

AND WITHOUT HER THE TRIP'LL BE SPOILED!



HAMBONE'S MEDITATIONS

WHITE FOLKS PARSON SAY DE MAN WHUTS 'LIGIOUS IS AP' T' BE HAPPY BUT AH SPEC' EF HE WHUT DEY CALLS SAC'LIGIOUS HE SHO DO BE JOYFUL!



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ADVERTISER



The St. Tammany Farmer

D. H. MASON Editor and Proprietor Entered at the Covington postoffice as Second-Class Matter.

EDITORIAL COMMENT BY D. H. MASON

NO INTENTIONAL WRONG DOING.

To turn a mole hill into a mountain requires only a well developed imagination and a supersensitive predilection to harrowing sensations. It is unfortunate that most happenings of a shocking nature or unusual occurrence reach the public in a distorted and inaccurate form.

St. Tammany parish has had the handling of \$750,000 without the least suspicion of a single cent being diverted from the legal channel of its expenditure, first in the hands of a duly constituted road commission and later under the direct charge of the police jury and its commission of three.

Last week, however, it was reported that members of the police jury had been receiving mileage allowance above what the law allowed them, and rumor soon gained credence that something was crooked.

Lewis L. Morgan, counsel for the Police Jury, in response to a letter from President Howze, makes this statement:

"Mr. Martindale [the secretary], moreover, informs me that no one had ever intimated to him the law had been amended in respect to the mileage police jurors were entitled to receive, and consequently, he continued to allow the members ten cents per mile.

There is one lesson to be learned from this experience, however, and that is, that care should be taken to become familiar with all laws constituting the authority and government under which the body is working.

WHAT WILL THE FARMERS GET OUT OF OUR ROADS?

Hundreds of autos skim over our roads daily, many of them simply on pleasure trips. We have heard farmers say, "That's what we pay taxes for—so the people can have fun."

Prosperity is made up of general conditions, and these conditions are so linked together that an injury to one may change all the others. If a small town had a factory that employed a thousand hands and the factory shut down, the town might be utterly ruined.

So it is with our good roads. It may seem that the direct interest of the farmer is out of proportion to the taxes he has to pay, but the fact is that good roads mean as much to the farmer as to any town in the parish.

More than anything else at present the farmer needs organization. The business men appreciate this fact as well as a large number of the farmers. We want standardization of products, systematic handling and a better understanding of markets and marketing.

The following editorial from the New Orleans Item speaks of the progress of organization:

Eight months ago a number of grain-growers from the middle western states met in Chicago to consider how they could save themselves from the slump in prices. They decided to erect a new co-operative marketing plan to take effect next year.

This is only one of a large number of agencies which are calling the farmers together for co-operative marketing. The United States Farm Market Bureau, built up on plans matured by the Department of Agriculture, has brought a number of other co-operative agencies in line and the reproach that the farmer is unable to co-operate for his own good will speedily be removed.

THE MERCHANT AND HIS PATRONS.

A. W. Hayes, Ph. D., representing Tulane University School of Social Science and the United States Agricultural Department in the gathering of statistics and information of sociological and psychological value in the study of the relationship of rural and urban populations, their duties and responsibilities, etc., was in Covington this week.

day is passing when the successful business man can afford to be wrapped up in the money in his bank. The new successful business man must not only be a success in his business as a money maker, but he must be a success as a community builder and social uplifter.

To-day, perhaps, the average merchant has given little thought to his responsibility to his community. He has considered that if he sold his goods as cheap as his competitors, has not profiteered on his patrons and has met his financial obligations promptly, then he has cleared a nice, broad road to the habitat of the "who's who."

Mr. Hays holds the merchant's responsibility in social betterment much above the ordinary conception of this responsibility. The statistics he is now gathering will be useful in finding a means for putting into operation plans for social improvement.

THE SERVICE OF OUR POSTAL DEPARTMENT.

While the campaign for an early mailing of Christmas packages relieved the situation considerably, yet the Covington postal department was worked to the limit in taking care of the business. Monday preceding Christmas one hundred sacks of mail were handled, and the affairs of the office were so conducted that no mail was delayed and all registered packages were promptly handled.

We are proud of you and your force, Mr. Postmaster, and we wish you and them a prosperous and happy New Year.

BECOMING ACQUAINTED WITH THE ENEMY TUBERCULOSIS.

(Prepared by the National Tuberculosis Association)

HAVE you ever heard of tuberculosis, consumption, "T. B.," or "con"? Of course you have. More than 150,000 people in the United States die of it each year, and most of us know someone who has it.

It is a serious matter, this having consumption, and yet it is a simple thing to steer clear of. It requires a little will-power, of course, but what is that compared to spending months in bed? Suppose to-day we learn how to prevent consumption. There are a few things about it that all of us should know.

How We Get Tuberculosis.

We get tuberculosis for two reasons. First, because someone who already has it has been careless, and second, because our own bodies may be in poor physical condition.

Consumption is caused by a germ. These germs are many times too small for us to see without a microscope. They usually enter the body through the nose and mouth. They are carried on articles of food, on our hands, and in the air we breathe.

Where Do the Germs Come From?

Consumptives who spit on the floor or on the sidewalks scatter germs by the millions. They are picked up on the hands or breathed in, and thus enter the bodies of well people. That is the commonest way they are spread. But many people have consumption and do not know it. It is therefore important that no one should spit, sneeze and cough anywhere except in a handkerchief which can be washed in boiling water.

How To Keep Well.

The best way to make sure not to get tuberculosis is to keep the body strong enough to fight the germs. This is easy enough if we will take a little trouble. And it is much easier to go to a little trouble in keeping well than to spend many months and a great deal of money in getting well. Here are the most important rules for keeping well. They are easy enough.

Food—Eat nourishing food, but not always the same food. You should have vegetables, like peas, beans, lentils, potatoes, spinach, lettuce, carrots, spaghetti or corn. You need a moderate amount of meat. You should always eat bread, oatmeal, rice, barley, wheat and other cereals. Milk is especially good for children. And above all, drink plenty of water.

Sleep—Get at least 8 hours' sleep out of every 24. Sleep at night is best, but if you must work at night, then 8 hours' sleep in the day is the next best thing.

Fresh Air—Sleep with your window wide open winter and summer. Get all the fresh air you can during the day.

Exercise—Exercise is important. Walk to work if it is not too far. If it is, then take some form of exercise for at least 15 minutes every day. Take a walk outdoors after eating lunch if you can.

Overwork—Don't overwork. Eight hours a day is enough if you wish to stay well. Extra work requires extra sleep. You need time to play as well as to work and sleep.

Cleanliness—Always wash your hands before eating. Wash all raw fruits and vegetables before you eat them. Germs are often transferred to food by dirty hands. Keep pencils, nails and other articles that are unclean out of your mouth.

Take at least two baths a week. A clean body makes the best fight against the attack of germs.

Medical Examination—Finally, and this is most important, go to a doctor once a year for a complete physical overhauling. Perhaps you feel fine, but there may be some slight trouble that will develop into a serious illness later if it remains neglected. The doctor knows best how to find these little troubles.

Call on a good dentist every six months. Good teeth are necessary to good health, and you will save yourself pain and money by having them looked after.

Tuberculosis Can Be Cured.

There are about a million active cases of tuberculosis in this country right now. If these folks had taken care in time they could all have become well, but for some it is now too late. There are certain symptoms that are danger signals which all of us should know about so that we can be on guard when the germs first attack us.

Be Warned in Time—What are these signals? They are: loss of weight, loss of appetite, continued tired feeling, cough or cold lasting longer than two weeks, night sweats.

If you have any or all of these, go to-day to the best doctor you know, to the nearest clinic, or health center.

How To Get Cured.

Follow the doctor's directions. If you learn that you have tuberculosis, go to a sanatorium. Whatever you do, take no advertised consumption cures. They are all fakes.

Rest, fresh air, good food, a cheerful disposition and good habits are the only known cure for tuberculosis. Be sure that you have a good combination of all four, and you will get well, provided you start in time.

Finally—Your local tuberculosis association can help you. Ask them to show you how to make a good fight for health. And follow no one's advice but your doctor's and theirs.

CLASSIFIED ADVERTISEMENTS

WANTED—Household servant, female. Apply at 1517 Jackson street, phone 284. d31
FOR SALE—Large spring wagon, \$25.00. H. Alonzo, Abita Springs, La. d31
FOR SALE—Lot 15, Division of St. John, square 11, 60 feet on Columbia street, between Boston and Rutland, and 170 feet to an alley. Would give long lease. Easy terms. J. A. Harral 126 Carondelet street, New Orleans. d31 ff
STOCKHOLDERS' MEETING. The annual meeting of stockholders of the Commercial Bank & Trust Company, for the purpose of electing directors for the ensuing year, 1922, will be held at the office of the bank on Tuesday, January 10, 1922, at 11 o'clock, a. m. J. O. ZURHELLEN, Cashier. d31-2t
FOR SALE—Stove wood and fat pine. 200 fat pine post. W. E. Badon, 415 Lockwood street, Covington. Je12.
SHERIFF'S SALE. Charles Russel, Jr., vs. Peter Ross. Twenty-Sixth Judicial District Court, Parish of St. Tammany, Louisiana. Notice is hereby given that by virtue of a writ of seizure and sale bearing date November 28, 1921, issued out of the honorable aforesaid Twenty-Sixth Judicial District Court, and to me directed, I have seized and will offer for sale to the last and highest bidder, at the principal front door of the courthouse in the Town of Covington, Parish of St. Tammany, State of Louisiana, between legal hours for judicial sales, on Saturday, February 4, 1922, the following described property, to-wit: 1st. All that certain lot of ground in the Town of Mandeville, Parish of St. Tammany, State of Louisiana, with the buildings and improvements thereon, and all rights, ways, privileges, servitudes and appurtenances thereunto belonging or in anywise appertaining, situated in Square No. 2, bounded by Lake, Claiborne and Girod streets, and Washington and Marigny avenues, in the Town of Mandeville, Parish of St. Tammany, State of Louisiana. Said portion of ground has a frontage of 67 feet on Lake street by a depth of frontage on Girod street of 88 feet, between parallel lines, forming the corner of Lake and Girod streets, together with the privilege of using water from lot . . . square No. 2, known as Desommes. 2nd. All of that piece or parcel of land lying and being situated in the Town of Mandeville, Parish of St. Tammany, State of Louisiana, and more particularly described as commencing 88 feet from the corner of Girod street and Lake street, thence running towards Claiborne street 47 feet by a depth of 87 feet between parallel lines, together with all the buildings and improvements. Terms of Sale—Cash, without appraisalment. WALTER GALATAS, Sheriff. d31-6t
TO WHOM IT MAY CONCERN. I intend making an application for a pardon. HARRY FORBES. d3-3t
CALOMEL SALIVATES EVEN WHEN CAREFUL. Treacherous Drug Can Not Be Trusted and Next Dose may Start Trouble. Calomel is dangerous. It may salivate you and make you suffer fearfully from soreness of gums, tenderness of jaws and teeth, swollen tongue, and excessive saliva dribbling from the mouth. Don't trust calomel. It is mercury, quicksilver. If you feel bilious, headachy, constipated and all knocked out, just go to your druggist and get a bottle of Dodson's Liver Tonic for a few cents which is a harmless vegetable substitute for dangerous calomel. Take a spoonful and if it doesn't start your liver and straighten you up better and quicker than nasty calomel and without making you sick, you just go back and get your money. If you take calomel today you'll be sick and nauseated tomorrow; besides, it may salivate you, while if you take Dodson's Liver Tonic you will wake up feeling great. No salts necessary. Give it to the children because it is perfectly harmless and can not salivate.—Advertisement. Advertising in The Farmer pays.

To Wish All Our Friends and Patrons a Happy and Prosperous New Year ROBERT L. AUBERT CO., INC. INSURANCE AGENCY

You Are Not Too Late TO JOIN OUR CHRISTMAS SAVINGS CLUB Eliminate Debt from Your Christmas Thoughts by Joining Today Clubs Pay \$250, \$127.50, \$100, \$50, \$25.50, or less, according to the class you join. STICK THIS REMINDER IN YOUR HAT AND JOIN TODAY SECURITY SERVICE COMMERCIAL BANK & TRUST CO. COVINGTON LA. COURTESY ACCURACY COVINGTON MANDEVILLE