

SOME AND ABROAD

(SPECIAL DISPATCHES TO THE RECORD-UNION)

DOMESTIC NEWS

Logan's Visit to Blaine

AGUSTA (Me.), June 16th.—General John Logan and Senator Blair arrived here at 3 1/2 P. M. by the fast express. They were met by a large number of citizens

OVERDING THE TIGER

Very soon warm weather will be at hand, unless the usual climatic conditions fail, and then the summer exodus from cities and towns will begin

The disposition to spend summer vacations in the open air, in camp, rural resort, by the seaside, in mountain coolness and wooded shade, by the shores of the lakes and in the gorges of the hills is strengthening

Some one has said that it is testimony to the growth of the barbaric spirit, perhaps, but if so it is well. Such barbaric tendencies will do us good, in that they will improve the physical condition and give the intellectual part better means, and afford that relaxation from the treadmill routine of business life which nothing else will

We live too fast; we exhaust the oil of the lamp until the weak burns dry and hard

and mentally as well as physically. The hard pavements and harder walls of town life harden our sympathies and narrow our views of men and things

The unbounded freedom of the sea, the stimulant of saline breezes, the elasticity of unhampered nature found only in the country, the feast may have at the board of nature in her mountain banquet-halls—these are the rejuvenating and restorative, the safety valves for the

one that is to be guarded against, and that is the tendency to overdo the thing. In a great many cases we lose all the good effects of a vacation by the attempt to enjoy it too much—to crowd too much into the narrow time given us for rest

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