

tan documents and a half-dozen... shadow over the bowed forms. Their work was accomplished; the pilgrims was a thing of the past.

From Epworth the party separated. Some returned to London and others to their homes. Many visited the City Road chapel, where a statue of the great religious leader was unveiled...

HOOSIERS IN 'SUNNY ITALY' A Land That Has Peculiar Fascination for Travelers from the Western World.

Turin Found to Be Comparatively Modern in Contrast with the Antiquity of Genoa—Pisa and Its Famous Leaning Tower.

Correspondence of the Sunday Journal. ROME, July, 1891.—As the train emerged from the last Alpine pass I noticed that the mountain peaks, where they sank into the plain, were tinted red and brown...

The first view of Italy possesses a peculiar fascination. The new land seems to be so much further from us than those already visited. The Alpine barrier, so grand by nature, has been heightened by poetry, romance and history...

Archbishop Carr, formerly of Tuam diocese, now of Melbourne, Australia, celebrated his silver jubilee last month. He has been twenty-five years ordained.

Work on the Tuam & Claremorris railway has not been commenced yet, though it was intended to be a means of affording relief to the poor peasantry along the route of the proposed line.

There is much excitement at Danganor over the abduction of a servant-girl from the house of a Methodist parson of that place. There is a rumor that the house in the evening and carried her off.

On some small farms which the tenants have purchased within the past few years or so from their landlords much improvement is shown. The land is better cultivated, buildings improved, etc.

Ever since St. John's day there has been quite a large exodus of laborers, their destination being the harvest-fields of England and Scotland. Four thousand passed through the city of Dublin in one day.

The Irish press generally look upon Miss Cusick, the ex-nun of Kildare, as being mad. Some say she is completely mad, and that she is a danger to the public.

A man named Michael Jordan, residing at the village of Day, near Kenvarro, committed suicide by cutting his throat with a razor. There is probably no country in the world where suicide is so infrequent as in Ireland.

Doctors and the women. Day for telling truth about high heels, Market Corsets and Love-Sickness. The Causes That Produce More Cases of Anemia in Women Than in Men—Sensible Warnings That Romantic Girls Should Heed.

Doctors are the only class of men who understand women and flatter them least, except in a business way, or by implication, with fingers on pulse. The stress of scientific accuracy compels a man to a habit of truth, and the more he knows of a woman's brain, nerves and the organs...

When the doctors get together in the country or city medical association truth escapes, and the air is thick with it as with the fumes of their cigars. I shall never tell where the opinions before follow were uttered, but the speakers were among the most highly honored of their profession.

Why is it that with the consumption of a large amount of albuminous food daily, its apparent digestion and absorption, with no evidence of organic disease, there is yet no increase in the blood or its richness and no gain in tissue? There are facts which go far to solve the problem.

Renewing the blood material which it has lost. The experiment of the dead was not a constructive change of tissues is increased in anemia. Digestion and secretion are imperfect.

When anemia is caused by lack of nutrition, by indigestion, or by the loss of any nature, the organs from want of blood grow inactive, nutrition lessens, the organ atrophies in size and function, with actual loss of tissue.

Next morning a four-hourly ride brought us to Genoa, and gave us the first glimpse of the Mediterranean. The city lies upon the shore, encircled by hills, like Cincinnati, but the hills of Genoa press close upon the sea, and the town covers their slopes.

It is a queer old place, narrow, crooked streets, a ponderous old wall, and a tower of its interior, and the architectural beauty of their interiors, and the art treasures they contain. Grand marble staircases are a special feature.

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and the anxieties of maternity are far more frequently the causes of anemia than tight corsets. From now, to women, this sounds amazingly as if the Doctor was speaking unvarnished fact.

In nutrition and malnutrition during girlhood are also prevalent causes. The pampered, coddled and badly nourished girl, the anemic bride, usually makes a sickly mother. The habitual constipation of young women is another very common cause.

The regulation of affectional instincts is as indispensable to the health of women as control of mania and hysterical temper, which do far less harm in the aggregate than this incessant tipping of the imagination.

The remedy of this disease of partial culture, this spiritual vice, is not wholly to be sought in physical treatment. It is to be sought in the bettering of the mind.

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