WORK IS CURE OF THE HABIT

Superintendent of Inebriate Hospital Files His Annual Report With the Board of Control.

CURE 66 PER CENT

Complaint is Made That Many Criminals Are Sent There Instead of to Where They Belong.

That work is the best cure for the "booze" habit is the theory advanced by Superintendent A. S. Miner, of the Iowa state inebriate hospital at Knoxville, in his report to the state board of control. In this report, just filed with the governor, he makes some striking complaints and recommendations.

"I wish to enter a protest," he says, "against the far too common occurrence of a committal to Knoxville being made as a compromise instead of a more natural or just sentence of the court. In some cases men arrested for crime are allowed to elect their own choosing a commitment to Knoxville as their penalty."

Wants a Prison.

The superintendent recommends that the legislature make an appropriation for a reformatory bulding in which men could be confined so they could not escape, as they now do easily while going from the main building to the cottage where meals are served. He also recommends that ten acres be purchased and surrounded by a high board fence with a rock pile within to use as a matter of discipline or as he says, "where a prescription of thirty-sixty-ninety days hard labor can be effectually applied."

It is work, he says, that cures men of their liquor appetite and he would require every man to work from eight to ten hours per day. That is why he wants additional land. To give employment in the winter time is difficult so he recommends a gymnasium in which indoor base ball, basket ball, hand ball, etc., can be played and witnessed. In this reference, he says: "Amusement is but the primary object but the ultimate aim is to benefit the man in every way and especially assist him to gain self control. You must gain the confidence and good will of the patient before you can touch that responsive chord in his nature and convince him that you are interested in him. Then you have laid the foundation for successful work in his case."

The result of the work at the inebriate asylum Mr. Miller says is as follows:

Cured 65 3-4 per cent.
Greatly benefited 16½ per cent
Relapsed in one year—8 4-5 per cent.
Not benefited at all 9 per cent.
Worse than before—2 per cent.

ROWING ASSOCIATION MEETS SATURDAY

Ottumwa Wants the Next Regatta to be Held on the Des Moines River Next Summer.

On next Saturday evening, the annual session of the Central States Amateur Rowing association will be held in Quincy. The meeting will take place in the parlors of the Ellis St. James hotel, nd in addition to the members of the executive board, it is expected that there will be at least one representative present from each of the boat clubs belonging to the organization, and possibly three or four others representing clubs who at that time or at a later date, may apply for admission to the association.

There will be several matters of importance to come up ncluding the selection of the place for the third annual regatta, the revision of the constitution and by-laws, the possible admission of new clubs, and the election of officers and an executive board.

There are now seven clubs in the association, the North Side and South Side of Quincy, the Central and Mound City of St. Louis, and the Ottumwa, Detroit and Chicago clubs, a total of seven.

Both Ottumwa and Chicago are after the next regatta. If Ottumwa gets it, the meet will be held on the Des Moines river near that city. If Chicago gets it, the races will take place on a lake 35 or 40 miles northwest of the city of Chicago. Locally, it is understood that Ottumwa is favored.

Save Your Money

There's a Money-Making and a Money-Saving Investment; you save 20 cents on every Dollar

No element of speculation about it—invest your money in Good Clothes while the Prices are lower than ever, and the most of winter yet to come.

We've reached our clearing period. We've cut prices right and left—offering values unsurpassed.

The quicker you act, the better the values you will be able to select.

Don't let this chance escape you.

One-fifth Off on Winter Clothes

$25 Suit or Overcoat now $20——You Save $5
$20 Suit or Overcoat now $16——You Save $4
$ 18 Suit or Overcoat now $14.40——You Save $3.60
$ 15 Suit or Overcoat now $12——You Save $3
$ 12 Suit or Overcoat now $9.60——You Save $2.40

See what this discount means to you—a saving of one-fifth the regular Price—Buy now, and nowhere else for this is the Time and Place.

Peterson Bros
602-604 MAIN STREET

Rank Foolishness.

"When attacked by a cough or a cold, or when your throat is sore, it is rank foolishness to take any other medicine than Dr. King's New Discovery," says C. O. Eldridge, of Empire, Ga. "I have used New Discovery seven years and I know it is the best remedy on earth for coughs and colds, croup and all throat and lung troubles. y children are subject to croup, but New Discovery quickly cures every attack." Known the world over as the King of throat and lung remedies. Sold under guarantee at Wilkinson & Co., and J. F. Kiedaisch & Son drug store. 50c and $1.00. Trial bottle free.

Hard Colds—People whose blood is pure are not nearly so likely to take hard colds as are others. Hood's Sarsaparilla makes the blood pure, and this great medicine recovers the system after a cold as no other medicine does. Take Hood's.

PRISON REFORMS NOT APPRECIATED

Dr. Geo. P. Neal of Fort Madison Has Something to Say About the Methods of the New Warden.

IN BITTER CRITICISM

Private Life of Warden Saunders is Not Criticised But His Dealings With Prisoners is Severely Censured.

To the Editor of The Gate City.
"Hoch Der Kaiser,"
"Me Und Gott."

To those who have observed the amateurish antics of the warden of the Iowa state prison at Fort Madison it is impossible to suppress a smile, for the memory of the late Admiral Coghlan, and his world famous verses come out so vividly that one sees a village or township edition of the Kaiser William in the person of the school teacher who is cutting up in a sub-freshman manner in his insane desire to achieve a little brief notoriety, for brief it must be.

Nothing but a miracle prevents the "trusty" element from participating a wholesale prison delivery, with murder, arson, rape, and a local hell on earth.

The warden would be without doubt a good man in a school room, but the Deity never intended him to be a warden of a penitentiary. He is a grotesque misfit—"Hoch Der Kaiser" "Me Und Gott." To give it the mildest, most charitable observance, Iowa needs a warden, and it needs one bad." Society is not greatly improved by mingling with those "innocent men," who make the prison a necessity.

The writer is not desirous of oining the "Ananias Club," nor is he desirous of finding fault or criticising the private life or acts of Warden J. C. Sanders of the Iowa state penitentiary at Fort Madison, Iowa. It is the official acts of the warden and of the board of control which come within the scope of this article. The board of control and the warden are under fire at this time; almost every paper in Iowa has one or more articles descriptive of abuses in the management of the Fort Madison prison. This prison is designated as the home of the older and hardened criminals of the state. This is not a local fight, but rather a general assault, coming simultaneously from all parts of Iowa's domain.

It is in no sense political, nor is it factional, neither is it Cummins nor anti Cummins—it is a solemn protest filed against the idiotic methods now in vogue under Warden Sanders, sanctioned by the members of the board of control.

Warden N. N. Jones was known as a practical, economical manager of the prison. He was removed to make room for a school teacher of local reputation in northern Iowa, who was noted for his faculty of amusing the school boys. As a school teacher he was pronounced a success. The responsibility of the appointment rests upon Judge Robinson. The judge has long since reached and passed the line of usefullness.

The accusations against the warden and the board of control are numerous. I will cite a few of the charges:

The charges against the warden, are violating the soldiers' preference act; of cruelty to the guards; of oppression and overbearing conduct; of duplicity in his official conduct towards the guards; of discharging guards summarily and without reason; of deceit and treachery.

He is charged with allowing illegal privileges to convicts; allowing them to take automobile rides when they should have been locked in their cells; leaving forty or fifty cells unlocked at night; permitting convicts to be outside the walls day and night, contrary to law; allowing hardened criminals to go to different parts of the city without proper guard. It is no unusual sight to see convicts in twos and threes in the business part of the city. Convicts go into bakeries, restaurants, clothing stores, shops, offices and other public places unattended properly by guards. Many of these privileged convicts are possessed of dangerous impulses. They are sent here primarily for imprisonment, punishment, and for the protection of the lives and property of society. They are not sent here for reformation, but for the proper punishment of the most hellish crimes upon the calendar. Some of the worst class are, by reason of musical attainments, given many liberties and indulgences. In the absence of the warden, a convict is in that official's office and represents the warden. Guards entering the office, on business or otherwise, salute the convict. Officials from over the state who come to visit the prison are surprised as well as disgusted at the methods the warden or the board of control have inaugurated in the prison.

The law of Iowa plainly designates this as a prison, for those over thirty years of age, and not as "reformatory." Those who are sentenced are to remain during a definite period, "within the walls, at hard labor." The law does not contemplate the prison to be a reformatory, a kindergarten, or a musical conservatory. Anamosa is the seat of the reformatory; all young criminals, and those susceptible to reformatory influences are sent to that institution. It is contended that the board and the warden are acting in excess of their authority in the continued mismanagement, which is considered criminal. An effort is under way to bring the matter before the coming general assembly for investigation, a real investigation and not a "white wash." It is a matter of boast both by the board of control and by the warden that the convicts are better fed and better clothed and housed than most workingmen. It is notoriously known to be true. In thus placing a premium on crime and criminals, there is but little wonder that the warden and board are so popular with this bunch of trusties.

It is claimed by those who know that Fort Madison prisoners are much better fed and more comfortable than the veterans of the civil war are in the soldiers' home at Marshalltown. It is probably true.

It is currently reported that the board has stricken butter from the diet of the soldiers' home, but it is retained here in the prison. It may be given to the prisoners because of its qualities for the elimination of crime, and at the same time bring out all latent musical talent.

The warden is quoted as saying that only the best of butter will be accepted, and that there is a contract for butter at the rate of thirty-eight cents per pound. The query of an overwhelming number of honest, free citizens is how to get butter, good, bad or indifferent, but it is to be remembered that the trusties are of the elect.

Many of the guards complain that the table furnished the prisoners is much better than they can furnish their own families. The prisoners have thirty minutes for play after dinner and for smoking and contemplation. The guard eats a cold dinner out of a bucket, while on duty. The convicts are coddled at the expense of the comfort of the guards. During meals music is continuous. The convicts march in and out of the dining room to music.

The guards have no Sunday and no holidays. They are deprived of all holidays in order that these special guests of Iowa can be duly amused. Guards, after being on duty all day, are designated for duty at the night school, with or without supper; nothing is too good for the convict, nothing too hard for the guard. "It is a condition and not a theory that confronts us." Illustrative of the official discipline, recently a fight took place between the deputy and a wall guard. It is said that guard carried off the honors on points, etc., "Hoch Der Hitch." Not wishing to become tiresome, I will close.

Yours for horse sense,
DR. GEORGE P. NEAL.

Fort Madison, Iowa, Jan. 7, 1909.

Children Who Are Sickly

Mothers who value their own comfort and the welfare of their children, should never be without a box of Mother Gray's Sweet Powders for Children, for use throughout the season. They Break up Colds, Cure Feverishness, Constipation, Teething Disorders, Headache and Stomach Troubles. THESE POWDERS NEVER FAIL. Sold by all drug stores, 25c. Don't accept any substitute. A trial package will be sent FREE to any mother who will address Allen S. Olmsted, Le Roy, N. Y.

SUMMIT NEWS.

The many lady friends of Miss Lora High who is now Mrs. Jno. Danford, assembled at the home of Mrs. Ed. Johnson Tuesday afternoon and gave an elaborate miscellaneous shower, which was intended to have been given before her marriage to Mr. Jno. Danford.

The afternoon was spent very pleasantly.

The ladies brought with them a bounteous luncheon which consisted of three courses.

Mrs. Danford received many valuable and useful presents.

Those present were: Mrs. W. White, Mrs. J. O. Sims, Mrs. A. D. Richards, Mrs. H. Wyatt, Mrs. Joe Obleness, Mrs. Koss, Mrs. Chas. Johnson, Mrs. W. K. Howes, Mrs. J. P. Johnson, Mrs. Ben Nelson, Mrs. Harvey Johnson, Mrs. Abe Jeffers, Miss Ada Jeffers, Miss Nona Danford and Mrs. Chas. Bennett. All returned to their homes wishing Lora a long happy life.

Unimpeachable—If you were to see the unequalled volume of unimpeachable testimony in favor of Hood's Sarsaparilla, you would upbraid yourself for so long delaying to take this effective medicine for that blood disease from which you are suffering.

"Y" MAN TALKS OF NEGRO TEAM

Says Blacks Were White in Buxton Basket Ball Game on New Year's Day.

A Des Moines paper contains quite an interesting article on the sportsmanship of the colored basket ball players at Buxton, Iowa, a team which the local association had a game with last season, but which had to be cancelled. The Des Moines paper says:

"Our trip on New Year's day was an interesting commentary on sports and sportsmen," said a member of the Y. M. C. A. basket ball squad last night. "You remember, we played two games, taking a squad of ten men on the trip. The first team went up against Ottumwa there in the evening, and the seconds met the Buxton "Y,' a negro association, in the afternoon.

"I had never been inclined to look upon colored men as particularly good sportsmen, but if we ever received better treatment on a trip I don't remember it. They were as courteous and considerate about every little thing as possible.

"Not only while we were in town, but even when excitement was in fever heat during the game, the negroes at Buxton treated us right. They played hard, of course; they wanted to win, but their play was clean and their rooting was likewise. One side liner more boisterous than the rest howled against the referee's awarding of fouls and they took time out to squelch him. 'You cut dat out,' they said. 'We don' want none of that here.' They applauded our brilliant plays as well as those of their own team.

If you will take Foley's Orino Laxative until the bowels become regular you will not have to take purgatives constantly, as Foley's Orino Laxative positively cures chronic constipation and sluggish liver. Pleasant to take. Wilkinson & Co., and J. F. Kiedaisch & Son.

RAILROAD MEN DURING THE YEAR

Representatives of Various Lines Visit Railroad Offices in this City During the Year.

During the past year there were many representatives of various railroads of the country, who visited the local railroad offices and it is customary for them to leave cards.

These cards are saved from year to year and with the beginning of each year, a new list is started. Already quite a number have been received at both the Burlington and Wabash offices and it looks as if past records will be smashed. Hardly a day passes without a representative from one of the many railroads dropping into a local office. The latest are the following:

David P. Grier of St. Louis, commercial agent for the Seaboard line.

A. L. Massa, traveling freight agent for the Illinois Central, with headquarters in St. Louis.

J. K. Macy, a representative of the Lackawanna line, with headquarters in Peoria.

R. J. Holmes of New York, inspector for the Bureau of Explosives of the American Railway Association, with headquarters in New York. This position is the one formerly held by J. R. Roberts of this city, who was for many years local yardmaster.

H. C. Hickox of the Chicago and Alton, with headquarters in Peoria.

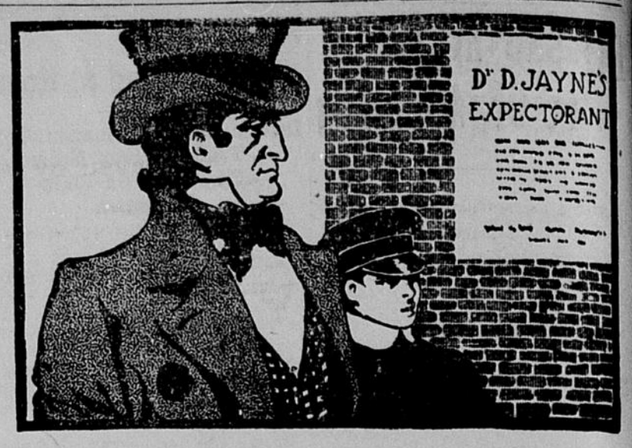
REVERE, MO.

Mrs. L. M. Dawson left for Montrose, Iowa, Sunday evening to visit friends. From there she will go to Fort Madison to attend a banquet of the Eastern Star lodge.

Mabel Elder left Sunday for her home in Keokuk after spending the holidays with friends in this vicinity.

Little Howard Lucas had the misfortune to burn his left hand quite badly one day last week, but it is healing quite nicely now.

Mrs. Nelson will leave soon for Texas, where she will visit and spend the rest of the winter with her son, Ira.



For Three Quarters of a Century

this famous remedy has been successfully employed in relieving and curing Coughs and Colds.

Dr. D. Jayne's Expectorant

is today known and used in all parts of the world as a standard remedy for Coughs, Colds, Bronchitis, Inflammation of the Lungs and Chest, Croup and Whooping-Cough. Keep a bottle of this famous medicine in your home and insure the health of your family. Sold by all druggists, in three size bottles, $1.00, 50c. and 25c.

Dr. D. Jayne's Tonic Vermifuge is a gentle and effective tonic for all the family.

GET RID OF STOMACH AGONY OF INDIGESTION

Can indigestion be cured? Hundreds of thousands of people who suffer from belching of gas; biliousness, sour stomach, fullness, nausea, shortness of breath, bad taste in mouth, foul breath, nervousness and other distressing symptoms, are asking themselves that question daily.

And if these same doubting dyspeptics could only read the thousands of sincere letters from people who once suffered as badly as they do now, but who have been quickly and permanently cured by the use of Mi-o-na, the mighty dyspepsia remedy that cures by removing the cause, they would go to Wilkinson & Co. this very day and get a large box of Mi-o-na tablets, and start themselves on the right road to health at once.

The price of Mi-o-na tablets is only 50 cents, and Wilkinson & Co. guarantees them to cure indigestion, or money back.

Thin or lean or scrawney people will find in Mi-o-na a maker of flesh and blood, because it causes the stomach to extract more nutritious matter from the food, which quickly enriches the blood.

R.T. BOOTH'S Mi-O-NA
This Trade Mark on every Tin Box

Don't forget, Booth's Laxative Pills are just the thing to regulate the liver and cure constipation, 25 cents. Wilkinson & Co., sells them.

A Treat to Make the Family Eat

RECIPE
Faust Spaghetti with Chicken
One chicken boiled until very tender; take all from the bones and pick up very fine. Boil one-half pound of Faust Spaghetti till tender. Butter a two-quart stew pan and line with pieces of Spaghetti; put in a layer of chicken seasoned with the liquid boiled down, salt, pepper and very little butter; then a layer of Spaghetti and so on until the dish is filled. Pour a cup of cream over the whole and bake half an hour. Serve on a platter.

Free book of over twenty useful Spaghetti recipes sent on request. Write for it to-day.

Give them a surprise. A dish of steaming Faust Spaghetti. How they will enjoy it! They'll ask for more. They'll want you to repeat the treat. *That* will make it easy for you, for there are so many different ways of serving Faust Spaghetti. A more adaptable food would be hard to find. A more economical food *couldn't* be found.

FAUST BRAND SPAGHETTI

means easy cooking, mealtime variety, maximum nourishment at minimum cost. Keep a package handy. Spaghetti soup to-day, a Spaghetti side dish or dessert to-morrow, a more complete dish next time—and so on. This would be impossible with any other food, but *variety* is only one of the features of Faust Spaghetti. Tastes so good, too, and *always* enjoyed.

Sold by nearly all grocers in five and ten cent packages.

MAULL BROTHERS, St. Louis, Mo.

W. B. CORSETS

Best Without Costing Most

ALL DEALERS SELL THEM AT $1.00 UPWARDS

WEINGARTEN BROS., Makers, 377-379 Broadway, N. Y.