

"Don't Speak to me."



All manner of extravagant expressions are possible when a woman's nerves are overwrought. The spasm at the top of the wind pipe or bronchial tubes, "ball rising in the throat," violent beating of the heart, laughing and crying by turns, muscular spasms (throwing the arms about), frightened by the most insignificant occurrences—are all symptoms of a hysterical condition and serious derangement of the female organs.

Any female complaint may produce hysterics, which must be regarded as a symptom only. The cause, however, yields quickly to Lydia E. Pinkham's Vegetable Compound, which acts at once upon the organ afflicted and the nerve centers, dispelling effectually all those distressing symptoms.

Mrs. Lewis Says: "I Feel Like a New Person, Physically and Mentally."

"DEAR MRS. PINKHAM:—I wish to speak a good word for Lydia E. Pinkham's Vegetable Compound. For years I had ovarian trouble and suffered everything from nervousness, severe headache, and pain in back and abdomen. I had consulted different physicians, but decided to try your medicine, and I soon found it was giving me much relief. I continued its use and now am feeling like a new person, physically and mentally, and am glad to add one more testimonial to the value of your remedy."—Mrs. M. H. LEWIS, 2108 Valentine Ave., Tremont, New York, N. Y.

Writing to Mrs. Pinkham is the quickest and surest way to get the right advice about all female troubles. Her address is Lynn, Mass. She advises women free. Following is an instance:

Mrs. Haven's First Letter to Mrs. Pinkham.

"DEAR MRS. PINKHAM:—I would like your advice in regard to my troubles. I suffer every month at time of menstruation, and flow so much and for so long that I become very weak, also get very dizzy. I am troubled with a discharge before and after menses, have pains in ovaries so bad sometimes that I can hardly get around, have sore feeling in lower part of bowels, pain in back, bearing-down feeling, a desire to pass urine frequently, with pains in passing it; have leucorrhoea, headache, fainting spells, and sometimes have hysteria. My blood is not in good condition. Hoping to hear from you, I am," Mrs. EMMA HAVEN, 2508 South Ave., Council Bluffs, Iowa. (June 8, 1899.)

Mrs. Haven's Second Letter.

"DEAR MRS. PINKHAM:—I wish to express my gratitude for what your medicine has done for me. I suffered for four years with womb trouble. Every month I flowed very badly. I got so bad that I could hardly do my work. Was obliged to sit or lie down the most of the time. I doctored for a long time, but obtained no relief. I began using your medicine—Lydia E. Pinkham's Vegetable Compound, Blood Purifier, Sensitive Wash and Liver Pills—and now feel like a new woman."—Mrs. EMMA HAVEN, 2508 South Ave., Council Bluffs, Iowa. (Feb. 1, 1900.)

\$5000 REWARD Owing to the fact that some skeptical people have from time to time questioned the genuineness of the testimonial letters we are constantly publishing, we have deposited with the National City Bank of Lynn, Mass., \$5,000, which will be paid to any person who will show that the above testimonial are not genuine, or were published before obtaining the writers' special permission.—LYDIA E. PINKHAM MANUFACTURER.

W. L. DOUGLAS

\$3 & \$3.50 SHOES UNION MADE.

The real worth of my \$2.50 and \$3.50 shoes compared with other makes is \$4.00 to \$4.50. My \$4.50 Gilt Edge Line cannot be equaled at any price. Best in the world for men. Goodbye to all shoe troubles. I will not wear any other shoes. Write to me for more information. I will send you a free catalog and will not get them for you, order direct from factory, enclosing price and 25c extra for carrying charges. New Spring Catalog free. Over 1,000,000 satisfied wearers. W. L. DOUGLAS, Brockton, Mass.



Accustomed to them. "Do you know, Willie, what a horrible example is?" said the fond mother. "Yes," said the schoolboy with a frown; "I never saw any other kind."—Yonkers Statesman.

The Irish of It. One of the city physicians tells an amusing story about a charity patient, an old Irishman who sent him a hurry-up call. He found her suffering from nothing more serious than a severe cold, and prescribed accordingly. Two days later when he dropped in to see how she was getting along the old lady was sitting up in an easy chair, her head wrapped in a camphor-saturated cloth. "Well, how are you feeling to-day, mother?" he asked. "Much better, praise th' saints," was the fervent reply. "Shure you're a foine docthor. If I'd a-sint fer ye beforhand O'd never been sick at all, at all."—Detroit Free Press.

Career and Character of Abraham Lincoln.

An address by Joseph Choate, Ambassador to Great Britain, on the career and character of Abraham Lincoln—his early life—his early struggles with the world—his character as developed in the later years of his life and his administration, which placed his name so high on the world's roll of honor and fame, has been published by the Chicago, Milwaukee & St. Paul Railway and may be had by sending six (6) cents in postage to F. A. Miller, General Passenger Agent, Chicago, Ill.

It remained for Love to laugh at a locksmith and still keep a straight face in the presence of a minister "assisting" at a wedding.—Detroit Journal.

You Can Get Allen's Foot-Ease FREE. Write to-day to Allen S. Olmsted, Leroy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cures chilblains, sweating, damp, swollen, itching feet. It makes New or tight shoes easy. A certain cure for Corns and Bunions. All druggists and shoe stores sell it. 25c.

It's when things are coming your way that you admit they are going to suit you.—Philadelphia Bulletin.

I am sure Pino's Cure for Consumption saved my life three years ago.—Mrs. Thea Robbins, Maple Street, Norwich, N. Y., Feb. 17, 1900.

If a home is well regulated every girl has her beat the same as a policeman.—Atchison Globe.

HUMOROUS.

Women are awfully polite, considering that they are not working for votes.—Atchison Globe.

Carrie—"I suppose, now that Mr. Emdee has his diploma, he will begin practicing?" Harry—"Yes; economy."—The Smart Set.

Teacher—"Name something of importance existing to-day that was not in existence 100 years ago." Small Pupil—"Me."—Boston Herald.

Love may be blind, but it's foolist to attempt to work off a paste diamond on a girl under the impression that she is stone blind.—Chicago Daily News.

Quizzer—"You say you don't believe in aerial navigation?" Cy Nick—"No." Quizzer—"But what about these people you hear of walking on air?"—Ohio State Journal.

Magistrate—"Will you take the consequences of pleading guilty?" Ephraim Chalkey—"Deed, judge, I won't take nuffin' ef yo' lets me off fo' stealin' dem two pullets."—Ohio State Journal.

Force of Habit.—Mr. Haist—"I want a couple of eggs, boiled 3 1/2 minutes, and hurry up about it, for I've got to catch—" Waiter—"All right, sir. They'll be ready in a minute."—Philadelphia Press.

Distinction.—"Has he achieved distinction as a painter?" "Distinction? He has had two pictures honorably mentioned in the Paris salon and three destroyed by Mrs. Nation in Kansas saloons!"—Detroit Journal.

ABOUT THOSE BIG WAVES.

This Account Says They Are Not Larger Than Usual, But Due to a Boat's Position.

One does not hear nowadays when a steamer has an experience like that of the Teutonic on her last voyage over quite so much talk about "tidal waves" as always resulted from such episodes a few years ago, but even now there seems to be a very general misapprehension as to what happens in these cases, and a still more general misapprehension as to why it happens. In reality it is hardly more exact to speak of "tidal waves" than of "tidal waves," for, though the waves in any given series differ appreciably in size, the difference is rarely if ever enough even to begin to account for the damage that one particular wave among the many harmless ones often does.

Officers on the bridge of the Teutonic, despite the sharp watch ahead which they were doubtless keeping, saw no notable aggregation of water approaching them, and the reason they did not was that there was none to see, says the New York Times. What they did notice was a lively sea, with the usual variations in the distance between its elevations and depressions. Then the vessel's stem chanced to strike one of the larger waves just at the instant when the stern chanced to be raised by another larger wave, and as a natural consequence a lot of water came aboard. But it didn't "rush aft," as most of the accounts say. The water comprising a wave has no horizontal motion, though the form of the wave has, and what "rushing aft" there is, beyond the not very fierce inclination of the shipped sea to find its level on the decks, was altogether due to the rushing forward of the steamer.

The Teutonic's speed in ordinary weather averages somewhere in the neighborhood of 18 knots, and with a vessel moving at that rate a large mass of water, though dropped straight downward on her forward section, reaches the stern, or some intermediate obstruction, in a very minute period. The motion is in most part only apparent, but the effects are the same as though the water moved instead of the ship, and the consequences to passengers and deck structures, while often serious, are not in the slightest degree mysterious. "Giant waves," like "tidal waves," are only encountered by vessels driven rapidly into a head sea, and whenever such driving is done the experienced passenger will carry himself cautiously, though the deck may have been dry for hours and the sea no higher than before. Such passengers know, as do all the sailormen on board, that if ship and sea happen to assume certain relative positions a wave that otherwise would attract no attention will do what none of its peers has done—reach the deck and cause it to be swept by some tons of water moving, to all intents and purposes, at a speed not much less than that of an express train.

A Genius at Counting Pins.

The British post office has given a crutch to many men whose staff is literature. Anthony Trollope is the stock instance. But Mr. W. W. Jacobs is a later example. Mr. Bennett, the editor of St. Martin's le Grand, gives a rather curious reminiscence of Mr. Jacobs' official career: "For a long time he and I worked side by side. We were in charge of the departmental pins, pens and inkpots," says Mr. Bennett. "I devised a system by means of which Jacobs could always tell to a pin how his stock stood. Whatever I may think of him, he has always regarded me from that time as a man of genius."—Saturday Evening Post.

Not Enthusiastic.

The following recalls W. M. Hunt's definition of a critic "as somebody who stands in the way and snubs."

A small darkey and his sister were in the back yard of a wealthy southerner's house. The girl was admiring things, and exclaimed:

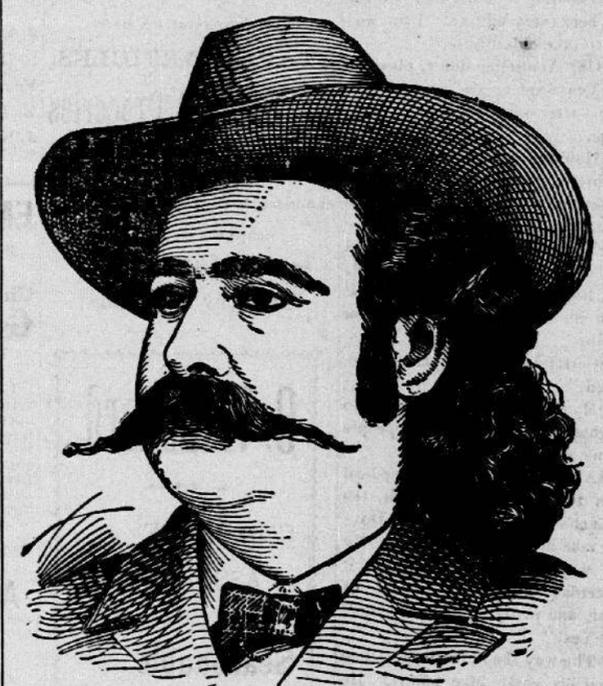
"Wouldn't you like to live here?" Sonny dug round the hydrant in silence. Presently he replied:

"Some pretty good fish bait here."—Short Stories.

A UNITED STATES MARSHAL

Thanks Peruna For His Rapid Recovery From Catarrh.

From Catarrh.



EX-UNITED STATES MARSHAL MATTHEWS, OF MISSISSIPPI.

Hon. S. S. Matthews, ex-United States Marshal of Mississippi, in a recent letter to The Peruna Medicine Company of Columbus, Ohio, written from Hazelhurst, Miss., says:

"I am happy to say that I am cured of catarrh and need no more attention from you. It is a great satisfaction that I am able to write you that Peruna has in my case done all that you claim, and that I will need no more medicine."

The great multitude take this remedy without any other advice than the directions to be found upon the bottle and in the pamphlets. There are those who prefer, however, to correspond with Dr. Hartman during their sickness. To all such he will make prompt and careful answer without charge.

Hon. J. F. Crooker, of Buffalo, N. Y., who was for years Superintendent of Schools at Buffalo, in a letter dated October 16 writes:

"I have been a sufferer from catarrh six or seven years, and after trying many remedies was induced by a friend to take Peruna. The results have been highly satisfactory. I take pleasure in recommending Peruna to any one suffering with catarrh, as my cure is complete."



Hon. J. F. Crooker, Supt. Buffalo, N. Y., Public Schools.

Hon. B. B. Daviner, Congressman from West Virginia, in a letter from Washington, D. C., to The Peruna Medicine Co., says the following of their catarrh remedy, Peruna:

"I join with my colleagues in the House of Representatives in recommending your excellent remedy, Peruna, as a good tonic and also an effective cure for catarrh."

Mrs. Mary C. Fentress writes from Paradise, Tex., the following: "I think I can say that your good advice and medicine has cured me of chronic catarrh. I have had no pains in my head since I have taken Peruna. I have been in bad health ever since '99, and have taken a good many medicines which were only of temporary relief. Peruna is the catarrh cure. The Peruna stopped my catarrh of the head so that it did not become chronic, and I am very thankful for Dr. Hartman's advice and medicine."

Peruna is a specific for all catarrhal diseases. It acts quickly and beneficially upon the inflamed mucous membrane thus removing the cause of catarrh.

Catarrh is catarrh wherever located. Catarrh is essentially the same everywhere. The remedy that will cure catarrh in one situation will cure it in all situations.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

LION COFFEE

A LUXURY WITHIN THE REACH OF ALL!

Lion Coffee is not GLAZED, COATED, or otherwise treated with EGG mixtures, chemicals, glue, etc., etc. Lion Coffee is a Pure Coffee.



Watch our next advertisement.

Just try a package of LION COFFEE and you will understand the reason of its popularity. LION COFFEE is now used in millions of homes.

"JOHN BROWN'S BODY."

Every household in the nation ought to have upon its board

The well-known LION COFFEE that all people can afford.

In the good-will of the public it is every State has scored—

Its sales are marching on!

Chorus.

Pure and strong is LION COFFEE!

Nothing wrong in LION COFFEE;

Ever fragrant LION COFFEE,

The very finest brand!

It is not glazed or coated with any blemishes to hide,

It has a strength and flavor that has always gratified,

Today in many millions of our homes it is supplied,

Its sales go marching on!

Chorus.

There's no Glaze on LION COFFEE,

All are praising LION COFFEE,

Pure and perfect LION COFFEE,

The very finest brand!

Outside of every wrapper is a Lion head displayed.

Cut them out and keep them till a number you have made.

A Premium List inside the package shows you every grade

Of gifts that may be won.

Chorus.

Useful gifts with LION COFFEE,

Handsome gifts with LION COFFEE,

Costly gifts with LION COFFEE,

The very finest brand!

In every package of LION COFFEE you will find a fully illustrated and descriptive list. No housekeeper, in fact, no woman, man, boy or girl will fail to find in the list some article which will contribute to their happiness, comfort and convenience, and which they may have by simply cutting out a certain number of Lion Heads from the wrappers of our one pound sealed packages (which is the only form in which this excellent coffee is sold).

WOOLSON SPICE CO., TOLEDO, OHIO.

ABSOLUTE SECURITY.

Genuine Carter's Little Liver Pills.

Must Bear Signature of

W. C. Carter

See Fac-Simile Wrapper Below.

Very small and so easy to take as sugar.

CARTER'S LITTLE LIVER PILLS.

FOR HEADACHE. FOR DIZZINESS. FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION.

CURE SICK HEADACHE.

Special Low Rates To the Southwest.

May 29th and 30th, 1901.

Your wish to visit Arkansas, Louisiana, Texas, Indian Territory or Oklahoma at a small cost, can now be realized. All roads will make low rates to Memphis for the Confederate Veterans' Reunion, May 27th to 30th. The limit on the tickets (June 19th) will enable you to extend your visit into the Southwest. That you may do so cheaply, the Cotton Belt will sell special low-rate tickets (stop-overs allowed) from Memphis to Arkansas, Louisiana, Texas, Indian Territory and Oklahoma on May 29th and 30th—return limit three weeks. Such an opportunity is not likely to occur again in years.

Write at once for free copies of our handsomely illustrated book, "Memorabilia in the South West" and "Through Texas with a Camera." Say where you want to go and we will tell you what your ticket will cost and will send you a complete schedule for the trip.

W. C. PEELER, D. P. A., Memphis, Tenn.
W. G. ADAMS, T. P. A., Nashville, Tenn.
F. R. WYATT, T. P. A., Cincinnati, Ohio.
M. ADAMI, T. P. A., Cairo, Ill.
E. W. LAURENCE, G. P. and T. A., St. Louis, Mo.

READERS OF THIS PAPER DESIRING TO BUY ANYTHING ADVERTISED IN ITS COLUMNS SHOULD FIRST INQUIRE WHETHER THEY ASK FOR REFUSING ALL SUBSTITUTES OR IMITATIONS.

SEND US YOUR NAME AND ADDRESS

and upon receipt of same I will send you a proposition whereby you will be liberally paid for a few minutes of your time; no canvassing, as I have nothing to sell. It costs you absolutely nothing. Write to-day.

H. S. KRUG, 222 Pine Street, St. Louis, Mo.

Active man by large Manufacturing House; \$1000 in cash paid for 15 days trial; position and permanent position if satisfactory. Address G. B. F. CO., 728 Chestnut St., Philadelphia.

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