

The St. Tammany Farmer

D. H. MASON Editor and Proprietor
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CARRYING OUT THE WILL OF THE PEOPLE.

The Constitutional Convention was fought by a good many people because they thought failure to submit the Constitution to the people for ratification was a violation of democratic principle of government. We do not wish to discuss this point, but we do believe Mr. Fred. J. Helms, delegate to the Constitutional Convention from St. Tammany parish has adopted a policy in dealing with constitutional matters that is as near submission as is now possible and that should appeal to the people.

We published last week a letter from Mr. Helms in which he stated his desire to work in harmony with parish sentiment in his support of any measure that might be considered in the convention and naming committees in different departments which he would keep posted as to matters brought up and with which he would confer before taking any action himself. He has this week added several names to the Agricultural Committee which will be found on the first page.

The State has not undertaken a more serious thing than this writing of a new Constitution, and its success or failure means success or failure in the future of the State. While he has taken a commendable position in the matter, he also has placed considerable responsibility upon the committees appointed. Unless they co-operate with him in the work that is to be done he will not only lose the assistance he is seeking but will be burdened with delay and uncertainty in handling matters that should have prompt attention.

St. Tammany parish has large areas of cut-over lands. We are especially interested in taxation, agriculture, schools and banking. While these things will be considered by men as able as any in the State, yet experience teaches us that the man who neglects his own interests may not expect some one else to provide particularly for him. There will be work for the committee.

GETTING ON THE GROUND FLOOR OF SUCCESS.

The greatest ambition of the average human being is to do something better than somebody else. A community composed of people who had no ambition wouldn't amount to more than a flea-bite on an ox. But doing things worth while in our community relations has got to be more than mere individual accomplishment. We have found that it requires united and co-operative effort to bring results. The great value of a democracy lies in the fact of equal opportunity and the right of each individual to a voice in the government. One man with all the initiative and brains in the world could be of no value to a community unless he had the co-operation and support of that community. But in reality no one man has it all. The trouble is that many men of good sense and ability are selfish enough to devote their energies entirely to their own interests, with indifference to their surroundings and unappreciative of the social opportunities of modern advancement. We all become as narrow as the limited thought that controls us. The community that looks out into the world will not need glasses to discover its shortcomings, but it frequently does need some distressing circumstance to bring it to a full realization that its shortcomings may some day collect the toll that indifference is piling up.

Health is the greatest blessing that any community can have, because upon it depends energy and happiness and accomplishment. The largest expense of the home is maintaining health—proper food, clothing, medicine and surgical attention. In the family, this is more or less realized. But if we were asked to pay a tax to maintain community health, it is a two-to-one shot that all sorts of evidence could be offered to show that the tax was unnecessary and would go largely to pay salaries of incompetents and political hangers-on. Tick eradication is a point of illustration. Time will prove its great benefit and bring to its support every cattle-owner in the country. But this is only a matter of healthy cattle. A question of still more importance and that affects the health of human beings is the disease that every year takes from our midst our friends and our loved ones—and that could be overcome by the expenditure of a small sum of money by each individual yearly.

Dr. Oscar Dowling, president of the State Board of Health, announces that:

"The State Board of Health on January 19th appropriated funds for general health work in the parishes on a co-operative basis. The work is planned as a demonstration and is based on the following budget:

Receipts:	
From the Parish, one-half	\$5,000.00
From the State Board of Health, one-fourth	2,500.00
From International Health Board, one-fourth	2,500.00
	\$10,000.00
The expenditures as planned are:	
Full time Health Officer	\$3,000.00
Sanitary Inspector	1,500.00
Trained Nurse	1,200.00
Clerical Assistant	300.00
Traveling expenses:	
Parish Health Officer	800.00
Sanitary Inspector	800.00
Nurse	800.00
Contingent fund	1,000.00
	\$10,000.00

Under the direction of the Health Officer there will be conducted campaigns for control of communicable diseases, eradication of soil pollution, child welfare work, including medical inspection of school children, and education in hygiene. This is a minimum budget. The work will not be undertaken with less money.

When public sentiment and available funds render possible other activities or more intensive work on any special line, additional personnel can best be added at the discretion of the Parish Health Officer in the light of his knowledge of local condition and needs.

Demonstration malarial control campaigns will be conducted on a similar basis with supervision furnished by the U. S. Public Health Service and International Health Board, therefore the entire appropriation will go for labor, supplies and transportation.

Malaria control campaigns were conducted on the co-operative basis last year in Bastrop, Baton Rouge and Monroe, and demonstrated that not only can malaria be controlled in a community, but that it costs less to prevent malaria than it does to suffer from it. Although it is hoped that supervision will be furnished by the Board it is expected that these communities will provide their own funds to continue to work, leaving the State's funds available for the extension of the work to other communities.

That money spent for health work is a profitable investment rather than an expense has been shown by experience wherever adequate funds have been provided.

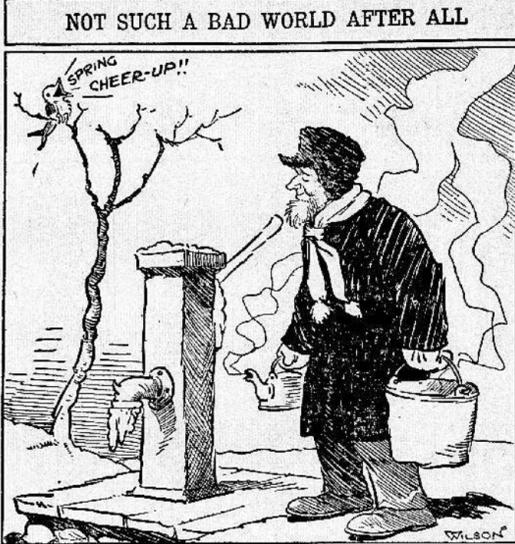
Correspondence is solicited from parish and city officials interested in protecting the health of their communities.

It may be said that part of this work is now being performed by the St. Tammany Parish Chapter of the Red Cross. But the control of communicable diseases and the eradication of soil pollution requires more money and more expert knowledge than is available under present arrangements. While we are not great sufferers from malaria, if the small risk from infection of this single disease were eliminated it would be worth more than ten times the money required to do it. The man who does things always makes enemies, but Dr. Dowling has won an enviable reputation as a health expert, not simply at home, but abroad. The work he has done for Louisiana will be recognized in the future progress of the State.

HAVE YOU PAID YOUR AUTOMOBILE LICENSE?

Secretary of State Bailey is making an appeal to the auto owner to pay his license. Under the new law there is a penalty to enforce it, and those who have paid should see to it that those who have not do so. The money goes to our roads. There is no reason why some should pay and some should ride free.

We wonder if Envy Geddes was afraid England would go to war with us if we did not cancel her debt to us or that we would go to war with her if we did not pay it.



LUCKY STRIKE
"IT'S TOASTED"

CIGARETTE

No cigarette has the same delicious flavor as Lucky Strike. Because Lucky Strike is the toasted cigarette.

PUBLIC HEALTH NURSE REPORT.

(Continued from page 1)

was begun on the 21st, and is having a weekly lesson at the Health Center. There are twenty members, many of them being mothers of school children.

On the 3d had an interview with Secretary of the Police Jury, asking him to present, at the next meeting, the case of a widow and four children, out in the Sixth Ward. The children are unable to attend school for lack of clothing. When out in the country to examine the school, near which they live, I visited the family. Have since gotten up quite a collection of good used clothing, and sent to them. Have been assured that the Police Jury will make them a monthly allowance.

On the 4th had an interview with a mother from Ramsay, who has two children with very bad throats. They were examined in the Covington school. Wrote for date at Toure for operations. Same day sent two children from Covington to New Orleans. Both had very bad throats. One was in such bad condition generally that she was sent home to build up before being operated on, and advised to stay out of school in the meantime. I am visiting her home and advising her mother generally, especially as to diet, which I find is anything but what it should be. She has had several very bad teeth extracted, and seems to be improving.

Got feeble-minded girl from Man-

deville off to Charity Hospital, where she had to receive examinations before admission to Alexander Milne Home-School for Girls. The mental age of this 15-year-old girl was found to be 6 years. She was found to be in need of treatment for hook worms after which treatment she was sent to the school. As stated in my report for December, Supt. Lyon said he would bring before the Board the matter of furnishing vaccine. At their meeting on the 7th they decided to do so for all children who wanted to be vaccinated, but not making it compulsory anywhere unless small-pox was present in the community. Since this time have gotten 190 white pupils and teachers, and 183 colored, vaccinated, making a total of 373. The Sidel physicians did the vaccinating, including Dr. Johnson, the colored physician, who did a part of the colored school. On the 11th was visited by Miss Many, of the Junior Red Cross, who straightened out its affairs in this parish. Thirteen schools have enrolled, and I have distributed the buttons, literature, and certificates, to those not supplied. On the 13th made a trip about Covington. Visited 3 patients, 13 school children who need attention, and gathered up some very good clothing which had been donated. This included a pair of shoes, two suits of underwear and an overcoat, which were given the same afternoon to a girl in need of them, and it also included a good pair of shoes which were given to the girl's mother. On the 14th, spent the day in Slidell, organizing class in Home Hygiene, finding out the number of children to be vaccinated, and making arrangements with doctors for same. Visited both white and colored schools, and also several patients. On the 17th, went to Lacombe in the afternoon. Visited child from the school there who had been to New Orleans for an operation. Mrs. FitzSimons went also, and we investigated a social service case that had been reported. On the 18th, went with Supt. Lyon and Miss Sugg on a two-day trip, spending the night in Slidell. Examined four schools—Central, Audubon, Pearl River and Robert. Found average condition of these children's teeth very much improved over last year, due to the visit of the dentist, who worked in all these schools. The improvement in the care of the teeth was very marked, especially in the Pearl River school, where the teachers are very interested in seeing that the children give daily attention to their teeth. On the 20th, visited Covington school, in which I am trying to get percentages of underweight children, and work up a Nutrition Class. Wrote Gulf Division asking that

JEWELRY

MY VALENTINE

"I pray that thou will be, not for a day, but for eternity."
—Chas. N. Douglas

ENGAGEMENT RINGS HERE

Watches Clocks Cut Glass Diamonds Stick Pins
Cuff Buttons Tie Clasps Necklaces Beauty Pins
Brooches Lavalleres Ear Rings

G. E. SURGI
SOUTHERN HOTEL BUILDING

ADVERTISING

HEY POP, DID YOU HEAR ABOUT THE BIG ACCIDENT?

NO!—WHAT HAPPENED?

YOU KNOW SETH THOMPSON WHO DRIVES THAT BIG SIX TRUCK?—WELL, HE ASK ARCHIE GRAHAM TO RUN ACROSS THE STREET AND GET HIM SOME CIGARETTES.

DID ARCHIE GET HURT?

NOPE!! ARCHIE CAME BACK ACROSS THE STREET AND SAID THEY WOULDN'T SELL HIM ANY CIGARETTES.

WELL, WHERE DOES THE ACCIDENT COME IN?

WHY SETH THEN GOT DOWN OFF THE TRUCK AND RAN OVER HIMSELF!

YOU BETTER GET!

CLASSIFIED ADVERTISEMENTS

- Foreign Advertising Representative
THE AMERICAN PRESS ASSOCIATION
- FOR SALE**—Dodge touring car, new top, battery and tires, in good mechanical condition, for \$450 to a quick buyer. Apply "Dodge," care of this office. \$15
- FOR SALE**—1 pair good mules, 5 head horses. All broke to drive. H. J. Smith's Sons. au21
- FOR SALE**—Two mules and one second-hand delivery wagon with top. J. M. Aouelle & Sons, Covington, La. f12
- STRAYED**—From the Florenville Camps, at Florenville, La., on Tuesday, Jan. 18th, one black female puppy, answers to name of William, has white streak on face and white spot on back of neck, has two white feet and white spot on tip of tail. When last seen was on Military Road, going toward Abita Springs. Finder will please return same to owner and receive reward. Mrs. M. A. Artus, owner. f5-4t
- FOR RENT**—Five rooms, sanitary bath, toilets, lights, etc. See A. D. Schwartz. f12
- WANTED**—To purchase or rent a small, modern cottage, furnished. Phone 376. f12
- Will swap first-class "Rosewood Guitar," finger-board inlaid with pearl ornaments, pearl inlaid around sound hole, ivory bound edges, peg bridge, for a first-class kodak taking post card size pictures. No trash wanted. Address Box 453, Madisonville, La. f12
- FOR SALE**—Barré Rock eggs, Thompson strain, bred to lay, \$3 for 15; eggs from choice Rhode Island Reds, \$1.50 for 15; fresh yard eggs, 60c per dozen; baby chicks, 25 cents each; 500 white chrysanthemum plants, 50 cents per dozen; sugar cane seed. J. M. Powe, Phone 304, Box 42, Covington. f12-2t
- FOR SALE**—Eggs for setting, registered S. C. and R. C. Rhode Island Reds, \$2.50 per setting of 15 eggs. Six S. C. Rhode Island Red cockerels, \$3.50 each. Mrs. O. M. Birch, 104 First street, Covington. f12*
- FOR SALE**—Young horse, cheap; gentle, walks anywhere. Mrs. O. M. Birch, 104 First street. f12*
- arrangements be made to send a trained Recreation Worker to the teachers' institute to be held Feb. 4th and 5th. This was at the request of Supt. Lyon.
- On the 21st, went to Slidell. Began class in Home Hygiene. Visited a widow and two boys, a social service case. Visited three doctors and three schools. Made arrangements for examination of Our Lady of Lourdes School.
- Returned to Slidell on the 24th, examining the Iboucoua school in the morning, and assisting Dr. Griffin with examination of the Catholic School in evening. Upon the doctor advising exclusion of all children from homes where measles were present, Father Benedict decided to close the school for a while, as there were quite a few cases. One suspicious case was in the school at the time.
- On the 27th a man from several miles out in the country, reported a case of a woman, sick and in want. Mrs. FitzSimons went out to see her that afternoon, found her in bed and alone save for a small granddaughter the husband being at work. Mrs. FitzSimons washed the dishes and cleaned up the kitchen, while I gave a bath to patient. They were fairly well supplied with food and clothing, and not in want. A sister is coming to do what is necessary.
- On the 28th, regular day in Slidell, visited high school and the colored school. Gave talks at both on measles and germs. Sent from school one suspicious case. Conducted class in Home Hygiene, and visited one patient.
- Number of cases under care first of month, 41; new cases, 12; re-admitted cases, 1; total for month, 54; cases dismissed, 15; cases remaining, 39; nursing visits made, 35; infant welfare visits, 3; prenatal visits, 1; tuberculosis visits, 15; visits to schools, 18; home visits to school children, 28; social service visits, 6; other visits, 21; total visits, 127; talks given, 33; pupils examined, 719; pupils vaccinated, 355; discharged as cured or corrected, surgical, 1; medical, 1; dental, 1; ocular, 1; excluded because of contagion, 2; discharged to other agencies, 1.
- Respectfully submitted,
JANELLA LANSING,
Public Health Nurse.
- FOR SALE**—High top buggy, pretty, new, cheap. One set buggy harness, cheap. J. M. Ballard Goodbee, La. j15
- FOR SALE**—Barré Rock eggs for setting, \$1.50 per setting. Orders taken at Hebert's Grocery. f5-2t*
- FOR SALE**—Rhode Island Red Cockerel at \$5. Rhode Island Red eggs for setting, \$3 for 15. The Ozone Poultry Yard, C. M. Brown, Prop., Box 61, Covington. j29-4t
- FOR SALE**—1-8 h.p. motor, new, never used. Apply to W. H. Kentzel, Covington, La. d11-f
- FOR SALE**—Champion X spark plugs, 70c each; Ford fan belts, 20c; 30x3 inner tubes, \$2.25; 35x3 1-2 inner tubes, \$2.75; 32x3 1-2 inner tubes, \$3.25; 32x3 1-2 casings, \$1.6; headlight bulbs, 30c; Monkey Grip, \$1 size, 70c; assorted Ford wrenches, 50c each; blow-out patches, 35c up. L. T. Ragan, 512 Lockwood St., Covington, La.
- FOR SALE**—Good FARM—GOOD LOCATION. 80 acres, new 4-room house, hall, front and back gallery, barn and chicken house, pump water, 1-1-2 miles this side of Onville on the Covington-Onville Model Road, 6 miles from Covington; 60 acres under good hog wire fence, 25 acres cultivated; high, rolling land. Price only \$1400. House insured for \$700, premium paid for two years. This property is well located in one of the best farming sections of the parish. A great bargain. See me. J. E. Glisson, Covington, La. j23
- I HAVE A GOOD SUPPLY OF YOUNG HORSES, MARES AND MULES ON HAND AT REASONABLE PRICES. ED. BRUNETT, PHONE 235, COVINGTON. oc24**
- WANTED**—People to know that I have for sale at my farm in Covington A-1 home-made cane syrup, absolutely pure and wholesome. \$1 per gallon at the farm. J. H. Warner, 21st Avenue. d4tf
- Just received a shipment of new print linoleum. To introduce this new floor covering we have cut the price to 75c a yard. Highest cash price paid for used furniture. Elmber's Furniture Exchange, 422 Columbia Street. j15
- FOR SALE**—Second-hand piano, cheap. Apply Miss Barnett, at the Bodebender place, 19th and Jefferson Avenue. j29
- FOR SALE**—80 acres, 4 room box house, barn, 6 bearing pecan trees, 3 acres planted in cane, 1 horse, 4 head of cattle, 3 brood sows, 16 head of goats, 75 chickens, 2 1-2 miles from Abita on Tailhook road. Price \$1700. Apply to Emil Purkiser. j23-3t*
- FOR SALE**—Stove wood and fat pine. 200 fat pine post. W. E. Badon, 415 Lockwood street, Covington. j612.
- FOUND**—A place to have my auto repaired. All work guaranteed. Liberty Garage, at Hall's old stand on Columbia street. Ezell & Warner, proprietors. j8-8t*
- FIRST-CLASS DRESSMAKING and SEWING**—Special attention to fitting and excellence of finish. Also button-holes made by machinery, one cent each. Hours: 9 a. m. to 4 p. m. Mrs. O. M. Birch, Covington, La., 104 First street, corner of Columbia. Phone 329. oc8-ft
- 666 quickly relieves Constipation, biliousness, loss of appetite and headaches, due to torpid liver.—Adv.

"HITCH ONTO A STAR."

Man is the architect of his own destiny, creator of his own environment, and fixes his own limitations. He, being a free moral agent, is privileged to map out his own course, to accept or reject opportunities, to build a strong moral character or debase his talents and become a self-conscious nonentity. Fortunately life is made up of successes and failures. The reverses, if properly met with courage, can be converted into successes provided we successfully overcome them and not allow them to master us. Every time a man yields to temptation he is weaker; every time he fails to yield to temptation he is stronger. We all recognize these as patent facts.

Good resolutions are good only when they are put into practice. There is not a moral delinquent in the land today who really intended to yield to greed and passion until he reached the depths of despair and degradation. There is not a spendthrift today, penniless, down, if not entirely out, but who promised himself many a time that he would stop his useless extravagance. The Prodigal Son, when he demanded of the father his part of the estate and left home, did not expect to land in the swine pen and eat husks with hogs before he quit his folly. No man expects to persistently fail to meet his obligations promptly until his credit is impaired, but he puts off calling and settling with his creditors time and again until it becomes a habit, and he is classed by the business world as "hard pay." Of course there are times when practically every man is strained to pay all he owes, but he can go to his banker or merchant, after receiving a statement, and if he can't pay all, or can't pay any at that time, make proper arrangement, and thus keep his credit good.

When property is camping around every man's fireside, when work is plentiful at a high wage, when everybody and every concern is flushed with the coin of the realm, when many can get along without much effort. The past few months with stringency of money and deflation of values, have simply "put men to the test."—As the man who fails to yield to temptation becomes stronger, so with the farmer, banker or merchant, who stems the tide now, will come through it all stronger in courage, his hope strengthened, and his will will become more powerful. Things in general are already brightening up. Within a short time business will take on new life on a normal plane, and the people will settle down to real work.

We all realize more keenly now the absolute need of co-operation. No man can win alone. It will take the united spirit and purpose of ALL to make a good job just now. If you expect the merchant to be helpful to you, you must be helpful to him. You must trade at home and help your community by doing your best toward every man and every home institution. Plan together, counsel together, and work together; that's the big idea.

A good resolution: "I hereby resolve to do my best for myself, for my town, for my country and for my home merchants. I can be counted on to support every worthy cause for the upbuilding of my community—morally, socially and financially."

- FRANK PATECEK.
- BULLOCH'S DRUG STORE.
- SHEPHERD GROCERY SHOP.
- PAUL J. LACROIX.
- FRANK P. MARSLAN.
- CONSUMERS' ECONOMY.
- J. A. BURNS & CO., INC.
- J. C. DOMERGUE.
- C. E. SCHONBERG.
- BURNS FURNITURE COMPANY.
- ALEXIUS BROS. & CO., INC.
- SMITH HARDWARE CO., LTD.
- COVINGTON GROCERY & GRAIN COMPANY.
- H. J. SMITH'S SONS.
- CITY CASH STORE.
- COVINGTON BANK & TRUST CO.
- MAKIE PINE PRODUCTS CO.
- HEBERT GROCERY COMPANY.
- D. I. ADDISON.
- RICHARD & RIGGS.
- F. G. C. AUTO SHOP.
- COMMERCIAL BANK & TRUST CO.
- ST. TAMMANY HAY AND GRAIN WAREHOUSE.