

# AFRO-AMERICAN CULLINGS

There never was a time in which mankind was absolutely perfect in all things; nor do we believe such will be the state of society before the millennium dawn; but, there have been periods in which existed a more wholesome regard for sacred obligations. The tendency to degenerate from exalted conditions is a growing failure; and the affliction is apparent in every phase of civilized life. The Golden Rule is trampled upon daily, and there is a small inclination to render as we would receive. Sentiments, enthusiastically expressed in favor of religion, fall short in its practice; and promises faithfully given are treated with disdain. Through this medium a lack of confidence is created, and operations are hampered, because faith in integrity is destroyed. There are few who, seemingly realizing that the performance of obligations of individuals to each other is the basis upon which prosperity stands; because a solemn trust between man and man removes obstructions and throws wide the gates of opportunities. But when these are closed on account of man's delinquency and indifference to the duties which should direct his steps, stagnation follows; and general depression reigns where peace and plenty should abide. Nothing is so destructive to happiness as the unsettled condition which disturbs the repose of communities; and every act which casts a shade over the conduct of society regards to a certain degree, its onward strides. Little forethought relative to the part each is expected to play in the drama of life is exhibited; and we drift along heedless of inevitable consequences. Very often, diligence in small matters leads to control in great ones; and by our failure to properly cultivate the chances by which our varied careers are affected, we forfeit cherished blessings and lose the reward which faithful service begets. Our understandings are experimental, and we are not wise as to the outcome; but where duty meets its requirements, things may be reckoned with a less degree of uncertainty. The wheel of fortune ever turns; at each revolution somebody wins and somebody loses; but winner and loser alike pursue their occupation in hopes of final success. With faith in the honesty of our fellowman, we rest our hopes of triumph; but should he desert our cause in the midst of action, our prospects are doomed to disappointments. Human interests are so interwoven that whatever injures one member has a beneficial effect upon the other, likewise; therefore, it is fitting that caution in dealing should be exercised, lest, in our efforts to handicap the progress of others, we do irretrievable damage to our own.

Resolutions declaring that the policy of the administration at Washington in segregating the races is a petty one were adopted by the Illinois State Federation of Colored Women's clubs. The federation promised co-operation in preparing for the semi-centennial celebration of Negro freedom to be held in 1915. The state was commended for providing an appropriation for this event. It was decided to hold the 1914 convention in Moline. Among the speakers were Senator John Daley of Peoria, Bishop Fallows of Chicago, Rev. A. J. Carey of Chicago, Rev. Charles Virden, visitation agent for the state board of administration, and Mrs. Nora Taylor of Chicago.

The National Negro Business league in an address to the public, setting forth the achievements of the race during fifty years of freedom, says that the possessions of Negroes in the United States amount to \$700,000,000, exceeding the possessions of the white peasantry of Russia. The address further states that while there were 4,500,000 Negroes at the beginning of the civil war, of whom 3,600,000 were slaves, the number has increased to ten million; that only 30 per cent. of the race owns twenty million acres of land; equal to the area of South Carolina.

The annual convention of the league ended with the re-election of Booker T. Washington as president for the fourteenth consecutive time. Charles Banks, of Mount Bayou, Miss., was elected vice-president; Emmett J. Scott of Tuskegee, Ala., secretary, and Charles H. Anderson of Jacksonville, Fla., treasurer.

The statement has been made that life would be prolonged if persons would acquire the habit of stooping by the hips instead of bending the backbone.

Polygamy was declared a felony in England in 1694, but it was not until 1866 that the congress made plurally marriages unlawful in the United States.

Bullet-proof armor to protect pilot, passenger and motor is required in the latest specifications for aeroplanes for the United States army.

Cremation shows a marked increase in Europe. Last year there were 7,555 cremations in Germany, as against 6,800 in 1910.

Dean George Hodges of Harvard Theological school says the world never was socially better than it is now.

Press cloth for use in the manufacture of vegetable oils is being made in France from human hair.

Naval arsenals are being built underground in England because of danger from aerial craft.

Miss Mary Hildreth of Butternut, Plymouth, Mass., has adopted 14 cables.

While the millions of Negroes in the south are largely an ignorant people so far as letters are concerned, they are not as a rule a degraded people, declared Booker Washington at Philadelphia. Some of the finest specimens of physical and moral manhood to be found anywhere in the world can be found among the country people of our race. There is a vast difference between ignorance and degradation.

Now as to our program for the future. We should make up our minds thoroughly that there is a permanent place in the country for us, and that we have more friends both in the north and the south than we have enemies. We should make up our minds that we are to use material gain and property not as an end, but as a means towards securing and enjoying the best things in our American life.

What are our chances and what is the outlook? The large number of independent, prosperous and law-abiding black people right here in Philadelphia partly answers this question. What hundreds in Philadelphia have done others can do throughout the United States.

There is a place for at least 300,000 independent, self-supporting Negro farmers. When I was recently in the far west, nothing impressed me more than to note the large number of educated white men who were beginning life as farmers. Often they started in a little hut or "dug out," and suffered privations, but they were sticking to it. Those are the people who in the future make the great kings of industry.

There are openings in the south for 1,000 more saw mills and 1,000 brick yards. It is easily possible to find inviting places north and south where 4,000 more grocery stores can be opened.

The officers of the Philadelphia Negro Business League's committee in charge of the recent celebration are: Chairman, Charles H. Brooks; secretary, Charles R. Taylor; treasurer, E. C. Dawkins. Other national officers of the league besides Dr. Washington are as follows: Vice-presidents, Charles Banks, Mount Bayou, Miss.; E. R. Rush, Little Rock, Ark.; S. G. Elbert, Wilmington, Del.; Harry T. Pratt, Baltimore, Md., and John M. Wright, Topeka, Kan.; corresponding secretary, Emmett J. Scott, Tuskegee, Ala.; treasurer, Charles H. Anderson, Jacksonville, Fla.; registrar, F. H. Gilbert, Brooklyn, N. Y.; assistant registrar, R. C. Houston, Fort Worth, Tex.; transportation agent, A. B. Jackson, Philadelphia; official stenographer, William H. Davis, Washington, D. C.; compiler, S. Laing Williams, Chicago, Ill.

A truckers' association, composed of colored farmers, was organized at Natchez, Miss. About 100 acres was pledged. There were fifty colored farmers at the meeting who evinced much interest and enthusiasm. The assembly was addressed by Prof. G. W. Brumfield, Prof. S. H. C. Owens, Dr. A. W. Dumas, J. R. Ross, and James Boyd. Prof. G. W. Brumfield was elected president. J. R. Ross, secretary, and John S. Toles, vice-president.

We must not lose faith in our white friends, and above all this we must have constant and unvarying faith in our own race. We must have pride of race. We must be proud of being a Negro as the Japanese is of being a Japanese. Let us go from this great meeting filled with a spirit of race pride, rejoicing in the fact that we belong to a race that has made greater progress within 50 years than any race in history, and let each dedicate himself to the task of doing his part in making the 10,000,000 of black citizens in America an example for all the world in usefulness, law-abiding habits and high character.

If an English engineer's plan to run an electric railroad up the side of Mount Popocatepetl in Mexico be carried out, passengers will experience a change in temperature from 70 degrees above zero to 10 below within two hours.

The French postal authorities are experimenting with American automatic and semi-automatic telephones in two cities with a view to their general introduction into Paris if satisfactory.

A new German machine cleans and sorts medicinal tablets, rejecting broken ones, and packs them in boxes or tubes at a rate of from 150,000 to 200,000 a day.

Imports from Brazil to the United States last year were \$115,000,000, while exports to that country were valued at \$29,000,000.

Sam Patterson, sixty-five years old, was sent to the whipping-post in Wilmington, Del., the other day for wife beating.

Sometimes a woman listens to a man's talk so she will be ready to start in when he pauses for breath.

Electrical machinery to keep targets in a rifle gallery in motion has been designed by an Australian.

Ordinarily a woman manages to hold her own—with the exception of her tongue.

## KITCHEN FLOOR NEEDS CARE

Constant Scrubbing May Be Done Away With If a Few Simple Precautions Are Taken.

The kitchen floor, which needs such constant scrubbing, often causes much trouble, as soap and water soften the wood and increase its tendency to splinter. If it is splintered much it must be scraped smooth and then with care it ought to do nicely.

Have the floor clean and smooth, the cracks filled (if a close grained wood, it needs no filler), then rub a thoroughly crude oil or one of the special preparations that are manufactured for the purpose.

Oil slowly hardens and darkens a floor, so that grease and stains do not sink into the wood. Never wax or varnish kitchen or bathroom floors. The slipperiness of the wax may cause a nasty fall and in any case it is a waste of money, for the water that has to be used in both kitchen and bathroom will ruin the looks of either wax or varnish. After the floors are once in good condition it is not a difficult matter to keep them so.

## THINGS WORTH KNOWING

Eau de cologne will remove candle grease. Use the ironing fire for preparing stocks for soups or baking puddings. A charming nursery screen can be covered with the prints that the small child loves best.

To take machines out of white materials dip the spot into cold water while it is fresh.

Never allow a cooking utensil to stand and dry before washing. Put cold water in it immediately.

To make an excellent dressing for linoleum take equal parts of linseed oil and vinegar and mix thoroughly together.

Ices and ice cream will freeze more quickly if a dipper of water is poured over the ice and salt just before the turning process begins.

**Sauces.** As a dainty to serve with salads try crisp crackers. Split common crackers and spread lightly with butter, then bake in oven until a delicate brown.

Stale bread is always useful for bread sticks and croutons to serve with soup. Cut into slices half inch thick. For the croutons cut into cubes, and for the bread sticks cut three inch lengths. Spread before cutting with butter and toast to a golden brown.

A delicious sour cream dressing for fruit salad is made with a cupful of rich sour cream into which a half cup of melted butter is stirred gradually. This blended with a variety of cut fruit, such as pineapple, bananas and oranges, and some meats or some dates, is most appetizing spread on crackers as a luncheon dish.

**Boiled Dressing.** One teaspoon salt, one teaspoon mustard, one teaspoon sugar, one teaspoon flour or cornstarch, one egg, one cup vinegar, one cup milk, piece of butter the size of a large walnut. Mix dry ingredients. Put vinegar on fire and just heat through. Have ready milk and egg which has been thoroughly beaten together, add this to vinegar. If you allow the vinegar to boil before putting in the eggs and milk it will curdle. Add dry ingredients to this and stir constantly until mixture comes to a boil. Let it boil a couple of minutes and add the butter.

The dressing will keep indefinitely and is good for salads, fish and meat.

**To Remove Mildew.** For removing mildew from white material: Take one teaspoonful of chloride of lime and one teaspoonful of washing soda. Put this and the mildewed article into two quarts of cold water and let it boil for about four hours, then skim off the scum, add two pintfuls of cold water and let it stand overnight, with the article well covered. If this is not long enough put the article back again and soak it until the mildew entirely disappears; then rinse well and wash in the usual way. Be sure to take off the scum, for that is what burns the material in so many of the recipes given.

**Home-Made Sausage Meat.** Take one and one-quarter pounds of lean beef, three-quarters of a pound of lean pork, one-quarter pound of lean bacon, one-quarter pound of bread crumbs, two teaspoonfuls of chopped parsley, half teaspoonful of mixed herbs, half teaspoonful of pepper, one teaspoonful of salt. Grind the beef, pork and bacon in a meat grinder, mix it with the crumbs, herbs and seasoning. Pass through the meat grinder a second time. Shape into balls by hand, brush over with a beaten egg, roll in bread crumbs and serve.

**Peanut Soup.** Take two tablespoonfuls of peanut butter and one tablespoonful of browned flour (plain flour may be used, but browned is to be preferred); cream together and pour slowly over this one pint of boiling water, stir constantly to keep smooth. Season with salt and pepper. Add to this one pint of scalded milk. If too thick, add more hot water. Serve immediately with croutons or crackers.

**Southern Potatoes.** Roil four cupfuls sweet potatoes, cut in half-inch dice, five minutes. Drain and put in buttered baking dish. Add one-half cup sugar, salt and pepper, a very little nutmeg and one-half cup melted butter. Sprinkle top with flour and bake in oven three hours. This recipe is 50 years old.

**Green Corn Balls.** Beat a whipped egg, two teaspoonfuls melted butter and one of white sugar and salt to taste into two cups green corn cut from the cob and put with mixture enough flour to enable you to handle it and form it into balls. Roll these in raw egg and then in flour and fry in deep fat.

# BASEBALL

Mike Mitchell is holding down center field for the Pirates in grand style.

Daves is considered by far the most reliable twirler on the Tiger staff just now.

Bill Dahlen, it is said, is threatening to give King Cole a chance with the Dodgers.

Water baseball is all very well for the players, but it does not cool off the spectators on a hot day.

A Brooklyn paper carries openly the odds quoted on all ball games in both leagues each day.

Joe Boehling is said to be pitching better ball since his winning streak was broken than before.

Seven double plays were made in a game between Providence and Baltimore in the International league.

Carl Lundgren, once with the Chicago Nationals as a pitcher, will coach the University of Michigan baseball club.

Bill O'Connell, former Roxbury, Mass., high school athlete, probably will be given a tryout with the Red Sox.

Umpire Klem's feelings were damaged \$10 worth, it seems, when George Pierce called him a "fish" from the bench.

Now that he is hopelessly out of the pennant race, Tinker is going to devote most of his time to trying out recruits.

It is said that the Quakers wanted Josh Devore because of his inside knowledge of the methods used by the Giants.

The Browns have only Stovall, Pratt and Shotten batting at all respectably. Most of Stovall's club own averages around .309.

Ping Bodie has been quite a while coming into his own, but now that he has arrived he says that he is going to stay.

Fred Clarke says this season has been his most trying year as a catcher, and he has had a great many years in the game.

Roy Patterson, former Sox star, but one of the Millers for many years past, is pitching as good ball this year as he ever did.

Casey Hagerman comes back to the big leagues as a Cincinnati Red after a brilliant record with Denver in the Western league.

Ray Caldwell, besides being classed as a coming pitcher, does good work in the outfield when called upon to fill a gap there.

Elmer Brown, the new \$7,000 Brooklyn pitcher from Montgomery, was once a member of the Cincinnati Reds under Clark Griffith.

Ira Thomas, catcher for the Athletics, is said to be dabbling in politics, with the ambition of some day becoming an alderman.

Joe Tinker will get another chance to lead the Reds without much doubt. Joe has made a better showing with the team than was expected.

It's a pretty safe bet that the New York National's option of \$500 on the services of Outfielder Dave Robertson of Mobile will be exercised.

A St. Louis umpire wants \$35,000 because a ball player spoiled his nose. He seems to have a high opinion of what his beak is worth to be.

New Orleans papers are beginning to speculate on just when the Charlie Somers league will start protecting Frank's players from the draft.

Miller Huggins is out to build up an entirely new team, he says. He is willing to trade anything and everything he has if he can see any advantage in it.

Eddie Collins of the Athletics is the leading runner in the American league while Miller Huggins of the Cardinals enjoys the same distinction in the National league.

A report comes from New York that the district attorney's office has determined to put a stop to the baseball pools and has arrested one man charged with running a pool.

Boston has been no pleasant place for the Cubs all season. George Stallings has some way of getting the Braves worked up to a winning point whenever they try real hard against the Cubs.

Nearly 70 per cent of the cerebrospinal meningitis cases are now cured in the Rockefeller Institute, which goes to prove that Johnnie Evers is not doing all the important work in the world.

Outfielders Wilson and Duncan, purchased from Dallas by the Boston Braves, are two of the strongest hit batters in the Texas league.

Pitcher Cutting of Milwaukee has made a good record of wins in the American association this season and is likely to advance next year.

Joe Birmingham of the Cleveland Naps says Johnny Evers may be champion crab, but he wishes he had nine crabs on his ball club just like the Trojan.

## BIG RECORD FOR YOUNGSTER



Joe Boehling of Washington.

Joe Boehling, a youngster with Clark Griffith's Washingtonians, won eleven straight games for his team recently. Should Boehling keep up his good work the climbers may have a chance for the big flag next year, as Washington would then have two of the best hit men in organized ball in Johnson and Boehling.

Pittsburg has six scouts on the road.

William Hodge, star pitcher of Williams college, is to get a try-out with the Browns.

Outfielder Collins, who was sent to Buffalo by the Braves, probably will be used as a pitcher.

Cravath's ambition is to put a ball over the left field wall at the Philadelphia National league park.

Billy Grayson's bomb labeled "war on organized baseball" made a noise resembling a fluke firecracker.

Jim Scott is not far from being the leading pitcher in the American league, on the basis of earned runs scored off pitching.

Frank Chance says that Joe Boehling will curve himself out of the big tent in three short seasons. This better to have curved and blown than never to have curved at all.

Bill Phelon says Tinker is figuring out some way to poison Chief Johnson. The Chief recently complained of ptomaine poisoning and then went out and pitched a three hit game.

Bill Lathrop, a big recruit pitcher of the White Sox, thinks the Cubs have picked up a wonder in Williams, its new left fielder. Lathrop and Williams played on the same team at Notre Dame.

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Countess Dances 15,000 Miles. The Countess Lambsdorff has just given her unique memoirs to the public in book form, and St. Petersburg is full of talk about them. The author states that she attended 22f dances prior to her marriage and 667 after her wedding. Before she was married she received 18 offers of marriage at different balls, and afterward 272 men sent her love missives, while 100 more enthusiasts and temperamental gentlemen threatened to shoot themselves in their despair.

The number of dances which Countess Lambsdorff takes to her credit is nothing short of stupendous. She took part, she says, in 2,534 square dances, 4,600 waltzes and 500 polkas. She had 1,700 partners, of which, she declares, 1,200 were stupid, 300 handsome, 120 offensive, 22 nice and only three witty. The countess estimates that she has danced over 15,000 miles; as she attended 7,934 dances, this estimate is moderate.

"Movies" Used as Man Catchers. Motion picture theaters now play a part in the catching of criminals in Bohemia. When a criminal of importance is "wanted" by the police authorities of Prague and difficulty is experienced in finding him, a photograph is sent to every motion picture theater in the country and this is shown, with a short explanatory note, until the criminal is found or the order for the display of the photograph is withdrawn.

English polo players have already started practice and are laying plans to take another shot at the big cup which they failed to lift this year.

Tommy Ryan, the ex-welterweight boxing champion, is going to open a boxing club in Syracuse and is also thinking of again entering the ring.

Uhlman, the world's champion trotting gelding, stepped the first two-minute mile ever recorded in Michigan when he was driven at 1:59 3/4 at Grand Rapids.

## SELECT RIGHT DIET WIN'S AWAKENING

Food Believed to Have Effect on Character.

Men Who Have Given Thought to the Subject Are of Opinion That Proper Kind of Eating is of Immense Importance.

Nowadays eating has become a veritable science, and there are those who assert that a man can alter his very character if he will only indulge in the right kind of diet. The other day the private secretary of the Maharajah of Jhalawar gave a lecture on food in London, in the course of which he stated that the eating of onions is conducive to "darkness of spirit." He also averred that the caste system in India is largely regulated by diet. Thus, those of the highest caste only eat vegetarian meals in order to keep their souls pure. Members of other castes are allowed to eat meat so that they may become fitted to be warriors; while the lowest caste of all eat "stale, flat foods," which suit their unspriritual natures.

Two noted German professors gave it as their opinion not long ago that if people would eat plenty of chalk they would have not only more energy and happiness, but considerably increased brain power.

A doctor in Philadelphia recently stated that no one who eats a pound of macaroni daily will ever become a drunkard, but he also stipulated that the whole diet should live entirely on a vegetable diet and never touch meat in any circumstances.

In direct contradiction to the "vegetarianism for soulfulness" theory is that of a New York woman. She believes that there is nothing like fine chops and glasses of beer to inspire poets and writers, and she opened a restaurant for the express purpose of providing those who would woo the muse with the proper kind of diet.

She has no patience with people who would become "souful" on prunes and lentils, and her "inn for bohemians," as her establishment is called, has certainly been well patronized by budding Tennysons and future Merediths.

The belief is gaining ground in many quarters that if you wish to stave off old age and to have the feeling of perennial youth and gaiety, no matter what your actual years may be, you cannot do better than eat plenty of sugar. One of the pioneers of this theory is Professor Metchnikoff, who has made exhaustive experiments to prove his statements.

There are some who even assert that not only does the frequent eating of sugar keep one from growing old, but that if a man or woman will begin the sugar treatment, even after senility has set in, the effect will be so great as to amount to a complete change in his or her character.

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Whenever conversation in Three Pines reached the point where people wanted to express the superlative of tyranny they said: "As bossy as Win Nefkens' wife."

Win Nefkens' wife had been named Serena before her characteristics had a chance to develop. She was pretty in a birdlike way, with snapping black eyes and a pert twist of the neck and a general snug, trim roundness of person that reminded one of a sparrow. When Win first knew her he was charmed with her little air of proprietorship and the way she ruled him and ordered him around.

It was pleasing to think that a girl took enough interest in him to act as though she owned him. Nobody had ever interfered with his having his own way before and it amused him to let such a scrap of a girl bend him, a six-footer and broad in proportion, to her will. After the novelty wore off it was different.

Still, being a good-natured and placid fellow, he endured it and was not particularly unhappy about it till the question of joining the Antelopes came up. The Antelopes were primarily a fraternal order, but they were fitting up real club rooms, with a reading room, billiard and card rooms, and Three Pines had never had anything of the sort before.

Up to that time when fell the shades of night and business men in Main street shut up shop there was no place to go but home, and they went. If clustering around the evening lamp reading the Daily Clarion, and the Farm Journal ever palled they did not voice their boredom, because the case was hopeless. With the advent of the Antelopes a great light shone out. All the male population hastened to join the Antelopes.

Then and there Serena Nefkens delivered her ultimatum.

"Don't you let me hear of your going near those Antelopes, Win Nefkens!" she told her husband. "It's perfectly scandalous the way the men are acting about it. For one man going to keep my husband at home! Where should a married man be but home, I'd like to know? Pretty idea, deserting his wife and family just to waste money on cigars and billiards and gossip! You don't see me going out to clubs evenings do you? Well, you don't go, either!"

Win Nefkens walked out of the house without a word, as was usual with him when Serena talked, but he wore a frown, which was unusual. Every man in town but himself was going to join the Antelopes and he wanted to join, also. It would be nice to have a comfortable club to drop into occasionally—Serena needn't have been so peremptory and selfish. He felt rebellious. It was while he was fuming bitterly that the tempter in the shape of Ben Sprinkle got hold of him.

"Spose Serena kicked up a row, eh?" asked that astute elderly personage when Win told him shortly that he wasn't going to join. "Huh! Don't be an idiot! You join anyhow and she'll never know it! The boy's won't tell on ye!"

In a fit of reckless daring Win Nefkens followed Sprinkle's advice and with the freemasonry of a small town all the other members were aware that they were to keep still about it at home. Thereupon Win launched out on his double life.

When he was date to supper he explained that he had been talking with a traveling man. Besides, his business increased so that every once in a while he had to go back to the store after supper to work on the books and his correspondence.

It wore on Win and he developed nerves. Serena was always lecturing on the sins of the Antelopes. She called the club a home-breaker and said she, for one, wouldn't stand it the way the other women did.

Win was always guiltily expecting the blow to fall. When Serena did not come home one day till a half hour after he arrived for supper, he took one look at her face and knew the blow had fallen. Somebody had told her. As he surveyed her standing gazing at him breathlessly, biting her lip, collecting her forces for one grand explosive attack, a curious calm fell over him, the calm of despair. Then to his utter amazement, he heard himself speaking, or, rather, roaring. He even pounded the table with his big fist.

"What do you mean," he heard coming from own lips, "by being away from your home this time of the day? What do you mean by keeping me waiting for my supper? Gadding about, gossiping, neglecting your husband and your duty—"

"Wh—wh—why, Win!" gasped his startled wife. He had never in all the years even raised his voice before.

"I tell you, I won't stand it!" he concluded at the end of five minutes' heated remarks that seemed to form themselves. "This is what drives a man to clubs! You can get your supper and eat it alone—as for me, I'm going down to the Antelopes, where a man can get a little attention!"