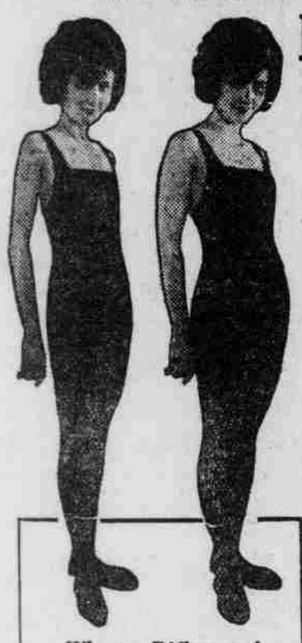
Free Proof That Ironized Yeast Builds Weight



Beautifies Skin and Gives New Energy To Thin, Run-down Folks

Do you need more flesh? Are you run-down, pale or scrawny looking? Do you lack energy—or is your skin blemished by humiliating pimples, blackheads or boils? If so, here is good news for you! Simply mail coupon below for the famous Three Day FREE Trial Treatment of IRONIZED YEAST. Take these remarkable tablets—two with each meal. Then get ready for a surprise!

Watch the Quick Results!

You simply will not believe your eyes when you see how quickly your skin begins to freshen, and how quickly pimples, etc., begin to disappear. Note the immediate increase in appetite and energy. And as for putting new, hard flesh on your bones—not flabby fat, but good firm flesh—people report gaining five pounds and more on the very first package of IRONIZED YEAST!

Yeast Best With Iron

The reason IRONIZED YEAST brings such splendid results is because it contains a specially cultured medicinal yeast which is unequalled for its richness in the essential Water Soluble B vitamines. Also contains the correct amount of the two other vitamines—Fat Soluble A and Water Soluble C—which are equally important to health, yet lacking in the modern diet.

Vitamines bring fine results even if taken alone—but when taken with a proper amount of easily assimilated organic iron, as in IRONIZED YEAST, these results are secured *often in just half the usual time!*

What a Difference!

The above illustrations will give you an idea of what a wonderful improvement an addition of 15 pounds makes in a person's figure. Read how IRONIZED YEAST builds weight.

Try Ironized Yeast Today

Simply mail coupon for the wonderful Three Day FREE Trial Test. Or go to your druggist and get IRONIZED YEAST on our guarantee that the first package will bring satisfactory results or your money instantly refunded. You will be amazed at the quick improvement IRONIZED YEAST shows in you. Get it today!

WARNING!

There are certain types of yeast which have absolutely no medicinal value. By insisting on IRONIZED YEAST, and refusing cheaper imitations or substitutes, you can be sure that you are taking a vitamine tonic treatment which is unsurpassed in effectiveness, convenience and genuine health-building value.

51 **FREE!**
Amazing 3-Day Test
Mail this coupon with your name and address to The Ironized Yeast Company, Atlanta, Ga. By return mail you will receive absolutely FREE our famous 3-Day Trial Treatment. Watch the Results!
Dept. 101

Note: Full Sized Packages of IRONIZED YEAST Sold at all Druggists

HARTFORD COUPLE DROWNED IN FARMINGTON RIVER

Windsor Conn., Jan. 25.—Gorge Okamus and his wife, of Hartford, were drowned in the Farmington river at Poquonnock early yesterday when their automobile was driven upon the trolley bridge and hit a guard rail. The drowning of the couple was proved this afternoon when state officers dragged the man's body out of the water.

Peter Servy of Hartford who drove the car, is under arrest. He told a story late yesterday of having been here for liquor and of mistaking the trolley bridge for the highway one. Afterwards he admitted having had Okamus and wife as passengers but did not know where they went to. He, himself, had clung to the steering whilee while the car hung over the bridge's edge. The authorities believed the passengers had been thrown heading off the bridge.

Okamus had been in trouble with the Hartford police for dealing in liquor, and Servy claims that the couple had him drive here to get a supply. Liquor was found in the machine.

ACTUARY OF AMERICAN FUR DEALERS ARRESTED

New York, Jan. 25.—Melville G. Newmark actuary of the American Fur Dealers' Association of New York was arrested by agents of the department of justice tonight on a complaint charging him with being implicated in a conspiracy to defraud the federal government out of fur sales taxes to approximate $2,000,000.

Morris Rosenbium, a former deputy collector of internal revenue, and Herman Schuss were arrested yesterday on similar charges. Newmark's part in the alleged conspiracy was to connect Rosenbium and Schuss with fur manufacturers involved in the so-called plot to defraud Schuss and Rosenbium are alleged to have provided about 50 New York furriers with forged receipts for the ten per cent. tax due the government monthly on fur sales.

No matter how high a man may fly, he's got to come down to earth occasionally for board and lodging.

MUSCLE SHOALS STATEMENT BY SECRETARY WEEKS

Washington, Jan. 25. — Secretary Weeks informed delegates to the national agricultural conference in session here today that "if there was no Ford offer he would recommend to congress the completion of the Wilson Dam at Muscle Shoals, Alabama."

The statement was reiterated tonight by the secretary after two conferences with delegations from the agricultural meeting.

In reply to questions as to whether he would recommend an appropriation for completion of the rams at Muscle Shoals when he submitted his comments which will accompany the contract when it is sent to congress the secretary said he had made no such statement but has said that if Mr. Ford had not submitted an offer, a recommendation, involving an appropriation Would be made for the completion of the Wilson Dam.

The secretary was understood to have told the delegation headed by Herbert Myrtick of Springfield, Mass., and composed of editors of agricultural and farm publications, that he could not give an endorsement to any proposition whether made by Mr. Ford or someone else which did not include a specific guarantee that the Muscle Shoals plant would, when completed be used in the manufacture of commercial fertilizers.

1,000,000 POUNDS STERLING FOR HOUSING IN IRELAND

Dublin, Jan. 25.—(By the A. P.)—William T. Cosgrave, acting lord mayor of Dublin and minister of local government in the Irish provisional government, announced at a meeting of the Dublin corporation this afternoon that the provisional government had agreed to expend pounds sterling 1,000,000 on housing in Ireland within the next year.

Middletown.—The death of John Kendrick Bangs, humorist and man of letters, at Atlantic City late Saturday recalls the fact that his grandfather, Nathan Bangs, was third president of Wesleyan university, serving from 1841 to 1842.

Heed The Danger Signals!

If we are not "fit as a fiddle" in the morning; if we don't feel better than when we went to bed; if our breath is offensive and we have that bad taste in the mouth, Nature has set the danger signals for us and we cannot afford to neglect the warning that she gives.

Probably eighty per cent. of all diseases originate in the digestive organs, so it is evident that if we have stomach trouble, however slight, we are foolish indeed if we do not take prompt steps to correct it.

Stomach trouble is almost always followed by a complication of diseases. One of the first being an overworked liver, with all the symptoms of biliousness, followed in turn by headaches, coated tongue, dizzy spells, pain in the back, palpitation of the heart and other distressing symptoms.

Sooner or later the kidneys will become involved and that is just why these danger signals should be heeded in time. A wise man puts out the fire before there is too much destruction. The same theory should apply to stomach trouble.

The American people have learned that Tanlac probably provides the surest, safest and quickest remedy for all such trouble, and millions upon millions have taken it with the most astonishing and gratifying results.

That is the reason for the phenomenal success of Tanlac and that is why it is proclaimed the world's Greatest Tonic.

Tanlac is sold in Norwich by National Drug Stores Corp., and Taftville Pharmacy, and in Plainfield by F. L. Mercier; Charles R. Carey, Jewett City, Conn.; Dearnley & Clarke, Voluntown, Conn.

WHEN YOU WANT to put your business before the public, there is no medium better than through the advertising columns of The Bulletin.

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WESTERLY

It is reported that Mrs. Wicklan of Grove avenue has disposed of her house to Dr. Johnson.

James Jolly has filled the ice houses at No Bottom pond on the Watch Hill road, completing the work Wednesday.

A club of young ladies motored Wednesday to the home of Mrs. Hair, at Potter Hill where they enjoyed a delightful evening. The six young women are members of a sewing society which has no name.

Budlong W. R. C. No. 2, officers are to be installed in the Stillman hall this (Thursday) evening at 8 o'clock. State I and I. officer, Miss Marie Richter of Newport will preside and Mrs. Annie Pender of Providence will act as conductor. Invitations have been extended to all members of the organization comprising the board of conference, also to Budlong Post, G. A. R., Spanish War Veterans and the American Legion with friends and all friends of Budlong Corps and those interested in patriotic work.

Westerly delegates who attended the American Jewish Relief convention in New York have returned. H. Leon and Charles Goldberg report that about 600 delegates from all sections were present and this was considered the greatest Jewish convention that has taken place in New York.

Twenty-five applications for naturalization have been received by the board of conference. Efforts are being to provide night school instruction for those in Pawcatuck who are not able to read and write English and who need aid for the United States form of government and citizenship. There will be a meeting Feb. 1st when all can secure blanks and have them in readiness for the court when they will be filed.

Dr. Ernest B. Caldwell, of China, spoke in a most interesting manner on the Chinese situation, Wednesday evening at the Broad Street Christian church to a large congregation. This was a union meeting.

At the Colonial club, at the noon hour Wednesday, Dr. Caldwell spoke entertainingly on China and its possibilities.

Mr. and Mrs. Walter Kenyon of Brooklyn N. Y., arrived in Westerly Tuesday evening, called here by the death of Mrs. Kenyon's father, George W. Norman.

Mrs. Horace Vose and Mrs. Otis Chapman, Jr., of Chester avenue are spending a few days in New York and will leave the first of the week for Miami, Fla. where they will spend the remainder of the winter.

D. N. Williams of Boston will arrive in town today (Thursday) to spend the remainder of the winter with his daughter.

The daughter born to Mr. and Mrs. Burtham Kennedy of Chester avenue has been named Isabelle Irene.

STONINGTON

Friday evening Jan. 27th the members of Pioneer Hook and Ladder Co. and officers of Stonington fire department will sit down to an oyster supper in the company's rooms. The supper will be prepared by J. B. Adams. The committee in charge of the program is Frank L. Staplin, John McDowell and Manuel Sylvia.

The Stonington Community Service association are planning a Washington social and dance.

The Stonington chorus will meet this (Thursday) evening for their weekly rehearsal.

Funeral services for Manuel Rose (Pine) were held Wednesday morning at 9 o'clock at St. Mary's church. Requiem high mass was sung by Rev. J. E. O'Brien. The several orders of which Mr. Rose was a member were represented. Burial was in St. Mary's cemetery.

Miss Pauline Chesebro has been appointed by the probate court of the district of Stonington as alministratrix of the estate of her moth, Mrs. Lucretia Chesebro.

LYME

A meeting of the New London county farm bureau was held at Grange hall Friday evening.

Miss Emma Sawyer visited relatives in Essex Sunday.

Newton Lee and family were callers on Bill Hill the first of the week.

Miss Ora Harding of Norton, Mass., is enjoying a short vacation at the home of her brother, Ray Harding, on Bill Hill.

Mrs. May Bill returned to Saybrook last week after a short stay at her home on Bill Hill.

At the annual meeting of the L. B. S. held last week Wednesday the following officers were elected: President, Mrs. Helen Harding Gage; vice presidents, Mrs. Robert Sawey Mrs. Jared Daniels, Jr.; secretary and treasurer, Miss Carrie Bill; assistant secretary, Mrs. Willis Hall; work committee, Mrs. Wilson Irvine, Mrs. Lyman Harding, Mrs. C. M. Peck, Mrs. Hayden Lathrop, Mrs. Sarah Hall; directors, Mrs. L. Bill, Mrs. Ida Harding, Mrs. Torah Pearson, Mrs. C. E. Pearson, Mrs. Willis Hall, Mrs. C. M. Peck; entertainment committee, Mrs. J. L. Raymond, Mrs. Harold Reynolds, Mrs. J. S. Daniels, Jr., Mrs. William Marvin; refreshment committee, Mrs. Robert Sawyer, Mrs. Hattie Rathbun, Mrs. Clarence Lee; executive committee, Mrs. William Marvin, Mrs. Lodowick Bill, Miss Hester Warner.

WEST KINGSTON

Mr. and Mrs. Oliver Watson entertained their nephew and niece, Mr. and Mrs. Everett Hathaway, of Slocum, Sunday.

Joseph Kimball was a caller in Exeter Saturday.

Elsie Crandall of Kingston was a caller on relatives here Saturday afternoon.

George Burdick of Slocum was a recent caller on friends here.

Mr. and Mrs. Richard H. Bristow and daughter attended church at Wakefield Sunday morning.

The Sunshine Sewing circle met with Mrs. I. M. Kenyon Friday evening.

The Why and How club is to meet at the courthouse this (Thursday) afternoon.

Mr. and Mrs. C. D. Kenyon of Usquepaugh were callers on relatives here Sunday afternoon.

YANTIC

The Yantic fire engine company has responded to its third alarm this week and the member fully appreciate their new chemical, as by its speed three serious fire were prevented. Th one at which they assisted at Baltic took only a 22-minute run from the local station. Tuesday night they responded to a telephone from Eugene Austin, on Oakland avenue, there being a bad chimney fire at his home. Wednesday morning a call came from the home of John Pounch, at Norwich Town, where there was another chimney fire. The Yantic company responded within five minutes and little damage resulted from the brief blaze.

Collinsville.—Adam Pendyk was found dead in his room in Higgins block a week ago. It was known that he had some cash and securities, but so far a hunt for this property has been without success and the town had to pay for the funeral. It is believed that there has been robbery and an investigation has been ordered.

Heads Army Siberian Republic

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T. G. Alkyek, Commander in Chief of the Army of Chita, Siberia.

ties in Jewett City, all recognized by separate names. There is no South Main street as is seen on the official fire alarm card. There is the textile section, East and North Main street Highlands, East and North Main street Park section, Ashland, Slater's, Meadow Brook, Aspinook and Riverside.

The following estimates have been submitted for the running of the borough of Jewett City for 1922: Streets $2,000, police $1,100, printing $200, election expenses $100, water $1,521, insurance $125, park $100, garbage $700, interest $7,000, clerk and treasurer $200, street lights $2,600, fire department $1,000, electric light plant $9,000, miscellaneous $500. Total $26,146.

NORTH GROSVENORDALE

The following were perfect in attendance for the term ending Dec. 23, 1921, at the T. M. H. S.:

Grade VIII: Eddy Anderson, Peter Burnett, Raymond Johnson, Rolf Johnson, Frederick Racine, Harold Thereux, Elsie Buck, Helen Ingraham, Hannah Lindevall, Minnie Towne, Frances Toohill.

Grade VII: Richard Bayer, John Coppola, Stanley Duda, Newell Newton, Arthur Racine, Edward Willett, Belle Langelier, Ethel Parks and Emma Sobosik.

The senior class is planning a food sale.

T. M. H. S. played Putnam Trade school at the high school Friday evening, the score being 38-17 in favor of T. M. H. S. It was a brilliantly played game and the following members of the team were singled out for their baskets: Putnam Livingston, who made 20 points, Felix Grenier 14 points, and Charles Baker 4 points. Deward Rene and Harry Eno with their splendid guarding did much toward keeping down the score of the opposing team.

PHOENIXVILLE

Mrs. Lee Lyon spent last week with her niece, Mrs. Eugene Jones, of Groton. Mrs. Jones is recovering rapidly following an operation that she underwent at the New London hospital.

The local school is being taught by a substitute from Woodstock.

The infant son of Mr. and Mrs. Ozut is ill.

Rev. Mr. Abbott had charge of the service at the chapel Sunday. The attendance was large.

Friends are pleased to hear of the recovery of Miss Mollie Trowbridge, who has been seriously ill with asthma.

There is an epidemic of whooping cough in Phoenixville, only about one-third of the usual number of children attending school.

Mrs. Cora Clemens spent the week end at her home here, returning Monday to her school in Thompson.

Among Willimantic visitors Saturday evening were Ellery Bartlett, Peter Ozut, Roy Clemens, Robert Colburn, Darwin and Ernest Lewis and Ralph French.

When Child Suffers Its Parents Suffer

How The Alarming Cough Of A Boston Boy Was Quickly Relieved By Cerizane

"Our five-year old boy was seriously ill with typhoid pneumonia, which left him terribly afflicted with bronchial trouble. He was unable to sleep, breathed with greatest difficulty and doctors who constantly attended him said the only real hope was that he might outgrow the trouble, if he lived. The slightest change in the weather brought terrible cough and lung pains, and he would almost smother."

So said Mr. G. W. Wyman, of the firm of Moore & Wyman, manufacturers of special machinery, whose works are at Granite and Richard Streets, Boston, Mass.

"I was almost in despair when, upon the advice of a druggist, I tried Cerizane Balsam. When we gave him the first dose the child was gasping for breath and in great suffering. We noticed an improvement almost immediately. After a few doses the breathing became much easier and the little fellow went to sleep. We kept up the treatment for some time and our boy is now perfectly well."

Cerizane Cough Balsam is one of the famous "Winsol" remedies and has been made for ninety-five years. Any obliging druggist will supply you

EAST KILLINGLY

Howard H. Sayles of Hartford spent the week end with his father, A. H. Sayles.

Anthony Kliday of Ballouville spent Sunday at Albert Gordon's.

Almon Bartlett is under the weather with a severe cold.

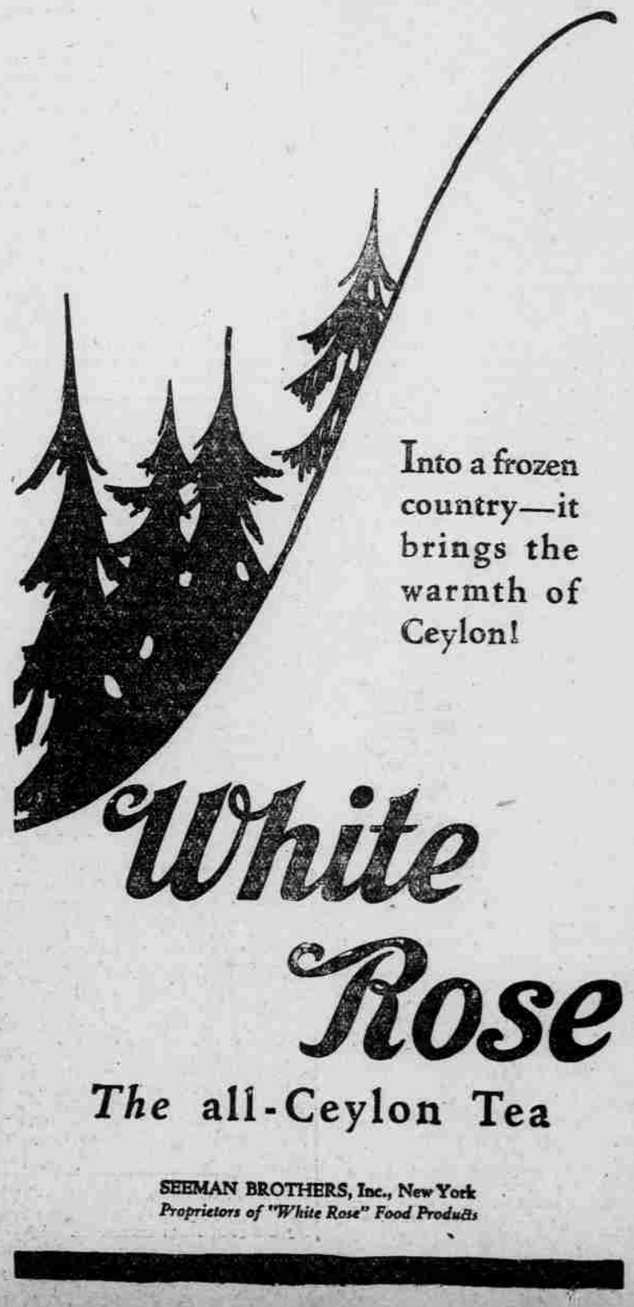
The B. Y. P. U. held their January social Saturday evening at the church. It proved very successful, as in spite of bad weather and slippery walking over $47 was cleared. The entertainment consisted of two dialogues, How the Story Grew and The Minister's Mistake, and instrumental and vocal music, also readings. A pie supper was served in the vestry.

The funeral of the invalid daughter of Dr. and Mrs. Becom was held at the Baptist church Sunday afternoon.

The very bad weather of Saturday prevented many from attending the funeral of John Chase, Sr., a lifelong resident of this place.

HEAD ACHED AND BODY ACHED.

There are various symptoms of kidney trouble—rheumatic pains, backache, sore muscles, stiff joints, and "always tired" feeling. Mrs. George Morgan, E. Fairfield, Vt., writes: "My head ached and my whole body ached so I could not sleep. Foley Kidney Pills gave me relief." They heal and strengthen weak, disordered kidneys and bladder and help them in their work of filtering the blood and casting out of the system the impurities that cause pain and disease. Prompt in action. Lee & Osgood Co.



Thousands Hear Him Lecture

THE MAN OF THE HOUR ASTONISHES THE MULTITUDE

Convinces the Entire Audience

RELIEVES THE SICK WHILE YOU WAIT

NOTHING TO SWALLOW—YOU JUST WATCH HIM DO IT

ELKS' HALL, NORWICH, PACKED TO THE DOORS

Paralytic Boy Made to Walk Home Without the Aid of Crutches.

SPECIAL INVITATION TO PROF. BLUMER TO LECTURE AND DEMONSTRATE. TWO MORE DAYS, TODAY AND SUNDAY AFTERNOON AT 2 P. M.

LADIES' DAY TODAY—DON'T MISS IT.

Elks' Hall, Norwich, is expected to be overcrowded today and Sunday. Great many people now have their chance to benefit by these lectures and demonstrations. Last demonstrations on Sunday, January 29th.

At former meetings hundreds of people, with all sorts of afflictions crowded the platform. All were satisfied that getting results on the sick while you wait is no idle theory, but a demonstrable fact. Friends of the sick greatly applauded the demonstrator.

Elks' Hall Thursday Afternoon and Sunday is expected to be packed to the doors. Dr. Louis Blumer, Founder of Natureopathy and Editor of THE SCIENTIFIC NATUREOPATH, will deliver three more lectures which will expose the evils done to mankind by drugs, pills and dope. He will convince the entire audience that Natureopatny is scientifc and based upon natural laws. He will illustrate to the audience a new method by which anyone can learn to prevent great many ailments and maintain health, and when ill how to alleviate ailments without after effect. Don't say it cant be done. Come and see it done. See the actual demonstrations on the sick, the lame and the deaf.

L. Blumer, D. PS., D. O., D. C., N. D.

The Norwich and surrounding town cases were of such a nature that no results were expected, but it only took several minutes to satisfy the entire crowded Hall that the push button centers on the human anatomy work wonders.

Middle aged lady who was deaf for a number of years, was given only about seven minutes' treatment She could then hear well. Various tests were instituted to verify her improvement.

A young lad residing in Second street, was paralyzed and made to stand up in less than ten minutes' treatment. The audience was so excited that applause kept up for several minutes.

Old lady relieved from severe headache and rheumatsm in about nine minutes.

At a lecture given Saturday an old lady who was all bent over from rheumatism and was carried up on the platform for treatment. After a few minutes of Natureopathic treatment, she was able to straighten right up, and she said that the pain which she had had in her back for years was all gone and was able to walk down the platform.

The next case treated was a little boy seven years old. He had never stood without the aid of his crutches before, but after a few minutes of Natureopathic treatment, was able to stand unaided. The mother of the little boy was overcome with joy, and so it goes, case after case which you would probably say was hopeless are treated with instantaneous results.

Come and see for yourself.

At every lecture Dr. Blumer also tells how to keep well by nature's aid. He will tell you how to strengthen weak eyes. How to cure a cought or a bad cold in a few minutes. How to cure asthma or rheumatism, which are based upon scientific natural laws and facts.

Find out for yourself, how Catarrh causes deafness, eye trouble, and how simple it is to cure this affliction of the human race.

Following every lecture will be the actual demonstrations upon the sick. Bring the sick of your own choice for test treatments, and come and learn for yourself why nearly forty million people in the United States have adopted drugless methods.

Remember the dates. Be sure and bring your friends. People travel from far and near to hear Dr. Blumer lecture. He is truly the man of the hour, and he is doing a wonderful work. Many of his former patients who were in almost a helpless condition, have been receiving the greatest benefit that the healing science can offer. They now come great distances just to hear him lecture. He will lecture under the auspices of the Natureopathy Physicians.

Natureopathy is rapidly gaining in favor with the public. The wonderful cures made have attracted thousands of people in all walks of life, and have given to the sick and suffering new life and hope.

The lectures and demonstrations in every city set the serious thinking, and convinced the doubtful. No matter how bad the disease, how long standing or how helpless the case, if curable at all, these wonderful demonstrations will prove before your eyes what results are possible under the most unfavorable conditions.

The new health science, called Natureopathy, now vitally concerns every man, woman and child, because the founder covers the subject of health from a new angle.

Crowds are filling every theatre and auditorium that he lectures in. According to the crowds from Norwich and vicinity that attend every one of his lectures on this great health science, local people will have to be early in order to secure seats. This science holds the attention of the entire audience, considering the fact that nearly forty million of our people are employing some form or other of Natureopathic treatment for the relief of their ailments.

It, therefore behooves us, that we should more thoroughly investigate when such opportunity is given us.

Natureopathic health science can publicly demonstrate results, make physiological changes on the afflicted while you wait is certainly THE HEALTH SCIENCE THAT THE HUMAN FAMILY SOUGHT FOR AGES.

Natureopathy demonstrates amazing results. THE OVERWHELMING SUCCESS shows that nature's forces are mightier than artificial stimulants.

Come and watch the founder of Natureopathy demonstrate on actual cases. Tonight at 7:30; tomorrow afternoon and Wednesday also in the afternoon for the last time.

The Natureopathic doctors have private offices at the Thayer Building, 16 Franklin Street, Norwich, Connecticut.