



Busy Week Terminates. Filled with Congregationalism, Home Missionary society meetings and like events the past week has been indeed a busy one for churchgoers of several of Keokuk's denominational organizations.

Mr. and Mrs. Baker at Cards. Mr. and Mrs. Eugene Baker will entertain a company of ladies and gentlemen at cards at their residence tomorrow evening.

Trinity Aid Society. The Ladies Aid Society of Trinity M. E. church will be entertained next Friday afternoon in the church parlors by Mrs. A. Lotquist, Mrs. Sexton and Mrs. Thompson.

Country Club Opening. The members of the Country Club had ideal weather for the opening of their club house on Belknap Boulevard Saturday afternoon and those who form that one of Keokuk's most pleasant summer social organizations, were out en masse to revel in the pleasures of the wicketed croquet course, the golf links, tennis court and bridge whist tables.

Will Entertain Whist League. Mrs. Florence A. Warwick will be the hostess of the Keokuk Whist club at her residence, on North Eighth street, tomorrow afternoon.

An Entertainment. Mesdames M. E. Spaulding, J. O. Ross, J. W. Smith and J. A. Porter, will give a coffee at the home of Mrs. M. E. Spaulding, 1112 Bluff street, for the members of the Bank St. Christian church, Thursday night, May 26, at 7:30.

ther Thompson and his singer, Prof. W. H. Wellcome, will be present. Come and meet the evangelists before the meeting, which will start Sunday, May 29, in the big tent at Sixteenth and Des Moines streets.

Local Talent in Musicale. Keokuk musicians and music lovers are in receipt of a very cordial invitation to attend the recital which will dedicate the new organ lately installed in the Baptist church of Burlington.

There exists a very cordial relation between the musicians of Keokuk and Burlington. It was evidenced many times last winter by exchange programs between the two cities and in various other ways.

Program. Concert and organ recital, First Baptist church, Burlington, Iowa, May 27. 1. Organ group—(a) Overture for Organ—George Friedrich Handel

2. Soprano solo—(a) "Ich Lieb Dich"—Edvard Grieg (b) Solveig's Lullaby—Edvard Grieg (c) June—Mrs. H. H. A. Beach (d) "The Years at the Spring"—Miss Belle McCormick

3. Organ group—(a) Romantic Elegy—Sterndale Bennett (b) Intermezzo—Edward Elgar (c) Capriccio—Saint-Saens (d) Chanson—Christian Sinding

4. Soprano solo—(a) Dawn Song (From "A Day of Love")—Miss Belle McCormick (b) Even Song (From "A Day of Love")—Miss Belle McCormick (c) To Carnations (From "A Day of Love")—Miss Belle McCormick (d) "When I am Dead, My Dearest" (From "A Day of Love")—Miss Belle McCormick

5. Organ Group—(a) Prelude and Fugue in E Minor—William Lester (b) Ave Maria—Max Reger (c) Elevation—Max Reger (d) Toccata—Max Reger

Two Pretty Coming Events. Mrs. F. C. Johnson and Mrs. B. F. Smith will be hostesses at two very pretty functions which will occur this week at the residence of the first named lady, No. 424 Orleans street.

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Miss Ella Fanning (Ladies' Outfitter) has supplied a long-felt want by bringing to our market really smart ready-to-wear garments for ladies and misses.

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pretty, the furniture to be of antique pattern. Cut flowers will also be used in the decorating scheme, and will prove tasteful and appropriate to the time of season.

Will Give a Dance. A number of high school young gentlemen will give a dance in Hawkes' hall on Tuesday evening, as the closing one of a number of such social events that have occurred during the past winter and spring season.

Will Give an Excursion. The Ladies' society of St. Francis de Sales church have announced an evening excursion to be given on the steamer Keokuk the first of June.

A Moonlight Trip. St. Peter's Young Men's club is planning to give its guests a most pleasant evening on Thursday of this week. The steamer Dubuque has been chartered for the occasion, also a pretty evening has been ordered to complete the pleasure of the young men's guests.

Family Reunion. Friends and relatives will gather this noon at the home of Mr. and Mrs. N. J. Montague, 925 High street, for a family reunion.

## Fasting--Keokuk's Latest Fad Fancy

Wouldn't you be surprised if you knew that several people in Keokuk—yes a lot of them—were fasting just now? Wouldn't it seem rather a shock to the nervous system to know that almost a dozen of Keokuk's strong, healthy, robust-looking citizens were not eating a thing, and all because of a saort magazine article entitled, "Starving for Health's Sake" written by Upton Sinclair in the May number of the Cosmopolitan.

What an Attorney Did. One of Keokuk's most prominent barristers, read the Sinclair article in the magazine and became convinced that it was just what he needed—a fast. So he hid himself to a sanitarium several weeks ago and came back the other day with the assertion after a friend's solicitation as to his health, that he was feeling fine.

Yesterday afternoon to a Gate City reporter, Attorney stated that he was feeling fine, that he had lost some averdupols but that was not worrying him as the poisonous qualities contained in the stomach had disappeared with the fast, and he had benefited thereby.

How it is Done. The article in the Cosmopolitan by Upton Sinclair this month, which has induced some of Keokuk's citizens to

try it, reading for what it is worth, says of the new fad, fasting:

I was very hungry for the first day—the unwholesome, ravening sort of hunger that a dyspeptics know. I had a little hunger the second morning, and thereafter, to my very great astonishment, no hunger whatever—no more interest in food than if I had never known the taste of it. Previous to the fast I had had a headache every day for two or three weeks. It lasted through the first day and then disappeared—never to return. I felt very weak the second day, and a little dizzy on arising. I went outdoors and lay in the sun all day reading, and the same for the third and fourth days—intense physical lassitude, but with great clearness of mind.

During the first four days I lost fifteen pounds in weight—something which, I have since learned, was a sign of the extremely poor state of my tissues. Thereafter I lost only two pounds in eight days—an equally unusual phenomenon. I slept well throughout the fast. About the middle of each day I would feel weak, but a massage and a cold shower would refresh me. Toward the end I began to find that in walking about I would grow tired in the legs, and as I did not wish to lie in bed I broke the fast after the twelfth day with some orange juice.

I took the juice of a dozen oranges during two days, and then went on a milk diet. I took a glassful of warm milk every hour the first day, every three-quarters of an hour the next day, and finally every half hour—eight quarts a day. This is, of course, much more than can be assimilated, but the balance serves to flush the system out. The tissues are bathed in nutriment, and an extraordinary recuperation is experienced. In my own case I gained four and a half pounds in one day—the third—and gained a total of thirty-two pounds in twenty-four days.

## COMET SETS OFF THE SKY MAGAZINE

Dropped into a Western Cloud Bank Last Night and Stirred up a Storm.

Dropping into the western sky last night, the comet landed in the powder magazine of the sky, setting off the explosives and filling the western horizon with rumblings and flashes. Friday night and last night, hundreds of Keokuk people got their first view of the comet which is now in the western sky plainly visible to the naked eye.

It seemed as though the moment the comet disappeared in the bank of clouds, that it had touched off the powder magazines, for there was a flash of lightning in the west, coming from the bank of clouds. Shortly afterwards there were more flashes of lightning and faint peals of thunder were heard.

That such is the case has been conclusively proven by scientific research. Prof. Unna, the noted European skin specialist, declares that dandruff is the burrowed-up cuticle of the scalp, caused by parasites destroying the vitality in the hair bulb.

First Appearance of Dandruff a Forerunner of Future Baldness. That such is the case has been conclusively proven by scientific research. Prof. Unna, the noted European skin specialist, declares that dandruff is the burrowed-up cuticle of the scalp, caused by parasites destroying the vitality in the hair bulb.

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Big Race to Havana is On and Many People Watched Five of Them Leave Philadelphia. [Gate City Leased Wire Service.] PHILADELPHIA, May 21.—Cheered by thousands of enthusiasts, who stood in a pouring rain, five tiny cruising motor yachts put out to sea this afternoon and sped away toward Havana, for three handsome cups and cash prizes offered by the Yachtmen's

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