

The Watauga Democrat.

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NO. 22.

BULLETS IN THE BACK YARD.

Start a Little Garden and Become a Manicure Worker.

From the Peoples Home Journal.
Out there in the Little Garden, where the tomato ripened in smooth red beauty last summer and you cut the crisp lettuce, nature already is getting ready for next summer. There are mystic stirrings, portents of coming spring, in the tiny seeds and brown bulbs snugly hidden under the snow.

Yes, nature is at work. What are you doing? Sitting by the fire, perhaps, dreaming of those sunny mornings in the garden when you crumbled the warm moist earth between your fingers and breathed its soft fragrance and living again the joy with which you greeted each tiny new green shoot.

But, remember, you won't eat any radishes next June out of last summer's garden.

Jesus did not despise the widow's mite, and that little garden of yours is going to do its share toward feeding the world and bringing peace.

"England expects every man to do his duty," the great admiral signaled in his nation's day of peril. Your country expects every man to do his duty, too; do it in the trenches in France, those bitterly cold trenches in France, do it on those ships of war braving the peril by night in submarine haunted seas.

Yes, and your country expects you to do your duty, you who are safe and warm at home.

That garden should be the symbol of your service. Then begin it now. Yes, today, when the snow is heaped in chill white purity in the angle of the fence and the earth that was so mellow in May is firm as adamant under old winter's heavy heel.

The garden that is going to give the greatest aid to our boys when they go "over the top" this spring to deal the final blow in this great world cataclysm, that garden is the one that is being made now. No, not with spade and hoe and rake. Of course not.

But Haig and Petain and Pershing do not wait till the morning of action to plan their attacks.

When are you going to lay your plans for an offensive against Grim Hunger, whose trenches lie just beyond No Man's Land of the next few months where so many thousands of Belgian and French children may die for lack of food?

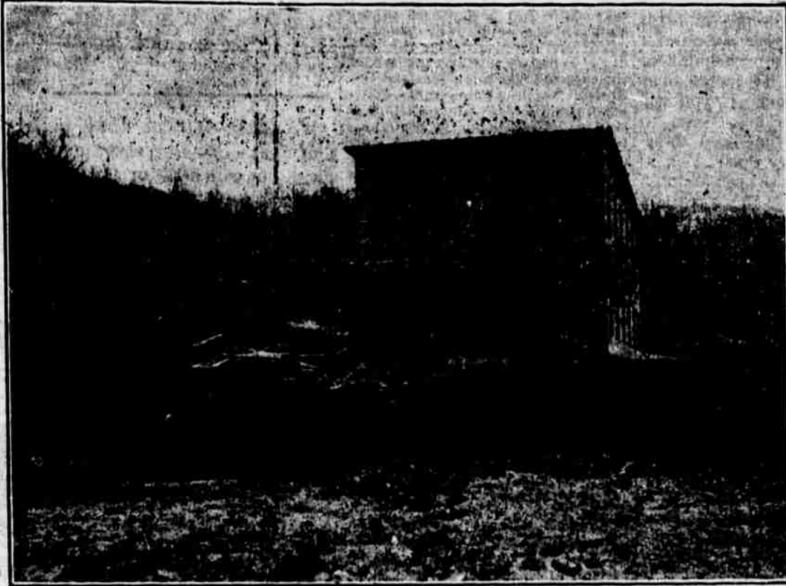
These are grim days. Glowing rhetoric has no place in a world mad with blood lust. The Peoples Home Journal urges you to plan your garden with a purpose to your country's needs and the world's.

Begin today to plan. Draw before you a sketch of your plot of ground. Study your soil. Know what you are going to plant. Think. Study. Consult. Go into it with determination.

You have asked that you might be permitted to serve.

"If I could only do something, no matter how small!" has been your cry as you watched the boys march away to the wild grand music of war. Is the garden the answer to your plea? Then do with your might what your hands find to do.

Your available ground is small, perhaps only fifty feet square, possibly smaller. Do you know you can raise enough on that plot of ground to keep your family in vegetables for a year? Yes, you have some left to sell, or better still, send as a gift to that house where flies the little service flag with the lone star, telling its mute story of one gone from that



We are pleased to give a picture of the new Arts and Crafts Building of the Appalachian Training School. This is a substantial frame structure on rock foundation. The first story is a gymnasium for men. The second

home to die if need be.

Don't be content with one crop of radishes, a few onions, a half dozen tomato plants. Make every foot of ground count. Before the frost is out of the ground know what you are going to put in every inch of that garden. Make a diagram and save it for reference. See that the rows are laid out so that no plant may be cheated of its place in the sun.

Scorn to be satisfied with one crop. Don't let the garden loaf. As soon as the radishes and spring onions are out of the way follow them with later vegetables. Beware of the hit or miss plan, Know.

Nature knows right now what she is going to send you when the last luscious strawberry has drowned itself in cream. You can know, if you will study what you can plant in midsummer and garner in the fall.

Where will you go for knowledge? To your circulating library, to the seedman's catalogue, to your State or the United States Department of Agriculture.

Ask the authorities, too, how to protect your growing crops from insect pests. They will tell you of sprays and powders. Also, they will tell you how to call a great army, an aerial army, to your aid.

That army is mobilized now in the sunny Southland, waiting for the signal for the spring offensive. Its members will be a Home Guard against your insect foes. They will mount guard over your garden and protect it early and late. And they will ask no other payment than a little kindness against their own enemies.

The Agricultural Department scientists will tell you that this vast aerial army is made up of birds. They will tell you insects destroy a billion dollars worth of food each year, and that much of this could be saved if birds were protected and enabled to multiply. It is not a matter of sentiment with these hard-headed scientists; they are dealing in cold facts.

Did you make a garden last year and the year before? Then resolve that this year two plants shall grow where one grew before? Has your garden lain fallow? Waste no time in useless repining. Begin now to plan the garden you will make in the spring days already close at hand. "Whatever thy hand findeth to do, do it with thy might.

ond story has four rooms for shop work. One room is now fitted up with benches and tools for wood work. Some machinery has been purchased for the other rooms. This structure has been built for about \$1000.

THE ZOO AND FOOD CONSERVATION.

Communicated.
Mr. Editor. We quote the following facts in regard to the animals in the New York Zoological Park from an article by Win. D. Goodwin in a recent issue of "Popular Mechanics":

In this park there are to be found 5 000 specimens of birds, mammals and reptiles, which large family, with few exceptions, must be fed once a day. Last year ten acres of land were under cultivation for no other purpose than that of satisfying the varying appetites of these creatures, not counting many items which must be imported for their consumption.

Just to give a small idea of the enormous expense entailed by this Zoo, we will mention a very few of the products used by these boarders in one year. 50 bushels of apples, 580 bunches of bananas, 48,000 pounds of fish, and more notably 105,000 pounds of beef besides 500 pounds of beef scraps. One hundred horses are sometimes slaughtered in addition to the cattle. The birds consume annually 3,500 pounds of wheat, and bread to the amount of 67,000 pounds is used by the elephants, bears and hoofed animals. 40 cases of condensed milk are required for the smaller animals, also 1,300 dozen eggs. Ten thousand bushels of oats, 3,000 bushels of barley and 5,333 bushels of shelled corn must be fed to these beasts. Four tons of cabbage, mixed with grains, are fed to the hoofed animals and 90 barrels of carrots and 300 barrels of potatoes. In addition to all of this, 2,000 chickens and a good supply of eggs and rabbits find their way to the Zoo.

The kitchen of the Zoo is equipped with every modern convenience that heart could wish, and any hotel chef would feel perfectly at home with such an outfit. A slaughter house is located in the park with wards for animals which must be quarantined, operating rooms, accommodations for nurses on night duty, and a morgue. Disbursements for salaries of officers and keepers, curators and upkeep of the buildings and grounds amount to \$200,000 a year. Stock for the food of the animals is carefully examined by a veterinarian before being slaughtered, and everything must be in tip-top in every respect before it is to be eaten by the ravenous animal.

It seems to us that it would be an excellent idea to put the Zoos with their thousands of occupants on a war basis with the American citizen, and put a few of the "less days into effect" in regard to them. The animals are now getting much better food than their kin-folks in the jungles, and if they were ever put down on a basis of food, like they were once accustomed to, the remaining surplus would feed a goodly number of our boys in France for a year.

If worst comes to worst, and the food situation gets still more acute, it would be a paying investment to turn a few of our big American sharpshooters to these useless consumers of the now precious food.

We admit that this would be a rather drastic step to take, and would inconvenience thousands of pleasure seekers, but business should always be considered before pleasure, and right now it is our business to lick the Kaiser. Every bit of food saved in any way, makes our victory more certain. We cannot, we will not, we must not be conquered. Save the food and win the war,

A YOUNG PATRIOT.

Mr. D. R. Shearer made the plans and Mr. R. L. Bingham did the work. Mr. Wiley G. Hartzog will have charge of the building. He will teach classes in wood work and give instruction in games and physical training.

Governor Bickett says the chicken order of the Food Administration, designed to discourage the killing of hens and pullets until April 30 was inspired the suffragettes with the intention even in chickenland of allowing the hens to rule the roost.

Agricultural experts declare that leaves and wood mold are worth \$8.00 a ton as manure. This being the case, North Carolina farmers have a literal gold mine in their wood land and from this source should be able to increase their production per acre of all food and food products during the coming season.

Chamberlain's Tablets.

Chamberlain's Tablets are intended especially for stomach troubles, biliousness and constipation, and have met with much success in the treatment of those diseases. People who have suffered for years with stomach trouble and have been unable to obtain any permanent relief, have been completely cured by the use of these tablets. Chamberlain's Tablets are also of great value for biliousness. Constipation may be permanently cured by taking Chamberlain's Tablets and observing the plain printed directions on each bottle.

The boy who helps to tend a garden, grow a pig or raise poultry is shooting at the Germans with as big a gun as his older brother who goes to France.

With eggs at 30 or 40 cents a dozen, it is a sorry sort of a hen that will not during the next few weeks repay the food administration for its kindness in discouraging her slaughter to supply the table on meatless days.

How to Prevent Croup. In a child that is subject to attacks of croup, the first indication of the disease is hoarseness. Give Chamberlain's Cough Remedy as soon as the child becomes hoarse and the attack may be ward off and all danger and anxiety avoided.

Red Cross To Enter New Field Of Service In Army Camps Of America

At the suggestion of Secretary of War Baker, the American Red Cross is about to enter a new field of service in the army camps of the United States, a field in which they are already working in France, the Bureau of Communication between the men in the hospital and their families at home. This will necessitate building a Red Cross house in every army camp in the country and securing for each house a man who will keep in personal touch with every man who is admitted to the camp hospital, as well as a sufficient stenographic force to handle the letters dictated by these men and to keep their families constantly informed as to their condition and progress.

Col. William Lawson Peel, General manager of the Southern division, has just received letters from W. R. Castle, Jr., director of the Bureau of Communications, and from Harry B. Wallace, assistant director-general of military relief, explaining Secretary Baker's plan and asking for suggestions as to men in this division who are qualified for the positions of responsibility at the camps. Colonel Peel announced Thursday at a meeting of his bureau directors that the Southern division would co-operate in every way with the national organization and that work would be begun at once to assist in carrying out Secretary Baker's plans.

The directors of the work in the Red Cross houses will be under the authority of the Red Cross Field Directors in the various camps, who in turn are under the supervision of Z. Bennett Phelps, director of military relief for the Southern division.

Secretary Baker says in his letter: "Since the American Red Cross has already established in France, in accordance with an army order, a service to keep families in America in personal touch with their boys, ill or wounded in the field, it is suggested that this service be extended to the camps in the United States. American Red Cross representatives at the camps, here, as in France, would have access to daily lists of admissions and evacuations from the hospitals, and, so far as it is in accord with necessary medical rules, would be allowed to talk with sick men. They would be expected to keep families constantly informed as to the condition and progress of the men in the hospitals, to write letters for men unable to fulfill that clause of the Red Cross charter which designated the society as "a medium of communication between troops in the field and their families at home."

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