

All Clogged Up? Here's Quick Relief

A Simple Remedy to Correct Constipation Before it Becomes Chronic.

Very few people go through life without some time or other being troubled with constipation. Thousands injure themselves by the use of strong cathartics, salts, mineral waters, pills and similar things. They have temporary value in some cases, it is true, but the good effect is soon lost, and the more one takes of them the less effective they become.

A physic or purgative is seldom necessary, and much better and more permanent results can be obtained by using a scientific remedy like Dr. Caldwell's Syrup Pepsin. It does not hide behind a high sounding name, but is what it is represented to be, a mild laxative medicine. It is so mild that thousands of mothers give it to tiny infants, and yet it is so compounded, and contains such definite ingredients, that it will have equally good effect when used by a person suffering from the worst chronic constipation. In fact, among the greatest endorsers of Syrup Pepsin are elderly people who have suffered for years and found nothing to benefit them until they took Syrup Pepsin.

It is a fact that millions of families have Dr. Caldwell's Syrup Pepsin constantly in the house, homes like those of Mr. H. W. Fenstermaker, Siegfried, Pa. He says he has had wonderful results from the use of Dr. Caldwell's Syrup Pepsin, that, in fact, he has



MR. H. W. FENSTERMAKER.

never found a remedy so good, and he is glad to recommend it. The special value of this grand laxative tonic is that it is suited to the needs of every member of the family. It is pleasant-tasting, mild and non-gripping. Unlike harsh physics, it works gradually and in a very brief time the stomach and bowel muscles are trained to do their work naturally again, when all medicines can be dispensed with.

You can obtain a bottle at any drug store for fifty cents or one dollar. The latter size is usually bought by families who already know its value. Results are always guaranteed or money will be refunded.

Families wishing to try a free sample bottle can obtain it postpaid by addressing Dr. W. B. Caldwell, 419 Washington St., Monticello, Ill. A postal card with your name and address on it will do.

BUSINESS METHOD FOR GOVERNMENT

Trust Too Much to Amateurs, S. S. McClure Declared in His Lecture Yesterday Afternoon.

GALVESTON PLAN GOOD

Commission Form Successful Since It is a Step in Right Direction, Magazine Editor Asserts.

Urging the application of business principles to government, praising the commission form as found in the Galveston plan, as a step in the right direction, and generally discussing and comparing the government of our cities and towns with that of Germany and England, S. S. McClure, yesterday afternoon spoke before an audience of five hundred people at the Grand. He made two allusions to the Keokuk dam in the course of his talk, to illustrate points. At one of these times he emphasized the mistake of frequent changes in government by saying that perhaps if the people had voted every two years to change engineers, the result would not be such a structure as we are proud of now.

While the speaker gave statistics showing the startling amount of crime in our cities, still this was not given in the endeavor to be sensational, but simply to emphasize the fact that business dealings must be injected into government, if government is to be self government. The prevailing note in his lecture was not that we are so much worse than other countries, but that our systems of government can be improved on, and consequently lift us up.

Our government is the only business we trust to amateurs, Mr. McClure maintains, and he said that if a railroad company was run on the same line as is the government, where the head of the company could be recalled, and a new one elected frequently and all improvements had to be put up in the form of bond issues, it would not last, for who would care to own stock in such an unstable concern.

Five Big Subjects.

The subject of Mr. McClure's lecture was "The Five Greatest Problems in Our Civilization." He touched briefly on the problem of international peace, saying that any amount of platform talking could not accomplish results. The question of the breed of the people was the second problem. In this he briefly noted the problems of immigration. Nations, he declared had been settled by the strong driving out the weak. We were conducting the experiment of admitting the weak to mingle with the strong. It is an experiment never before tried, he said. He pointed out the strength of England which came from the fact that the people had been battered into a race and that the constant invasions which had accomplished this numbered 167. We were here trying the experiment of making the nation an asylum, and then putting the asylum in charge of the inmates.

The problem of government involves three problems, the speaker stated. Good government is the product of self government and self government is a product of democracy.

Self Government Good Government.

"There is no hope of producing good government which is not self government," Mr. McClure declared. "Democracy is the product of education and universal suffrage, and good government is the product of the working out of democracy in the last 100 years."

In comparing the government of our country with that of some of the other countries, Germany for instance, Mr. McClure found that too often the criminal or degraded class of people secured control of government and the laws were made and administered by men incompetent and corrupt. Wherever there was good government, he said, he found that it was self government. The two worst examples of government are the two most autocratic states, Spain and Russia. "Dishonesty and graft belong to autocratic governments," he said.

To Employ Trained Men.

"Success in government is not acquired by employing untrained men," Mr. McClure said. "You must have skilled men with the proper aptitudes. Wherever I find examples of good government I find that the method employed differs in no way from that of successful business houses. No German city, for instance, employs any man experimentally. The mayor of the city is raised up from some humble office in the government as he learns the business of governing. The plan is exactly the same as that of any successful business. He starts in a humble way. As he makes good he is advanced and goes from one city to a larger one and still bigger one, next time. With him the men who

all know their branch of the work. "How is that they combine experience, ability and the type of man and yet get self government. They elect a board of directors. The plan is not efficient where judges are elected by the people. It is not efficient where the officers who direct affairs are chosen by the people. The policy in Germany is planned by the council or board of directors, and is executed by the able officials chosen for that work.

Commission Form Successful. "The reason for the progress of the commission form of government is that it takes one half of the form of good government. It centers responsibility and power in a small enough body to be blamed or praised and puts all responsibility into this body. It is the half way step to efficiency in government. The invention of the commission form was a step towards good government which is self government."

The speaker then compared first losses, in the United States with those of other countries, to the disparagement of America. Police figures showed the same thing, and workingmen's compensation likewise. If police records can be taken as a basis, then Washington is the most criminal capital in the world, the speaker said.

In the relation of governments and corporations, the speaker pointed out that where groups of men failed to co-ordinate big business and society, then when the government attempted to step in, a panic ensued. The dissolution of the Northern and Southern Pacific combine and the attacks on the steel trust were examples.

In the matter of workingmen's compensation, the speaker classed us with Turkey for our failure to pass laws to compensate workingmen, or if any are passed, then the supreme court counts them invalid.

Suggests Election Reforms.

In the matter of elections Mr. McClure advocated the short ticket. In Germany for instance where officers are given long terms, the voter is given absolute freedom in nomination. "The voter is not confined to his ward for his candidate," Mr. McClure said. "He can nominate a man who lives within fifteen miles of the ward. Every man makes his own ticket. The idea of annual elections has brought about complexity and length of tickets."

"The idea of short terms of office has made the office unattractive to the best candidates. Men of ability will not leave other work for the uncertainty of the tenure of office. This attracts men incompetent and not fitted. The greatest mistake in our government is the system of divided powers. The plan we pursue in government would be unavailable for business."

"Primary nominations may be carried out only at a great expense of time and money. State and presidential primaries would keep men voting from April to November. A ticket of four or five names is long enough."

Divided Form Unsuitable.

"Has our divided form of government proved suitable for our problems of the new civilization. It certainly has not. If a corporation endeavored to organize as the state does it would go into bankruptcy. Suppose in building the dam here, every two years the people voted for a head man, and voted to issue bonds. Could you have achieved that same result? There is nothing mysterious or miraculous about good government. It must be fool proof and proof from neglect. Our present form presupposed that all men would vote unselfishly and for best interests. This would suit an imaginary race of beings."

The time is coming for a change, however, Mr. McClure intimates from his talk. For he says that worse conditions existed in Germany and in England in the early nineteenth century. Even some of our worst conditions could not touch the conditions in the boroughs of England. Germany was raised by Stein in 1808, England's change began in 1835, and in our own country the Galveston plan was made in 1901. All of these changes in government were made under compulsory situations.

End Came Too Soon.

Mr. McClure's audience was loath

STOMACH UPSET?

Get at the Real Cause—Take Dr. Edwards' Olive Tablets

That's what thousands of stomach sufferers are doing now. Instead of taking tonics, or trying to patch up a poor digestion, they are attacking the real cause of the ailment—clogged liver and disordered bowels.

Dr. Edwards' Olive Tablets arouse the liver in a soothing, healing way, when the liver and bowels are performing their natural functions, away goes indigestion and stomach troubles.

If you have a bad taste in your mouth, tongue coated, appetite poor, lazy, don't-care feeling, no ambition or energy, troubled with undigested food, you should take Olive Tablets, the substitute for calomel.

Dr. Edwards' Olive Tablets are a purely vegetable compound mixed with olive oil. You will know them by their olive color. They do the work without gripping, cramps or pain. Take one or two at bedtime for quick relief, so you can eat what you like. At 10c and 25c per box. The Olive Tablet Company, Columbus, Ohio.—Advertisement.

Duncan-Schell Furniture Co.
Wall Paper Draperies
Wall Paper
Individuality is entrancing when tasteful
In the perfectly appointed home the individuality of the householder is, when in good taste, the compelling note. But one may make or mar everything by the lack of tasteful judgment in decorating—though beautiful, the scheme may be inappropriate. Elaborate elegance may be justified in one instance and simplicity required in another. A discussion of your decorative problems with one of our experts is the first step toward satisfactory results. Every requirement met in designs, ranging from 10c to \$15 the roll. 1,000 new spring styles.
WE INVITE CHARGE ACCOUNTS.

HOLDS AUTO LICENSE IS NOT TAXATION

Secretary of State Allen Makes a Ruling on Automobile Taxation of Interest to Owners.

That the registration fee for automobiles is a police measure and not taxation, is the decision given out by W. S. Allen, secretary of state, in ruling that a man in Vinton who purchased an automobile Jan. 9, 1914, must pay the 1913 fee which the previous owner had neglected to pay. This may result in court action of the Vinton man has placed the matter in the hands of his attorney.

Basing the complaint of having to pay the 1913 license, although the machine during that year belonged to another person, upon the theory that the registration is a taxation measure, would make the terms of the law to appear unreasonable, the secretary says. But he declares that most people have the wrong idea of the law, and that it is purely a police measure, for a \$600 car costs the same as a \$7,000 car of the same horse-power to register.

"The person buying a car must see to it that the registration fee for the preceding year has been paid," said Mr. Allen. "It is the duty of the person intending to buy a second hand car, to inquire of the secretary of state regarding the machine. If he does not do so, and there is a delinquent charge, the new purchaser must pay it."

Women May be Strong.

and enjoy life whether in the home or business world if they can keep at bay those ailments peculiar to their sex. If every woman realized how much Lydia E. Pinkham's Vegetable Compound, that simple remedy made from roots and herbs, goes to the root of the trouble and overcomes such symptoms as backache, headaches, nervousness and irritability, they would be healthier, happier and stronger. If you suffer from any form of female ills why don't you try it? It will pay you to do so.—Advertisement.

May Get Coal Cheaper.

PHILADELPHIA, March 30.—Cities along the Atlantic seaboard receiving Pennsylvania anthracite coal by water may be benefited by a proposed reduction in price as a result of the hearing resumed here today by the public utilities commission into the cost of transportation of the coal to this seaport. An exhaustive expert accountants' report showed that the railroads charged about three times what the service cost them. Nearly 2,000,000 tons leave this port annually for New England and other points.

LYNCHING PARTY IS BEING URGED

Man Attempted to Kidnap Four Year Old Girl but was Caught.

[United Press Leased Wire Service.] GILBERT, Minn., March 30.—The sentiment of this community was still at white heat today and it was rumored that lynching parties were being urged, following the attempt of Frank Bandineau, a laborer, to kidnap the four year old daughter of Victor Johnson. Mrs. Johnson was aroused early Sunday morning and saw Bandineau climbing through a window with the little one in his arms. She called her husband, who aroused the town and several hundred citizens and deputy sheriffs from Virginia and Eveleth, finally cornered the kidnapper in a thicket. The deputies saved Bandineau from death. He is now lodged in jail at Virginia. No reason is known for his act.

Balkan Bullets Reclaimed.

PARIS, March 30.—Millions of bullets fired during the Balkan war have just arrived at Marseilles and are to be manufactured into bottle tops and lead pipes. The bullets, picked up on battlefields, were in 2,095 sacks of 100 pounds each and were sold to dealers in scrap metals. Something like 70 tons of cartridge shells arrived with the bullets.

Cigarette of Aviator.

PARIS, March 30.—France's first "cigarette monument" today was unveiled on the cliffs overlooking the English channel at Calais. It is in honor of Hubert Latham, the aviator. A bronze figure of the late birdman shows him looking toward Dover, a cigarette in his hand. Latham was an incessant smoker and when picked up in the channel after his unsuccessful attempt to cross it in an aeroplane, he was calmly puffing away.

Don't You Believe It.

Some say that chronic constipation cannot be cured. Don't you believe it. Chamberlain's Tablets have cured others—why not you? Give them a trial. They cost only a quarter. For sale by all dealers.—Advertisement.

American Sugar Company.

NEW YORK, March 30.—Taking of testimony in the suit of the government against the American Sugar Refining company was resumed here today. The prosecution completed its case several days before the last adjournment, and the sugar company's now presenting its case. Former hearings have been conducted in the west and south.

May Apple Root

Oldest Known Medicine Mentioned in Genesis and Songs of Solomon

"Mandrake" is the Biblical name of what we call May Apple. Of the May Apple, Encyclopaedia Britannica defining the word Podophyllin says: "Mandrake or May Apple Root, a popular remedy much used by those averse to calomel or other mercurial preparations, hence has been called 'Vegetable Calomel.'"

Our grandfathers used May Apple Root, tea or powder, as a Liver Regulator. It has survived by virtue of its merit as a starter of Bile. Our forefathers said: "It makes the Liver act"—which is true in the sense that it releases the Bile from the Liver.

Bile is the one natural germicide that overcomes germ growth in the intestines. A free normal flow of Bile

is essential to immunity from germ infection and intestinal disorders.

For years chemists have labored to overcome the only objection ever raised to Podophyllin—the griping—and at last have succeeded and offer to the world a new formula called "PoDoLax"—"PoDo" from Podophyllin and "Lax," meaning laxative or gentle in action as contrasted with its former cathartic or purging effect.

PoDoLax is good to taste and is taken by children from a spoon or glass without the usual resistance. Best results are had by a single dose when a bad taste, or bad breath, or coated tongue are first noticed. Ask for PoDoLax and be sure to get PoDoLax.

Don't "Wear Out" a Cough or Cold—Smooth Out With Dr. Bell's Pine-Tar-Honey

Don't Worry—Eat.

Memphis, Tenn.—Mrs. Emma D. Looney, of this place, says: "I suffered misery for nearly eight years, but since taking Cardui, I am much stronger, and I haven't missed a single meal. I hardly know how to express my gratitude." Don't worry about your symptoms—Cardui doesn't treat them. What you need is strength. Cardui helps you to get it. Take Cardui, because other tonics and medicines do not contain its peculiar and successful ingredients, imported especially for its manufacture. Half a century of success, has stamped Cardui with the seal of public approval. During this time, Cardui has bonfited a million women. Why not you? Try it, today.—Adv.

City where their dancing in a number of cabarets won for them immense popularity.

Thousands of laughs are furnished by the Bell-Boy Trio, singing comedians, Angelo-Armando and company, world's fastest tumblers, close the bill in a cyclone acrobatic act. Several reels of high class motion pictures top off the bill.—Advertisement.

Sunday to Invade University.

PHILADELPHIA, March 30.—Whether such a novel sight as a whole university "hitting the sawdust trail" for Billy Sunday will be witnessed here is the question running broadcast in the anticipation of the visit of the state's most famous evangelist to the University of Pennsylvania today. Clerks, miners, farmers, and men of all other walks of life have hit the trail through the rest of the state during the meteoric career of the picturesque former baseball player, but never before has he thrown himself on the tender mercies of a college organization. People are wondering if he will meet the same fate as a famous preacher at Princeton who about a month ago saw his worshippers get up and walk out the door because his sermon went a little over time.

Consumption Takes 350 People Daily

In the United States and the deadly germs claim more victims in cities than in rural districts, due no doubt to the increased number of indoor workers in confining quarters and their lack of sunshine.

Tubercular germs always attack when the system is weakened from colds or sickness, overwork, overstrain, coming duties or any drain which has reduced the resistive forces of the body. But nature always provides a corrector and the best physicians emphasize that during changing climate our blood should be kept rich and pure and active by taking Scott's Emulsion after meals, the cod liver oil in Scott's Emulsion warms the body by enriching the blood—it peculiarly strengthens the lungs and rebuilds the resistive forces of the body to avoid colds and prevent consumption.

If you work indoors, tire easily, feel languid or nervous, Scott's Emulsion is the most strengthening food-medicine known; it builds energy and strength and is totally free from alcohol or any stupefying drug—every druggist has it. 13-105 Scott & Bowne, Bloomfield, N.J.—Advertisement.

AMUSEMENTS.

Ben Hur at Burlington. London acknowledged herself as vanquished in the art or stage production when Klav and Erlanger's great spectacle "Ben-Hur" was presented at the Theatre Royal, Drury Lane, last January. Even the critics whose caustic pens have punctured American hopes of dramatic glory in the English metropolis many a time

and oft, found themselves unable to pick a flaw in the new production of General Wallace's play. With one voice the press and the public hailed this spectacle as the greatest ever shown in London even on the historic stage of Drury Lane, where the Christmas pantomimes for more than a hundred years have been considered the acme of stage beauty and spectacular surprise. Not even Sir Henry Irving's splendidly dressed revivals of the classics, nor Sir Beerbohm Tree's productions at His Majesty's have ever equalled the realism and beauty of the Klav and Erlanger presentation of "Ben-Hur."

It was the determination of these gentlemen to show the British public that America leads in the art of stage equipment as she leads in many of the other arts and crafts, and they have succeeded beyond their greatest expectations. The production of "Ben-Hur" shown in London was that which was seen last year at the New Amsterdam theatre, New York. The season at Drury Lane has just closed, the Wallace spectacle having made a phenomenal run of six months. The engagement just ended was the second which "Ben-Hur" had played in London, the first occurring twelve years ago, in 1902, just at the time of the death of Queen Victoria, which cast a gloom over England, but the cloud did not dim even at that time the success of "Ben-Hur." However, in its present revival in England, it has eclipsed in every manner and degree its former artistic and financial success.

This mighty production has been brought back to America and will be staged at the Grand opera house, Burlington, Iowa, Monday, Tuesday and Wednesday nights and Wednesday matinee, April 6, 7, and 8.

Mail orders accompanied by remittance, with return stamped envelope, to Ralph Holmes, manager, and same will have courteous treatment.—Advertisement.

Vaudeville at the Hippodrome.

The Hippodrome management will present a high class bill of vaudeville during the first half of the week. Four big acts make up the show which promises to be one of the most entertaining seen here this year. Jane Carroll, the girl at the piano, opens the bill. Miss Carroll is one of the most accomplished pianists that has ever appeared in Keokuk, but at that is not to proud of her ability to mix up a little fascinating rag time among her selections. One of the big features of the bill will be the act in which Paul and Ethel Locke, society dancers, introduce all the latest steps of the new dances that are sweeping the country by storm. They have come but recently from New York

Matchless

helps to women's comfort, physical well-being, and beauty—sure to promote healthy, natural action of the organs of digestion and elimination—the tonic, safe and ever reliable

BEECHAM'S PILLS

The Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 10c, 25c.