

AFTER FOUR YEARS OF MISERY

Cured by Lydia E. Pinkham's Vegetable Compound

Baltimore, Md.—"For four years my life was a misery to me. I suffered from irregularities, terrible dragging sensations, extreme nervousness, and that all gone feeling in my stomach. I had given up hope of ever being well when I began to take Lydia E. Pinkham's Vegetable Compound. Then I felt as though a new life had been given me, and I am recommending it to all my friends."—Mrs. W. S. Ford, 1938 Lansdowne St., Baltimore, Md.

The most successful remedy in this country for the cure of all forms of female complaints is Lydia E. Pinkham's Vegetable Compound. It has stood the test of years and to-day is more widely and successfully used than any other female remedy. It has cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, and nervous prostration, after all other means had failed.

If you are suffering from any of these ailments, don't give up hope until you have given Lydia E. Pinkham's Vegetable Compound a trial.

If you would like special advice write to Mrs. Pinkham, Lynn, Mass., for it. She has guided thousands to health, free of charge.

COLDS CURED IN ONE DAY



Munyon's Cold Remedy Relieves the head, throat and lungs almost immediately. Cures Croup, Whooping Cough, Bronchitis, Sore Throat, Hoarseness, and all other ailments of the throat and lungs.

When a woman's husband is the subject of conversation, she isn't in a position to say what she really thinks.

Great Home Eye Remedy, for all diseases of the eye, quick relief from using PETTIT'S EYE SALVE. All druggists or Howard Bros., Buffalo, N. Y.

It isn't the knocker who gains admission to our confidence.

GRIP IS PREVALENT AGAIN. A prompt remedy is what every one is looking for. The efficiency of Peruna is so well known that its value as a grip remedy need not be questioned. The grip yields more quickly if taken in hand promptly. If you feel grippy get a bottle of Peruna at once. Delay is almost certain to aggravate your case.

For a free illustrated booklet entitled "The Truth About Peruna," address The Peruna Co., Columbus, Ohio. Mailed postpaid.

DEFIANCE Cold Water Starch makes laundry work a pleasure. 16 oz. pkg. 10c.

For Croup, Tonsillitis and Asthma. A quick and powerful remedy is needed to break up an attack of croup. Sloan's Liniment has cured many cases of croup. It acts instantly—when applied both inside and outside of the throat it breaks up the phlegm, reduces the inflammation, and relieves the difficulty of breathing.

Sloan's Liniment gives quick relief in all cases of asthma, bronchitis, sore throat, tonsillitis, and pains in the chest. Price, 25c., 50c., and \$1.00.

Dr. Earl S. Sloan, Boston, Mass.

PISO'S CURE THE CHILDREN'S COUGH. Before the constant hacking tears the delicate membrane of throat and lungs, exposing them to the ravages of deadly disease. PISO'S CURE goes straight to the seat of the trouble, stops the cough, strengthens the lungs, and quickly relieves unhealthy conditions. Because of its pleasant taste and freedom from dangerous ingredients it is the ideal remedy for children. At the first symptoms of a cough or cold in the little ones you will save sorrow and suffering if you GIVE THEM PISO'S CURE.

NOT FOR HIM.

"Now, boy, this is important! It's an invitation to dinner!"

"Thanks, boss. But I can't accept. Me dress suit's in hook!"

Unknown to Science. The eight-year-old son of a scientist showed a sudden interest in photography.

There are four advantages in taking Munyon's Homeopathic Remedies. First, they are positively harmless. Second, they are pleasant to take. Third, they relieve quickly. Fourth, they cost nothing unless they give satisfaction.

Prof. Munyon has just issued a Magazine-Almanac, which will be sent free to any person who addresses The Munyon Company, Philadelphia.

Helen Had Ambition. Helen, aged six, was telling Mary, aged seven, of her plans for the future. "I'm going to be married," she announced, "and have 18 children."

His Choice. The Landlady—What part of the chicken will you have, Mr. Newcomer? Mr. Newcomer—A little of the outside, please.—Puck.

For Headache Try Hicks' Capudine. Whether from Colds, Heat, Stomach or Nervous troubles, the aches are speedily relieved by Capudine. It's Liquid—pleasant to take—effects immediately. 10c. and 25c. at Drug Stores.

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FOR HOME COOKING

RECIPES NEW AND OLD, BUT ALL OF VALUE.

German Pork Croquettes—How to Prepare Baked Corned Ham—Egg Sandwiches Put Up in a Novel Manner.

German Pork Croquettes.—Chop an onion fine, fry it in butter and add one pound of minced raw pork. Add also 12 boned anchovies chopped fine, a tablespoonful of chopped capers, two heaping tablespoonfuls of bread crumbs, three unbeatens eggs, four

Baked Corned Ham.—Soak ham over night. In the morning clean and pare and wash with vinegar, but do not dry. Put into a roasting pan, skin side down, covering the pared side with a thick paste of flour and water. Mix together one cupful of cold water, half a cupful of vinegar, a tablespoonful of onion juice. Pour over the ham, cover and bake, allowing 30 minutes to the pound. Baste frequently. Take up the ham, scrape off the paste, remove the skin, sprinkle with cracker crumbs and brown in the oven. Serve either hot or cold.

Sandwiches for Tea.—The great number of girls who ask friends in for five o'clock tea to meet some guest or friend from another city want something new and palatable to serve. They can make excellent egg sandwiches by a recipe that will give satisfaction to all. The yolks of hard-boiled eggs are rubbed to a paste with French mustard, olive oil, vinegar, salt, a bit of minced pickle, a teaspoon of chopped parsley and three olives minced. If the stuffed olives are used, the sandwiches will be that much nicer. This is spread on slices of thin sandwich bread from which the crusts have been carefully cut. If one wishes to ornament each sandwich, the half of an olive can be put on the top.

Lima Bean Salad.—Among the simpler salads to be served is one of French lima beans—fageolets they are called. These are bought by the can and kept in the pantry for emergency use. The beans are drained and served on fresh lettuce leaves covered with a French dressing, which is white sprinkled with paprika.

Economical Beef Stew. This was a great favorite with the late Edward Atkinson, who estimated its cost at 11 cents, and declared it furnished three good meals. While he cooked it in his Aladdin oven, it is excellently adapted to the fireless cooker. Cut one pound shin of beef in small pieces and season with salt and pepper. Cut two sausages in inch pieces. Roll the whole in flour, add one cupful canned tomatoes, one-third cup oatmeal (Canada oatmeal he preferred as cheapest), and salt and pepper to season. Bring to a good seal and then put in the cooker for six or eight hours.

Suet Pudding. Sift together three cupfuls flour, a tablespoonful soda, a teaspoonful cinnamon, and a teaspoonful mixed cloves and allspice. Add one-half cupful finely chopped suet, one cupful each molasses and milk, a half cupful seeded raisins, dredged with flour, and a quarter cupful shredded citron or watermelon rind that has been candied and dried.

Cream Puffs. Melt one-half cup butter in one cup hot water and while boiling beat in one cup flour. When cool stir in three eggs, one at a time without first beating. Drop the mixture on tins in small spoonfuls and bake in moderate oven.

Excellent Poultry Dressing. Chop fine the heart and liver of the fowl, a little parsley and small-size onion, six medium-size cold potatoes. Half pound of pork sausage. Half loaf of stale bread crumbs, dampen the crust; half teaspoonful of nutmeg, salt and pepper to taste. Chop all together, then mix well with four lightly beaten eggs. This is sufficient for one large chicken. Double amount for turkey.

Steamed Cranberry Pudding. Cream a half cup of butter and add gradually a cupful of sugar and three well beaten eggs. Mix and sift three cups of pastry flour with 1 1/2 teaspoonfuls of baking powder. Add the flour alternately with a half cupful of milk to the butter, sugar and eggs, and lastly add a half cup of cranberries. Steam in a covered, buttered mold for three hours and serve with sweetened cream.

Prune Gingerbread. One cup molasses, one cup brown sugar, one-half cup melted butter or lard, one cup sour milk, two eggs (well beaten), one teaspoonful soda, one and one-half teaspoonfuls cinnamon, one teaspoonful cloves, two teaspoonfuls ginger, one teaspoonful lemon extract, one cupful steamed and chopped prunes. Flour to make a rather stiff batter. Bake in a moderate oven.

NOT BY MIGHT

Zechariah the Prophet Encourages Zerubbabel.

BY THE "HIGHWAY AND BYWAY" PREACHER.

The Book of Zechariah.—It consists of three parts, chapters 1 to 8; chapters 9 to 11; and chapters 12 to 14. Part I, the nine visions, viz.: 1. (1:7-17) A rider on a red horse, among the myrtle trees, symbolizing a general peace over the whole land, and the cessation of opposition to the building of the temple. 2. (1:18-21) Four horns (i. e., four enemies of the Jews), and four carpenters, by whom they are broken. 3. (2:1-9) A man with a measuring line, enlarging the boundaries of Jerusalem; i. e., her increase. Including the Gentiles. 4. (3) Joshua (the high priest) changing into a priest, and the glorification of the church by the union of the Holy Spirit. 5. (4:1-4) A flying roll; i. e., vengeance on the ungodly. 6. (4:5-11) The mountains; i. e., the course of divine providence. 7. (6:3-15) Crowning of Joshua; i. e., the regal and priestly office of "The Branch." Part II. Colloquy between the prophet and angels regarding the fasts. 1. (7) The nature of a true fast. 2. (8) On conversion of fasts into feasts. Part III. The future destiny of the Jewish religion and people. 1. (8:1-7) Peace under Alexander's rule. 2. (9:1-17) Revival of power under the Maccabees. 3. (11:1-12) A reverse (caused by the rejection of Messiah) and the destruction of Jerusalem. 4. (12:3-14) A period of penitence and hope. 5. (14) Return of the Messiah to Jerusalem in triumph over his enemies, and the inauguration of theocratic glory.

Scripture Authority — Zechariah, Chapter 4.

SERMONETTE. "Not by might, nor by power, but by my spirit, saith the Lord of Hosts."

The arm of flesh fails, but the arm of God, never. He who would labor in the vineyard of the Lord must catch this vision of the prophet, Zechariah, if he would labor persistently, and successfully.

The golden candlestick, with its bowl on top, its seven lamps, and the two olive trees on each side providing a never failing supply of oil. What does it typify?

Just this: The unflinching and ultimate triumph of the light which God has caused to shine in the world in and through his chosen people, the Jews.

"Not by might, nor by power," as man counts and knows might, but by my spirit, saith the Lord of Hosts.

The candlestick symbolizes the Jewish theocracy, and ultimately the church of Christ, the light-bearer to the world.

"All of gold." Pure, precious, indestructible; such is the true ideal of the church.

"Bowl upon the top." Christ at the head of the church is the true fountain, of whose fullness of the spirit all we receive grace.

"His seven lamps." United in one stem. Unity of the church with the Jewish Church ultimately as the stem (Rom. 11:16-24).

"Seven pipes." Feeding tubes from the bowl to the lamps. Literally seven and seven or forty-nine in all. The explanation in verse 6 is that man's power by itself can neither retard or advance God's work, that the real motive power is God's spirit.

"Two olive trees." The source of the oil supply in the bowl. The Holy Spirit, who fills with his fullness Messiah, from whom flow supplies of grace to the church. As the lamps burned continually, supplied with oil from a source (the living olive trees), which man did not make, so Zerubbabel, the governor of Jerusalem, need not be disheartened because of his weakness; for as the work is one to be effected by the living Spirit of God, man's weakness is no obstacle, for God's might will perfect strength out of weakness.

THE STORY. DARK days follow those of sunshine. Discouragements come crowding upon the heels of successful effort. But darkness and discouragement are no indication that God is not still in his heavens, or that his will is not being wrought out in the midst of men.

When the outlook is dark we need the uplook.

It was now something over a year since Zechariah had begun his ministry as prophet in Jerusalem, and that year had been crowded full of the earnest proclaiming of God's word as revealed to him from time to time. It had been a year in which there had been a marked turning of the people to God. The work of building the temple had been resumed with fresh vigor and good progress had been made. And new difficulties had arisen. The foes from without which had stopped the work before and which had been feared would interfere again had demanded to know by what right the work had been resumed and they had posted off to Babylon to attempt to secure a decree from Darius to have the enterprise stopped.

No wonder then that doubt and discouragement filled anew the heart of the governor, Zerubbabel. Another serious check in the work would prove fatal, he felt sure.

"Why," he exclaimed to Zechariah, the prophet, who had come to see him in response to his earnest summons. "Why, if the Samaritans again succeed in blocking the enterprise, it will simply be impossible to take it up again. And what troubles me is this: Our resumption of the work is a direct violation of the decree issued by the former king, Artaxerxes, and should the present king, Darius, choose to so regard it, he may descend upon us and execute dire punishment upon the city for its boldness. What think you?"

Zechariah did not answer at once. He was troubled by the situation, and saw the dark possibilities. But he was

certain that God's hand had been in the resumption of the building operations, and laying hold upon that thought, he responded, earnestly: "But we can have made no mistake in obeying the voice of God?" "No," responded Zerubbabel, slowly, "and yet how can we know what trouble it may plunge us into?" "But God will be with us to keep us afloat, and we have set ourselves to do his will," protested the prophet, in an effort to be hopeful.

"True indeed, and so I hope it may prove, but I cannot help but be troubled by the dark outlook. The fact that even now the messengers of our foes are on their way to Babylon with their charges against us, has caused many of the people to cease their work, and should Darius look with disfavor upon us, and cause our enemies to triumph over us, we should not only fail to complete our temple but would suffer oppression and prosecution at their hands."

Again Zechariah endeavored to comfort the discouraged leader of the people and to point him to confidence in God, and then took his departure. But he went home not to sleep, but to give himself up to a night of vigil with God, and while the governor struggled with his hopes and fears upon a feverish, sleepless bed, Zechariah, the prophet, reached up in prayer to God, knowing that if help were to come it must come from him.

But how strong seemed the forces of evil. How mighty seemed the influences at work to discourage the building operations. As the thought of these things came to Zechariah he racked his brains to think how such influences might be counteracted, and the enemies put to rout. Surely there must be something they could do. Surely, there must be some line of action marked out. And while the prophet struggled under this momentary conviction that something must be done, he cast about him in desperation for some plan, some effort, which would put their enemies to rout and frustrate their plans.

It was at that moment that a hand seemed to reach out and touch him, and he shook himself as though he had just been waking out of a sleep and sought to quicken his benumbed senses. And then a voice spake, saying:

"What seest thou?" Zechariah looked and in the midst of a glow of light before him, there appeared a golden candlestick such as had formerly stood in the holy place in the temple, and which he had seen among the temple furnishings brought back from Babylon.

"I have looked," he exclaimed, with growing interest, "and behold a candlestick all of gold, with a bowl upon the top of it, and his seven lamps thereon, and seven pipes to the seven lamps, which are upon the top thereof."

And then he paused at the unusual sight before him, for there appeared two olive trees, one on the right side and one on the left side of the candlestick.

Perplexed and astonished, he turned in the direction of the voice which had spoken to him before, and exclaimed: "What are these, my Lord?"

"No, my Lord." "This is the word of the Lord unto Zerubbabel, saying: 'Not by might, nor by power, but by my spirit, saith the Lord of Hosts.'"

A great cry of joy burst from the lips of the prophet, and he exclaimed: "I must hasten to tell him the wonderful message."

"Thou shalt, indeed, but hear the rest, for it is a message of good tidings. So also shalt thou speak: 'Who are these, O great mountain? Before Zerubbabel thou shalt become a plain, and he shall bring forth the headstone thereof with shoutings, crying: Grace, grace unto it. The hands of Zerubbabel have laid the foundation of this church; his hands shall also finish it; and thou shalt know that the Lord of Hosts hath sent me unto you. For who hath despised the day of small things? For they shall rejoice, and shall see the plummet in the hand of Zerubbabel with those seven. They are the eyes of the Lord, which run to and fro through the whole earth.'"

With eager haste the prophet passed through the streets of the city and burst into the presence of Zerubbabel, to whose eyes had come no sleep that night. But the message which he heard from the lips of the prophet sent him forth with a new inspiration and zeal to the work. For he knew that no earthly power that day could thwart him in the execution of God's plans.

CAMPAIGN FOR TEMPERANCE. Publicity to Be Worked in the Cause of Reform.

Right has always been on the side of the temperance forces, but it days past the saloons have often had the most effective tactics, and the tactics rather than the righteousness of the cause have prevailed. To-day, this can no longer be said. The methods which have served the saloons so well in the past have been adopted by the temperance forces and have been cleaned up and purified and made to serve the cause of righteousness. Chief among these, perhaps, is advertising. There has not been a day since the conflict began that the voter has not had the saloon argument forced upon his notice a hundred times by glaring billboards. Whisky advertisements have stared at him from every corner; but the billboards have had nothing to say for temperance. This, says the Home Herald, is the lack which the Young People's Temperance Society of Chicago has set out to correct. On billboards situated in prominent places throughout the city they have spread attractive posters putting the decision squarely before the voter on the question of the "Saloon vs. the Boys and Girls." The campaign has had its effect. From time to time during the day little groups of men and women gather before the posters and thrash out the temperance question then and there. Children come and look up wonderingly at the picture and the legend, and go away impressed. It is a novel campaign for the temperance cause.

From the lowest depth there is a path to the loftiest height.—Carlyle.

Outdoor Costumes



FOR a smart and useful walking costume, no style could be more suitable than the one illustrated here. The skirt is quite plain, and trimmed at the foot by a band of plaid. The revers, waist-coat and cuffs are also of plaid; the remainder of the coat is plain and tight-fitting. A motor cap of the cloth is worn.

Materials required: 7 1/2 yards cloth 48 inches wide, 1 1/4 yard plaid 48 inches wide, 4 large and 1 dozen small buttons.

The second picture shows a charming costume, in Atlantic green face cloth; a panel is cut down the center of front, widening as it nears the foot of cloth, which is cut in turrets over a deep band of chiffon velvet in a darker green; velvet covered buttons are sewn in each turret. Shaped straps of material are brought round at the top of the high-waisted skirt, and joined together by straight straps of material over a vest of chiffon velvet; the other material on bodice is quite plain; the long light-fitting sleeves are of velvet. Hat of green stretched chiffon velvet, trimmed with roses and ribbon.

Materials required: 6 1/2 yards cloth 48 inches wide, 4 yards chiffon velvet, 2 dozen buttons.

BAR PINS STILL ARE POPULAR. Dress Accessory of Which Seemingly There Cannot Be Too Many.

There is no diminution in the popularity of the bar pin. It is used for collars, for the stock and for jackets. Every girl needs as many as she can get. She wants them in sets of colored stones to match the color scheme of her various costumes, and she wants them in different sizes for different uses.

As far as the fashions go, she cannot have too many. Therefore, the manufacturers are bringing them out anew in all kinds of lovely shapes and settings.

The horsehoe has been run to the ground and few of the new ones are in this shape. Lovely as the bowknot was it did not become widely popular in semi-precious stones. The straight bar has always been an excellent investment, especially in three sizes.

The new bar pin used to catch the lower edges of the turnover collar and the jabot under it is in the shape of a new moon. The crescent is slight in its curves, it is not wide even at the center, its ends are sharp.

PRETTY THEATER WAIST. Dainty Lace Blouses.

Despite the vogue for one-piece frocks, the lace blouse is still high in favor with women of limited wardrobe. The simplest of these blouses are of heavy Tuscan or Brussels net laid in a succession of fine tucks running vertically if the wearer is stout, and horizontally if the wearer is slender. Sometimes from four to six tucks are sufficient for each of the fronts, while the sleeves, broadly tucked from shoulder to wrist, are finished with a net ruche harmonizing with the jabot which relieves the front panel. More elaborate net blouses are combinations of tucks with chun, Venice, imitation Irish or Italian lace. On these blouses broad bands of lace are let into the shoulders from collar to sleeve top, while rows of alternating large and small medallions form the border of fichu drapery overlapping pin-tucked narrow center panels.

A Simple Guest Room. The very simplest guest room that any one could imagine! The floor had on it a gray rag carpet. The walls were covered with a plain gray paper, and a black moulding joined them to the ceiling. The narrow, old-fashioned woodwork of window and door sills made streaks of black, in keeping with the moulding above. The hangings were gray Japanese crepe.

"Many tones of quiet grays," as said the poet; but they served to throw into relief odd bits of blue and yellow Moorish pottery and a row of blue books. The books were the point of the whole gray scheme of things, for the hostess had covered them all in blue holland linen and had titled the backs on small yellow pasters.

Rose Color for Children. One of the new quaint tones in pink, which is almost rose colored, is a favorite for children's clothes. Coats and hats are made of it for street wear, and little slips for older girls are built of it in silk, cashmere, chiffon, messaline and other new fabrics. The coats of old rose are made of supple broadcloth, cut quite severely

with large pockets and long sleeves edged with fur.

There is also a turnover collar of this fur, which may be ermine, beaver, dyed squirrel or chinchilla. With such a coat goes a broad-brimmed sailor or soft rose beaver, trimmed with a band of the fur around the crown, with a head of the animal in front.

To Protect the Fingers. Pretty nearly everybody is making or learning to make Irish crochet lace, so that any information on this interesting subject is usually received with joy.

The inexperienced finds that the sharp end of the crochet needle pricks their fingers and that they, for this reason, cannot keep up the work very long at a time. The best way to overcome this difficulty is to wear a tiny piece of courtplaster over the tip of the finger where the needle touches. It will not interfere with the guidance of the needle, as a thimble might do, but it will prevent the finger from becoming sore and will protect it from the possibility of callousness.