



T. A. COOK.

INFLAMMATION,  
DYSPEPSIA,  
INDIGESTION,  
CATARRH.

# IS YOUR LIFE MISERABLE?

IF SO, WHY NOT BE HAPPY BY USING

## PROF. COOK'S BALM OF LIFE?

The Finest Chemical Preparation in the World.

Established in Washington, D. C., 1868.

WHICH CURES:

WEAK AND SORE EYES,  
SOFT THROAT,  
CHOLERA MORBUS,  
HEADACHE.

CHOLERA INFANTUM,  
GOUT,  
SKIN DISEASES,  
CHRONIC DIARRHŒA,



T. A. COOK.

ACIDITY OF STOMACH,  
CRAMPS,  
BILIOUS COLIC,  
BAD BOWELS.

### READ WHAT THE PEOPLE SAY:

Statements by the District of Columbia Supreme Court Judges and Other Prominent Citizens of Washington, D. C., and Elsewhere.

From the use and well sustained reputation of PROFESSOR T. A. COOK'S BALM OF LIFE, we deem it due its worthy discoverer and the public to add our earnest commendation of its efficacy:  
D. K. CARTER, Chief Justice.  
ARTHUR MACARTHUR, Associate Justice.  
A. B. OLIN, Associate Justice.  
ANDREW WYLLIE, Associate Justice.  
DAVID C. HUMPHREYS, Associate Justice.  
R. J. MEIGS, Clerk of the Court.  
R. J. MEIGS, Jr., Deputy Clerk of the Court.  
FREDERICK DOUGLASS, Marshal for District of Columbia.  
L. P. WILLIAMS, Deputy Marshal for District of Columbia.  
ALEXANDER SHARP, Ex-Marshal for District of Columbia.  
G. W. PHILLIPS, Ex-Deputy Marshal for District of Columbia.  
A. WEBSTER, Register of Wills for District of Columbia.  
STEPHEN J. W. TABOR, Fourth Auditor U. S. Treasury Department.

PROFESSOR COOK.

DEAR SIR: Your BALM OF LIFE has become a household necessity and comfort to my family. For general use as a toilet article it is all we desire; it keeps the head clean of dandruff, the scalp and hair healthy, and manifests a wonderful sanitary and curative power, whether internally taken or externally applied. It acts as a preventive, as well as a cure for incidental ills to which all are more or less liable. It is harmless in all its various uses. The old, the young, the sick, and the well will find it beneficial. We found it excellent in "second summer" diseases. I have bought for my family and personal friends more than a hundred bottles of the BALM; all are more than pleased with its powers and usefulness. Wishing you a well-merited prosperity, and the public that blessing directly due to the general introduction and use of your BALM OF LIFE, I am gratefully yours,  
W. B. MOSES, Eleventh and F streets.

It is so generally useful that I must commend it to the public.  
LEVI WOODBURY, Proprietor St. James Hotel, Washington, D. C.

WASHINGTON, D. C., May 28, 1889.  
MR. L. MOXLEY: The Sisters have used "Cook's Balm of Life" for years past and highly recommend the same. I myself have used it and find it a great remedy for indigestion, dyspepsia, etc. Yours truly,  
J. A. WALTER, Pastor St. Patrick's Church.

MRS. HELEN A. McCRARY, Wife of the Ex-Secretary of War,

ADDS TO OUR LONG LIST OF TESTIMONIALS THE FOLLOWING LETTER:

KEOKUK, IOWA, May 30, 1883.  
It is with genuine gratitude I bear testimony to the efficacy of COOK'S BALM OF LIFE. Besides being a great sufferer with DYSPEPSIA in its many forms, I had frequent attacks of ERUCTIONS OF GAS from the stomach, which lasted from three to seven hours, and were followed by very distressing and alarming SINKING SPELLS, and for which I could find no remedy until I called upon Dr. Dexter, of Washington, D. C., who told me that the best medicine for that symptom, and one he often prescribed for his patients, was COOK'S BALM OF LIFE. I immediately procured a bottle, and after taking three doses my stomach was relieved, and before I had used one-half the contents of the bottle that particular condition of my stomach was overcome, and now, after five years and having had no recurrence of the trouble, I feel safe in saying that the BALM CURED ME, for it is the first and only thing that gave me relief. I have by its use learned its value in other directions also, and consider it ONE OF THE VERY BEST FAMILY MEDICINES IN THE WORLD, and think myself unfortunate when I am without it. Hoping that others may be as much benefited by its use as I have been, I am sincerely yours,  
HELEN McCRARY.

### HOW TO USE IT:

For Dyspepsia and All Stomach Troubles, a Wineglassful 15 minutes after each meal, and on retiring. For Skin Diseases bathe parts affected at short intervals.

SOLD BY ALL DRUGGISTS.

Manufacture and Wholesale Depot, New Balm of Life Building,

1005 E STREET N. W., WASHINGTON, D. C.

L. MOXLEY, Sole Owner and Proprietor.

### "BAB" TAKES IN GAY PARIS.

HOW FRENCHWOMEN DRESS AND WHAT THEY ARE LIKE.

Women Would Lead Parisian Fashions—The Frenchwoman's Art of Dressing—The Latest Paris Gown—The Chic of a French Bonnet—The Frenchwoman in Business.

[Special Correspondence of SUNDAY HERALD.] PARIS, July 5.

A Frenchwoman will suffer any torture if only she can be beautiful. A four-hours' stance at a Parisian *modiste*, watching the draping of a bodice on a pretty woman, has proved how great is the Frenchwoman's patience and her determination to have things just right. Her fancy at present is for the bodice without seams, excepting, of course, those under the arms, and the material has to be almost moulded to her, unless, indeed, she is statuesque in her outlines. And to gain a properly fitted bodice of this sort she will endure standing for hours at a time, and feel that she has her reward when a man friend pronounces her appearance *comme il faut*.

TWO LEADERS OF PARISIAN FASHIONS.  
If a Frenchwoman is informed that the Duchesse d'Uzes or Princess de Sagan has had costumes like this, and that they stood without a complaint while they were pinned and basted, then she feels that she has made a success. These two women, more than any others in society, set the stamp on special fashions, and each is as eccentric as possible. The Duchesse d'Uzes is said to be a direct descendant of Louis XIV and Madame de Montespan, and this may account for some of her eccentricities. She is devoted to hunting, and is said to possess the finest pack of stag hounds in France, while it is announced that she can drive a four-in-hand with as much art as any man. Princess de Sagan is a little different, being essentially a woman of the world and, what is more, a most charming hostess. Her costumes are the delight of Paris, for when she is driving the smallest shopkeeper out for a holiday feels a personal pride in her and her appearance that is as odd as it is admirable.

HOW FRENCHWOMEN DRESS.  
The Frenchwomen, more than any others in the world, know how to dress, to drive, and to make themselves things of most exquisite beauty. The rage for heliotrope still continues, and consequently Madame, out for the purpose of seeing and being seen, is gowned in a velvet and wool combination of this exquisite shade, has silk stockings and low shoes to match, her gloves are of the same pale color, and on her head is a crownless bonnet formed of heliotrope and crêpe, and with a jet crescent standing above a knot of the crêpe just in front. Her parasol is formed of frills of heliotrope crêpe, and the fan in her lap is a sheer one of heliotrope gauze, with sticks of amber. It is just such a symphony in costume as is only seen in Paris, and only worn perfectly by a Frenchwoman. Although hundreds of eyes are looking at her she is utterly and absolutely unconscious. Her bow to an acquaintance just pass-

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ing means the giving a smile, which in itself is a perfect salutation. Do you suppose that Madam has paid for that frock what an American woman would? Certainly not. And in getting every adjunct to it not only the color, but the cost has been carefully considered. The Frenchwoman is the queen of financiers, and though she may lose dress she does not commit the frightful extravagances which are credited to her. Those she leaves to the members of the *haut-monde*—those ladies of whose existence she is always beautifully ignorant, except when she is discussing their gowns with her most intimate friend.

THE CHIC OF A FRENCH BONNET.  
I could always sympathize with the woman who sold her shoes that she might buy a French bonnet, for if you have ever had any doubt on the subject before you know how that milliner is born and not made, and that they can only come from this country of sunshine. An English or an American bonnet is too often over-trimmed, but the French one seems to have been thought out for you, and you begin to wonder if the milliner had some sort of outlook into the future, knew you were coming, and knew just what you would want. Delightful *chapeaux* of soft crêpe, decorated with flowers or jets of gold, are most in vogue; a typical one is of pale-yellow crêpe, without a crown, and just in front is a golden butterfly poised as if for flight, and having eyes of tiny emeralds. I never knew butterflies had eyes before, at least I didn't know just where they carried them, and even now I don't know whether these are properly placed. The ties are of black velvet, and the bonnet is worn very far forward, so that little of the bang shows.

THE FRENCHWOMAN IN BUSINESS.  
The Frenchwoman is the power in France in the business as well as in the social world; in the middle classes she really directs how the money shall be invested, she looks after the in and out-going of the francs, and she is always deferentially treated by all the people in her husband's employ. In the higher classes she hears the secrets of the Bourse, or of the Ministry, and she knows whose influence is worth gaining to assist her husband in his schemes. She usually obtains what she wishes. In the literary world she is queen, and, differing in this from the Englishwoman of the same type, she is well dressed and prides herself on being a good hostess.

FRENCH WIELDERS OF THE PEN.  
Among this set is the writer known as "Gyp," really the Viscountess de Martel, a most charming and brilliant woman, while Madame Edmond Adam is so well known that one can say nothing of her except that with the years she seems to have grown younger and more attractive. Frenchwomen write about subjects seldom touched by those of other nations; they give positive opinions about vital questions of the day, marriage, divorce, the education of children, the condition of the poor, and the rights of the working people all being discussed by them and their opinions expressed in the boldest way. Among them the younger Dumas is specially praised, and when one thinks of the plays he has written, those with a motive, that are so little appreciated in the United States, the reason for their admiration is easily understood.

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HOW FRENCHMEN REGARD WOMEN.  
The Frenchman is openly and honestly proud of "the other woman." Where an Englishman glowers over his horses the Frenchman does over his *chère amie*. That she should be the best dressed, that her equipage should attract the most attention as she drives around the lake, and that she should be known as under his protection is his delight. Oddly enough, although she doesn't say so, his wife occasionally takes pride in this. No wonder everything is quoted as "*fin de siècle*." A bright man told me the other night, apropos of women all over the world, that if he wanted a companion he should seek an American, if a wife an Englishwoman, and if a mother a Frenchwoman. Certainly they are good mothers, and the love existing between mother and child is invariably strong, while the Frenchman's belief in the rights of a mother is shown in the way laws are framed with due regard for parental opinion.

AMERICANS IN PARIS.  
Americans? Yes, they are here. The ones seeking social recognition, others seeking whom they may marry. It is not a particularly creditable state of affairs, but the American met everywhere is really in search of one of these two things. In London she is trying to buy her way with money. In Paris she is trying to buy influence with money. This is a distinction with a difference. She feels that in London she can offer her dollars in the crudest way, stating what she wishes and how much she will give for it. Here more care must be taken, and to get the influence of a lady from Faubourg St. Germaine she must be approached most delicately and the question of money glossed over until it seems of the slightest moment.

THE AMERICAN HUSBAND HUNTER.  
The laughing-stock of the fashionable set wherever she may be. One of the most conspicuous has almost an international reputation as a beauty, and it did seem at first as if her hard work was to be crowned with success, but alas! the years have gone on, and she seems no nearer the goal than she was in the beginning. With time there has come a certain hardness, and her object is so apparent that eligible men do like the villain in the play, and turn and flee.

A BIT OF AMERICAN WISDOM.  
The greatest kindness that one can do for all other American women when one is abroad is to try and convince foreign mankind that there are hundreds of lovely women on the other side who do not have to go out to seek husbands, but who stay at home and refuse to accept many who are offered, eligible though they may be. It is natural for them to judge all by the one type, and until you have seen it you cannot imagine how entirely disgusting is the woman with an eye like a wolf on some man and a determination expressed in her compressed lips to have her daughter introduced to him. No wonder the great dread of the French mother is that her young daughter may be like this, for naturally she sees little of the other type.

THE DRESSMAKERS' SHOPS.  
Are overflowing with our own people—the dressmaker, by-the-by, being used to designate a man, for he is the god of gowns. It is said the first ladies' tailor was Supplis, who made the beautiful frocks worn by Madame Pompadour, but he is known always as a *couturier*, now, *fin*

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*de siècle*, the man tailor finds the feminine *couturière* more desirable. The coolness with which these gentlemen of the needle express themselves as to your good and bad points is edifying. Provided, of course, the disagreeable things are said about some other woman and not about you. Monsieur the Most Important does not hesitate to object to your having a short sleeve, for he announces that your bones must be covered; he also tells you that American women are very careless or else they might keep their figures forever, not having the tendency of the Englishwomen to a very large stomach, nor of a Frenchwoman to an extremely full bust. He upbraids the entire nation severely for not remaining slender eternally, and you feel as the special representative, the only thing for you to do is to go home and give a course of lectures on the beauty of slimmness. He insists on putting a short tail to your frock, and when you say something about walking in it, he conciliates you by politely murmuring, "Surely, Madame never walks with such feet," and you go away feeling that by giving in to your nasty little vanity about the number of shoes you wear, you have got a frock that will be of no earthly use to you except when you go to ride in chaises.

FRENCH IGNORANCE ABOUT AMERICA.  
Although this is the end of the nineteenth century, and traveling around the world is not difficult, you will yet find people even in Paris who think an American is first cousin to a red Indian; who believe that we never get anything good except when we come here, and that we live in a barbarous state all the rest of the year; who have an idea that when we want an afternoon's recreation we ride over to Salt Lake City and take tea with the Mormons, and who think that if we are as decently mannered as we seem to be it is because there were some Frenchmen sent over here when the country was in its early youth. Funny, isn't it? When you start out with not very much money in your purse and you are bringing things home to everybody, don't be beguiled into doing your shopping here. You can get the most fascinating of fans, the daintiest of purses, but for most everything else you get better worth for your money in London. This is a little spoonful of experience offered to the general woman.

POINTS FOR AMERICAN WOMEN.  
I wish the American woman would learn to put on her frocks like the Frenchwoman.  
To walk as well as does the Englishwoman.  
To have as good an idea of her husband's financial condition as the Frenchwoman.  
To be as good a hostess at a dinner party as an Englishwoman.  
To talk as well and yet tell as little as the Frenchwoman.  
To have as ardent a respect for the powers to be as does the Englishwoman.  
To be as devoted a mother as is the Frenchwoman.  
And yet, after all, if I had to winter and summer with anybody—and wintering and summering is a test of what they really are—I should say give me the American, for she is generous where the Englishwoman is stingy, she is impulsive where the Frenchwoman is calculating. She is independent where the Englishwoman is servile, and she is considerate and affectionate without a thought of what she will gain from it.

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### Weekly Excursions to Pen Mar via Pennsylvania Railroad.

In order to afford the people of Washington opportunities of spending a day on mountain top the Pennsylvania Railroad has arranged to run weekly excursions to Pen Mar. Wednesday is the day fixed, and the excursions will be run on each Wednesday of the summer from July 2 to August 27, inclusive. The round-trip rate will only be \$1.50, tickets to be good only on the special train in each direction. The special will leave Baltimore and Potomac Railroad Station, Sixth and B streets, at 8:15 A. M., and run through to the mountains via the Baltimore and Potomac and the Western Maryland railroads, leaving Pen Mar on the return trip at 5:37 P. M.

### Cheap Excursions to Atlantic City or Cape May via Pennsylvania Railroad.

The Pennsylvania Railroad Company will on July 19 inaugurate a series of Saturday excursions from Washington to Atlantic City and Cape May at the very low rate of \$3.50 for the round trip. Special train will leave Baltimore and Potomac station, corner Sixth and B streets, on July 19, at 4:00 P. M. Excursion tickets are good going only on special train, and good to return on any regular train excepting the limited express up to and including the Monday following. Additional excursions will be run on August 2, 16, and 30.

New Route to Boston.  
Pullman buffet sleeping cars are now running through, without change, from Washington and Baltimore to Boston, via B. & O. R. R. and the Poughkeepsie Bridge. The train runs into the B. & O. station at Boston, and passengers for the White Mountain region, Bar Harbor, and all Maine Coast resorts avoid transferring across the city. The train leaves Washington at 2:50 P. M. and Baltimore at 3:40 P. M. daily.

Excursions to Baltimore.  
The B. & O. R. R. Co. will sell cheap excursion tickets to Baltimore from all stations on its lines between Wilmington, Del., Staunton, Va., and Oakland, Md., inclusive, on Tuesday, Thursday, and Saturday of each week until August 5. Tickets will be valid going on all trains on day of sale and valid returning on all trains until following day, inclusive.

Low Rates to Deer Park and Oakland.  
During the present season the B. & O. R. R. Co. will sell excursion tickets from Washington to Deer Park, Mountain Lake Park, and Oakland for the Friday night and all Saturday trains each week at rate of \$5 for the round trip. The tickets will be valid for return passage until Monday following day of sale. Tickets to Berkeley Springs and return will be sold under similar conditions at \$3.50 for the round trip.

Electric Belt Free.  
To introduce it and obtain agents the undersigned firm will give away a few of their \$5.00 German Electric Belts invented by Prof. Van der Wyde, Pres. of the New York Electrical Society, (U. S. Pat. 257,647), a positive cure for Nervous Debility, Rheumatism, Loss of Power, etc. Address Electric Agency, P. O. Box 178, Brooklyn, N. Y. Write to them to-day.

Charles P. Calvert,  
Topographical Engineer and Surveyor. Especial attention given to subdividing country property. 1420 F street northwest. aul18-193

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