

## "Do Not Burn the Candle At Both Ends."

Don't think you can go on drawing vitality from the blood for nerves, stomach, brain and muscles, without doing something to replace it. Hood's Sarsaparilla gives nerve, mental and digestive strength by enriching and vitalizing the blood. Thus it helps overworked and tired people.

**Hood's Sarsaparilla**  
Never Disappears

Unquestioned Seriousness.

Lillian—"Mr. Waverly has been calling on you regularly for some time, hasn't he?"

Lucy—"Yes, indeed!"

Lillian—"Do you think his intentions are serious?"

Lucy—"Serious? Why, I never experienced anything more serious in my life; he doesn't seem any nearer proposing now than on the occasion of his very first visit."—Boston Courier.

**Dr. Bull's**  
Cures all Throat and Lung Affections.  
**COUGH SYRUP**  
Get the genuine. Refuse substitutes.  
**IS SURE**  
Dr. Bull's Pills cure Dyspepsia. Trial, 20 for 50.

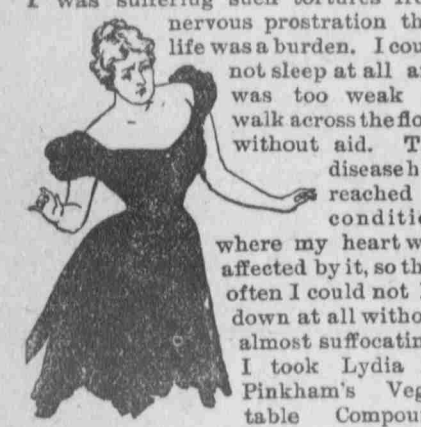
Efficient Postal Service.

The annual report of the third assistant postmaster general contains strong testimony in favor of the honesty and efficiency of the postal service, writes William E. Curtis in the Chicago Record. During the past fiscal year the postmasters of the United States and their assistants handled \$196,653,544, of which \$95,021,384 was receipts from the sale of stamps, boxes, money orders, etc., and the balance was disbursed for various expenses. Of this enormous sum the entire loss to the government by burglary, fire, bad debts, embezzlement and all other forms of carelessness and dishonesty was only \$19,358. I doubt if any private firm, bank or corporation, or any institution in the world that receives and disburses money, can show so good a record, and yet we keep talking about the inefficiency and corruption of the public service and other evils of partisan appointments. It may be said, too, that the customs collections and the business of the internal revenue office will show similar evidence of honesty and efficiency in our public service.

## THE NERVES OF WOMEN

Lydia E. Pinkham's Vegetable Compound Relieves the Suffering from Overwrought Nerves.

"DEAR MRS. PINKHAM:—I am so grateful for the benefit derived from the use of Lydia E. Pinkham's Vegetable Compound that I wish you to publish this testimonial that others may know the value of your medicine. I was suffering such tortures from nervous prostration that life was a burden. I could not sleep at all and was too weak to walk across the floor without aid. The disease had reached a condition



where my heart was affected by it, so that often I could not lie down at all without almost suffocating. I took Lydia E. Pinkham's Vegetable Compound and it worked like magic. I feel that your medicine has been of inestimable benefit to me."—MISS ADELE WILLIAMSON, 190 N. Boulevard, Atlanta, Ga.

## Thin, Sallow and Nervous

"DEAR MRS. PINKHAM:—I was thin, sallow and nervous. I had not had my menses for over a year and a half. Doctored with several physicians in town and one specialist, but did not get any better. I finally decided to try your medicine, and wrote to you. After I had taken three bottles of Lydia E. Pinkham's Vegetable Compound and three of Blood Purifier, my menses returned, and I feel as well and strong as I ever did, and am gaining flesh."—MISS LENA GAINES, Visalia, Tulare Co., Cal.

## CHOICE Vegetables

will always find a ready market—but only that farmer can raise them who has studied the great secret how to obtain both quality and quantity by the judicious use of well-balanced fertilizers. No fertilizer for Vegetables can produce a large yield unless it contains at least 8% Potash. Send for our books, which furnish full information. We send them free of charge.

GERMAN KALI WORKS,  
99 Nassau St., New York.

**THE MILLION DOLLAR POTATO**  
Most talked of potato on earth! Our Catalog tells—so also about Salzer's Earliest Six Weeks' Potato. Largest farm and vegetable seed grower in U.S. Potatoes, \$1.25 and up a box. Send this notice and 10¢ stamp for Big Catalog. L. O. JOHN A. SALZER SEED & CO. CROSSEWIS

## WOMAN'S WORLD.

FILIPINO HOUSEKEEPING.

A Brooklyn Woman Tells How the Natives Do Their Work.

"Housekeeping in the Philippines," writes a Brooklyn woman to her mother, "is simply a joy. I have never lived so well or so cheaply in all my life. I have learned a lot since I started housekeeping, but it cost something before I got the hang of things. I first rid myself of the horde of worthless Filipino servants, who rob newcomers right and left, and then installed a Chinese cook for \$12.50 a month, and the house runs itself.

"There is not much work in a tropical household, no stuffed furniture or carpets, no lace or other kind of curtains, but painted, flexible screens attached to the windows. Everything is on one floor, the furniture is rattan bamboo, and the kitchen utensils are simplicity itself. The climate is healthful, although the sanitary conditions are extremely bad. We are all falling into the lethargic condition which seems the chronic state of the natives. I take long naps all the afternoon. At 7 o'clock we dine. There is not much calling in the evening, as the curfew is still in force, clearing the streets at 8.30 p. m. The evenings are perfect, but we get sleepy and are usually in bed by 9 o'clock.

"When I see the India rubber trees, twenty-five feet or more in height, growing in the yards here, their stiff, brilliant green leaves glistening in the sun, I laugh to think of the little box plants we used to keep in our windows at home in the winter, because they were the only growing thing that could stand the united attack of dust, neglect and coal gas.

"I never get tired watching the simple primitive methods of Filipino housekeeping, for their processes are carried on before the eyes of all men. These men themselves do the largest part of the hard work, while the women perch on the ladder like steps that lead into their houses and look on. All the cooking is done out of doors and usually on the ground. Their little stoves of red clay are hardly as large as the iron pots we have at home. One side is bent down like a primitive hearth, and the fire is kept going by long tubes which the men blow through instead of using bellows. On this funny little apology for a stove they cook their rice or chocolate, stirring the latter with carved sticks, which they twirl between their palms to keep the beverage from sticking. Often they do not use the stove at all, but make a fire right on the ground, between two stones, over which they set the red earthen bowls in which they cook.

"When the men chop kindling they sit down on their heels just as the Japanese do, and, in fact, nearly all their work is done in this same fashion. When their simple culinary rites are finished they gather around their pot of rice, and, dipping in their slender brown fingers, help themselves without the formality of knives or forks, spoons or chopsticks. Dinner concluded, hands and dishes are washed in the shallow tub which stands at every door—soap, dishcloth and dish-towel being all made of gogo, the bark of a species of vine peculiar to the islands."

## Advent of the 1900 Waist.

The young woman who will wear shirt waists next season looked at the shop windows yesterday, went home and hid her cuff links. Even the daintiest pair of these links will be "bad form" if the present prediction of the dealers holds good when summer comes.

A lace ruffle, a frill or a hemstitched point runs around the wrist and droops almost to the knuckles. The sleeve, too, is different from the old-time sort. It is of the close-to-the-arm type, and looks as if it had been modeled from a jersey.

In fact, there is but little about this waist to make one think of the original. Some fasten in the back with tiny pearl buttons, and all are adorned with tucks, embroidery and lace.

They had perches of honor, and got the "ohs" and "ahs" of the promenaders. They appeared in muslin, linen, cambric, madras, gingham—just as they used to do—but each had its 1900 mark, the absence of the starch cuff.

"Each year we hear much of the passing of the waist," said a man who sells them, "and each year we get a bigger call for them. Now, perhaps, they are not shirt waists—they are just waists—and we will sell more of them than ever."

The old polka dot seems to have been forgotten so far. A stripe comes up and explains why it happened.

The collar alone remains. That will be just as high as ever, and, no matter where the waist fastens, this collar will hold its own below the chin.—Chicago Record.

## Clubhouses for Women.

Clubhouses for women are becoming more and more a matter of fact instead of fancy. Boston is building one in Beacon street that will cost \$75,000 above the land. The handsome structure will be amply equipped with everything that various clubs can desire. In this one particular the Boston clubhouse will differ from all others of its kind, for it is intended to accommodate all the clubs in the city, if they so desire.

The women of Birmingham, Ala., have organized an Alabama Woman's Building Association. The object of the organization is the erection as early as practicable of a commodious building to serve as a meeting place for all the women's organizations in the city and suburbs. The building

plan will include apartments for the comfort of out of town women.

Los Angeles, Cal., will soon have a handsome clubhouse, built under the auspices of the Friday Morning Club. This building will have an auditorium in the rear with a seating capacity of about five hundred.

## Pearls Are Fashionable.

Pearls have never been so fashionable—or, at any rate, more fashionable—than they are at present. Formerly, one or several rows of them, resting upon the chest or closely encircling the neck, were in request; but now nothing will do but long chains of them falling below the waist or festooned over the bodice. The demand for them is so great that jewelers are hard pressed to obtain a sufficient supply. The fortunate possessors of one or more than one of these long strings devise all sorts of different ways of displaying them. Sometimes they are worn plainly round the neck and allowed to fall naturally; again, they are caught up at the front or side of the bodice with a jeweled ornament; still again, they are fastened to the back of the low cut bodice and are draped around the décolletage. The most novel application of them was adopted recently by a fashionable Parisian woman, who fastened the chains in her hair, allowing them to drop at the sides and fall to the shoulders, where they were attached to the gown.

## The Details of the Toilette.

A very interesting characteristic of the fashions of to-day is the extraordinary amount of care which is given to the smaller details of the toilette—those little accessories and afterthoughts of which no one took the slightest heed some five or six seasons ago. The innumerable lace ties, cravats, and jabots, which play so important a part in the toilettes of the moment, offer a case in point, for without some dozen or so of these dainty little things, no one's wardrobe can nowadays be considered complete. Now is the chance for those who possess beautiful little pieces of old lace to make a pleasant use of them, for they can easily be arranged, either as frills upon ties of lace silk, or in the safer form of an applique, on scarfs of panne or mirror velvet.

## Assisting the Growth of Hair.

Beautiful hair is the gift of nature, but many more could possess it if nature were assisted. The hair should be combed thoroughly every night before retiring, with a coarse toothed comb. Do not use vigor enough to bruise the scalp, but rather a light scratching movement to stimulate and open the pores all over the head. Then brush with a stiff, long bristled brush, dividing the hair into several parts, that all the roots may be reached. Brush gently but firmly, carrying the stroke to the ends of the hair. Then braid the hair loosely, or, better still, leave entirely free until morning. After shampooing, do not dry by artificial heat, but by towels, friction and fanning.

## Material for Guitones.

Tucked or corded taffeta silk in cream, turquoise blue, lilac, pink or crimson may be worn with cashmere or other winter dresses. The embroidered or hemstitched taffeta is effective, and as only a small quantity is required such a guimpe is not expensive. China silk tucked all over in crinkled tucks is cheaper and has a more childlike effect for young children. White taffeta embroidered all over in a pretty pattern with black looks well for older children. The Japanese silks, either white or colored are inexpensive and durable, and may be gathered, shirred or smocked to advantage and used for guimpes.—Ladies' Home Journal.

## An Income From Butterflies.

Catching butterflies is the pleasant work by which a clever English girl makes a good living. Miss Mary Yeomans, before going to California, had collected butterflies for pleasure at home, and after coming to America realized that many of the rarest varieties are to be found in California. The first butterflies she captured were of a species seldom found except in the higher Alps, and on sending them to England she was paid \$25 each. From that time on she has been steadily increasing her stock, and now makes a large income by the sale of the insects.

## Frills of Fashion.

Tulle hats trimmed with crepe roses are one of the latest novelties.

Genache satins, trimmed with chiffon and lace make charming evening dresses.

A hair net which fastens at the back of the head with a fancy pin the size of a small button is a novelty which is supposed to keep the short locks in place.

A pretty evening waist is made of lattice design in jet over white mouseline de soie, finished around the neck with a drapery of white tulle and a bunch of pink roses.

All sorts of finger rings put on regardless of harmony in color and shape are considered vulgar by those who study effect and good taste in the use of jewels as well as gems and hats.

An embroidery of fine jet beads on bands of cloth is one of the vagaries of dress trimming. The bands are arranged in various ways around the plain skirts, for some of the skirts are cut plain without a plait anywhere.

Tulle evening gowns are made with box plaited skirts, the plaits beginning at either side of the front and extending around the back or all around, as you like, and caught down to the knee. Another skirt of tulle is worn underneath and the silk foundation skirt should have no gloss.

## GOOD ROADS NOTES.

### Bill For Highway Improvement.

A step that is by all odds the most pretentious and important in the cause of good roads that was ever taken by the L. A. W. has been arranged for and was announced recently by President Keenan. It is a bill to be introduced into Congress providing for an appropriation of \$5,000,000 to be expended in highway improvement. Representative Graham, of the Twenty-third District of Pennsylvania, will present the bill and the active support of every officer and member of the League will be called for to aid in securing its passage. The detailed provisions have not been made known yet, but it is understood that it will call for the construction of national turnpikes between principal cities that will serve not only for bicycles, automobiles and general traffic, but will be practicable military roads as well. That is the sense of the bill as interpreted by the local officials of the League, and they commend the move as one peculiarly pertinent at this time. While President Keenan is not personally popular with a number of the New York State officials, and they are not apt to praise his doings, the same men were quick to say that the bill was most opportune and, although it might have had its conception in presidential ambition, it was something that would receive their hearty support. The need for a national highway across the continent has often been urged. The League has frequently pointed out the shame of there not being any such road from New York to Chicago at least, but in the meanwhile has concentrated its attention in local improvements of not so much importance. Now that the era of automobiles is at hand it is recognized that an effort to get such highways under way will enlist the support of this class of travelers, while the recent military activity of the country tends to make more plain the desirability of good roads. An official of the New York State division said:

"As I understand it the bill will propose military highways and this strikes much higher than a motor of bicycle and automobile travel. It is a fact that if occasion should arise for the transportation by road of an army from New York to Washington that it would flounder in the sand before it got to Trenton, because the road would not stand the crunching of heavy baggage and artillery wagons. John B. Uhle, the counsel of this division, who often rides over this road, was speaking about this only a few days ago. The point comes that even as far as we have gone in automobilism every one is satisfied that in the near future all such paraphernalia of the army as artillery, ammunition, baggage and commissary wagons will be drawn by motor wagons, and probably heavy siege guns will also.

"As we are now fixed for roads this is impossible. What I should say is first needed is a main road from Boston to New York and from here to Washington, by way of Philadelphia. Then with a military road from New York to Albany and from there to Chicago, we would be in fairly good shape to wait until roads could be connected with these from the far South and the Pacific coast. This is a project that probably would receive the support of every farmer, cyclist, automobilist, soldier and hobo in the land, and it should receive the favor of the legislators; \$5,000,000 will not go far toward doing all this, but would do enough to show a good beginning, and whatever road was built would be an object lesson that would hurry us on toward national good roads. The idea of a foreign invasion and railroads disabled may be laughed at, but the idea of a foreign war and a need for rapid transportation to the coast of automobile artillery is not at all absurd, and I believe that the demand for such highways will be upon us before they could be completed, if begun to-morrow. This I say because of the rapid strides being made in automobilism."

### Wide Tires on the Farm.

For use on the farm, on all sorts of soil, and under all conditions, whether dry or wet, hard or soft, the wide tire requires less draft and is more economical in every respect, writes John H. Hobbs. It is sometimes recommended that the front axle of a wide tire wagon be shorter than the hind axle, the theory being that the tread will cover more ground and act as a sort of roller. In suggesting this in a recent article, its writer pointed out the comparative good condition of a road at points where it turned and where the front and hind wheels of a wagon did not follow in the same track. The theory will not work with wide tires. With wide tires the difficulty of turning is increased for the edge of the wide tire will strike the edge of the wagon quicker than that of the narrow tire. But if we shorten the front axle there would be still greater trouble. Much of the work on the farm could be done with wagons with low wheels, the body of the wagon being raised high enough for the front wheels to turn under it, as wagons in the city are made. I have a low wheel, broad tread wagon and it is the most convenient thing that I have upon the farm.

### Road Building in Cuba.

Road building and restoration in Cuba present difficulties not to be found in more tropical countries, but the work is of urgent and imperative necessity, and Governor-General Wood will engage it at once with his accustomed energy. The field is broad enough for the full exercise of all his capabilities and resources.

A captured ostrich always means a feather in somebody's cap.

## Household Hints.

If there is one thing on which the housewife prides herself, it is that of having her laundering done nicely, so that the wearing apparel may be the admiration of all. The washing is a small matter, anyone almost can do that, but to have the linens present that flexible and glossy appearance after being ironed requires a fine quality of starch.

J. C. Hubinger's new laundry starch, "Red Cross" and "Hubinger's Best" brands are his latest inventions and the finest starch ever placed on the market; not a new starch made by a new manufacturer, but a new starch by the leading and only manufacturer of fine laundry starch in the United States.

His new method of introducing this starch with the Endless Chain Starch Book enables you to get one large 10c. package of "Red Cross" starch, one large 10c. package of "Hubinger's Best" starch, with the premiums, two beautiful Shakespeare panels, or one Twentieth Century Girl calendar, all for 5c. Ask your grocer.

### Keeping on Safe Ground.

Kansas City Independent: Dasherly—He's all the time harping about Ladysmith. Flasherly—Well, that's the only name over there in the Transvaal that he knows how to pronounce.

VITALITY LOW, debilitated or exhausted cured by Dr. Kline's Invigorating Tonic. FREE trial bottle for 3 week's treatment. Dr. Kline, 44, 61 Arch St., Philadelphia. Founded 1871.

Some candidates bitterly contest the will of the people.

## Don't Tobacco Spit and Snake Your Life Away.

To quit tobacco easily and forever, be magnetic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong. All druggists, 50c or \$1. Cure guaranteed. Booklet and sample free. Address: Sterling Remedy Co., Chicago or New York.

When a person is lost in thought it is probably owing to his wandering mind.

### \$100 Reward. \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is starb. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Starb being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address: F. J. CUREY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

The thermometer enables the weather to become warmer or colder by degrees.

To Cure Constipation Forever. Take Cascarets Candy Cathartic. 10c or 25c. If C. C. C. fail to cure, druggists refund money.

In the alphabet of egotism there is but one letter.

As a rule the silent partner has a good deal to say.

PUTNAM FADELESS DYE produces the fastest and brightest colors of any known dye stuff. Sold by all druggists.

Thomas A. Edison's first large earnings were \$4,000. This he got from a telegraph company for the model of the now famous "ticker" for which he had intended to ask \$5,000.



MILLIONS OF WOMEN USE CUTICURA SOAP exclusively for preserving, purifying, and beautifying the skin, for cleansing the scalp of crusts, scales, and dandruff, and the stopping of falling hair, for softening, whitening, and healing red, rough, and sore hands, in the form of baths for annoying irritations, inflammations, and chafings, or too free or offensive perspiration, in the form of washes, for ulcerative weaknesses, and for many sanative antiseptic purposes which readily suggest themselves to women, and especially mothers, and for all the purposes of the toilet, bath, and nursery. No amount of persuasion can induce those who have once used it to use any other, especially for preserving and purifying the skin, scalp, and hair of infants and children. CUTICURA SOAP combines delicate emollient properties derived from CUTICURA, the great skin cure, with the purest of cleansing ingredients and the most refreshing of flower odors. No other medicated or toilet soap ever compounded is to be compared with it for preserving, purifying, and beautifying the skin, scalp, hair, and hands. No other foreign or domestic toilet soap, however expensive, is to be compared with it for all the purposes of the toilet, bath, and nursery. Thus it combines in ONE SOAP at ONE PRICE, viz., TWENTY-FIVE CENTS, the BEST skin and complexion soap, the BEST toilet and BEST baby soap in the world.

COMPLETE EXTERNAL AND INTERNAL TREATMENT FOR EVERY HUMOR \$1.25. consisting of CUTICURA SOAP (25c.), to cleanse the skin of crusts and scales and soften thickened cuticle, CUTICURA OINTMENT (50c.), to instantly allay itching, inflammation, and soothe and heal, and CUTICURA RESOLVENT (50c.), to cool and cleanse the circulation. A SINGLE SET is often sufficient to cure the most torturing, disfiguring skin, scalp, and blood humors, with loss of hair, when all else fails. Sold throughout the world. PATENT DRUG AND CHEM. CO., Sole Props., Boston. "All about Skin, Scalp, and Hair" free.