

SKINS TOUGH AS IRON.

A Hardy Race of People Who Sleep Naked in the Snow.

Natives of Terra del Fuego Endowed With Peculiar Imperviousness to Cold.

Recent explorations of the strange land of Terra del Fuego have revealed a curious race of people, whose skin is so thick that they go naked in the coldest weather. The discovery of these people is not altogether a surprise, for their existence has been hinted at more than once by scientific men. In a paper lately written by Herbert Spencer, he refers to them as a people "who, in their wretched islands, go almost naked, while the falling snow melts on their bodies."

The only plants on these islands that can be eaten are the wild celery and spoonwort, and the natives are forced to subsist on shellfish, which are found in great abundance. The only quadruped kept in a domestic state by the inhabitants is the dog, which, in extreme cases, serves them as an article of food. The descriptions that have been given of the natives by different travelers vary. They are generally described as short, ugly, beardless men, with long black hair of a rusty iron color, and occupying the lowest rank in the scale of civilization.

The Patagonians on the island are known as Onas. Their numbers are estimated at 2,000. Two other races are known, the Yaghans of the south, and the Alaculufs of West Fuego. The alaculufs are thought to have come over from the mainland. It is among the Yaghans, who dwell in the more rugged and exposed parts of the island, that the strange tribe of "iron men" have been found. These are the true aborigines of the archipelago. It must have taken ages to turn their skin into a covering of bark capable of resisting the fearful attacks of an abominable climate. They are probably the direct descendants of a primitive race by which the islands have been occupied from a vastly remote period.

These curious people are about five feet in height. Their appearance is described as follows: Low brow, large lips, flat nose, loose, wrinkled skin; black, restless eyes, very wide apart; unkempt hair, and head and chest disproportionately large compared with the extremely slender and outwardly curved legs, conveying an impression of top-heaviness. Their mental qualities are on the same low level as is indicated by the almost total absence of clothing under such inclement skies. This is the feature about the iron men that has attracted the attention and aroused the curiosity of the few travelers who have visited this wild region.

But it is not so remarkable, after all, that they should go naked in the snow and cold. It was either this or perish, as there is nothing on the island which they could manufacture into clothing. The wonder is that they should have survived so many years of exposure. Nature has been very kind to them. As they were unable to clothe themselves, she has provided them with a garment that is a good protection from cold that would lead to death a more tender inhabitant of civilized countries. It is said that these hardy people sleep out of doors as readily as under cover. Draughts have no terrors for them. Their occupation consists chiefly in catching fish, and they are therefore obliged to spend much of their time on the coast, where the weather is much more severe than in the interior. But even on the coast, they have been known to lie down, absolutely without coverings of any sort, and sleep soundly through snow and tempest, waking thoroughly refreshed in the morning. Such diseases as consumption, pleurisy, pneumonia, rheumatism, colds in the head, and bronchitis are unknown. This would seem to prove that the best way to protect one's self from the rigors of a bad climate is to accustom the body to exposure.

Aside from their rhinoceros-like skins, these Yaghans are interesting in other ways. Representing the very lowest order of human intelligence, it was to be expected that they would be brutal in their treatment of women. Their brutality in this respect goes to such an extent that, when food is scarce, they kill the old women and eat them—not very tender morsels, one might imagine, considering the years and the toughness of the skins of the victims. They are quite without affection for their offspring, whom they have been known to throw overboard from their canoes in rough weather. They resort to many repulsive practices connected with their food and social habits.—New York World.

To-day (Monday) is the last day for receiving bids for the sale of the Presbyterian Church property at Sixth and I streets. Don't miss this chance to get a bargain. Read ad. of Edwin K. Alsip & Co., 1013 Fourth street.

CAPT. RUSTALLER'S Extra Gilt Edge ALSO FINE OLD PORTER, Delivered to Saloons Ice Cold. Capacity, 75,000 to 100,000 Barrels Per Year. BEST BEER IN THE WORLD TRY IT.

A LUCKY CAPTURE.

Leonard Lamar, a Colorado Penitentiary Escapee, in the City Prison. Early yesterday morning Officers Fisher and Hayes arrested a man giving the name of N. E. Broderick, and charged him with vagrancy. Last evening a notice was received at police headquarters from the officials of the State Prison at Canyon City, Col., stating that Leonard Lamar, serving a seven years' sentence at that institution for the crime of grand larceny, had escaped, and offering a reward of \$150 for his apprehension. A photograph of the convict accompanied the notice, and when compared to Broderick it fitted him to a dot.

No doubt exists in the minds of the officers but what they have caught the right man, and they are already laying plans as to what they will do with the reward money. "Always at the Front." (From the Yuba City Farmer.) The Sacramento "Record-Union" will hereafter appear every morning, instead of six days in the week. The "Union" is one of the best and cleanest journals on the coast and is always at the front in the march of progress.

No Faith in the Remedy. "Troubled with insomnia, are you?" said Dr. Parais, after listening to his patient's tale of woe. "Tried all the usual remedies, have you? Well, now, suppose you try to read 'The Impressions of a Bohemian.' It's a new book, just out. I tried to read it last night and was asleep in three minutes."

"Sir," replied the patient, with freezing dignity, "I am the author of that book, and I have the honor to wish you a very good evening."—Town Topics. Killed His Wife and Mother-in-Law. CLINTON (Ill.), April 3.—James Polien, living near the machine shops in this town, quarreled with his wife late this afternoon on account of attentions she had been receiving from another man. Mrs. William Miller, his wife's

mother, defended her daughter. Polien became enraged and seized a shotgun, with which he killed both the women. He then attempted suicide, but was arrested.

Last Words of Painters. Many will be thinking of Lord Leighton's last words to-day—"My love to the Academy." There was another great painter, who died a little more than a century ago, whose last words, to quote Leight Hunt, "strongly expressive of a good heart, a quiet conscience, and a love for his profession, which only left him with his life." Gainsborough's dying lips declared, "We are going to heaven, and Vandylke is of the party!"—Westminster Gazette.

"Can't I rent you this house next to the church?" "No; my wife likes to come in late."—Chicago Record.

Agatha—Charley is tickled with his new mustache, isn't he? "Marie—Yes, but (with a sly blush) not half as much as I am.—New York World.

S FOR CURES SCROFULA, BLOOD POISON. S THE CURES CANCER, ECZEMA, TETTER. S BLOOD

CASTORIA for Infants and Children. Castoria is so well adapted to children that I recommend it as superior to any prescription known to me. H. A. Achen, M. D., 111 So. Oxford St., Brooklyn, N. Y. "The use of 'Castoria' is so universal and its merits so well known that it seems a work of supererogation to endorse it. Few are the intelligent families who do not keep Castoria within easy reach." EDWIN F. PARDES, M. D., 157th Street and 7th Ave., New York City. THE CENTRAL COMPANY, 77 MURRAY STREET, NEW YORK CITY.

The Daily Record-Union, A SPLENDID 7-DAY PAPER, The Leading Paper of the Interior of California. The pioneer journal, which from early years in the history of the coast, has maintained the front rank of journalism, having every news facility with the San Francisco leading dailies, and sustaining the fullest public confidence. THE BEST ADVERTISING MEDIUM ON THE PACIFIC COAST. Clean in all departments, and therefore pre-eminently THE FAMILY JOURNAL. The best paper for the Homeseeker, for the Merchant, Farmer, Mechanic and all who desire the full news of the day presented in a cleanly manner. \$6 PER YEAR. THE SUNDAY RECORD-UNION (12 pages) sent by mail to any address for \$1 50 per year. Delivered by carrier at 25 cents per month.

SHAKING HANDS May be a proper form, but shaking bodies is not, but is caused by your system being full of Malaria. Malaria, Chills and Fevers overcome in 3 days by taking 3-Day Malaria Cure. Sent prepaid for 75c. FRANCIS S. OTT, Druggist, 200 K St., south side Second and K, Sacramento, Cal.

Sacramento Women! Feeble, ailing women are made well and strong by this great modern nerve invigorator and blood purifier Faine's Celery Compound. Weak, shaky, tired nerves, the verge of prostration, need nothing so much as this food for the nerves. Try it and be well.

MEETING NOTICES. SACRAMENTO LODGE, NO. 11, K. of P.—Eminent 11, Grand Lodge MONDAY EVENING, April 6th. Meeting at 8 o'clock. S. S. PEPPER, C. C. Wm. Hale, K. of R. and S.

ATTENTION, EXEMPTS! Your regular monthly meeting will be held at Freeman's Hall THIS (Monday) EVENING, April 6, 1896, at 8 o'clock. M. A. HOWARD, President, L. B. Suttill, Secretary.

N. D. G. W.—REGULAR MEETING OF California Parlor, No. 22, will be held THIS (Monday) EVENING, April 6, Granders' Hall, at 8 o'clock. KATHERINE WINN, President.

WANTED—A YOUNG MAN WISHES A position as stenographer or book-keeper. Address W. H. W., 912 G st. ap-17

WANTED—A THOROUGHLY EXPERIENCED furniture and carpet salesman. Apply to Weinstein, Lubin & Co. ap-13

WANTED—A LADY HAVING A FEW spare hours each day. Address "Z," "Record-Union" office. ap-13

WANTED—SEVERAL GENTLEMAN; salary and commissions to the right parties; permanent business. Apply No. 1001 J street, city. ap-17

RELIABLE HELP OF ALL KINDS furnished at short notice by the Capital Employment Office, 1025 Tenth street.

WANTED—TO BORROW \$4,000 ON good city property. P. O. box 408.

FOR SALE—SEVERAL DRIVING HORSES. Inquire at woolly's, 242 S street. ap-17

FOR SALE—A LONING-HOUSE WITH restaurant combined; open day and night; centrally located; doing a good business. Will sell reasonable on account of sickness. Apply at this office. ap-17

FOR SALE—AT A BARGAIN—ON ACCOUNT OF SICKNESS, the grocery store of J. BELLMER at 915 K street.

HERE IS A BARGAIN—WILL SELL 516 K street for \$200; the best located business block in Sacramento City; will be offered for this price only for a few days. Address JOHN P. COOPER, 162 E street.

A GOOD PAYING CIGAR STORE MUST be sold on account of sickness of owner. Apply at this office. ap-17

FOR SALE—HORSE AND WAGON; cheap at \$75. JOHN BONK, 259 Ninth street. ap-17

FOR SALE—SMALL RESTAURANT; entire outfit; rent reasonable. Inquire E. F. DREYMEYER, Front and R streets. ap-17

FOR SALE—AN INTEREST IN ONE OF the most centrally located bicycle establishments in the city. Call at this office.

FOR SALE—19 TO 20 ACRES OF LAND with good house and barn and good fences, in one block of the city limits; suitable for dairy; a grand bargain will be given; also one wagon and set of harness; 3 head of young horses; 2 bulgias. For information call 1804 G street. ap-17

FOR SALE—ELEGANT FURNITURE, carpets, etc., of a five-room house; nearly new. See SHERBURN, 323 K street. ap-17

A BARGAIN IF SOLD WITHIN TWO weeks—A lodging house completely furnished, situated in the center of business part of city, and well established. Apply at this office.

FOR SALE—ONE NEW EIGHT-HORSE power engine and boiler; also one six-horse power, second-hand. Apply 419 L street.

FOR SALE CHEAP—LODGING-HOUSE OF 25 rooms. Call 122 K street.

OAT HAY FOR SALE—150 TONS. Prefer to sell in one lot. Inquire F. R. DRAVY.

FOR SALE—80 ACRES IN THE PLACER County Citrus Colony; no cash required except to make improvements; 28 acres ready for planting. W. WOOD, 520 J st.

FOR SALE—LOTS IN OAK GROVE Tract on 10th installing water. Call at 167 CURTIS, CARMICHAEL & BRAND, Fourth and J.

GROCERIES. CROSSE & BLACKWELL'S LUCCA OIL in quart bottles, 50c; Fullon Creamery Butter, 45c square; 4 cans tomatoes, 25c; Atmore's mince meat, 5-lb pails, 45c; 15-lb No. 1, 1 lb; 10 lbs rolled oats, 25c. All kinds fruits and vegetables in season constantly on hand at LYNN'S, corner Fourteenth and O streets.

FRESH RANCH EGGS, 12 1/2 DOZEN—No dull times in the Up-to-Date Case—10 lbs rolled oats, 25c; 15 lbs beans, 25c; 5 cans corn, 25c; 4 cans tomatoes, 25c; sugar cured hams, 11 1/2 lb; bacon, 5 lbs No. 1, 1 lb; 10 lbs rolled oats, 25c. Mocha and Java coffee, 35c lb; 3 lbs for \$1; Costa Rica and Java, 30c; good coffee, 25c; good tea, 25c; 5 lbs \$1; 12 bars good soap, 25c; 6 bars Royal Savon, 25c; fine borax soap, 5c; 81 box; 6 lbs good rice, 25c; morning meal, 6 lbs for 25c; corn starch, 5c; glass starch, 4 for 25c; Eastern condiment 2-lb blocks, 15c; salmon bellies, 5c; dried fruits, 5c lb; ammonia, 5c; lye, 5c; borax, 10c; 3 for 25c; pearline, 10c; coal oil, 50c; where, 5c. BEESLEY & SON, 618 J.

ATTENTION TO THIS—NICE GOOD hay—wheat, oats and alfalfa—\$1 a bale, at W. WILLIAMS, Eleventh and J streets. Also, a line of fresh family groceries constantly on hand.

THE "UP-TO-DATE" GROCERY STORE—I wish to inform my friends and the public that I have purchased a grocery store and saloon, corner of Twelfth and E streets, and keep a full line of grocery supplies. Everything is new and fresh and I shall not be undersold by any other store in this city. Old and new telephones No. 173. Give me a call; Yours, LEON LEWIS, corner Twelfth and E streets.

DRESS AND CLOAKMAKING. STYLISH DRESSES AND PERFECT fit guaranteed at the "La Mode," 419 K. Mrs. Grassie and Miss Ivey, Prop.

MRS. I. M. PALMER WILL TEACH YOU to cut and fit your own dresses in the latest and most fashionable styles at 714 I street, opposite the Postoffice. Apply at once. ap-13

MRS. J. M. KELLY, THE FASHIONABLE dressmaker, has moved from her former location, over the Nonpareil, to 619 J street, where she is still doing the finest work at the lowest prices. Perfect fit guaranteed.

TO LET OR RENT.

TO LET—6-ROOM COTTAGE WITH modern improvements; one block from car line. Apply 1200 K street. ap-17

TO LET—1600 ELEVENTH STREET—UP per flat of five rooms, hot and cold water. Apply next door. ap-17

TO LET—ONE OF THOSE NICE MODERN flats in the Berkshire, ground floor. A.S.P. Agent. ap-17

TO RENT—A NICE STABLE. APPLY AT MRS. ROSS, 1814 Q street. ap-17

1222 I—FURNISHED ROOMS FOR housekeeping.

A NEW MODERN 7-ROOM COTTAGE completely furnished for rent; one block from Capitol Park. Address P. O. Box 34.

COTTAGE OF FIVE ROOMS, BATH and basement. Apply 1521 F street.

1513 J ST.—UPPER FLAT SIX ROOMS; almost new; bath and yard. Inquire R. PHILLIP, 628 1/2 J street.

FOR RENT—\$42 50—A FINE TWO-story house; 8 rooms and bath; also large barn; 187 H street. CURTIS, CARMICHAEL & BRAND, cor. Fourth and J streets.

\$10—HOUSE V ST., BET 24th AND 25th to rent. H. J. GOETHE, 1011 4th.

NICELY FURNISHED ROOM AT Forsters' building, I street, Seventh and Eighth.

1113 L—HOUSE TO LET. APPLY TO FABIAN BROS., agents.

\$10—THREE NICELY FURNISHED housekeeping rooms. 1611 Second street.

A FEW NICELY FURNISHED SUNNY rooms at reasonable rates; most convenient location in town. 906 K street.

TO RENT—FURNISHED ROOMS SUITABLE for housekeeping, at 316 Twentieth street.

TO LET—UPPER FLAT OF 7 ROOMS. No. 110 1/2 J street. Inquire at 1117 I street.

FOR RENT—A SUITE OF ROOMS SUITABLE for physician or dentist. Hammer's building, 401 K street. Apply at drug store.

FOR RENT—\$17, 4-ROOM COTTAGE and barn, 514 1/2 O street. CURTIS, CARMICHAEL & BRAND, corner Fourth and J streets.

ARCADE HOUSE, 1008 SECOND street. For new management; furnished rooms.

TO LET—FOUR UNFURNISHED rooms. 1215 I street, down stairs.

GENERAL NOTICES. I DESIRE TO ANNOUNCE TO MY friends and the public that the "Arlington," corner of Sixth and K streets, will be opened Monday, April 6th, ready for business. WILLIAM E. LINDSWORTH, ap-21

CHAS. WILKE—WATCHMAKER AND Jeweler, 1010 Seventh street. First-class work; lowest prices; highest price paid for old gold and silver.

THOROUGHLY BARRED PLY-mouth Rock eggs, \$1 per setting. W. H. BAKER, 1218 H st., near Am. R. Bridge. P. O. address, 651 E st.

N. S. HOIT, PIANO AND ORGAN tuner and repairer. First-class work. Leave orders at Neale & Eller's (Cooper Music Co.), 710 J.

DRINK MEAD'S CIDER; IT'S GOOD; ask your grocer for it. Office 725 K st.

HOLY WEEK—BUY THE BOOKS OF devotion and exercise for Holy Week and the short line to the Roman Catholic Church at A. HAUBOLD.

IT'S FUN TO WASH WINDOWS ON the outside when you can stand inside to do it. "The Model" Window Hinge swings them inside. Call at 725 K street and see how it's done.

BEST BREAD ON EARTH; DOMESTIC bread, made of specially ground wheat flour; contains no lard; sold only by the Pacific Grove Bakery, 823 J street.

WOOD AND COAL—DON'T BE HUM-bugged with peddlers and parties offering to sell wood or coal below market price, but go to W. CAW'S, 518 L street, and get full weight and measure at the lowest possible price. JAMES MCAW, Proprietor. Telephone No. 338.

TAKE NOTICE—P. M. RAYMOND, newsdealer, will move on or before April 1st into his new store at 614 K street.

HOUSE-CLEANING TIME—HAVE your hair and top mattresses renovated and cleaned by the latest improved machine, also, upholstering and repairing of furniture at lowest rates, work taken and returned the same day. CHARLES M. CAMPBELL, 400 K st.

THE LU-MI-NUM-ALUMINUM BICYCLE; better than any other; see them at 323 K street. W. H. SHERBURN, agent.

BOARD AND LODGING.

FURNISHED FRONT ROOMS TO RENT with or without board. 911 O street, near Tenth street.

FURNISHED ROOMS AND BOARD BY the day or week. 121 J street.

408 N STREET—SUITE FURNISHED for housekeeping; board if desired. MRS. SHEETS.

THE PLEASANT, 908 L STREET—A new first-class boarding house; rooms elegantly furnished; table unexcelled; terms reasonable. MRS. M. E. WILLIAMSON, Proprietor.

NICELY FURNISHED ROOMS WITH or without board; also, board only. 903 L street, near Capitol.

OPPOSITE CAPITOL—PLEASANT sunny front room, with board. 1324 Tenth street.

1232 H STREET—NICELY FURNISHED room and home board; reasonable.

ARE YOU LOOKING FOR A HOME-like place to board and room? Go to the "MODEL," southwest corner Eighth and H.

PERSONALS. LADIES—CHICHESTER'S ENGLISH Pennyroyal Pills (Diamond Brand) are the best. Safe, reliable. Take no other. Send 4c stamp for particulars. "Relief Ladies," in letter by return mail. At Druggists. CHICHESTER CHEMICAL COMPANY, Philadelphia, Pa.

\$1. WATCHES CLEANED, \$1. WATCH mainsprings, \$1. All work warranted. 419 K street, next to Metropolitan Theater. Cash paid for old gold and silver.

MUSIC AND ART. MRS. CARRIE P. GILBERT, VIOLIN teacher, 1618 K street. ap-17

MISS LIDA I. CLINCH, TEACHER OF vocal music; residence, 1116 Seventh st.

PIANOS AND ORGANS TUNED AND repaired by F. BLODGETT, reliable and prompt. Orders left at POMMER'S, Ninth and J, or residence, 1919 I.

BOOKBINDERS. BOOKBINDING IN ALL ITS branches, with good work and promptness. E. W. BRUNING, 319 J street, Sacramento.

MAGAZINES, PORTFOLIOS AND Periodicals bound in superior modern styles at SILVY'S BOOK-ENKACKLER'S, General Bookbinders, 403 J street.

CARPET CLEANING. STEAM CARPET-CLEANING, 3 CENTS per yard. Prices to suit the times. H. W. RIVETT, Twelfth and O streets. Telephone 362. The best machine in the city.

BUSINESS CARDS. BRING ME OR SEND ME Your Watches and Clocks that need repairing. First-class work. Reasonable prices. All work thoroughly warranted. EMIL STEINMANN, 612 J street. Leading Gold and Silversmith.

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Charles F. Gardner, D. E. Alexander, Arthur E. Miller, ALEXANDER, MILLER & GARDNER, Attorneys and Counselors at law, 40 1/2 J street, - - - Sacramento.

Chauncey H. Dunn, S. Solon Hohl, HOLL & DUNN, Lawyers. Offices, 920 Fifth street, Sacramento. Telephone No. 14.

WILLIAM A. GETT, JR., Attorney-at-Law. Sutter Building, southwest corner of Fifth and J. Telephone No. 359.

Arthur M. Seymour, Clinton L. White, Jos. W. Hughes, WHITE, HUGHES, & SEYMOUR, Attorneys and Counselors-at-Law. Rooms 7, 9, 11, 13, 420 J street, Sacramento, California.

PHYSICIANS AND SURGEONS. DR. CARTRIGHT, OFFICE AND RESIDENCE, 313 K street, between Ninth and Tenth. Office hours: 9 to 11 a. m., 2 to 4 and 7 to 8 p. m.

DR. L. S. JADAROLA, 200 1/2 K—OFFICE hours: 9 to 12 a. m.; 2 to 4 and 7 to 8 p. m. New telephone No. 10.

DR. F. D. TYRRELL (SUCCESSOR TO Dr. G. Tyrrell). Office over Sacramento Bank, corner Fifth and J streets. Hours: 11 to 1, 2 to 4 and 7 to 8 p. m. Residence, 1925 P street. Residence telephone, 572. Office telephone, 254.

DR. D. L. McLEAN, M. D., From Toronto. PHYSICIAN AND SURGEON. Night and day calls at office, Second and K streets.

DR. SIMMONS, SR.—HOURS 9 TO 10 A. M., 2 TO 3 P. M., and 7 TO 8 P. M. DR. SIMMONS, JR.—HOURS 11 TO 12 A. M., 4 TO 5 AND 7 TO 8 P. M. Telephone, house, 1225; office, 67.

DR. FAY, 627 1/2 J ST.—10 TO 12 A. M., 2 TO 4, 7 TO 8 P. M. - - - Res. 1729 G. Tel. 508.

DENTISTRY. DR. C. H. STEPHENSON, DR. H. H. STEPHENSON, Dentists, 508 1/2 K st, opposite Clunie Opera-house.

DR. W. J. TAYLOR, DENTIST—Hours, 9 to 5. 718 J, over the Red House.

REMOVED—DR. R. L. WAIT HAS removed his dental office and residence to 705 J street, over Christianson & Co.'s Market. Painless extraction of teeth by use of a new anesthetic. Examination and consultation free. Office hours from 9:30 a. m. to 9 p. m., and 7 to 9 p. m.

F. F. TEBBETS, DENTIST.—914 Sixth street, between I and J, west side, opposite Congregational Church.

DR. A. J. THOMAS, DENTIST—Successor to H. H. Pierson, 511 1/2 J st. Hours—9 to 5.

DR. W. A. ROOT, DENTIST—514 K st., opposite Clunie Opera-house.

PHOTOGRAPHY. LIVE AND LET LIVE IS BEALS' motto. Mr. Beals uses the best of everything in photography, and hires the best of help to finish them up. Don't be deceived by photographers when they tell you he don't use good materials. Gallery corner Seventh and J streets, No. 627 J.

FOR FIRST-CLASS GOODS At Reasonable Prices Call on TOM SCOTT, Plumber, 303 J STREET.