

# Most Sickness Comes From Weak, Inactive Kidneys

Recent Reports Show Hundreds Suffer with Kidney Troubles and Don't Know It

There are scores of nervous, tired, run-down people throughout the country, suffering with pains in the back and sides, dizzy spells, weaknesses of the bladder, (frequently causing annoyance at night) who fail to realize the seriousness of their troubles until such conditions as chronic rheumatism, bladder troubles, dropsy, diabetes or even Bright's disease result.

Costs but a trifle, and commences its use at once. When you have taken a few doses, you will be surprised how differently you will feel. Croxone overcomes the worst cases of kidney, bladder trouble, and rheumatism, because it removes the cause. It cleans out the kidneys, and makes them filter out all the poisonous waste matter and uric acid, that lodge in the joints and muscles, causing rheumatism; soothes and heals the bladder, and quickly relieves you of all your misery.

# Duncan-Schell Furn. Co.

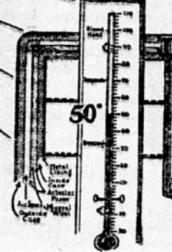


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## Automatic Refrigerator

Eight honest-made walls (Count them in the illustration), keep in the cold, keep out the heat, and



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—so that the Automatic pays for itself in a season or two. Keeps your drinking water cold without one penny extra for ice.

WE INVITE CHARGE ACCOUNTS

## You Take

advantage of the opportunity and start a savings account.

## For 46 Years

The Keokuk Savings Bank has been the friend of the saving man.

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is only a little matter of habit—so get the habit. Deposit a dollar, get a savings book, and you are on your way.

**Keokuk Savings Bank**  
Established 1868

## Kansas Woman Helpless

Lawrence, Kas.—Mr. J. F. Stone, of this city, says, "My wife suffered for ten years from womanly troubles, during two years of which she was total helpless. She was examined by many physicians, some of whom gave her up to die. Finally she began to take Cardui, and since then has greatly improved in health. The tonic, strengthening, and restorative effects of Cardui, the woman's tonic, on the womanly constitution, are the most valuable qualities of this popular medicine. Cardui acts specifically on the womanly constitution. Half a century of success proves that Cardui will do all that is claimed for it. Try it for your trouble.—Adv.

## Daily Stock Letter.

[Copyright, 1914, by New York Evening Post.]  
NEW YORK, March 20.—The recovery which began in the early trading today and which in some stocks became very rapid in the latter hours, did not appear to be based on any actual news of the day. It was rather generally ascribed to Washington dispatches, purporting to show again that President Wilson takes a favorable view of the request of the railways for higher rates. The sharpness of recovery in prices

## Heavy Meat Eaters Have Slow Kidneys

Eat Less Meat if You Feel Backache or Have Bladder Trouble.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well known authority. Meat forms uric acid which excites the kidneys, they become over-worked from the strain, get sluggish and fail to filter the waste and poisons from the blood, then we get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, dizziness, sleeplessness and urinary disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast and in a few days your kidneys will not fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate the kidneys, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder weakness.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active and the blood pure, thereby avoiding serious kidney complications.

on this or whatever else may have been the immediate basis for it, was really explained, however, by the fact of a moderately extended bear account. In the money market, the feature was continued firmness in foreign exchange. Nothing was heard of gold engagements for South America but conditions pointed to such a movement in the near future, unless London bankers should find it less expensive to make direct shipments to Buenos Ayres.

## Bit of Scientific Information.

If the earth were to revolve seventeen times faster than it does bodies at the equator would lose their weight and remain stationary in the air without support.

## THE GATE CITY PUBLISHED BY THE GATE CITY COMPANY

G. F. Skirvin, Manager

**DAILY BY MAIL.**  
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Keokuk, Iowa, March 20, 1914

## THE POET AND HIS SONG.

A song is but a little thing,  
And yet what joy it is to sing;  
In hours of toil it gives me zest  
And when at eve I long for rest,  
When cows come home along the bars,  
And in the field I hear the bell,  
As night, the shepherd, herds his stars,  
I sing my song, and all is well.

There are no ears to hear my lays,  
No lips to lift a word of praise,  
I live and laugh and love and sing,  
What matter you unheeding throng?  
They cannot feel my spirit's spell,  
Since life is sweet and love is long,  
I sing my song, and all is well.

My days are never days of ease;  
I till my ground and prune my trees,  
When ripened gold is all the plain,  
I put my sickle in the grain,  
I labor hard and toil and sweat,  
While others dream within the dell;  
But even while my brow is wet,  
I sing my song, and all is well.

Sometimes the sun, unkindly hot,  
My garden makes a desert spot;  
Sometimes a blight upon the tree  
Takes all my fruit away from me;  
And then with throes of bitter pain  
Rebellious passions rise and swell;  
But—life is more than fruit or grain,  
And so I sing, and all is well.  
—Paul Laurence Dunbar.

## THOUGHT FOR TODAY.

Still mid the wreck of thrones, shall live  
Unmarr'd, undimmed, our heroes' fame  
And years succeeding years shall give  
Increase of honors to his name.  
—William Cullen Bryant.

## Lombroso has found that there are more left-handed women than men.

Adjustable canvas shields have been invented for protecting freshly transplanted trees from too much sunlight.

The greenhouse attached to a hotel in Yellowstone park has been built over a hot spring to benefit by its heat.

To disguise the unpleasant taste of Epsom salts, drop in a little lemon juice. Then you will find the salt solution quite pleasant to take.

In putting new lighting conductors on St. Paul's cathedral, London, a part of an old lightning rod installed by Benjamin Franklin 140 years ago was found.

A New Jersey violinist who lost his right arm in an accident invented an artificial member of steel with which he is able to play his favorite instrument.

Powdered animal horn enters so extensively into native remedies in China that some of the larger medicine factories maintain herds of deer for their horns.

For drying towels or clothing there has been invented a band to be clamped around a hot water boiler, carrying hooks on which to hang the articles to be dried.

So good an insulator is dry snow that the bare wire of the telephone line to an Italian observatory on Mount Rosa often is buried in it without interfering with the service.

Miss Minnie Jewell of Farmington, N. H., is the possessor of a hinged bookcover made from iron stairs of the battleship Maine. The book was made and presented to her by her uncle, Charles Butterfield, of Patchogue, N. Y.

Scarcely ten years ago a citizen was fined in Prussia for sneezing too loudly in a quiet street at night. Last week a petty jury at Banzlau refused to condemn a citizen on the same grounds. The police demanded a conviction against a prisoner for "disturbing the public peace" on the night of November 23, but the jury threw out the case on the ground that the police had no business to attempt to control the tone of public sneezes.

It is believed that previous to civilization baldness was unknown among American Indians. The uncivilized Indian apparently is yet free from pelagra and almost immune from cancer.

Herbert D. Nickerson, while working upon his meadows at Orleans, Mass., found a sea turtle measuring five feet around the lower edge of its shell and one foot ten inches from tip to tip.

Pumpkins nearly two years old were used by Mrs. D. H. Eyer of Jersey Shore, Pa., to make pies last week and produced what were called pretty fine pies. The pumpkins had been stored in the cellar since 1912.

The infant prodigy is developing an original line. Precocity in which romance and business are mingled shines brightly in a New Jersey lad of 14, who engaged himself to a girl of 12, bought her an engagement ring and charged it to her father.

Lyman Prescott of Auburn, Me., has an interesting relic of the battlefield of Chickamauga in a section of a tree twelve inches in diameter and three feet long. Buried in it is a solid shot five inches in thickness. The section was cut twenty-five years after the battle.

An ancient cradle, more than 100 years old, which has rocked five generations of babies, is still in use in the family of Mr. and Mrs. Arthur Hargrave of Central Falls, L. I. It has been used as well by relatives of the family and is estimated to have held at least 300 babies.

Hamilton Cherry, who was six feet nine inches in height, died recently near Aurora, Ill. He was seventy-three years old. Cherry was of ordinary height until thirty years of age, when he began to grow. He came from a family of giants, every member being more than six feet four inches tall.

Passenger Conductor Harry Reigh was considerably astonished when a passenger on his Pittsburgh division train, an aged woman, handed him a ticket from Pittsburgh to Altoona issued forty years ago on February 1. Reigh found it called for one first class passage and accepted it as fare.

John Bach, a retired tailor in Newark, N. J., celebrated his ninety-ninth birthday recently in the presence of five children, thirty-nine grandchildren and sixty-four great-grandchildren. An unusual feature is that while he has been in this country seventy-three years, he has never learned to speak English.

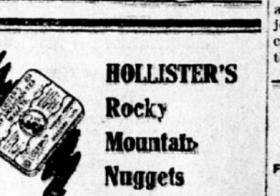
Mrs. George Fissel of Hampton, Adams county, Pa., is quilting a quilt for Mrs. Emanuel Bollinger that had been pieced about fifty years ago and containing 5,088 patches. The patches are about an inch square and put together by overwhipping the seams, and each patch had a piece of paper sewed in with the patch, supposed to be a pattern.

A Massachusetts railroad is confronted with an unusual difficulty in trying to lay a ghost or ghosts whom gossip credits with haunting a tunnel where men have been killed in accidents. The track-walkers refuse to patrol the tunnel on account of the rumors, so the railroad authorities are in a quandary, unless members of psychic societies should take advantage of so rare an opportunity to meet a real spook and volunteer their services.

A Welcome Reform Coming. Dubuque Times-Journal: When a big theatrical organization like the Keith vaudeville circuit issues orders to performers booked by them to put the soft pedal on alleged jokes about the suffragette movement, rural communities, etc., a long suffering public begins to hope the day is coming when a person may attend a vaudeville performance without being made the object of verbal attack by a half-brained graduate of some bar-room annex whose only qualification is his gall to draw salary for clownish efforts.

The too frequent habit of vaudeville performers to get off coarse jokes at the expense of persons or communities is dragging the theatrical profession into the mire. We often

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There's a reason why nearly everybody freckles in February and March, but happily there is also a remedy for these ugly blemishes, and no one need stay freckled. Simply get an ounce of othine, double strength, from your druggist and apply a little of it night and morning, and in a few days you should see that even the worst freckles have begun to disappear, while the light ones have vanished entirely. Now is the time to rid yourself of freckles, for if not removed now they will stay all summer, and spoil an otherwise beautiful complexion. Your money back if othine fails.

## Serious Catarrh Yields to Hyomei

You Breathe It

Be wise in time and use Hyomei at the first symptom of catarrh, such as frequent head colds, constant sniffing raising of mucus, or droppings in the throat. Do not let the disease become deep-seated and you are in danger of a serious if not fatal ailment.

There is no other treatment for catarrh, head colds, etc., like the Hyomei method none just as good, so easy and pleasant to use, or that gives such quick, sure and lasting relief. You breathe it—no stomach dosing. Wilkinson & Co. will refund your money if you are not benefited.

Try Hyomei at once and see how quickly it clears the head, stops the sniffing, and banishes catarrh. Hyomei helps you to enjoy good health. All druggists sell it. Ask for the complete outfit—\$1.00.

wonder why an intelligent public has stood it. It is also astonishing that the more refined members of the profession have not organized against the fellows whose stock in trade appears to be coarse jokes of ancient vintage. The majority of people on the vaudeville stage are men and women of good morals and manners and of a high order of intelligence. They should form an organization having as its object the elimination of coarseness and indecency from the vaudeville stage.

## Y.W.C.A. NOTES.

Miss Taylor will Return.

Word has just been received that Miss Clara Taylor of the North Central office who was here two days in February will make another welcome visit to Keokuk and will address the Sunday service April 5, and will spend the larger part of the following week with the association. Miss Taylor's short visit in February won her many additional friends and her coming visit is welcomed with pleasure.

## Important Showing.

The employed force of the Young Women's Christian association are busily engaged computing statistics covering the year of 1913's work. Every association in the United States must send in these filled-out questionnaires to the national building where the statistics are all compiled and issued again in the form of a year book wherein the public may find such facts as these:

In 1912, 49,900 young women studied the Bible in classes; 48,000 were studying various branches of education. Compare this enrollment with that of the universities and note what a real factor the association is becoming. The employment bureaus found over 55,000 situations for girls during the same year. It is a point of interest to local supporters of the Keokuk association that 150 women in this city were aided in securing work by means of the association employment office here. There are approximately 930 associations in this country alone, touching over three hundred thousand girls and women each year. The local organization is but a cog in the wheel that is turning for the growth in all lines of the American girl.

## Tri-State Girls.

Last night the Tri-State Girl's club met at the supper hour, planned their work for the coming month and the report was given that the same company from Burlington who so delightfully gave "When Hannah Gave Notice," some months gone by, will return and play "Mrs. Oakley's Telephone" some time near the middle of April.

## Stunt Party.

The young women of the Purity Oats Co. were invited to a stunt party which proved really instructive to those who responded. The girls donned their aprons and headed by Miss Porter, the extension secretary, and Miss Potter, the domestic science director, filed down stairs to the domestic science kitchen where all learned to make prune whip and soft custard, a delightful dish that the cooks enjoyed eating. The girls proved to be capable cooks and took home with them, the recipe as a souvenir.

## FRECKLES

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Plenty of designs to please particular people.

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George E. Rix, Vice Pres. H.T. Graham, Asst Cashier.  
Welle M. Irwin, Vice Pres. H. Boyden Blood, Asst Cashier.

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