

ADDRESSED TO WOMEN

IS YOURS A Case of "Nerves?"

Hot flashes, dizziness, fainting spells, backache, headache, bearing-down pains, nervousness—all are symptoms of irregularity and female disturbances and are not beyond relief.

—Dr. — Pierce's

Favorite Prescription

Is that of a famous physician unusually experienced in the treating of women's peculiar ailments. For forty years it has been recommended to suffering womankind. Thousands of women can bear witness to its beneficial qualities. Perhaps its aid is all that is required to restore to you perfect health and strength. Now is the time to act, write Dr. R. V. Pierce's, Buffalo.

I AM NOW CURED

Mrs. Dorothea Roberts, of San Francisco, Calif., writes: "I take pleasure in recommending your wonderful remedy, and wish to say in behalf of your 'Favorite Prescription' and 'Golden Medical Discovery' that through their use I am now cured of the various troubles that a woman is heir to. These remedies cured me when others failed and I therefore resolve to take no other. I thank you for your advice."

YOUR DRUGGIST CAN SUPPLY YOU IN LIQUID OR TABLET FORM



Mrs. Rodgers

WATCH LAWRENCE COUNTY.

What's the matter with Lawrence? Why Lawrence is all right. For we have a Superintendent and teachers that have enlisted in the educational fight. Lawrence was once behind on the educational view. But the active Superintendent and teachers mean to put Lawrence through. So other counties of Kentucky, you must take heed, O Daniel and his teachers are in lead. Professor Coates, our instructor, is a worker and wide-a-wake. And we will agree with him by saying, "We will make the lives of Lawrence-co. better worth living for everybody's sake." So teachers, when you return to that rural school, Please remember our instructor's Golden Rule; And keep in mind, please, while instructions you are giving, And see that it is something that will make life better worth living. Teachers, we no longer must depend entirely on the "day book questions" as in the past, But depend on good common sense, a thing that is sure to last. Teach the facts that suit your district best By bringing in new ideas and giving them a test. Agriculture and Domestic Science are now on the boom, Teachers! Look! Listen. Give them plenty of room. Instead of teaching boys and girls to name the bones of the head, Teach the boys how to raise corn and the girls to make good bread. Teachers, we do not care so much whether the earth is flat or round But teach the profitable things on that earth and how to use that ground. Teachers, drop the former ideas and take up the latter, For as Prof. Coates says, "What is the thunder does it matter?" These few lines are educators' ideas Lawrence-co. teachers' ideas and ways. We are actually working these facts out during our school days; And the majority of us are in the fight, What work we cannot do during the day, make it up at night. Hurrah! Hurrah! for Lawrence, Hurrah! Hurrah! for Jay, Hurrah! for all the teachers, We are sure to win the day. A LAWRENCE CO. TEACHER.

RICHARDSON.

Rev. R. F. Rice preached at the M. E. Church South Saturday night, Sunday and Sunday night to a large congregation. Sunday school at this place is progressing nicely. Mr. and Mrs. Arch Childres have returned to their home at Paintsville after a few days visit with their parents. Reck Childres, of Muddy Branch spent a few days last week with home folks. Mrs. J. W. Hinkle visited her sisters at Emma last week. Mr. and Mrs. C. C. Cassell the newlyweds, left Tuesday for Pikeville, where they will make their home. O. F. Hinkle has resigned his position as operator of this place and has gone to Louisa to work. Miss Rilda Preston left Saturday for Whites Creek, West Va. Mr. and Mrs. Forest Childres, of Emma were visiting friends here Saturday last. Miss Winnie Hinkle passed here on her way to Inez, after a visit with friends at Paintsville. Ed Alexander was visiting at Potter Sunday. Mrs. K. B. Williams and son Kenneth, of Peach Orchard were the over Sunday guests of Mr. and Mrs. Scott Martin. John Hinkle, Bill Ferguson and Proctor Cassell were business callers on Nat's creek Sunday. Frank Savage, of Yatesville was calling on Miss Tennie Hinkle recently. Miss Carrie Bartlett and Goldie Price were the dinner guests of Miss Rose and Josephine Cassell Sunday. Miss Hermia Belevins was the over Sunday guest of Miss Kizzie See, of Walbridge. Miss Della Daniels, of Peach Orchard was calling on Miss Willie Martin Sunday.

GOLDEN RQD.

Eczema and Itching Cured. The soothing, healing medication in Dr. Hobson's Eczema Ointment penetrates every tiny pore of the skin, clears it of all impurities—sops itching instantly. Dr. Hobson's Eczema Ointment is guaranteed to speedily heal eczema, rashes, ringworm, tetter and other unsightly eruptions. Eczema Ointment is a doctor's prescription, not an experiment. All druggists or by mail, 50c. Pfeiffer Chemical Co., Philadelphia and St. Louis.

SUNDAY SCHOOL CONVENTION

48th State Convention Will be Held in Louisville Oct. 7th to 10th

BIG ATTENDANCE EXPECTED

Low Railroad Rates and an Attractive Program With Speakers of National Reputation—Banner for County With Largest Attendance.

Louisville, Ky.—(Special)—Every Sunday school worker in Kentucky, who is at all interested in this great movement, will find something absorbing during every hour of the four-day convention of the Kentucky Sunday School Association which convenes in Louisville Tuesday, October 7 to 10 inclusive. This is the 48th State Convention. Representatives from every Sunday School in Kentucky are expected to be in attendance. The railroads have made a very low rate of one fare plus twenty-five cents for the round trip. Every Sunday school worker in Kentucky is invited to attend the convention, who by enrolling and paying a one dollar fee, may become a delegate with all convention privileges.



First Christian Church, Fourth and Breckinridge, where convention will be held.

Marion Lawrence, of Chicago, general secretary of the World's and the International Sunday School Associations and one of the most popular Sunday school men of America, will be present. Mr. Lawrence is so busy that he will attend only one other state convention this year.

Splendid List of Speakers.

Rev. M. B. McNutt, of Chicago, specialist in the rural school problems, and many other prominent speakers are scheduled for some of the most interesting addresses. Among the other speakers are: Prof. T. J. Coates, Supervisor of the Rural Schools of Kentucky; Rev. M. B. McNutt, Chicago, Specialist in the Rural Church Problems; Mrs. Zillah Foster Stevens, Alton, Ill., Superintendent Temperance Department International Sunday School Association; President R. H. Crossfield, Lexington, Transylvania University; Rev. W. J. Clarke, Adult Superintendent Kentucky Christian Bible School Association; Hon. J. B. McFerran, prominent financier of Louisville. The topics to be discussed cover a wide range of subjects pertinent to Sunday school work. Among the many topics are the following: "Evangelism in the Sunday School," "Sunday School Institutes," "Educational Values of Missionary Instruction," three addresses on "Souls Winning," "The Temperance Pledge," "The Adult Class in the Temperance Fight," "Seek the Welfare of the Children."



Marion Lawrence, General Secretary International Sunday School Association.

During the convention hours will be set apart for conferences on the various divisions and departments of the Sunday school, when programs prepared for special classes of workers will be arranged. Among these will be conferences for the elementary, secondary and adult divisions. One for Sunday school executives, including pastors, superintendents, secretaries, librarians, chorists, chairmen of committees, etc. A banner will be presented to the county having the largest number of registered delegates, and to the county whose registered delegates travel the largest aggregate number of miles. Another interesting feature of the forty-eighth state convention will be the great mass meeting of thousands of Sunday school workers in an open-air service in one of the parks, to be conducted by Marion Lawrence. The grand old hymns of the church will be sung at this outdoor service as well as during the regular sessions of the convention.

FRESH AIR IN SCHOOLS.

Test Proves Benefits of Ventilation Where Children Are Studying.

In view of the fact that cold weather will soon be here, and that some of us are prone to try to keep warm at the expense of shutting out the fresh air because it is uncomfortable, the NEWS gives place in its columns to the following timely article from the Boston Post. What it says is well said and pertinent and should be read and heeded by every teacher of every school in the county: A medical inspector of the Philadelphia public schools, with the cooperation of teachers and parents, recently made an experiment to determine the value of cold fresh air in school rooms. He opened the windows at top and bottom and kept them open throughout the winter.

The room was shut off from the heating plant of the building, except on the occasional days when the temperature fell below 45 degrees; but the children, of course, wore extra wraps and had frequent drills exercise.

Week by week during the fall and winter and spring this physician weighed and examined the pupils, watched their study and their play and compared their progress in health and scholarship with that of pupils in another room of the same building.

In that other room the pupils were of the same grade and of about the same number, but the room was heated and ventilated according to the usual methods. The pupils in both rooms were normal, healthy children from the same kind of homes, so that the test was as fair, accurate and searching as possible.

At the end the inspector found that the pupils in the open-window room had gained in weight on an average more than twice as much as those in the warm-air room. The pupils in the open room kept wholly free from colds, and were much more regular in attendance than the others.

They were also more alert, free from day-dreaming, quicker to learn needed less review work and were better behaved.

In health, in happiness, in body, the children of the room with open windows had a clear advantage over the others.

In these days the gospel of sunshine and pure air ought to need little preaching. Most of us accept it, but we do not always practice the doctrine that we believe in and preach.

This Philadelphia experiment is not in giving the open-air treatment to sick children—which everyone approves; it lay in giving to well children some of the good things that nature intended them to enjoy, and in demonstrating to the school officials and parents the advantages of lower school room temperatures.

AN ENTHUSIASTIC CURE.

A young woman, in apparently perfect health, asked the demonstrator at a fair exhibit of the State Tuberculosis Commission, "Do I look like a consumptive?"

The demonstrator laughed, and answered "No." "Well, I am, I was the first patient to enter Hazelwood Sanitarium, Louisville. I had always lived, like everybody else in close, hot rooms; and the first sign of tuberculosis I had was a hemorrhage. About a week before Christmas I was taken to Hazelwood out of my bed, close room at home, and put out of doors on the veranda, warmly covered up, of course. My old friends, and many of my relatives, protested against that method of treatment, thinking the exposure would surely kill me. In a week I was used to it, and then began to enjoy myself.

"Mine was a stubborn case; it was months before I showed much improvement. If I had not had a splendid doctor, and lots of determination besides, I should probably have gone home and died. Finally, however, I took a sudden change for the better, and, eleven months after entering Hazelwood, I left it, apparently cured. I had regained my lost weight, I had no sickness in the years since then. Now I can't sleep unless my bed is between 'wo open windows."

Her experience is ample proof of the value of hospitals and sanatoria. Every county in the State ought, according to the provisions of the present state law, to provide an institution for the care of its own consumptive citizens.

FARM FOR SALE.

Good farm of about 600 acres, near railroad and river, in Lawrence county, Ky. Timber and coal. Grass, tobacco land and bars, large amount of new ground. Good buildings. Write Big Sandy News office for particulars. T.

CHANGE IN OUR TAX LAWS NEEDED

Constitutional Amendment To Be Voted On In November

EQUITABLE SYSTEM DEMANDED

Last General Assembly Passed an Amendment to the State Constitution Relating to Revenue and Taxation.

Frankfort, Ky.—(Special)—The last General Assembly in Kentucky passed an amendment to the State Constitution relating to revenue and taxation with a view of abolishing the antiquated general property tax and substituting a more flexible system known to be more equitable and productive of greater revenue in other states. The tax commission appointed under another act at the same session made a thorough investigation and reported unanimously in condemnation of the present law and strongly urged the adoption of the amendment by the voters at the November election.

It is a significant fact that since the adoption of the present Constitution in 1891, which provided that "taxes should be uniform on all property," a large volume of personal property has disappeared from the assessors rolls for the simple reason that such property was taxed out of existence or at least out of sight.

The owner of a bond, for instance, who received 4% interest and was called upon to pay in some instances 2 1/2% or more in taxes either sold his bond or failed to return it for taxation and cash, notes, bonds, stocks in foreign corporations and such like investments are apparently no longer owned by Kentuckians.

Burden of Taxes Transferred. This has had a tendency to transfer the burden of taxation to real estate and other property in sight and is not only unequal but unjust.

The real estate owner has sought to diminish its value and in order to protect himself transfers of property for "one dollar and other valuable considerations" has demoralized the true values and leaves the assessor no guide to follow.

Our citizens have unblushingly omitted such items in their returns for assessment and have felt justified in doing so.

The finances of the state have fallen into confusion and revenue agents and arbitrary boards of so-called "Equalization" have failed to discover such property and secure their assessment.

Under the present law every man is practically his own assessor and the courts have sustained the practice, as the law permits no other course.

General Property Tax Desirable.

Other states have long since recognized the inefficiency of the "General Property Tax," and in these states we see enterprise rewarded and wealth accumulating, while the tendency in Kentucky has been to hide our light and incidentally our valuables for fear of the tax collector's discovery.

Our progress has been retarded. Our population diminished and aside from the land owners and some merchants we do not seem to have much wealth left in the state.

Money like water flows along the lines of least resistance, and if we throw up a dam, however slight, it will be diverted.

Such a trifling obstacle as taxes, if unequally distributed, may prove to be a barrier of insurmountable proportions, however insignificant it may seem from a casual view.

No one desires willingly to become a law breaker, a deceiver or an evader, and yet he must be all of these if he follows the old maxim, "When in Rome you must do as the Romans do."

Is this true? Go look at the assessors books and see where men who are known to be wealthy get off by paying little or no taxes on personal property assessed by themselves.

Do self respecting men care to follow this example?

A shrewd business man may have large investments in bonds and fall to return them for taxation by many well known practices of evasion. He receives the full return on his investment.

A widow or orphan may be left bonds and the estate may have to be settled in court. The revenue agent finds it out and sues for omitted assessments of former years and the assessor puts them on the tax list. The widow and orphan are compelled to pay two or three per cent in taxes and live on the remainder.

Is such a system fair? Taxes, in a free self-governed country, should be the least matter to worry about and yet they can be made so unfair and irksome they drive people away and keep others from coming in. This is happening all the time in Kentucky.

We have a chance to remedy this evil and if disregarded now we will have to wait another five years before it presents itself again.

It is a clear duty to vote for this constitutional amendment at the November election and every citizen in the state should vote himself and urge his neighbor to do the same if Kentucky is ever to be dragged out of its lassitude and kept in the front rank of progress, prosperity and peace.

L. D. JONES, D. M. D

Office over J. B. Crutcher's store. Office hours from 8 a. m. to 5 p. m.

TIP MOORE, Attorney at Law, Louisa, Kentucky. Collections in Eastern Kentucky given special attention.

DR. C. B. WALTER

—DENTIST— LOUISA, KENTUCKY. Office in Bank Block, formerly occupied by Dr. Quisenberry. Office Hours: 8 to 12; 1 to 5. Special Hours by Appointment.



N. & W. Norfolk & Western

Effective May 25, 1913. Lv. Fort Gay (Central Time.) 1:12 a. m., Daily—For Kenova, Ironton, Portsmouth, Cincinnati, Columbus, Pullman Sleepers to Cincinnati and Columbus. Connection via Chicago and St. Louis for the West and Northwest. 1:04 p. m., Daily—For Columbus, Cincinnati and intermediate stations. Pullman Sleeper. Cafe Car to Columbus. Connects at Cincinnati and Columbus for points West. Lv. 2:02 a. m., Daily—For Williamson, Welch, Bluefield, Roanoke, Lynchburg, Norfolk, Richmond, Pullman Sleepers. Cafe Car. 2:00 p. m., Daily—For Williamson, Welch, Bluefield, Roanoke, Norfolk, Richmond, Pullman Sleeper to Norfolk. Cafe Car. Train leaves Kenova 8:25 a. m. Daily for Williamson, via Wayne, and leaves Kenova for Portsmouth and local stations 6:47 p. m. Daily, and leaves Kenova 6:00 a. m. Daily for Columbus and local stations. For full information apply to W. B. BHVILL, Pass. Traff. Mgr. W. C. SAUNDERS, Genl. Pass. Agt. ROANOKE, VA.

Chesapeake & Ohio Ry.

Schedule subject to change without notice. Effective May 25, 1913. Local trains leave Louisa, southbound, 7:50 a. m., week days, and 5:35 p. m., daily. North bound, leave Louisa 9:23 a. m., daily, 4:02 p. m., week days. Arrive Ashland 10:45 a. m., daily; 5:30 p. m., week days. To Lexington, Louisville and West. Leave Ashland 1:05 p. m., 4:35 a. m., daily. Local, week days to Lexington, 10:35 a. m. To Cincinnati and West. Leave Catlettsburg, express, daily, 4:13 a. m., 6:12 a. m., 12:42 p. m., Locals 1:40 p. m. daily. Leave Ashland, express, daily, 4:20 a. m., 6:23 a. m., 1:00 p. m. Locals 1:55 p. m. daily. Eastbound, Main Line. Leave Ashland, express, daily, 3:50 p. m., 10:20 p. m., 12:50 a. m. Local, daily to Huntington, 12:46 p. m.; runs to Hinton week days. S. J. JUSTICE, Agt., Louisa, Ky.

REAL ESTATE

J. P. GARTIN, Louisa, Ky. GENERAL DEALER

I buy and sell Real Estate of all kinds. Also, will handle property on commission. If you want to buy or sell town or country property, call on me.

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Chillicothe Ohio, have a complete line of Fall and Winter Shoes for men women and children. SAMPLES on display at BRUNSWICK HOTEL, LOUISA, KY EVERY SATURDAY. To all merchants we extend a most cordial invitation to come and inspect same. We are distributors of the Famous Bed Rock line of Men's Workin' Shoes. All merchants wishing to buy shoes, your expenses will be paid. PHONE 78-2.

C. E. Hensley, Louisa, Ky. Salesman for Kentucky and West Va.



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