

# The Mind Expands As Health Returns

Quick Improvement is Noticeable When Proper Aid to Nutrition is Given.

A low state of the general health is now the accepted cause of backwardness in children. So in the case of a backward child it is best to look towards building up its health. It will usually be found that the main trouble is in the food, in lack of assimilation and digestion. Hence care should be taken in the kind of food given to the child. This, with plenty of air and exercise, should bring about a change for the better.



LUCILE MCBROOM

Watch the condition of the bowels, to note whether the waste is being passed off or not, or whether it is being passed off too freely. If either condition prevails give a small dose of that gentler of all laxative-tonics, Dr. Caldwell's Syrup Pepsin. Thousands of mothers will testify to the wonders it has wrought in the lives of their own children, and for that reason legions of families like those of Mrs. Daisys McBroom, Hillsboro, Ind., are never without it in the house. She is the mother of Lucile and has been using Dr. Caldwell's Syrup Pepsin for Lucile since she was two. Mrs. McBroom says it saved Lucile's life. It is the standard family medicine in the McBroom home.

It is pleasant to the taste and so perfectly safe that it is given to infants, and yet is equally effective for

grown people. All druggists sell it and the price is only fifty cents and one dollar a bottle, the latter for families who need it regularly.

Dr. Caldwell's Syrup Pepsin has no equal as a cure for constipation, indigestion, biliousness, headaches, sour stomach, gas on the stomach, liver trouble and kindred complaints. It has so many advantages that those who once use it forever after discard cathartics, salts, pills and other coarse remedies, for they are seldom advisable and should never be given to children.

Families wishing to try a free sample bottle can obtain it postpaid by addressing Dr. W. B. Caldwell, 419 Washington St., Monticello, Ill. A postal card with your name and address on it will do.

## NORTH AMERICAN ELECTS DIRECTORS

Six Men Are Named at Annual Meeting of the Company.

[United Press Lease Wire Service.] NEWARK, N. J., March 19.—Six directors of the North American company, a corporation controlling public utilities in Milwaukee and various other western cities, were elected here at the company's annual meeting. They are: William Nelson Cromwell, Wm. J. Curtis, Henry Pierce, George R. Sheldon and F. S. Smithers, of New York and Chas. F. Pfister of Milwaukee. Only one amendment was made to the company's by-laws. That provided for the creation of the office of a chairman of the board of directors. At the directors' meeting, officers of the corporation will be chosen. It is reported that James Campbell, St. Louis, will fill the new office and that J. D. Mortimer, Milwaukee, will become president. Officers of the corporation however, refused to discuss these reports.

## SUPERINTENDENTS' SPRING CONFERENCE

Will be Held This Year in Iowa City, the Dates Being April 15 and 16.

IOWA CITY, Iowa, March 19.—Albert M. Deyoe, state superintendent of public instruction, has set April 15 and 16 as the dates for the annual spring conference of county superintendents of Iowa which is to be held at the state university.

Plans are being made by the University of Iowa to provide entertainment for the county superintendents. A reception will be held for the visitors on Wednesday, April 15. On Thursday, April 16, a luncheon will be given at the Hotel Jefferson, which will be attended not only by the superintendents but also by members of the University of Iowa faculty.

The program will contain addresses, lectures, and round table conferences

## DR. PATTERSON; "CATCH MY PAL"

Has Decided to Abandon His Charge at Omaha Ireland and Take up His New Work.

### THE KEOKUK MEETING

At Which It Will be Announced—Will Devote Entire Time With National Reform Association.

The Gate City has announced and mentioned more than once the coming of Rev. Patterson of Ireland, founder of the Catch-My-Pal movement in the green isle beyond the sea, and now comes the news story from a reliable eastern news service that so responsive have the American people been to the calls of Mr. Patterson, who comes to Keokuk, March 22, that he has decided to abandon his charge in Omaha, Ireland, and to hereafter devote his entire time to the Catch-My-Pal movement in co-operation with the National Reform association.

The official announcement of this decision will be made by Dr. Patterson on Sunday next when he arrives in Keokuk. The local committee of the Y. M. C. A. headed by H. F. Burns of Keokuk has perfected the last detail of the meeting; at 7:45 at 3 p. m., a temperance mass meeting for men under the auspices of the Y. M. C. A. and H. F. Burns, secretary, in charge of the meeting; at 7:45 at the First Westminster Presbyterian church, Rev. Ezra Butler Newcomb, D. D., pastor of the church, and it is hoped that most of the clergy of Keokuk and the ladies of their families will avail themselves of the opportunity to meet Dr. Patterson on Sunday at the church before the address. The identity of Rev. Dr. Robert J. Patterson of Belfast, Ireland, a justly celebrated clergyman of the Presbyterian denomination has been so completely lost in the world fame of "Catch-My-Pal" Patterson that Dr. Patterson receives quite as much mail addressed to him at Belfast with naught on the envelope except "Catch-My-Pal" Patterson that he no longer expects the usual salutation offered a clergyman of the highest ministerial attainments. He has found his work, he argues, and he must do it.

A cable from Belfast indicates that the health of Mrs. Patterson is slowly mending.

### JAMES A. HIRST'S SISTER IS BURNED

Former Keokuk Man Living at Fort Madison Receives Sad News.

James A. Hirst, formerly of this city received a telegram yesterday stating that his sister, Mrs. T. D. Mackey of Kalamazoo, Michigan, is badly burned and may die. The message urges the brother to "come at once, if possible." Mr. Hirst will start for Michigan if nothing prevents.

Isabelle Hirst was born at Keokuk, the daughter of Mr. and Mrs. James A. Hirst. Keokuk was her home until about ten years ago. She became the wife of T. D. Mackey, a prominent young Keokuk dentist, and they removed to Kalamazoo some ten years ago. The husband died about a year ago. There are four children, Edward, traveling postal inspector and located in Indiana; Thomas of New York City, Alonzo and Margaret at home.

## The Nauvoo Gate City

Nauvoo, Ill., March 19, 1914

The ladies of the Nauvoo M. E. church will hold a market day at Louis Hudson's grocery store next Saturday.

One of our farmers says a rather curious thing about silo feed is that it has to go through a process of fermentation before it is fit for feed. In other words and to more satisfactorily define just what a silo is, a barrel filled with saur kraut is nothing more than a silo on a small scale. Good feed, that.

Well, Miss Spring is due to arrive in Nauvoo next Saturday.

Eggs are on the drop in Nauvoo and will continue to get lower as Easter approaches. Last season at this time the hen fruit was a few cents lower than now.

Last Saturday was another pretty fair business day in Nauvoo for many of our farmers were in the city.

Mr. and Mrs. Ethan Kimball departed for Bushnell, Ill., their future home the forepart of the week.

It is pretty tough luck to fall in love with a pair of beautiful eyes, get engaged to the sweetest voice that ever called you George or Harry, marry a headache and then find out after a time life is mostly putting up with bum cooking.

It is said that Joey Ochsner of Nauvoo who has been making his home in Chicago for the past few years and pitched great ball for a city league club at that place, has signed a three-year contract with the Philadelphia club in the National league. His many friends in Nauvoo congratulate him.

Nauvoo may be a slow town but all the same we notice this much: When a man goes away from Nauvoo and stays some time, upon his return he is always surprised to see how the old place has grown. The growth of a town is never perceptible to the natives as it is to the outsiders. The fact is the town improves a little from time to time, but we don't notice it. The thing that should concern us Trojans the most is how to make Nauvoo grow faster and make it become better. What we need here is a live commercial club to keep up the spirit of boosting on the jump. But Mr. R. O. Marsh's interurban that will enter Nauvoo this season will remedy things here.

Mr. Frank Moeller, the Keokuk cigar man, was a business visitor in Nauvoo last Saturday. Frank makes one of the most popular brands of cigars smoked in Nauvoo.

A large number of automobile parties were Nauvoo visitors last Sunday afternoon. The pleasant weather brought them out.

Many of the farmers in the vicinity of Nauvoo are planting oats, and some of our citizens have spaded up beds and sowed lettuce and radishes during the past several days.

Many men are like a circus organization, heavy on the parade but when it comes to the big show of boosting the town they only produce about one-fourth what they advertise. And Nauvoo has some of them.

As spring is coming on now, it will be well to carry an umbrella in one hand and a heavy wrap in the other.

Wm. Reinbold of Keokuk came up to Nauvoo last Friday and circulated among his cigar customers.

The county roads have been drying up fine during the week.

It is true, as alleged, that Huerta's stubbornness is largely the result of too much champagne, then what they need in Mexico is not an ambassador or interference from the United States, but some of those people adjoining Nauvoo who want to see our city go "dry," to go down there as temperance lecturers.

It is said that Mr. and Mrs. Geo. Baummert intend moving to Kansas City in the near future. What disposition Mr. Baummert will make of his interest in the Nauvoo Independent is not yet known. Nauvoo will be sorry to lose this popular couple.

The weather for some days has been acceptable, but the season is now coming when you should not let the weather man catch you off your guard. Keep 'em on and keep up the coal pile even after he announces that spring is here in earnest.

Here is good news for the traveling public: The trim little steam ferryboat "City of Nauvoo" may begin making regular trips from Nauvoo to Montrose by next week and may start as soon as next Monday. Capt. J. W. Reinbold is certainly trying to be accommodating and give us an early and first class ferry service.

Book user will be on sale in Nauvoo next Saturday. J. O. Boyer is the first one to announce this popular beverage on tap in his minstrel parlor.

It is all good and well when a couple trots in double harness, said a Nauvooite who ought to know, but the trouble commences when one or both starts to galloping.

The navigation season with the local packets may start about April, and then Nauvoo will again be placed on the map and continue so, for the interurban will be built before next winter. The steamboat whistle will be glad music to the ear of all Nauvooites.

Don't forget that the days are growing longer as well as fewer in 1914. Well, here is the limit in high cost of living. A Nauvoo woman said if you order twenty-five cents worth of bacon from your butcher, it is not necessary for you to stay at home and wait until it is delivered. The delivery man can just slip in through the keyhole of the kitchen door. This of course applies to all except the wise Nauvooites who raise their own pigs, salt the major part of them and reserve the best of the herd for the family smokehouse.

A party of six persons, three males and three females, came up from Keokuk last Friday afternoon and made things lively in Nauvoo for a short time. Our chief of police rounded up a couple of them and the next morning took them before the judge of our courts and fined the woman \$10 and costs and the man \$5 and costs. The rest of the gang were allowed to depart.

Mr. Ben Barber of Moline, Ill., is in the city, the guest of Mr. and Mrs. Harry Hudson.

Mr. John Seiglemeyer who is one of Uncle Sam's valued employes on this great Mississippi river, was visiting with his wife and son in Nauvoo for the past several days.

Miss Mina Rheinberger is in Bloomfield, Ill., this week attending the state convention of R. N., as a delegate of Nauvoo lodge.

It will not be many weeks until our people will be able to gather a mess of dandelions.

On St. Patrick's day last Tuesday, many of Nauvoo's citizens were noticed wearing the green in honor of that saint.

Many of Nauvoo's people, both young and old, male and female, have been chilling with bronchitis-colds, all of which were gathered they know not where, and our doctors are kept busy.

Mr. and Mrs. Geo. Fisher are entertaining a boy that the stork left with them last Sunday.

The teachers of Sonora and Nauvoo held an interesting meeting in the Elliott school house about four miles east of the city. Their next meeting will be held in Nauvoo next month and will be the best of any held yet.

A social dance was given on St. Patrick's day in the evening by some of our young men and about twenty-five couples responded to the many invitations sent out. Turner's orchestra of Hamilton furnished the music.

Mr. Geo. Hart has been selected by the Nauvoo democrats to represent the township on the Hancock county board of supervisors. He has made one of the best officials on the board when he represented Nauvoo township heretofore and he will no doubt be selected again next month at the election, with or without opposition.

If Mona Lisa should come to Nauvoo this spring and see this 1914 styles—well, of course, she'd smile.

Mr. R. Arbuckle and family are now occupying the fine residence of Ethan Kimball down in the first ward.

Nauvoo Ladies' Priscilla club will meet again next Thursday afternoon.

Selwyn Wyles will be an independent candidate for assessor in Nauvoo at the election next April. His opponent is Wm. Hemmy who has held this office for several years.

One of Nauvoo's ladies believe that if woman had the sense of humor that man wishes she had, woman would spend most of her time laughing at man and man's ways with a woman.

Nauvoo people are not getting a bit excited about her prospects of getting the new interurban. They are taking things easy and waiting for construction at this part of the line to begin.

Every one in Nauvoo has the utmost faith in Mr. R. O. Marsh's line and are confident he will give us the much needed interurban line.

A nasty scandal was afloat about

**How to Make Better Cough Syrup than You Can Buy**  
A Family Supply, Saving 80 and Fully Guaranteed.

A full pint of cough syrup—as much as you could buy for \$2.50—can easily be made at home. You will find nothing that takes hold of the ordinary cough more quickly, usually conquering it in 24 hours. Excellent, too, for spasmodic croup, whooping cough, bronchial asthma and bronchitis.

Mix one pint of granulated sugar with 1/2 pint of warm water, and stir for 2 minutes. Put 2 1/2 ounces of Pinex (fifty cents' worth) in a pint bottle, then add the Sugar Syrup. It keeps perfectly. Take a teaspoonful every one, two or three hours.

This is just laxative enough to help relieve a cough. Also stimulates the appetite, which is usually upset by a cough. The taste is pleasant.

The effect of pine and sugar syrup on the inflamed membranes is well known. Pinex is a most valuable concentrated compound of Norway white pine extract, rich in quaiacol and other natural healing pine elements. Other preparations will not work in this combination.

This Pinex and Sugar Syrup remedy has often been imitated, but the old successful mixture has never been equaled. It is now used in more homes than any other cough remedy.

A guaranty of absolute satisfaction, or money promptly refunded, goes with this preparation. Your druggist has Pinex, or will get it for you. If not, send to The Pinex Co., Ft. Wayne, Ind.

Nauvoo the forepart of the week, but as nothing has been done to bring the matter to light it may be hushed, which, under the circumstances is better for the parties concerned.

Mrs. Wm. Parker of Fairfield, Ia., had the misfortune to fall and break several bones in one of her limbs. Mrs. Parker was formerly Miss Rose Hemmy of Nauvoo. Her many friends here are sorry to hear of her misfortune.

Several drummers who were compelled to come to Nauvoo last Tuesday to visit customers had to drive overland from Ft. Madison on account of the choppy ice on Lake Cooper.

Chas. Welter was in St. Louis the past week on business. The city council met last Monday evening to consult with several gentlemen in regard to the leasing or purchasing of the Nauvoo rock quarries. No definite conclusion was arrived at and all interested are taking further time to consider the best course to pursue.

In 1878 it was said that many farmers would kill their hogs in the early fall as it would not pay to feed corn worth \$1.25 a barrel to hogs that sell for \$2.50 per hundred on foot, and just think today that corn is retreating at 80 cents the meager bushel and wholesale pork soaring somewhere around the eight dollar mark.

Last Saturday afternoon three of Nauvoo's citizens discovered a den and killed fifty-four snakes in what is known as the Wigan quarry just north of the city.

Alderman Geo. Dachroth went to Keokuk Tuesday and had a painful growth removed from one of his eyes. Dr. Lapsley removed it and George is doing nicely now.

If Nauvoo young ladies spent as much time in picking their husbands as they do in choosing their hats, married life would be as pretty and as attractive as millinery.

Mrs. Rose Glynn of Dallas City has been visiting her brother J. H. Farren and family.

Those Nauvoo fellows who keep saying that this town will never amount to anything are doing their utmost to keep it from being anything. The Marsh interurban will make Nauvoo amount to something in spite of these same fellows.

—Read The Daily Gate City, 10 per week.

**Don't Fuss With Mustard Plasters!**

There's no sense in mixing up a mess of mustard, flour and water and getting everything all mused up when you can so easily relieve that pain or soreness with a little clean, white MUSTEROLE.

MUSTEROLE is made of pure oil of mustard and other helpful ingredients combined in the form of a pleasant white ointment. It takes the place of the out-of-date mustard plaster, and will not blister!

MUSTEROLE gives instant relief from Sore Throat, Bronchitis, Tonsillitis, Croup, Stiff Neck, Asthma, Neuralgia, Headache, Congestion, Pleurisy, Rheumatism, Lumbago, Pains and Aches of the Back or Joints, Sprains, Sore Muscles, Bruises, Chilblains, Frosted Feet, Colds of the Chest (if prevent pneumonia.)

At your druggist's, in 25c and 50c jars, and a special large hospital size for \$2.50.

Accept no substitute. If your druggist cannot supply you, send 25c or 50c to the MUSTEROLE Company, Cleveland, Ohio, and we will mail you a jar, postage prepaid.

Miss C. Bledinghizer, Nurse, Washington, Pa., says: "Have used Musterule on patients and consider it fine."

W. P. BUTLER, CHIROPRACTOR. No Drugs—No Knife—No Osteopathy. 523 Blondeau. Phone 1411.

DR. H. H. STAFFORD DENTIST. In Dorsey Building across from the Postoffice. Hours from 9 to 12, 1:30 to 5:00.

I. S. ACKLEY UNDERTAKING and EMBALMING 1007 Blondeau Street. Iowa Phone 219-B. Home 3485.

## FRATERNAL CARDS

MASONIC. Meet in K. of P. building, corner of Fifth and Blondeau. Eagle Lodge No. 12 holds its regular meeting the first Monday evening of each month.

Hardin Lodge No. 29 holds its regular monthly meeting the second Monday evening of each month.

INDEPENDENT ORDER OF ODD FELLOWS. Hall Seventh and Main streets. Keokuk Lodge No. 13, meets regularly Monday evening at 7:30 o'clock. C. A. Devero, N. G.; E. L. Boud, recording secretary.

Puckebeth Lodge No. 82, meets every Friday evening at 8 o'clock. J. G. Waldhaus, N. G.; George W. Immegart, permanent secretary.

Puckebeth Encampment, No. 7, meets first and third Thursday evenings of each month. John Eisenbuth, financial clerk.

MODERN WOODMEN OF AMERICA. GIBBONS HALL. Keokuk Camp No. 622, meets every Wednesday evening at 7:30 p. m. Our latch string is out to neighbors. John C. Wustrow, V. C.; J. A. Pollard, clerk.

B. P. O. ELKS. Keokuk lodge No. 106, meets first and third Thursday nights at Elks' hall, Sixth and Blondeau streets. Club rooms open daily. Visiting brethren cordially invited. W. B. Woolley, E. P.; Leroy J. Wolf, secretary.

FRATERNAL ORDER OF EAGLES. Keokuk Aerie, No. 688, meets first and third Wednesday of each month at Eagle's hall, 523 Main street. Visiting brethren cordially invited. Ralph Foidle, W. President; C. A. Noakes, secretary.

A. O. U. W. Keokuk lodge, No. 256, meets every Thursday night at 8:00 o'clock at Hawkes hall, Eighth and Main streets. Visiting brethren cordially invited. C. M. C. Miller, M. W.; Gertrude Baur, recorder.

K. OF P. Morning Star Lodge, No. 5, meets at Fifth and Blondeau, K. of P. building, Tuesday at 7:30. N. J. Montague, chancellor commander; J. A. Burgess, K. of R. and S. Visiting knights fraternally invited.

KNIGHTS AND LADIES OF SECURITY KEOKUK COUNCIL NO. 1049 meets first and third Monday of each month at A. O. U. W. hall, at 8 o'clock. Dr. C. A. Jenkins, president; Mrs. C. Best, financier; Mrs. Ralph Muse, secretary.

ROYAL ARCANUM. Keokuk Council No. 536 meets first and third Friday each month, Hawkes hall, Eighth and Main. Visiting brethren fraternally invited to attend. C. M. Kingman, regent; J. I. Amabile, secretary.

LOYAL ORDER OF MOOSE. Keokuk Lodge, No. 704, meets every Tuesday night at 8 p. m. in Moose hall, corner of Sixth and Main. Visiting brethren cordially invited. L. L. Laubersheimer, dictator; Ed. S. Lofton, secretary.

WOODMEN OF THE WORLD. Gate City Camp No. 81, Woodmen of the World, meets second and fourth Mondays of each month at Hawkes hall, corner Eighth and Main. Visiting sovereigns cordially invited. Albert Kiefer, consul commander; Jos. M. Skinner, clerk.

PHYSICIAN. DR. W. P. SHERLOCK, PHYSICIAN AND SURGEON. Office 18 North Fifth street, in the Howell building.

Office hours—10 to 12 a. m., 2 to 3 p. m.; evenings, 7 to 8; Sundays, 11 to 1 p. m. United States civil service examiner.

DR. BRUCE L. GILFILLAN, PHYSICIAN AND SURGEON. Office 621 1/2 Main street, over Winger Bros. store. Bell 'phone 190-Black.

Residence 317 North Fourth street. Bell 'phone 1250-Red. Hours—10:12 a. m. 2 1/2 p. m. 7-9 p. m. Sunday by appointment.

DR. W. FRANK BROWN, No. 10 North Fifth Street. Over Keokuk Savings Bank, Phone No. 184.

C. A. JENKINS, M. D. Room 4, Estes building. Office phone 29; residence, 569. Hours—10:12 a. m., 3 to 5 p. m. 523 Blondeau street. Phone 1411. Corner of Fifth and Main streets. Saturday 7 to 8:30 p. m.

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**CHAMBERLAIN'S COUGH REMEDY**  
CURES  
Coughs, Colds  
CROUP.  
WHOOPIING COUGH,  
HOARSENESS,  
BRONCHITIS,  
SORE THROAT,  
INFLUENZA,  
INCIPIENT CONSUMPTION  
AND ALL DISEASES OF THE  
THROAT AND LUNGS.  
Manufactured only by  
Chamberlain Medicine Co.  
Manufacturing Pharmacists,  
DES MOINES, IOWA, U. S. A.  
AND TORONTO, CANADA.  
PRICE, TWENTY-FIVE CENTS  
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# Mothers, Remember!!

When buying a Cough Medicine for your little ones be sure and get

# Chamberlain's Cough Remedy

It contains no Opium or Narcotics and may be given to a baby with as much confidence as to an adult

# Pleasant to Take, Safe, Sure

SOLD EVERYWHERE---25c and 50c

**MUSTEROLE**  
WILL NOT BLISTER