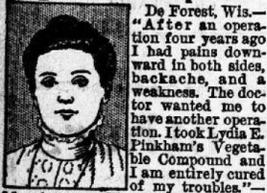


SAVED FROM AN OPERATION

By Lydia E. Pinkham's Vegetable Compound



De Forest, Wis.—"After an operation four years ago I had pains downward in both sides, backache, and a weakness. The doctor wanted me to have another operation. I took Lydia E. Pinkham's Vegetable Compound and I am entirely cured of my troubles."

Mrs. AUGUSTE VESPERMANN, De Forest, Wisconsin.

Another Operation Avoided. New Orleans, La.—"For years I suffered from severe female troubles. Finally I was confined to my bed and the doctor said an operation was necessary. I gave Lydia E. Pinkham's Vegetable Compound a trial first, and was saved from an operation."

Mrs. ELLY FEYBROOK, 1111 Kerlerec St., New Orleans, La.

Thirty years of unparalleled success confirms the power of Lydia E. Pinkham's Vegetable Compound to cure female diseases. The great volume of unqualified testimony constantly pouring in proves conclusively that Lydia E. Pinkham's Vegetable Compound is a remarkable remedy for those distressing feminine ills from which so many women suffer.

If you want special advice about your case write to Mrs. Pinkham, 25 Lynn, Mass. Her advice is free, and always helpful.

Reporter in Luck. City Editor (hurriedly)—Anything new about that suicide in the St. Fashion hotel?

Reporter—Not much. The man was a stranger, about my size. Shot himself with a 32-caliber revolver. Had on a dress suit at the time. The body had been taken to the morgue.

City Editor—Bout your size. That's lucky. I want you to report a big society wedding in an hour. Rush around to the morgue and ask the keeper to lend you that dress suit.

JUST FOR AN INSTANT.



Fecke—Were you ever on an auto mobile?

Weeks—Yes; once. Were you?

Fecke—I don't know. I was merely on the front dashboard for the fraction of a second, and before I could pick myself up it got away.

With a Sour Laugh. A Chicago editor has brought from London an amusing story about Humphrey Ward.

"Humphrey Ward," he said, "was in his bachelor days, a really well-known art critic. But now?"

"I met Humphrey Ward at a dinner in Soho, and he said to me, with a sour laugh:

"When a girl wants to retire from the world and be lost in oblivion, she has to enter a nunnery. But a man, to achieve the same end, need only marry a famous woman."

Good Arrangement. A genial looking gentleman wanted an empty bottle in which to mix a solution, and went to a chemist's to purchase one. Selecting one that answered his purpose he asked the shopman how much it would cost.

"Well," was the reply, "if you want the empty bottle it will be a penny, but if you want anything in it you can have it for nothing." "Well, that's fair," said the customer; "put in a cork."

An Attractive Food Post Toasties

So Crisp
So Flavoury
So Wholesome

So Convenient
So Economical

So why not order a package from Grocer.

"The Memory Lingers"
Postum Cereal Co., Ltd.
Battle Creek, Mich.

The DAIRY



USE SANITARY MILK PAILS

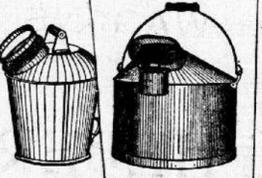
Have Small Opening and Some Provided With Strainer to Keep Out All Dirt.

There are a great many different styles of sanitary pails used in the production of certified milk, any of which are an improvement over the old open pail which has no provision for keeping out dirt and which should not be used in any dairy.

Generally speaking, the sanitary pails have a small opening. Some are provided with a strainer through which the milk passes in entering the pail. This strainer, consisting in some cases of metal wire, but is not so satisfactory as a cheese cloth strainer.

Aside from the strainer, the pails absorbent cotton is generally preferred. This is usually inclosed between two thicknesses of cheese cloth, a method found to be very practical.

The pail shown on the left in the illustration is a good, sanitary milk pail. The height is convenient and as the opening is on the side there is but little chance for dirt to fall in. The seams are all well flushed with solder. The objection to this pail, if any, is



Sanitary Milk Pails.

The difficulty of seeing that all parts are clean.

The right hand pail shows a cup attached for holding the foremilk. There is the same objection to this as the other present—that is the difficulty of seeing into it to make sure all parts of the interior are clean.

All pails and utensils with which milk comes in contact should be thoroughly washed, rinsed, and steam-sterilized.

HOW SEPARATOR IS WORKED

Pulls Milk Away From Cream as It is Whirled Around—Speed Is Big Ad.

Cream rises from milk by gravity. The fat in the milk is lighter and rises to the surface, but it takes a long time to do it.

The separator pulls the milk away from the cream as it is whirled around the bowl. It is just as a stone tied to a string and swung around the head. The faster it is swung the harder the pull.

When the milk is piped in the bowl and the latter is whirled around at a tremendous speed the heavier portions of the milk are down to the bottom and the fat and lighter portions to the top. The whole volume in the bowl becomes arranged in layers, the pure milk separated from the fat goes to the very bottom, the not perfectly separated rising toward the top and the fat or cream slipping off the surface.

Now, the faster the bowl is revolved the cleaner the milk will be "skimmed" because the centrifugal force is greater. The slower the bowl is revolved the more fat there will be left in the milk. Simple, isn't it?

Pasteurized Cream. During recent years the pasteurization of cream for butter making seems to be gaining favor in our best creameries. In fact this practice has become almost a necessity in those localities where cream of all kinds is gathered from various sources. The butter maker has come to realize that if he is to have control over his finished product, so that he shall have some assurance of the constant and uniform quality of the output, he must resort to means by which he can eliminate the variable factors in his cream, namely, those undesirable bacteria and disagreeable flavors which will develop later on and make their appearance manifest in the finished article.

By heating the cream from 170 degrees to 180 degrees F. and cooling it at once nearly all of the bacteria are destroyed and many of the objectionable odors are driven off.

The Paying Cows. The Ohio experiment station has found a man in that state who is a thrifty farmer of the smaller class, owning but a small bit of land, who commenced 20 years ago with a single cow. Even now he has but ten cows, but they individually produce from 10,000 to 14,000 pounds of milk per year. The gross income from his cows varies from \$160 to \$219 per cow per year. Average feed bill is about \$55 per cow per year. This dairyman kept a record of what his cows and their ancestors had done for the whole 20 years of his experience as a dairyman. He bred his best cows to the very best sires he could secure, and looked more to the performance at the pail than to dairy type or conformation.

Selling the Cream. Since the cream separator has come into general use, making it possible to extract all of the butter fat from the new milk, the best profits in the end are made by selling the cream or butter and feeding the skim milk at home to calves or pigs.

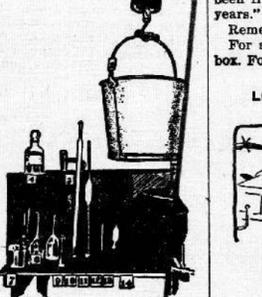
Producing Baby Beef. The production of baby beef can be made a successful side line to dairying, and the skim milk disposed of in this way will probably bring as large or larger returns than when disposed of to the creameries, cheese factories or to ice cream factories.

DON'T BOARD COWS AT

One Sure Way to Tell Whether It Is Earning Keep is by Cock Tester.

The only way to tell whether every cow in the dairy is ear keep is to buy a Babcock test illustration shows a complete description of the various tests as follows:

No. 1, scales for weighing milk pail; No. 2, galvanized for keeping samples of milk.



Babcock Test

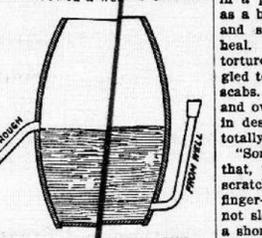
sulphuric acid; No. 5, hand tester; No. 6, composite jar; No. 7, beaker for adding No. 8, test bottles; No. 9, acid; Nos. 10 and 11, pipette; No. 12, thermometer for determining sulphuric acid.

ONE WAY OF COOLING

Minnesota Dairyman Gives Method as an Improvement That Given Bef

Mr. W. Barney's system of cooling milk is pretty good but it can be improved, so I wish to explain how I did it a few years when we ran short of ice in the month of August, writes George Hoar of Minnesota in Hoard's Dairyman.

I took a barrel, bored a hole about two inches from the top, inserted a galvanized pipe with a cap and ran the pipe up a little higher than cream cans would be in the land on top of it I screwed a wooden pail and



Method of Cooling Cream or Milk.

pumped the water to the pail. As we all know, the water always rises to the top and under a pipe on the opposite of the barrel, a little lower than top of the cream cans for the water run into the watering trough. The cold water did not mix with the warm water at the top of barrel but let that run off undisturbed.

Dairy Cows Machine. A high-bred cow is an extremely complex organism. You may regard her as a machine which is being worked to its highest efficiency. For this reason the importance of ministering to her needs is not so much a humanitarian problem as a question of dollars and cents. The better care you take of your cows the more profit you get from them. Repeated tests have shown that there is an appreciable difference in the yield of milk from cows that are worried or annoyed by children, dogs, flies, and so on, and from those that are kept quiet and undisturbed.

DAIRY NOTES

An Awful Moment. The company always included many delightful women, and I remember the consternation caused among them one day by Burnham, the scout. He explained that he attributed his success as a scout to the acuteness of his sense of smell; it was like a bloodhound's.

"There's no one here today," he affirmed, "who at any time anywhere in the future I could not recognize in the dark. Yes, I could tell you, and you, and you," nodding at an alluring group in modish apparel, "by the way you smell."

For an awful moment the conversation flagged.—McClure's.

Beware of Ointments for Catarrh that Contain Mercury. Mercury will surely destroy the sense of smell and completely damage the whole system when entering through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co., 212 Madison Ave. Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

A Terrified Hero. "Did you have any narrow escapes in the surf last summer?" "Yes," replied the life-saver. "One lady whom I rescued was so grateful that she nearly married me."

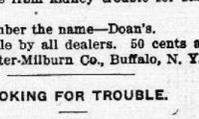
The Regular Fare. "What makes you think that young man will be a success in society?" "The fact that he has such an extraordinary appetite for tea and salads."

CURED SIX YEARS.

No Fear of Further Kidney Trouble.

Mrs. Josiah Clinker, State St., Tama, Iowa, says: "My first symptom of kidney trouble was intense pain in my back. This grew worse until I ached in every part of my body. I rested poorly and was so stiff in the morning I found it hard to dress. I became tired easily, lost flesh and was in a bad way. I was well pleased with the quick relief Doan's Kidney Pills gave me. They drove the pains away and restored my kidneys to a normal condition. I have been free from kidney trouble for six years."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.



LOOKING FOR TROUBLE.



"No, I don't think Reggy will ever learn to run his auto." "Why not?" "He's always trying to roll a cigarette and guide the machine at the same time."

AN INTOLERABLE ITCHING

"Just about two years ago, some form of humor appeared on my scalp. The beginning was a slight itching but it grew steadily worse until, when I combed my hair, the scalp became raw and the ends of the comb-teeth would be wet with blood. Most of the time there was an intolerable itching, in a painful, burning way, very much as a bad, raw burn, if deep, will itch and smart, when first beginning to heal. Combing my hair was positive torture. My hair was long and tangled terribly because of the blood and scabs. This continued growing worse and over half my hair fell out. I was in despair, really afraid of becoming totally bald.

"Sometimes the pain was so great that, when partially awake, I would scratch the worst places so that my fingertips would be bloody. I could not sleep well and, after being asleep a short time, that awful stinging pain would commence and then I would wake up nearly wild with the torture. A neighbor said it must be salt rheum. Having used Cuticura Soap merely as a toilet soap before, I now decided to order a set of the Cuticura Remedies—Cuticura Soap, Ointment and Pills. I used them according to directions for perhaps six weeks, then left off, as the disease seemed to be eradicated, but toward spring, eighteen months ago, there was a slight return of the scalp humor. I commenced the Cuticura treatment at once, so had very little trouble. On my scalp I used about one half a cake of Cuticura Soap and half a box of Cuticura Ointment in all. The first time I took six or seven bottles of Cuticura Pills and the last time three bottles—rather an expensive or tedious treatment. Since then I have had no scalp trouble of any kind. Standing up, with my hair unbound, it comes to my knees and had it not been for Cuticura I should doubtless be wholly bald.

"This is a voluntary, unsolicited testimonial and I take pleasure in writing it, hoping my experience may help someone else. Miss Lillian Brown, R. F. D. 1, Liberty, Mo., Oct. 29, 1909."

ED GEERS, "The grand old man," he is called for, he is so honest handling horses in races. He says: "I have used SPOHN'S DISTEMPER CURE for 12 years, always with best success. It is the only remedy I know to cure all forms of distemper and prevent horses in same stable having the disease." 50c and \$1 a bottle. All druggists, or manufacturers, Spohn Medical Co., Chemists, Coshen, Ind.

A Realist on Hope. William Dean Howells, discussing realism at one of his Sunday afternoon in New York, let fall a neat epigram on hope.

"Hope," said the famous novelist, "is not, really, an angel in a diaphanous robe of white, but only the wish of hay held before a donkey's nose to make him go."

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Chas. H. Pritchett*. In Use For Over 30 Years. The Kind You Have Always Bought.

The Preface to Trade. "I had a curious experience yesterday," said Farmer Cornstossel. "What was it?" "A stranger came along and told me a funny story and didn't try to sell me anything."

For almost everybody, the course of life is fixed by inexorable necessities. Not one in a thousand is free to choose the life he would care for.—Dickinson.

What Murine Eye Remedy Does to the Eyes is to Refresh, Cleanse, Strengthen and Stimulate Healthful Circulation, Promoting Normal Conditions. Try Murine in your Eyes.

Appreciation of good accomplished helps more than much advice on the good yet to be done.

Sore throat leads to Tonsillitis, Quinsy and Diphtheria. Hamlin's Wizard Oil used as a gargle upon the first symptoms of a sore throat will invariably prevent all three of these dread diseases.

All men are equal before the law, but some are more than equal to the task of getting around it.

COUNTRY AWAKE TO DANGER

Increase of Sanatoria and Hospitals for Consumptives is Most Gratifying.

The growth of the crusade against tuberculosis in the United States is shown to good advantage in the two directories that have been issued by the National Association of Tuberculosis and the ones in preparation. The first tuberculosis directory published in 1904, by the tuberculosis committee of the New York Charity Organization Society and the National Association listed 133 sanatoria and hospitals for consumptives in the United States, for some of which preliminary provision only has been made. The combined capacity of these institutions was only 8,000 beds. Thirty-two special dispensaries and thirty-nine anti-tuberculosis organizations summed up practically all of the fighting force enumerated in the first directory. The second directory was prepared by the National Association for the study and Prevention of Tuberculosis and published under the auspices of the Russell Sage Foundation in August, 1908. This directory listed 240 sanatoria and hospitals, an increase of 107 from the former directory; 158 dispensaries, an increase of 126; and 195 associations, an increase of 156. The number of hospital beds listed in 1908 was 14,014.

The new directory for 1910 will be issued soon, will list over 400 sanatoria and hospitals with a bed capacity of nearly 25,000; more than 300 special tuberculosis dispensaries; and fully 450 anti-tuberculosis associations and committees. Since the first directory was issued in 1904, the increase in the number of agencies fighting consumption aggregates nearly 500 per cent.

The National Association for the Study and Prevention of Tuberculosis would like to get in touch with all agencies engaged in the fight against tuberculosis, in order that they may be listed in the new directory.

A Complaint. "We're for women first, last and all the time. We like her beautiful or plain, clever or just ordinary; witty or not; shapely or pudgy, but confound it, we do wish that each and every one of them would get over the notion that a man has no right to turn the pages of a newspaper just because he's wedged against her in a street car. We've been frozen by a look, stabbed by a sneer and wounded to the quick by a sigh just because we've tried to read the column continued on page seven, column five, and the thing that hurts the most is that we still think that we had a perfect right to do so.—Detroit Free Press.

A Condition, Not a Theory. A sociologist, in conversation with a practical person from the middle west concerning the labor problem in her part of the country thereby learned the lesson of the situation.

"Are there many men out of work?" he asked. The lady admitted that there were quite a number.

"What," said he then, "do the unemployed do?" "Nothing," said the lady. "That's the trouble."—Youth's Companion.

An Effort to Oblige. "Mr. Lowbrow does his best to be agreeable," said the sympathetic young woman. "It's too bad that he has so little tact."

"I understand that Miss Coddleypop refuses to speak to him. He sent her a box of candy and she fed it all to her pet terrier. So he tried to be still more kind and thoughtful and sent her a box of dog biscuit."

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"Two bottles Cured My Rheumatism"

"I have been a sufferer from rheumatism for about two years, and have used many liniments and patent medicines which gave me no relief. A lady friend of mine told me she had used your Liniment and found relief at once. I got two bottles and they cured me. I think it is the best Liniment a person can have in the house. I shall always keep a bottle in my house as long as I can get it."—Mrs. E. R. WALLACE, Morrisons, Va.

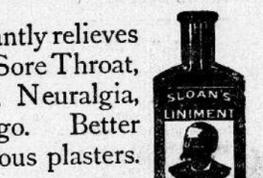
Another Letter. Mrs. JAMES MCGRAW, of 1216 Mandeville St., New Orleans, La., writes:—"I take pleasure in writing to you that I had a pain in my arm for five years, and I used

got two bottles and they cured me. I think it is the best Liniment a person can have in the house. I shall always keep a bottle in my house as long as I can get it."—Mrs. E. R. WALLACE, Morrisons, Va.

SLOAN'S LINIMENT

for one week and was completely cured. I recommend your Liniment very highly."

Sloan's Liniment instantly relieves stiffness of the Joints, Sore Throat, Hoarseness, Sprains, Neuralgia, Sciatica and Lumbago. Better and cheaper than porous plasters.



At All Druggists. Price 25c., 50c. and \$1.00
Sloan's Treatise on the Horse sent Free. Address
DR. EARL S. SLOAN, BOSTON, MASS.



THE MALARIA MONSTER

If the mosquito were as big as it is bad, it would darken the air like a gigantic death-breathing dragon. Each sting of a mosquito sows the germs of malaria. These germs multiply with wonderful rapidity. Then come chills and fever with other forms of malaria that undermine the health and sap the strength.

OXIDINE

—a bottle proves. It is the modern malaria medicine and the one sure antidote for malaria poisoning. It kills the chills. It quenches the fever fires. It stamps out the cause and consequences of the disease. That's only the beginning of helpful healing work of OXIDINE. It builds up the body, revitalizes the system, enriches the blood, tones up the stomach, bowels, liver and kidneys. OXIDINE puts the body on a fighting footing of superb health.

The tonic qualities of OXIDINE make it the best medicine for all weak, run down, thin, pale persons. It is the best body-building tonic money can buy.

50c at Your Dealer's
PATTON-WORSHAM DRUG CO., Mfrs., Dallas, Texas.

W. L. DOUGLAS

'3 '3.50 & '4 SHOES FOR MEN & WOMEN
Boys' Shoes, \$2.00, \$2.50 & \$3.00. BEST IN THE WORLD.
W. L. Douglas \$3.00, \$3.50 and \$4.00 shoes are positively the best made and most popular shoes for the price in America—made in the most economical shoes for you to buy.

Do you realize that my shoes have been the standard for over 30 years, that I make and sell more \$3.00, \$3.50 and \$4.00 shoes than any other manufacturer in the U.S., and that DOUGLAS FOR DOLLAR, I GUARANTEE MY SHOES to hold their shape, look and fit better, and wear longer than any other \$3.00, \$3.50 or \$4.00 shoes you can buy? Quality counts. It has made my shoes THE LEADERS OF THE WORLD. You will be pleased when you buy my shoes because of the fit and appearance, and when it comes time for you to purchase another pair, you will be more than pleased because the last one wore so well, and gave you so much comfort.

CAUTION! None genuine without W. L. Douglas's name and price stamped on the bottom. Write for Mail Order Catalog. If your dealer cannot supply you with W. L. Douglas Shoes, write for Mail Order Catalog. W. L. DOUGLAS, 145 Spark Street, Brockton, Mass.

EUREKA HARNESS OIL

Will Keep Your Harness soft as a glove tough as a wire black as a coal

Sold by Dealers Everywhere
MANUFACTURED BY Standard Oil Company (Incorporated)
FOR SALE BY STANDARD OIL COMPANY (Incorporated)

Suicide

Slow death and awful suffering follows neglect of bowels. Constipation kills more people than consumption. It needs a cure and there is one medicine in all the world that cures it—CASCARETS.

Cascarets—10c. box—week's treatment. All druggists. Biggest seller in the world—million boxes a month.

OKLAHOMA LAND OPENING. Government opens land near HELEN, Oklahoma, November 1st. Send \$1 for description of land, map and requirements. LOWRY & GREENBURGH, Real Estate.

W. N. U., MEMPHIS, NO. 46-1910.

You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA GREOLE" HAIR RESTORER. PRICE, \$1.00, retail.