

Spring Debility

Is due to the debilitating weather of the season, and to the impure, impoverished, devitalized condition of the blood caused by too close confinement, too little outdoor air and exercise, too heavy diet during the winter.

Hood's Sarsaparilla

which effects its wonderful cures, not simply because it contains sarsaparilla, but because it combines the utmost remedial values of more than twenty different ingredients. There is no real substitute for Hood's Sarsaparilla. It is cured by the great constitutional remedy

To Make a Dry Shampoo.

Dry shampoos are all the rage now amongst society ladies and the more prominent stage beauties. Here is a formula much used in the east. It cleans, invigorates and stimulates the hair and scalp, while removing surplus oil, dust, dandruff, etc. Obtain of any well stocked druggist six ounces of pulverized orris root, also obtain two ounces of vilane powder. Mix thoroughly and keep in a tight box or jar. Sprinkle a heaping tablespoonful over and through the hair, distributing with the fingers. Do this at night. Next morning comb and brush thoroughly until all trace of powder is removed. The results are Col. Nathan Meeker, a veteran of a wonderful glossy, clean, soft and fluffy head of hair.

Col. Nate Meeker Says:

Col. Nathan Meeker, a veteran of the 17th N. Y. Volunteers, residing in Syracuse, New York, who wears a Gettysburg badge for bravery writes: "I am an old soldier, and can say with pride that Blackburn's CascaRoyal Pills beat anything I have ever tried for chronic constipation. I almost forget myself, I feel so much better in every way. I take one pill every other night, and I feel lively and energetic all the time since taking them. I shall tell all of my friends about their great merit, I cannot make my letter strong enough in praise."

Don't permit yourself or any member of your family or any friends to suffer long from the effects of constipation. Keep the constipation poisons out of your system, and feel well all the time. Write for a free trial package to The Blackburn Products Co., Dayton, Ohio, or obtain a 10c or 25c package from your druggist.



CARTHAGE, ILL.

Carthage College was victorious in the second inter-collegiate debate held with Hedding College last week.

The program committee of Carthage Woman's club delightfully entertained the club and guests at a dinner at the home of Mrs. Boggs, Thursday evening of last week, to celebrate the birthday anniversary of Wm. Shakspeare.

Mrs. Driscoll and children of Springfield, Mo. have been visiting Mrs. Driscoll's mother, Mrs. F. L. Smith, near Hamilton, are spending the week with the family of Chas. Holtsclaw.

Mr. and Mrs. Will Hubner of Dallas City, visited one day last week with Mrs. Mary Gill.

Mr. and Mrs. Ed Hoch and daughter Helen, and Miss Mabel Martinis went to Quincy to see Grace Baird, who is playing there.

Homer Garvin and son Gilbert of Memphis, Tenn., were visiting in the city the first of the week.

W. H. Bartlett went to Quincy Wednesday to take the thirty-second degree in Masonry.

Harry McCants of Quincy spent Sunday with relatives in this city.

Mr. and Mrs. D. H. Miller are

IRON IN THE BLOOD

is an essential element to health. When it is insufficient or lacking there is a dearth of red blood corpuscles, which causes anaemia and a run-down condition of the entire system, with consequent bodily weakness.

In order to restore the blood to a healthy condition, iron must be supplied in an easily assimilated form. We guarantee this may be done by Vinol, our delicious cod liver and iron tonic, made without oil.

This combination of two world-famed tonics, restores to the blood the elements lacking to make rich, red blood, which imparts strength and vitality to every organ in the body.

J. Edmund Miller, of New Haven, Conn., says his little girl had been frail and sickly ever since her birth. Vinol was recommended and they tried it, and immediately noticed an improvement in her condition. They continued its use and it built her up, until they cannot recommend it too highly to build up a weakened system." McGrath Bros. Drug Co., Keokuk, Iowa.

BIG BUDGET FOR SCHOOL DIRECTORS

Business Study Will be Introduced in High School—Employ Penmanship Instructor for Both.

TEACHERS ASK RAISE

Reports of Superintendent, Bills Allowed, Wells School Condition and Other Matters Make Long Session.

Filled with a number of matters of consequence, the meeting of the school board directors last night was one of the most important in the school year. Convening shortly after the fine dinner tendered them by the Domestic Science young ladies however, the members felt "primed" for the business at hand and it was with a loath feeling that adjournment was taken at 10 o'clock.

Dora Ware, a young colored girl of the grade schools, who has proven herself incorrigible during the present school year, appeared before the board accompanied by an older sister and a note from her mother.

The superintendent and the directors. Superintendent Aldrich signified his willingness to reinstate the Ware girl providing her school room conduct in future is irreproachable.

The report of attendance and banking in the schools was read by the superintendent and follows:

For the Month Ending March 24, 1911.

Schools.	Enroll. No.	Cases Bank	ment. A'tg. Tr'y. D'p's.
High	284	250	11
Geo. Wash.	460	365	58
Garfield	225	187	28
Wells	247	191	24
Carey	409	347	36
Torrence	262	230	35
Lincoln	264	224	50
Hilton	20	16	14
Price's Creek	13	12	0
Totals	2184	1822	256
Totals last year	2081	1700	257
	x103	x122	-1
			x36.75

Noticeable Increase.

Superintendent Aldrich reported to the board that last year reported to the end of the fourth and seventh month of the school year, there was an increase of thirty-five students in the schools. This year an increase of 115 has been noted between the same months and period of time.

A canvass has been made of some of the school blocks of the city for the purpose of determining whether new school boundaries can be made to carry out the policy of the board in

GROWING GIRLS NEED A TONIC

When They Become Thin and Pale If Proper Development and Healthful Womanhood Is to Be Assured.

Poverty of the blood, scientifically called anemia, is common in young girls and in persons who are overworked or confined within doors and makes its approach in so stealthy a manner that it is often well developed before its presence is recognized. Taken in time the disease is readily cured, the specific being a tonic medicine which increases the number of red blood corpuscles thus enabling the blood to carry the life-giving oxygen to all the tissues of the body.

Mrs. Nellie E. Roscovis, of Tulalip, Wash., was strong and healthy until her fourteenth year when she went into a rapid decline. For the next year she suffered from anemia and was not cured until she gave Dr. Williams' Pink Pills a trial. She says:

"When I was fourteen years of age I went into a decline and was miserable for a year. I had not a particle of color and my blood was turning to water. I was very weak and could not walk up stairs without great effort. I had dizzy spells and headaches all of the time and was compelled to leave school.

"The doctors pronounced my trouble anemia but I did not receive much benefit from them. Through a neighbor, who had given her daughter Dr. Williams' Pink Pills, I began their use. After a short treatment with the pills I was stronger. I quickly regained my health and strength and have had no occasion to use the pills since."

The tonic treatment with Dr. Williams' Pink Pills is successful because it acts directly on the blood, purifying and building it up to its normal health. It thereby keeps the body healthy even under unusual conditions.

Dr. Williams' Pink Pills have been found invaluable in a wide range of diseases of the blood and nerves such as rheumatism, after-effects of the grip and fevers, neuralgia, nervous debility, St. Vitus' dance and even partial paralysis and locomotor ataxia.

Dr. Williams' Pink Pills are for sale by all druggists, or will be sent, post-paid, on receipt of price, 50 cents per box, six boxes for \$2.50, by Dr. Williams' Medicine Co., Schenectady, N. Y. Send today for a copy of our free booklet, "Diseases of the Blood."

Rheumatism Comes From Bad Kidneys

Once Your Kidneys Work Properly, Rheumatism, Kidney Disease and Bladder Trouble Disappear How to Cure Yourself.

It is no longer necessary to spend months and months undergoing a complicated treatment for rheumatism, kidney or bladder trouble or spend a good many dollars in doctor's bills.

A new treatment can now be obtained which seems to act more like a marvel than a medicine. This treatment has produced such satisfactory results in a short time that it is now guaranteed from first to last.

There should be no more doubt about the rapid cure of rheumatism, no fears of the fatal termination of treacherous kidney disease or dropsy. Rheumatism means nothing more nor less than that your kidneys do not work properly. Your blood passes through the kidneys hundreds of times a day to be filtered and purified.

When the kidneys are weak, the poisons are not taken out of the blood as they should be. This leads to various diseases, such as rheumatism, terrible Bright's disease, diabetes, dropsy and bladder trouble.

The new guaranteed treatment is Dr. Derby's Kidney Pills. One day's use of them will prove their remarkable effect. M. T. Ridenour of Lima, Ohio, says: "When I feel bad in my back, I just take a couple of Derby's Kidney Pills and get immediate relief."

If you have rheumatism, anywhere, back pains, cloudy, foul urine, pains in the bladder, Bright's disease or diabetes, put your whole confidence in Dr. Derby's Kidney Pills, and you will not be disappointed.

Dr. Derby's Kidney Pills are sold at all drug stores—25 and 50 cents, or we will send them direct from the laboratory of Derby Medicine Co., Eaton Rapids, Mich., prepaid if you wish. If you want to try them first, just tell your druggist to give you a free sample package.

restricting pupils in a certain ward, to attend the school in that district. The average number of pupils in the George Washington school district, is small. A list of those attending school in the Washington ward will be prepared and submitted to the superintendent and Directors Roberts and Woolley. To increase the attendance at Washington school and relieve the situation of overcrowding in some of the others is the object sought in boundary change.

The superintendent submitted for examination of the board, papers naming the repairs needed in the schools. The matter will be taken up by the committee of the whole and repairs needed will be given proper attention.

Courtesy to Teachers.

Director Hamill made a motion that the board go on record as appreciative of the courtesies extended the visitors at the Southeastern Iowa Teachers' convention recently, by the Water Power company and J. H. Cole, superintendent of the Keokuk and Hamilton bridge.

The Water Power company, the superintendent reported, personally conducted the teachers over the works on both sides of the river and furnished a train for conveyance to the Illinois shore.

Superintendent Cole saw to it, that no cost was attached to the trips over the bridge made by the train which otherwise would have been quite an item.

Eight hundred badges, the finest that have been seen at any teachers' convention, were given the pedagogues visiting here, as souvenirs, by the power company.

To Succeed A. E. Parsons.

Possibly the most important matter for consideration of the board, because of the effect it will have on the commercial understanding of the high school student hereafter, was the suggestion of Superintendent Aldrich, that a successor to the late A. E. Parsons, writing and drawing supervisor, be appointed.

Mr. Aldrich asked that the sense of the board in which direction they wish to look with regard to continuing the study, be made known.

It was asked whether the board wished to continue a supervisor of both writing and drawing or to secure some one to instruct classes in penmanship and take up a business course with high school students.

Believe Business Best.

President A. B. Hughes said that he believed the time is now ready to introduce something of a business nature into the high school as the present day business methods, make a great demand for clerical work which has not been taught heretofore in the Keokuk school.

President Hughes went on record as very much in favor of employing a supervisor of penmanship and instructor to teach business methods in the high school, and believed that the same should be added to the regular school curriculum.

A bill passed by the last state legislature, provides that one school in each county shall receive an appropriation of \$500 which amount shall be used in preparing graduates for country school teaching work. If there are two county seats, \$800 will be divided among them.

A motion was made by Director Hamill that the superintendent be instructed to secure a man instructor

to teach penmanship and commercial work in the high school.

Won't Stop Drawing.

It is not the purpose of the board of education to drop drawing from the school curriculum. It is desirous to have some one instruct the schools, the superintendent stated, who could bring some of the artistic into the work. The drawing in the past by Keokuk students has been more of a penmanship drill than the artistic side of the work. Some of the teachers in the schools are able to handle the work of drawing satisfactorily. Later water color work could be introduced and the system bettered by the employment of a penmanship and business instructor, and have the teachers themselves be the drawing instructors.

Teachers Ask for More Money.

A petition signed by fifteen of the grade school teachers, asking for an increase of \$5 a month, the same to take effect the coming school term, was presented the board.

As a reason for asking an increase in their salaries, the teachers state in the petition that living expenses have increased since their monthly stipends were first arranged and they are now doing more work than before.

High School Also.

A similar petition to the one presented by the grade teachers, was presented the board by the instructors in the high school, who ask for \$5 more on the month.

The cost of living, they state, is higher. Another reason for asking higher salaries the petition states, is that there has been no general increase for some time among the teachers and two years have passed since more money has been paid them. For these reasons, the instructors state, they believe that some act is thought imperative, on behalf of the board of directors.

Eleven high school teachers signed the petition.

The matter was referred to the committee on teachers. A hearing of the matter of salary increase will be given the teachers at a meeting of the board next Wednesday evening.

Sadie Marion Becker, teacher in the high school, asked for the signatures of the president and secretary of the board in having renewed, her state certificate as school instructor.

C. L. Becker asked the board for reappointment as school census taker, the matter being referred to the committee in charge.

Wells School Perfectly Safe.

The report of the committee appointed for inspection of the Wells school building, was read by the secretary and follows:

To the Honorable School Board of the City of Keokuk:

Gentlemen—At the request of Director Joseph Lutz, the undersigned have made a careful examination of the Wells school building and hereby respectfully report as follows:

We find the building to be in a perfectly safe condition. Its walls are exceptionally thick, plumb and true, having only a few slight cracks, caused by time and slight settling, which are of no particular consequence. The floors, stairways and plastering are in good condition. There are a few very slight cracks in the plastering and a small amount of the plastering has fallen down, trickling upon the floor as particles of sand and lime. This we do not consider of any consequence, from the danger point of view, and if a small amount of the plastering is taken off where the cracks have occurred and



The special process of exacting extra filtration by which VASELINE is made renders it absolutely pure and safe.

To avoid all risk of petroleum jellies and petrolatums of lesser purity insist that the name "VASELINE" be on the bottle, box or tube.

MENTHOLATED VASELINE. Relieves headache, neuralgia and any nerve pain. An excellent remedy for cold in the head.

There are many kinds and many uses of Vaseline. In combination with standard specifics these Vaseline remedies form a safe "home medicine chest."

Sanitary Tin Tubes. Keeps the Vaseline free from germs and dust—recommended by physicians and nurses as hygienic.

CHESEBROUGH MFG. CO. New York. Solely of Every "Vaseline" Product.

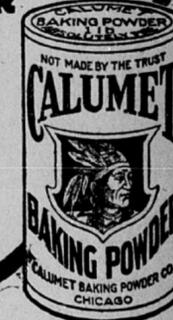


Madam! Don't be misled

Cheap and Big Can Baking Powder is Only Big in Size - Not in Satisfaction - Not in Economy. A large can and a small cost does not make baking powder cheap—or even less expensive than Calumet—the high-quality, moderate-price kind. It certainly cannot make it as good. Don't judge baking powder in this way—the real test—the proof of raising power, of evenness, uniformity, wholesomeness and deliciousness will be found only in the baking.

CALUMET BAKING POWDER

is a better baking powder than you have ever used before. And we will leave it to your good judgment for proof. Buy a can today. Try it for any baking purpose. If the results are not better—if the baking is not lighter, more delicious, take it back and get your money. Calumet is medium in price—but great in satisfaction. Free—large handsome recipe book, illustrated in colors. Send 4c and slip found in pound can. Calumet Received Highest Award—World's Pure Food Exposition.



Flour Feed Seeds. Let Us Have Your Order for Flour, Feed of all kinds, Garden seed and Onion Sets. We sell right and deliver promptly. MULLIKIN'S FEED STORE, 1129 Main

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Garden Seeds. A full line of the best Garden Seeds. Fresh Country Butter a Specialty. E. E. MEEKS. Grocer 1200 Morgan Both Phones

replaced, this defect would be remedied. The cracks in the outer wall are not an element of danger to the public, or pupils attending school here, but if the building were re-pointed, it would not be amiss.

We would respectfully report that no teacher conducting school in this building, and no parent sending his or her children to this school, should have the slightest fear of any accident occurring because of the condition of the building.

Respectfully submitted, JNO. W. YOUNG, Contractor and Builder. H. D. FLEMING, Contractor and Builder. JOHN ANDERSON, Chief Fire Department. THOS. P. GRAY, Commissioner Public Safety. April 6, 1911.

Protest Street Work. A motion was made by Director Strimback that the committee in charge of repairs, make protest to the city commissioners against the gutting and tar binding of the road between Des Moines and Palean on Thirteenth street at the west of the Carey school.

For Domestic Science. An appropriation of \$30 was made for the Domestic Science department, to finish the present school year, and not a dissenting vote was heard. During the year, including last night's appropriation, \$135 has been used for the cultivation of young minds in this phase of school life and the small amount expended has brought vast returns.

The matter of securing a site for constructing a school building, west of Fourteenth street on the south side of the city was referred to the committee in charge. Two appropriations of \$10 each were made for the manual training department and for Dr. R. L. Reid, principal of the high school.

Chamberlain's Stomach and Liver Tablets assist nature in driving all impurities out of the system, insuring a free and regular condition and restoring the organs of the body to health and strength. Sold by all dealers.

A Waterless Bath. "What do you think?" said the man curious, "I cleaned my face to-day with a vacuum cleaner. It just takes the skin and pulls it so you can hardly get away. The man who operates one told me that he went over his face and clothing every night when he got through his work and felt as fresh as a daisy. Of course, he takes off the thing he uses for floors and walls. I believe I'll start a fad—taking waterless baths."

Good results always follow the use of Foley Kidney Pills. They give prompt relief in all cases of kidney and bladder disorders. Try them. Wilkinson & Co. 1227 Main St.

Item Welcomed By Many Men

This recipe can be filled at home, so that no one need know of another's troubles, as the ingredients can be obtained separately at any well stocked drug store. They are in regular use and many different prescriptions are constantly being filled with them. This will prove a welcome bit of information for all those who are overworked, gloomy, despondent, nervous and have trembling limbs, heart palpitation, dizziness, fear without cause, timidity in venturing and general inability to act naturally and rationally as others do, because the treatment can be prepared secretly at home and taken without any knowledge. Overworked office men and the many victims of society's late hours and dissipation will, it is said, find the restoratives they are in need of. If the reader decides to try it, get three ounces of ordinary scrupulous compound fluid balsam; mix and let stand two hours; then get one ounce compound essence (carolin) and one ounce tincture codonone compound (not cardamom); mix all together, shake well and take a teaspoonful after each meal and one when retiring. A certain well known medical expert asserts that thousands of men and many women are suffering all because of dormant circulation of the blood and a consequent impairment of the nervous force, which begets the most dreadful symptoms and untold misery.

SMOKE El Comercio 10c Straight \$3.50 Per Box

or the Power City No better so cigar made

Frank Moeller, Telephone 70. Keokuk, Ia.

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Special attention to quarter cracks and corns. All kinds of shoes made to order. All work guaranteed. 1227 Main St.