"A Stitch in Time Saves Nine."

A broken stitch, like the "little rift within the lute," is the beginning of trouble. "I am tired, not ill." "It will soon pass away." "I don't believe in medicine." These are the broken stitches that lead to serious illness. Nature is wise and in Hood's Sarsaparilla she has furnished the means to take up broken stitches. Why? Because it starts at the root and cleanses the blood.

Bad Blood — *"For years I was troubled with my blood, my face was pale, I never felt well. Three bottles of Hood's Sarsaparilla made me feel better and gave me a healthy color." Mae Cross, 24 Cedar Av., South, Minneapolis, Minn.*

Hood's Sarsaparilla
Never Disappoints

Hood's Pills cure liver ills; the non-irritating and only cathartic to take with Hood's Sarsaparilla.

Value of Pictures.

Pictures do more toward furnishing a house and determining the status of its inmates than anything else. If you have a suspicion that you are not wise in choosing and hanging pictures, get advice from someone whose taste need not be questioned, says the Pittsburg Dispatch. Cheap pictures are not necessarily poor, but a poor picture is usually cheap. To be able to discern the difference is a quality with which every one is not blessed. A good plan is to purchase copies of famous pictures, etchings and engravings. These are almost sure to be good. In framing pictures remember that gold frames are for oil paintings and dark pictures, white frames for water colors, and black enamel or Flemish oak and modern oak for etchings and photographs.

FOR MIDDLE-AGED WOMEN.

Two Letters from Women Helped Through the "Change of Life" by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—When I first wrote to you I was in a very bad condition. I was passing through the change of life, and the doctors said I had bladder and liver trouble. I had suffered for nine years. Doctors failed to do me any good. Since I have taken Lydia E. Pinkham's Vegetable Compound, my health has improved very much. I will gladly recommend your medicine to others and am sure that it will prove as great a blessing to them as it has to me."—MRS. GEO. H. JUNE, 901 DeKalb Ave., Brooklyn, N. Y.

Relief Came Promptly

"DEAR MRS. PINKHAM:—I had been under treatment with the doctors for four years, and seemed to get no better, I thought I would try your medicine. My trouble was change of life, and I must say that I never had anything help me so much as Lydia E. Pinkham's Vegetable Compound. Relief came almost immediately. I have better health now than I ever had. I feel like a new woman, perfectly strong. I give Lydia E. Pinkham's Compound all the credit, and would not do without her medicine for anything. I have recommended it to several of my friends. There is no need of women suffering so much for Mrs. Pinkham's remedies are a sure cure."—MAHALA BUTLER, Bridgewater, Ill.

Another Woman Helped

"DEAR MRS. PINKHAM:—I took Lydia E. Pinkham's Vegetable Compound during change of life and derived great benefit from its use."—MARY E. JAMES, 136 Coydon St., Bradford, Pa.

TWO hundred bushels of Potatoes remove eighty pounds of "actual" Potash from the soil. One thousand pounds of a fertilizer containing 8% "actual" Potash will supply just the amount needed. If there is a deficiency of Potash, there will be a falling-off in the crop.

We have some valuable books telling about composition, use and value of fertilizers for various crops. They are sent free.

GERMAN KALI WORKS,
93 Nassau St., New York.

Salzer's Rape gives Rich, green food, at 25c. a lb. — Speltz—What is it? Catalog tells.

BUY NORTHERN GROWN SEEDS — FARM SEEDS

Salzer's Seeds are Warranted to Produce.

Mahlon Luther, E. Troy, Pa., astonished the world by growing 250 bushels Big Four Oats; J. Breider, Mishicott, Wis., 173 bns. barley; and H. Lovejoy, Red Wing, Minn., by growing 520 bush. Salzer's corn per acre. If you doubt, write them. We wish to gain 500,000 new customers, hence will send on trial

10 DOLLARS WORTH FOR 10c.

10 pkgs of rare farm seeds, Salt Bush, the 3-eared Corn—Speltz, producing 80 bush. feed and 4 tons hay per acre—above oats and barley. Bromus Inermis—the greatest grass on earth; *Salzer says so.* Rape, Spring Wheat, &c., including our mammoth Plant, Fruit and Seed Catalog, telling all about Salzer's Great Million Dollar Potato, all mailed for 10c. postage; positively worth $10 to get a start. Seed Potatoes $1.20 a bbl. and up. 35 pkgs earliest vegetable seeds, $1.00.

JOHN A. SALZER SEED CO. LACROSSE WIS.

Please send this adv. with 10c. to Salzer. — Catalog alone, 5c. A.C.:—

CARTER'S INK
Is THE BEST Ink.

WOMAN'S WORLD.

WATERCRESS GROWING.

Profitable Industry For Women Who Live in the Suburbs.

Watercress growing is a profitable industry for women who live near large towns and who have running water at hand. The health of the plant depends upon an abundant, continuous current and a shallow stream. Without these the leaves become stunted and the growth will not be plentiful.

The best soil for it is gravelly loam on clay, because it retains the water, makes the bottom firm and supplies sufficient nourishment.

Cleaning and replanting should take place annually. This entails a good deal of expense, but it is necessary if one would obtain the full value of the beds.

It is a good idea to allow ducks to follow the workmen while this is going on, as they eat the caddis worm, which is always a trouble among the new plants.

In remaking the beds the upper sprigs of the cress are first gathered and put down in a convenient spot for replanting, sheltered from the wind and sun. The beds or dikes are then thoroughly cleaned out and the muddy soil removed with all the old roots, weeds and living creatures it contains. The bottom is then carefully levelled, and the stream allowed to flow, to thoroughly scour out all impurities, for a sufficient time. The replanting can now proceed. The cut cress is carefully laid down in rows or spread broadcast on the ground. The former plan admits of a steady flow of water. If seed is sown, then it is advisable to do so where the water is sluggish, otherwise the force of the stream would carry away the greater part of the seeds sown. After the plants are laid down it will be necessary sometimes to make a dam of large stones where there is a danger of their being shifted from their position. The water is then let in sparingly at first, for fear of the plants being disturbed, until the young rootlets strike, which they will in the course of three or four days. In this way every brook, stream or ditch which has a strong current can be turned to account; it will only be necessary to see that the water rises sufficiently for the nourishment of the watercress.

The water of the stream should be guarded with care in order that it may not become contaminated.

Careful picking is necessary and the front stems should be selected and gathered singly, two or three sprigs at a time. The more cautiously this is done the sooner the bed will be ready for picking again.

Those parts of the plant that grow out of the water and have a brilliant dark color are the choicest. In preparing them for market it must be remembered that they are apt to heat and change color, and care should be taken to avoid this. It is best to pack the plants lightly in the centre of a basket so as to leave an opportunity for the air to circulate about them. But better than this is a basket with an air space in the middle. If sent a long distance a block of ice placed in the centre of the basket will keep the cress fresh.

Spring Trimming Notions.

A chic idea in trimming for spring will be to have a large choux, or cabbage rosette, composed of from three to five shades of the same color of very soft taffeta ribbon, to finish the belt, the left side of the bodice, and to adorn the hat to match.

* * *

Belts or dress girdles will be exceedingly narrow, mostly of extremely soft ribbon, so that it may be folded sufficiently narrow without increasing the size of the waist-line.

* * *

For trimming crepe, cashmere, veiling, barege and silk velvet ribbon will be a regular craze. Immense quantities in the bebe width will be used in black, while Nos. 7 and 9 will be the correct thing in colors.

* * *

The vogue of the fringe still holds its own, and fringe will still be en regle as a trimming for spring. The new ones coming out just now, however, are much lighter in weight than they have been, to correspond with the airy woolen fabrics and silks in mode for spring. The spring fringes will be applied straight, in festoons, for sash ends, etc., as heretofore. Cotton fringes for adorning piques are heralded, but, while these will look very pretty before laundering, it it an infinite amount of trouble afterward to comb them out to make them look presentable. But there is no question about their novelty.

* * *

Heavy cream and ivory lace will continue the fad of the trimming world, as it has been the past winter, and will appear on almost everything as garniture. Strange as it may seem, its extraordinary vogue has not caused it to be imitated in cheap yellowish laces, for the simple reason that it requires a good quality to produce the proper tone, and the result in imitation was not satisfactory.

* * *

Taffeta appliques will be the personification of smartness for adorning exclusive woolen gowns.

* * *

Renaissance passementeries in lace, spangles and beads—imported, of course—are the very latest trimming effects on view for handsome gowns.

* * *

Panels of heavy lace will decorate high toilets, and these panels will have their lower edges either straight or scalloped and then garnished with a tiny peau de soie or chiffon ruche.

The Inventor of "Rookwood."

Probably few of the people who meet the wife of our new Minister to Spain know that she is one of the first notable potters of the United States. Mrs. Bellamy Storer in her youth was a china painter and porcelain artist of great ability, although she pursued the art as a pastime and gave most of her finest pieces away to church fairs, exhibits, museums and art collections. She was the head and front of the movement of women china painters in Cincinnati and the West, and helped to organize the first clubs, which have since become factors in forwarding the art. Mrs. Storer next established a kiln, and, with the aid of the best china painters whom she could interest, began experimenting with pottery, colorings and designs. The result was the Rookwood pottery—named for the town of Rookwood, in which the work was begun—which has become world renowned, and which on its first appearance in Europe, was credited to China, France, Germany and even Spain. Many consider the Rookwood coloring one of the greatest discoveries in porcelain painting.—Philadelphia Saturday Evening Post.

"Making Up" With Children.

The secret of "getting along" with children is to apply to them the ordinary rules of social life. The parent who romps with his children, and in a few minutes whips one of them for not addressing him as "sir," need not be surprised if his children avoid his society. One of the commonest laws of social decency is to not quote Latin to a person who is known never to have studied the classics. Precisely the same discourtesy is committed if we use words of many syllables in conversing with children; but we commit a still greater discourtesy in either case by assuming with an air of patronage that the unclassical adult or child has no ideas in common with our superior selves. The child of five and the man or woman of fifty are surprisingly alike in their interests, and they may converse with mutual advantage upon an endless variety of subjects.—Dr. A. L. Benedict, in the Woman's Home Companion.

The First Great War Nurse.

Florence Nightingale, the "angel of the Crimea," recently completed her seventy-ninth year. She is an invalid, but is still keenly interested in field nursing and general hospital work, and has taken much interest in the preparations made in England to send nurses to South Africa. Miss Nightingale spends most of her time when in her London home in a big room as full of sunshine as any London room can be, and always gay with flowers. At the head of her bed is a shelf on which are arranged her favorite books, writing materials and a pile of reports from the Nightingale Home for Nurses, in which she takes a loving interest. She is very fond of birds, and the London sparrows who live in the vicinity of Park Lane are always sure of a welcome and a meal of crumbs when they hop on the window sills of the Nightingale house

Toilet Creams.

It is a bad plan to keep quantities of toilet cream on the table for any length of time. The heat of the room may affect the oils. Instead have small salve and cream jars into which a portion of each cream may be put, to be renewed as needed. Put that which is not in use in a cool place and it will last longer and keep better. Jars kept for the use of creams should be thoroughly cleaned when empted.

Frills of Fashion.

Tulle hats trimmed with crepe roses are one of the latest novelties.

The newest girdles have a deep graduated fringe of silk, steel beads, or jet falling from the lower edge.

Among the new French veilings is a very becoming fine white mesh, with small dots of black chenille or velvet.

Kilts, plaits, tucking and folds will be used in the spring on every garment to which they can possibly be applied.

A rather severe style of walking hat, a gray and black quill and ribbon, has a high crown with black velvet bow. The brim is rolling.

For morning wear and walking heavy calfskin shoes continue in popular use, while patent leather is, as always, the correct thing for dress.

The new Mocha gloves, silk-lined, are heavily stitched, closing with two clasps. The only obtainable colors in this fashionable handgear are tan, gray and black.

There are two new styles in skirts—one the large box pleat in the back, the other the long, lengthwise tucks or pleats extending from waist-line nearly to hem.

Adjustable flower charms find considerable favor. With these, which have two glass sides, fastened with a gold rim, the wearer can change her flowers as often as she likes.

Charming bows worn on evening gowns at one side of the neck are made of double faced soft satin ribbon in three different pastel colors—green, pink and mauve, for example.

Dainty ribbons for waist trimming or neckwear have a little ruffled edge in the style of silk elastic. This tiny white frill on pink, blue, lavender and yellow ribbon gives a very dainty effect.

Buckles are giving way to chiffon rosettes on evening slippers. The rosettes are round, dainty and fluffy, but nothing has so chic and dainty an effect as a smart little bow and flashing buckle.

Embroidered velvets with polka dots of the same or blending shades, are to be seen in the shops and in handsome gowns. It seems to be painting the rose, but the material is handsome and it is fashionable.

HE BEAT THE GOVERNMENT.

Happiness For a Farmer Who Met a Transcontinental Arc Surveying Party.

"Of course you have heard of the Transcontinental Arc this Government has been establishing from ocean to ocean," said one of the men who has been engaged in the work for several years. "You can't understand the work unless you have had an extra mathematical course in a college, and then you are apt to find problems you never dreamt of. We had some funny experiences, nevertheless. The law gave us right of way in establishing our lines. That is, we had the privilege of going over anybody's land.

"On one occasion it became necessary to cross a very high point of ground which was studded with trees. At first we thought of building an elevated platform from which we could get our distances, but we discovered that would take too much time. We concluded it would be easier to blaze our way through the forest with axes. As we were preparing to do this the owner of the property came upon us and asked our business. I explained to him, as well as you can explain the business to a layman, but I don't think he ever understood what we were driving at. Anyway, he notified us that if we skinned even the bark from one of his trees he would make the Government think the Philippine Islands affair was a picnic compared with what he would do. Efforts to persuade only made him the more obdurate.

"We had to go through that forest. There was no way round it. We then offered to buy the trees, but he wouldn't have that. He said the land without the trees would have no value. Then we told him we would buy as much of the land as was necessary, an acre on the summit. After he had thought over our proposition to buy he consented. When asked how much he wanted he replied $5. We would have paid him $5 a tree if he had asked it. We closed the bargain quickly, for we were afraid he would change his mind.

"After the deal was made and the money paid, I asked him if he didn't think he had made quite a sacrifice in selling the acre for $5. He replied that he was satisfied, and added by way of explanation, 'I bought it a few years ago for eighty cents; reckon I ain't lost much.' And of course there was no occasion for pursuing the subject. I suppose he thought he had beat the Government and that made him happy."—Sun.

WORDS OF WISDOM.

By sowing frugality we reap liberty, a golden harvest.—Agesilaus.

Fortune does not charge men; it only unmasks them.—Riccoboni.

Be not the fourth friend of him who had three before and lost them.—Lavater.

If there be any truer measure of a man than by what he does it must be by what he gives.—South.

Want and sorrow are the wages that folly earns for itself, and they are generally paid.—Schubart.

God governs the world, and we have only to do our own duty wisely and leave the issue to Him.—John Jay.

To be able to bear provocation is an argument of great reason, and to forgive it, of a great mind.—Tillotson.

Nobody can give you wiser advice than yourself; you will never err if you listen to your own suggestions.—Cicero.

We sometimes meet an original gentleman who, if manners had not existed, would have invented them.—Emerson.

The one who will be found in trial capable of great acts of love is ever the one who is always doing considerable small ones.—F. W. Robertson.

There cannot be a surer proof of low origin, or of an innate meanness of disposition, than to be always talking and thinking about being genteel.—Hazlitt.

Despair is the thought of the unattainableness of any good. It works differently in men's minds, sometimes producing uneasiness or pain, sometimes rest and indolency.—Locke.

While the world has many people who would suffer martyrdom in the cause of what they call truth it has few who will suffer even a little inconvenience in that of justice and mercy.—John Ruskin.

The New Port Arthur.

A recent letter from Port Arthur gives interesting details of the remarkable growth of the town during the last few months, though the new Russian settlement on the left hand side of Powder Magazine Valley has not yet been begun. Outside of this site, however, many houses and stores have been constructed and barracks for 12,000 soldiers have been built. The railway from New Chwang runs up the valley where the powder magazine used to be and will be finished in a few months, furnishing direct rail connection with New Chwang. Up to this time the Russian Government has been busy strengthening the fortifications, but this work is now finished and the town will be built at once. There are many European shops which carry large stocks, and restaurants and hotels are numerous where good accommodations may be secured.—New York Sun.

Swords May Be Abolished.

The suggestion of substituting a Martini-Metford carbine for the sword an officer usually carries is being largely discussed in military circles. The objection against the sword is that, when marching through hilly countries, it hampers an officer's movements in getting over rough ground, while a carbine could be used as a walking stick, thus being a great help and support.

My Hair Was Coming Out

"About a year ago my hair was coming out very fast. I bought a bottle of Ayer's Hair Vigor to stop this. It not only stopped the falling, but also made my hair grow very rapidly, until now it is 45 inches in length and very thick."—Mrs. A. Boydston, Atchison, Kans., July 25, 1899.

It Feeds the Hair

Have you ever thought why your hair is falling out? It is because you are starving your hair. If this starvation continues your hair will continue to fall.

There is one good hair food. It is Ayer's Hair Vigor. It goes right to the roots of the hair and gives them just the food that they need. The hair stops falling, becomes healthy, and grows thick and long.

Ayer's Hair Vigor will do another thing, also: it always restores color to faded or gray hair. $1.00 a bottle. All druggists.

Write the Doctor

If you do not obtain all the benefits you desire from the use of the Vigor, write the Doctor about it. He will tell you just the right thing to do, and will send you his book on the Hair and Scalp if you request it. Address, DR. J. C. AYER, Lowell, Mass.

Dog as a Mail Carrier.

New York Times: A woman called at a house on Lafayette avenue, Brooklyn, the other day, bearing a letter addressed to the lady residing there. It had been mailed the day previous, but the address was almost effaced. The woman explained that she had a young collie which was in the habit of picking up and playing with articles he found on the sidewalk. She had been out walking with him when she noticed that he was playing with a letter, which he had evidently found. She took it from him, and, finding that it had not been opened, she called at the address and delivered it. It was found about a block away from its address, and had probably been dropped on the sidewalk by a letter carrier. The owner talks of getting a position as mail carrier for her collie.

Mail Once in Two Weeks Only.

There are scores of places in this country where only one mail comes every fourteen days.

1900

There is every good reason why

St. Jacobs Oil

should cure

RHEUMATISM
NEURALGIA
LUMBAGO
SCIATICA

for the rest of the century. One paramount reason is—it does cure,

SURELY AND PROMPTLY

POTATOES $1.20 a Bbl.

Largest Seed POTATO Growers in America. Prices $1.20 & up. Enormous stocks of Grass, Clover and Farm Seeds. Send this notice and 10c for Catalog and 11 RARE FARM SEED SAMPLES. **CLOVER**
JOHN A. SALZER SEED CO., LA CROSSE, WIS. A. C.

BOY SWALLOWS FISHHOOK.

His Life Saved by a Common Sense Physician.

Early in my husband's professional career, says the wife of a busy physician in What to Eat, he was called in haste to the assistance of a boy who in some way had succeeded in lodging a fishhook in his throat. It was such a queer accident that we could not help laughing over it, despite the gravity of the case. Arming himself with various instruments for the dislodging of foreign bodies in the throat, the young doctor hurried away to find, upon arrival, the features of the case entirely changed by the lad having swallowed the hook. The parents were naturally much alarmed over the outcome of the unheard-of accident, and in the excitement everybody was prescribing what to do. Some were for pouring emetics down his throat, others suggested the stomach pump or a knife as the only means of saving his life, while others were for dosing him liberally with oil. While questioning the boy regarding the size, and so forth, of the hook, merely to gain time for thought, my husband, calling common sense to his aid, directed that the boy be allowed to eat all the solid food he could manage to digest, being aware that the safety of the delicate organs through which the hook must pass depended solely on imbedding its cruel points in a mass of solids, so as to protect the surrounding tissues. The amount of bread, meat, potatoes and other solids that that boy managed to put out of sight that evening astonished even those who knew something of the capacity of a boy's stomach. Only the minimum of fluids was allowed, and, well, the young doctor was gratified, to be assured, on the following day, that his original method of treating fishhooks was both safe and practical. This is an accident not likely to become epidemic, but I repeat the formula, not knowing but that it might prove advantageous in other emergencies, such as sometimes arise when any sharp or jagged edged bodies, such as pins, needles, tacks or bits of glass have been swallowed.

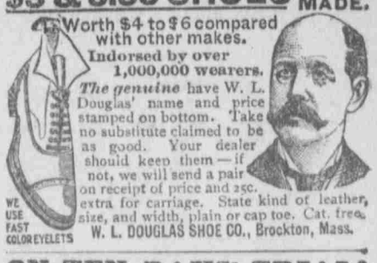
A. P. A.

Cassidy—Did ye hear o' the turrible thing that happened teh the Aherns' baby? Mulligan—Hurted at the christenin', was it? Cassidy—Hurted? Shure, 'twas ruined entoirely. They called the choild "Aloysius Patrick Ahern." Think av the initials av it!—Philadelphia Press.

Dr. Bull's Cough Syrup The best remedy for Consumption. Cures Coughs, Colds, Grippe, Bronchitis, Hoarseness, Asthma, Whooping-cough, Croup. Small doses; quick, sure results. *Dr. Bull's Pills cure Constipation. Trial, 20 for 5c.*

AGENTS! AGENTS! AGENTS!
The grandest and *fastest selling* book ever published is
DARKNESS AND DAYLIGHT
or LIGHTS and SHADOWS OF NEW YORK LIFE
—WITH INTRODUCTION—
BY REV. LYMAN ABBOTT.
Splendidly illustrated with 250 superb engravings from *flash-light photographs of real life.* Ministers say: "*God speed it.*" Everyone laughs and cries over it, and Agents are selling it *by thousands.* ☞ 1000 more Agents wanted all through the South—men and women. $100 to $200 a month made. Send for Terms to Agents. Address HARTFORD PUBLISHING CO., Hartford, Conn.

W. L. DOUGLAS $3 & 3.50 SHOES UNION MADE.



Worth $4 to $6 compared with other makes. Indorsed by over 1,000,000 wearers. *The genuine* have W. L. Douglas' name and price stamped on bottom. Take no substitute claimed to be as good. Your dealer should keep them—if not, we will send a pair on receipt of price and 25c. extra for carriage. State kind of leather, size, and width, plain or cap toe. Cat. free. W. L. DOUGLAS SHOE CO., Brockton, Mass.
WE USE FAST COLOR EYELETS

ON TEN DAYS' TRIAL!

ALUMINUM CREAM SEPARATORS. WOOD BUTTER SEPARATORS
No. 1, 2 Cows, $5. No. 1, 3 Cows, $7.
No. 2, 3 Cows, $6. No. 2, 5 Cows, $8.
No. 3, 4 Cows, $7. No. 3, 10 Cows, $15.
No. 4, 7 Cows, $8. No. 4, 15 Cows, $10.
No. 5, 10 Cows, $9. (Catalog and Terms
No. 6, 15 Cows, $10.) free on application.
GILSON-STEWART MFG. CO., GIBSONIA, PA.

FITS STOPPED FREE Permanently Cured Insanity Prevented by DR. KLINE'S GREAT NERVE RESTORER
Positive cure for all *Nervous Diseases, Fits, Epilepsy, Spasms and St. Vitus' Dance.* No Fits or Nervousness after first day's use. Treatise and $2 trial bottle free to Fit patients, they paying express charges only when received. Send to Dr. Kline, Ltd., Bellevue Institute of Medicine, 931 Arch St., Philadelphia, Pa.

DR. ARNOLD'S COUGH KILLER
Cures Coughs and Colds. Prevents Consumption. All Druggists, 25c.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

B N U 8.

WINCHESTER

Factory Loaded Shotgun Shells.

"LEADER" loaded with Smokeless powder and "NEW RIVAL" loaded with Black powder. Superior to all other brands for

UNIFORMITY, RELIABILITY AND STRONG SHOOTING QUALITIES.

Winchester Shells are for sale by all dealers. Insist upon having them when you buy and you will get the best.