.

If a girl is not a first wife she counts for little, as these Africans usually have one chief wife and three or four minor wives. A man who is married a few years is expected to have junior wives. The chief wife has the superintendence of the others and looks after the household. The punishment she inflicts for laziness is to banish the junior wife from her meals until hunger brings her to her senses. If a junior wife is obstreperous she is put in a slave stock.

The authority of a chief wife is not a matter to jest with. If a junior wife gets unruly the whipping post is made use of. This does not annoy her lord, for African men have little sentiment for their wives and feel none for their junior wives. They are his chattels, having the same value as his cattle, perhaps less. When a man is pressed for money he usually sells his wife and not his cattle. He expects them to cultivate the soil and cut down the trees, and when he finds time or has the inclination helps them.

Torture of a Preacher.

The story of the torture of Rev. O. D. Moore, pastor of the Baptist church, of Harpersville, N. Y., will interest you. He says: "I suffered agonies, because of a persistent cough, resulting from the grip. I had to sleep sitting up in bed. I tried many remedies, without relief, until I took Dr. King's New Discovery for Consumption Coughs and Colds, which entirely cured my cough, and saved me from consumption." A grand cure for diseased conditions of Throat and Lungs. At Loker & deWaal, druggist; price 50c and \$1.00, guaranteed. Trial bottle free.

Where He Gets His.

Applicant (at the pearly gates)—May I come in?
 St. Peter—What business were you engaged in while on earth?
 Applicant—I owned several apartment houses, and—
 St. Peter (interrupting)—Sorry, but I'm afraid the children here would annoy you. Go bump the bumps.—Chicago News.

No Opium in Chamberlain's Cough Remedy.

There is not the least danger in giving Chamberlain's Cough Remedy to small children as it contains no opium or other harmful drug. It has an established reputation of more than thirty years as the most successful medicine in use for colds, croup and whooping cough. It always cures and is pleasant to take. Children like it. Sold by Tippet, Johnson & Foxwell.

Things Worth Thinking About.

Only little heads get the big head. Some people mistake a fad for religion.

Back your own push against the other fellow's pull.

It often requires deep digging to obtain pure water.

One of the first laws of friendship is never to intrude.

The improper use of abundance makes poverty.

Be slow to give advice but quick to do a service.

If you have done well today, do better tomorrow.

Pick flaws in yourself before others do it for you.

It is easy to lie, but hard to tell only one falsehood.

Every life may exert an unconscious influence for good.

Have respect for yourself and others will respect you.

Our worst misfortunes are those which never overtake us.

Great gains come by earnest and continuous aspirations.

There is a best way for doing everything. Find it out.

It is better to be a little too courteous than to be a trifle rude.

An absolutely honest reformer never makes a good politician.

Blame on always ready to place the blame on those who are absent.

The only preservative from the withering of the heart is love.

The pessimist regards everything that glitters as a gold brick.

Great things happen when energy gets chummy with enterprise.

It isn't good policy to brag about the things you are going to do.

Each time we ignore our better impulses, Satan rings up a fare.

Wasted opportunities are usually those that go to the wrong people.

Hard work alone does not count. The world judges a man by results.

Success is one of the things that doesn't come to him who waits.

Cupid is a little fellow but he is capable of casting a tremendous shadow.

The wise are polite all the world over; fools are polite only at home.

Free lunch in the long run is about as expensive as all others free things.

Be clean both in mind and body. It is fortification against disease.

If the suggestion is good, it matters not if it does come from a fool.

In battle the only shots that count are the shots that hit their mark.

Every man's success is within himself and must come out of himself.

Hope costs nothing to get, nothing to keep, but when lost you are a pauper.

The natural wood is often a hundred times more attractive than the varnished.

It is a pity that when people reach the age of discretion they do not stay there.

The one person in the world whom it is most necessary to reform is yourself.

A person who is afraid he is doing more than his share, usually does considerably less.

It is better to promise little and do much, than to promise much and perform little.

The pessimist never expects anything to turn out right, for fear he will be fooled.

It is human nature to wonder why other people don't profit by their misfortunes.

We exhort unto wisdom when we say, "Beware of the person who never gets angry."

It not only takes humor, but sense, to enjoy a satirical story directed towards one's self.

Everything comes to the man who goes after things some other fellow is waiting for.

There is one right way of doing a thing; there are 57 varieties of wrong ways.

The best rule for success in anything is this: "The last shot is the only one that counts."

King of all Cough Medicines.
 Mr. E. G. Case, a mail carrier of Canton Center, Conn., who has been in the U. S. Service for about sixteen years, says: "We have tried many cough medicines for croup, but Chamberlain's Cough Remedy is king of all and one to be relied upon every time. We also find it the best remedy for coughs and colds, giving certain results and leaving no bad after effects." For sale by Tippet, Johnson & Foxwell.

Johnny—Paw, what's the rest of that quotation beginning, "Truth is mighty?"
 Father—"Scarce," I reckon.

A face painted on canvas is always much prettier than a face painted under a hat.