

How to Detect the Alum Baking Powder

"Which are the alum baking powders; how can I avoid them unless they are named?" asks a housekeeper.

Here is one way: take the can of a low-priced powder in your hand and read the ingredient clause upon the back label. The law requires that if the powder contains alum that fact must be there stated. If you find one of the ingredients named alum, or sulphate of aluminum, you have found an alum baking powder.

There is another and a better way. You don't have to know the names of the alum powders. Use Royal Baking Powder only; that assures you a cream of tartar powder, and the purest and most healthful baking powder beyond question.

TYPHOID FEVER.

Timely Article on How to Avoid this Dread Disease.

This is the typhoid season. In some instances it will run through a family; in other instances through a neighborhood; in still others it will upset the peace of mind of a town.

We know just what to do and what not to do in relation to the spread of typhoid. There is no longer a reason why anybody should be afraid of typhoid. This statement is true, but the reason it is true is because no one subjected to typhoid is justified in failing to take certain precautions. Applied knowledge ends fear.

To avoid typhoid it is necessary that typhoid patients be properly nursed. If the family cannot afford nurses the community will save money by supplying them. The urine and bowel movements must be sterilized and the nurse must know how to keep her hands clean.

To disinfect the urine, use bichloride, adding one grain for each quart of urine and allowing the mixture to stand for one hour.

To disinfect the power movements use a 3 per cent solution of bleaching powder. Add to the vessel content twice as much of the solution and allow this to stand one hour.

To disinfect the hands, wash with soap and water, and then bathe with 1 to 2,000 bichloride. Keep this up for some time after convalescence is established.

To avoid typhoid it is most important that the community should know just where the cases are. This means reporting at the health department. The cases reported should be most carefully inquired into to find out just where the spreading is being done.

The man who would avoid typhoid when the disease is in his neighborhood must carry out a few precautions. He must neither eat nor drink anything raw. He must heat his drinking water to a point 40 degrees below the boiling temperature. He must pasteurize the milk. He must cook vegetables and fruit. He must keep flies away from his food.

If the danger is considerable he will be vaccinated. A vaccinated man can spare himself some of the trouble in carrying out these precautions, but, on the other hand, it is somewhat troublesome.

However much typhoid there may be around you, you are in no danger if the above precautions are not carried out, your fears, assuming you are quaking, are not great enough.

PERSONAL MENTION.

M. S. Burns attended Catlettsburg court Wednesday.

Mrs. Joe Hatten, of Buchanan, was a visitor here Friday.

Miss Bessie Waller, of Fort Gay, went to Potters Tuesday.

Mrs. B. M. Keith returned Saturday from St. Albans, W. Va.

W. E. Porter, of Thelma, was a business visitor in Louisa Friday.

Mrs. Burns Johnson is visiting her parents, Dr. and Mrs. Bromley.

Miss Ruth Conley has returned from a visit to Williamson relatives.

Mrs. J. B. Sterritt, of Allen, Ky., was shopping in Louisa Wednesday.

Miss Bertha Conley was the guest of friends at Whites Creek, W. Va., Sunday.

Miss Belle Vinson, of Ceredo, was the guest of her cousin, Miss Brook Vinson, recently.

Mr. and Mrs. E. E. Shannon Friday returned after a stay of several days in Cincinnati.

Mr. and Mrs. Blaine York, of Williamson, were guests of Dr. and Mrs. Bromley recently.

Mr. and Mrs. L. E. Wallace and Miss Mary Bradley were visitors in Huntington last Friday.

Rev. John W. Artrip, of Fort Gay was a business caller in the NEWS office Wednesday.

Mrs. Henry Sammons has returned from a visit to relatives at Dinguss and Dunlow, W. Va.

Mrs. Lee Henry will visit relatives in Ironton and Portsmouth. She will not return until the new year.

Rev. L. M. Copley has returned from his Southern trip which was noted by the NEWS last week.

Mrs. D. B. Bird and children of Holden, W. Va., are guests of Judge J. H. O'Brien and family.

Mrs. S. J. Justice and son Arthur of Louisa, where she is visiting relatives here, went to Etna Furnace today, for a short visit with Mrs. Jno. Wessel.—Ironton Register.

Mrs. B. M. Keith went Tuesday to Russell, where she will attend the District Meeting of the Woman's Missionary Conference of the M. E. Church South.

Get Personally Acquainted With One Of These

Over-Coats



YOUR KIND of coat is here. The fabric is right, model is right, making right. The PRICE was made to appeal to you in your most ECONOMICAL MOODS.

So get identified with YOUR COAT without unnecessary delay!

W. L. FERGUSON

Clothing, Shoes, Gents Furnishings

Louisa,

Kentucky

W. N. Sullivan was a member of the Federal grand jury which was in session at Catlettsburg this week.

Mrs. Ed Ferguson, of Louisa is in our midst a guest at the home of Mrs. Dan Davenport.—Catlettsburg Item.

Mrs. Gene Crank, of Fallsburg, and Mrs. Bristow Roberts, of Deep Hole, were shopping in Louisa Saturday.

Mrs. Mary Horton and Mrs. A. M. Hughes and daughter Ellen went to Huntington Tuesday for a visit of a day or two.

Mrs. Richard Garred left Thursday for Lexington, where she will spend the holidays with her parents, Mr. and Mrs. William Clark.

Dr. A. W. Bromley, County Health Officer, went to Louisville to attend the meeting of the Health Officers of the State, but on account of personal illness he was compelled to return Wednesday.

WHAT THE FARM DEMONSTRATOR WILL DO.

The farm demonstrator or "county agent" will connect the farm with the source of scientific knowledge. He will aid in building up a community spirit, will aid in co-operative movements and educational and social development, but of which will grow a higher type of citizen—the world's most valuable and necessary man—the scientific, efficient and prosperous farmer.

Big Sandy News.

Friday, December 12, 1913.



We haven't much use for the quitter.

The most of us hate him like sin; But another chap makes us more bitter, The chap who's afraid to begin.

Buy it for less at PIERCE'S.

Talk is cheap but PIERCE can show you.

Ladies' suits nearly given away Isralaky and Kohn.

Mrs. James Reynolds has been quite sick for several days.

FARMS. From 700 to 3,500. Write ESTO WINDLE, Otway, O.

SAVE—\$3 to \$5 On every Coat or suit. Let us show you, Pierce's.

Mark down special sale is extended until Christmas. Isralaky and Kohn.

John Vaughan has gone to Paris, Ky., where he has a position in a jewelry store.

The greatest line of Ladies Coats at half price. Isralaky and Kohn of course.

We only ask to show you. The difference in quality and prices will do the rest. Pierce's.

The Finch Club had a pleasant session as guests of Mrs. Thos. Roberts Thursday afternoon.

We guarantee to please. The money back for anything at any time. The fair square way at Pierce's.

For Rent—Dwellings, also storehouse and dwelling combined; cheap, best stand in Louisa. R.C. McClure.

Our line of men's and boys' suits and overcoats is now cut at least fifty per cent. Isralaky and Kohn.

Mike Conley, of Lock-av., is suffering with typhoid fever and was taken Wednesday to Riverview hospital.

Mr. Will Queen, who has typhoid fever, is critically ill. His physician says he has been "holding his own for several days."

Mr. Harry Kohn, of Isralaky and Kohn, has gone to Cincinnati to buy a big stock of goods suitable to the Christmas trade.

Ben Hur, Lew Wallace's great book, is now out in a 50 cent edition for the first time. Supply just cut at Conley's store.

Our line of shoes is larger than any at prices that will make competition all up and study how we will sell at such low prices. Isralaky and Kohn.

Jorn, Dec. 9, at Majestic, Ky., to and Mrs. Earl Jacoby, a fine fighter. Mother and child are doing well. Mrs. Jacoby is a sister Mrs. Ham. Preston, of Louisa.

WANTED—To buy in Lawrence county, Ky., farm not over 75 acres cost not over \$1000.000 Terms must be reasonable. Address J. K. GGS, Real Estate, Kenova, West 2t.

H. R. Alexander and family, who had been occupying a part of the W. M. Justice house as a residence, have moved into the Capt. Cross property near the bridge, where they will continue to keep house.

Santa Claus is at our store. Isralaky and Kohn.

Do not fail to see our line of Christmas goods. ISRALSKY AND KOHN.

The cases of Hall and Riddle, who shot revenue officers Ramey and Stone several months ago, have been transferred to the federal court at Big Stone Gap, Va., for trial.

The Rev. Mr. Simpson, who had been pastor pro tem of the Christian church, this city, for some time, left Wednesday for Fort Pierce, Fla., where he will spend the winter.

Mr. G. W. Castle went to Catlettsburg Monday, where he was called to assist in the defense of Dave Hall, charged with the murder of revenue officers in Pike county several months ago.

CUT PRICES. In order to make room for our Holiday Goods we are Closing Out our wraps for Ladies and Children, Sweats and Hats at a great reduction. Justice's Store. Near Depot, Louisa, Ky. 2t.

LOST! On the night of Dec. 2, 1913, a dog. He was blue speckled, bobtail hound, if anybody finds him let me know and I will pay a liberal reward. O. L. CURNUTTE, Zeida, Ky. 2t-pd.

Bishop S. W. Burton passed through this city on Friday last on his way to Jenkins. He returned Monday, intending to hold services here that evening, but the train arrived too late and he went on to Ashland.

Painville, Ky., Dec. 10.—While hunting, Lon Fairchild, aged 19, accidentally shot and killed himself, about ten miles from Painville. He was a son of Frank Fairchild, a well-to-do farmer who lives near here.

Dr. Motley, who was adjudged a lunatic at the last term of the Lawrence circuit court and sent to the State Hospital at Lexington for treatment, has recovered and has been returned to Louisa to await trial in January next for the killing of a man in Morgan county.

The Fort Gay Normal School will be taught by J. B. Artrip and J. B. McClure, beginning on the 2nd of Feb. 1914, and continuing three months. Tuition \$2.50 per month. Good board \$10.00 per month. For further information address J. B. ARTRIP, Fort Gay, W. Va., J. B. McCLURE, Louisa, Ky. 2t.

Mr. Joseph Smith, Supt. of mines on the Flat Top Coal Field, was in our town Thursday, Dec. 4, along with Miss Olga E. Savage, of Fallsburg, also Miss Ida Savage, of the same place and Miss Julia Savage, of Morgans creek accompanied them. Miss Olga E. Savage is the youngest daughter of Mr. Wm. Savage, where the oil developments are at present taking place at Fallsburg.

Mr. and Mrs. J. H. Preston, who are spending some time at Mount Clemens, Mich., taking the mineral baths, report that they are having a fine time at this resort, though they went there for the treatment rather than for a vacation. Mr. Preston says this is the first time he has been up in that country and is much pleased with Mount Clemens as a health resort. The water they bathe in there comes from deep wells, is almost black in color and has a most decided odor. They expect to be back in Louisa by Christmas.

CONSTIPATION POISONS YOU.

If you are constipated, your entire system is poisoned by the waste matter kept in the body—serious results often follow. Use Dr. King's New Life Pills and you will soon get rid of constipation, headache and other troubles. 25c. at Druggists or by mail, H. E. BUCKLEN AND CO. PHILA. AND ST. LOUIS.

KILLING IN LOGAN COUNTY.

Taking his 22 calibre rifle with him Jim Adams, a ten year old boy of Banco, W. Va., went to a bed room of the home of his father to awaken J. Ferrell, 20 years old, who was a guest there. Young Adams pointed the gun at Ferrell, the authorities say, and then at H. Linville, who was also in the bed. Both men warned the boy to be careful as the gun might be loaded. Then Adams shot Ferrell through the neck killing him instantly. The boy is in the Logan-co. jail, awaiting the action of the authorities.—Huntington Herald Dispatch.

M. E. CHURCH SOUTH.

Sunday school at 9:00 a. m. Let every member be present if possible. Preaching services at 10:30 a. m. and 6:30 p. m. Morning subject: "The Candle of the Lord." Evening: "The Woman of the Streets."

Junior League at 2:30 p. m. 36 present last Sunday, more expected next. Senior League at 5:30 p. m. Miss Nina McHenry, Leader.

Do not forget the Laymen's Prayer meeting next Wednesday evening. Topic: "The Walk of the Christian in the Church and before the World."

B. M. KEITH, Pastor.

UP-TO-DATE LUNCH ROOM.

Mrs. N. D. Waldeck will serve, at all hours, at her ice cream parlor, hot soup, salads, bread, coffee, pies and other things to make a good luncheon. Fresh oysters served in any style desired. Cooking first class. Prices reasonable. 2t.

Fine Farm and Home For Sale.

Privately, in good neighborhood, on good road, 1 1/4 mile to town. Good Graded School 9 months in the year, 2 dwelling houses, two barns, and all other out-buildings in good repair. One of the nicest locations in this part of the country. Crop this season averaged better than \$25.00 per acre, corn, oats and hay. Has good apple orchard. This farm can not be described in small ad. If you are hunting a good farm write me for further information regarding this farm. Will be sold at a bargain if sold in the next 20 days. For further information write, J. M. REYNOLDS, R. D. 3, Waynesburg, Ky. 4t.

FARM FOR SALE.

Good farm of about 500 acres, near railroad and river, in Lawrence county, Ky. Timber and coal. Grass, tobacco land and barn, large amount of new ground. Good buildings. Write Big Sandy News office for particulars. 4t.

OUR SPECIAL MARK DOWN SALE is now at its best

Thousands of dollars worth of merchandise has been swept away but more new goods are arriving daily. Our sale was advertised to close next Tuesday, Dec. 16, but on account of it being so near Christmas

We Have Decided to Extend the Sale Until Christmas

in order to give you a chance to buy all of your Christmas gifts at a trifle. We are now opening up our Christmas goods for men, women and children.

We advise you to do your Christmas Shopping Early before the best goods are gone. Do not delay but come at once. We can please the little fellows as well as the older ones. A call will convince you that we have the greatest bargains in the history of Louisa mercantile annals.

REMEMBER THE PLACE ISRALSKY & KOHN

Look for the Sign Bearing the Name