



SOCIAL Gossip

Mrs. C. K. McClatchy was the hostess of the L. N. O. Whist Club on Thursday afternoon. The handsome home made a very attractive appearance in the beautiful decorations of peach and almond blossoms, and camellias. These flowers were used in great profusion in the parlors and also in the drawing room, where lemonade was served during the afternoon. The prizes for the afternoon were captured by Mrs. R. T. Bentley, Mrs. C. Wright and Mrs. F. Cox. The afternoon was a very pleasant one, and most enjoyably spent by all.

Mrs. H. A. Loveland has gone to San Francisco to visit friends for a few weeks. Next Wednesday evening the Modern Trojans, Dewey Lodge No. 12 will give a domino party to their numerous friends. It is a strictly invitational affair. Mr. and Mrs. J. M. Wright have returned from a pleasant visit in San Francisco and vicinity. Mrs. Dr. Wood left for Japan last Wednesday, and expects to be gone some time. Miss Bessie Small entertained the Friendly Whist Club last night. After the usual number of games refreshments were served to the guests. The house was prettily decorated, and it proved to be one of the most enjoyable meetings the club has held.

The Tuesday Literary Club met at Liberty Hall, Foresters' Building, the President, Mrs. Findley R. Dray, presiding. The lecture given by Mrs. E. B. Purnell on "The Revival and the Captivity" was very interesting and enjoyed by all. This was followed by a parliamentary drill in which many participated. The subject for next Tuesday will be "Life in the University of Oxford, England," and will be given by Charles Mills Gayley of the University of California. Circle No. 2 of the Griggs C. R. Club met at the residence of Mrs. F. H. Krebs on Tuesday afternoon. The essay by Emerson on Shakespeare was read and discussed. "Recessional," by Rudyard Kipling, which was read by the hostess, was greatly enjoyed by all. Miss Georgie Speaker of San Francisco is visiting friends in this city. Elwood Woodburn of Berkeley came up to Sacramento on Friday to attend the Alpha Sigma party. Misses Alice and Helen Weinstock went to San Francisco yesterday morning. Miss Edna Menken will be the hostess of the U. N. Whist Club next Friday evening. Mrs. J. E. Terry is spending a few days in San Francisco. The Silver Link Social Club gave a pillow case and sheet party last Tuesday evening at Grangers' Hall. The grand march took place at 9:30 p. m., being led by George Chapman and Miss Ada Johnson. The march proved to be a very amusing sight, as there were fully seventy-five couples, and all were

1-5 THE COST OF MEAT RICH CREAM WITH GRAPE-NUTS A Charming Dish. VALUE OF CREAM As Compared With Meat. One of the most valuable items in one's diet is good, rich cream. The remark is frequently made that "cream is too expensive to use freely." Some people think they must have meat every day at 10 and 25 cents per pound, and do not realize that 5 cents' worth of pure cream for breakfast will do more to put on flesh than 25 or 30 cents' worth of meat. An ideal portion of breakfast is that obtained from, say, four teaspoons of Grape-Nuts and a little pure, thick cream, either cold or hot. This is one of the most delicious dishes imaginable, and is served without cooking or trouble of any kind, and cannot be equaled in point of food value for the human body. Made by the Postum Co., at Battle Creek, Mich. The Grape-Nuts, consisting largely of grape-sugar, have passed through processes similar to the first act of digestion, and are therefore most easily digested, and in combination with cream they render the cream itself easy of digestion. Grocers sell Grape-Nuts.

Flora Meister, Nell Uren, Edna McClatchy, Nell Allen, Edith Smith, Cora White, Gowan Matthews, Emma Meekfessel, Gertrude Wiseman, Gertrude Whitaker, Ralph Hale, Florence Jones, Muriel Hubbard, Edith Miller, Kate Willis, Della Shepherd, George Carroll, and Mabel Loyd. Messrs. Harwood Bonte, George Beard, Joe Murphy, Al Smith, Ed Stack, John Sherburn, Miller Upton, Whit Ray, Andrew Will, Frank Mott, Russell Williams, Gus Carroll, Claus Wahlander, Rene Currier, Al Goddard, Ed Gerber, Jack Farnsworth, Roy Giffen, Tom Meekfessel, Harry Therfield and Mallory Enos.

Mr. and Mrs. J. C. Fitzgerald entertained the A. C. H. Whist Club on Friday evening, and it was one of the most pleasant meetings of the club. Mrs. George H. Clark and Frank Smith received the prizes. Light refreshments were served to the guests at a late hour. The members are Mr. and Mrs. J. C. Fitzgerald, Mr. and Mrs. F. Smith, Mr. and Mrs. J. H. Clark, and Mrs. A. Booth, Mr. and Mrs. G. L. Litchfield, Mr. and Mrs. J. M. Anderson, Mr. and Mrs. Eugene Smith, Mr. and Mrs. Christopher Schmid.

Mrs. H. Wright gave a very delightful party to a number of her friends Thursday afternoon. Whist was played, and Mrs. F. Coombs won the first prize, Mrs. F. Leavitt the second, Mrs. W. W. Seaman the third, and Mrs. W. Mead the fourth. The decorations were unusually pretty and artistic, quince blossoms and red camellias being used in great abundance in the hall; flowering almond and peach blossoms added much beauty to the front parlor, while the predominating color in the back parlor was yellow. The color scheme was carried over in the dining room, everything that possibly could be in violet. Mrs. W. K. Cothran, Mrs. C. L. La Rue, Mrs. F. Coombs, Mrs. W. Mead, Mrs. F. Leavitt, Mrs. W. W. Seaman, Mrs. C. M. Beishaw, Mrs. E. R. Hamilton, Mrs. J. E. Terry, Mrs. C. K. McClatchy, Mrs. Eugene Smith, Mrs. Sparrow Smith, Mrs. W. D. Knights, Mrs. General Sheehan, Mrs. G. L. Simmons, Mrs. L. Tozer, Mrs. R. G. Bulla were present.

Miss Celia Schubert was the hostess of the Round Table Friday evening. A very instructive evening was spent by all. Miss Schubert read a very interesting and comprehensive paper on "Expansion." The Allegress Club met at the home of Mrs. E. J. Weldon, 1315 G street, last week. In the former part of the evening whist was played, and Mrs. F. Krebs and Clarence Hunt carried off the honors, while Dr. Todd and Miss Thilo Lang came next in order. Afterwards the donkey game was played, and Miss Abbie McCraney and Fred Collins were successful in this. Delicious refreshments were served, and it was "wee sma' hours" before the guests dispersed.

George W. White, President of the Oak Park Reading Club entertained the members at his home Friday evening in a most royal manner. The following program was delightfully rendered: Recitation, "Miserere," Miss Mabel Carmichael; solo, "Last Chord," Chas. Burgess; duet, "Forget Those Angry Words," Mrs. Eastman, Mabel Carmichael; reading, "Spartacus to the Gladiators," Roy Brooke; duet solo, George W. White and Mrs. Eastman. The evening was most enjoyable, and the debate for the evening was dispensed with, and the President presented a challenge to the club from the Florin and Elk Grove Clubs, asking Oak Park to meet the combined clubs in joint debate. The challenge was accepted, and the following speakers were chosen: George W. White, Mabel Carmichael, J. S. Daly, Roy Brooke and Hon. Morris Brooke. In the latter part of the evening the guests were invited to the dining room, where a bountiful repast was served. After the inner man was satisfied they returned to the parlor, where dancing was enjoyed. This meeting was one of the most successful and enjoyable ones of the club.

The whist given by Miss Bertha Kohler in honor of her fifteenth birthday was a very pleasant one. The first prize was won by Miss Eva Erlwine, and the second by Miss Edith Ramage. Each guest was presented with a dainty little souvenir. The occasion of the Ollie Omerod, Lillian Steinman, Helen Peterson, Florette Hodgdon, Ella Jones, Eva Erlwine, Edith Ramage, Elsie Elery, Elsie Grau, Bertha Kohler, Almie Stuart and Thea Hart were among the guests.

The W. and H. Literary Club met at the home of Miss Bertha Kohler Friday evening. The following was the program: Piano duet, Mabel White and Eva Erlwine; reading, Maudie Bannister; recitation, Bert Loomis; Harry Johnson. The guessing game was then played, and Miss Lillian Steinman received the highest score, and Will Trippe was second. Dainty and tempting refreshments were served at the conclusion of the festivities.

Mrs. Hermon Fisher will be the hostess of the Friendship Whist Club tomorrow night. A surprise party was given Miss Undine Phillips at her residence, 2205 K street, on Friday evening. The evening was spent in games and music, and at a late hour refreshments were served in the dining room. Those present were Misses Undine Phillips, Jo Gilman, Viola Redmond, John Johnson, Mabel Moore, Zee Leavitt, Laura Latham, Nellie Mead, Hattie Glenn, Alice Brannard, Esther Nelson, Belle Fuller, Frank Struck, Jo Scherrer, Ed Steigler, Frank Zeigler, Horace Arnold, Thelma Chapman, Walter Summers, Fountain Johnson, Curtis Forbes and C. Hillhouse.

Four cents table fruit for 25 cents Monday and Tuesday at The Pacific, J near Eighth. Impossible to fix your teeth up without some pain, but the aim here is to take advantage of every modern method and inflict the least possible pain. Dr. Weldon, 806 1/2 J street. Try McMorry's Blend coffee, 35c.

BAKER & HAMILTON, wholesale hardware, bicycles, cars, buggies, carriages, phonographs, gramophones and head wagons. Send for catalogue.

NEW TO-DAY. A GREAT EVENT! SUNDAY, 19TH. HOST OF THE GREAT EASTERN BICYCLE CHAMPIONS, under auspices. CAPITAL CITY WHEELMEN. At Agricultural Park Track. Such attraction as has never been seen in interior California.

THE HATCHING TIME is now on. Be ready and get a Peta-luma Incubator from the Sacramento Poultry Supply Co., 1207 J street. It is the best and cheapest.

COUNTY'S MACADAM ROADS. THEY WILL BE SPRINKLED TO PRESERVE THEM. Bids Received for a Telephone Franchise From Perkins to Walsh's Station.

At the meeting of the Board of Supervisors yesterday morning a number of claims were passed, but not much other work was done. Supervisor Morrison stated in relation to the Oak Park saloon matter that after the license of Steen was revoked, B. J. Chambers ran the saloon for a few months, but there was no record of his having filed a bond, although he took out a license.

The Collector is looking up the matter of Steen's license. Supervisor Morrison said that a delegation had called on him and asked that the piece of macadam on the J street road be sprinkled, as the north wind is blowing away the fine surface. He thought the County Hospital road should also be sprinkled when it was dry.

Supervisors Gillis and McLaughlin spoke of the Riverside road also, and said it and the piece of macadam on the Grant ought to be taken care of. Supervisor Curtis said the Riverside, Hospital and J street roads were being sprinkled now.

Supervisor Morrison moved that the upper Stockton road to the hospital, the J street road and the Riverside road be sprinkled every other day until further orders, or until it rains. The road on the Grant, he said, is getting badly cut up and should be mended before it is sprinkled.

The report of the viewers on the road petitioned for by L. R. Davis and others, running from the middle Export road to Highland Park on the line between William Curtis and Mrs. B. L. Edwards and Moses Sprague was read. It states that the land owners are non-consenting, but that Mr. Curtis is willing that the road shall go through, if he is paid the value of his land and the expense incurred, which the viewers place at \$468.05. The amount of damages allowed by the viewers to A. Heilbron is \$167.76, to Mrs. B. L. Edwards \$207.26, to Moses Sprague \$288.34, to Frances C. Meyers \$30 and the cost of construction \$50, a total of \$1,201.41.

The hearing was set for Thursday, April 6th. Bartholomew Lucey was granted a license to keep a saloon at 130 K street and his bond approved.

D. O. MILLS' ASSESSMENT. Collector Bugbey stated to the board that the tax assessed against the National Bank of D. O. Mills & Co., amounting to \$7,734.90, still stood on the books, although the Supreme Court had decided the suit against the Assessor. It would be useless to advertise and sell the property, and he thought the board would do well to order the assessment canceled.

TELEPHONE FRANCHISE. The bid of F. M. Jones and others for a telephone franchise from Perkins to Walsh's Station, offering for the franchise 3 per cent of the gross earnings after five years, was read. The time for hearing the application for the franchise was fixed for the 21st inst.

The board then adjourned till the 21st.

HEART DISEASE. SOME FACTS REGARDING THE RAPID INCREASE OF HEART TROUBLES. Do Not Be Alarmed, But Look for the Cause.

Heart troubles, at least among the Americans, are certainly increasing and while this may be largely due to the excitement and worry of American business life, it is more often the result of weak stomachs, of poor digestion.

Bad organic disease is not rare, but not one case in a hundred of heart trouble is organic. The close relation between heart trouble and poor digestion is because both organs are controlled by the same great nerves, the Sympathetic and Pneumogastric.

In another way, also the heart is affected by the form of poor digestion, which causes gas and fermentation from half digested food. There is a feeling of oppression and heaviness in the chest caused by pressure of the distended stomach on the heart and lungs, interfering with their action; hence arises palpitation and short breath.

Poor digestion also poisons the blood, making it thin and watery, which irritates and weakens the heart. The most sensible treatment for heart trouble is to improve the digestion and to insure the prompt assimilation of food.

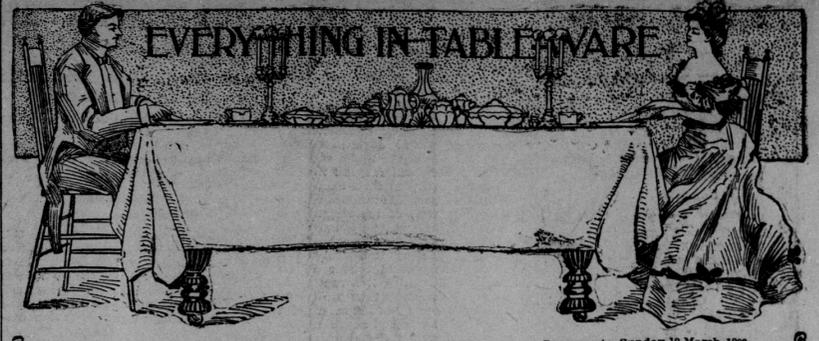
This can be done by the regular use after meals of some safe, pleasant and effective digestive preparation, like Stuart's Dyspepsia Tablets, which may be found at most drug stores and which contain valuable, harmless digestive elements in a pleasant, convenient form.

It is safe to say that the regular persistent use of Stuart's Dyspepsia Tablets at meal time will cure any form of stomach trouble except cancer of the stomach.

Full sized packages of these tablets sold by druggists at 50 cents. The little book on stomach troubles mailed free. Address F. A. Stuart Co., Marshall, Mich.

THE BOARD OF SUPERVISORS OF THE County of Sacramento do ordain, as follows: That there is hereby granted to F. M. Jones, George F. Jones and H. D. Millard of the County of Sacramento, State of California, a franchise to place, erect, maintain, use, and operate, for public or private use, in and upon the roads, highways, public grounds, streets, avenues and public grounds of said town of Walsh Station.

That there is also granted to the said F. M. Jones, George F. Jones and H. D. Millard the right to erect, maintain and carry on such telephone and telegraph business, and to collect and receive the tolls for the use thereof from persons using the same.



EVERYTHING IN TABLEWARE. We are selling Haviland china at "before-tariff" prices.

The increased tariff on this world standard table-ware, of course raises the cost to the dealer and has very naturally caused ninety-nine out of every hundred Retailers throughout America to increase their prices to the consumer proportionately. Perhaps we too should have raised our figures. Perhaps we are foolish not to do so. Perhaps—PERHAPS—we MAY raise our figures after awhile. But first we are going to gamble a little. We have an idea that by holding our prices down to the same figures asked before the tariff went into effect, that we can sell enough additional china to more than make up the profit loss on each individual sale. Perhaps we are mistaken. We may come out on the "short end." It's a gamble. But meanwhile if you want anything in this finest of all china, better "make hay while the sun shines."



Fifteen dollars, that's all. Cheap, isn't it? Indeed it is the cheapest really GOOD combination bookcase-desk that we have. You can have it in either of two different woods—solid oak, finished in antique color, or birch finished in imitation mahogany. The height is 68 inches, the width 37 inches. The odd-shaped French bevel-plate mirror that you see in the picture above is 12x12 inches. In the bookcase portion are four adjustable shelves, and in the desk portion are the usual conveniences, such as pigeon-holes, stamp drawer, etc. The picture above shows the design perfectly.

Upholstery and Upholstery. There's all the difference in the world between upholstery and upholstery. If you simply want your furniture "filled," anyone can do it, and most anything will do for the filling. But if you want it scientifically done, conscientiously done, honestly done, HEALTHFULLY done, you must go to a responsible firm which has a reputation for doing first-class work.

Much of the upholstery work that is done nowadays has for filling material which has corroded and gathered vermin through not being carefully watched. The evil effect of this when taken into a family where there are children need not be described.

Our upholstery shop is in the hands of a competent man who understands upholstering thoroughly. The workshop is kept scrupulously clean, and every safeguard is placed around the material to prevent the gathering of vermin. We buy and use nothing but the very best material manufactured, and we receive it in shipments only great enough to suit our immediate needs—hence we can guarantee absolute freshness.

If you are thinking of re-upholstering any old pieces of furniture this spring let us give you an estimate.

John Breuner CORNER SIXTH AND K.

NEW TO-DAY. Free Lecture and Lesson. RALSTON PHYSICAL CULTURE.—A free lecture and free lesson by Florence Edith Blackman, graduate of Martyn College, Washington, D. C. Introductory addresses by Hon. L. F. Valentine of the Assembly and Hon. L. T. Hatfield. Ladies and gentlemen of the city freely invited. Old Pavilion, Sixth and M. MONDAY, March 13th, 8 p. m. ml-2*

No Exaggeration. THERE ARE four chainless gears, REASON? Sprocket roller traverses minimum of friction and maximum of power on the taper tube, high grade, low priced André; it makes a combination for power, safety and ease equaled by none. Call at Canfield's, 500 K street, and see for yourself.

AMUSEMENTS. THE CLUNIE. Last Time—To-Night—Last Time. JOHN L. SULLIVAN'S BIG COMEDY COMPANY. 30—Star Performers—30. A Trip Across the Ocean. A Farce Full of Fun. Pretty Girls. Clever Comedians. As show a lady will enjoy. Scenes in a Gymnasium between JOHN L. SULLIVAN and JAKE KILRAIN. prices, 25c, 50c and 75c. Seats on sale now.

AMUSEMENTS. THE CLUNIE. Monday Night March 13th. WILSON BARRETT'S REMARKABLE DRAMA. THE SIGN OF THE CROSS. Presented by Wm. Greet's London Company, including CHARLES DALTON. First four rows dress circle, \$1.50. Balance lower floor, \$1.00. Entrance balcony, 50c. Gallery, 25c. Seats on sale now.

AMUSEMENTS. BASEBALL. Sunday, March 12th, Oak Park. GILT EDGES vs. S. F. ATHLETICS. Admission—25c. Game called at 2:30 sharp. ml-1-2*

AMUSEMENTS. COURSING! COURSING! AT AGRICULTURAL PARK SUNDAY, March 12th, under the new management. Open stake, 25 dogs. J. H. Haley, Judge; J. F. Heenan, slipper; C. H. Sevensing, slip steward. Admission 25 cents. Ladies free. ml-1-2*

AMUSEMENTS. BENEFIT BALL. Given by the Sacramento Fire Department Relief Association, —AT— OLD PAVILION, Friday, March 21. Admission (gent and ladies), 50c. ml-1-3*

AMUSEMENTS. AUCTIONS. W. H. SHERBURN, General Auctioneer. Office and Salesroom, 923 K Street. Auction Sales for Household Furniture etc., Wednesdays and Saturdays.

HE IS BACK ON THE RIVERSIDE ROAD, WHO? Why? Geo. Gray at the Club House. Visit DR. JORDAN'S Great Museum of Anatomy 1001 MARKET ST. bet. 6th & 7th, S. F. Cal. The Largest of its kind in the world. We are continually adding new specimens. Come and learn how wonderfully you are made, and how to avoid sickness and disease. If you suffer from any of the following, come to the greatest Specialist on the Pacific Coast. DR. JORDAN'S PRIVATE DISPENSARY. Consultation free and strictly private. Treatment personally or by letter. AMPHIBLES thoroughly eradicated from the system, without the use of surgery. EVERY MAN applying to us will receive our best opinion of his condition. We sell Quinine's POSITIVE CURE in every case of malaria, or fever, Chills, Rheumatism, Debility. Write for Book—Philosophy of Marriage, with hints. (A valuable book for men.) DR. JORDAN & CO., 1001 Market St., S. F.

A FINE SAMPLE OF LAUNDRY DRY WORK. 211 and wagon will call for and deliver laundry. MASON'S Steam Laundry. is displayed on every piece of linen that is sent home from our Laundry. Our customers cannot help but appreciate and admire the fine finish and clear white color we lay upon their linen. Send your laundry to us and you will never be disappointed. We handle it carefully and launder it perfectly. RING UP EITHER PHONE NUMBER

Moody and Towner AT THE OLD PAVILION Friday and Sunday, 3 and 7:30 P. M. ml-10-2*

OUR MILLINERY OPENING. of a few days ago was a great success artistically as well as commercially. In other words, we sold a lot of pretty hats. We have many of the most striking still on hand, and have received others since the opening. VAN ALSTINE'S, 817 K Street. IF YOU WISH TO ADVERTISE IN NEWSPAPERS ANYWHERE AT ANYTIME Call on or Write E. C. DAKE'S ADVERTISING AGENCY 64 & 65 Merchants' Exchange SAN FRANCISCO, CAL.