

# St. Tammany Farmer

D. H. MASON, Editor  
E. D. KENTZEL, Manager

Proprietors

## THE PAN-AMERICAN LIFE INSURANCE COMPANY.

Pride in home achievements is instinctive, is developed by civilization and exists in its highest sense in the most progressive communities; in fact is part of the law of self-preservation. It runs from the hearthstone of the humble cottage into the vast arterial system of commerce and feeds energy to every undertaking vitalized by home interests. It is a seed that grows in every soil and every clime, but that reaches its highest state of development when nurtured and cultivated and protected, and blooms with a beauty that repays everyone who cultivates it. No metaphor can describe the ultimate benefits derived from pride in home achievements, and in the case of the Pan-American Life Insurance Company, practical results stand out so clearly that sentiment is turned into the more solid influence of absolute personal gain.

This company was born of a realization that vast sums of money were being taken from the South annually by life insurance companies, and that this money could not only be kept at home but that a large part of it could be spent at home in giving employment to agents and clerks and others in connection with the business. It was an immense undertaking, entering the field against old and established companies and meeting the competition and opposition that naturally arises under such conditions, but the men at the head of the scheme had the confidence of the people and have succeeded beyond all expectation in enlisting their sympathies and support. The company was incorporated March 28, 1911, obtained a permit from the State insurance commissioner to commence business March 28, 1912, and wrote its first policy April 1, thus inaugurating the largest life insurance company in the South. They have appointed seventy odd depositories among the banks of Louisiana and Mississippi and have over \$1,000,000.00 now on deposit with them. The company has adopted a method of protecting all localities from loss by depositing in the local banks all money obtained from subscriptions to stock and in writing policies, and will invest or loan these funds in localities from which collected. At least one bank in every city and town in Louisiana and Mississippi will represent the company as investment or loan agent. The company has a capital and surplus of \$1,750,000.00, the stock is in the hands of over 5000 stockholders, and the money will be invested in Southern securities.

Pride in home achievements alone should induce people to patronize this company, but if further incentive is needed, then the fact that you are keeping this money at home, that it will be invested at home, that its employees are home people and that all the undertakings of the company will develop home interests, should appeal to you.

### A SHOUT FOR COFFEE DRINKERS.

Investigations as to the effect of caffeine on the system would seem to encourage the use of coffee, if indulged in moderation, and may perhaps do away with some of the prejudice against certain soft drinks that depend upon caffeine for their stimulating effect. But the great trouble in attempting to apply the results of scientific research to our own particular needs is that, subjects experimented upon are supposed to be healthy and not subjected to any other influence than the experiment in hand. We believe, however, that where a stimulant is needed coffee is much more effective than alcohol, and that even coca cola, used so extensively by many, is preferable. Yet the use of any of these things has not been found beneficial by athletes in training and is not advised by physical culturists. Perhaps those few who have found coffee drinking injurious have used too much of it or have other habits of eating or drinking that are injurious.

The Journal of the American Medical Association has the following to say on the subject.

"H. L. Hollingsworth, professor of psychology at Columbia University, has recently published a summary of an extended investigation on the influence of caffeine on mental and motor efficiency. The experiments were carried on in a specially equipped laboratory with the aid of six assistants and sixteen subjects, of both sexes. The most rigorous scientific method and procedure were employed throughout the investigation, the full details of which will appear in the complete report. The tests performed included motor efficiency measured by steadiness, coordinated movements, typewriting, etc., and mental efficiency measured by speed and accuracy of calculations, discriminations, and other mental processes. In the test for steadiness, doses of from 1 to 4 grains of caffeine citrate produced a slight nervousness not apparent until several hours after the dose. A dose of 6 grains produced a marked unsteadiness which was greater after three or four hours. The effect of caffeine was that of a typical stimulant manifested by a decided increase in the speed and accuracy of the movements. In the coordination tests, of which typewriting is one, caffeine citrate in doses of from 1 grain to 3 grains produced stimulation and increase of speed while larger doses produced retardation.

"In all the calculation tests, as well as in other tests of mental processes, all squads showed a pronounced stimulation following caffeine. This stimulation amounted to from 10 to 20 per cent. of the initial performance. No evidence of any secondary depression was found. Instead, the morning following the experiment showed without exception a clear improvement over the work of the morning preceding the experiment.

"As to the effect on muscular efficiency, The Journal of the American Medical Association says that the conclusion seems to be that caffeine enables the muscles to contract more vigorously without producing a secondary depression, so that the sum-total of muscular work which can be done by the man under caffeine is greater than that which can be done without it.

"It is gratifying to have the effects of a drug like caffeine on the human system so investigated by rigorous scientific tests at the hands of capable investigators; only in this way will there be provided an adequate basis for correct conclusions as to the possible dangers of the use of caffeine-containing beverages."

## CHARTER OF THE ST. TAMMANY LUMBER COMPANY

UNITED STATES OF AMERICA,  
State of Louisiana,  
Parish of St. Tammany.

Be it known that on this 16th day of March, in the year of our Lord one thousand nine hundred and twelve, before me, Fred J. Heintz, Jr., a Notary Public, duly appointed and qualified, in and for the parish of St. Tammany, State of Louisiana, and in the presence of the undersigned witnesses, personally came and appeared the several persons whose names are hereunto subscribed, who severally declared that, availing themselves of the laws of this State, in such cases made and provided, they have formed and organized, and by these presents do form and organize themselves into a corporation and body corporate, for the objects and purposes, and under the stipulations following, to-wit:

**ARTICLE I.**  
The name and style of this corporation shall be ST. TAMMANY LUMBER COMPANY, and its domicile shall be at Covington, St. Tammany parish, Louisiana. It shall exist for the term of ninety-nine years from the date hereof, and by that name sue and be sued, and contract, and enjoy any and all rights, privileges and powers conferred by the laws of the State of Louisiana.

**ARTICLE II.**  
The objects and purposes for which this corporation is established, and the nature of the business to be carried on by it, are, to buy, sell, lease and deal in real estate and timber, and turpentine leases and oil leases, and other leases of land, to operate saw mills, to engage in mercantile business, to operate railroads, tram roads, barges and other vessels in connection with the carrying on of its business, and generally to engage in any operations incident or convenient to the carrying on of its business with the operation of the business above mentioned.

**ARTICLE III.**  
The president, or in his absence or inability to act, the secretary and treasurer, shall be the proper per-

son upon whom all citations or legal process shall be served.

**ARTICLE IV.**  
The capital stock of this corporation is hereby fixed at the sum of FIFTY THOUSAND (\$50,000.00) DOLLARS, divided into five hundred shares of the par value of one hundred dollars each. Said shares of stock shall be paid for by the subscribers thereto as shall be required by the board of directors, and the stock may be issued in payment of property acquired by the corporation or in compensation of services rendered, but in no case shall any of the stock be issued for less than par value. This corporation shall be authorized to begin its business as soon as fifteen thousand dollars of the capital stock shall have been subscribed.

**ARTICLE V.**  
All the powers of this corporation shall be vested in a board of directors composed of not less than three stockholders. They shall be elected on the first Monday of March in each year commencing with the year 1913 at a general meeting convened for that purpose, after ten days previous notice in writing to each stockholder owning stock standing in his name on the books of the corporation, and until such time the following stockholders are hereby named as the first board of directors, and each shall hold their office and exercise their functions until their successors are elected, viz: C. R. Ketcham, J. A. Brinker and C. W. Goodyear, Jr., of whom C. R. Ketcham shall be president, and J. A. Brinker secretary and treasurer.

One director may fill any two of such offices.  
The election of the board of directors shall be by ballot, and each stockholder shall be entitled to one vote, either in person or by proxy, for each share of stock owned by him, and a majority of the votes cast shall elect. The board of directors shall immediately after their election elect from their number a president and a secretary-treasurer. In case of the death or inability of the president to act, the secretary-treasurer shall perform the duties of president until a president shall be

## LOUISIANA CENTENNIAL PRIZES

ESSAY CONTEST.

The Louisiana Historical Society is sending out the following circular letter:

New Orleans, March 29, 1912.  
April 30, 1912, will be the centennial of the admission of Louisiana to the Union. The anniversary is to be commemorated by a fitting celebration in New Orleans, which was the capital of the State in 1812; and it is the desire of the committee in charge of the celebration to secure the co-operation of the school children of the State, that they may add to the celebration of so important an event, and that the celebration be made of memorable interest to them.

Through the generosity of Judge A. A. Gunby, of Monroe, a handsome medal is offered to the child who shall write the best essay upon the topic "Louisiana as a State."  
The competition for the medal is open to the children of the fifth, sixth, seventh and eighth grades of the white schools of the State, including the public schools, the private, parochial and denominational schools.

The essays should not be more than one thousand words in length. They should be submitted in the child's own handwriting, as wholly prepared by the child, with the name signed. The principal of each school should select from the essays submitted in the school, not more than two, judged to be the best. These should be forwarded to the Superintendent of Public Schools for the parish not later than April 20th. From those submitted in his parish each Superintendent should select not more than six, judged to be the best, and forward them to Prof. J. M. Gwinn, Superintendent of Public Schools for the parish of Orleans, not later than April 24th, marking them plainly with the name of the parish from which they are submitted.

The essays will be judged finally by a special committee. In judging them the committee will take into consideration: (1) Excellence of matter; (2) Excellence of presentation as regards clearness, accuracy and vividness; (3) Correctness of spelling and grammar; (4) Clearness and neatness of penmanship.  
The medal will be awarded to the essay judged to be the best, and, if possible, the successful contestant will read the prize essay at the celebration. Those essays deserving of special commendation will receive honorable mention.

While it is not desired to limit the scope of the essays or the treatment of the topic, it is suggested that development along some of the following lines would be advisable: A narrative of events leading up to and accompanying the admission of the State; How the admission of the new State was looked on in 1812; What the State was then and what it is now (population, distribution of population, cities and towns, unsettled areas, agricultural products then and now, manufactures then and now, commerce then and now, transportation by water and by land, schools then and now, with a summary of the progress of the State); What the State has contributed to the Union.

Saves Leg of Boy.

"It seemed that my 14-year old boy would have to lose his leg, on account of an ugly ulcer, caused by a bad bruise," wrote D. F. Howard, Abbeville, N. C. "All remedies and doctors' treatment failed till we tried Bucklen's Arnica Salve, and cured him with one box." Cures burns, boils, skin eruptions, piles. 25 cents at all druggists.

selected by the board of directors.

The said board of directors shall elect and employ any and all employees, managers and clerks of the corporation they may deem necessary for the proper conduct of its business and may fix their compensation and remove or dismit them at pleasure.

**ARTICLE VI.**  
This charter may be amended or altered by the stockholders at a general meeting convened for that purpose, after ten days written notice to each stockholder; or this corporation may be dissolved with the assent of two-thirds of the capital stock represented at such meeting. The capital stock of this corporation may be in creased or diminished in accordance with the laws of the State of Louisiana on the subject of altering the capital stock of corporations. In case of dissolution, the affairs of the corporation shall be closed and liquidated, as rapidly as possible, by two or three liquidators, appointed or elected by the stockholders.

**ARTICLE VII.**  
The subscribers hereto have respectively stated, opposite their signatures, the number of the shares of the capital stock subscribed by them respectively, constituting these presents the subscription list made by the incorporators, for the purpose of organizing this corporation.

**ARTICLE VIII.**  
No stockholder shall be liable or responsible for the contracts or faults of this corporation in any further sum than the unpaid balance due to this corporation on the shares owned by him, nor shall any more informality in organization have the effect of rendering this charter null or of exposing a stockholder to liability beyond the amount unpaid by him on his stock, if any.

Thus done and passed in my office at Covington, St. Tammany parish, Louisiana, on the day and year first above written, in the presence of A. S. Burns and Ed. Burns, competent witnesses, residing in said parish, who have signed their names, together with the subscribers and me notary, after due reading of the whole. James A. Brinker subscribes for fifty (50) shares.  
Charles R. Ketcham subscribes for fifty (50) shares.  
Fred J. Heintz subscribes for fifty (50) shares.

FRED J. HEINTZ,  
Notary Public.

Witnesses:  
A. S. BURNS,  
ED. BURNS.  
I certify the above and foregoing to be a true and correct copy of the original charter of the St. Tammany Lumber Company recorded in St. Tammany parish, in mortgage book "B," page

## A Log on the Track

of the fast express means serious trouble ahead if not removed, so does loss of appetite. It means loss of vitality, loss of strength and nerve weakness. If appetite fails, take Electric Bitters quickly to overcome the cause by toning up the stomach and curing the indigestion. Michael Hesselmer of Lincoln, Neb., had been sick over three years, but six bottles of Electric Bitters put him right on his feet again. They have helped thousands. They give pure blood, strong nerves, good digestion. Only 50 cents at all druggists.

## TRESPASS NOTICE.

All persons are hereby warned and prohibited from cutting, burning, despoiling, carrying or floating away, or otherwise injuring or destroying any trees, timber or wood growing or lying upon the lands of the St. Tammany Naval Stores Co., lands of J. P. Rauch and lands of Jones & Pickett, Co., Ltd. Any person so doing will be prosecuted under provisions of Act No. 103, of the laws of the State. ST. TAMMANY NAVAL STORES Company,  
JOHN P. RAUCH,  
JONES & PICKETT, CO. LTD.  
mr30-3mo

## TAX NOTICE.

Delinquent tax payers for 1911 are urged to come forward and make immediate settlement. F. I. as will issue against all whose names appear on the delinquent roll for the year mentioned.  
JOHN FREDERICK,  
Town Clerk and Tax Collector.



## SPRING SHOWING!

An early offering that will appeal by its timeliness and low prices:  
DRESS GOODS, LACES, EMBROIDERIES, and FANCY GOODS.  
P. J. LACROIX.



All bakers' bread isn't made alike—some is made in shops that aren't spotlessly clean, some is made with second-hand flour, etc.—some made with the best flour and other ingredients in shops that are absolutely sanitary.  
We are proud that our bread is of the last class—it is a bread of surprising deliciousness, absolute purity and of trade winning wholesomeness. We would be pleased to prove this to you.

## THE PEOPLES' BAKERY.

## NOTICE.

We, the undersigned citizens will not allow any hunting on our lands.  
WILLIS JENKINS  
A. M. JENKINS.  
C. W. BUSH.  
N. BUSH.  
TUNER SMITH.  
WALTER LAVINGHOUSE.  
R. QUAVE.  
JOE CULBREATH.  
H. CULBREATH.  
WILLIAM CULBREATH.  
DR. YOUNG.  
DORA TALLEY.  
P. R. COWART.

## The People's Building and Loan Association

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Nothing too large for us; nothing too small.  
THE PEOPLE'S BUILDING AND LOAN ASSOCIATION.  
Covington, La. Phone 11.

Hufft's  
BILLIARD HALL  
512 BOSTON.  
(Corner Courthouse Alley).

## The Churches

### SERVICES IN THE CATHOLIC CHURCHES.

Covington.

St. Peter's Church.—Hours of Holy Mass: Every Sunday and Holy day of Obligation, at 8:00 and 10 a. m. Rev. Jos. Koegerl, Rector.

Our Lady of the Lake—Rev. L. M. Roth rector. Hours of holy mass: Sundays at 7 and 8:30 a. m. Week days at 6 a. m. Benediction on Sundays and holy days at 5 p. m. Abita Springs.

St. John's Church.—Hours of Holy Mass: 1st, 2d, and 5th Sunday of the month at 8 a. m.; 3d and 4th Sunday at 10 a. m.; Every Wednesday at 8 a. m. Rev. Jos. Koegerl, Rector.

St. Francis Xavier.—Rev. Ottmar Bleil, O. S. B. Sunday, 7 and 10 a. m. Evening service, 7:30 p. m. Bedico Chapel.

Bedico Chapel.—Rev. Ottmar Bleil, O. S. B. Third Sunday, 8 a. m. CHAPEL OF CHINCUBA DEAF-MUTE INSTITUTE.

Our Lady of the Holy Rosary.—Rev. Bede Maler, O. S. B., Chaplain. Sundays and Holydays: Mass and Sermon—8:30 a. m. Week-days: Mass—6:30 a. m.; Benediction on Sundays and Holydays—5:30 p. m. SERVICES IN THE PROTESTANT EPISCOPAL CHURCHES.

Rev. Ernest A. Rennie, minister in charge. Thursday service at 4 p. m. Evening prayer and sermon at 8 Covington.

Christ Church.—Sunday School every Sunday morning at 10 o'clock. Second Sunday of each month—Morning prayer and holy communion at 11 o'clock. Third Sunday in each month—Morning prayer and holy communion at 11 o'clock. Evening prayer and sermon at 8 o'clock.

Fourth Sunday of each month—Holy communion at 7:30 a. m. Morning prayer and sermon at 11 o'clock. Slidell.

First Sunday in each month—Evening prayer and sermon at 8 o'clock. Bogalusa.

First Sunday in each month—Morning prayer and holy communion at 11 o'clock. Franklinton.

Every fifth Sunday—Morning Prayer and holy communion at 11 o'clock. Evening prayer and sermon at 8 o'clock.

### THE METHODIST CHURCH.

Rev. T. D. Lipscomb will hold services in the Methodist church morning and evening on every second and fourth Sunday in Covington, and every first and third Sunday at Slidell. There will be Sunday school every Sunday morning at 9:30. The Ladies Aid Society will meet every first Tuesday in each month.

**PRESBYTERIAN CHURCH.**  
(Rev. J. M. Williams, Pastor).  
Covington.  
Services first and third Sundays of each month at 11 o'clock a. m. Sunday School, Elder E. G. Davis, Superintendent, every Sunday morning at 9:45. Friday night bible and song service at 7:45. Madisonville.

Services on first and third Sunday nights of each month at 7:30 p. m. Sunday School every Sabbath morning. Slidell.

Services second and fourth Sabbath of every month at 11 a. m. and 7:45 p. m. Sunday School, Elder R. L. Smith, Superintendent, every Sunday morning. Prayer meeting every Wednesday at 8 p. m.

New Home.  
Services every first Sunday afternoon at 3:30. Houltonville.

Services every third Sunday afternoon at 4 o'clock. Mandeville.

Services every fifth Sunday at 11 a. m. and 7:30 p. m. LUTHERAN SERVICES.

Lutheran services will be held at the Baptist church in Covington every first and third Sunday at 4 o'clock p. m. Bogalusa—10:30 a. m., German; 7:30 p. m., English, on the 4th Sunday. Services in the Y. M. C. A. Abita Springs—10:30 a. m. on the 1st and 3d Sundays; 7 p. m. on 1st and 2d Sundays; Sunday School at 9 a. m. every Sunday. Mandeville—11 a. m. every 2d Sunday.

REV. MARTIN KUEGEL.  
HICKORY GROVE SUNDAY SCHOOL.  
Sunday School every Sunday at 3 p. m., at the Hickory Grove school house.

## The Northwestern Dental Co.

When you go to New Orleans to get your dental work done, be sure to call at the Northwestern Dental Co., No. 912 Canal street. You will find the finest and best equipped dental office in the South, under the management of Dr. L. A. Ervator. Moderate prices; first-class work is the motto. Everything strictly first-class, and ten year guarantee on all work. Open Sunday, from 9 to 4; evenings until 8 p. m. NORTHWESTERN DENTAL CO., 912 Canal St., New Orleans.

## NOTICE.

We, the undersigned, forbid all hunting, trapping and trespassing on our lands. Anyone caught so doing will be punished to the full extent of the law.  
H. A. DUTSCH.  
L. L. DUTSCH.  
C. R. SCHULTZ.  
G. H. DUTSCH.  
J. E. CLELAND.  
A. LAND.  
L. TALLEY.  
ROBT. H. VOSS.  
C. E. DUTSCH.  
P. MATHEW.

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**SUNNY BROOK**  
The PURE FOOD Whiskey

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Covington, La.

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COVINGTON - - - - LA.  
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Preparatory, Commercial, Academic Courses  
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Coffins, Burial Cases, Metallic Cases and all Funeral Supplies.  
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**Livery Stable**  
New Hampshire and Gibson Sts.  
Thoroughly equipped for the careful hauling of furniture.

**CITY DRUG STORE.**  
COVINGTON, LA. 313 Columbia street.  
Prescriptions filled Promptly—Day and Night. Phone 16  
A Full Line of  
PERFUMES FANCY CARDS and LOWNEY'S CHOCOLATES  
**FRESH DRUGS AND TOILET ARTICLES.**  
Always Fresh.  
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