



Women Who Know

Wine of Cardui has been so helpful to me that I feel it my duty to advise sick and suffering women to try this wonderful remedy.

MISS MARTHA HUBER,
505 East 88th St., New York City.

Wine of Cardui is simply wonderful and I wish that all suffering women knew of its good qualities.

MRS. WILHELMINA SNOW,
Treas. Economic League, Portland, Me.

Every woman suffering with female trouble should try Wine of Cardui, and I fully believe they will experience the same benefits and cure which I have.

MRS. L. A. AUSTIN,
606 N. 6th St., Kansas City, Mo.

My advice to suffering women is to take Wine of Cardui and they will never be disappointed in the results.

MISS LOUISE FINE,
125 Hennessy St., New Orleans, La.

WINE OF CARDUI

These women say Wine of Cardui will cure menstrual disorders, bearing down pains, ovarian pains, leucorrhoea, nervousness and hysteria—that this pure wine will rob childbirth of its worst agonies, and that the change of life need have no terrors for a woman who takes this great female tonic. Will you take their advice?

Secure a Bottle of Wine of Cardui today.

Women Of Higher Education Wears Only a Mask Of Cynical Coldness

BY MARGARET ANGLIN.

The claim has been made that higher education for women chills the heart in living the intellect, that the development of the intellect along the pathways of culture and higher thinking makes women cold and cynical in regard to human emotions.

We are told that the super-educational college woman is incapable of being swayed by the same deep feeling as the child of nature who knows not the ethics and the subtleties of whom the meaning of psychology and to whom the pathways of culture and higher thinking are reduced to the primitive conception of right and wrong.

I doubt this very much. The woman of high education or the professional woman feels the same forces away from her, but she knows how to control them.

What higher education and the professional life do for woman, however, is to eradicate the ostentatious display of feeling so long regarded as necessary for the "womanly woman."

The power to repress the emotions has no effect upon the ability to experience them. Convention and good breeding necessitate self-restraint, but the woman who can control her feelings and whose breeding and education have taught her that unnecessary display of feeling is vulgar experiences them just the same.

It is the poise of the woman of culture and intellect, of business ability and professional standing, which give rise to the complaint that she is not capable of human sympathy and emotion.

Higher education, culture and the broader life that has been opened to women in the last quarter century have done more toward the development of real human sympathy and feeling than all the artificiality and affection of the years before.

When I speak of higher education, I do not necessarily mean the accumulation of a lot of college degrees, in dead languages or mathematics. Even in the lives of these self-restricted creatures the feelings which they have forced to lie dormant are liable to burst forth with the so-called sincerity of the untutored child of nature.

By the woman of higher education and culture I mean one whose intellect has broadened by her life of training, and whose mind has been able to comprehend and digest the facts which education has placed before her. A woman with keen sensibilities and a well trained mind, a woman of strong intellectuality, despises the gushing display of feeling. If the charge of coldness is brought against her, it should be with a word of thankfulness. Lack of feeling is so often hidden by the disguise of hysterical prostration and gushing emotionalism, that women of culture and refinement shudder at the thought of being placed in the same category.

With women who are incapable of feeling the easiest thing in the world is to assume sentiment and emotion. Naturally, as in the case of all artificiality, it is apt to be overdone. There is no reason why the holiest

of emotions should not be rational, nor is there any reason why woman's power of feeling be placed upon the basis of relative values. Emotion is too valuable a thing to be trifled with, and, unlike the shallow creature who, under a cloak of hypocrisy, gives vent to riotous emotion, the woman of higher education places a true value upon expression.

Higher education cannot kill real feeling in woman; sympathy, love and affection do not need primitive or elemental expressions to be sincere.

Suggestions For The Housewife

Cantaloupes will turn milk sour if left near each other.

Bread crumbs should always be used for covering articles for frying, as cracker crumbs absorb the grease.

In making custard pie do not beat the eggs more than just enough to have them mix with the milk; then be careful not to bake it too long.

A pan or bucket in which holes have been worn may be made available for carrying water for flowers if small pieces of cloth are pulled through the holes as far as they will go.

In warm weather meats may be freshened by washing in cold soda water before cooking, though washing of meat is detrimental to its quality and should only be done when necessity demands it.

The most desirable fruits for jelly making are currants, cranberries, apples, quinces, grapes, blackberries, raspberries and peaches. If the fruit is used before it is fully ripe it makes a clearer jelly and a gentle simmering with no stirring will make it of finer grain.

If alabaster ornaments are merely grimy, washing with soap and water will clean them; if, however, they are stained, wash them first and then spread over them a mixture of white and water, made into a stiff paste, wash this off after a few hours, when the stains will probably have disappeared.

To clean marble take two parts of common soda, one part of pumice, one and one part of finely powdered salt. Sift the mixture through a fine

sieve and mix it with water, then rub it well over the marble and the stains will be removed. Rub the marble over with salt and water, then wash off and wipe dry.

When the cream sours, there is a way of disposing of it in making biscuits or griddle cakes, and which is far less trouble. Put in a cream jar, filling it only about one-third full, and shake it until it comes to butter, an operation which takes some ten minutes of steady work, and which results in delicious fresh butter for supper.

For hardwood floors melt together in a bowl set in hot water half a pint of turpentine, two and one-half ounces of powdered resin, three-quarters pound beeswax. Do not let these ingredients come in contact with fire while being melted, as they are all inflammable. When melted apply with a soft cloth and polish with a brush.

There is no way of telling a cling from a freestone peach except by breaking the fruit. Whether they are sufficiently ripe for table use can be readily distinguished, for the skin should be yellow, perhaps with tinges of red on spots that have been exposed to the direct rays of the sun, and firm to the touch, though not as hard as they are when green.

Do not use ordinary writing ink in your fountain pen as it will corrode and render your pen useless unless cleaned very often. Take an old type writer ribbon, turn over it a pint of hot water and let it stand a day or so, stirring frequently. Turn the ink into a bottle, cork securely, and you have an ink which will flow freely and not corrode your pen. If the typewriter ribbon had considerable ink on it you can thin your ink by adding more water after the first print is made.

Ribbons will become creased in spite of the best care and a hot flat iron removes but few of these marks of use. A better plan is this: Take a smooth quart bottle and fill with boiling hot water. Then wrap a single paper smoothly around the bottle, wrap the ribbon around the paper perfectly smooth and tight and then wrap another paper around this and pin in place. Set it aside a day and night and the ribbon will be beautifully smooth and new to appearance. Soiled ribbons may be soaked and squeezed in a weak suds and when rinsed and dried, ironed in this way. It is a very satisfactory method.

The inspector asked the boys of the school he was examining: "Can you take your war movements off?" "Yes, sir," was the response. "Can the bear take his warm overcoat off?" "No, sir," "Why not?" There was a silence for a while, and then a little boy spoke up. "Please, sir, because God alone knows where the buttons are."—St. James Gazette.

PUT GIRLS ON TIPTOE

Girls, if you want to be stylish you will have to trip around on tiptoes hereafter. Of course, you don't have to do the tripping in bare feet, but you must wear the new "tiptoe" shoe which the shoe manufacturers have solemnly decreed shall be the thing. The new styles are shown at the first national shoe and leather fair ever held, which is now under way at the First Regiment armory, 16th street and Michigan avenue.

In the "tiptoe" shoe the foot is held exactly as though you were actually walking on tiptoes. The entire weight of the body is thrown upon the toes and the front part of the balls of the feet. The heels of the new shoes are unusually high, to brace the body. In some instances they are as high as two and a half inches, but the usual height is an inch and a half.

No matter how flat your pedal extremities may be, the "tiptoe" will give you a beautifully arched instep. It is said, to the short girl especially does the new shoe come as a boon, and she may add a couple of inches to her height with perfect ease and propriety.

Pointed toes and thick soles will prevail in the "tiptoes." Laces will be used almost exclusively. In the low shoes, instead of the bows being in the center, they will be placed at the outside of each.

SCIENCE SETTLES IT.

Dandruff Is Caused by a Germ That Saps the Hair's Vitality.

It is now a settled fact that dandruff is caused by a germ. Falling hair and baldness are the result of dandruff. Dr. E. J. Beardsley, of Champaign, Ill., got hold of the new hair preparation, Newbro's Herpicide—the only one that kills the dandruff germ. He says: "I used Herpicide for my dandruff and falling hair, and I am well satisfied with the result." Dr. J. T. Fugate, of Urbana, Ill., says: "I have used Herpicide for dandruff with excellent results. I shall prescribe it in my practice." Herpicide kills the dandruff germ. Physicians as well as the general public say so. Sold by leading druggists. Send 10c. in stamps for sample to The Herpicide Co., Detroit, Mich. Hollister Drug Co., special agents.

Washington, Aug. 21.—Meningitis is the disease affecting the backbone of the American continent, according to Dr. C. Willard Hayes of the geological survey. That Mexico will be the next country to be visited by a seismic disturbance is his prediction. In discussing this topic Dr. Hayes said: "These mountains, or what is mistakenly called the backbone of the American continent, are among the newest in the world. That is why they are so high. They represent a much more recent geological period than do the Appalachians, although it is probable the Appalachians were once as high as the Rockies.

The world may be round, but there are lots of people who think that it is pretty flat at times.

The Weaker Sex

Girls Who "Scare" Men. The Woman Who Backbites—Making Hard Work.

"If I were a mother it seems to me the first thing I should teach my daughter would be not to run after the men," remarked Mrs. Gossip primly.

"Why, I hadn't noticed"—began little Mrs. Meekly timidly.

"No, of course not, my dear. You don't generally, but I suppose you have heard of Mary White, haven't you?"

"There are five White sisters, are there not?"

"Yes, and old Mrs. White is mighty anxious to marry them off, only, as I remarked before, why doesn't she go about it the right way and teach them a point or two? Well, there was Mary, and she met a very attractive young man at the 'Goodys' dance. They walked three times and then Mary asked him to call. He liked that well enough, because Mary is a very pretty girl. When he went to the house, however, he didn't meet any of the family. The parlor had all the lights turned low, and there sat Mary propped up against a pink cushion with a pink light near by falling on her hair and face. Well, you'll admit that was rather disquieting for a young man who had simply dropped in to have a jolly little conversation with a girl he had only met once before. Somehow or other after he left he remembered the conversation had been all personal. Every time he tried to be bright and interesting and talk about people or things Mary dragged it back relentlessly, and that worried him a little.

"Then, after two days, Mary rang him up over the telephone at his office, mind you, and asked him to go with her somewhere. He was very busy, and he refused. Three days later she wrote him a note asking him to come up that evening, and then she wrote him another one reproaching him for not doing so. Well, the young man became good and frightened by that time,



"MARY RANG HIM UP."

and he ran away from her for all he was worth. Now, wasn't she a silly girl? If she hadn't done anything, but had waited for him to make the advances, she might have had all the admiration and attention she wanted from him, for she certainly looked pretty the night of the dance, and he was much attracted. She simply frightened the life out of him, that's all, and if Mrs. White ever expects to marry her off she ought to put her wits.

"My goodness!" observed little Mrs. Meekly open mouthed.

As to Backbiting Friends.

"When you find out you have a 'friend' who talks about you behind your back let her go at once," remarked Miss Wisely as she scornfully tore up a note of apology. "Don't take her on trial again. She won't stop belittling you. That is in her nature. She will only be more cautious about it, and you won't be aware she is doing you harm until you receive some really serious injury from her which will open your eyes too late. Better let her go right away."

Half the wear and tear housekeepers complain of arises from their own disorderly habits.

Order is the greatest time and nerve saver possible.

Some women can live neatly in a hall bedroom; others haven't room to turn around in a nine room apartment. It's all a question of method.

"Why do I keep my house in such good order?" said a friend of mine. "Because I remember what my father used to tell us. He would say: 'Children, why do you give yourselves extra work by making two movements instead of one? One movement puts your hat and your coat in the closet, but when you throw them on a chair you have first that movement and then another movement later on to pick them up and put them away.'"

Sensible old gentleman, wasn't he? MAUD ROBINSON.

Hawaiian Tropic Preserves

A Case of Mrs. Kearns delicious Jams, Jellies and Chutneys

makes a nice souvenir of the Islands. These Goods are carried by the leading wholesale and retail houses and are supplied to the Pacific Mail, Oceanic and T. K. K. line of Steamer.

MRS. ANNIE KEARNS,
FACTORY, HOTEL ST, HONOLULU, T H

A FRAME MAY MAKE OR SPOIL A PICTURE

We pride ourselves with having the taste to choose a frame that will show a picture to the best advantage, if the matter is left to our selection.

Or, if you choose the moulding, we again take pride in having such a handsome assortment that you cannot fail to find just what you want.

Our stock of moulding and ready-made frames was greatly added to by a large new assortment which arrived in the Alameda.

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Tender Meats

maketh the stomach joyful. But it is often a problem to find the right place to get what is really tender. The frugal housewife gets her meats here, while the one who thinks she can save a sixpence by getting them in another place often spends a shilling in other expenses. Then you must count the cost of the energy in making the meat tender with a hammer.



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The ISLAND MEAT CO.

is in a splendid position to secure for its patrons the very best island meat, carefully handled. Also Island Poultry of every description.

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WHITNEY & MARSH

Are Now Showing

New Children's Dresses

ALL SIZES

The larger part of our recent New York purchases made by Mr Brasch, will arrive in the S.S. Alameda, due here next Friday. Due announcements will be made of our opening displays

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