

Recipes For Potato Dishes

"Are you eating your share of the country's bumper potato crop?" asks the United States department of agriculture in a recent statement. "Now that the tubers are once more plentiful and cheap they may well be given a prominent place on the dinner table," continues the statement.

The department makes the following suggestions in regard to the use of potatoes at dinner:

POTATOES WITH SAUCE OR CHEESE

Potatoes baked with white sauce and cheese, scalloped potatoes, and similar dishes can be used in place of macaroni and spaghetti, and potato dumplings can be used in place of wheat dumplings. Cooked in combination with other foods, in a meat pie for instance, potatoes may be depended upon as the principal dinner dish. There are also a number of dishes, such as potato pudding, which can be used at dinner in place of sweets made of wheat flour.

STUFFED POTATOES

A nice way to secure variety is to cut a slice from the top of each baked potato and scrape out the inside. Mash, season with salt, pepper, chopped parsley or chopped celery leaf, or onion juice (if liked), and butter, or savory fat, and heat in a little hot milk; add two well-beaten whites of eggs. Refill the skins, sprinkle with grate cheese or bread crumbs, and bake in a hot oven about six minutes.

HASHED BROWN POTATOES

Cut cold boiled potatoes into small pieces (2 cupfuls), season with salt and pepper, cook three minutes in one-third cup bacon drippings, stirring constantly. Let stand a few seconds to brown underneath; fold like an omelet, and serve on a hot platter. These are very good with broiled or fried fish or meat.

POTATO PUDDING

One-half pound mashed potatoes (5 small potatoes), four tablespoonfuls butter or good cooking fat, two eggs, one-half cup milk, one-fourth teaspoonful salt, one-half lemon (juice and rind), one tablespoonful sugar, one-half raisins or raisins and nut meats. Boil potatoes, mash, and add butter, eggs, milk, lemon juice, grated peel, and sugar. Beat all the ingredients together, and bake in a buttered dish for three-quarters of an hour or longer.

MEAT AND POTATO PIE WITH POTATO CRUST

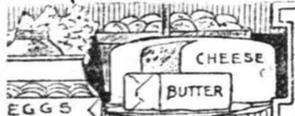
Boil meat, cut into small pieces. Mix with potatoes separately boiling and cut up, and put into a baking dish. Make a crust by mixing smoothly mashed potatoes to which a tablespoonful of shortening has been added, with enough flour and water to make them roll out easily. A pie made of a pound of meat will require five or six small boiled potatoes, a cupful of mashed potatoes, and eight or ten tablespoonfuls of flour, and should be baked about 20 minutes in a hot oven. Salt, pepper, and other seasonings, as onion and carrot, may be added to taste. A teaspoonful of baking powder makes the crust lighter.

MINTED POTATOES.

Boiled potatoes are at their best when mealy, so, after boiling, the water should be poured off, a little salt sprinkled over the potatoes, and the kettle not quite covered, and placed on the back of the stove, so that they may "dry out." If you wish a novelty, in boiling new potatoes add a few mint leaves to the water in which they are cooked. In baking potatoes one should always remember that, to be at their best, they should be served as soon as they are done. If one cannot serve them at once, the skin on one side should be slashed in order to allow the steam to escape, and the potatoes kept hot.

Fried potatoes are also favorites and the ways in which they can be either fried in deep fat or pan fried are numerous and well known. Fried potatoes seasoned with onion are a common dinner dish and one should remember that green peppers can be used with the onions or in place of them.

Don't cry over spilled milk. Quit spilling it.



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WEEKLY PRODUCE REPORT

By A. T. LONGLEY, Marketing Superintendent.
ISSUED BY THE TERRITORIAL MARKETING DIVISION
WEEK ENDING, OCT. 12.

WHOLESALE	
Small consumers cannot buy at these prices.	
Island butter, lb.None	Hens, lb.35 to 37
Eggs, select, dozen70	Turkeys, lb.50
Eggs, No. 1, dozen65	Ducks, Musc, lb.28 to 30
Eggs, duck, dozen55	Ducks, Pekin, lb.28 to 30
Young roosters, lb.45	Ducks, Haw., dozen7.00
VEGETABLES.	
Beans, string, green03 to 03 1/2	Rice, Haw. seed, cwt.6.75
Beans, Lima in pod04	Peanuts, lg., lb.13
Beans, Maui, red8.50 to 9.00	Peanuts, sm., lb.None
Beans, CalicoNone	Green peppers, bell06 to 07
Beans, small, white12.50 to 13.00	Green peppers, chili05
Peas, dry, islandNone	Potatoes, Is., IrishNone
Peas, small, white12.50 to 13.00	Potatoes, sweet1.15 to 1.25
Beets, dozen bunches30	Potatoes, red sweet1.00 to 1.10
Carrots, dozen bunches40	Taro, cwt.1.50 to 1.75
Cabbage, cwt.3.25 to 3.50	Taro, bunch15
Corn, sweet, 100 earsNone	Tomatoes, lb.03 to 04
Corn, Haw., sm., yel.75.00 to 80.00	Green peas, lb.None
Corn, Haw., lg., yel.65.00 to 69.00	Cucumbers, dozen70 to 80
Rice, Jap. seed, cwt.6.50	Pumpkins, lb.02 1/2 to 03
FRUIT.	
Bananas, Chinese, bunch.20 to 40	Limes, 10090 to 1.00
Bananas, cooking, bunch.1.00 to 1.25	Pineapples, cwt.1.50
Figs, 10090	Papayas, lb.04 1/2 to 05
Grapes, Isabella, lb.10	WatermelonsNone
LIVESTOCK.	
Cattle and sheep are not bought at live weight. They are slaughtered and paid for on a dressed weight basis.	
Hogs up to 150 pounds.18 to 19	Hogs weighing up 150 lbs.19
DRESSED MEATS.	
Beef, lb.14 to 15	Mutton, lb.18 to 19
Veal, lb.14 to 15	Pork, lb.22 to 24
HIDES (WET SALTED)	
Steer, No. 1, lb.18	Kips, lb.18
Steer, No. 2, lb.16	Goat, white, each20 to 30
Steer, hair slip16	
FEED.	
The following are prices on feed, f. o. b. Honolulu:	
Corn, sm., yel., ton90.00	Oats, ton65.00
Corn, lg., yel., ton85.00	Wheat, ton85.00 to 88.00
Corn, cracked, ton86.00 to 87.00	Middling, ton64.00 to 65.00
Bran, ton55.00	Hay, wheat, ton38.00 to 40.00
Barley, ton57.50 to 58.00	Hay, alfalfa36.00 to 38.00
Scratch food, ton86.00	

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Appeal to Reason

Ask any of the great army of Postum users what influenced them to try this beverage, and the reply nine times out of ten will be that they were convinced the caffeine and tannin in tea and coffee were harmful to health.

Some imagine it is hard to give up coffee and tea. But it isn't, with the delightful aroma and flavor of Postum at hand. This flavor somewhat resembles that of a high-grade Java coffee, but there is no coffee in Postum—only the nourishing goodness of wheat, skillfully processed with a small per cent of wholesome molasses.

Postum comes in two forms: Postum Cereal, which has to be boiled; Instant Postum—soluble—made in the cup, instantly. Some prefer one, some the other. Made right, they are alike delicious, and the cost per cup is about the same. There's better health, comfort and efficiency in

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"There's a Reason"

The food animals among the Allies have decreased since the war began by about 33,000,000 head, thus their meat, fat, milk, and butter have decreased in the face of increased need. They normally import 30 per cent of their fodder—grains, corn, oats, barley, and rye. Owing to the reduction in their harvest they must, this next twelve months, import 50 per cent if they receive the normal amount. In peace times we furnish them under 2 per cent, and Canada under 1 per cent. This year we must alone furnish them with at least 40 per cent, as Canada produces little but wheat. Our quota means 500,000,000 bushels and we can do it if our great corn and oats crops mature.

They need the cereals other than wheat, not only to supply feed for animals but partly to substitute for wheat in the bread. They can, however, only absorb a certain amount of corn for human food, for, in Italy, they have never eaten corn bread, and have no adequate mills, and, besides, household baking is a lost art and corn bread can not be distributed from the bakeries. Therefore, they must have wheat as the basis for their war loaf.

France and Italy formerly produced their own sugar. They can not do so now. England imported largely from Germany and Russia. Therefore, our allies must now come to the West Indies for over 2,000,000 tons if they are to obtain a normal amount. They thus draw from our own source of supply and we must divide with them.

Of potatoes and other vegetables we have a superabundance, which we can not ship, because they require from 4