In Girlhood

There is a great need of motherly watchfulness and care. A growing girl needs all her strength, and if she is nervous and melancholy, and loses appetite there is surely something wrong. This is especially true as the young girl approaches that important period of change when the womanly function is established. Timely care and proper treatment at this period may save much after suffering.

The best medicine for young girls who are nervous, melancholy, and irregular of appetite, is Dr. Pierce's Favorite Prescription. It cures nervousness, dizziness, and melancholy, promotes the appetite, and gives the body robust health. There is no alcohol in "Favorite Prescription" and it is entirely free from opium, cocaine, and all other narcotics.

"My daughter was troubled with dizziness and constipation and was very nervous for five years," writes Mrs. M. Carter, of 1245 4th Street N. W., Washington, D. C. "I tried several doctors but they gave her no relief. At times she would eat nothing, had green and purple circles under her eyes, and was melancholy. A woman friend of mine told me to try your 'Favorite Prescription' and 'Pleasant Pellets' which I did. After taking one bottle of each she began to improve and is still improving. People said she looked as though she were going into a decline. She is twelve years old. There are no circles around her eyes now and she is healthy and robust, eats as much as any child, and is growing fatter every day."

Dr. Pierce's Pellets regulate the bowels.

OBITUARY

The angel of death visited the home of our brother in Christ, T. W. Tackett, and called away his wife to live with the angels and Christ.

Sister Tacket was born March 14th, 1866; was married Dec. 2d, 1883; died April 26th, 1902, of consumption. She leaves a husband and six children—four girls and two boys—to mourn their loss. Deceased was convert d four years ago and was baptized into the United Baptist church and remained a faithful christian until death. Funeral services were conducted by her pastor, Rev. C. L. Diamond, who stood by her dying bed and, with his faithful wife and many other friends, did all that loving hands could do. But she is gone. Weep not for her as one that has no hope. We will meet again. Many kind angels watch her sleeping dust until angels come to raise her,

"Then she will wake to sweet surprise,
And in her Savior's image rise."

Sister thou wast mild and lovely,
Gentle as the summer breeze;
Pleasant as the air of evening,
When it floats among the trees.
Peaceful be thy silent slumber;
Peaceful in the grave so low.
Though no more will join our number;
Though no more our tears shalt know

Dearest sister, thou hast left us.
Here thy loss we deeply feel.
But 'tis God that has bereft us,
He can all sorrows heal.
Yet again we hope to meet thee,
When the cares of life have fled;
Plant in heaven with joy to greet thee.
Where no farewell tear is shed.

Rev. C. L. Diamond.

WORLD WIDE REPUTATION.

White's Cream Vermifuge has achieved a world wide reputation as being the best of all worm destroyers, and for its tonic influence on weak and unthrifty children, as it neutralizes the the sourness of the stomach, improves their digestion, strengthens their nervous system and restores them to health. 25c at A. M. Hughes.

ULYSSES

Owing to the fine weather everybody is planting corn.

Miss Price Burton visited Miss Frances Griffey Friday.

Dan Davis will tend a crop at Harrison Youngs.

Delia Debord was visiting Mrs. Hicks Friday.

Rev. J. Milt Hicks left last week for Ohio, where he intended holding a series of meetings. When he arrived he was taken sick. His wife received a letter yesterday saying he was better. We hope he will be back soon and at his work. God has appointed him to the calling he has always loved.

Myrtle.

One Minute Cough Cure
For Coughs, Colds and Croup.

LICK CREEK.

Grant Pigg has returned from Ironton to spend the summer with home folks.

Measles have about died out on our creek.

Charlie Shannon, who has been very sick, is able to be out again.

Miss Gipsie Pigg gave a party last week in honor of her friends, Millard Jones and Bill Cox. A nice time reported.

Stella Jones visited Lucy Pigg Tuesday.

Ella Jones is visiting in Ashland.

Blue Bird.

A LESSON IN HEALTH.

Healthy Kidneys filter the impurities from the blood, and unless they do this good health is impossible. Foley's Kidney cure makes sound kidneys and will positively cure all forms of kidney and bladder diseases. It sfrengthens the whole system. A. M. Hughes.

ADAMS.

W. L. Ball is erecting a store house and is going to selling goods soon.

Susie and Johnny Hays have returned home from Blaine, where they have been attending school.

Garfield Berry visited at Sand Branch Sunday.

Born, to Hez Carter and wife, a boy.

W. M. Gussler and wife visited Hez Carter and wife Sunday.

Sena Berry visited Lizzie and Emma Carter recently.

George Thompson, of Reuben, was visiting at R. M. Berry's recently.

Reuben Carter spent Sunday with his brother and sister, Chas. and Genoa Carter.

Miss Lizzie Carter visited here Monday.

Preaching last Sunday at Walnut Gap by Rev. Howes.

Miss Emma Carter has been very sick.

Bicey Fraley has been very sick with measles.

A number of our young folks attended church at Mattie Sunday.

Farmers are very busy with their crops.

Lizzie Carter visited Mrs. Tennie Damron recently.

Mrs. Maggie Thompson spent Sunday with her parents.

Miss Nancy Hays went to Blaine recently.

Genoa and Charley Carter visited their uncle John Gussler.

Mrs. Corlida Hays and daughter were calling on friends at Sand Branch recently.

Minnie Thompson called here last week.

Three of Willie Hays' hogs died recently.

Mrs. Cattie McCawn has returned to her home at Catlettsburg, after a two weeks' visit with parents.

Guess who.

TRAVELING IS DANGEROUS.

Constant motion jars the kidneys which are kept in place in the body by delicate attachments. This is the reason that travelers, trainmen, street car men, teamsters and all who drive very much suffer from kidney disease in some form. Foley's Kidney cure strengthens the kidneys and cures all forms of kidney and bladder troubles. Geo. H. Hansan, locomotive engineer, Lima, O., writes: "Constant vibration of the engine caused me a great deal of trouble with my kidneys, and I got no relief until I tried Foley's Kidney cure."

A. M. Hughes.

SUNDAY SCHOOL ASSOCIATION.

Program for Upper Blaine and Hood District Sunday School Association to be held Saturday, May 17th.

9:30 a. m.—Devotional services conducted by Rev. J. H. Stambaugh.

Address of welcome—G. M. Elam.

Response—Joseph Hutchinson.

Annual address of President G. M. Elam.

The Macedonian cry from the children—Rev. Stambaugh.

Christianity responds to the cry—W. J. Vaughan.

Appointment of committees.

Noon.

Song service.

Report of committees and general business.

A community without a Sunday School—Address by James A. Holten.

Decision day—W. J. Vaughan.

The relation of the Sunday school to morality.—Rev. Stambaugh.

An up-to-date Sunday school—J. A. Holten.

Short talks by everybody.

Adjournment.

G. Milton Elam, Pres.

Foley's Kidney Cure makes kidneys and bladder right. Don't delay taking.

Farm, Stock and Crop.

Frederico Terrazas, of Chihuahua, Mexico, recently closed at Fort Worth, Tex., one of the heaviest cattle deals ever made in this county, selling 25,000 cattle at private terms for various points, transportation to which will require forty trains of fifteen cars each, on which the freight charges will reach $96,000. The Terrazas ranches include 8,000,000 acres, on which there are now 250,000 cattle; 75,000 calves were branded this year.

HIGH-PRICED TOBACCO.—A sale of tobacco which broke all records for the past ten years was made on the Louisville market Thursday. The sale took place at the Planters' Warehouse. Grant Parsburn sold a line of twelve hogsheads of Anderson county tobacco at the following prices: 32.50, 32.50, $30, $30, $28, 18.50, 17.25, 15.25, $14, $13, 11.75, and 10.75. The average of the entire lot is $21.13 per hundred pounds.

Heart Pains

are Nature's warning notes of approaching danger from a diseased heart. If you would avoid debilitating diseases, or even sudden death from this hidden trouble pay heed to the early warnings. Strengthen the heart's muscles, quiet its nervous irritation and regulate its action with that greatest of all heart remedies, Dr. Miles' Heart Cure.

"Quick, darting pains shot through my heart, left side and shoulder and at night my limbs would be numb and cold. One bottle of Dr. Miles' Heart Cure relieved me and six bottles completely cured me."

W. L. Byers, Whitt, Texas.

Dr. Miles' Heart Cure

controls the heart action, accelerates the circulation and builds up the entire system. Sold by druggists on a guarantee.

Dr. Miles Medical Co., Elkhart, Ind.

ONCE IS ENOUGH TO SEE

Gustave Dore's portrait of Dante is worth seeing—once. But once is enough. Some such look you notice on the faces of those who have suffered, and still suffer, much physical pain; people subject to rheumatism, gout, neuralgia, periodic headache, lumbago, or pain from some old lesion. This pain habit puts its marks on them, as the custom of handling ropes crooks a sailor's fingers; or as too much riding of a bicycle stamps a worried expression on certain faces. No wonder people said of the Italian poet as he passed along, "There goes

THE MAN WHO NEVER LAUGHS."

The complaints above named all yield to the action of Benson's Porous Plasters, and quickly too. Not only those, but colds and coughs, kidney and liver affections, all congestions and muscular strains, diseases of the chest, asthma and all ailments which are open to external treatment. It is frequently said that *Benson's Plaster is Pain's Master.* It cures when others are not even able to relieve. For thirty years the leading external remedy. The old-style plasters, as well as salves, liniments, oils, etc., have little or no efficacy as compared with it. Use it. Trust it. Keep it in the house. Ask for Benson's Plaster; take no other. All druggists, or we will prepay postage on any number ordered in the United States on receipt of 25c. each.

Beiersdorf & Johnson, Mfg. Chemists, N.Y.

Thousands Have Kidney Trouble and Don't Know it.

How To Find Out.

Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys and bladder are out of order.

What to Do.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of **Swamp-Root** is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in 50c. and $1. sizes.

You may have a sample bottle of this wonderful discovery and a book that tells more about it, both sent absolutely free by mail, address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention reading this generous offer in this paper.

Home of Swamp-Root.

BUCHANAN.

Hatten and Warren are getting in a large stock of general merchandise.

The Buchanan milling Co., have lately put in a heavier Engine and larger burrs and doubled their capacity for grinding.

Dr. M. C. Warren is very busy with the sick since Dr. Banfield left for Europe.

Harve Reynolds, of Louisa, has moved into the house vacated by Wm. Caines some time ago. Also Sam Chapman, of Louisa, occupies the house vacated by J. F. Stump.

Milroy Fuller came near meeting with a serious accident. A smoke stack at the Fuller saw mill here fell on him.

Miss Margaret Hatten and mother spent Friday in Catlettsburg.

Lafe P. Compton has returned to his work on the B. and O. road at Parkersburg after an illness of several weeks.

Mrs. R. A. Fuller is very sick.

Buchanan P. O. is now a money order office.

Cricket.

CURES WHEN DOCTORS FAIL.

Mrs Frank Chausson, Patterson, La., writes June 8th, 1901: "I had malaria fever in very bad form, was under treatment by doctors, but as soon as I stopped taking their medicine the fever would return. I used a sample bottle of Herbine, found it helped me. Then bought two bottles, which completely cured me. I feel grateful to you for furnishing such a splendid medicine, and can honestly recommend it to those suffering from malaria, as it will certainly cure them." Herbine 50c a bottle at A. M. Hughes.

RAVEN ROCK.

The 1st quarterly meeting will be held at Morgans creek the 2 d Saturday night and Sunday in May.

Quite a crowd of youngsters from this place attended Sabbath school at Midway Sunday.

Grover Bradley, who has been sick for some time, is able to be out again.

Mrs. Martha Sparks went to see her daughter, Rosa, Sunday.

Billie Johnson on the sick list.

John Compton was here recently.

Bascom Rice and Sallie Dilley of Fallsburg, called on Emma Chaffin last week.

Carlos Burchett visited his mother Sunday.

Alvin Parson, of Horseford, called on Nevada Murphy Sunday.

We are sorry to say that Georgia Holley is still very sick.

Mart Burchett and wife visited B. J. Chaffin and family Sunday.

We want to organize Sunday school at Morgan creek Sunday we wish every body to help and try to have a successful Sunday school.

Jennie Belle Newsom and Flora Sparks attended church at Compton school house Sunday.

Blue Bell.

WHAT IS FOLEY'S KIDNEY CURE?

Answer: It is made from a prescription of a leading Chicago physician and one of the most eminent in the country. The ingredients are the purest that money can buy and are scientifically combined to get their utmost value.

A. M. Hughes.

FOR SALE.

One thousand acres (more or less) of good coal land owned by different parties, situated on the waters of Sandy river, state of Kentucky, county of Lawrence four miles from Louisa, having one four foot vein of coal and one six foot vein of coal. Also, one five foot vein of fire clay, plenty of timber for bank purposes. For sale on reasonable terms.

For further information apply M. F. Conley, Louisa, Ky.

Very Low Rates

To the NORTHWEST.

March 1st to April 30th, 1902, the Norfolk & Western Railway, will sell tickets to Montana, Idaho, Oregon, Washington and Coast Points at exceedingly low rates from all stations. It is possible rates to the West will never be so low again; choice of three routes. Write for rates and schedules, say to what point you are going and your nearest station to this line. See any agent N. & W. Ry. or W. B. Bevill, Gen. Pass. Agent, M. F. Bragg, Trav. Pass. Agent, Roanoke, Va.

FREE FOR TOBACCO TAGS

FROM

"Star," "Horse Shoe," "Standard, Navy," [illegible] "Old Honesty," "Master Workman," "Jolly Tar," [illegible] "Planet," "Neptune," "Ole Virginy," "Granger Twist," [illegible] and W. N. Tinsley's picture tin tags, and Trade Mark stickers from "Tinsley's 10 or Natural Leaf" [illegible]

TO BE GIVEN AWAY

$300.00

WORTH OF PREMIUMS

A Gentlemen's Solid Gold Watch.

A Ladies, Solid Gold Watch.

A Fine Organ.

A Good Sewing Machine.

The Lucky Person Gets Choice

For every payment of one dollar on subscription to the BIG SANDY NEWS we give a number. After all numbers are issued a committee of disinterested citizens will be selected to judge the award in such manner absolutely fair to all holders of numbers. The lucky person will get choice of those valuable premiums.

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