

HE WAS A TEETOTALER.

How a Poor Irish Car Driver Influenced a Doctor of Divinity.

The following narration is made in "The Life of Dr. Thomas Guthrie," by his son, of the conversion to total abstinence of the great divine and writer of the Scottish church. During the remainder of his long life Dr. Guthrie was an indefatigable preacher against intemperance and was the originator of ragged schools, which became a national feature. He was ever a pioneer in reform movements, and not only Great Britain but the world owes much to his loyalty to advanced thought and the clear vision with which he worked for the future.

"I was first led," he told a temperance meeting in Belfast in 1862, "to form a high opinion of the cause of temperance by the bearing of an Irishman. It is now some twenty-two years ago. I had left Omagh on a bitter, biting, blasting day, with a lashing rain, and had to travel across a cold country to Cookston. Well, by the time we got over half the road we reached a small inn into which we went as sailors in stress of weather run into the first haven. By this time we were soaking with water outside, and as these were the days not of tea and toast, but of toddy drinking, we thought the best way was to soak ourselves with whisky inside.

"Accordingly we rushed into the inn, ordered warm water and got our tumbler of toddy. Out of kindness to the car driver we called him in. He was not very well clothed—indeed he rather belonged in that respect to the order of my ragged school in Edinburgh. He was soaking wet, and we offered him a good rummer of toddy. We thought that what was sauce for the goose was sauce for the gander, but the car driver was not such a gander as we, like geese, took him for. He would not taste it. "Why," we asked, "what objection have you?" Said he, "Plaze, your riv'ence, I'm a teetotaler, and I won't taste a drop of it."

"Well, that stuck in my throat, and it went to my heart, and in another sense than drink, though, it went to my head. Here was a humble, uneducated, uneducated Roman Catholic carman, and I said, 'If that man can deny himself this indulgence, why should not I, a Christian minister?' I remembered that, and I have ever remembered it to the honor of Ireland. I have often told the story and thought of the example set by that poor Irish man for our people to follow. I carried home the remembrance of it with me to Edinburgh. That circumstance, along with the scenes in which I was called to labor daily for years, made me a teetotaler."

HOW TO WORK THE BRAIN.

But This Scheme of Life is for the Independent Only.

A healthy person does not need an afternoon nap. If a man finds himself napping at that time, either he has eaten too much at his midday meal or his cerebral circulation is feeble.

It is the universal habit of the pig that is being fattened to sleep in his sty after his midday meal. The working horse, on the other hand, which gets nothing at midday but a feed of corn—does not sleep at all after it, but is fresh and ready for work in half an hour.

One would like to persuade all literary workers to work in the day and sleep in the night. They should never go for more than eight hours a day. Early rising would be good for most of them. A cup of coffee and a piece of toast at 6:30 might be followed by an hour's work from 7 to 8. The whole hour between 8 and 9 should be devoted to a thoroughly good breakfast and a short walk. Work from 9 to 12.

Half an hour should then be spent in gentle sauntering in the fresh air, and a light lunch should follow—say a chop and bread, with a modicum of light pudding, accompanied by a small glass of lager beer. From 1 to 2 a pipe and a saunter, and at 2 a cup of black coffee. From 2 to 4, work; at 4, a cup of afternoon tea and a rest until 5. From 5 to 6 or 6:30, work, and at 6:30 the real labors of the day should be over and completed.

At 7, a good, well cooked, appetizing, slowly eaten dinner, followed by one cup of black coffee, but no tea. At 10:45 a small cup of cocoa and one or two pieces of toast. At 11, bed, and sleep to 6 or 6:30. The brain worker should not work more than five days a week in this fashion. He should have two days of leisure in the week.

The first of these should be devoted to brisk and thoroughly fatiguing exercise in the open air, and the second to lolling, lounging, a little light reading and the like. This is the life which physiology would suggest for the brain-worker, and in this "scheme of life" there is neither place nor necessity for the afternoon nap.

How to Relieve Deafness.

Stew two ordinary handfuls of garden sweet clover thoroughly in half a pint of hen's oil. After straining carefully put four drops in the ear every morning immediately after performing your ablutions. This treatment will give great relief if persisted in, and if the deafness be recent it will usually cure it. By bottling this preparation it may be kept indefinitely.

Will Make the Row Get Up.

Mrs. Bunting—Are our theater seats next the aisle?
Mr. Bunting—No, they are at the other end of the row.
Mrs. Bunting—Then we'll go late.—
Truth.

General Advertisements.



A Big Week! HAWAIIAN STAR.

That's what it is at King Bros. Art Emporium, a big week for the house, and a bigger week for buyers of everything in their line. This week they have an especially fine display of pictures, artists' supplies, mirrors, photograph albums, wall brackets and easels, plush fancy goods and novelties, the latest styles of mouldings for framing and cornices, a full line of window pole cornices, etc. Now is the time to have portraits enlarged in crayon or india ink by first class artists at lowest rates.

King Bros.

HOTEL STREET 113-11.

Aim at the Drake

And you are bound to hit some of the ducks. This is precisely the same with

Wampole's Tasteless Preparation

OF Cod Liver Oil.

Wampole's Tasteless Preparation

It aims to cure Consumption, Hits the Mark, too, and it most effectually breaks up Colds, Coughs, Hoarseness and all Throat and Lung troubles that cause this disease.

It is natural logic to conclude that if WAMPOLE'S PREPARATION OF COD LIVER OIL has power to prevent Consumption, it surely is able to cure these lesser emergencies.

This vigor-making, fat producing preparation is Absolutely Tasteless, in so far as Cod Liver Oil is concerned. All you notice is a delightful flavor of Wild Cherry and Anise.

But the purest Norwegian Cod Liver Oil is there all the same. It is a great blood enricher. Best of all it is a natural food that in its stomachic effects, actually assists its own assimilation.

In Pulmonary or Bronchial troubles it is unequalled. No one doubts the value of Cod Liver Oil, but not every one is able to take it.

WAMPOLE'S PREPARATION removes the nauseous objection and actually makes Cod Liver Oil palatable.

KEPT IN STOCK AND SOLD BY HOLLISTER & Co. Druggists.

109 FORT STREET, HONOLULU.

The Central Market.

Always have on hand choice Beef, Mutton, Veal and Poultry. We make Sausages a specialty. Give us a trial and be convinced. We have the best. Our Corned Beef is of the very best.

WESTBROOK & GARES, Proprietors. Both Telephones 104-98-11

Club Stables Co.

S. F. GRAHAM, MANAGER. Livery, Feed and Sale Stables. FORT STREET, BETWEEN HOTEL AND BERETANIA. BOTH TELEPHONES No. 477.

Connected with Hack Stand Corner King and Bethel Sts. BOTH TELEPHONES, No. 113

General Advertisements.

THE

STAR.

The STAR now has the largest circulation of any evening paper, and is gaining ground daily.



In its new form, the paper will print as much reading matter as any other Hawaiian journal, and will report the news of its entire parish with freshness and accuracy.



Editorially the STAR is an outspoken and consistent advocate of annexation to the United States.



The paper will be delivered at any house in Honolulu for 50 cents per month.

THE

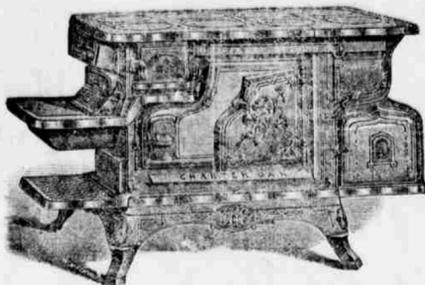
STAR.

General Advertisements.

H. E. MCINTYRE & BRO., IMPORTERS AND DEALERS IN Groceries, Provisions and Feed EAST CORNER FORT AND KING STREETS.

New Goods received by every packet from the Eastern States and Europe. Fresh California Produce by every steamer. All orders faithfully attended to, and Goods delivered to any part of the city free of charge. Island Orders solicited. Satisfaction guaranteed. Post Office Box No. 143. Telephone No. 92.

JOHN NOTT.



Wrought Steel Ranges, Chilled Iron Cooking Stoves.

HOUSEKEEPING GOODS:

AGATE WARE (White, Gray and Nickel-plated), PUMPS, WATER AND SOIL PIPES, WATER CLOSETS AND URINALS, RUBBER HOSE AND LAWN SPRINKLERS, BATH TUBS AND STEEL SINKS, O. S. GUTTERS AND LEADERS, SHEET IRON, COPPER, ZINC AND LEAD, LEAD PIPE AND PIPE FITTINGS.

Plumbing, Tin, Copper and Sheet Iron Work.

DIMOND BLOCK: 95-97 KING STREET.

New Furniture Store, ROBINSON BLOCK.

Hotel Street, between Fort and Nuuanu Sts.

Is now opened for business, and has in stock the finest assortment of ANTIQUE OAK BED ROOM SETS, CHIFFONIERES, SIDEBOARDS, EXTENSION TABLES, Etc.

Reed and Rattan Furniture.

UPHOLSTERY.

Fine Spring, Hair, Wool, Moss and Straw Mattresses; Live Goose Feathers and Silk Filling for Pillows. Special attention called to our latest style of WIRE MATTRESSES, the best and cheapest ever brought to this country. Fine Lounge and Sofa Beds, at San Francisco prices. Complete assortment of Baby Carriages, Cribs, Cradles, and High Chairs.

Cornice Poles in Wood or Brass Trimmings. We make a specialty of Laying Matting and Interior decorating. Furniture and Mattresses Repaired by First-Class Workmen. Cabinet Making in all its Branches.

A trial is solicited. Lowest Prices Prevail.

ORDWAY & PORTER, 91 1/2 BELL, 525. TELEPHONES. MUTUAL 645.

Genuine Clearance Sale!

All Goods in our Large and Varied Stock Market Down to the Lowest Prices.

Brewer Block. EGAN & GUNN. 514 Fort Street. Call and see the bargains we are offering.

Grand Display

SUMMER NECK-WEAR.

SPECIAL SALE

FOR ONE WEEK.

100 doz. Four-in-hand Ties, 25c. Good value at 50c. 100 doz. Four-in-hand Ties, 35c. Good value at 75c.

H. S. TREGLOAN & SON.

General Advertisements.

M. W. McCHESNEY & SONS, AGENTS

Honolulu Soap Works Co

PURE

Laundry Soap

42, 56 and 63 bars to case— One Hundred Pounds.

HIGHEST

PRICE

PAID

FOR

TALLOW!

M. W. McCHESNEY & SONS,

Wholesale Grocers,

HONOLULU, H. I.

A FULL LINE

— OF —

GROCERIES

Always on Hand.

FRESH GOODS

Per Every Steamer and Sail.

SPECIALTIES!

Cheese, Lard, Hams, Butter, Codfish, Milk, Onions, Crackers, Potatoes, Salmon, Macaroni, Corn Meal, Pickled Skipjack, Alvicore, Herrings, Flour, Grain and Beans.

Saddle Leather, Harness Leather

AND ALL KINDS OF

Leather and Nails for Shoemakers.

Hawaiian Wine Co.

FRANK BROWN, MANAGER, 28 and 30 Merchant Street, Honolulu, H. I. 70-17

CHAS. F. PETERSON.

Typewriter, Conveyancer and Notary Public.

Office over Bishop's Bank.

M. H. LOHEIDE, Sign & Ornamental Painter BELL TELEPHONE 152

All Orders Promptly Attended to 62-11

Hard Times Mean Close Prices To House Keepers.

If you are in need of any New or Second-hand FURNITURE, RUGS, STOVES, SEWING MACHINES, Etc., call at the

I X L

Furniture & Commission House, Corner Nuuanu and King streets. 18-11

General Advertisements.

IT IS EASY

TO BRAG

but decidedly of more value to have Your Work speak for itself.

We base our claim upon the actual Results obtained in the past, in the correction of all visual defects, no matter how complicated.

We grind lenses specially needed for complicated cases, insuring an absolute fit.

Is this of any value to you, or do you prefer buying your Glasses at haphazard, not knowing if they help or injure your eyes.

Would you give your eye sight for all you possess? Not if you know it. Then give them proper care while you have them; and when you feel they need attention, always consult

H. F. WICHMAN

SCIENTIFIC OPTICIAN, 517 Fort Street.

The Palace Ice Cream Parlors,

HOTEL STREET, HONOLULU.

Ice Cream, Sherbets, Ice Cream Soda A Choice Assortment of French & Plain Mixed Candies

Coffee, Tea or Chocolate with Sandwiches, served at all hours.

65-17 Mrs. ATWOOD, Proprietress.

SEWING MACHINES

Call in and examine the

NEW BUTTONHOLE MACHINE

And our new stock of

Fine Singer Sewing Machines.

B. BERGENSEN,

GENERAL AGENT,

Bethel Street, Honolulu, Damon Block.

Repairing Done.

THOS. G. THURM'S

UP TOWN

Stationery & Book Store

106 Fort Street.

Still keeps on hand a varied stock of Office, Commercial and Fashionable Stationery, consisting in part of Engraving and Legal papers and wrappers, Flat and folded Cap, broad and narrow Bill, Statement, Journal and Ledger papers; Linen and other letter and note papers in fold or tablet form, with or without envelopes; Island View Letter paper and View Note Paperettes; Correspondence, Menu, Ball and Visiting Cards, etc., etc., replenishing the same from time to time and adding novelties as they appear.

Books—Besides a full line of Blank Books, in the various sizes and bindings—Time Books, Log Books, Agents' and Notaries' Records, Receipts, Note and other form books, Memo, and Pass Books, the variety of Miscellaneous Works, Teachers' and other Bibles, Children's books, and other Toy Books, etc., etc., invites attention.

Special Import Orders for Books, Music, etc., made up Monthly.

News—The News Department has careful attention for prompt forwarding of all periodicals. Subscriptions entered at any time and periodicals not regularly received will be ordered as desired.

All Subscriptions Payable in Advance.

A large stock of Seaside and other libraries on hand, and new Novels received by every mail. Artists' Drawing Materials, and a full supply of Winsor & Newton's oil colors, brushes, canvas, stretchers, etc., kept on hand or procured on short notice.

Albums in their several kinds, Work Boxes and Baskets, Toilet and Manicure sets, Vases, Card Receivers, Leather Goods, Parlor games and Toys in variety, Dolls and Doll sundries.

Base Balls, Bats, Masks and Gloves

For all aspiring enthusiasts in the profession; all grades.

Binding—The Book Binding and Paper Ruling Department still fills all orders entrusted to it in the manufacture of special work, including plain and intricate ruling, map mounting, paper cutting and blocking, etc. Music bound with care.

Printing—Printing orders of all kinds, executed in first class manner. In all the above lines in which T. G. T. has been for over twenty years identified in this city, he invites correspondence, and guarantees prompt and careful attention to all orders entrusted to him.

In making up an order, see that it includes a subscription for yourself and for one or more relatives or friends abroad to "THE FRIEND" the oldest paper published in the Pacific, Rev. S. E. Bishop, Editor, published monthly, at \$2 per annum, devoted to the religious and educational interests of these islands, as also a recorder of political and other current events. Sample copies mailed to any address. A limited number of advertisements inserted at reasonable rates.

The Hawaiian Annual now in its Nineteenth year, and acknowledged not only as the best authority on all information pertaining to the islands that residents should know and strangers invariably ask, but the only reference book of Hawaiian statistics, and annual recorder of current and reminiscence events. There are homes probably in this land in which it is unknown, except by name, and there are numerous friends abroad to whom this publication would afford untold satisfaction for the fund of reliable information it imparts in its one hundred and fifty or more pages, with nothing of the "Guide Book" gush about it. Price per copy to any address in these islands 75 cents; or mailed to any address in the Postal Union for 85 cents each.