

DAILY RECORD-UNION ISSUED BY THE SACRAMENTO PUBLISHING COMPANY Office, Third Street, Between J and K.

THE WEEKLY UNION In the cheapest and most desirable Home, News and Literary Journal published on the Pacific Coast.

The Record-Union and Weekly Union are the only papers on the Coast, outside of San Francisco, that receive the full Associated Press Dispatches from all parts of the world.

San Francisco Agencies. This paper is for sale at the following places: L. P. Fisher's, room 21, Merchants' Exchange, California street, the principal News Stands and Hotels, and at the Market Street Ferry.

Weather Forecast. Forecast till 8 P. M. Friday: For Northern California--Fair weather; warmer.

TEACH THE GIRLS. Ellen Le Garde in a recent essay quotes the ancient Greeks and Romans as saying of a woman they wished to speak severely of, "She neither reads nor swims."

It may not be generally known that a girl more readily learns to swim than does a boy. That fewer do learn, however, is due to the fact that to boys there open more opportunities. The naturalist therefore, is a special blessing for girls, and wherever there is one decently maintained and conducted the girls of the community ought to avail of it.

Swimming is by no means a difficult art to acquire. The chief elements of success in it are, confidence in one's own power and presence of mind. As a rule the girl should be taught to swim as soon as she is physically able. She should have the aid of an instructor. Generally these support her with a pole attached to a belt about her breast. But where father, brother or mother is the instructor the hand beneath the breast is preferable as it can insensibly be withdrawn and thus the pupil be more early taught the capacity of her own powers.

An admirable exercise in the training is a species of gymnastics on land, in the stroke movements, the side reaches, treading, breast paddling, overhead work, etc. Miss Le Garde tells us that in English gymnasiums she has witnessed large classes of girls and women under instruction in these exercises, and she adds that many English women, expert swimmers, keep up these out-of-water exercises during winter, finding them extremely beneficial when the swimming season opens.

But aside from the danger against which the art protects the girl and woman it is to be said that swimming cultivates the graces of person; promotes an erect carriage; develops lung power and all the muscles of the body; brings into play indeed all muscular functions and thus contributes generally to physical health and comfort and consequently to human happiness.

The swimming art should therefore be looked upon as essential for many reasons, and the use of the swimming bath ought to be encouraged among women as a means to greater enjoyment of life. The things to be guarded against in the use of the bath by children are the disposition to remain in it too long and the danger of physical exhaustion by overexertion. As a rule twenty minutes in the swimming bath for any one is enough, and more time than that spent in the water is injurious, no matter how delightful the sensation while in the water. The suggestion of chilliness or weariness is nature's warning to desist and should be obeyed.

With the opportunity to teach all girls to swim must be coupled good judgment as to time and continuance of the exercise. The swimming lesson should not be taken soon after a meal, nor yet upon an empty stomach, and should not be continued until dizziness sets in or the blue line is apparent about the mouth and the flesh begins to manifest softening and to feel numb. Nor should the lesson be confined at any time to swimming in one position. Exhaustion is avoided by change from front to back, the latter being restful and the breathing being easier since the body does not have to be lifted with each breath. To know how to breathe in swimming is essential to success, and how to proceed slowly is as necessary instruction as to learn to support one's self in the water at all. If the bath is taken in the middle of the day and the weather is warm the head should be kept well wetted. The reasons for all these things should be explained to the child and their importance impressed upon her.

There is no reason why in the well-conducted bath the girl should not be taught both the other sex is in the nomenclature. Bathers at the seaside enjoy no exclusive hours on account of sex, and the proprieties of the swimming bath do not differ from those of the surf. The sensibility that is so delicate as to prohibit swimming in the general hour by both sexes in the nomenclature ought, to be consistent, also prohibit it at the seaside if it is at all defensible. In fact in the swimming tank there is much greater privacy than in the surf and far less liability to offense of any character.

BOSTON WOMEN AROUSED. The Chautauqua dress reform boom has struck the women of Boston and they have done what of all things else the Boston women love to do, organized. Their "Dress Reform Club," strong and influential already, approves the divided skirt, condemns the corset and goes in to the full length for the Chautauqua short skirt and boots. That is right, ladies, claim all, that you may gain something. We wish you all reasonable success if you will modify your transports a little, but, as the Record-Union has already said, unless you storm the citadels of fashion in Vienna and Paris, you will only be lopping off boughs. Lay the axe at a root of the tree; moral suasion will effect nothing so long as the autocrats of fashion in the two great cities named are left at peace in their entrenchments.

Another thing, ladies, you must convert the men. Appear, if you dare, in the new and radical costume, and seven men out of ten will stand on the curbstone and laugh at you. Unless you are prepared to live down this ridicule, or unless you convert the majority of men to your way of thinking, you will have no success.

We have great hopes of the Boston women, however. They come of courageous, resolute stock: they are not likely to yield without a struggle if once they resolve to do. If, however, they will modify the Chautauqua idea so much as to consent to the skirt reaching to the ankles, men will approve. And really, what more should be asked? Is it necessary to put grown women into the short clothes of children to work a reform in dress that shall conserve good health? The dragging skirt in the street is an offense, the gather-in-the-hands business of draperies so as to prevent skirts sweeping the filth of the walks, is another nuisance; it puts a woman at a great disadvantage; practically handicaps her in the effort to defend or help herself. It is neither a graceful nor a modest pose for a woman when she is compelled upon the street to bundle her skirt in one hand and draw them forward about her knees. If there is any figure that looks worse than a woman in that position neither art nor nature have revealed it.

Stand for the stout shoes, ladies; champion the divided skirt, and thus lessen the weight upon the vital internal organs beneath the waist; wage hot war against the crippling, disfiguring corset, but do not condemn the walking skirt, article short, for it is modest, graceful and accomplishes all that you can hope for with the shorter drapery and the boots under the Chautauqua idea.

SENOR MONTT of the Chilean Congressional party has issued at Washington a pamphlet arraigning Balmaceda as a traitor and usurper, and giving all the facts claimed by the Congressionals as justifying their course. We have examined the document and confess that it is strong, vigorous and confirms us in the sympathy felt for the insurgents. The story comes from Washington that the State Department will soon recall its order and give the Congressional deputation a hearing upon the claim for recognition by the United States of the Chilean insurgents as belligerents. If Senor Montt makes before the State Department one-half as strong an argument as he has set out in his pamphlet, he ought to win recognition.

A WONDERFUL story comes from Illinois of the entire success of a sky bicyclist in steering a balloon against the wind, on a tack with the wind quartering, in the teeth of a strong gale, and of his so managing his air ship that he rose and landed precisely as he desired. If it is true that all this was done, then aerial navigation in normal states of the atmosphere has really been attained. There have been approaches to it before, but none that were so successful as that reported from Illinois.

THE Socialist Congress at Brussels is not by not any means a happy family. The discordant elements are such that the body is constantly facing south by north. It adopts a resolution to please one faction, and tails upon it another to satisfy its opponents. It is a sadly mixed-up mess of agitators, Anarchists, Socialists, sincere believers in needed reforms, radical, rattled and silly shouters for the unattainable, and cunning, vicious, designing rascals who promote agitations in order to fatten upon the earnings of the wage-winners.

THE centennial and commemorative celebration at Bennington appears to have been in every way a success. Such memorials and reunions are of infinite good. They bring the people nearer together, cement them in patriotic pride, and level the distinctions of party and political creeds.

DEADLY TARANTULAS. Horrible Hairy Spiders Whose Bite is Certain and Painful Death. It is a fact not generally known that there are two varieties of tarantulas in Arizona and New Mexico. This probably accounts for the conflicting reports about the deadly nature of the tarantula poison. The so-called Texas tarantula is by no means an agreeable bedfellow, but his bite is by no means fatal. The venomous Texas tarantula, in spite of all discussions to the contrary, does build and live in the trap-door spider nest. There seems to be a current idea that the trap-door spider is harmless, which is certainly erroneous. It uses no web, but easily captures its prey by extraordinary springs. Those who have seen this arachnid by daylight can have little idea of its power and fierceness. During the day it moves slowly and clumsily in the dazzling light, but when darkness comes it can move with ease and certainty. Credible accounts have appeared stating that the tarantula can leap six feet, says the Florence Companion. Repeated statements have credited it with leaps of three feet or more. In 1870, or near that date, three men disturbed several tarantula nests near San Diego. They were immediately attacked by the huge spiders and had to run for their lives, taking refuge in the waters of the bay.

during the night. The flesh was cut away with a razor and medical attendance summoned at once. Her life was prolonged for a time, as well as her sufferings. For three months she lingered under the effects, her hands constantly creeping and crawling along the bedding in horrible imitation of the motions of the tarantula.

The Mygale sometimes spreads over six inches square, but more frequently four or five inches. The writer has at the present time a stuffed specimen that extends about six and a half inches. A shaggy coat of hair covers the surface of the great spider. It is supplied with six strong hairy legs, and two dangerous pedipalps or pincers, each armed with a sharp sting and poison sac. The strikers are frequently mistaken for two front legs, and from this arises the idea that the creature has stings on its feet. Two powerful projections, resembling jaws, protrude from the head. Under each of these is a curved poison fang, similar to a cat's claw, but longer (exactly like those of a rattlesnake), which may be lifted, extended and hooked into the victim. A person thus stung (or bitten) must cut the tarantula away at once, for the spider does not seem willing to unhook its fangs.

Tarantulas are considered deadly foes to each other and are seldom found in company. When imprisoned together there is a fight, one succumbs and is eaten by the victor (Nature has provided a service in making the tarantula so hideous and formidable a looking object. Indeed, it is owing to this repulsiveness that no greater number of persons are stung. The sight of the great hairy spider crawling near by will cause a cold, creeping sensation down the back of almost any one.

The deadly foe of Mr. Tarantula is the tarantula hawk. These giant blue wasps, with their fiery wings, are deadly foes to the tarantula, and should be encouraged in every locality. They seem never to rest for a moment, and with tireless energy fly and walk along the ground, running into crevices and holes, and examining every suspicious object, after the tarantula.

Prevention Better Than Cure. Many persons are afflicted with skin eruptions, boils or ulcers. BRANDRETH'S PILLS taken freely will in a short time effect a complete cure of all such troubles. Cures of long standing have been cured by them. Carbuncles have been checked in their incipency by them. The worst fever sores, bed sores and the like have been driven from the skin by them. Only begin in time and a few BRANDRETH'S PILLS will prevent many a sickness. BRANDRETH'S PILLS are purely vegetable, absolutely harmless and safe to take at any time.

Sold in every drug and medicine store, either plain or sugar coated.

Another Bank Suspends. MELBOURNE, Aug. 19.—The Anglo-Australian Bank, another land company connected with the British Bank of Australia, has suspended, with liabilities of \$500,000.

SPECIAL NOTICES. MRS. WINSLOW'S "SOOTHING SYRUP" has been in use over fifty years by millions of mothers for their children while teething, with perfect success. It soothes the child, softens the gums, always pain, cures wind colic, regulates the bowels, and is the best remedy for diarrhoea, whether arising from teething or other causes. For sale by druggists in every part of the world. Inquire and ask for Mrs. Winslow's Soothing Syrup. Twenty-five cents a bottle. M.W.F.

FAST TIME TO THE EAST.—The Atlantic and Pacific Railroad (Santa Fe route) is now twelve hours shorter to Kansas City and St. Louis, and twenty-four hours shorter to Chicago than formerly. Pullman Tourist Sleeping Cars to Chicago every day without change. Personally conducted excursions every Thursday. GEORGE W. HALLIDAY, Agent, 1004 Fourth street, Sacramento.

I AM an old man and have been a constant sufferer with catarrh for the last ten years. I am entirely cured by the use of Ely's Cream Balm. It is strange that so simple a remedy will cure such a stubborn disease.—Henry Billings, U. S. Pension Agent, Washington, D.C.

FOR EIGHT years I have suffered from catarrh, which affected my eyes and hearing; have employed many physicians without relief. I am now on my second bottle of Ely's Cream Balm, and feel confident of a complete cure.—Mary C. Thompson, Cerro Gordo, Ill.

PAINLESS EXTRACTION OF TEETH by use of local anesthetic. DR. WELDON, Dentist, Eighth and J streets.

WATCHES, Diamonds and Jewelry. UNCLE IKE'S, 302 K street.

MATHUSHEK SOLID IRON-FRAME PIANOS the best. First premium State Fair, also silver medal Mechanics Fair. Write or call. Everything at Cooper's, 651 J st. J&J

New Advertisements. SOUTHERN PACIFIC COMPANY. SUNDAY SERVICE.—The steamer El Dorado, voyage No. 117, leaving New York, Tuesday, Oct. 1, has been re-routed. The Southern Pacific Company will adjust all claims incident to this change. Promptly present to G. W. FLETCHER, Commercial Agent, 613 Market street, San Francisco.

NOTICE OF SALE OF IRRIGATION DISTRICT BONDS.—The Board of Directors of Pomona Orange Belt Irrigation District will sell at the office of the board, in the City of Pomona, County of Los Angeles, State of California, at 10 o'clock A. M., on TUESDAY, the 25th day of September, 1891, sealed bids for said district, of the par value of five hundred (\$500) dollars each. Sealed proposals will be received by the board, at their said office, for the purchase of said bonds, till the day and hour above named. By order of the Board of Directors. FRANK P. FIFEY, Secretary. auz1-25

AUCTION SALE OF FURNITURE, CARRIAGES, HORSES, Buggies, on SATURDAY, August 22d, at 10:30 o'clock, at our salesrooms, corner Eleventh and J streets. auz1-25 D. J. SIMMONS & CO., Auctioneers.

AUCTION SALE OF VALUABLE Real Estate. BY ORDER OF THE ADMINISTRATRIX of the Estate of JOHN McNEILL, deceased, we will sell at public auction on Wednesday, August 26th, At 10:30 o'clock, on the premises, The Residence of the Late John McNeill, Situated on the corner of Eighth and G streets. Lot 8x30, with a good residence thereon. Sale positive, without reserve or limit. D. J. SIMMONS & CO., Auctioneers. Salesrooms, corner Eleventh and J streets. auz1-25

Hardware, Blacksmith Supplies, Lawn Mowers, Rubber Hose, Wire Cloth. Schaw, Ingram, Batcher & CO., 217 and 219 J Street, Sacramento.

TOWEK MEN. Sacramento. Beware of the effects of the pestiferous miasmata of the city. Early decay, wasting weakness, loss of memory, etc. Use a valuable remedy, and you will find full particulars for home cure, FREE of charge. Write to the most prominent physician in the city who is nervous and delicate. Address: Prof. F. C. WOLFEK, Woodson, Conn.

To-day FOR Towels! 50 doz. Towels Linen Damask, knotted fringe. Linen Huck, fringed ends. Honeycomb Huck Towels. ON SALE AT 7 CENTS EACH. TO-DAY

There are several sizes in the lots, the average being 16x32 inches. We have made the price on these odd lots such as will insure a lively sale.

ROLLER SHADES. Odd lots of Roller Window Shades, and some soiled ones, are being closed out at 25c each. Some of the shades are worth up to 85c each, and all are complete with fixtures. The latter are alone worth the price.

RUSSET SHOES REDUCED. Ladies' Fine Russet Leather Shoes have been reduced from \$2 25 to \$1 50. Not only is this an excellent shoe for home wear, but it is the best for camping purposes. It is easy on the feet, does not draw the heat and does not show the dust. You'll need these next year if not this.

HALE BROS. & CO., Nos. 825, 827, 829, 831, 833, 835 K St., and 1026 Ninth St., SACRAMENTO, CAL.

Lavenson's.

THERE IS NO DENYING THE FACT THAT OUR Grand Annual Summer Clearance and Reduction Sale OF MONEST AND RELIABLE

O * O * T * W * E * A * R

Has Been a Wonderful Success.

During the last three weeks we have sold more pairs of BOOTS AND SHOES than any other house in this city during a like period of time. The public has learned to believe us when we advertise that our goods are being sold at GREATLY REDUCED PRICES, and to this fact alone do we owe much of this great success.

A few more of those Ladies' Fine Tan Goat Lace and Button Shoes, in different styles of toes, which were a bargain at \$4; reduced to \$2 95. Ladies' Tan Oxfords, in different styles of toes; former prices, \$3 and \$4; reduced to \$1 95. Assorted lot of Ladies' Hand-sewed French Kid or Patent Leather, Kid or Cloth-top, St. Louis toe, patent leather tip or plain; former prices, \$3, \$6 and \$7; reduced to \$3 85. Ladies' French Dongola Button Shoes, in opera toe, medium heel, or common-sense; reduced from \$2 50 to \$1 80. Men's Railroad and Police Shoes, light uppers and heavy extension soles; \$4 is considered cheap for them anywhere; our price during this sale, \$2 90. Men's Fine Seamless Dress Shoes, in hook and lace or gaiter style; former price, \$2 50; reduced to \$1 80. Boys' Neat and Durable Shoes (School Bboys' Pride), in hook and lace or button; sizes, 2 1/2 to 3 1/2; sold elsewhere for \$2 50; our price, \$1 65. The same in sizes 11 to 2, reduced from \$2 to \$1 45.

Remember that We Have Reduced the Balance of Our Elegant Stock at the Same Proportion EVERYTHING REDUCED. NOTHING RESERVED.

LA VENSON'S, The Largest and Most Reliable Boot and Shoe House in Sacramento, FIFTH AND J STREETS. OPEN EVENINGS UNTIL 8 O'CLOCK. ORDERS FROM THE COUNTRY PROMPTLY ATTENDED TO.

Miscellaneous. BE IN TIME. As expected, those Plain India Silks at 65c and Figured Florentine Silks at 85c are being picked up rapidly. You will want some of these silks before fair week, so don't delay.

One lot of Children's Fancy Lisle Thread Hose, 60c, 70c and 80c per pair. Reduced to 25c a pair.

Extra Quality Unbleached Turkish Towels, 20c apiece. We are now selling three for 50c.

W. I. ORTH, 630 J St.

SACRAMENTO LUMBER COMPANY, Dealers in Lumber, Doors, Windows and Blinds. MAIN OFFICE--Second street, L and M. YARD--Front and R streets, Sacramento.

Ask my agents for W. L. Douglas shoes. If not for sale in your place ask your dealer to send you a pair. He will secure the agency, and get them for you. TAKE NO SUBSTITUTE.

FOR GENTLEMEN WHY IS THE W. L. DOUGLAS \$3 SHOE THE BEST SHOE IN THE WORLD FOR THE MONEY? It is seamless, with no laces or wax thread to hurt the feet; made of the best fine calf, stylish and easy, and because it wears more shoes of the grade than any other manufacturer, it equals handsomely shoes costing from \$4.00 to \$10.00.

Boys' \$2.00 and \$1.75 school shoes are worn by the boys every where, they sell on their merits, as the increasing sales show. Ladies' \$2.50, \$2.00 and \$1.75 shoe for the ladies are the best fine Douglas, stylish and durable. Caution--See that W. L. Douglas name and price are stamped on the bottom of each shoe. W. L. DOUGLAS, Brockton, Mass.

SOLD BY WEINSTOCK, LUBIN & CO., 100 to 412 K St., Sacramento. FRIEND & TERRY Lumber Company. MAIN YARD AND OFFICE, 1310 SECOND street. Branch Yard, corner Twelfth and J streets.

Amusements, Etc.

METROPOLITAN THEATER. CHAS. F. HALL, Proprietor and Manager. Next Week, Monday, August 24th. ONE NIGHT ONLY! RUSSELL'S COMEDIANS. New York Bijou Theater Company.

The City Directory (UP TO DATE). Reconstructed by Louis Harrison. Musical interruptions by Wm. S. Mullaly. Constructed for laughing purposes only. PRICES--50c and \$1. Reserved seats, with extra charge, on sale Saturday. CALIFORNIA BASEBALL LEAGUE. SNOWFLAKE PARK.

Thursday, Friday, Saturday and Sunday, August 20th, 21st, 22d and 23d. SACRAMENTO VS SAN JOSE.

Admission--Week Days, 25c; Sundays, 50c. No trains. Central Street Railway cars run direct to ball park.

SACRAMENTO SWIMMING BATHS.

OPEN FROM 6:30 A. M. TO 12 M.; 1 TO 6 P. M., and from 7 to 10 P. M. Baths reserved exclusively for ladies on Mondays and Fridays from 9 to 11 A. M., and on Wednesdays from 2 to 5 P. M. Admission for adults, 25c or five tickets for \$1; children under 15 years of age half price; monthly commutation tickets, \$3; children 50c. Applications for swimming lessons should be made to the Superintendent. The right to refuse admission and to eject reserved.

DEDICATION BALL

COURTLAND.

THE NEW HALL BUILT BY J. W. HOUTON at Courtland will be dedicated on Friday Evening, Aug. 21, 1891.

By a ball (informal) under the auspices of Courtland Parlor, No. 106, N. S. G. W.

The dancing floor rests upon rubber springs and is 40x90 feet. Fine reception rooms and dining parlors attached. auz1-17

Auctions.

AUCTION SALE

Dry Goods, NOTIONS, ETC., Consigned by GEN. C. W. ROOTON of Oakland,

TO CLOSE OUT WITHOUT RESERVE. AT SALESROOM, 323 K STREET. SALES AT 2 O'CLOCK AND 7 O'CLOCK P. M.

W. H. SHERBURN, Auctioneer. BELL & CO., Auctioneers, OFFICE, 1002 J STREET, Sacramento. auz1-17

ORDINANCE NO. 253.

An Ordinance Concerning Fire Plugs and Providing a Penalty for the Violation Thereof.

THE BOARD OF TRUSTEES OF THE City of Sacramento do ordain as follows: Section 1. It shall be unlawful for any person to block or obstruct any fire-plug of the City of Sacramento by which a fire engine is prevented from attaching thereto, a hose or is prevented from using water from any such fire-plug at fire. It shall be the duty of all police officers of said city to report any such block or obstruction to the Chief Engineer of the Fire Department and to order the immediate removal of the same.

Section 2. Every person violating Section 1 of this ordinance shall be deemed guilty of misdemeanor and shall upon conviction be fined not to exceed the sum of one hundred dollars (\$100) or imprisonment in the City Prison not to exceed twenty-five days, or by both such fine and imprisonment in the City Prison. This ordinance shall take effect and be in force from and after its passage and due publication thereof. Passed August 17, 1891. W. D. COMSTOCK, Clerk. Board of Trustees. J. D. YOUNG, President. auz1-17

Waterhouse & Lester, DEALERS IN--Iron, Steel, Cumberland Coal, Wagon Lumber and Carriage Hardware. 700, 711, 713, 715 J St., Sacramento.

THE WEEKLY UNION IS THE PAPER to send to friends in the East. FOR THE INTERIOR OF CALIFORNIA the RECORD-UNION is the best to advise the in.