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Covington, La.

Residence in the Exterstein raised cottage, two blocks west of public school building.
Offers his professional services to the public.
Office at the City Drug Store on Columbia street.

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Attorney and Counselor at Law
COVINGTON,

And 905 Hibernia Bank Building, New Orleans.

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JOS. B. LANCASTER,

Attorney at Law,
Covington, La.

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DR. H. E. GAUTREAU,

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AFTER SUFFERING ONE YEAR

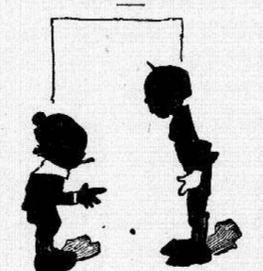
Cured by Lydia E. Pinkham's Vegetable Compound

Milwaukee, Wis. — "Lydia E. Pinkham's Vegetable Compound has made me a well woman, and I would like to tell the whole world of it. I suffered from female trouble and fearful pains in my back. I had the best doctors and they all decided that I had a tumor in addition to my female trouble, and advised an operation. Lydia E. Pinkham's Vegetable Compound made me a well woman and I have no more backache. I hope I can help others by telling them what Lydia E. Pinkham's Vegetable Compound has done for me." — Mrs. EMMA LIME, 823 First St., Milwaukee, Wis.

The above is only one of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which prove beyond a doubt that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, actually does cure these obstinate diseases of women after all other means have failed, and that every such suffering woman owes it to herself to at least give Lydia E. Pinkham's Vegetable Compound a trial before submitting to an operation, or giving up hope of recovery.

Mrs. Pinkham, of Lynn, Mass., invites all sick women to write her for advice. She has guided thousands to health and her advice is free.

GOOD AND WARM.



First Office Boy—I hear your boss made it hot for you yesterday.
Second Office Boy—Yes; he fired me.

When Her Faith in the Lord Failed.
During the progress of a big "protracted meeting," for which the south is famous, an ardent sister of the church, who usually came in an old-fashioned buckboard drawn by the family horse, was late for a particularly important service and was being severely censured by the pastor.

Explaining the reason for being late the good sister said that the horse had taken fright at a passing train and bolted and that the wreck of the rig had prevented her from being on time.

"My dear sister, such little things should not make you late for divine services. You should trust in the Lord."

"Well, brother," she replied, and there was a look of calm peacefulness on her face. "I did trust in the Lord till the bellyband busted and then I had to jump." —Pittsburg Chronicle-Telegraph.

Spreading the News.
Postmaster Fuller of Rockland, Me., was the sparkling wit at the postmaster's dinner. He announced with mock solemnity that he had just received word from his congressman that his name had been sent in somewhere in Washington for reappointment in recognition of his efficient service and the votes he could swing.

"I have dashed the momentous news of my triumph to distant Rockland to my wife, and if I am acquainted with the lady, as I believe that I am, the glad tidings have ere now penetrated to the most remote section of that district," was a sally that brought down the house.

Not in the Agreement.
Daniel had been cast into the lions' den.

"My main objection," he said, as he playfully tweaked a lion's mane, "is that I get no moving-picture royalties." —Puck.

HARD ON CHILDREN.
When Teacher Has Coffee Habit.

"Best is best, and best will ever live." When a person feels this way about Postum they are glad to give testimony for the benefit of others.

A school teacher down in Miss. says: "I had been a coffee drinker since my childhood, and the last few years it had injured me seriously. One cup of coffee taken at breakfast would cause me to become so nervous that I could scarcely go through with the day's duties, and this nervousness was often accompanied by deep depression of spirits and heart palpitation.

"I am a teacher by profession, and when under the influence of coffee had to struggle against crossness when in the school room.

"When talking this over with my physician, he suggested that I try Postum, so I purchased a package and made it carefully according to directions; found it excellent of flavor, and nourishing.

"In a short time I noticed very gratifying effects. My nervousness disappeared. I was not irritated by my pupils, life seemed full of sunshine, and my heart troubled me no longer.

"I attribute my change in health and spirits to Postum alone."

Read the little book, "The Road to Wellville," in pkgs. "There's a Reason." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

MAKING PIE CRUST DIFFICULT

Few Women Seem to Know How to Prepare This Essential to Happiness.

Who has not beheld that most pathetic of all things, the bride, attempting to make her first pie crust? Usually the most difficult culinary stunt is the first the inexperienced woman attempts, and she toils over it with sticky hands in a warm room, adding more and more flour so it will not cling to the roller, and in the end the crust that should be flaky is of the consistency of a board and can hardly be cut with the knife.

To brides and others attempting pastry the first rule is never to make it in a warm room. The ideal rolling board is a marble slab. This is much cooler than a wooden board, and the dough will not stick so readily to it. The hands and the bowl in which the paste is mixed must also be thoroughly chilled with cold water. The butter used should be unsalted or have the salt washed out of it. It should then be put in the ice box and thoroughly chilled.

To a scant half pound of pastry flour add one teaspoonful of salt and two teaspoonfuls of butter. These should be well worked together with the tips of the fingers only, as the hand is too warm, and the mixture must be kept cool.

Add gradually three-fourths of a cupful of cold water, mixing it into a paste. The paste should be soft, but not so that it clings to the rolling pin.

Dust the board lightly and knead the paste until it is elastic and free from lumps. Do this as quickly as possible, for the longer you knead it the tougher it makes the flakes when baked.

Let the paste stand for five minutes, covered with a bowl, in a cool spot, then roll out into an oblong sheet one-half inch in thickness. Place one-half pound of butter, which has been chilled and had the salt washed out of it, at one end of this sheet of dough and fold the dough over it, the butter having been patted flat so that it covers one-half of the dough, press the open edges of this dough, wrapping together tightly to exclude the air, then fold one end of the paste over and the other under and roll lightly. This folding, turning and rolling should continue six times. If the paste should stick to the board at any time, immediately put it away to chill. The butter should not be allowed to be seen outside of its dough covering; when this is the case cover it immediately with flour. When rolled finally it should be one-half an inch thick.

Macaroon Pudding.
Soak six macaroons in one-half cup of milk (or use the tiny macaroons that may be bought in bulk, and soak about a dozen). Heat a pint of milk in a double boiler, add one beaten egg, two tablespoons cornstarch, pinch of salt and the macaroons. Stir well to make it smooth and cook about twenty minutes. Take from the fire and add a little vanilla. Butter a pudding dish, sprinkle sugar over the bottom and sides, turn in the pudding and sprinkle sugar on top. Cover and set where it will cool gradually. Serve very cold. The sugar will make a sauce, or you may use oranges also when you serve the pudding.

Icing.
To make the icing, put into a granite saucepan one cupful sugar and one-half cup water and boil gently, without stirring or shaking, until bubbles commence to rise from the bottom. This will take about five minutes. Beat the whites of two eggs to a stiff froth, and pour the hot syrup onto them in a thin stream, beating the mixture all the time. Continue to beat until the icing is thickened, then flavor with vanilla. Use all of this for the icing or put two-thirds between the cakes for the filling, and to the remainder of the icing add an ounce of melted chocolate and spread over the top of the cake.

To melt the chocolate, shave fine into a cup and set in a pan placed over the tea kettle or in hot water.

Spiced Rhubarb.
Sprinkle 2 1/2 pounds of sliced rhubarb with one pound of sugar and let stand overnight. Drain in the morning and add to the juice one cupful of water, one cupful of sugar, and one-half cupful of cider vinegar. Put on to boil with a spice bag containing one-half teaspoonful each of cloves, mace, allspice, ginger and cinnamon. Boil until it forms a nice syrup, then add rhubarb and boil until thick.

Apple Puff Pudding.
Peel, core and fill with sugar, six large or eight small apples. Bake slowly and cool in serving dish. Beat whites of two eggs, a pinch of cream of tartar, and three tablespoonfuls of powdered sugar; heap one or two spoonfuls on each apple and brown in the oven. Serve with custard made of the egg yolks. Half this recipe is enough for a small family.

One Way to Save Hardwood Floor.
It is no longer necessary to use metal casters on heavy furniture, for casters of felt are procurable and are a great saving on expensive wood floors. The piano may be moved all about the room without leaving unsightly grooves and streaks behind it if these casters are used, and another advantage of the felt wheels is that they make no noise when furniture is moved about the rooms.

Fried Bread.
Sweeten a pint of milk, flavor with nutmeg or cinnamon to taste. Have slices of bread half an inch thick, cut off the crust, and soak bread in the milk until all is absorbed, turning the bread in it. Put some butter in a spider; when hot, fry the bread a nice brown on both sides. Arrange slices on a hot platter and serve with a sauce or powdered sugar.

Egg Croquettes.
Chop up fine six hard boiled eggs. Add salt, pepper, chopped parsley and a half pint of cream sauce, mingling all well together. Roll into balls the size of an egg, dip first in flour, then in beaten raw egg, and lastly in bread crumbs, and fry in hot fat. Arrange the croquettes on a bed of mashed sweet potatoes and serve with hot tomato sauce.

The Grace of Plumes



THE diaphanous picture hats in black or white, and the dead white of chip hats, makes a background upon which the fancy of the designer can pose her "dreams of beauty," in materials and colors. Many colored ostrich plumes have provided color combinations that vie with those in flowers. Ostrich, in two or three shades of one color, in two or three colors, and even in brilliant dashes of many colors in the same plume, have been brought out and placed in the hands of milliners throughout the country. It is the grace of plumes that endears them to the heart of every designer of really beautiful millinery. If securely fastened by the stem to the body of the hat and left to its own sweet will (or curve, rather), and the law of gravity, the ostrich feather will dispose its length most gracefully. The trimmer cannot improve these lines which nature has drawn with the supple quill and dainty flumes. Blown by the wind a airy fibres move in graceful lines and come back to rest in the original positions that they held before they were disturbed. This is true of the "skeleton" willow ostrich (plumes with tied flumes) more especially. In tying the flumes to lengthen them, the manufacturer is able to introduce new colors or shades and produce blended harmony or contrast, as he desires. These plumes are light in weight and very beautiful. In black they have a tendency to come to pieces. For some reason the black dye so affects the feather that moisture makes it shrink or "crawl" and the knots untie. But in colors they wear fairly well. Women have been buying fragile materials too long to dispense with willow plumes at that account.

The natural ostrich plume with wide spread of fibers, slightly curled, should be selected if one is buying black. A good ostrich plume, moderately heavy, and made of uniformly good stock, will prove about the most lasting article and the most satisfactory in which the investor in millinery can put her money. Two plumes of this character will do service summer and winter. They are at their loveliest on the black picture hat for midsummer. This hat, of hemp or hair braid, with broad, sweeping flare of brim, through which the light filters, is the ideal model for a "stunning" effect. It is cool looking and always distinguished. In white with plumes in white and black it looks as chaste as frost, and throws a becoming reflection upon the skin of the wearer. The wide brims requiring this sweep of plumes in which trimmers delight.

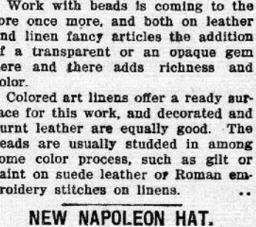
JULIA BOTTOMLEY.

CLEAR SKIN A NECESSITY

Claim to Beauty Cannot be Admitted Without the Possession of That Charm.

The fascination of a clear, fair skin is recognized by every woman. No matter how regular her features, if the skin is blotched a woman loses all her power to attract. A good skin is an evidence of health, pure blood and right living. Powder will not cover an imperfect complexion, but will give it a mottled, livid appearance. A new preparation gives a soft, youthful bloom to the skin, will not show and is absolutely beneficial in every way. It contains no zinc, peroxide or white lead, and may be used on a baby—surely a perfect test of its purity. It will remove the tired, old expression engendered by pain or fatigue and the haggard look which the bustle of modern life will give to even a youthful face. Rarely indeed can a beautifier be found which cannot be detected, and the obvious use of cosmetics robs a woman of that air of refinement which makes a lady. A fresh, natural appearance excites willing admiration from either sex, and such is certainly to be obtained by the use of this dainty preparation.

NEW NAPOLEON HAT.



Work with beads is coming to the fore once more, and both on leather and linen fancy articles the addition of a transparent or an opaque gem here and there adds richness and color.

Colored art linens offer a ready surface for this work, and decorated and burnt leather are equally good. The beads are usually studded in among some color process, such as gilt or paint on suede leather or Roman embroidery stitches on linens.

To Use India Print.
Blue and white India print cut into bias strips of varying width makes an excellent trimming for a child's dress.

Here is something unique and yet beautiful, that will not fade and is by no means too old-looking for a little girl.

India print is an altogether desirable and durable stuff in color and quality, and can be used on fine or coarse white linen without the least danger of the colors spreading into the white surface.

Buttons covered with the print will add style and then, too, the end of material you have left will do for a band round the dark blue or white straw hat.

To Prevent Tearing.
If one has a frock with a lace yoke, here is a way to button it that will prevent the annoying tears from which most women have suffered:

Begin at the top of the lined part and hook or button down to the waist, then fasten the yoke from the bottom up to the collar.

No Favorites.
"A dear little girl your daughter is. She always has something to say to me when I meet her." "Oh, yes, she's not a bit proud. She speaks to every one." —Sourire.

SOME OLD FRIENDS RETURN

Materials Familiar to a Past Generation Have Again Become Popular Favorites.

An inspection of the materials for summer wear show that certain old-time, reliable materials have returned under new names, but our mothers will recognize their friends in the shape of the coarse linens that resemble "oatmeal" cloth, hopsacking and the various basket weaves.

The feature that commends itself to many women is the fact that the weave is so evident that it serves for decoration, and, therefore, requires very little other ornamentation. Simple braiding designs or buttons are generally sufficient for the morning dress, while the square meshes of these coarse fabrics form excellent backgrounds upon which designs in cross-stitching (done with woolen or linen threads) may be added.

When the individual touch of embroidery is added, these materials are excellent for afternoon wear, and although the design is more conventional than the trailing vines worked by the weavers of 50 years ago, the effect warrants the time expended in the construction.

New Underwear.

Underwear of cotton crepe is a new fad that probably will become popular, especially as summer advances.

It is not the crinkly kind that one associates with the name of cotton crepe, but a softer fabric.

For traveling or for wear in places where laundry facilities are limited such underwear should prove a boon, because neither starch nor ironing is necessary.

A garment may be washed, hung to dry, and after being well shaken is ready to wear again.

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Dollars That Ring
Good hard American dollars grow on the advertising tree.
THIS PAPER GETS AD. RESULTS —RESULTS BRING DOLLARS—
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TRADE MORAL—The quality of what you have to sell is known to some people all of the time and all of the people some of the time, but advertise regularly with us and you'll reach all of the people all of the time.

\$ Foundations \$ for Fortunes \$
Are right here in the advertising columns of this paper. If what you're selling has merit, ADVERTISE IT. An ad. will sell it for you.
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KEEPING the quality of your goods a secret is what you accomplish when you don't advertise them.
You know they're best; so do a few others! But the general public—are they informed? Tell them! Don't keep it a dark secret.
Let the light shine through the columns of this paper.
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TRADE MORAL—Nobody would have known the Good Samaritan's kind act were it not for Our Saviour's parable. Be the home folks' Good Samaritan, Mr. Merchant; make this paper your commercial bible; write your own parable and put it in our advertising columns.