

Date Muffins

A New Way of Using Dates
By Mrs. Janet McKenzie Hill, Editor of the Boston Cooking School Magazine
The value of dates as a food is hardly appreciated. They are wholesome, nutritious, and when used in K C Date Muffins, make a recipe that is appreciated by the entire family.



K C Date Muffins

One-third cup butter; 1/2 cup sugar; 1 egg; 3/4 cup milk; 2 cups flour; 3 level teaspoons K C Baking Powder; 1/2 teaspoonful salt; scant 1/2 pound dates. Cream the butter, add the sugar and the egg, beaten light. Sift together three times the flour, baking powder and salt; add these to the first mixture, alternately with the milk; beat thoroughly and add the dates, stoned and cut in pieces. To bake, have a slow oven until the muffins double in bulk, then increase heat to bake and brown quickly. Muffins baked this way will be light, appetizing and more easily digested.

This is only one of the many appetizing recipes found in the K C Cook's Book. The wonderful K C Cook's Book is substantially bound and printed in nine colors, contains ninety tested and easily-made recipes by Mrs. Janet McKenzie Hill, of the world famous Boston Cooking School Magazine. You can secure a copy FREE by sending the colored certificate packed in 25-cent cans of K C Baking Powder to the JAMES MFG CO., Chicago. Be sure to write name and address plainly.

DAM BRIDGE IS ADVANCING FAST

The Arches Have Marched Across the Mississippi Until It Is Five-Eighths of the Distance to be Covered.

RIVER'S RISE MAY DELAY

The Illinois Coffor Dam Was Built to be Flooded Occasionally and Pumped Out Later to Resume Work.

The stage of the river is the most interesting thing just now to the builders of the big dam which is steadily marching across the Mississippi regardless of seasons.

When the water gets above seven feet by the gauge here it has reached the top of the coffer dam protecting the steel forms for the spans of the dam bridge out in the middle of the Mississippi. The river has been rising lately enough to give a real prospect of flooding the east coffer dam again and the government river reports and forecasts are being watched with interest day by day to see whether the work of the Illinois division will be retarded again by water.

That coffer dam is not very high, because it is cheaper to let it flood and pump out again, than it is to build a high coffer dam, especially as it is not flooded very often—only once thus far. It is expected that it will fill several times in the next few months and when it does, it is simply a matter of waiting awhile and pumping it out again.

Bridge Structure Five-Eighths Done.

The building of the spans has progressed to arch No. 75 from the Illinois end of the dam, which is doing very well indeed—in fact so well as to excite the highest admiration of eminent engineers. There are 119 of these arches to build, so that a good proportion of the main dam structure is completed already.

Between the piers, the work is up to a very satisfactory state. Some of the spans at the eastern end of the dam are entirely completed, so far as the concrete work is concerned and are ready for the steel gates to be slipped in. Next to the completed spans are a number with many of the finishing touches put in, but not entirely completed. A little farther west are other spans partly completed. And so on to the end of the structure as it is today where concrete is going into the big steel forms.

Building Bottoms of Spillways.

The lower part of the spillways are in well out almost to the edge of the river, over the wide plain between the bluff and river across which the dam stretches a large part of its total length, and which will be forty feet deep with water when the dam is done.

These spillway bottom parts are made by dumping the big buckets of concrete into the forms, several feet deep, their top being not much above the land on either side and their bottom being down in the bed rock.

The big buckets of concrete are lifted off the car and swung in again under the arch and dumped in place. Down there a score of men are standing almost knee deep in soft concrete shoveling and leveling the great mass that comes to them in the big buckets. One can not help wondering how

Headache?—It's Your Liver

Too Many People Take Headache Powder When a Liver Tonic is Needed.

Try Olive Tablets—the Substitute For Calomel.

Dr. Edwards' Olive Tablets are the one substitute for dangerous calomel. They do all of calomel's work without any of its bad after effects.

There is no necessity, when you take Olive Tablets, of following them up with nasty, sickening, griping salts or castor oil, as you should after taking calomel.

Olive Tablets do not contain calomel or any other metallic drugs; they are a purely vegetable compound mixed with olive oil, sugar-coated, easy to take, and never gripe or cause weakness.

Thousands of people take one every night at bedtime just to prevent disorder of the liver, constipation, bad breath, pimples, headache, etc.

Olive Tablets are made of pure vegetable compounds mixed with olive oil.

Dr. Edwards, calomel's old enemy, discovered the formula for Olive Tablets after seventeen years of practice among patients afflicted with liver and bowel troubles.

Try them for a week. Take one on retiring nightly.

"Every little Olive Tablet has a movement all its own."

10c and 25c per box. The Olive Tablet Company of Columbus, Ohio. Dr. F. M. Edwards, President.

They would be released if they went to sleep and remained stationary until the concrete set around their legs. Here is an idea for a form of punishment that makes the stocks seem luxurious.

An Alarm at Night

That strikes terror to the entire household is the loud, hoarse and metallic cough of croup. No mistaking it, and fortunate then the lucky parents who keep Foley's Honey and Tar Compound on hand. H. W. Casselman, Canton, N. Y., says: "It is worth its weight in gold. Our little children are troubled with croup and hoarseness, and all we give them is Foley's Honey and Tar Compound. I always have a bottle of it in the house." Wilkinson & Co.

BUSINESS COURT IS SUGGESTED

Violation of the Regulations to be Punished by Sentences in the Prisons.

[United Press Leased Wire Service.] WASHINGTON, Dec. 15.—Prison sentences for individuals violating the regulations of a proposed "business court" of controlling commission," were suggested by George W. Perkins, former partner of J. Piermont Morgan, before the senate interstate commerce committee.

Perkins said that revocation of licenses would not be sufficient and that a "business court" to be effective, should have power to send malefactors to jail.

He suggested the "business court" as a means of immediate relief in the solution of the trust problem and said it should be composed largely of experienced men and be a part of the department of commerce and labor. This body, he said, should have power to license corporations doing an interstate or international business. Publicity, both before and after licenses issued, should be the essential feature, he said. Each company should be required to secure the approval of the commission of all its affairs from capitalization to business practices.

The murders committed by the McNamara brothers, although nominally in the interest of organized labor, differ not one whit in moral culpability from those committed by the black-hand, or by any band of mere cutthroats and are fraught with an infinitely heavier menace to society. Yet, great though the menace is to the community, menace to the cause of honest organized labor is still greater.

The former president bitterly scores the labor leaders who championed the cause of the McNamara brothers as they did that of Moyer and Haywood," declaring they have recorded an evil service to the union cause. He insists he believes in unions but that all workers must "set their faces like flint against any effort to identify the cause of organized labor, directly or indirectly, with any movement which in any shape or way benefits by the commission of crimes of lawless and arduous violence."

Is Peace Possible?

MADISON, Wis., Dec. 14.—Under the caption "Is peace possible?" Senator LaFollette, in the leading editorial in "LaFollette's," urges abolition of the conditions that provided the McNamara type of labor leaders and a reformation of modern industry, suggesting that perhaps the "Golden Rule" scheme may map out a new way of settlement.

"Labor, as a class," the editorial says, "has not been, and is not now getting what it is justly entitled to. It may have to continue fighting (of course without violence) for its deserts. At this Christmas time let us seriously consider if Christ's teachings may not be given an every day application to industry?"

The editorial declares that the McNamara case itself is ended even though the punishments meted out to the offenders may not have been severe enough.

—Read The Daily Gate City, 10c per week.

BURGLAR LIKES HIS SALOONS

Paul Pechstein Bar Room Broken into This Morning and Ten Dollars Worth of Whiskey Taken.

THIEF WAS A SMASHER

Rear Window Broken to Pieces by Brick; Burglar Pulls off Five Thefts in a Few Weeks.

Flushed with the success of his other four robberies of the past few weeks the burglar who is breaking and entering local saloons, entered the Paul Pechstein saloon at Fourteenth and Main streets during the night and took whiskey this time instead of money.

The only cash that was left in the barroom over night was a number of pennies and these, though of easy access for the thief, remained untouched.

Likes to Smash Windows.

A brick lying on the floor of the Pechstein saloon this morning, showed the manner in which the burglar made an entrance for himself; a large rear window was smashed out by the brick which was evidently thrown through the glass judging from the position of the missile when found.

The robber carried away \$10 worth of whiskey, the only wet goods missed from the stock and nothing else was missed. Although there is always some one at the Pechstein & Nagle brewery during the night, the thief made his entrance and exist so quietly, that he escaped unnoticed. The whiskey was taken this morning about 4:30 the police believe.

Conquests of a Thief.

The burglar who is supposed to be working alone in his saloon hauls and is keeping well out of sight of the police and anyone else has the following thirt parlor thefts to his credit:

A. J. Hickey, South Fifth, O. B. French, Twelfth and Main, Charles Miller bar, South Fifth, Paul Pechstein saloon, Fourteenth and Main.

MURDER IS MURDER WRITES ROOSEVELT

Editorial Comment on the Dynamiting Case Says McNamara's Are Depraved Men.

[United Press Leased Wire Service.] NEW YORK, Dec. 15.—Denouncing the McNamara brothers as "depraved men who have on their seared souls the murder of so many innocent persons," Theodore Roosevelt in an editorial entitled "Murder is murder" gives his views on the famous dynamiting case in the current issue of the Outlook.

Col. Roosevelt decries any expressions of sympathy for the confessed dynamiters "because they thought they acted in what they regarded as 'a war on behalf of their cases,' as a plea 'monstrous in its folly and its wickedness.'"

He says in part: "The murders committed by the McNamara brothers, although nominally in the interest of organized labor, differ not one whit in moral culpability from those committed by the black-hand, or by any band of mere cutthroats and are fraught with an infinitely heavier menace to society. Yet, great though the menace is to the community, menace to the cause of honest organized labor is still greater."

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Watches For Christmas

Mens' Watches
Solid Gold \$40 to \$100
Gold Filled \$8.75 to \$50

Medium Sized Watches
Solid Gold \$30 to \$75
Gold Filled \$9 to \$35
Nickel Watches \$2 to \$10

Ladies' Watches
Solid Gold \$21 to \$50
Gold Filled \$9 to \$25
Nickel \$2 to \$5

A great variety of Fobs for ladies and gents, ranging in price from \$1.50 to \$6

Coat Chains From \$1.00 to \$3.00

Charms 50c to \$5.00

T. R. J. Ayres & Sons

Conklin's Self-Filling Fountain Pen
Papa, we all threw in together to get you the pen you wanted; it's aint you glad?

Make him say, "Bless you, kiddies! You've rung a bull's-eye in my heart. It will save me days of work, worry, turmoil and inconvenience, because the Crescent-Filler is always on the job to clean or fill the pen." Hand him this beautiful Xmas Box, and when he opens it his delight will know no bounds, because fathers are always glad to get a Self-Filling Conklin.

If the pen-point isn't just the kind he wants, he can exchange it after Christmas. It takes only four seconds to fill this pen—just one simple pressure of the thumb does it; it never clogs, blots, scratches, leaks or refuses to write. The "Crescent-Filler" is what makes it supreme. He will use it continuously year after year, and he will think of every one of you each time.

C. H. ROLLINS & CO. CHRISTMAS TREES

The kind that stay green all the time and do not drop the needles. Can be used for years. We have them all sizes. The smaller size are well suited to decorate the Christmas table.

SCHOUTEN'S

Sleeping Quarters. [United Press Leased Wire Service.] MADISON, Wis., Dec. 15.—Wisconsin's new \$10,000,000 capitol building may contain sleeping quarters for commissioners, committeemen, game wardens and others, who now come to Madison and are lodged at hotels at the expense of the state. State Superintendent of Public Property Wm. Essman estimates that Wisconsin could save thousands of dol-

lars by furnishing sleeping quarters and recommends the adoption of this plan. With the coming of Middle Age there is a letting down in the physical forces often shown in annoying and painful kidney and bladder ailments and urinary irregularities. Foley Kidney Pills are a splendid regulating and strengthening medicine at such a time. Try them. Wilkinson & Co.

PROFESSIONAL CARDS.

DR. W. P. SHERLOCK, PHYSICIAN AND SURGEON. Office, 18 North Fifth street, in Howell building. Office hours—10 to 12 a. m.; 2 to 4 p. m.; evenings, 7 to 8; Sundays, 11 to 1 p. m.

W. J. HARTFH, M. D., D. O. Osteopathic and Electric treatments a specialty. Office, 30 North Fourth street, Ground floor. Hours—10 to 12 a. m.; 2 to 5 p. m. Evenings by appointment. Phone—Oma., Iowa 1254-Red; residence, Iowa, 870-Red.

DR. W. FRANK BROWN, SURGERY AND GENTITO-URINARY DISEASES. Office—402 Main street. Hours—10:30 to 11:30; 2:30 to 4:00; 7:45 to 9. NURSING HOME, 318 North Fifth street, opens Dec. 12. Hours at Home—1 to 2 p. m., 6:30 to 7:30 p. m.

DR. C. J. CHESTENSEN, OSTEOPATHIC PHYSICIAN. Y. M. C. A. Building. Office hours—9 to 12 a. m.; 2 to 4 p. m. Residence, Iowa phone 1167, 7 rings. Office, Iowa phone 1167, 1 ring; Residence 320 North Eighth St.

DR. H. B. WESCOTT, DENTIST. Office over Youker's store, corner Fifth and Main streets. Bell phone 676-Bla-cc; Hub, phone 145.

DR. BRUCE J. GILFILLAN, PHYSICIAN AND SURGEON. Office, 82 1/2 Main street, over Crooks & Cox Millinery store. Bell Phone 190 Black. Residence 317 North Fourth street. Bell Phone 1280 Red. Hours: 10-12 a. m.; 2-4 p. m.; 7-8 p. m. Sunday by appointment.

DR. F. EATON JOHNSON, PHYSICIAN AND SURGEON. The only physician practicing Osteopathy in the county. The Smithsonian truss fitted and guaranteed, the only truss that holds. Office, North side of Main street, third door above Fifth. Phone 93. Residence, Ninth and Webster. Phone 484. P. O. Lock Box 41, Warsaw, Ill.

DR. H. RAINDGE, OSTEOPATHIC PHYSICIAN. 716 1/2 Main street, Keokuk. Office hours—9 to 12; 2 to 5 p. m. Bell phone 1326-Red.

DR. F. L. DEWEES, Homeopathic Physician and Surgeon. Office, 616 Main St. Hours: 10-12 a. m.; 2-5 p. m.; evening 7 to 8. Tel. Bell, 1366.

DR. C. E. RUTH, PHYSICIAN AND SURGEON. Hours: 11 to 12 a. m. and 2 to 5 p. m. No. 407 Equitable Building, DES MOINES, IOWA.

DR. O. W. ROWE, Assistant State Veterinarian. 818 Blondeau street, Keokuk, Iowa. Iowa phone 294-Red; Hub, phone 1881.

O'HARRA, O'HARRA, WOOD AND WALKER, ATTORNEYS AT LAW. Corner of 5th and Main Streets, Keokuk, Iowa. Personnel: Apollon W. O'Harra, Keokuk; Clifton J. O'Harra, Hamilton; Earl W. Wood, Carthage; Henry S. Walker, Carthage.

CONTRACTORS AND BUILDERS John W. Young, Builder, Superintendent and contractor for all kinds of construction. Also general repair work. Prompt and careful attention given to plans and estimates. Your patronage solicited. Office 566 Blondeau Iowa p. one, office 2143; residence, 2342.

I. S. ACKLEY, UNDERTAKING and EMBALMING. 1007 Blondeau Street. Iowa Phone, 456-M. Home 3435.

E. E. HAWKES, UNDERTAKER AND LICENSED EMBALMER. 729 Main. Both Phones. Red Cross Ambulance.

Keeley Cure, Des Moines Iowa. CURES LIQUOR, DRUG AND TOBACCO HABITS. Who Now by Our Free Booklet. 708 WEST FOURTH ST.

CHICHESTER'S PILLS. THE DIAMOND BRAND. Ladies! Ask your Druggist for Chichester's Diamond Brand Pills in Red and Gold Metallic Cases, select with Blue Ribbon. Take no other. Box of your Druggist, ask for CHICHESTER'S DIAMOND BRAND PILLS, for 25 years known as Best, Safest, Always Reliable. SOLD BY DRUGGISTS EVERYWHERE.

BEST AND HEALTH TO MOTHER AND CHILD. Mrs. Winslow's Soothing Syrup has been used for over SIXTY YEARS by MILLIONS of MOTHERS for their CHILDREN WHILE SUFFERING WITH PERFECT SUCCESS. IT CURES ALL BRONCHITIS, COLIC, AND IS THE BEST REMEDY FOR DIARRHOEA. It is an absolutely harmless. Be sure and ask for "Mrs. Winslow's Soothing Syrup" and take no other kind. Twenty-five cents a bottle.

Now is the time to do your shopping for Xmas. We are better prepared this year than ever before to take care of your wants. Bath robes \$4.00 to \$8.00. Umbrellas \$1.00 to \$5.00. Fur Gloves \$1.00 to \$6.00. Fur Caps \$5.00 to \$16.00. Unlined Gloves \$1.00 to \$2.50. Lined Gloves 50c to \$2.00. Neckwear 25c to \$2.00. Handkerchiefs 5c to 75c. Silk hosiery 50c to \$1.00. Pajamas \$1.00 to \$5.00. Combination Sets \$1.00 and \$1.50. The Jones Hatter 402 Main St.

MONEY FOR Christmas Shoppers. If you are going to be short of funds call on us. We will advance from \$5.00 to \$150 on one hour's notice, to be repaid at your leisure in small weekly or monthly payments. OPEN NIGHTS UNTIL CHRISTMAS. City Loan Co. 614 1/2 Main Street. Over Miller's Shoe Store. Phone 963-Red.

Christmas Cigars. You can get Pennant Cigars 12 and 25 in boxes. Just the thing for a gift for him at A. J. Anderson's 724 Main St.

J. W. DEVERO, Successor to Geo. Well, PRACTICAL HORSESHOER. Special attention to quarter cracks and corns. All kinds of shoes made to order. All work guaranteed. 1227 Main St.

ARE YOU ONE OF THE HUNDREDS THAT LEAN UPON OTHERS, OR ARE YOU SUFFICIENT UNTO YOURSELF? It takes energy, brain-power, concentration to make a livelihood. Vitality—and the power to keep it, must be considered. To be a Tower of Strength, you must have staunch nerves, with brain and body working in harmony. Scott's Emulsion is the best nerve, brain and body-builder. It is pure, wholesome, invigorating. ALL DRUGGISTS