

Package mailed free on Request of

MUNYON'S PAW-PAW PILLS

The best Stomach and Liver Pills known and a positive and speedy cure for Constipation, Biliousness, Sour Stomach, Headache, and all ailments arising from a disordered stomach or sluggish liver. They contain concentrated from all the virtues and values of Munyon's Paw-Paw tonic and are made from the juice of the Paw-Paw fruit. I unhesitatingly recommend these pills as being the best laxative and cathartic ever compounded. Send us postal or letter, requesting a free package of Munyon's Celebrated Paw-Paw Laxative Pills, and we will mail same free of charge. MUNYON'S HOMOEOPATHIC HOME REMEDY CO., 534 and Jefferson Sts., Philadelphia, Pa.

She Understood.
Mrs. Newhouse was patiently instructing her Irish maid of all work as to the proper names of certain articles.

"And, Bridget," she said at one time, "these are ewers—ewers—don't call them jugs any more."
"Sure, an' I won't, ma'am," said Bridget joyously. "An' is all them little basins mine, too, ma'am?"—*Youth's Companion.*

Dramatic Note.
Nick—What good is an asbestos curtain, anyhow?
Nax—Keeps the show from being roasted.—*Yale Record.*

Trial Bottle Free By Mail

EPITECTIC

If you suffer from Epilepsy, Fits, Falling Sickness, Spasms, or have children that do so, my New Discovery will relieve them, and all you are asked to do is to send for a Free Trial Bottle of Dr. May's Epileptic Cure.

It has cured thousands where everything else failed. Guaranteed by the Druggists. Under Pure Food and Drug Act, June 30th, 1906. Guaranty No. 1897. Write for Special Free Trial Bottle and give A.G. and complete address. DR. W. H. MAY, 548 Pearl Street, New York.

Writer's Cramp.
"Pa, what is writer's cramp?"
"It's being cramped for money, my son. All writers suffer from it."
—*Red Hen.*

FOR HEADACHE—HICKS' CAPSULES
Whether from Colds, Heat, Stomach or Nervous Troubles, Capsules will relieve you. It's handy—pleasant—takes—acts—immediately. Try it. 10c, 25c, and 50c at drug stores.

ODDS AND ENDS.

Siam's population is 5,988,837.
Australia had a wheat crop in 1908-9 of 82,400,000 bushels.
Abraham Lincoln's fortune was \$75,000.

Madrid pays his generals 20 cents a day in 15-to-1 paper money, or 1.6 cents in gold.
New York has discovered that it pays \$100,000 a year for the wooden skewers in the meat.

Cuban goods were invoiced for the United States through the Havana consulate during the last quarter in 1909 to the value of \$3,283,476.
Massachusetts mills turn out about 90 per cent of the writing paper used in the United States each year.

Two Illinois men have patented a lathe with a removable shield to prevent chips flying into the user's eyes.
So powerful are the jaws of a wasp that the insect has been known to puncture a sea shell.
The cost of a transatlantic cable averages very nearly \$1,200 per mile.

A 50,000-ton steamer, the largest craft ever built, is planned for one of the leading transatlantic companies.

More than 34 carloads of sunflower seed were raised in a single Illinois county last year and sold for medicinal purposes or bird or stock food.

A French aeronaut has patented a balloon which, when deflated, can be packed in its basket and the entire equipment carried on a man's back.

Every marriage should have a business manager, a cool, sensible man, to see that the parties are properly matched. The parties to the marriage will attend to the love, but neglect the business end of the match, which is more important.—*Atchison Globe.*

A "Corner" In Comfort

For those who know the pleasure and satisfaction there is in a glass of

ICED POSTUM

Make it as usual, dark and rich—boil it thoroughly to bring out the distinctive flavour and food value.

Cool with cracked ice, and add sugar and lemon; and a little cream if desired.

Postum is really a food-drink with the nutritive elements of the field grains. Ice it, and you have a pleasant, safe, cooling drink for summer days—an agreeable surprise for those who have never tried it.

"There's a Reason" for POSTUM

Postum Cereal Co., Limited, Battle Creek, Mich.

Woman's Realm

Concerning Children.
Children are often worried because their mothers are too attentive and continually reprove their small ones without reason.

A child should be left alone and be allowed to play or amuse itself in its own way without constant direction of a nervous mother.

A boy, for example, enjoys more a few simple toys, and something which his own ingenuity has worked out, than the most elaborate plaything which has been bought.

In the same way the little girl will lavish her affections on a misshapen doll, probably made at home, while the most artistic production of the toy shop will lie in state, to be taken up on rare occasions.

Keep children well, clothe them sensibly, let them understand they are to amuse themselves, and don't "fuss" them.—*New York Press.*

A Talk to Engaged Girls.

Above everything let your household linen be of the best quality and commence housekeeping with a good supply. Pinch in other departments—if you must pinch—but not in this. No part of the furnishings of a house marks the refinement of a woman's character as does the quality of her house linen. It is economical, too, for, although the initial cost is somewhat greater, the wear is more than double. You may darn good nappy, but common damask or linen will not bear darning; therefore, from what viewpoint the question is viewed, the result is the same. One of the most useful wedding presents is a quantity of house linen, says *Woman's Life*. It will be a substantial help and will last long after the showy gimcracks which generally form the bulk of wedding presents have departed the way of all trifles.

Our Cut-out Recipe.
Paste in Your Scrap-Book.
Cream of Potato Soup.—Pare three large potatoes, cut them in quarters and boil for five minutes. Throw off the water and pour on a pint and a half of boiling water. Add one onion whole, and the tops of some celery. Cover and boil until the potatoes are soft. When thoroughly boiled take out the onion and celery and pass the potatoes and water through a sieve. Scald a pint of milk. Blend to a smooth paste one tablespoonful of butter and one of flour and stir it into the milk until creamed; then put in the potatoes. Let the soup boil for five minutes when it is ready to be served.

Judge Has Feminine Staff.
John J. Jenkins, of Chippewa Falls, Wis., recently appointed judge of the Federal Court in Porto Rico, will have a staff of feminine assistants. He has appointed four young women to fill important places connected with the judiciary of the island. The appointees are their duties and yearly salaries are as follows:
Miss Lou Cosgriff, court reporter, salary \$2000; Miss Nell Colburn, deputy clerk of court at San Juan, salary \$1500; Miss Lulu Gross, deputy clerk of court at Ponce, salary \$1200; Miss Mary Nimmons, deputy clerk of court at Mayaguez, salary \$1200.

Judge Jenkins has received over three hundred and fifty applications from all parts of the United States for these and other posts of which he has charge.

The Misses Cosgriff and Colburn have been in Judge Jenkins' employ for some time. Miss Colburn formerly was his stenographer and has held a similar post with United States Senator Stevenson.

"Dirigible" Gown Now.
The "dirigible gown," so named because it is capable of many evolutions, and at the same time is perfectly safe and exceptionally modest, is ready to make its debut in Fifth avenue to supplant the startling pantalon creation of last season, and to become the subject of hours of discussion over the tea tables.

Stylish as a walking gown in city or town, the dirigible, simply by unbuttoning here and fastening there, may be changed to a garment of comfort and ease, especially adapted for the golf links, horseback riding or canoeing.

The new creation comes from a costume establishment in Fifth avenue, the American birthplace of the censored dretroire and of the pantalon. It is made of broadcloth, the upper portion of the garment cut in modest fashion, with three-quarter collar and the skirt on lines which allow, when used as a walking gown, for a neatly fitting front and back. The bottom of the skirt hangs halfway between the ankle and the instep.

It is not very different from any walking gown, except that the front of the skirt is divided, one portion overlapping the other and each held in position by stoutly sewed buttons.

For the golf links, the polo field, the balloon or the aeroplane the dirigible skirt is quickly transformed, almost before the invitation is ended. The skirt is unbuttoned down the front, and the divided sides are taken in on an angle, much like reefing a sail, thus relieving the weight from the bottom of the skirt and allowing freedom for running or jumping.—*New York Special to Baltimore Sun.*

The Adaptable Girl.
Ask yourself, "Am I adaptable?" This is the secret of much popularity. It is not clothes nor money nor looks that count so much as the power to adjust oneself to surroundings; in other words, to fit in.

Women are adaptable enough when it comes to clothes. They will let themselves out for a straitjacket or take to girdles, be concave or convex, hipless or hipped, befrilled or silky, shuffle their flesh and their organs from one point of anatomy to another, plaster the hair or wear innumerable and disfiguring false locks to meet the latest flicker of fashion.

so they not turn this adaptability

to account temperamentally? It will make life easier to live not only for yourself, but for those who must live with you.

The girl who thinks nothing too much trouble to keep in fashion will not take time to adjust herself to family rules, dispositions or views.

Half the family troubles are due to lack of adaptability. There are varied tastes and natures among brothers and sisters, parents and children. Does the average girl recognize these differences and adjust herself to them?

Not she. She takes the Grant motto of fighting it out on these lines if it takes the rest of her life. Placating, adapting, sinking one's own personality for sake of harmony never occurs to her.

Perhaps a girl has had more advantages than her parents. She has been to school or college, has outgrown home life. What results? Instead of adapting herself to ways of the household, bidding her time for changes, she frets, grows superior in her manner, drifts away from her family, even is guilty of being ashamed of them.

Why are there so many unwelcome visitors? Lack of adaptability. However odd the customs of your friend's home may seem, accept them as your own, not grudging, carping, or with an air of suzerainty, but as if born to them. If you don't like them, say nothing, but don't go back.

Have you gone to live in a new town? The surest way to remain an outsider is not to be quick readjusting. It is not easy when one has reached mature years to make new friends, to shake down into strange

surroundings. It will never be done if you spend your time lamenting old ways instead of adapting yourself to new ones.

The girl who is adaptable will never criticize the customs of the place that is to be her home. She will not announce, "We did so and so in Blanktown." "How queer we never had such a bridge rule at home!" She may disapprove and feel she can improve as much as she likes, provided she keeps it to herself.

The adaptable girl does not force her opinions, obtrude her wishes, or become a regulator. She does not groan over past luxuries when fortunes takes wing, nor be ever anxious for something that is not at hand.

She may not like circumstances, but she makes the best of them. So long as she finds them not half so bad as pictured.

It is well not to be too adaptable. Where this trait is merged into yielding a point of conscience, because others see no harm, to become a nonentity with a mind that wobbles toward the last person, it is not to be desired. Better be a "stand-out" than a "stand-patter" under such conditions.—*New York Times.*

A Camphorated Bath.
Nothing is so invigorating when tired and warm as a scented bath of hot water. In warm weather it proves particularly refreshing when taken before dressing for the evening.

The simplest of these baths is made by adding cologne, toilet water, or violet ammonia into a quarter of a tubful of water.

A good aromatic mixture to keep on hand is made from two ounces of tincture of camphor, four ounces of cologne and an ounce of tincture of benzoin. Add enough of this to the bath water to make it milky.

If you are presented with colognes or toilet waters that are not especially fragrant, use them in the bath. The scent is so faint as not to be disagreeable, and the refreshing qualities are as great as from more expensive colognes.

Another refreshing bath is made by squeezing the filtered juice of four lemons into a quarter of a tubful of water.

Where the aromatic bath seems extravagant, or there is no time for it, put a solution of the mixture given above into a spray and spray it over face, neck and arms.—*New York Times.*

Rice Balls.—Boil cupful of rice in water and add salt. While warm mix in quarter pound of butter, two eggs well beaten, and tablespoonful of cinnamon. Make this into small balls and fry in deep fat. Drain and roll in currant jelly, then powdered sugar.

To Caramelize Sugar.—Put sugar in a smooth granite saucenpan or omelet pan, place over the hot part of the range and stir constantly until melted and the color of maple sugar. Care must be taken to prevent sugar from adhering to the sides of the pan or spoon.

To Freshen Lettuce.—Wash the leaves a few hours before using, wrap in waxed tissue paper and put it on the ice. All the ingredients of moist salads can be prepared in good season and time saved by covering them with the tissue before using to prevent drying.

Mock Fried Oyster.—Scrape and slice thin one cup salsify or vegetable oyster, cook in a little water until tender, cool and add one egg, a little salt and pepper and two crackers broken fine; shape into oyster shape and fry and serve on steamed bread with melted butter.

Cream of Potato Soup.—Pare and cut small four medium-sized potatoes, one onion and a little celery. Cook until tender in salted water. Mash, stir in a little butter, pepper and flour. Add this puree to one quart of hot milk. Stir well, reheat and serve with crisp crackers.

The HOUSE and HOME
Dye With Tea.
A garment made of almost any material may be treated with tea. Make the tea strong and soak the garment well in it.
Iron the garment before it dries and the color will be a pretty cream. The tea does not streak the goods, as coffee does, and is a prettier color and less expensive than the creaming substance that is bought.—*Indianapolis News.*

Skirt Making.
In making the new five-gore skirt with very little fullness below (this is the Parisian skirt of the moment), it is necessary so to fit over the hips that all extra fullness is taken from each gore, and thus the position of each seam will not be changed.

In other words, do not push all of the extra fullness into the central back box pleat and thus crowd the added weight to this one spot.—*Boston Post.*

Scented Sheets.
It is said that lavender scented sheets induce slumber. Whether that is true or not, it is certain that to lie down in bed after a lovely refreshing bath in sheets that have a delicate scent of lavender about them is most refreshing and luxurious. It does not cost much to have this luxury and it is within the possibility of almost every housekeeper to have in her linen closet several little finely cut packages of dried lavender leaves. These can be bought upon the street almost any time. Put the little packages between the sheets, pillowcases, towels and wash clothes. You will find that the odor will last for a long time and will be enjoyed by all who use your linen, the odor is so deliciously clean.—*Newark Call.*

An English Idea.
What is known as a "Dorothy bag" in England is often made of a worn-out tail silk hat. Begin by cutting the hat close to the brim all round, and then slip off the silk covering; it will be found to be already in shape of a convenient bag, and merely in need of a lining of colored silk, which can be made by cutting a disk the same size as the circle at the top of the hat, allowing for narrow turnings. The sides are the same size and depth as the outer covering, and the silk lining, being made separate, is put inside the outer covering; the edges of the latter are turned down an inch and the former turned in to meet the raw edge and just cover it. Small brass or bone rings are sewn inside, eighteen being needed, at intervals; a piece of silk cord is passed through the rings, allowing enough to draw up to form two handles, and it is then sewn together at the ends, the bag being thus completed. Old tail hats can frequently be found in the attic, and satisfaction lies in using them.—*New York Press.*

Try Murine Eye Remedy
For Red, Weak, Watery Eyes and Granulated Eyelids. It Soothes Eye Pain. Murine Eye Remedy, 75c, and 50c. Mearns Eye Salve, 50c, and 25c.

For COLDS and GRIP.
Hick's CAPSULES is the best remedy—relieves the aching and feverishness—cures the cold and restores normal conditions. 15¢ liquid—effects immediate relief. 25¢ and 50c, at drug stores.

Well Looked After.
The farmer's son had just returned after a few weeks' sojourn in the wicked city.
"Wuz yew guarded in yore condwits while yew wuz in town, son?" asked the old man.
"Shore 'tuz, dad," replied the boy. "I wuz guarded by two perlice men most uv 'tuz time."—*Chicago News.*

Slashed By Maddened Mute.
Wheeling, W. Va.—William Atkinson was fatally cut with a razor in the hands of Charles Faulkner, a mute. The men live in the same house, and after a fist fight Faulkner secured a razor and cut Atkinson. The mute was lodged in the county jail.

New At Farming.
Mrs. Blobs—Does your hired man make many mistakes?
Blobs—Does he? Why, he was just asking where to find the milk-wood to feed the cows with.—*Chicago News.*

A Palmy Day Regret.
"Baseball isn't what it used to be out in my old town," said the boy who was selling soft drinks, cigars, chewing gum and candy.
"What makes you think so?"
"People didn't wait till they got thirsty to buy lemon soda and sarsaparilla. What they were after were bottles to throw at the umpires."—*Washington Star.*

Friendly Advice.
"But for my ears being in the way, I could wear one of these very high collars."
"Too bad; but stick to your ears, girl. You may need 'em in your old age to hook your spectacles over."—*Washington Herald.*

Possible Uses.
Aspiring Vocalist.—Professor, do you think I will ever be able to do anything with my voice?
Persevering Teacher.—Well, it might come in handy in case of fire or shipwreck.—*Cornell Widow.*

Bjornson's Wit And Wisdom.
"Bjornstjerne Bjornson, to his hotel fronting the Tulleriers gardens, received a few friends up to the last in Paris," said the continental agent of a typewriter firm.
"I had the honor to be among those friends, and I never wearied of the great Norseman's wit and wisdom."
"The last thing he said to me, in cautioning me not to give an important provincial agency to any easy-going man of the world, was this: 'Beware of the easy-going man. An easy-going man, you know, is one who makes the path of life very rough and difficult for somebody else.'"
—*Detroit Free Press.*

Supporting The Courts.
Redd—Do you believe in heartily supporting our courts?
Greene—I certainly do. Why, I contribute to their support as a motorist, and my wife helps me by paying fines as a sufragette!—*Yonkers Statesman.*

SCREAMED WITH PAIN.
Rochester, N. Y., Woman's Terrible Suffering From Kidney Trouble.
Mrs. F. M. Carnike, 130 Allen St., Rochester, N. Y., says: "My kidneys and bladder were in terrible condition. My ankles and wrists swelled and puffy sacks appeared beneath my eyes. The pain when passing urine was often so great as to make me scream. I was treated by a physician, but he did not help me. For months I was laid up and did not walk a step. At last I began using Dana's Kidney Pills and all my troubles disappeared. In a few weeks I was so changed my friends could hardly believe it."
Remember the name—Dana's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

In The Automobile Ward.
F. H. Elliott, secretary of the American Automobile Association, was discussing at a dinner in New York the automobilist's well-known enthusiasm.
"A friend of mine," he said, "visited recently the automobile ward of a lunatic asylum. They have, you know, automobile wards now."
"It was a large, airy room, and along the walls were arranged some two dozen cots; but of the inmates not a trace was to be seen."
"But where are the inmates?" my friend asked the physician.
"The inmates?" was the reply. "Oh, they're all here. They're under the beds tinkerin' with the springs."—*Washington Star.*

If You Are a Trifle Sensitive
About the soles of your shoes, many people wear smaller shoes by using Allen's Foot-Ease, the antiseptic powder, to shake into the shoes. It cures Tired, Swollen, Sweating Feet. Just the thing for breaking in new shoes. Sold everywhere. 25c Sample Size. Address A. S. Olmsted, LeRoy, N. Y.

India and Ceylon produce seven-eighths of the world's tea.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules. Easy to take as candy.

Euphemism.
The young curate was reading the first chapter of Jonah, and making the best of the seventeenth verse—
"And the Lord prepared a great fish to swallow up Jonah, and Jonah was in the—er—er—and Jonah was in the—er—er—and the Lord prepared a great fish to swallow Jonah, and Jonah was in the society of the fish three days and three nights."—*Ideas.*

What He Wanted.
"Riches do not bring happiness," remarked the party with the quotation habit.
"Well, I'm not looking for happiness," rejoined the contrary person. "All I want is comfort."—*Chicago News.*

Blair's Pills.
Celebrate English Remedy for GOUT AND RHEUMATISM. SAFE AND RELIABLE. AT YOUR DRUGGIST.

Patents.
WATERBURY'S PATENT. High class. Made in U.S.A. 100 DeKalb Ave., New York, N. Y.

Thompson's Eye Water.
Irrigated with weak eyes, use

Daisy Fly Killer.
Kills all flies, mosquitoes, and other insects. 100 DeKalb Ave., New York, N. Y.

WELCOME WORDS TO WOMEN

Women who suffer with disorders peculiar to their sex should write to Dr. Pierce and receive free the advice of a physician of over 40 years' experience—a skilled and successful specialist in the diseases of women. Every letter of this sort has the most careful consideration and is regarded as sacredly confidential. Many sensitively-modest women write fully to Dr. Pierce what they would shrink from telling to their local physician. The local physician is pretty sure to say that he cannot do anything without "an examination." Dr. Pierce holds that these distasteful examinations are generally needless, and that no woman, except in rare cases, should submit to them.

Dr. Pierce's treatment will cure you right in the privacy of your own home. His "Favorite Prescription" has cured hundreds of thousands, some of them the worst of cases.

It is the only medicine of its kind that is the product of a regularly graduated physician. The only one good enough to ingredients on its outside wrapper. There's no secrecy. It will bear examination. No alcohol and no habit-forming drugs are found in it. Some unscrupulous medicine dealers may offer you a substitute. Don't take it. Don't trifles with your health. Write to World's Dispensary Medical Association, Dr. R. V. Pierce, President, Buffalo, N. Y.,—take the advice received and be well.

A Hurricane.
"The terrors of the deep," remarked the captain of a transatlantic liner, "were perhaps never more thrillingly set forth than in the description by a young lady who last year made her first trip abroad. She kept a diary, very much like that of Mark Twain, when for seven days he recorded the fact that he 'got up, washed and went to breakfast.'"
"There was, however, one important exception. When she crossed the Channel the experience was so trying that she felt impelled to describe it. I am firmly resolved to stay on deck," she wrote, "although the tempest increases to such a frightful burlesque that it is only with the greatest difficulty that I can hold up my parasol."—*Brooklyn Life.*

The Majority And Ibsen.
The members of a debating society fiercely discussed Ibsen's declaration that "the majority is always wrong." They even exchanged personalities over the matter, and in the end a motion affirming Ibsen's view to be correct was carried by an overwhelming majority.—*London Daily News.*

Boy Tortured by Eczema.
"When my boy was six years old, he suffered terribly with eczema. He could neither sit still nor lie quietly in bed, for the itching was dreadful. He would irritate spots by scratching with his nails and that only made him worse. A doctor treated him and we tried almost everything, but the eczema seemed to spread. It started in a small place on the lower extremities and spread for two years until it very nearly covered the back part of his leg to the knee."
"Finally I got Cuticura Soap, Cuticura Ointment and Cuticura Pills and gave them according to directions. I used them in the morning and that evening, before I put my boy to bed, I used them again and the improvement even in those few hours, was surprising. The inflammation seemed to be so much less. I used two boxes of Cuticura Ointment, the same of the Pills and the Soap and my boy was cured. My son is now in his seventeenth year and he has never had a return of the eczema."
"I took care of a friend's child that had eczema on its face and limbs and I used the Cuticura Soap and Ointment. They acted on the child just as they did on my son and it had never returned. I would recommend the Cuticura Remedies to anyone. Mrs. A. J. Cochran, 1823 Columbia Ave., Philadelphia, Pa., Oct. 20, 1909."

Moral Influence Of Woman.
Is it true, as the Rev. Dr. Butler said to the graduating class of Milwaukee Downer College that "the American community today looks more to its intelligent women than to its men for its standard of morals and of living?" The probability is that it is not quite true—that Dr. Butler exaggerated for the sake of emphasis. It is well that the use of moral responsibility should be developed in every individual to the highest degree and kept alert against the temptations that constantly beset.

The present age, it is safe to say, looks to woman not less than to man for its moral standards, and looks with the confident expectation that they will be high. Boys as well as girls receive their first moral instructions at their mother's knee. A wife often influences a husband in the moral crisis of his life. But men also possess great influence in setting moral standards.

Undoubtedly the moral influence of woman, as well as her social influence in general, is enhanced by her education. Undoubtedly the woman qualified to be the intellectual companion of educated men is a more powerful influence for good than her merely less developed sister. With consequently increasing facilities for the education of women as well as of men, the world ought to be better from a moral standpoint than ever before.—*Milwaukee Wisconsin.*

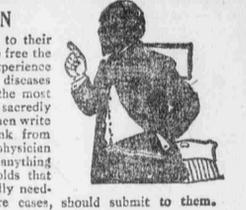
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A Breach Of Precedence.
Calvin J. Wright, the Western baseball veteran, was telling at a baseball banquet in Cleveland, baseball stories.

"You know how, in the old days," he said "teams were sometimes turned into theatrical troupes, and toured the country all winter with 'Pure as Snow,' 'The Evil That Men Do,' and such like melodramas."

"Well, old Josh Brady had had luck with his theatrical baseball team in '72. He was obliged, by George, to travel with it on a stock train."

"One bitter January night the stock train pulled up at a little station, and an inspector turned his lantern on it and yelled: 'What're you goin' about?'"

"Hogs and actors," the conductor answered.
"Old Josh Brady stuck out his head at that and roared from among the hogs!"
"Say, you, why couldn't you say actors first?"—*Cleveland Leader.*

B. N. U. 27.

TUMOR OF YEARS GROWTH

Removed by Lydia E. Pinkham's Vegetable Compound

Holly Springs, Miss.—"Words are inadequate for me to express what your wonderful medicines have done for me. The doctors said I had a tumor, and I had an operation, but was soon as bad again. I wrote you for advice, and began to take Lydia E. Pinkham's Vegetable Compound as you told me to do. I am glad to say that I look and feel so well that my friends keep asking me what has helped me so much, and I gladly recommend your Vegetable Compound.—Mrs. WILLIE EDWARDS, Holly Springs, Miss."

One of the greatest triumphs of Lydia E. Pinkham's Vegetable Compound is the conquering of woman's dread enemy—tumor. If you have mysterious pains, inflammation, ulceration or displacement, don't wait for time to confirm your fears and go through the horrors of a hospital operation, but try Lydia E. Pinkham's Vegetable Compound at once.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and such unquestionable testimony as the above proves the value of this famous remedy, and should give everyone confidence.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

No Matter

what Liver or Bowel medicine you are using, stop it now. Get a 100-cent box of CAS-CARETS today from your druggist and learn how easily, naturally and delightfully your liver can be made to work, and your bowels move every day. There's a new life in every box. CAS-CARE