

## How to Mix Sherwin-Williams Paint, Prepared, Properly.

To secure the best results from S. W. P., or any other good prepared paint, it must be properly mixed. The illustrations and their explanations tell how to mix S. W. P. properly and in the least time.

 <p>1. Shake the package violently.</p>	 <p>4. Stir the pigment and remaining oil with a strong, smooth paddle that is of a shape which will admit of getting around the edges and bring up all of the pigment. Do this until the mass is smooth and entirely uniform throughout.</p>
 <p>2. Cut out the whole top.</p>	 <p>5. Begin returning the surplus paint a little at a time, until all has again been added, stirring constantly.</p>
 <p>3. Pour off into another package at least two-thirds of the vehicle that has raked above the pigment.</p>	 <p>6. Then, "box" the paint—that is, pour it back and forth from one pail to another from half a dozen to a dozen times, each time leaving about one-quarter of the paint in the pail which is being emptied.</p>

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# SPORTS

BY V. L. STEVENSON.

## ATHLETICS.

### ANOTHER TRACK MEET MOOTED

Y. M. C. A. WILL LOOK INTO MATTER

Dr. Hand Wants to See Local Records Broken on Boys' Field—Big Meet Is Being Considered.

Dr. Hand of the Y. M. C. A. has planned for a track meet which will bring together all the best athletes of the country, and make competition so close that some of the existing records will be almost certain to go by the board.

If Rice, McCandless and a few other runners were really hard pressed on a good track, there is no saying what new figures might be established by some of the local boys.

Carey is a runner who might cause new records to be posted if properly paced. He is a sterling runner and has shown his quality on several occasions on the local tracks. Then MacKenzie can be relied upon to cover the hundred in fast time, and he and Rice should finish close together in any race they may start in.

Elisha Andrews will go after the pole vault, and he should go close to beating the record which he got within four inches of last year. The Boys' Field would be the place where the suggested track meet would come off, and as a lot of work is being done on the ground at the present time, the field should be alright.

## FIGHTING FIFTH GO DOWN IN DEFEAT

Kewalos Take Measure of Cavalry to the Tune of 4 to 3—Barry's Beauts Will Next Try and Beat Lilehua Boys.

Yesterday afternoon the Kewalo baseball team journeyed down to Lilehua and met the Fighting Fifth ball tossers on the best diamond in the country. The town team won out after a very close and exciting game by a score of 4 to 3.

The Cavalry lads put up a good game, but the DePont-Souares combination was too strong for them. There was a big crowd around the diamond and many city people took the run down on the train to hospitable Lilehua, where they were made to feel at home.

Both nines scored in the first inning, the Kewalos making one run, and the Cavalry two. Then in the third the city boys knocked up two more and followed it up with one in the fourth. That completed their scoring, but as the Fifth could only add one in their eighth, the game ended in victory for the Kewalos. Barry's Beauts will next tackle the Cavalry and then there will be something doing for certain.

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## MARATHON.

### HALEIWA EVENT IS BOOMING

THREE RACES WILL BE RUN MARCH 27

Runners Are in Training and Motorcyclists Getting Into Shape—Cyclists Will Also Make Fast

Now that the Haleiwa Marathon race, which is to be run on March 27, is a really going concern as far as prizes and runners are concerned, it is good to see that a lot of the men who competed in last year's contest are getting into form for the big race of next month.

Connie Hayes is running in fine shape, and Nigel Jackson, who is training in his company, states that the young fellow is in the best of form and that it will take a good man to beat him. Jackson, himself, is running strongly, and as he already has a leg in for the Diamond cup, he will strain every nerve to again win the long-distance race.

Gorman is said to be getting into condition, and anyone who remembers the fine effort put up by the same runner last year, would certainly like to see him competing in this year's event. Feagler, Fahy and half a dozen other well known distance runners, are training hard and every night may be seen along the Beach road at work. A number of lesser lights are also at work and it may be that from their ranks the winner may come.

It is certain that a big field will face the starter at the railroad depot on the great morning, and the special train should be crowded with a big bunch of excursionists who will enjoy themselves down at beautiful Haleiwa just as much as the crowd did last March.

The motor-cycle and bicycle races will add interest to the day, and it is expected that some marvelous times will be put up over the road. Many motorcyclists have already been over the course, so as to get used to the bends and gulches which are plentiful.

Jackson is busy collecting prizes and already he has a fine list of suitable articles that will appeal to the amateur runners, who will take part in the Marathon.

## SHORT SPORTS.

The Y. M. C. A. Marine handball tournament will be continued at the gym. court as soon as the new balls arrive from the Coast. The first half was played at the Camp Victory court, and the Marines had an easy time in winning by a score of 553 to 262. However, the second half of the tournament should tell a different tale, as the Y. M. C. A. bunch will be on their own court, and there is little they do not know about the way a ball bounces there.

There will be an important meeting of the Oahu Baseball League on Thursday evening next at the office of C. F. Chillingworth. The meeting will be called to order at 7:30 o'clock, and as it is the first gathering of this year, all members are requested to roll up. The teams that are to take part in the series will be thought over, and it may be that a couple of new nines will be in the Oahu League this coming season.

It looks as though the legislative mountain might give birth to a few chipper mice after all.

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## KAMS WIN TRACK MEET ON POINTS

High School Has Most Firsts, but the Kams Fill Too Many Other Places—Foul Spoils Relay Race—No Records Are Equaled or Broken.

Although there was an unfortunate dispute in regard to the relay race between the Kams and High School on Saturday afternoon, it can not be denied that the Kams did remarkably good work in scoring so many points more than the Highs. Sixty-nine to 57 was the final tally, and even if the points had been scored in the other way, the Kams would still have been in the lead by 54 to 50.

The High School, through the agency of Rice, McCandless and Norton, won pretty well everything, but as the rest of the High team did not get the second, third and fourth places as the Kams did, the total points, of course, showed the Kams in the lead.

In the relay race McCandless was disqualified for fouling Hosesa, but the High School athlete denied that he interfered with Hosesa. However, the judges stuck to their verdict, and McCandless was ruled out of the race.

There was a good-sized crowd present to watch the meet, which, after all, is only a preliminary affair, which is the tryout for the big meet on March 19. The sports were much enjoyed and it is to be regretted that the argument about the fouling and the method of scoring took place. If the High School would only put more men in the field for each event, they would have a better chance. They can win nearly every event, but it is the number of seconds and thirds that count.

The 100 yards sprint was won by Rice, with Hosesa second. Time, 11 sec. Rice could have improved on this time, if really pressed.

Then the Kams captured the mile run with the aid of Gora, who won from his schoolmate Benjamin. Time, 5 min. 27 1-5 sec.

The 220 yards low hurdles went, as expected, to Hill Rice. Time, 31 sec. McCandless won the quarter mile run in 58 3-5 sec. Hill Rice was second, and Lewis of the Kams third.

Once again Rice showed his pace in the 220 yards sprint, and he landed that event by a narrow margin from McCandless. Waleolele of the Kams got third place. Time, 25 3-5 sec—very slow indeed for men like Rice and McCandless.

The half mile brought that sterling runner Norton to the front, and he landed the event from Gora. Chillingworth was third. Time, 2 min. 20 sec.

Five feet one inch won the high jump, and, of course, it was McCandless who carried off the honors. Kam boys, however, filled second, third and fourth places.

McCandless put the shot 43 feet 2 inches, and no one else could touch him in that department. He jumped 19 feet 1-2 inches and could have done more if he had tried hard in the bad jump.

The Kams had it all their own way in the hammer throw, and Miliaka, Wilcox and Noah were first, second and fourth. McCandless was placed third. Ninety-one feet 11 inches was all that the winner could throw.

Hal of the Kame cleared 9 feet in the pole vault, and was declared the winner. Noah was second, McCandless third, and Kauli fourth.

The High School, although winning eight out of twelve events, were defeated on points, and it was owing to the Kams having so many men in every event. The Highs had better interest the rank and file of the school athletes in the running and jumping game, or else they will time after time win first place in events, but lose on the total points scored.

Before the next meet it should be made clear, also, that either fourth place in each event is to be counted or not. Three places would seem to be enough, but it is up to the schools to decide the matter themselves.

## DOTS AND DASHES FROM SPORTING CENTERS.

The Outrigger Club is planning a surfing contest for next Sunday, and if the waves are any good there should be some fine stunts pulled off at Waikiki. The Clark cups will be competed for and they are well worth winning.

Night tennis is being played every evening out at Manoa, where the electric lights have been installed. Mrs. Coulter had a try the other night and she found that the game could be played well by the aid of the artificial light.

Dettmers and Sailor Roberts have been matched to wrestle the best two out of three falls, catch-as-catch-can, on April 2. The struggle should be a great one as Sailor Roberts has never been defeated here, and Dettmers has a fine reputation as a mat artist.

Talk is being revived about the J. A. C. Diamond Head series, but as the principal men concerned do not appear to know much about the matter, it may be only hot air.

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