

FOR FEMINE READERS

THE IMAGINATION THAT CAUSES WORRY SHOULD BE CURBED.

The Ugly Girl is Having Her Innings, at Least in Books—How to Get an Erect Carriage.

The girl who counted her chickens before they were hatched... The girl who counted her chickens before they were hatched...

For the Girls Who Work. Eccentric people are never normal; you have no need to be either "queer" or unpleasing to the eyes of your friends in order to carry out your own convictions...

Mothers are especially afflicted with high-geared imaginations. Has Willie a cold? At once she sees pneumonia in the distance, and a little farther in the background a tiny coffin and white flowers...

The imaginative girl who takes a position in a big store pictures all sorts of alluring possibilities. She sees herself the manager of the department, the foreign buyer, finally a silent partner and confidential adviser...

Well, there's one consolation. We need never find life monotonous while we have such a strong interest in the grand old romance. Only let's make them all end nicely while we are about it.

The Vogue of the Ugly Girl.

Is there a vogue for ugly girls just now? Various things do prove it. Most of the so-called professional beauties of the moment are not at all the sort that could have gained such a high place a few years ago...

To Sit Straight.

A Southern girl, whose neck and shoulders, no more than her regal manner of holding them, have made her the goal of masculine eyes and the envy of feminine ones...

Odds and Ends.

Plain reds should be introduced into sleeping rooms with great care. Cool green and delicate pinks, with light yellows, if the reds are to be used in the bedroom...

Women's Club Elections.

Chicago Evening Post. About this time of year all the women's clubs are preparing for their annual elections. The clubs take a recess all summer...

Novelties in the Shops.

Harper's Bazar. Already new parasols are appearing. The plainer coaching or automobile article shows a distinct tendency toward larger sticks with curved, knobby heads...

The Deep-Sea Pearl.

The love of my life came not from the sea, but from the land. For mine was a secret wound—But the wound grew a pearl, at last.

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Easy to Buy! Easy to Pay! Your Credit Is Good at "THE RELIABLE!"



Before the ending of this month we will clean out all odd lots and single samples remaining on our floors at less than actual cost to manufacture. We dismiss all thought of profit and close our eyes to losses. The reductions are bona fide. The value giving is without a precedent, and your terms are ours.

43 Only. We have found this many JARDINIERE STANDS, and will sell them until they are all gone for 9 cents. Come early.

Chiffoniers. In this line you will do well to buy early, because the lots are small and the bargains great.

CARPET DEPT. In this department you cannot afford to miss our great bargains, as many dollars will be saved.

27 Only. PARLOR STOOLS. We've located this many from a hidden corner; prices until all gone 18 cts.

27 Only. PARLOR STOOLS. We've located this many from a hidden corner; prices until all gone 18 cts.

Bedroom Suits. This lot goes on sale without reserve: 7 solid oak full-size sample Suits, worth and sold from \$15 to \$25. Our Clean Sweep Price for choice, \$10.00.

Chiffoniers. 4 solid oak sample Chiffoniers with 5 large drawers. Some are worth \$10. Our Clean Sweep Price, choice of the \$4.25.

20 remnants of fine ingrain fast-color Carpets, in pieces of 12, 15, 18 and 20 yards. There are some in this lot that sold for 75 cents a yard. Take your choice while they last for 20 cents a yard.

Folding Beds. A greatly used article like a Folding Bed at such bargain prices must surely have your attention at this sale.

Couches. These bargains eclipse all previous low prices, for the great values are certainly unheard of bargains.

Bedroom Suits. 5 beautiful golden oak sample Suits, worth and sold from \$15 to \$25. Our Clean Sweep Price, choice, \$12.50.

Chiffoniers. 5 solid oak sample Chiffoniers with large hat boxes and mirror tops, sold for \$15, \$18 and \$20. Choice at this sale, \$7.50.

15 remnants of finest grade of all-wool and wool-filling Carpets, in large-size pieces, all colors, while they last, 30 cents a yard.

8 sample Mantel Beds, finished in golden oak, with best springs, \$15, \$18 and \$20 goods, \$8.50 choice of any at \$8.50.

9 sample Velour-covered Couches, neatly buttoned and fringed, made on good springs, not one in the line worth less than \$8.00, take your pick \$3.25 for \$8.00.

19 Only. Solid Oak Esels, with Brass Brackets, not one worth less than 50 cents, 12 cts.

Chiffoniers. 10 remnants of heavy Brussels Tapestry and Body Brussels Carpets, full-size pieces, all at the same price of 37 cents a yard.

10 remnants of heavy Brussels Tapestry and Body Brussels Carpets, full-size pieces, all at the same price of 37 cents a yard.

4 sample Mantel Folding Beds, with large mirror and bracket tops, sold regularly from \$20 to \$30, your choice \$12.75 at \$12.75.

7 sample handsome Velour-covered Bed Couches, made with heavy cotton mairress and duplex springs, elegantly fringed, not one in the line worth less than \$12.50, choice while they last \$8.00.

"The Reliable" FURNITURE AND CARPET CO. 32-34-36 South Illinois Street.

BILLIOWNESS.

An Old Practitioner's Notes on Its Causes and Treatment.

Among the ancient billiownesses was doubtless just as prevalent as to-day, if not more so, and the bile formed a very important factor in the crude, early ideas of the causation of disease. They gave one form of its evil results upon the system the name of melancholia, a compound Greek word meaning black bile, a word that has survived in modern times, but now applied to another form of disease not necessarily connected with bile.

Bile in itself is not poisonous to the system, but any change in its normal production or elimination leads to uncomfortable results. For example, if too much food, especially of a very fatty, oily or sweet nature, be eaten, or the person does not exercise sufficiently to keep the respiratory and circulatory system in normal condition; or the external atmosphere is temporarily or permanently rarefied by heat, so that there is insufficient oxygen for supplying the vital need; or the respiratory functions of the skin are interfered with, the person becomes languid, sleepy and giddy, there is headache, the appetite is poor, the tongue is coated, the mouth tastes foul, and there is a general feeling of low-spiritedness, which continues until the system is relieved by the removal of the cause, either by vomiting or purging of the bile.

A knowledge of the cause suggests the prevention and cure. Bile is separated from the dark or venous (bilious) blood by the liver, which purifies the blood, removing from it a large amount of carbon. The bile is then discharged into the intestines, where among other properties it has the power of aiding in the digestion or absorption of fat, and stimulates the functions of the intestines. It is then reabsorbed into the body, at least in part, and probably supports the process of vital combustion (respiration). If health is to be maintained it is evident that the secretion and action of bile, the assimilation of food and the process of respiration, must be, in a certain ratio, properly balanced, that the blood may be freed from actually poisonous principles. Any disturbance of this balance or any other interference with the action of the bile leads to the accumulation of an excess of carbon in the blood too great for proper oxidation, and a bilious attack results.

To prevent such an attack is not so much a question of medicine as regimen. Fatty substances, even butter in some cases, must be entirely avoided, or used in very small quantities. Animal food should be used in moderation, and never at night. Much sugar, strong tea or coffee, chocolate, milk and liquors and heavy wines, such as port or sweet wines, are all injurious. The proper diet should comprise plain meat, bread, fruit, ripe vegetables, farinaceous food, fruits, ripe or cooked, and, if stimulants are required, a little sherry or gin and water.

Regular exercise in the open air is of the utmost importance, and the skin should be kept clean and active. If the bowels are not performing their functions properly a cathartic should be taken, such as a calomel and rhubarb pill, containing calomel, one-third grain; extract of colocynth compound, one-half grain; extract of hyoscyamus, one-sixth grain. This may be repeated at intervals of several hours until a mild movement of the bowels is obtained, and followed by castor oil to thoroughly evacuate the bowels as well as wash out all traces of mercury. If blue mass is preferred take a small dose, say a one-grain pill, following it with an infusion of senna leaves, one-fourth ounce infused in a tea-cupful of hot water, but not boiled. When the system has thus been cleared out trust to food rather than to a repetition of medicine, making coarse cereals, such as oatmeal, wheat or brown bread a part of every meal, or at least of the morning meal, and the articles of food having a certain amount of waste material which stimulates the intestines to normal action.

It is in spite of these precautions an attack of billiowness occurs, blue pill is the "old long night" remedy, a one-grain pill at bedtime, one the next morning, and one the next night. The sick stomach will doubtless yield to a teaspoonful of magnesium, thoroughly mixed with a glassful of water, or in a tablespoonful of spiced syrup of rhubarb. A glassful of strong lemonade will often relieve the symptoms, temporarily at least, probably by acting upon the kidneys through which a portion of the deleterious material is eliminated when the liver fails to do its work. A cup of strong tea without any milk, but with a slice of lemon in it, or a teaspoonful of lime juice diluted with water, and is a palatable remedy well known to the ladies who suffer from sick headache, double vision, and other symptoms of an attack of billiowness due to excess of food, but, possibly, to an insufficiency of food, in which the symptoms are the same as already mentioned, and which usually depression is very marked. The home treatment is the same as above, with the addition of a few drops of castor oil, which is weak a teaspoonful of tincture of calumba may be taken night and morning. The best thing to be done in such a case may be taken twice a day in half a glass of sherry wine.

In either form the acute manifestations are reflected in many cases by soaking the feet in hot water and applying mustard leaf or a hot water bag to the nape of the neck. If the face is flushed and the head throbs, the best thing to be done in all such cases is to give a saline cathartic (epsom salts, etc.), at once, not that these have any marked action upon the secretion of bile, but that the fluid washes out the noxious matter in the bowels and thus prevents their absorption into the blood. If the skin is hot and dry, the eyesight dim and the pulse rapid, opium may be cautiously given in small doses. If nervousness and irritability are marked the bromides may be used.

Brightwood.

Mrs. Hendrix is visiting relatives in Wash. D. C.

Mrs. Charles Parlow is spending several days in Richmond, Va.

Miss Elsie Mollay, of Columbus, is the guest of Mrs. Funkhouser.

Miss Emma Smith is visiting friends and relatives in St. Louis.

Mrs. John X. Wiley has returned home, to remain several weeks.

Miss L. Traub has returned from a visit with relatives in Pekin, Ill.

Mrs. James Murray has returned to Fort Wayne after visiting friends here.

Mr. and Mrs. Crusan will return to-day from a week's visit with relatives in Terre Haute.

Mr. and Mrs. Charles Mansfield have returned from a short visit with friends in Muncie.

Mrs. Etta Newkirk returned, last Monday, from a visit with relatives in Springfield, O.

Miss Etta Spaulding returned, during the early part of last week, from a trip to the West.

Miss Myrtle Smiling has returned to her home in Greensburg, after visiting Miss Isabel Gilchrist.

Mrs. and Mrs. William Moore, will leave, in a few weeks, for Los Angeles, Cal., to reside permanently.

Mr. E. L. Pratt and son Frank left, Wednesday, for several weeks' visit with relatives in Dallas, Tex.

Mr. and Mrs. Hayworth, of Terre Haute, who were the guests of Mr. and Mrs. D. Wilgus, have returned home.

Mr. Elmer Seldomridge, of Terre Haute, was the guest of his parents, Mr. and Mrs. Cyrus Seldomridge, last week.

Miss Jennie Casey, who has been visiting Mrs. J. L. Dixon, last week, has returned to her home in Crawfordsville.

Miss Katherine Johnson, who has been the guest of her sister, Mrs. Dollard, has returned to her home in Crawfordsville.

Mrs. Spooner and daughter, of Centerville, Ind., who have been the guests of Mr. and Mrs. B. Alexander, have returned to their home.

Mrs. Kate Heaton and daughter, Garnet, who have been spending the winter with friends here have returned to their home in Jefferson City, Mo.

Mr. and Mrs. Earl White entertained about forty guests at their home on Hope street, Monday night, in honor of their first wedding anniversary.

Rev. H. V. Hunter, pastor of the Seventh Presbyterian Church, delivered a lecture, Wednesday night, in the Sunday School-room of the Baptist Church. His subject was "Good Old Times."

North Indianapolis.

Mr. Roy M. Ross is visiting relatives in Shelby, Ind.

Mrs. Julius Roller is in Carlos City visiting friends and relatives.

Mr. R. Pearson, of Butte, Mont., is the guest of his sister, Mrs. L. D. Polly.

Mrs. Amanda Terwilliger has as her guest her daughter from North Vernon.

Miss Madge Jenkins has come to Tipton, where she will remain for several months.

Mr. E. Lee, of Tipton, was the guest of his sister, Mrs. J. L. Dixon, last week.

Mr. Herman Hughes, of Anderson, was the guest of J. N. Gunder and family last week.

Mrs. Fred Bladecombe was the hostess for the Minerva Club Wednesday afternoon.

Mr. Homer Bennett, accompanied by his wife, Mrs. W. M. Bennett, returned from a day morning for an extended trip through the South.

Rev. J. L. Dickerson will occupy the pulpit to-day at the Home Presbyterian Church.

Miss Nellie Warren has returned from a short visit with friends and relatives in Whitestown.

The Bay View Reading Circle was entertained Tuesday evening by Mr. and Mrs. James Swain.

The Ladies' Aid Society of St. Paul's M. E. Church met Wednesday afternoon with Mrs. Andrew Payne.

The Ladies' Aid Society of the Seventh Christian Church met Wednesday afternoon with Mrs. Haub.

The Musical Art Club will be entertained to-morrow night by the Misses Ella and Mabel Gunter, at their home on West Thirty-first street.

The marriage of Miss Nellie Swan and Mr. James Hendrix will occur next Wednesday evening at the bride's home on West Thirtieth street.

The members of the Minerva Club, at their meeting, arranged to have an officers' open meeting April 2 at the residence of Mrs. Mullinix on Eugene street.

The members of the Junior Endeavorers of the Seventh Christian Church held a social yesterday afternoon at the residence of Mrs. Lewis on West Twenty-ninth street.

Vincent Kellar, recently elected superintendent of the Sunday school of the Home Presbyterian Church, entertained last Wednesday evening at his home on West Thirty-first street.

The Euterpean Fraternity met yesterday morning at the home of Miss Alma Scott, on West Third street. Miss Bessie Jones, its friends next Thursday evening at the residence of Miss Fern, on Bellefontaine street.

The Young People's Study Club was entertained Friday night at the residence of the Misses Ada and Jennie Alkman on West Thirtieth street. Miss Bessie Jones, Miss Cora Cornell and Mr. Allen Sommers read papers.

The Current Topics Club, at its last meeting, elected the following officers: President, Harrison Ogborn; vice president, Richard B. Kirby; secretary and treasurer, James Burnett; corresponding secretary, Mr. C. P. Houser.

Hughville.

Miss Mayme Atkins, of New Ross, is the guest of her cousin, Miss Annabel Wilson.

Mrs. Shelby and daughter, who have been the guests of Mrs. Burnett, have returned to their home in Franklin.

Mr. Hugh Adams, of Danville, who was the guest of his sister, Mrs. Dollard, has returned to her home in Crawfordsville.

Mrs. D. A. Johnson has gone to Grand Rapids, Mich., to remain several months with her daughter, Mrs. Charles Wilhite.

The institution of a new lodge of the Nightingale Sisters took place, Tuesday night, in the lodgerooms in the Town Hall.

A pleasing musical and literary entertainment was given Friday night, in the parlors of the King-avenue M. E. Church, for the benefit of Mr. Irwin Metzker, who has been confined in the Deaconess Hospital for several months.

Miss Mamie Glick has returned from a trip to Columbus.

Miss Maude Averly has returned from a visit with relatives in Paris, Ill.

Mrs. J. C. McCain, of Shirley, was the guest of friends here last week.

Mrs. Margaret Turpin, of Clermont, is the guest of her son, Wallace Turpin.

Miss Hattie Calvert, of Plainfield, was the guest of Mrs. J. Burchan last week.

Palmer Union, W. C. T. U., will meet Tuesday afternoon with Mrs. Byrkit.

Mrs. Maude Avery, of Michigan, was the guest of Mrs. L. E. Dixon last week.

Mrs. George Woody, of Columbus, was the guest of Mrs. Fred Metz last Friday.

Mrs. William Osborne, of Mooresville, was the guest of Mrs. Harry Wood last week.

Mrs. William Fogleman has returned from a short visit with relatives in Plainfield.

Mrs. Frank Fronaphel, of Cambridge City, is the guest of her sister, Miss Ida Weber.

Mr. Elmer Godfrey, of Columbus, is the guest of Mr. and Mrs. Charles Morrison.

The first division of the Ladies' Aid Society of the River-avenue Baptist Church will meet Wednesday afternoon with Mrs. Asher.

Mr. Kelley Bunner, of Muncie, was the guest of Mr. William Johnson and family last week.

Mr. Robert Bennett returned from Dugger last week and spent several days with his family.

Mr. George Woody and sisters, Laura and Minnie, are the guests of Mr. and Mrs. Fred Feltus.

Miss Clara Sears, of Anderson, who has been the guest of Mrs. Fred Metz, has gone to Bedford.

Mrs. Cole, of Morristown, who was the guest of Mr. and Mrs. J. H. Crull, has returned home.

32 Only.

This is all that is left of 1,000 Library Tables with 16-inch top. You can get one while they last for 16 cts.

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The Barton Mandolin Club will meet Wednesday evening with the Misses Elsie and Lettie Jones.

Mr. and Mrs. E. P. Haymaker, of Franklin, were the guests of Mr. and Mrs. Ora Fowell last week.

The Ladies' Aid Society of Trinity M. E. Church will meet Wednesday afternoon with Mrs. Alexander.

The ladies of the First M. E. Church will serve dinner in the room adjoining the church next Thursday.

Mrs. John Brandt returned home from Lawrenceburg Friday after a three months' visit with her daughter.

Miss Grace Wyonog, who has been the guest of her cousin, the Misses Wyonog, has returned to Greenscastle.

Rev. B. L. Allen, pastor of the Morris-street Christian Church, has returned from a short visit to Monticello.

Mr. L. Goul and Miss Eva Bartie, of Pendleton, were the guests of Mr. and Mrs. J. H. Crull last week.

The Ladies' Aid Society of the Pilgrim Congregational Church will meet Wednesday afternoon with Mrs. West.

Miss Lela Potter, who has been the guest of Mr. Robert Bunker for three weeks, returned to her home in Sullivan Friday.

Mr. and Mrs. Burton and Miss Hattie Cobb, of Marionville, were the guests of Mr. and Mrs. J. H. Crull last week.

Mr. and Mrs. John Gohman entertained Monday evening in honor of the latter's sister, Mrs. J. N. Richards, of New Albany.

The first section of the Ladies' Aid Society of the Pilgrim Congregational Church will meet Wednesday afternoon with Mrs. Benson.

Mrs. C. A. Henderson, mother of Mrs. Fred Metz, returned last week after spending the winter with relatives in Terre Haute.

The second section of the Ladies' Aid Society of the Morris-street Christian Church will meet Thursday afternoon with Mrs. T. T. McClure.

Mrs. Katherine Jackson, of Louisville, Ky., and Mrs. Edward Rector, of Columbus, were the guests last week of Mrs. Charles Morrison.

The second division of the Ladies' Aid Society of the River-avenue Baptist Church will be entertained Wednesday afternoon by Mrs. William Lott.

A stereopticon lecture, under the auspices of the Junior League of Trinity M. E. Church, showing scenes from the Passion Play, will be given in the Church, April 3.

A cottage prayer meeting, by the members of the Morris-street Christian Church, will be held Thursday night at the residence of Mr. and Mrs. L. H. Shake, on Oliver avenue.