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Vibratory massage stubbornly opposes disease, because it increases the supply of health building blood to the tissues.

It is not claimed that vibratory massage takes the place of vigorous muscular exercise, but in these days of sedentary occupations and in this climate many prefer not to take exercise.

The Premier Vibrator

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And even those who exercise constantly will find an auxiliary benefit in its use.

PREMIER VIBRATORS are portable for home or professional use. They are inexpensive and the tip-top of efficiency and long life.

Hawaiian Electric Co., Ltd.
HONOLULU

Non-Musical Cows of Manoa Threaten to Annihilate Echo

Part of This Number Was Not on the Program of the Band Last Night

Unappreciative and non-musical cows nearly spoiled the feature of last night's band concert to celebrate the opening of the new Manoa Park. As it was, four of the bovine Manoaites caused one of the bandmen acute discomfort and for a few moments threatened to annihilate an echo which was an integral part of the feature selection.

In this selection the main part of the band played in the park while several individual members, hidden at various distances, gave the "echoes" on cornets. One of these cornetists was invited to a comfortable spot on the lawn of an adjacent residence, but figuring that no regular echo would work in that spot, he started up the hillside to find a suitable place from which to sound his horn.

It was just as he had found an ideal place for a nice, full-grown but not nice, decided that the man in the white uniform was in an entirely wrong place and forthwith they went for him. Reasoning that a live bandman was worth considerably more than a dead echo, the cornetist lit out for a place of refuge. A tree loomed up and he made for it, only to be stopped by a barbed-wire fence. Not only stopped, but somewhat mangled, particularly as to white uniform. The cows being rather persistent in their hostile intentions, he extricated himself from the barbed wire with more speed than comfort and resumed his flight. Finally he got through the wire at another spot, but with further disaster as to torn clothing.

Nevertheless the cows notwithstanding, he was on the job when the band in the park below ceased to await the sounding of the echo. Those who heard it remarked on the splendid tremolo effect which the hidden cornetist was able to give, unaware that four cows and a barbed-wire fence were largely responsible for the tremulous wistfulness of the tones poured out upon the still night air.

REGULATIONS CHANGE ON TRUST ESTATES

Fiduciaries must hereafter pay the income tax on money earned by a trust estate but not turned over to the beneficiaries. When, later, the income on which the tax has been withheld is paid to the beneficiary, mention must be made of it in the income tax return for the year, but no tax need be paid.

This information is contained in a letter received yesterday by J. F. Haley, collector of internal revenue, from headquarters in Washington.

BREESE MAKING BIG SUCCESS IN HACKETT'S ROLE

Edmund Breese, one of the premier actors in filmdom, in the role created by James K. Hackett in "The Walls of Jericho," is packing the Hawaii theater for the first half of the current week. This premier William Fox star is a new actor to Honolulu audiences, but he is already immensely popular. His splendid opportunities in this offering and the manner in which he forces himself to the front are the reasons for his having taken the audiences at the Hawaii theater by storm.

In this photo-play, which is an adaptation of the stage offering of the same name by Alfred Sutro, English "high" society is placed on the grill and kept there from start to finish. The weaknesses of high society are made the medium for all of the satire and sarcasm that it is possible for the author to point. Every effort is made to discredit the present day social system and to point out the faults and vices of the British aristocracy.

'ESMERALDA' IS VOTED LEADER OF PICKFORD FILMS

Mary Pickford once more "registers satisfaction" at the Liberty theater, and for the past three nights has packed the big Nuuanu street house to the doors. She will close her local engagement in "Esmeralda" with the performance of this evening and in closing will have completed probably her biggest hit at the "home of Paramount features." It is possible that Mary Pickford has something better to bring to Honolulu, but her most persistent admirers, and they are her most ardent critics, are in doubt.

Time and again Little Mary is seen in a role that appears to have been manufactured for her especial case. At times she is seen in tears—and her audience weeps with her. At other times she smiles and the audience smiles likewise; still again she wears the "Pickford pout," and the audience pouts with Little Mary.

The story of "Esmeralda" is one that is as old as the hills. A most ambitious mother would marry her daughter "well," while the daughter sincerely loves a "boy from the farm." The mother and child are at loggerheads as to the girl's future, but Cupid, with his myriad of methods for gaining his points, eventually wins and the girl and her lover show the parents that wealth is not the sum of happiness. It is a delightful film and Mary Pickford is at her best. Tonight closes the bill.

PICTURES FOR WAR DRAMA ON MEXICAN LINE

In the role of a loyal and patriotic girl, Miss Lottie Belmont, a new film star, does the most remarkable work in her career. Miss Belmont is given a congenial part in the three-act dramatization of Donald Burnham's famous play, "The Pawns of Mars," which will be featured at the Empire theater today. In this big dramatic success, Charles Kent and Nicholas Dumait have achieved a happy co-mingling of comedy and drama.

"The Pawns of Mars" is a powerful story of war. Many of the exciting scenes were taken at the Mexican border. There is a pleasing strain of romance running through the play.

One of the late contributions to moving pictures is the clever little comedy, "On the Road to Dawn." The frequent and compelling incidents easily lead to a startling climax.

Jerome McDermont and Walter Coyle are the principal fun-makers in the roaring comedy, "The First Piano in Camp."

NORSE LEGENDS WILL BE TOLD TO STUDENTS

During the remainder of February and throughout March a series of 12 stories on Norse legends are to be told at the Library of Hawaii at 3 o'clock each Wednesday afternoon for the benefit of children from 3 to 14 years of age who are attending the public schools. Miss Mary Lawrence will tell the stories.

The idea of this series is to make the children familiar with legends and medieval stories of the Norsemen, as well as something of the early history of the people. A story hour for smaller children is held at 3 o'clock each Friday afternoon.

PENNSYLVANIA ALUMNI.

Alumni of the University of Pennsylvania will hold a luncheon at the University Club at noon next Saturday. All old Pennsylvania men who have not received word of the luncheon are asked to get in communication with Dr. A. F. Jackson, secretary of the alumni association.

OPENING DAY

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Trimmed HATS

and

Sport Hats

Every Shape Every Color

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Evening Gowns, Hoop Skirts
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All with the distinctive lines that mark our styles

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One Smashing Blow

Some years ago you were wondering why they have headaches, nervousness, heart flutter, biliousness and various other ailments. But they never suspect a most common cause—coffee drinking.

Coffee contains caffeine, a powerful habit-forming drug. The little doses repeated daily irritate the nerves, unsteady the heart, hinder digestion and work havoc generally with many coffee users.

The simple, easy way to smash coffee troubles at one blow is to quit the coffee and use

POSTUM

—The pure food-drink.

There's "nothing missed" with the change; and thousands have found it means a big step toward health and comfort.

Postum is made of wheat and a bit of wholesome molasses—has a rich flavour, much like mild Java coffee, yet contains no drug or other harmful element.

Postum comes in two forms: The original *Postum Cereal* requires boiling; *Instant Postum* is soluble—a level teaspoonful in a cup of boiling water makes a delicious drink—instantly. Both kinds are equally delicious and the cost per cup is about the same.

Ten days off coffee and on Postum will show

"There's a Reason"

—sold by Grocers everywhere.