

PROTECTION OF LABOR.

Congressman Johnson's Immigration Restriction Bill.

He Argues in Favor of It Before the House Committee on Immigration.

Representative Johnson appeared before the House Committee on Immigration in behalf of his bill providing for the protection of American laborers from unfair competition and for the prevention of foreign-born laborers coming to the United States.

The deterioration of wages, he held, was the direct result of the competition of foreign labor. The workmen know it and say it. In support of this statement Mr. Johnson read from the report of the Immigration Investigating Committee sections of letters from labor leaders all over the country.

The number of American laborers, Mr. Johnson insisted, was constantly decreasing, while the number of foreigners was increasing. In proof of this statement Mr. Johnson read a letter from Thomas J. Morgan, General Secretary of the International Machinists' Union, in which Mr. Morgan said, in part: "The union of which I am General Secretary is composed almost wholly of foreign-born machinists, myself included."

SOCIAL EVENTS.

(Readers of the "Record-Union" are requested to send to this office personal, wedding, engagements, society notes and home gatherings of every kind.)

The Violette Club will give a bonbon party on Friday night.

Robert McCreary last evening entertained at dinner a few of his friends. The affair was a quiet one, yet thoroughly enjoyed.

The home of Mr. and Mrs. A. W. Seaman, 906 O street, was the scene of a delightful little surprise party Monday evening. The occasion calling the friends of the couple together was the birthday anniversary of Mrs. Seaman.

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those in attendance as one of the pleasantest events of their lives.

Mrs. Burnham last evening entertained seventeen ladies in honor of Mrs. James H. Burnham of Folsom, at a "thimble bee." It was a very happy event, and much merriment was occasioned by the drawing of animals on a blackboard.

The Elks gave a "blow-out" to an honored member last night at Epurest's hall. The guest was T. W. Keene, the distinguished tragedian, who was here just in time for the 11 o'clock toast and to be installed in the presiding officer's chair.

The room was packed with Elks, their friends and smoke. Such eminent caterers as "Baldy" Johnson, Bob Devlin, Charley Post, Joe Hughes and the "Helike," clad in white caps and aprons, served beer and sandwiches and sassy language, while Policeman Doc Tyrrell, in the full uniform of "one of the finest," kept order such as it was, while Johnny Larkin supported the chair and did the necessary smiling.

Mr. Keene was a lively "chair," and imposed penalties right and left, among the victims being Tom Scott and Private Secretary McCabe and others of like kidney.

The Imperial Quintet furnished mandolin and guitar music, when they could get it in edgewise. The festivities were punctuated by songs, speeches and other diversions, in which Mr. Longbottom wedged in a ballad to the sweet lute of Mr. Eeyman.

It is now in order for the Elks to turn out this evening and give Keene a turning benefit, or haul in their horns.

The recital of the pupils of Mrs. Able Gerrish-Genung took place last evening at her residence, 1517 G street.

Landler, "Etude Petite, No. 26" (Lebert & Stark), Mabel Plunkett; (a) "Les Cloches de Noel" (Kohler), (b) "Menuet aus Don Juan" (Mozart), Ruth Hoskinson; duet, "Friendly Pádmis" (Farkas), Grace Bentley and Edna Giamelli; "Romance" (Erich-Rubenstein), Ethel Backrath; "Nocturne" (Gurilt), Miss Rena Hoskinson; "Valse Seruse" (Oscher Well), Edna Giamelli; "Menuet Celibre" (L. Boccherini), Grace Bentley; duet, "Polka Mazurka" (Streabog), Lucy Pearson and Grace Bentley; "Romance sans Paroles" (Xavier Carlier), Jessie Beaton; "Dorothy, Old English Dance" (Seymour Smith), Miss Lucy Pierson; duet, "Printemps (Spring)" (Leon D. Ourville), Ethel Backrath and Jessie Beaton; "Sonatine, No. 2, Op. 55" (Fr. Kuhlau), Miss Olive Miller; "Forlorge du Village (Village Clock Fantasy)" (Carl Veley), Miss Theodora Genung; "Sonata No. 7" (Jos. Hayden), Miss Rosa Whatley; duet, "Blacksmith in the Woods" (Theodore Michaels), "At Night," "Morning," "By the Brookside," "Morning Prayer," "The Blacksmith," Jessie Beaton and Mrs. Genung.

AMUSEMENTS.

Thomas W. Keene appeared at the Metropolitan Theater last evening to a house that was a half too small to meet by fair reward the merit of the performance. In the great historical play of Louis XI, a drama having special attractiveness for all who have read the history of France or Sir Walter Scott's "Quentin Durward," Victor Hugo's "Notre Dame de Paris," or "The Memoirs of Comines." Having seen Charles Keane, Sheridan and a number of other great artists in this character, we are prepared to say that Mr. Keene's conception and presentation of the character of the cruel, wise, far-seeing, crafty, warlike, cowardly, heartless and yet wonderfully progressive Prince of France, will stand well beside the best. The play itself is rich in dramatic suggestion, strong, compact and artistically constructed, and Mr. Keene's Louis XI, in keeping with these characteristics, Mr. Keene's method is original. He seems to have paid little attention to the conventional, but to have built up out of his own interpretations of the record of the life of the passionate, decrepit Louis, the butcher, a character that comports with the best authorities concerning the vices and the few virtues of the cruel but remarkably shrewd son of Charles VII. Thus he does not give such emphasis to the cruel traits of Louis' character as to wholly obscure the fact that he was not all inhuman. Mr. Keene is strong without exaggeration, dramatic without extravagance as Louis. His comprehension of the character is broad, subtle and human. He does not give it undue color, nor fall below the tone of the text he interprets. When incident begins to affect feeling, and feeling to act upon character, his skill as an artist most unfolds itself, and his power moves on to victory. This was three times made conspicuous in the second act, when the King received the Burgundian envoy and refused the gage to personal combat, when he checked while approving the Dauphin, and when he plotted the assassination of the Ambassador in violation of his safe conduct. That is to say, Mr. Keene leads up to his triumphs by the natural steps the character assumed would take. If the success of a performance is to be judged by the satisfaction it gives an audience, then assuredly Mr. Keene's Louis XI was a complete and rounded success. That he is an artist of high merit, of studious habit, of honest endeavor, of notable success, will not be questioned by any who study his method and judiciously weigh his work, or are familiar with his progress in dramatic art during a period which has much related him to California.

Mr. Keene presented Louis XI last night with accuracy of detail as to costume and the simplicity of the magnificent court Louis maintained at Plessis, where, it is said, there was studious avoidance of pageantry, rich trappings and the pomp of royalty. Louis at the period of the play was engaged in the task of crushing the nobles and leveling the aristocrats, upon whose necks it was his highest ambition to tread. There was, therefore, very little of scenic display last night in staging Mr. Keene's conception of the place and action of the play. His support was exceedingly good. Miss Belgarde was a charming Marie, dignified,

womanly and courageous as became the affianced wife of Nemours, which daring spirit was excellently personified by Mr. Hennig. The Dauphin of Mr. Lowell was notably well proportioned and won him special applause. One of the best sustained and most natural characters in the play was the Barbel of Miss Timberman. We have seen that peasant character so often abused by the misapprehension of it that it was a distinct relief to witness it for once given with freedom, archness and womanliness. At the close of the third act the audience manifested its pleasure in Mr. Keene's performance by thrice recalling him, and at the end of the fourth act he was four times called out. Mr. Hennig sharing in the call for his splendid Nemours. To-night Mr. Keene will present "Richard III," with the full strength of his large company and all the necessary stage outfit. Unlike the last time when the tragedy was given here, we shall to-night have both Princes on the stage and no garbling of the text to account for the absence of one. Mr. Hennig will make a fine Richmond. Mr. Lowell a superior Buckingham and Mr. Ahrendt, who is especially fitted for it, a notable Stanley. Miss Belgarde will be the Anne and Miss Timberman the Elizabeth of the play, and Mrs. Baker will personate the Duchess of York. The part of Henry VI will be taken by Mr. Angleton, who was the Jacques Collier of last night. There will be the full cast of twenty-three characters speaking, a fuller cast than has presented the play here in many years. The tragedy will be given in six acts and with no crushing into less space. The merit of the company is such that it ought to command a crowded house.

At the Clunie Opera-house this evening the farce-comedy, "My Precious Baby." It is handsomely mounted and excellently played. The "extra" of an acrobatic team at the close of the play is a good feature and Rider and Russell well maintain it.

INCREASING THE FORCE.

Some of the Railroad Shop Men Are Working Nine Hours a Day.

Work has accumulated at the railroad shops for the last month and the company has daily been taking on more men as fast as work could be found for them to do.

The boiler shop has been the first to feel the pinch, and since the first of the month the men in that shop have been working nine hours a day instead of eight, as they have for some time past. If work keeps on increasing all the shops will be working on a nine-hour basis before the end of the month.

A large number of the men who were laid off last night, when all the features will be at their best—the ice palace, the toboggan slide, skating and all the various and novel attractions.

THE ICE CARNIVAL.

Special Excursion Rates to Truckee Friday and Saturday.

Many persons are talking of taking in the Truckee ice carnival about the end of the week, when all the features will be at their best—the ice palace, the toboggan slide, skating and all the various and novel attractions.

Excursion trains will be run from this city to Truckee on Friday and Saturday next as follows: Leave Sacramento at 10 p. m., and returning leave Truckee at 11 p. m., giving an entire day to visitors to enjoy the features of the grand sport to be had there. Fare for the round trip, with berth in Pullman sleeper included, only \$6.50. Full particulars may be obtained at the depot ticket office.

PERSONAL MENTION.

W. S. Leake returned to San Francisco yesterday morning.

Randolph Roper went to San Francisco yesterday afternoon.

Mrs. Isador Townsend of San Francisco is visiting friends here.

Miss Nellie McMurry left yesterday afternoon for San Francisco.

Al. Stoll went to San Francisco yesterday afternoon for a short stay.

C. Anderson, the merchant tailor, left on the Bay train yesterday afternoon.

E. B. McCabe, the Governor's Private Secretary, came up from the Bay yesterday morning.

Governor Budd is in Merced engaged as counsel in a case in which he was retained prior to his election.

J. C. Bauer, the well-known hop and malt merchant of San Francisco, came up yesterday and left for Portland last night.

Frank Trainor returned yesterday morning to San Francisco to resume his newly appointed position at the Ingle-side race track.

Marsden Manson of the Bureau of Highways, who is taking in the northern section of the State, is expected home the early part of next week.

Harry Nottingham left yesterday for St. Helena to visit his mother, who has been stopping there for some time and is very ill. He was accompanied by his wife.

S. B. Smith, who has for a long time been confined to his bed, and who at one time was not expected to live, has so far recovered as to be able to get out on the street again.

The State's Finances.

Table with 2 columns: Item and Amount. Includes items like State fund, University fund, State school fund, etc.

Swamp Land List.

Governor Budd has received from the General Land Office at Washington, D. C. approved list No. 30, swamp and overflowed lands, District of San Francisco, and transmitted to the Surveyor-General, containing 2,210.69 acres.

E. John A. Sutter rye whiskey, \$1 a bottle. B. K. Bloch & Co., sole controllers.

SHUN BOLTED FLOUR.

Dr. Ellis Tells Why Americans Lose Their Teeth at an Early Age.

Though Over Eighty Years Old, He Has More Than Half His Teeth and a Boy's Appetite.

Sir: What Dr. V. C. Bell is reported to have said in the "Recorder" of November 29th every careful observer can see to be correct, and, further, it is not simply the teeth of the rising generation which suffer, but also the bones, muscles, digestive organs and brain. Why is all this physical degeneration of our young people? We have not to look far for one of the chief causes. Many of our children are half starved, and some of them starved to death.

Careful experiments made by Magendie and others have demonstrated that animals can only live for a few weeks if fed only on superfine white flour, whereas they can live and thrive on unbolting flour or meal without any trouble. The Lord intended the grain as a whole for human food, and He manifestly knew what He was doing when He created our cereals. The food required to nourish the teeth, bones, muscles, stomach, to enable it to properly digest our food, and the brain, is found in excess in the dark portion of the kernel which lies immediately beneath the hull, and the miller, when he separates this portion as far as he can, and most of it is fed to cattle, horses, hogs, etc., and they have good teeth, muscles, stomachs and bones when thus fed.

The white portion of the kernel from which white flour is made contains an excess of starch, principally a heat and fat-producing material when taken as food, so that the whiter the flour the poorer it is. One simple fact ought to satisfy every intelligent man and woman that superfine white flour is not fit for human use, and that starvation must inevitably follow to a greater or less extent its use as food, viz., there is very little difficulty in keeping superfine white flour free from insects, must or mold, whereas it requires care and watchfulness to preserve unbolting flour and meal from insects, must, etc. Do we want to feed our children upon a flour which will not sustain for any considerable length of time animal, insect or even vegetable life?

Dyspepsia is more prevalent in our country than, I think I can say, in any other. Superfine flour does not contain the nourishment required by the stomach to enable it to digest food. The prevalence of dyspepsia in our country and England has led a number of medical writers in England and in this country of late to condemn the use of all cereals—wheat, rye, oats, etc.—as food, claiming that the starch overtaxes the stomach, and that we should use as food nothing but nuts and fruits, and if we find them not sufficient we should use a little meal or animal food. They think. But if we use the dark or coarse portion of the grain, as well as the white, the stomach will be nourished and it will not cause dyspepsia.

In cases of irritable or weak stomachs from the use of superfine flour, it will be well to sift out the coarsest of the bran for a time, until the stomach gains strength. Cases of dyspepsia have been cured by simply boiling the wheat for a few hours and then eating it, chewing it carefully. Banish superfine flour, and bread and cakes made from it from our land, or from use in our households, and there would be a wonderful change for the better in the development of the young, not only as to their teeth, but also as to all the structures of the body. No parent who cares for the development, health and comfort of his or her children should, in my estimation, ever allow a pound of superfine flour, or bread or cakes made from such flour, to enter his or her house.

Having constantly in view the development and health of our race, I have traveled over our own country from the East to Alaska and California in the West, and Florida in the South, over most of the countries of Europe, Egypt and Western Asia, and I can say as a result of my observation, that wherever the people eat, instead of superfine flour, the meal or flour of the whole grain, be it wheat, rye or barley, they have good teeth, and are well developed, and are rarely troubled with dyspepsia. For more than forty years I have carefully avoided the use of superfine flour, stimulants, narcotics and condiments, excepting sugar and salt, and although my eightieth birthday passed two days ago, I rarely, if ever, fail to have a good appetite, and my food tastes as well as it did when I was a boy, and I have more than half of my teeth left.—John Ellis, M. D., in New York Recorder.

Captain Byrnes Dead.

Adjutant-General Barrett was notified yesterday of the death of Captain Edward Byrnes of Stockton, one of the retired officers of Company B of the Sixth Infantry.

Funeral of M. C. Tilden.

A number of friends of the late M. C. Tilden received his remains at the depot yesterday on the arrival of the 11:20 train from San Francisco and escorted them to the City Cemetery, where the interment took place.

Disturbed a Meeting.

Justice Davis yesterday sentenced George Willing to thirty days in the County Jail for disturbing a meeting of the Salvation Army. He went to jail but most unwillingly.

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BICYCLE ECONOMY. Before buying a Bicycle said to be "just as good as the Columbia" it is well to compare the prices at which the machines sell second-hand. The second-hand price of Columbias often equals or exceeds the new price of the "just as good." If you look a year ahead, there is wise economy in Columbias at \$100 Standard of the world. Mahogany Suit in Show Window \$220 To-day. John Breuner 604-606-608 K ST., SACRAMENTO

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ICE CARNIVAL. Excursion to Truckee, SUNDAY, FEBRUARY 9TH. LEAVING SACRAMENTO AT 7 A. M. Arriving Truckee 1 P. M. Returning leave Truckee 10 P. M. ROUND TRIP \$5. NINE HOURS SKATING, SLEIGHING and TOBOGGANING. Full particulars, Ticket Office, Depot, Feb 4-11

THE DEUX TEMPS CLUB PARTY. Wednesday Evening, Feb. 5th, TURNER HALL, Feb 4-21. FIFTH ANNUAL. Masque Ball of Sacramento Athletic Club, At Old Pavilion, Sixth and M, WEDNESDAY EVENING, Feb. 5, 1896. Grand Athletic Entertainment, from 8 to 10, Grand March, 10:15.

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