

NEWS THAT'S COMMENT THAT'S NEWS

The Star-Bulletin's Page of Sport Edited by LAURENCE PEDINGTON

HEALANIS BEAT ST. LOUIS AND BEAVERS TRIM GUARD AT SOCCER

PENNANT MEN NO MATCH FOR FAST CHINESE

How did the Hawaiis come to win the Oahu League pennant? That's the question that a number of the fans propounded for their own solution yesterday afternoon...

However, in expecting championship form from the Hawaiis, it must be remembered that the team when playing against the Chinese is shy two of its most valuable men...

It was a banner crowd that turned out yesterday, every seat at Athletic park being filled, and an overflow crowd standing on the field...

Medeiros was hit rather freely, one hit in the fourth, two in the fifth, and one in the eighth, with a few passes and errors thrown in, resulting in five runs.

Following is the score: P. A. C. AB R BH SB PO A E

En Sue, cf. 4 1 1 1 1 0 0 0
Ayau, ss. 2 0 1 0 1 2 0 0
Sing, Huns, rf. 0 0 0 0 0 0 0 0

Another run in the fifth started with an error at first, which left En Sue safe. He was sacrificed along by Akana, and then stole third, scoring on Lai Tin's hit.

The Hawaiis and men on in nearly every inning, having an unusually good chance to score in the fourth. Fernandez was given his base on balls and Kuali hit to left, putting Fernandez on third.

Following is the score: HAWAII AB R BH SB PO A E
C. M'ry'na, ss-cf. 4 0 2 0 0 0 3
D. Desha, lf. 2 0 0 0 2 0 0

Totals 31 0 7 1 24 18 4
Chinese AB R BH SB PO A E
En Sue, cf. 4 1 1 1 1 0 0 0

En Sue, cf. 3 1 0 2 0 0 0 0
L. Akana, 2b. 3 1 0 1 1 0 0 0
Markham, 3b. 3 0 0 1 1 1 1 1

En Sue, cf. 3 1 0 2 0 0 0 0
L. Akana, 2b. 3 1 0 1 1 0 0 0
Markham, 3b. 3 0 0 1 1 1 1 1

En Sue, cf. 3 1 0 2 0 0 0 0
L. Akana, 2b. 3 1 0 1 1 0 0 0
Markham, 3b. 3 0 0 1 1 1 1 1

PORTUGUESE LOSE AGAIN TO CHINESE

In spite of the fact that two men were so badly injured that they had to be removed from the game, creating considerable delay, the Saturday game between the Portuguese and Chinese was run off in 1 hour and 18 minutes.

The contest was replete with fast double plays, and was remarkable for some of the fielding stunts. It isn't often that two men are thrown out from right field to first in a single inning, as was the case in the fifth frame.

The first accident was to La Mere, who broke a finger on a foul tip in the fifth, a most painful accident that the Portuguese backstop took without a quiver.

Apau pitched a beautiful game for the Chinese, being touched safely only twice. In the ninth M. Ornellas, who replaced Arcia, got a hit. Sousa filed to short, but Apau hit Bushnell, putting two on with one gone.

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Following is the score: P. A. C. AB R BH SB PO A E
Sousa, 3b. 4 0 0 0 5 3 1
Bushnell, cf. 3 0 0 0 0 0 0 0

Totals 29 1 2 1 24 18 4
Chinese AB R BH SB PO A E
En Sue, cf. 4 1 1 1 1 0 0 0

En Sue, cf. 4 1 1 1 1 0 0 0
Ayau, ss. 2 0 1 0 1 2 0 0
Sing, Huns, rf. 0 0 0 0 0 0 0 0

En Sue, cf. 4 1 1 1 1 0 0 0
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Sing, Huns, rf. 0 0 0 0 0 0 0 0

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En Sue, cf. 4 1 1 1 1 0 0 0
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CORNELL TRAINER HAS ADVICE FOR LOCAL MEN

Here is the second instalment of hints on training and cross-country running, given by Trainer Moakley of Cornell for the benefit of Honolulu athletes. At the request of Cornell graduates here, Moakley has sent along a number of short, snappy rules to follow, and it is expected that these will be of great benefit to the men who are going after the Cornell cup this year.

The third and final instalment of these training hints, "Advice as to diet," will be published on this page tomorrow. Cornell's greatest long-distance runners were men who never took part in athletics until they came there.

Do not to run altogether on your toes when first starting to run long distances. To avoid the usual soreness that accompanies the first day of running, land on the ball of the foot and let the heel touch lightly.

Always run with quick natural stride down hill, don't stretch out. Keep the body bent forward. Bend the knees when running up hill and do not try to run on your toes. Run flatfooted.

When walking affect the heel and toe style, legs well out in front of you and swing the arms strong and low. Keep the arms low in running also, and swing strong when you are finishing with a sprint.

Rest is the surest cure from stale legs. A few days' rest from practice will make you feel like a new man. Don't think that tonics or stimulants will get you back in shape; staleness is merely a sign of being overworked.

Do not stand around in a racing costume, keep moving. Your muscles are liable to stiffen; besides there is danger of catching cold.

Do a lot of jogging on your toes before and after practice to strengthen the running muscles. When taking easy runs try to breathe only through the nose as much as possible.

Always breathe through the nose when you first leave the dressing room to run out doors. When running fast the breathing should be normal, i. e. through the nose and mouth.

For sprained ankle use a hot shaver for about ten minutes, then alternate with a cold, and bandage tightly as soon as possible after the injury occurs.

Considerable time should be given to developing an easy style of running. A little time given to form work in the morning will work wonders in your speed and staying power.

Keep your legs before a competition all you can. Rest lying down, and wrap up warmly until the race begins.

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YACHTSMEN TO TALK OVER THE SEASON'S PLAN

The annual meeting of the Hawaii Yacht Club will be held at the Commercial Club rooms next Wednesday evening at 7:45, when officers for the year will be elected, and important matters considered.

It is up to the club to decide whether the biennial trans-Pacific race will be held this year as per schedule, or postponed until 1915. A postponement would have to have the sanction of the coast yacht clubs, but it is understood that the coast yachtmen are in favor of making the race a feature of the exposition year, and in this Honoluluans heartily concur.

It will be hard work to finance the race this year, and it is believed that interest will be much greater if another year goes by. Also, it may be possible in 1915 to secure funds for the building of a new craft to carry the flag of the Hawaii Yacht Club, as it is conceded that the Hawaii has little chance of beating the boats that are likely to be entered in the next race across the Pacific.

Club officers ask that a full representation of the membership turn out Wednesday.

ASAHI'S DEFEAT FORT ARMSTRONG

The Fort Armstrong ball team ran up against a big surprise yesterday morning, when the Asahis trimmed them to the tune of 12 to 1 in the first of a three-game series. The entire receipts were donated to the fund for the relief of Japanese earthquake sufferers.

The soldiers didn't play nearly the game they put up the week before against the All-Service, while the Asahis fielded well, and hit the ball on the nose when hits meant runs.

Following is the score: FT. ARMSTRONG AB R BH PO A E
Howard, 2b. 3 0 1 3 0 2
Thomas, lf. 4 1 2 1 0 0

Totals 33 12 10 27 10 3
Runs and hits by innings: Fort A.: Runs. 0 0 1 0 0 0 0 0 1

Fort A.: Runs. 0 0 1 0 0 0 0 0 1
B. H. 1 1 1 0 1 0 0 0 4
Asahi: Runs. 1 0 4 3 0 1 1 3 x-12

Summary—Two-base hits, Nishi 2, T. Moriyanu, sacrifice hits, Nishi 2, S. Uyeno, T. Uyeno; struck out, by T. Moriyanu 10, by Harris 2; bases on balls; off T. Moriyanu 2, off Harris 4; hit by pitched ball, Yamashiro. Umpire, H. Bushnell. Time of game, 1h. 40m.

Summary—Two-base hits, Nishi 2, T. Moriyanu, sacrifice hits, Nishi 2, S. Uyeno, T. Uyeno; struck out, by T. Moriyanu 10, by Harris 2; bases on balls; off T. Moriyanu 2, off Harris 4; hit by pitched ball, Yamashiro. Umpire, H. Bushnell. Time of game, 1h. 40m.

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By a score of 2 to 1 the fast Healanis soccer eleven defeated the St. Louis college team in a practice game Saturday afternoon on the lower Puuhou campus. The winners had their own way the entire two periods, although they let the ball get way down into their territory at times, giving the interscholastic shooters good chances to tie the score.

It could be plainly seen that the Healanis men were toying with their younger opponents, and would have run up a larger score if they had not been half tried. Their skill at carrying the ball baffled the wearers of the blue and red, but nevertheless they were not able to get past the husky Saint backs many times.

The team work of the St. Louis team was very good considering the short experience of the players, and by playing hard that eleven was able to show some fairly good soccer. Howe, captain of the squad, kept his men on the jump and although the Healanis found it easy to carry the ball past their opponents they were always followed by one of Howe's men, and the coast was seldom clear.

After about five minutes of play Walker netted the first score by a neat kick within the penalty area. The wearers of the blue and red now played harder than ever and for a minor reason they were given a free kick within 10 yards of the bars.

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Those on the Beaver team included Young, Sinclair, Lowrey, Walker, Clark, L. Clark, Purvis, Dease and Gray. Among those on the picked team were Colburn, Fernandez, Paty, Dwight, Austin, E. Gay, R. Gay and Rowat. Referee, Dease.

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Baseball! ATHLETIC PARK

SATURDAY, JAN 31st. HAWAII vs. ALL-CHINESE
SUNDAY, FEB. 1st. P. A. C. vs. ALL-CHINESE. 3:00 p. m.

Reserved seats on sale in Sporting Goods Department. E. O. HALL & SON, LTD.

BOATMEN SOCCER CHAMPIONS

The Healanis are champions of the Hawaiian Association Football League for the season of 1913-14. In addition to winning every game, the boatmen had only a single goal scored against them, a truly remarkable record.

The season came to a close Saturday, when two games were won by default, the Malles defaulting to the Healanis and the National Guard defaulting to the Beavers. In order not to disappoint the crowd, two exhibition games were substituted.

Following is the final standing of the league: P. W. L. D. For. Against. Pts.
H. Healanis 8 8 0 0 17 1 16

H. Healanis 8 8 0 0 17 1 16
Beaver 8 5 3 0 14 5 10
Artillery 8 4 4 0 9 5 8

H. Healanis 8 8 0 0 17 1 16
Beaver 8 5 3 0 14 5 10
Artillery 8 4 4 0 9 5 8

Bunts and Bounders

The Desha Brothers in their thrilling act, "Caught but not tamed." You don't see the Chinese standing at bat with their breeches falling down to their ankles. Not so you'd notice it. They tuck 'em right round their knees where they belong, and don't have the low ones called strikes, in consequence.

A fanette in the grandstand arrived at an ingenious explanation of the "N.S." on the Hawaiis' shirts. "That must stand for Norris Stayton," she told her friend.

The third-base line should be levelled so that well-executed bunts won't always roll foul. Allvin Robinson, Foster's older brother, made his initial appearance in Chinese uniform. He made four hits out of four times up, all but the last being slashing drives. Going some.

Apau was on the bench with a pair of crutches across his knees. He got a nasty twist to his ankle in Saturday's game. Apau is the most solemn individual on the field when he is pitching, but when he's on first he's the biggest kiddler on the team.

The new sidewalk is much appreciated. Stayton and Bruns umpired in big league style.

TWO GAMES IN SCHOOL SOCCER SERIES TODAY

This afternoon the Mills soccer team will play the Oahu College eleven on the latter's home grounds, while the St. Louis squad will battle with the McKinleyites at Athletic Park, both games beginning at 4 o'clock. Judging from the games played by these teams previously, both matches are likely to be one-sided affairs.

At present it is hard to say who will win the championship, for St. Louis College and Punahou have played no-score games with Kamehameha. Now that the cadets have lost Correa, the team will be somewhat crippled, although it is probable that a new man can be obtained to hold down that wing.

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DRIBBLES

"Hoot mon" is the game at present. The way Greig dribbles the ball past his opponents should be studied by the novices. It is said that he can kick a goal from around a corner.

Nye was the man who did the work for the Saints. That was a pretty goal he kicked. A large number of boys from the St. Louis College were on hand to watch their team play.

There are times when Richard has no kick coming. Dease refereed the first game in an entirely satisfactory manner. Rowat played in good form at full on Saturday.

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