

THE LECTURE ON TUBERCULOSIS

The Disease Could be Entirely Stamped Out if the People Would Follow the Instructions.

HOW TO PREVENT IT

Attention to Sanitation and Plenty of Light and Air Will Help the War Against Disease.

Last evening at the high school, Dr. J. W. Kime of Fort Dodge lectured upon the subject of tuberculosis, the lecture being given under the direction of the state board of control.

The audience was not as large a one as it should have been, but there were a hundred people present who were greatly interested in the lecture which was instructive and interesting, being illustrated with many lantern slide views.

Dr. Jenkins introduced the speaker and said that tuberculosis was such a widespread disease now that it had gotten beyond the doctors who cannot fight it alone and a world wide movement is now on to educate the people.

Dr. Kime's Lecture. Dr. Kime said that it was a difficult thing for the people to understand why the doctors were giving away their secrets and cutting off their source of revenue. They are the only profession which does this.

One-seventh of the population dies from tuberculosis. Since the discovery of the bacilli, we have studied its habits and are learning to avoid and prevent them. The doctor then presented his first stereopticon view, a chart showing the death rate from the disease according to age.

In 1904 in Iowa there were 4,852 females and 3,148 males who had tuberculosis. This was shown in a diagram. It is a house disease and in an agricultural state like Iowa where the men are out of doors the most of the women greatly outnumber the men who have the disease while eastern states do not show such a difference.

A diagram of the state was shown with dots upon the map showing the cases as distributed. A picture was shown of a patient on his bed in the little room of a poor family. The other members being present. This picture was used as an illustration to show how the disease may be spread.

The greatest percentage of deaths are in the states of California, South Dakota, Kentucky and Tennessee, the first because of the sick moving there, and the second because of the many foreigners there. A map of the country was shown with shadings representing the percentage of deaths.

The tuberculosis germ is a plant which can only grow in the tissues of humans or animals. As much sputum as will lie on the head of a pin contains hundreds of these bacilli. They are on the lips of the patient and can be transferred by a kiss or a common drinking cup.

An important question is how to take care of this sputum. It should be burned. A cornicopia is made of paper and used as a cuspidor, the paper being burned after being used three or four times. A handkerchief should not be used.

Tuberculosis always makes its appearance at the top of the right lung, for what reason has not been discovered.

The tuberculosis bacilli alone is not able to destroy our lives. If we live in the fresh air and sunshine we usually have a better chance of destroying the germ instead of its destroying us.

Our farm houses, hidden back of a jungle of trees, make the houses damp, unsanitary, shunned by the sun and winds. Mid such surroundings as these the inmates drop and die. Views were shown of farm and city homes almost obscured from the camera by the trees.

The rule for the planting of trees should be that their shade does not fall on the house during the mid hours of the day and not so dense that grass will not grow luxuriantly beneath them.

A picture of an old house near Fort

Food for thought Food for work Food for brain Uneda Biscuit The most nourishing of all wheat foods. 5c In dust tight, moisture proof packages. Never sold in bulk. NATIONAL BISCUIT COMPANY

Madison was shown in which 12 people had died of tuberculosis. Dr. Wahler had furnished the picture of the dark and damp old brick structure which should be burned down before it is responsible for other deaths.

Wooden shutters on a house, the ground sloping toward the house and the shades excluding sunlight are unhealthy. The bed rooms are the most important rooms in the house and should always be carefully looked after.

A patient treated early enough can be cured if flooded with light and air. Views were shown of the tent houses used for tuberculosis patients. Light and air are the principal things used in the treatment of the disease. Better results are being had in the winter months than summer at the various camps and sanitariums.

Kept a patient next to a hard coal burner, means sure death. It may make the pathway to the grave a little more comfortable, but nothing else.

Infected Cattle. A very large per cent of tuberculosis is due to the milk used. The early recognition of the great danger of infection from cattle to humans was clearly presented by the speaker, who stated that human and bovine tuberculosis were very similar, very little difference existing between them.

"The danger, however," said he, "is in the milk rather than the flesh of the cow. If the animal is young when the infection is discovered, the meat will not be harmful to eat, but the milk must not be used, because the tuberculosis bacilli in the milk of the animal and is most dangerous to children, in whose intestines it finds a foothold and flourishes, spreading through the system. If the animal is killed at that time, as it should be, the meat will not be infected, but if the animal should be continued in life and the milk used, regardless of the infection, two dangers are the result.

An old cow having infection of the tubercular kind for some time and finally going into decay before being killed, the meat will be infected as well as the milk.

There are estimated to be \$6,000,000 worth of cattle infected by tuberculosis in the state; of this number two-thirds are in the dairy herds and the remainder in the stock pens. Fifty cities in the state have ordinances compelling dairymen to sell milk only from cattle not infected. This causes tests to be made regularly and the supply kept pure.

Ottumwa is not among the cities having such laws. The cattle owners complain of having to kill the cattle and think they should be reimbursed by the state. This is impossible and the state wishes to treat all alike and no one is paid for cattle killed that were infected. The farmer has the right to fatten, if they are too thin for the market, the infected cattle, provided he does not sell the milk, or hold the cattle too long. This latter is sometimes done by the owner, who holds his cattle for a high market and thus dumps on the packer infected meat for which he loses more finally and endangers the consumer.

Many physicians from out of the city were in attendance at the meeting. Among them were Doctors Torrence, Blakesburg; Jay and Sawyer, Eldon, and McCray, Eddyville. Local physicians were present in large numbers and the meeting was a great success.

Mrs. McCraney's Experience. Mrs. M. McCraney, Prentiss, Miss., writes: "I was confined to my bed for three months with 2 kidney and bladder trouble, and was treated by two physicians but failed to get relief. No human tongue can tell how I suffered, and I had given up hope of ever getting well until I began taking Foley's Kidney Remedy. After taking two bottles I felt like a new person, and feel it my duty to tell suffering women what 'Foley's Kidney Remedy' did for me." Wilkinson & Co., and J. F. Kiedalsch & Son.

SISTER MARY WAS NOT FOUND

Deputy Marshal Was Unable to Locate the Head of Nauvoo Academy to Serve His Papers.

ANOTHER SUIT IS FILED

Sister Gertrude Received the Service But the Superior Sister Was in Seclusion.

The following from the Springfield Register, will be of interest to the people of this vicinity who are taking a deep interest in the affair of St. Mary's Academy at Nauvoo:

Sister Mary Pohlson, superior of the Order of the Benedictine Sisters of St. Mary's academy at Nauvoo, Ill., has evidently gone into seclusion until the storm which has resulted from the discovery that she signed large numbers of notes in blank and turned them over to P. J. Kieran of New York, the head of the defunct Fidelity Funding company, shall have blown over.

United States Deputy Marshal Elmer Grady of Quincy, who was sent to Nauvoo to serve the papers in the suit which the Reliance Life Insurance company of Pittsburg, Pa., brought against the St. Mary's academy as the result of being the holder of one of the notes given by Sister Mary to Kieran, was in the city yesterday. He said he had been unable to find Sister Mary when he was in Nauvoo Friday to serve the papers on her, but after some time he finally was taken to Sister Gertrude, the secretary of the order, and served the papers on her.

Another Suit Filed. Another suit against St. Mary's academy was filed in the United States circuit court yesterday, and it is believed there are man others to follow. The trials of the cases will doubtless be of great interest.

The suit filed yesterday was brought by the Citizens Trust company of Brooklyn, N. Y., and was for the sum of \$12,000, though the note which is sued on is for \$7,750 and was made over to the Fidelity Funding company by which it was assigned to the Citizens Trust company.

PILES CURED IN 6 TO 14 DAYS PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

SANTA CLAUS MAIL BARRED.

Letters Will Not be Delivered to Charitable Organizations.

WASHINGTON, D. C., Dec. 19.—Postmaster General Meyer has announced that he would not renew his order issued in December, 1907, permitting delivery to charitable organizations of letters addressed to "Santa Claus."

Numerous complaints have been made to the postmaster general by many charitable organizations that owing to the large number of such letters taken by the various charities while the order was in force, it was not possible to investigate each case and that the presents given out fell into the hands of unworthy persons.

The practice also was objected to on the ground that it tended to make beggars of children.

Must Go to Dead Letter Office.

The postmaster general has directed postmasters to treat the Santa Claus letters in accordance with those sections of the postal laws which provide that letters bearing fictitious addresses shall be sent to the division of dead letters unless the addresses of the senders appear upon the envelopes, in which case the letters will be returned to such addresses.

It is estimated that more than 50,000 letters are addressed by the children of the country to Santa Claus annually.

Here is Relief for Women

If you have pains in the back, Urinary, Bladder or Kidney trouble and want a certain, pleasant herb relief from Women's ills, try Mother Gray's "Australian-Leaf." It is a safe, reliable regulator, and relieves all Female Weaknesses, including inflammation and ulcerations. Mother Gray's Australian-Leaf is sold by Druggists or sent by mail for 50 cents. Sample sent FREE. Address, The Mother Gray Co., Le Roy, N. Y.

PLAYERS WHO WILL HELP HANNIBAL

Williams and Horton, Formerly With Keokuk, Are Again With the Missouri Team.

Manager Hough has the following players to land Hannibal well up in the percentage column next season:

There are Swalm, Williams, Bradley and Bagnell, who have all played in the Central association and with Kraft, Wilson, Horton, Wilkins, Cople, Lowery and Whitney, the champs haven't such a bad start. Wilkins and Cople are both fair catchers, the former being the favorite, however, in the pitching line Kraft is one of the best that can be found in class D company and Swalm, who led the I-M league last season, together with Wilson, Horton and Williams, is just as good. As infielders, Lowery, Bradley and Bagnell are perhaps as good as the average in class D, and the latter two can also play the outfield. Whitney is an outfielder and he is said to be a good one.

Guilty of Counterfeiting.

Passing counterfeit money is no worse than substituting some unknown worthless remedy for Foley's Honey and Tar, the great cough and cold remedy that cures the most obstinate coughs and heals the lungs. Wilkinson & Co., and J. F. Kiedalsch & Son.

FARMINGTON HAS POULTRY SHOW

Mentioned to Succeed Hannibal for the Place in the Illinois and Missouri League.

The Macomb Journal in the following article explains the present situation in the Illinois-Missouri league, and the prospects for next season:

"The next move, now that Hannibal won the vacancy in the Central association, will be to select her successor. There will be no trouble to secure a good city, for Beardstown is anxious to join the league and will comply with any reasonable demand, and if the other cities stay in the six-club league will still be a fact and the circuit well compact than before. But there is a question whether some of the clubs will remain in. Havana, for instance, had practically no attendance at the close of the season, or through the season, for that matter, notwithstanding the fact that they had a good team; in fact some of the star players of the league. They had no representative at the last meeting and they may drop out. Galesburg's representative made a nice talk before the league at the recent meeting, and as they voted with them and gave them a kindly vote, they should be a kindly feeling between them and the I-M. However, this may not exist when the show down comes and they may prefer to play independent ball rather than

SCHEDULE THE BIG QUESTION

It is the Chief Topic Among the Central Association Circuit and Will Keep the Fans Busy Guessing.

HOW TO MAKE IT PLEASE

Opening Days, Holidays and Sundays Always the Subject of Contentment and Ofttimes Bitter Feeling.

A dispatch from Quincy says: The matter of a schedule for next year is now the paramount matter of interest throughout the Central association circuit and every club owner will keep busy from now until the January meeting in Kewanee in devising suggestions for the schedule by which his team will get its fair share of the good things to be handed out. The opening days and the holidays and Sundays are always matter of more contention and bitter feeling than any other matter in the usual course of a league's business.

Manager Hofer of the Quincy club has a plan, briefly mentioned at Keokuk, and apparently meeting the favor of the directors, whereby the opening will cause no discontent and every club will have fair and equal treatment. His is in the nature of a double opening, putting the two cities closest together or if preferred, the cities that are the greatest natural rivals, against each other in the opening series for three games in one and then jumping back for an opening series of three games in the other city. For instance, Quincy and Hannibal would be ideal opponents in an opening series and this city would doubtless concede the first opening on May 4, 5 and 6, to the newcomer in the league, coming back to Quincy for its opening May 7, 8 and 9. This would be followed out in the case of the other cities also. Jacksonville and Kewanee could exchange openings to the advantage of both. Ottumwa and Waterloo are near each other for a similar double opening series and Burlington and Keokuk would have but a small item of mileage in following out the same plan. Or, if thought more profitable, Burlington and Waterloo might exchange openings, being natural rivals and always having been bitter opponents in every championship race. The chief value of the double opening plan would be to have openings in all cities while the season is still very young and before any team may be distanced even by five or six games, as might be the case in the six-game series, as has been the custom heretofore.

Another matter which Hofer will recommend will be that the schedule will be so arranged as to prevent Sunday conflicts with Hannibal. Hannibal's chief claim to consideration is the fact that being so close to Quincy and her natural rival, the result would be a greatly increased attendance for both cities, and with Sunday games alternating in the two cities the excursion business would make record breaking attendance in both cities. Mr. Hofer will also suggest that an effort be made to separate the holiday games and nearest Sunday so as not to have these two games so near together.

Guilty of Counterfeiting.

Passing counterfeit money is no worse than substituting some unknown worthless remedy for Foley's Honey and Tar, the great cough and cold remedy that cures the most obstinate coughs and heals the lungs. Wilkinson & Co., and J. F. Kiedalsch & Son.

DOWNWARD COURSE

Fast Being Realized by Keokuk People.

A little backache at first. Daily increasing till the back is lame and weak. Urinary disorders quickly follow; Diabetes and finally Bright's disease. This is the downward course of kidney ills.

Don't take this course. Follow the advice of a Keokuk citizen. George W. Appleton, 1213 Reid street, Keokuk, Iowa, says: "Doan's Kidney Pills have benefited me more than any other remedy I have ever used and I can endorse them as highly as I did in 1906. Ten years ago I had a severe attack of kidney complaint and I suffered greatly from backache. Nothing relieved me until I procured Doan's Kidney Pills at Wilkinson & Co.'s drug store. I was so pleased with the promptness with which they rid me of the trouble that I publicly recommended them through the local papers. My back has never troubled me to any extent since, but I have constantly taken a few doses of Doan's Kidney Pills, finding that they act as a tonic to my kidneys."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other

FREE TO YOU—MY SISTER



I am a woman. I know woman's sufferings. I have found the cure. I will mail, free of any charge, my Home Treatment with full instructions to any sufferer from woman's ailments. I want to tell all women about this cure—you, my reader, for yourself, your daughter, your mother, or your sister. I want to tell you how to cure yourselves at home without the help of a doctor. Men cannot understand woman's sufferings. What we women know from experience, we know better than any doctor. I know that my home treatment is a safe and sure cure for Leucorrhoea or White Discharge, Ulceration, Displacement or Falling of the Womb, Profuse, Scanty or Painful Periods, Uterine or Ovarian Tumors or Growths; also pains in the head, back and bowels, bearing down feelings, nervousness, creeping feelings up the spine, melancholy, desire to cry, hot flashes, weakness, kidney and bladder troubles where caused by weaknesses peculiar to our sex. I want to send you a complete ten day's treatment entirely free to prove to you that you can cure yourself at home, easily, quickly and surely. Remember, that it will cost you nothing to give me your name and address, tell me how you suffer if you wish, and I will send you the treatment for your case, entirely free, in plain wrapper, by return mail. I will also send you free of cost, my book—"WOMAN'S OWN MEDICAL ADVISOR" with explanatory illustrations showing you how to use the medicine, and how they can easily cure themselves at home. Every woman should have it, and learn to think for herself. Then when the doctor says—"You must have an operation," it can be decided for yourself. Thousands of women have cured themselves with my home remedy. It cures all old and young. To Mothers of Daughters, I will explain a simple home treatment which speeds and effectually cures Leucorrhoea, Green Sickness and Painful or Irregular Menstruation in Young Ladies. Plumpness and health always results from its use. Wherever you live, I can refer you to ladies of your own locality who know and will gladly tell you how they have been cured. My Home Treatment really cures all women's diseases, and makes women well, strong, plump and robust. Just send me your address and the free ten day's treatment is yours, also the book. Write today, as you may not see this offer again. Address MRS. M. SUMMERS, Box H. Notre Dame, Ind., U. S. A.

Remarkable Story

The story of Mrs. Matilda Warwick, of Kokomo, Ind., as told below, proves the curative properties of that well-known female remedy, Wine of Cardui. Mrs. Warwick says:

TAKE CARDUI

It Will Help You "I suffered from pains in my head, shoulders, limbs, side, stomach low down, dizziness, chills, nervousness, fainting spells and other female troubles. I was almost dead. Three doctors did not help me. At last, I took Cardui, and with the first bottle obtained relief. Now I am cured. But for Cardui, I would have been dead." Try Cardui. AT ALL DRUG STORES

DYSPEPSIA

"Having taken your wonderful 'Cascarets' for three months and being entirely cured of stomach catarrh and dyspepsia, I think a word of praise is due to 'Cascarets' for their wonderful composition. I have taken numerous other so-called remedies but without avail, and I feel that Cascarets relieve me in a day than all the others I have taken would in a year." James McGee, 108 Mercer St., Jersey City, N. J.



Best for The Bowels. THEY WORK WHILE YOU SLEEP.

Pleasant, Palatable, Potent, Taste Good, Dr. Good. Never Sicken, Weaken or Grip. 10c, 25c, 50c, N.O.C. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N.Y. 50c ANNUAL SALE, TEN MILLION BOXES

return to the fold. Pekin is prominently mentioned, but it is some distance away. Ft. Madison is considered by many as the most desirable place of all. A schedule, comprising Galesburg, would be an easy one, as Ft. Madison is only forty miles from that place, and with Beardstown, Monmouth, Macomb, Canton, Galesburg and Ft. Madison there would be a compact circuit and one easy to reach. A circuit like this would pay better than one of eight cities, if they were scattered over more territory.

ELECTION NOTICE.

The annual meeting of the members of the Iowa State Insurance Company will be held at the office of the company in the city of Keokuk, Lee county, Iowa, at 2 o'clock p. m. on the second Monday in January, 1909. HUGH ROBERTSON, Secretary.

NEW FEATURES IN SHORT COURSE

Will be Held For Two Weeks' Beginning January 4, at the Ames College.

[Special to The Gate City.] AMES, Iowa, December 18.—The short course at Ames, which will be held for two weeks beginning January 4, will contain several new features. One of these is the poultry course, which will cover the breeding, feeding and general management of poultry from a farmer's standpoint. The great advantage of fattening poultry before marketing will be brought out, and it will be shown how the farmers of Iowa can easily obtain double the price for their poultry that they are now receiving. Egg production will also come in for a considerable share of attention. With eggs at 40 cents a dozen the problem of winter egg production is one that any one who keeps hens can well afford to investigate. The poultry work will be in charge of Prof. H. C. Pierce and Mr. Lippincott, both graduates of Cornell University, and practical poultrymen as well.

—Do your Christmas shopping with Keokuk merchants.

ATTORNEYS.

Felix T. Hughes, E. L. McCoid, HUGHES & MCCOID, LAWYERS, No. 26 North Fourth Street.

B. F. Jones, W. R. C. Kendrick, JONES & KENDRICK, ATTORNEYS AT LAW. Special attention given to collection and litigation cases. Office in Bond building, Fifth and Main streets.

INSURANCE.

Only reliable companies of large assets represented. H. B. BLOOD, 12 South Sixth Street.

E. E. HAWKES, UNDERTAKER AND LICENSED EMBALMER, 729 Main. Both Phones. Red Cross Ambulance.

CRIMMINS & CHASE, UNDERTAKING and EMBALMING, 723 Main Street. 'Phones

I. S. ACKLEY, UNDERTAKING AND EMBALMING, 1007 Blondeau Street. Iowa 'phone, 456-M. Home, 3435

MEN AND WOMEN. Use Big 6 for unusual discharges, irritations or soreness of the bladder or prostate. It is a powerful, and not addictive, remedy. Sold by Druggists, or sent in plain wrapper, by express, prepaid. 75c. Write for literature.

KEELEY'S CURE. CURES LIQUOR, DRUG AND TOBACCO HABITS. Write NOW for our Free Booklet. 706 WEST FOURTH ST.

Des Moines Iowa. KEELEY'S CURE. CURES LIQUOR, DRUG AND TOBACCO HABITS. Write NOW for our Free Booklet. 706 WEST FOURTH ST.

Every Woman is interested and should know the new Yaginal Spray. The new Yaginal Spray. It cures all cases of leucorrhoea, itching, burning, and all other ailments of the female system. Write for literature. 44 East 23rd Street, NEW YORK.

—When you buy your Christmas present perhaps you can buy a "Made in Keokuk" present.