

CONGRESSMAN HOWARD.

Of National Reputation are the Men Who Recommend Peruna to Fellow Sufferers.

A Remarkable Case Reported From the State of New York.



CONGRESSMAN HOWARD OF ALABAMA.

House of Representatives, Washington, Feb. 4, 1899.

The Peruna Medicine Co., Columbus, Ohio:

Gentlemen:—I have taken Peruna now for two weeks, and find I am very much relieved. I feel that my cure will be permanent. I have also taken it for a gripe, and I take pleasure in recommending Peruna as an excellent remedy to all fellow sufferers.

M. W. Howard.

Congressman Howard's home address is Fort Payne, Ala.

Most people think that catarrh is a disease confined to the head and nose. Nothing is further from the truth. It may be that the nose and throat is the organ affected by catarrh, but it is so in only because these parts are more exposed to the vicissitudes of the climate than the other parts of the body.

Every organ, every duct, every cavity of the human body is liable to catarrh. A multitude of ailments depend on catarrh. This is true winter and summer. Catarrh causes many cases of chronic disease, where the victim had not the slightest suspicion that catarrh has anything to do with it.

The following letter gives the experience of Mr. A. C. Lockhart in a case in point:

Mr. A. C. Lockhart, West Henrietta, N. Y., Nov. 25, in a letter written to Dr. Hartman says as follows:

"About fifteen years ago I commenced to be ailing, and consulted a physician. He pronounced my trouble a species of dyspepsia, and advised me, after he had treated me about six months, to get a leave of absence from my business and go into the country. I did so and got temporary relief. I went back to work again, but was taken with very distressing pains in my stomach. My attention had a change of the bowels naturally. I consulted another physician with no better results. The disease kept growing on me, until I had exhausted the ability of sixteen of Rochester's best physicians. The last physician advised me to give up my work and go south, after he had treated me for one year.

"I was given a thorough examination with the X-ray. They could not even determine what my trouble was. Some of your testimonials in the Rochester papers seemed to me worthy of consideration, and I made up my mind to try a bottle of Peruna. Before the bottle was half gone I noticed a change for the better. I am now on the fifth bottle, and have not an ache or pain anywhere. My bowels move regularly every day, and I have taken on eighteen pounds of flesh. I have recommended Peruna to a great many, and they recommend it very highly. I have told several people that if they would take a bottle of Peruna, and could then candidly say that it had benefited them, I would pay for the medicine."—A. C. Lockhart.

Mr. W. P. Peterson, of Morris, Ill., says: "I was nearly dead with catarrhal dyspepsia, and am now a well man, better, in fact, than I have been for twenty years or more.

"Since I got cured by your Peruna I have been consulted by a great many people. It is in a letter written to Dr. Hartman, who writes the following: "When she begins to care a great deal about the supper at an entertainment. 3. When she feels a sudden interest in church and charity work. 4. When she is attractive to very young men. 5. When she realizes the folly of dressing in sober colors. 6. When she compares the new way of wearing the hair with that when she first put hers up. 7. When—most fatal of all—the gravity of youth gradually gives way to incipient kittenishness.

Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Dr. Bull's Cough Syrup

Cures Hoarse Coughs, Sore Throats, Whooping Cough, and Bronchitis in a few days. Why then risk Consumption? Get Dr. Bull's Cough Syrup. Don't be imposed upon. Beware of cheap imitations. It is as good as Dr. Bull's. Solvent Oil cures Rheumatism and all Pains. Price, 15 and 25 cents.

Six Million a Year. Did you ever stop to consider what a million means? Multiply this six times and it shows you how popular Cascarets are and what great merit they possess. For, last year over six million boxes of this wonderful medicine for liver and bowels were sold in this country alone. The American people know a good thing. The sales of Cascarets prove it. The medicine is the best for the bowels, the price right, 10c, 25c and 50c box, and a 50c box is a whole month's treatment for the worst kind of a case. It is a pleasure to advertise a medicine like this as well as to endorse the makers and ask readers to buy it.

Not That—Dr. Kute—"I feel, sir, that you have been living too high." "Justified—It can't be that, doctor; you know we've moved out of that eight-story flat."—Ohio State Journal.

Swamp grass pills were not medicinal goods dyed with POTAM FADLESS DYES. Sold by all druggists.

Youth is a manuscript without the blue pencil marks.—Puck.

The Best Prescription for Chills and Fever is a bottle of Grove's Tasteless Chill Tonic. It is simply iron and quinine in a tasteful form. No cure—no pay. Price, 50c.

From labor, health, from health contentment springs.—Beattie.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

Wm. D. Hooper

Use For Over Thirty Years

CASTORIA

900 DROPS

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. CATHARTIC.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

Prepared by J. C. Ayer & Co., Lowell, Mass., U.S.A.

THE NERVES OF WOMEN

FOR EARLY HATCHING.

How to Construct a Barrel Nest Which is Sure to Keep Eggs from Getting Chilled.

The shrewd poultry keeper long ago discovered that it is the early chick that pays the greatest profit, hence it is worth taking some trouble to get out early broods. Unless great care is taken and but nine or ten eggs placed under a hen, the eggs are quite certain to get chilled when "cold snaps" occur. Put slats across the inside of a barrel about a foot from the top and put a layer of hay over them. Make a nest in the middle and build up around the nest and the top of the barrel with hay. Drive wire nails



into the top to keep the cover raised an inch for air. Cut a door in the side of the barrel and fit a curtain of bagging to draw over it. A jug of hot water set inside the barrel during a "cold snap" will keep the eggs from getting at all chilled, even when 13 eggs are in the nest.—Webb Donnell, in Farm and Home.

IMPROVING THE BEES.

To Accomplish It Queens Must Be Reared from the Best Colonies and with Great Care.

It is very important that we rear queens from our best colonies and thus improve our stock. If we depend upon natural cells at swarming time season after season, we are sure to have a queen cell, and we may save the entire lot of starting some nucleus and giving each a cell, leaving one cell in the hive. This will prevent any more swarms from issuing from the colony.

If we raise our queens artificially we can select any choice queen we see fit, and we may draw on this choice queen to such extent that we may requeen our entire apiary from this one colony. This is one advantage we have in this rearing queens on the artificial plan. We can improve in any certain line of breeding much faster. We can at any time secure queen cells, whether in swarming season or not, and the difference between the queen from the colony, the bees will at once begin to convert some ordinary worker brood into queens, and will start a number of cells, which we will treat the same as those at swarming time and raise rear queens from them in the same way.

Most of the queens now reared for the trade are bred on the artificial plan, and many contend that they are in all respects as good as those bred naturally, and the difference is not so great that any one buying the same cares to ask whether, or not they are from the natural or artificial rearing. Many of these queens are bred from queens imported from Italy, and almost every breeder who exports them for the trade has at least one or two imported queens. It has been said that we have improved the original Italian bees by select breeding in this country, and there is no doubt on the fact, and the demand for the bred stock of this kind is ahead of the import.—A. H. Duff, in Farmers' Voice.

EFFECTS OF FEEDING.

Instructive Results Obtained by Poultry Experiments Conducted by Scientific Observers.

In some experiments carried on at one of the western stations two lots of hens were fed differently, with the purpose of ascertaining the effect would be on the winter production of eggs. One lot was fed merely wheat screenings and corn, while the other and more favored lot had a variety of food and meat in abundance. The lot fed on wheat and corn alone did not begin to lay till nearly March, but they laid during the year an average of 150 eggs. The better-treated lot only laid 153 eggs each. But a very large share of the eggs from the well-fed hens came in December, January and February, when eggs were high and the average price obtained for them was 18 cents per dozen. The eggs from the hens fed on wheat and corn brought only 11 cents per dozen. Thus the eggs from the hens that had a mixed ration brought \$2.30 while the eggs from the other lot brought \$1.65, a difference of 65 cents per fowl for the year. The reason is obvious to every poultryman. The other hens matured very slowly and did not reach the point where laying was a necessity till the time when the price of eggs fell to the lowest point.—Farmers' Review.

AN INCUBATOR ROOM.

Plan Suitable for Poultrymen Who Cannot Secure a Place Underground for a Cellar.

The cut shows an incubator room that is built on the surface of the ground, and yet is surrounded by earth, banked up against its stone walls. It is banked on three sides, leaving one side unbanked for entrance door and a window. The incubator room need not be large, as the labor of banking it in this way will not be great. Many are not able to secure a suitable place underground for a cellar and for such the above plan will prove advantageous.—American Agriculturist.

Still More Counterfeiting. The Secret Service has unearthed another band of counterfeiters, and secured a large quantity of bogus United States notes. The counterfeiters are so cleverly executed that the average person would never suspect them of being spurious. Things of great value are being secured for imitation, notably Hostetter's Stomach Bitters, which has many imitators, but few equate for disorders like indigestion, dyspepsia, constipation, nervousness and general debility. Always go to reliable druggists who have the reputation of giving what you ask for.

An astronomer reports that his business is looking up.—Chicago Daily News.

Makes Nations Even. "Yes, we are receiving and answering messages from Mars every day," said the eminent astronomer. "But, if you cannot understand the messages, how can you answer them?" asked the Obstinate Person. "Huh!" replied the Eminent Astronomer, "they can't understand the answers, either."—Baltimore American.

He who will not listen to the teachings of failure shall never hear the voice of success.—Mam's Horn.

The next generation is a waiting race.—Chicago Daily News.

THE NERVES OF WOMEN

"I am so nervous and wretched." "I feel as if I should fly." How familiar these expressions are! Little things annoy you and make you irritable. You can't sleep, you are unfit for ordinary duties, and are subject to dizziness.

That bearing-down sensation helps to make you feel miserable.

You have backache and pains low down in the side, pain in top of head, later on at the base of the brain.

Such a condition points unerringly to serious uterine trouble.

If you had written to Mrs. Pinkham when you first experienced impaired vitality, you would have been spared these hours of awful suffering.

Happiness will be gone out of your life forever, my sister, unless you act promptly. Procure Lydia E. Pinkham's Vegetable Compound at once. It is absolutely sure to help you. Then write to Mrs. Pinkham, at Lynn, Mass., if there is anything about your case you do not understand.

You need not be afraid to tell her the things you could not explain to the doctor—your letter is seen only by women and is absolutely confidential. Mrs. Pinkham's vast experience with such troubles enables her to tell you just what is best for you, and she will charge you nothing for her advice.

Mrs. Valentine Tells of Happy Results Accomplished by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM—It is with pleasure that I add my testimony to your list, hoping it may induce others to avail themselves of the benefits of your valuable remedy. Before taking Lydia E. Pinkham's Vegetable Compound, I felt very bad, was terribly nervous and tired, had sick headaches, no appetite, gnawing pain in stomach, pain in my back and right side, and so weak I could scarcely stand. I was not able to do anything. Had sharp pains all through my body. Before I had taken half a bottle of your medicine, I found myself improving. I continued its use until I had taken four bottles and felt so well that I did not need to take any more. I am like a new person, and your medicine shall always have my praise."—MRS. W. P. VALENTINE, 666 Ferry Avenue, Camden, N. J.

\$5000 REWARD

Being in the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National City Bank of Lynn, Mass., \$5,000, which will be paid to any person who can show that the above testimonial is not genuine, or was published without obtaining the writer's special permission.—LYDIA E. PINKHAM MEDICINE CO.

WINCHESTER

"NEW RIVAL"

FACTORY LOADED SHOTGUN SHELLS

No black powder shells on the market compare with the "NEW RIVAL" in safety and strong shooting qualities. Sure fire and waterproof. Get the genuine.

WINCHESTER REPEATING ARMS CO. New Haven, Conn.

For the Family

All ages hail with delight the coming of the most wonderful, meritorious preparation that will lighten the ills of humanity and will do away with the taking of obnoxious, violent purges, inconvenient liquids, and pills that tear your life out. Simply because in CASCARETS Candy Cathartic you will find just what you want, convenient form, pleasant taste (just like candy) and of never-failing remedial action. They have found a place in millions of homes, and are the favorite medicine of the whole family, from baby to good old grandpa.

Don't be fooled with substitutes for CASCARETS!

Cascarets

BEST FOR BOWELS AND LIVER.

THIS IS THE TABLET

THEY WORK WHILE YOU SLEEP

10c, 25c, 50c. NEVER SOLD IN FULL. DRUGGISTS

Creole Will Restore those Gray Hairs

La Creole Hair Restorer is a Perfect Dressing and Restorer. Price \$1.00

ABSOLUTE SECURITY.

Genuine Carter's Little Liver Pills.

Must Bear Signature of

W. D. Carter

See Post-Office Wrapper Below.

Very small and so easy to take as sugar.

CARTER'S LIVER PILLS

FOR HEADACHE, FOR DIZZINESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR BILIOUSNESS, FOR COLIC, FOR THE COMPLEXION.

CURE SICK HEADACHE.

Not a Narcotic.

"Mr. Perkins, I rather dislike to take your last daughter away from you."

"Oh, that's all right; she is the best one, but I don't intend to let her go one cent cheaper than the others. What salary do you get?"—Detroit Free Press.

Two hundred pounds of potatoes remove eighty pounds of "actual" Potash from the soil. Unless this quantity is returned to the soil, the following crop will materially decrease.

We have been selling about 100,000 copies, and we are still selling. They are not sold in New York.

For 14 Cents

Worth \$1.00

20,000 AGENTS WANTED

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WINCHESTER

"NEW RIVAL"

FACTORY LOADED SHOTGUN SHELLS

No black powder shells on the market compare with the "NEW RIVAL" in safety and strong shooting qualities. Sure fire and waterproof. Get the genuine.

WINCHESTER REPEATING ARMS CO. New Haven, Conn.

LION COFFEE

A LUXURY WITHIN THE REACH OF ALL!

THE lion does picket duty for you and prevents adulteration and impurity from entering into your package of

LION COFFEE

When you buy an unbroken package of LION COFFEE you have coffee that is absolutely pure, strong and invigorating. A single pound makes 40 cups. No other coffee will go so far. You will never know what it is like till you try it. LION COFFEE is not a glazed compound, but a pure coffee and nothing but coffee.

In every package of LION COFFEE you will find a fully illustrated and descriptive list. No housekeeper, in fact, no woman, man, boy or girl will fail to find in the list some article which will contribute to their happiness, comfort and convenience, and which they may have by simply cutting out a certain number of Lion Heads from the wrappers of our one pound sealed packages (which is the only form in which this excellent coffee is sold).

WOLSON SPEC CO., TOLSON, MASS.

Cascarets

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THEY WORK WHILE YOU SLEEP

10c, 25c, 50c. NEVER SOLD IN FULL. DRUGGISTS